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Planting Soybean for High Yield in Iowa

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Planting Soybean for High Yield in Iowa

Planting in late April or early May usually maximizes yield of soybean. After variety selection, deciding when to plant the soybean crop is the second most important management decision that impacts yield. Research conducted by Iowa State University shows the best time to plant soybean in Iowa is the last week of April in the southern two-thirds of Iowa and the first week of May in the northern third, if soil conditions are suitable.

Yield gains of three to four bushels per acre can be achieved by planting soybean beginning April 25 or May 1 in Iowa (1,2). Soybeans planted at this time produce a larger crop canopy resulting in earlier row closure enabling the crop to maximize photosynthesis by intercepting more available sunlight. Delayed planting can result in significant yield loss (Table 1).

**BEST MANAGEMENT PRACTICES**

- Begin planting in late April or early May
- Use fungicide seed treatments
- Minimize soil compaction
- Use full-season adapted soybean varieties
- Plant 125,000 plants/acre in 15 inch rows unless the field has a history of white mold or sudden death syndrome
- Select SCN-resistant varieties and rotate with non-host crops

Table 1. Effect of planting date on soybean yield in Iowa.

<table>
<thead>
<tr>
<th>Planting date</th>
<th>Northern Iowa</th>
<th>Central Iowa</th>
<th>Southern Iowa</th>
</tr>
</thead>
<tbody>
<tr>
<td>Late April</td>
<td>100*</td>
<td>96*</td>
<td>98*</td>
</tr>
<tr>
<td>Early May</td>
<td>96*</td>
<td>100*</td>
<td>100*</td>
</tr>
<tr>
<td>Mid-May</td>
<td>99*</td>
<td>96*</td>
<td>98*</td>
</tr>
<tr>
<td>Early June</td>
<td>81</td>
<td>93</td>
<td>89</td>
</tr>
<tr>
<td>Mid-June</td>
<td>61</td>
<td>59</td>
<td>82</td>
</tr>
<tr>
<td>Early July</td>
<td>33</td>
<td>45</td>
<td>47</td>
</tr>
</tbody>
</table>

* Not significantly different from 100 percent
Source: Whigham et al. (7)

Highly productive fields may be at greater risk for yield decline from late planting. Soybean fields with high yield potential (>50 bushels per acre) may lose 0.3 to 0.7 bushels/acre/day, with the largest yield reductions occurring after May.
10. Fields with lower yielding potential may lose approximately 0.1 to 0.2 bushels/acre/day (1).

Planting in late April or early May does not guarantee higher yield, however. Fluctuations in precipitation and temperature from year to year can cause variations in response of soybean varieties to early planting.

**CONSIDER SOYBEAN MATURITY**

Earlier research evaluated the effect of soybean maturity on yield of ideally- versus late-planted soybean. In northern Iowa, the highest yields were most consistently produced using full-season (2.5 RM) varieties planted from late April to late June (7). In central Iowa, they concluded that all adapted maturities had similar yield from planting dates through late June. However, in southern soybean growing areas of the state full-season varieties tended to yield best from planting dates through early July.

When planting was delayed until mid-July in this area, varieties ranging from 2.2 to 2.9 RM had the greatest yields.

According to these results, full-season varieties can be planted unless planting is delayed beyond late June in northern and central Iowa and beyond early July in southern Iowa. However, in late planting situations, earlier maturity varieties can be used to avoid damage by frost (7).

It is well known that many shorter-season soybean varieties yield as well as longer-season varieties. In addition to avoiding frost damage, short-season varieties may also avoid late-season soybean diseases. However, the decision to plant short-season varieties to avoid diseases and spread out harvest may come with a yield penalty.

**CONSIDERATIONS FOR SOYBEAN PLANTING**

Soil conditions and the weather forecast for 48 hours after planting play an important role in achieving the yield gained by planting in late April or early May. Planting when the soil is too wet or too cold can rob soybean yield.

Soybean tends to be planted after the corn crop has been planted. Typically soil temperatures are not a concern. Soybean planted in late April, however, may be exposed to cool soil temperatures and less than ideal soil moisture conditions. The ideal soil temperature for rapid soybean germination and emergence is between 77 to 86 degrees F but soybean will germinate at soil temperatures of 50 degrees F. Soil temperatures at a 2-inch depth in Iowa do not consistently reach 77 degrees F until late-May to early-June.

Uniform stands of healthy seedlings are sometimes more difficult to obtain with planting into cool, wet soil conditions. Fungicidal seed treatments are a good management tool to help reduce the effects of seedling diseases caused by *Pythium* and *Phytophthora* (4). Seed-applied insecticides are often sold to farmers in combination with seed applied fungicides. Yield gains with this combination are possible but research results thus far do not show consistent yield gains (4).
Plant soybean varieties with proven resistance to the soybean cyst nematode (SCN) to improve yield. In the absence of adequate host plant resistance to SCN, consistent yield gains from late April or early May planting may be more difficult to achieve in fields infested with SCN and soilborne pathogens that cause diseases such as brown stem rot (BSR) and sudden death syndrome (SDS). These stress factors have been shown to reduce yield, and when BSR or SDS is present in SCN-infested fields, yield loss from SCN can be more severe (5,6).

Plant full season soybean varieties first to take advantage of the entire growing season. They produce the highest yield when grown in adapted environments. Research in Wisconsin reported that planting of adapted varieties resulted in higher seed and pod numbers (3). Planting in late April can also increase the number of seeds per pod and the number of vegetative nodes per plant. These traits work together to increase the likelihood of maximizing yield.

Early planting in combination with best management practices such as utilizing optimum seeding rates, planting in 15 inch rows, choosing varieties with SCN resistance, maintaining good soil fertility, minimizing compaction, maintaining excellent weed control, and using seed-applied and foliar fungicides and insecticides when needed will help enable the soybean plant to achieve optimum yield.

**REFERENCES**


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