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2016 Statewide List of CSA Farms and Organizers Serving Iowa

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Iowa CSA Farms

2016 Statewide List of CSA Farms and Organizers Serving Iowa

This directory provides a current list of known CSAs serving Iowa. We are making every effort to keep this list up-to-date, so please help us identify new CSAs or changes to existing ones. To provide additions and modifications to this listing, visit www.leopold.iastate.edu/csa or contact Alice Topaloff at the Leopold Center for Sustainable Agriculture/Iowa State University Extension and Outreach: topaloff@iastate.edu.

Many CSA farms in this directory are certified organic. Nearly all the CSA farms in this directory intentionally implement practices that contribute toward organic production. We encourage consumers and CSA farmers to discuss growing practices, including the decision to seek or not seek organic certification. Indeed, the openness of such discussions about how food is grown is one of the benefits of choosing to be part of a CSA.

What is Community Supported Agriculture (CSA) and how does it work?

Community Supported Agriculture (CSA) is a partnership between farmers and community members working together to create a local food system. CSA farmers produce fresh vegetables, fruits, meats, fiber or related products directly for local community members. Community members become shareholders by paying in advance for farm products. In this way, customers share the risks of production with the farmer.

CSA memberships may range from \$150 to \$800, depending on the season length and the variety and quantity of food provided. The early payments provide capital up front when farmers' need is greatest. The farm then supplies members with shares of farm-raised food items on a regular basis throughout the growing season and sometimes into the winter, depending on the farm and its products. A produce CSA, for example, might distribute five to 20 pounds of vegetables once a week for 10 to 25 weeks, enough to feed two to four people. Some CSAs provide door-to-door delivery, some have central pick-up sites, and in others, members come to the farm to get their shares.

Looking for more information?

Many organizations and individuals contributed CSA information to this directory. Consumers seeking more detailed information about what is available in their own area are encouraged to look up their Iowa Buy Fresh Buy Local chapter at www.sites.google.com/site/bfbliowa. Buy Fresh Buy Local chapters are locally run and many of them create their own local food guides which contain detailed, up-to-date information about CSAs, U-pick farms and other ways to find local food in each region.

A few of the CSAs listed in this directory are collaborations of several farmers who are combining their products together.

Linking their eating with the ebb and flow of the farm produce offers CSA members a more involved role in their food system. Members of Iowa CSAs report enjoying many benefits, including:

- Fresh food grown for taste and nutrition.
- Knowledge of their food's source and how it is grown or raised.
- The opportunity to support local family farmers who practice sustainable agriculture.
- Access to planned educational and recreational opportunities on the farm.
- Information about nutrition, food preparation and food preservation provided by the farm.

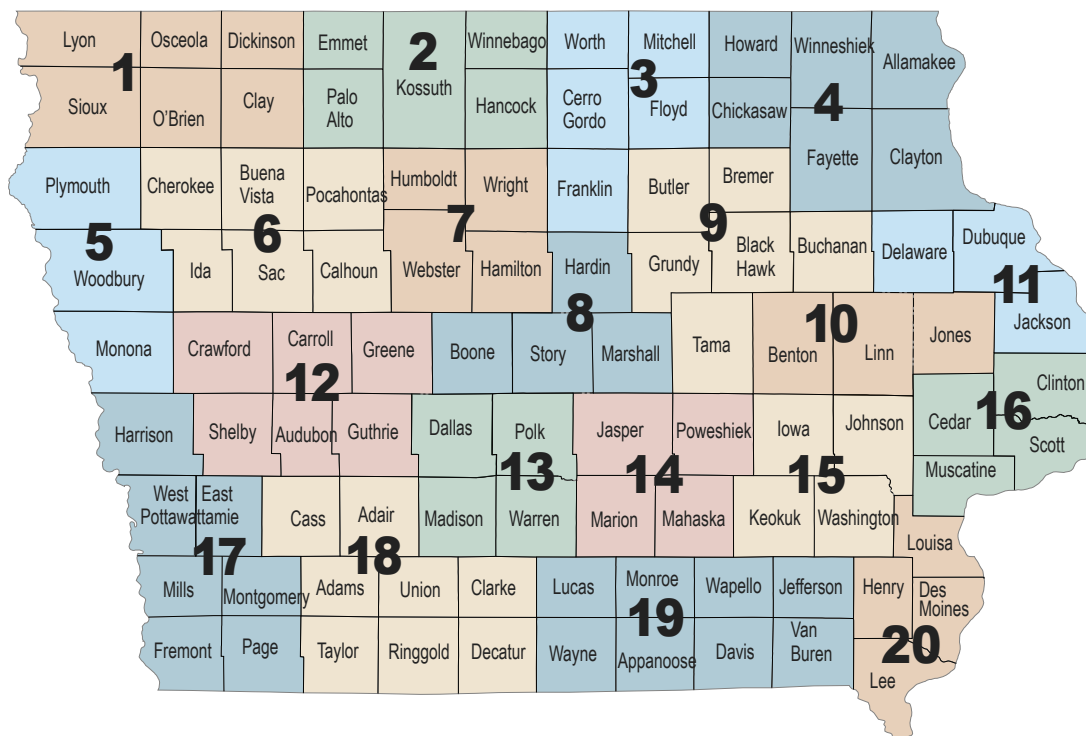
Partially reprinted from Gradwell, S., J. DeWitt, D. Mayerfeld, R. Salvador, and J. Libbey. Iowa State University Extension and Outreach. (Revised 1999). "CSA: Local Food Systems for Iowa" (Fact Sheet PM-1692). Ames, IA.

Listings for Iowa farms, wineries, farmers markets, agritourism opportunities and more also can be found on Iowa Market Maker: www.marketmakeriowa.com.

USDA's Agricultural Marketing Service also has searchable online directories for CSAs, food hubs and farmers markets. See them at www.usdalocalfooddirectories.com.

At a Glance: CSAs by ISU Extension region number

1	<ul style="list-style-type: none"> • GoodEetens Produce Farm • Guritz Produce Farm • Seedtime & Harvest • The Cornucopia Farm & CSA 	10	<ul style="list-style-type: none"> • Old School Produce Company • Ambleside Farm • Abbe Hills Farm • Buffalo Ridge Orchard • Kroul Farms • Matthew 25 Urban Farm 	16	<ul style="list-style-type: none"> • Echollective CSA • Lipes Family Farm • Mairets Garden Center & Produce • Oak Hill Acres • Small frye farm
2	<ul style="list-style-type: none"> • One Step at a Time Gardens • Bode's Moonlight Gardens • Kirsch Gardens • Linden Hill Farm 	12	<ul style="list-style-type: none"> • Audubon County Family Farms 	17	<ul style="list-style-type: none"> • Botna Burrow Farm • Iowana Farm • Loess Hills Collaborative CSA • Nishabotna Naturals
3	<ul style="list-style-type: none"> • Bloomin' Wooley Acres • Nourish Farm • Forgy's Farm Fresh 	13	<ul style="list-style-type: none"> • Clarion Sage Organics • Heirloom Farm • LT Organic Farm & Restaurant • Raccoon Forks Farm • Small Potatoes Farm • 7 Pines Farm • Grade A Gardens • Lutheran Services of Iowa - Global Greens • The Homestead • Wabi Sabi Farm (formerly Turtle Creek) 	18	<ul style="list-style-type: none"> • Bridgewater Farm • Prairie Harvest CSA / The Wallace Centers of Iowa • Rolling Acres Farm • Ebersole Cattle Co.
4	<ul style="list-style-type: none"> • Kitchen Table CSA • Low Oaks Farm • Canoe Creek Produce • Humble Hands Harvest • Patchwork Green Community Farm • River Root Farm 	14	<ul style="list-style-type: none"> • Blue Gate Farm • Prairie Roots Farm • Grinnell Heritage Farm • Middle Way Farm 	19	<ul style="list-style-type: none"> • Aurora Farm CSA • Southeast Iowa Food Hub CSA • Healing Thyme Gardens & Herbs • Bloom & Bark Farm
6	<ul style="list-style-type: none"> • Thankful Harvest 	15	<ul style="list-style-type: none"> • Calico Farm • Family Farm CSA • Local Harvest CSA • Wild Woods Farm • Rolling Prairie Acres 	<p>CSAs that offer drop-off sites in Iowa but are located in neighboring states along the Iowa border:</p> <p>MN • Oak Knoll Farm CSA</p> <p>WI</p> <ul style="list-style-type: none"> • Honey Hill Organic Farm • Small Family Farm & CSA • Tree of Life CSA • Two Onion Farm 	
8	<ul style="list-style-type: none"> • Daystar Harvest • Mustard Seed Community Farm • Nature Road Farm • Salama Greenhouse • Berry Patch Farm • Elizabella Flower Farm • Farm to Folk • Lacewing Acres 				
9	<ul style="list-style-type: none"> • Genuine Faux Farm • Kaiser Farm • TD n' Guy Garden Oasis LLC • ARNKA Acres • Red Earth Gardens 				



Region 1



Clay County

GoodEetens Produce Farm

Michael or Darla Eeten
1655 280th St
Everly, IA 51338
712-348-4025 or 712-348-1877

darlaeeten@gmail.com

www.goodeetens.weebly.com

Markets to Everly, Spencer, Fostoria, Sheldon.

Chemical-free vegetables, berries, herbs, maple syrup, homemade bread, flowers, honey.

Dickinson County

Guritz Produce Farm

Mark Guritz
2920 160th St
Spirit Lake, IA 51360
(712) 336-1650

info@guritzproducefarm.com

www.guritzproducefarm.com

Markets to Spirit Lake & surrounding region.

Vegetables, fruit, herbs, and meat.

Sioux County

Seedtime & Harvest, Inc.

Harriet Kattenberg
2710 Hickory Ave
Hull, IA 51239
(712) 439-1861

harriet@seedtimeandharvest.net

alissa@flowersbyalissa.com (flower CSA)

www.seedtimeandharvest.net

Markets to Sioux Falls, SD.

Vegetables, cut flowers. Biodynamic, Certified Naturally Grown.

The Cornucopia Farm & CSA

John & Janna Wesselius
3681 N. Ibex Ave
Sioux Center, IA 51250
(712) 490-8218

jhw@mtcnet.net

www.thecornucopiacsa.com

Markets to Sioux Center, LeMars, Sioux City.

Vegetables. Certified Naturally Grown.

Region 2



Hancock County

One Step at a Time Gardens

Jan Libbey & Tim Landgraf
1465 120th St
Kanawha, IA 50447
(515) 851-1690

libland@peconet.net

www.ostgardens.com or

facebook.com/One-Step-at-a-Time-Gardens-114838827447/

Markets to Belmond, Clarion, Garner, Clear Lake, Mason City.

Produce, pastured poultry.

Kossuth County

Bode's Moonlight Gardens

Joanne Roepke Bode
2304 140th Ave
Algona, IA 50511
(515) 295-6060

jroepkebode@yahoo.com

www.bodemoonlightgardens.com or

facebook.com/Bode-Farm-183520265013156/

Markets to Algona; on-farm pick-ups.

Vegetables and some herbs.

Kirsch Gardens

Dawn Kirsch
2404 240th Ave
Wesley, IA 50483
(515) 679-4536

kirsch_d@hotmail.com

facebook.com/Kirsch-Gardens-604854916263921/

Markets to Wesley, Algona.

Vegetables, fruits, farm fresh eggs.

Winnebago County

Linden Hill Farm

Mary Walk
38127 90th Ave
Thompson, IA 50478
(641) 584-2836

lindenhillfarmcsa@gmail.com

facebook.com/lindenhillfarm

Markets to Thompson, Buffalo Center, Forest City, Woden, Rake, Crystal Lake, Scarville, Lake Mills, Leland.
Produce.

Region 3



Cerro Gordo County

North Iowa Berries and More

Becky Huang
19343 C 220th Street
Mason City, IA 50401
(641) 423-0030

northiowaberries@gmail.com

www.northiowaberries.com or

facebook.com/North-Iowa-Berries-and-More-278962482173381

Markets to Mason City.

Vegetables fruits. All produce grown chemical-free with organic practices.

Floyd County

Bloomin' Wooley Acres

Loyd & Renee Johnson
3331 Floyd Line St
Nashua, IA 50658
(319) 240-5540

bwacsa@gmail.com

www.bwagarden.com

Markets to 218/380 corridor from Nashua to Iowa City.

Vegetables, herbs, offerings from other local producers. Grown using organic and sustainable practices.

Nourish Farm

Matthew Brandenburg
Mason City, IA 50401
(641) 420-0851

nourishfarmiowa@gmail.com

Markets to Clear Lake, Mason City, Osage, Charles City
Vegetables.

Franklin County

Forgy's Farm Fresh

Jeff & Julie Forgy
523 Eagle Ave
Dows, IA 50071
(641) 373-2095 or (515) 852-4224

forgyfarmfresh@gmail.com

Markets to Iowa Falls, Alden, Dows, Hampton.

Heirloom, organically grown vegetables.

Region 4



Allamakee County

Kitchen Table CSA

Jeff & Mary Abbas
511 Bear Creek Dr
Dorchester, IA 52140
(563) 568-3829
staff@kitchentablecsa.com
jabbas54@gmail.com
<http://ktcsa.blogspot.com> or
[facebook.com/kitchentablecsa](https://www.facebook.com/kitchentablecsa)
Markets to Waukon, Decorah, Spillville,
Monona, Elkader, Sumner, Waterloo,
Cedar Falls.
Bread, wild edibles, eggs, bedding plants.
Offering seasonal shares or weekly online
orders for delivery to location of customer's
choice.

Chickasaw County

Low Oaks Farm

Anne Bohl
3175 Vanderbilt Lane
Waucoma, IA 52171
(563) 202-0399
lowoaksfarm@gmail.com
www.lowoaksfarm.com or
[facebook.com/LowOaksFarm/](https://www.facebook.com/LowOaksFarm/)
Markets to Decorah.
USDA Certified Organic vegetables.

Winneshiek County

Canoe Creek Produce

Barb Kraus
2912 Manawa Trail
Decorah, IA 52101
(563) 382-4899
canoecreekpro@gmail.com
www.canoecreekproduce.com
Markets to Decorah, Winneshiek
County.
Vegetables, herbs, fruit, flowers. Market
share CSA from May-October.

Humble Hands Harvest

Hannah Breckbill
2743 Hidden Falls Rd
Decorah, IA 52101
(507) 513-1502
humblehandsharvest@gmail.com
humblehandsharvest.wordpress.com or
www.facebook.com/humblehandsharvest
Markets to Decorah; Rochester, MN.
Vegetables, lamb, some fruits.

Winneshiek County (continued)

Patchwork Green Community Farm

Sara Peterson & Erik Sessions
3031 Middle Hesper Rd
Decorah, IA 52101
(563) 387-0837
eriksessions@gmail.com
www.patchworkgreen.com
Markets to Decorah, Winneshiek
County.
Vegetables, herbs. Eleven-week traditional
CSA & three levels of membership in market
share CSA.

Prairie Edge's Farm

Caithlin Palmer
1206 150th Street
Castalia, IA 52133
(563) 605-1336
prairiedegeiowa@gmail.com
prairiedegeiowa.com or
[facebook.com/PrairiesEdgeFarm/](https://www.facebook.com/PrairiesEdgeFarm/)
Markets to Decorah, Castalia (on-farm
pick up)
Grass-fed, grass-finished beef and lamb.
Artisan bread.

River Root Farm

Mike Bollinger & Katie Prochaska
1007 Locust Rd
Decorah, IA 52101
(563) 382-6249
farmers@riverrootfarm.com
www.riverrootfarm.com or
[facebook.com/riverrootfarmdecorah](https://www.facebook.com/riverrootfarmdecorah).
Markets to Decorah
USDA Certified Organic vegetables,
specialty greens, and herbs. Winter CSA
November/December. GAP certified.

Region 5



No CSAs reported.

Region 6



Ida County

Thankful Harvest

Tom & Kristi German
5139 210th St
Holstein, IA 51025
(712) 830-3281
tom@thankfulharvest.com
www.thankfulharvest.com
Markets to Holstein, Sioux City, Omaha,
Central Iowa. Offering home delivery.
USDA certified organic eggs, beef, chicken,
lamb.

Region 7



No CSAs reported.

Region 8



Boone County

Daystar Harvest

Jennie Erwin
1206 68th St.
Windsor Heights, IA 50324
Daystar.Harvest@gmail.com or
[facebook.com/profile.php?id=100009623235958](https://www.facebook.com/profile.php?id=100009623235958)
Markets to Des Moines, Boone
Vegetables and herbs. Big box once a month
for 8 months.

Mustard Seed Community Farm

Alice McGary
366 W Ave
Ames, IA 50014
(515) 460-1467
mustardseedbee@gmail.com
[mustardseedfarm.org](http://www.mustardseedfarm.org) or
[facebook.com/mustardseedcommunityfarm](https://www.facebook.com/mustardseedcommunityfarm)
Markets to Gilbert, Ames, Story City or
Boone.
Vegetables.

Nature Road Farm

Randy Naeve
Ames, IA 50014
(515) 231-4495
rknaeve@mchsi.com
www.natureroadfarm.com or
[facebook.com/natureroadfarm](https://www.facebook.com/natureroadfarm)
Markets to Ames, Huxley, Ankeny,
Des Moines.
Produce.

Salama Greenhouse

Mike Salama
204 S. Division St
Boone, IA 50036
(515) 432-4373
salama.mike@gmail.com
www.nwgreenhouse.com

Story County

Berry Patch Farm

Dean Henry
62785 280th St
Nevada, IA 50201
(515) 231-9227

dean@berrypatchfarm.com

www.berrypatchfarm.com or

[facebook.com/berrypatchfarmiowa/](https://www.facebook.com/berrypatchfarmiowa/)

Markets to Ames (via Farm to Folk CSA), Grinnell (via Middle Way Farm CSA)

Strawberries, raspberries, currants, gooseberries, blueberries, and apples grown using Integrated Pest Management.

Elizabella Flower Farm

Beth Kamp

Based in Ames, flowers grown in Nevada, IA 50201.

Elizabellaflowerfarm@gmail.com

www.elizabellaflower.com/csa or

[facebook.com/ElizabellaFlowerFarm/](https://www.facebook.com/ElizabellaFlowerFarm/)

Markets to Ames.

Local flower bouquets.

Farm to Folk

Marilyn Andersen

15219 590th Ave

Story City, IA 50248

(515) 460-7273

marilyn@farmtofolk.com

www.farmtofolk.com or

[facebook.com/Farm-to-](https://www.facebook.com/Farm-to-Folk-138306506193346/)

[Folk-138306506193346/](https://www.facebook.com/Farm-to-Folk-138306506193346/)

Markets to Ames, Story City.

Acts as a distribution site for multiple CSAs and offers online ordering on a week to week basis. Fruits, vegetables, dairy, beef, pork, lamb, goat, eggs, honey, flour, grains, bread, flowers. Some farms are certified organic, others are chemical free.

Lacewing Acres

Julia Slocum

Ames, IA 50010

lacewingacres@gmail.com

www.lacewingacres.com or

[facebook.com/lacewingacres](https://www.facebook.com/lacewingacres)

Markets to Ames.

USDA certified organic vegetables.

Region 9



Bremer County

Genuine Faux Farm

Rob Faux

2345 150th St

Tripoli, IA 50676

(319) 610-9201

gff@genuinefauxfarm.com

www.genuinefauxfarm.com or

[facebook.com/genuinefauxfarm](https://www.facebook.com/genuinefauxfarm)

Markets to Waverly, Tripoli, Cedar Falls.

USDA certified organic vegetables, limited fruits, many open pollinated and heirloom varieties. Pastured chicken, duck, turkey & eggs available as additional purchase.

Kaiser Farm

Lindsay Kaiser

1633 170th St

Waverly, IA 50677

(319) 325-0606

kaiserfarmfresh@gmail.com

www.kaiserfarmfresh.com or

[facebook.com/kaiserfarm](https://www.facebook.com/kaiserfarm)

Markets to Waverly, Cedar Falls and surrounding area in the Cedar Valley.

No-spray vegetables (many heirloom varieties), fruit, fresh herbs, flowers, non-GMO eggs & poultry.

Buchanan County

TD n' Guy Garden Oasis LLC

Terrance Holub

3235 330th St

Coggon, IA 52218

(319) 558-6481

tdnguygo@gmail.com

www.tdnguy.com or

[facebook.com/tdnguy](https://www.facebook.com/tdnguy)

Markets to Coggon, Independence,

Cedar Rapids, Iowa City.

Vegetables, eggs, chicken. Sustainably raised.

Grundy County

ARNKA Acres

Rachel Houts

25687 170th St

Dike, IA 50624

(319) 464-2129

arnkaacres@outlook.com

www.arnkaacres.com or

[facebook.com/ARNKAacres](https://www.facebook.com/ARNKAacres)

Markets to Waterloo, Dike (on-farm pickup), Grundy Center

Vegetables, herbs, eggs, home baked goods, value-added products

Tama County

Red Earth Gardens

Jennifer Vazquez

321 Meskwaki Rd

Tama, IA 52339

(641) 481-5305

lfpecondeve@meskwaki-nsn.gov

www.meskwaki.org/Local%20Foods.html

or [facebook.com/redearthgarden](https://www.facebook.com/redearthgarden)

Markets to Tama/Toledo and surrounding area, including Marshalltown and Grinnell
Chemical-free vegetables, fruits, heirloom corn & squash, grown using traditional Meskwaki practices.

Region 10



Benton County

Old School Produce Company

Mike Elwick

201 W 4th St

Vinton, IA 52047

(319) 929-1993

Melwick3@outlook.com

[facebook.com/](https://www.facebook.com/OldSchoolProduceCompany)

[OldSchoolProduceCompany](https://www.facebook.com/OldSchoolProduceCompany)

Markets to Vinton.

Vegetables, artisan bread, free range chicken and duck eggs.

Jones County

Ambleside Farm

Kristina Doll

15758 Temple Hill Rd

Onslow, IA 52321

(319) 310-2210

amblesideo@gmail.com

www.ambleside-farm.com

Markets to Monticello, Dubuque.

Produce including winter-season greens.

Linn County

Abbe Hills Farm CSA

Laura Krouse

825 Abbe Hills Rd

Mount Vernon, IA 52314

(319) 895-6924

laura@abbehills.com

www.abbehills.com or

[facebook.com/abbehillsfarm](https://www.facebook.com/abbehillsfarm)

Markets to Mount Vernon

(on-farm pick-up).

Vegetables, eggs. Regular & single size shares. and/or monthly boxes available.

Buffalo Ridge Orchard

Emma Johnson
1337 Rollins Rd
Central City, IA 52214
(563) 340-9665

buffaloridgeorchard@gmail.com
www.buffaloridgeorchard.com
www.localharvest.org/buffalo-ridge-orchard-M59467

Markets to Iowa City, Cedar Rapids, Central City (on farm), Dubuque. Vegetables, herbs, and over 30 different types of apples. Apple-only shares, vegetable-apple shares,

Kroul Farms

Matt Kroul
245 Hwy 1 South
Mount Vernon, IA 52314
(319) 895-8944

info@kroulfarms.com
www.kroulfarms.com or
facebook.com/KroulFarms

Markets to Coralville, Mount Vernon, on-farm pick up. Vegetables, fruit. Certified Family Fun Farm

Matthew 25 Urban Farm

Eric Christianson
201 3rd Ave NW
Cedar Rapids, IA 52404
(319) 362-2214

eric@hub25.org
www.hub25.org

Markets to Cedar Rapids. Vegetables & fruit grown on the Matthew 25 Cultivate Hope Urban Farm & Learning Center in Cedar Rapids.

Morning Glory

Donna Warhover
681 Hwy 1 South
Mount Vernon, IA 52314
(563) 451-6676

donnawarhover@gmail.com
morninggloryllc.wordpress.com or
facebook.com/

MorningGloryACommunityHarvestFarm or www.localharvest.org/morning-glory-M66302/csa

Markets to Cedar Rapids, Iowa City, Mount Vernon. Vegetables, fruit. Spring Share, Summer Share, and Fall Share availability.

Region 11

No CSAs reported.

Region 12



Audubon County

Audubon County Family Farms

Cindy Madsen
2186 Goldfinch Ave
Audubon, IA 50025
(712) 563-3044

vcmadson@iowatelecom.net
Markets to Audubon area, Ames (via Farm to Folk).

Honey, pork & chicken raised without antibiotics, hormones, animal by-products; according to Animal Welfare Institute guidelines.

Region 13



Dallas County

Clarion Sage Market Garden and CSA

Jennifer Miller
32059 U Place
Adel, Iowa 50003
(847) 814-2081

clarionsage@gmail.com
www.clarionsage.com or
facebook.com/ClarionSage

Markets to Waukee, Adel, West Des Moines. Heirloom vegetables, orchard fruits, berries, occasional add-on items like eggs.

Heirloom Farm

Matthew & Lori Wiese
33737 H Ave
Earlham, IA 50072
(515) 339-5662

hlfarmiowa@gmail.com
www.hlfarm.com or
facebook.com/hlfarm

Markets to Clive, Earlham. Vegetables, pastured chicken & eggs.

LT Organic Farm Store & Restaurant

L.T. Bhradat
32513 Ute Ave
Waukee, IA 50317
(515) 987-3561

ltorganicfarm@msn.com
www.ltorganicfarm.org

Markets to Waukee, Des Moines. USDA certified organic vegetables, Asian vegetables, chickens, goats, lamb. CSA also offers cooking & nutrition classes.

Raccoon Forks Farm

Beth Buscher
28770 El Paso Ave
Redfield, IA 50233
(515) 729-8664

rforksfarm@gmail.com
www.raccoonforks.com or
facebook.com/Raccoon-Forks-Farm-152310471503755/

Markets to Adel, Ames, Des Moines, Urbandale. Vegetables, turkeys, chickens, eggs.

Small Potatoes Farm

Rick Hartmann
24629 180th St
Minburn, IA 50167
(515) 677-2438

info@smallpotatoesfarm.com
www.smallpotatoesfarm.com

Markets to Ames, Ankeny, Minburn, Des Moines, Urbandale. USDA certified organic vegetables, eggs.

Polk County

7 Pines Farm

Dan Beougher
15201 NE 80th St
Maxwell, IA 50161
(515) 710-4431

dsb626@live.com
www.7pinesfarm.com

Markets to Ames, Des Moines, and on-farm pick up. USDA certified organic vegetables. Pork, chicken, and lamb available.

Grade A Gardens CSA

Jordan Clasen
9050 NW 62nd Ave
Johnston, IA 50131
(515) 554-4306

gradeagardens@gmail.com
www.gradeagardens.com or
facebook.com/gradeagardens

Markets to Des Moines. USDA certified organic fruits, vegetables, pasture raised/non-GMO eggs.

Lutheran Services of Iowa - Global Greens

Jess Soulis
3200 University Ave
Des Moines, IA 50311
(515) 271-7351

globalgreens@lsiowa.org
lsiowa.org/globalgreens

Markets to Des Moines area. Certified Naturally Grown vegetables.

The Homestead

Robbie Morris-Riley
1625 Adventureland Drive, Suite B
Altoona, IA 50009
(515) 957-3361
rmorris-riley@thehomestead.org
www.thehomestead.org/shopping
Markets to Pleasant Hill (on farm), Des Moines.
Produces USDA certified organic vegetables, fruit, chicken, pork and lamb while providing meaningful work for adults with autism.

Wabi Sabi Farm

Ben Saunders
10743 NW 142nd St
Granger, IA 50109
(515) 745-9951
wabisabiowa@gmail.com
www.wabisabi-farm.com or
facebook.com/wabisabifarmiowa
Markets to Johnston, Des Moines, West Des Moines, Urbandale, Granger.
USDA certified organic vegetables, herbs, fruit, transplants.

Region 14



Marion County

Blue Gate Farm

Sean Skeehan
749 Wyoming St
Chariton, IA 50049
(641) 203-0758
mail@bluegatefarmfresh.com
www.bluegatefarmfresh.com or on
Facebook (search for Blue Gate Farm)
Markets to Des Moines, Knoxville, Chariton.
Chemical-free produce, jams, honey, pasture-raised eggs. Certified Naturally Grown.

Prairie Roots Farm

Louise Zaffiro
928 Broadway
Pella, IA 50219
(641) 628-2959
zaffirol@central.edu
facebook.com/prairierootsfarm
Markets to Pella area.
USDA certified organic vegetables, herbs.

Poweshiek County

Grinnell Heritage Farm

Andrew & Melissa Dunham
1933 Penrose St
Grinnell, IA 50112
(641) 990-0018
grinnellheritagefarm@gmail.com
www.grinnellheritagefarm.com or
facebook.com/Grinnell-Heritage-Farm-191116610176/
Markets to Des Moines, West Des Moines, Grinnell, Iowa City, Hiawatha, Cedar Rapids, Kalona, Norway, Altoona.
USDA certified organic vegetables, strawberries, melons.

Middle Way Farm

Jordan Scheibel
3633 Hwy 146
Grinnell, IA 50112
(641) 821-0753
middlewayfarmer@gmail.com
www.middlewayfarm.com or
facebook.com/middlewayfarmer
Markets to Grinnell area
Chemical-free produce, herbs, flowers.
Offering standard and custom shares.

Region 15



Johnson County

Calico Farm

Bonnie Riggan
1380 Dodge Street Ct
Iowa City, IA 52245
(319) 321-6904
bonnieriggan@yahoo.com
www.calicofarm.wordpress.com or
facebook.com/calicofarmic
Markets to Iowa City.
Vegetables.

Family Farm CSA

Pam Stritesky
4830 Morse Rd NE
Iowa City, IA 52240
(319) 930-6521
familyfarmCSA@gmail.com
Markets to Iowa City, Cedar Rapids.
Chemical-free vegetables, fruit, herbs.

Local Harvest CSA

Carmen Black
5025 120th St NE
Solon, IA 52333
(319) 331-3957
localharvestcsa@southslope.net
www.solonsundogfarm.com or
facebook.com/Local-Harvest-CSA-216479667760/
Markets to Iowa City, North Liberty, Solon, Cedar Rapids.
Vegetables, eggs, artisan breads, chickens, turkeys, lamb. All products grown or raised using organic practices.

Wild Woods Farm

Kate Edwards
3167 Rapid Creek Trail
Iowa City, IA 52240
(319) 333-2980
kate.wildwoodsfarm@gmail.com
www.wildwoodscsa.com or
facebook.com/veggiefarm
Markets to Iowa City, Solon.
Organically raised vegetables. Summer and fall shares available.

Keokuk County

Rolling Prairie Acres

Douglas & Tanya Webster
708 E. Ringgold St
Sigourney, IA 52591
(641) 622-1221
dandtweb@iowatelecom.net
www.rpagarlic.com
www.rollingprairieacres.blogspot.com
Markets to Sigourney, Oskaloosa.
Heirloom vegetables, fruit, herbs, honey, jams, jellies, 100 varieties of garlic. We specialize in variety! Last week of April – first week of October.

Region 16



Cedar County

Echollective CSA

Derek Roller
879 Echo Ave
Mechanicsville, IA 52306
(319) 325-3910
echocsa@gmail.com
www.echollectivecsa.blogspot.com or
facebook.com/Echollective-Farm-CSA-119558918065080/
Markets to Iowa City, Quad Cities, Cedar Rapids.
Vegetables. Organically grown.

Lipes Family Farm

Greg and Katie Lipes
1342 Plato Rd
West Branch, IA 52358
(319) 643-3211
lipesfamilyfarm@gmail.com
www.lipesfamilyfarm.com or
facebook.com/Lipes-Family-Farm-178693842170527/
Markets to Iowa City, Des Moines, West Liberty.
Contact us to discuss a delivery site at a city near you!
Pasture grazed beef (100% grassfed to finish), Pastured Pork, Pastured Poultry (chicken, turkey, eggs), Pasture Grazed Goat (100% grassfed to finish). Humanely raised, non-GMO, no hormones/antibiotics/drugs of any kind.

Muscatine County

Mairets Garden Center

Shane Mairet
4707 S. Hwy 61
Muscatine, IA 52761
(563) 263-2338
smairret1@gmail.com
www.mairetsgardencenter.com
Markets to Muscatine, Letts, Wapello, Columbus Junction, Winfield.
Produce.

Oak Hill Acres

Andy & Christina Tygrett
Terry & Lorraine Tygrett
978 310th St
Atalissa, IA 52720
(563) 946-2304 or (319) 560-4826
webmaster@oakhillacres.com
www.oakhillacres.com or
facebook.com/oakhillacres
Markets to Coralville, Iowa City, West
Liberty, Muscatine, Davenport, Atalissa
(on-farm).
USDA certified organic produce, herbs,
small grains, honey, cut flowers, starter
vegetable plants.

Scott County

small frye farm

Susan J. Frye
11150 New Liberty Rd
Walcott, IA 52773
and 816 River St,
Iowa City 52246
(319) 936-1216
susanjanefrye@gmail.com
www.smallfryefarm.com or
[facebook.com/Small-Frye-
Farm-445119042300989/](https://facebook.com/Small-Frye-Farm-445119042300989/)
Markets to Iowa City, Walcott (on farm
pickup)
USDA certified organic heirloom vegetables,
herbs, fruit, cut flowers.

Region 17



Pottawattamie County

Botna Burrow Farm

Cait Caughey & Tyler Magnuson
206 E. Denton St
PO Box 83
Hancock, IA 51536
(712) 741-5124
botnaburrow@gmail.com
www.botnaburrow.com
facebook.com/botnaburrow
Markets to Omaha Neb., Hancock,
Council Bluffs
Vegetables, Herbs, Fruits. Certified
Naturally Grown.

Iowana Farm

Terry Troxel
17747 Badger Ave
Crescent, IA 51526
(712) 545-9300
terry@iowanafarm.com
www.iowanafarm.com
Markets to Bellevue, Council Bluffs;
Omaha Neb.
USDA certified organic vegetables and fruit.

Loess Hills Collaborative CSA

Mike Von Weihe, Cait Caughey,
Tyler Magnusen
206 E Denton St.
PO Box 83
Hancock, IA 51536
(402) 706-7496
info@loesshillsccsa.com
www.loesshillsccsa.com
[facebook.com/Loess-Hills-CSA-Carson-
Hancock-Iowa-130478413683733/](https://facebook.com/Loess-Hills-CSA-Carson-Hancock-Iowa-130478413683733/)
Markets to Council Bluffs, Treynor,
Hancock; Omaha, NE.
Vegetables, tree fruit. Certified Naturally
Grown.

Nishabotna Naturals

Carl Glanzman
21575 370th St
Oakland, IA 51560
(712) 482-3377
carlglanzman@hotmail.com
www.NishnabotnaNaturals.com,
[www.localharvest.org/nishnabotna-
naturals-M35701](http://www.localharvest.org/nishnabotna-naturals-M35701)
facebook.com/NishnabotnaNaturals
Markets to Council Bluffs, Atlantic,
Omaha, NE.
USDA certified organic vegetables,
raspberries, strawberries, apples, pears,
ground cherries, apricots, whole grain and
artisan breads, pies, preserves. Two seasons:
Winter from January 1 to April 30, Main
from May 1 to December 31. Year round
CSA.

Region 18



Adair County

Bridgewater Farm

Dale Raasch
2409 Brown Ave
Bridgewater, IA 50837
(641) 745-5368
bfproduce1@gmail.com
www.bfproduce.com
[facebook.com/Bridgewater-
Farm-473339332724233/](https://facebook.com/Bridgewater-Farm-473339332724233/)
Markets to Creston, Johnston, Atlantic,
Winterset.
Fruits, veggies, eggs. USDA certified
organic.

Prairie Harvest CSA /

The Wallace Centers of Iowa

Mosa Shayan, Diane Weiland, Ann Taylor
756 16th St
Des Moines, IA 50314
(Farm is located in Orient, IA)
(515) 243-7063
anntaylor@wallace.org
www.wallace.org or
[facebook.com/The-Wallace-Centers-of-
Iowa-138596199519914/](https://facebook.com/The-Wallace-Centers-of-Iowa-138596199519914/)
Markets to Des Moines, Johnston,
Greenfield, Orient, Winterset, Indianola
Sustainably-grown fruits and vegetables.
Spring, summer, fall and winter shares are
available, depending upon location.

Cass County

Rolling Acres Farm

Larry Harris & Denise O'Brien
59624 Chicago Rd
Atlantic, IA 50022
(712) 243-3264
rollingacres76@gmail.com
http://rollingacres76.com or
facebook.com/rollingacresatlantiaciowa
Markets to Atlantic; Omaha, NE.
USDA certified organic. Vegetables, fruit,
flowers, herbs, chicken, turkey.

Ringgold County

Ebersole Cattle Co.

Shanen Ebersole
(515) 971-8462
ebersolecattleco@yahoo.com
www.ebersolecattleco.com
Markets to Des Moines, Ames.
Natural pasture-raised beef & natural
grass-fed beef available in CSA shares.
Animal Welfare Approved.

Region 19



Jefferson County

Southeast Iowa Food Hub CSA

Barbara Stone
505 N. 4th St Ste 200
Fairfield, IA 52556
(641) 919-0307
seioawfoodhub@gmail.com
barbara@seioawfoodhub.com
www.seioawfoodhub.com or
facebook.com/southeastiowawfoodhub
Markets to Fairfield, Ottumwa, Mt.
Pleasant, Burlington, Washington
Vegetables, fruits, dairy, eggs, bread, flour,
honey, maple syrup, and possibly meats. We
aggregate from certified and non-certified
organic farms only, monitoring each farm's
practices. We offer CSA and worksite food
boxes.

Monroe County

Healing Thyme Gardens & Herbals

Gwendolyn Kok
14119 286th Ave
Moravia, IA 52571
(608) 386-5547
gkok22@gmail.com
www.localharvest.org/healing-thyme-gardens-M50433
Markets to Centerville, Albia, Moravia.
Fruit, vegetables, herbs, jams, jellies, artisan breads, maple & herbal syrups, herbal ointments/balms/vinegars/soaps, flowers, vegetable starts.

Van Buren County

Bloom & Bark Farm

Kim Steele-Blair & Tim Blair
18517 Route J40
Keosauqua, IA 52565
(319) 293-6168 or (641) 233-8210
bloomandbark@netins.net
www.bloomandbark.com or
facebook.com/bloomandbarkfarm
Markets to Keosauqua, Fairfield.
Fruit, vegetables, herbs, artisan bread, free range eggs, canned products.

Region 20

No CSAs reported.

Neighboring States



The CSAs in this section are located close to the Iowa border. They deliver regularly to Iowa locations.

Minnesota

Oak Knoll Farm CSA

Casey McGill
Albert Lea, MN 56007
(507) 402-7637
oakknollfarms@yahoo.com
<http://www.localharvest.org/oak-knoll-farm-M45696> or
facebook.com/Oak-Knoll-Farm-107077162717139/
Markets to Mason City, Albert Lea, Minn.
Vegetables, raspberries, currants, elderberries, pastured poultry. Committed to sustainable agriculture.

Wisconsin

Honey Hill Organic Farm

Carrie Post
5013 Tubbs Ln
Potosi, WI 53820
(563) 213-5031
cmoore_14@yahoo.com
www.honeyhillorganic.com or
facebook.com/honeyhillfarmandapiary
Markets to Dubuque and Peosta, Madison, Potosi, Lancaster, Fennimore, and Platteville, Wis.
USDA certified organic vegetables, fruit, honey, sunflower oil, fresh herbs, eggs. CSA runs from the first week in June through October. Fall share is available..

Small Family Farm & CSA

Jill Varney
S. 2958 W. Salem Ridge Rd
La Farge, WI 54639
(608) 625-4178
jillian@smallfamilycsa.com
www.smallfamilycsa.com or
facebook.com/Small-Family-CSA-Farm-381507052628/
Markets to Dubuque; Lancaster, Platteville, La Crosse, Onalaska, West Salem, Sparta, Viroqua, La Farge & Madison, Wis.
USDA certified organic vegetables.

Wisconsin (continued)

Two Onion Farm

Chris & Juli McGuire
19638 Cottage Inn Road
Belmont, WI 53510
(608) 762-5335
farmer@twoonionfarm.com
www.twoonionfarm.com
facebook.com/twoonionfarm
Markets to Dubuque; Galena, Ill.; Platteville & Madison, Wis.
USDA certified organic vegetables, fruit.



Acknowledgements

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- Greater Des Moines Buy Fresh Buy Local
- Healthy Harvest of North Iowa / North Iowa Buy Fresh Buy Local
- Hometown Harvest of Southeast Iowa
- Johnson County Buy Fresh Buy Local / Field to Family
- Northeast Iowa Food & Farm Coalition / Northeast Iowa Buy Fresh Buy Local
- Northern Iowa Food & Farm Partnership
- Practical Farmers of Iowa
- Riverbend Buy Fresh Buy Local
- Southern Iowa Local Foods Initiative / Southern Iowa RC&D
- University of Northern Iowa, Center for Energy & Environmental Education

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LEOPOLD CENTER

Prepared by Savanna Lyons, slyons@iastate.edu, and Alice Topaloff
ISU Extension and Outreach - Local Foods
Leopold Center for Sustainable Agriculture

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