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Iowa State College

Gail Devens  
Iowa State College

Helen Rank  
Iowa State College

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Iowa State College

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Photographer Gary Stanton captured this picture at a basketball game this winter.

February, 1960

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Artwork: by Julie Criley, 8.

Women's Angle

A small capsule is going to be dropped on the Iowa State campus for you between March 8 and March 18th. The capsule will contain entertainment headliners from around the globe.

In Ames will be entertainment which draws full houses across America's chain of cities...entertainment which the reviewers and critics mention in their columns...entertainment which will be on our campus for Focus Week.

On the music side will be presentations by the St. Louis Symphony and the Boston Opera Company.

James T. Farrell, author of The Face of Time, will present two lectures on literature. If you are interested, you can sign up for a personal conference with him.

You have probably heard comedian Anna Russell on record. During Focus Week she will be here for you to see and hear in person.

You can see Peter Arnott and his puppet theatre and Dancer Danny Nagrin.

Between performances during the week, you can stop in and see the art exhibits—one of which will be on the arts and crafts of Mexico.

Right here at Iowa State in one capsule in one week you can see as much outstanding entertainment as many could hope to see in a lifetime.

Just pretend that you are in New York City looking for good entertainment (except the entertainment comes to you.) Don't let Iowa State's Focus Week pass you by. There'll be a capsule full of culture. See if you can find the contents. JA
Very near and dear to the hearts of many of the instructors as well as the students in home economics is a visiting scholar by the name of Shizue Oda. Any student who has ever had her in class will probably never forget the magic-like skill she has in the art of food preparation. To see her chop fresh vegetables with a French knife or peel and section fresh fruit is truly a wonder and the envy of any foods major. Her Sukiaki recipe and the art of making it was indeed a treat for the Institution Management Department.

Miss Oda is a staunch representative for education. Her education began in Japan when after much study she was able to take a government exam that certified her to teach home economics. Later she earned her dietitian’s diploma from a nutrition college and entered government institute for nutrition research where she worked for 10 years. In 1938 she came to Iowa State where she earned her M.S. under Dr. Pearl Swanson after doing a research project on ascorbic acid metabolism. She then went back to Japan and continued her study, this time in biochemistry at the Hokkaido University, one of the four government universities of Japan at that time. After 3 years she earned a degree equivalent to our Ph.D. Miss Oda has written 10 books among which are textbooks on foods and nutrition for each of the different schools of learning in Japan.

After the war the Ministry of Education of Japan called her in as they were faced with the serious problem of the poor health of Japanese children. At this time America had sent over many dried and canned food items to be incorporated into a school lunch program for Japanese school children. The Japanese government needed someone to teach the people how to use these foodstuffs which were primarily non-fat milk and flour. For 3 years Miss Oda traveled over Japan teaching the school administrators, principals, and women how to use dehydrated and canned food items to the best advantage of the children. Many of these foods had never been eaten by the Japanese and it was a big job to show the people how to prepare them so that they would be accepted. She also had to show the Japanese people how important the school lunch program could be to the health of the children.

Miss Oda was then made one of the directors of an Institution of Social Education for Japanese Women. This institution offers many courses in home economics along with liberal arts. Along with teaching courses in foods, Miss Oda has chosen to do lots of lecturing and speaks to many PTA groups and women’s organizations. After the war the government set up a problem called “Studies of Life” and each state planned short courses in it for women’s organizations. Miss Oda taught the course entitled “The better way of thinking and doing for personal and public life.”

She is very interested in the common people of Japan and feels that it is very important that they must change their way of life and their way of thinking. She believes that the women and children of Japan must be taught to think for themselves, that the rural patriarchal family must make the change over to being more democratic, and especially that rural women must be taught new methods of child care.

Home economics education has undergone a change in Japan. Be-
What would be the first thing you would learn in a foods course in Japan? You’d learn to steam rice, of course! Though home economics students at Iowa State don’t learn to steam rice in their first foods class, there are many similarities between Japanese and American college students.

There are now about two hundred universities in Japan, and to enter a student must first take an entrance examination. According to Mr. Yuichino Nishina, a Japanese graduate student at Iowa State, many students apply to one college with a difficult entrance examination and one where the exams are easier—just in case! Some students may go to preparatory school for a year to prepare for their entrance examinations. Mr. Nishina said there was some feeling in Japan that students in preparatory schools tend to study just for their entrance examinations instead of a general education.

Once a Japanese student has passed his entrance examinations, he is a student at the college. That is, he is a student for two years, for at many colleges at the end of two years of liberal arts the student declares his major and has to take more entrance examinations to be accepted into his major field of study. A Japanese girl would probably go to a women’s college, especially for home economics. However, there are a few co-educational schools in Japan.

Many Japanese colleges have uniforms that they wear not only to school but also to baseball games and parties. These uniforms help to create rivalry among the men, especially in athletics. The Japanese students enjoy baseball, soccer, hockey, and many other sports. In several Tokyo colleges the students have no class when the school plays a baseball game.

Other student activities include radio and theater groups, mountain climbing clubs, literature clubs, and student government. One difference between student activities in the United States and Japan is that student groups in Japan often have political arguments and debates and may even strike if they really object to something.

Most Japanese students live at home, or if they come from another section of the country they live in boarding houses or with relatives. Mrs. Sachiko Kuchitsu, a home management major at Iowa State from Japan, said that at the college she attended, Tokyo Christian Women’s College, some of the freshmen did live in dormitories until they got used to life in Tokyo. The dormitories had nine o’clock hours on weekdays, too!

When a girl graduates from college in Japan she will probably work for awhile before she gets married. Introductions in Japan are arranged by family or friends since Japanese women have very little chance to meet men.

Mrs. Kuchitsu and Mr. Nishina noticed several differences between college life in Japan and the United States. Mr. Nishina mentioned all the social life students at Iowa State have and also the newness of the buildings. Mrs. Kuchitsu was surprised that students study as much as they do. Mr. Nishina felt that many college professors are very friendly and informal at Iowa State. When a student in Japan goes to talk to a professor he knocks on the door, bows several times, and speaks in a polite voice.

As you study for finals just remember that if you were a Japanese student you might be studying for a final covering a year’s work instead of a quarter’s work.
On the door of the room is a "welcome" sign—which has on it the roommates' profiles made of burlap and yarn.

Cyndy, an Applied art major adjusts one of her oil paintings that decorate the walls in their "art" corner. A spotlight on the floor illuminates the wall paintings and the artist's easel.

Welcome to the "best-dressed" belongs to Sally Anthony and on the third floor of East Lin. Sally, a textiles and clothing applied art major, decorated personalities and to get maximum the judges of the Homemakers Club of H. Hilton, wife of the University of Iowa, specialist with the Department of Home and Family Science, Room as the winner of the Iowa Homemaker of the Year.
Dressed Room

by


A room on campus. It is Sally Richards who lives there. Sally is a textiles and clothing major, and Cyndy, an art major, and Cyndy, an art minor, have room to fit their personal comfort. As a result, the winner of this year's Room Contest, Mrs. James Richards, President, Miss Emelda Brown, Service, and Miss Edith Art, selected this room to be the winner of this year's Room Contest.

An added bookshelf comes in handy for magazines and reference books, used often by Sally, a textiles and clothing major.

Cyndy finds a comfortable place to study on the end of her bed. With her desk at the end of the bed she can make double use of a large lamp that directs light to her desk or the bed. Some of her sketches decorate a large bulletin board.
When and Where It Should Be Worn

by Helen Rank, H. Ec. Jr.

Once upon a time in the land of frills, feathers and fashions, the Queen of Clothes was in a quandary. To wear, or not to wear her *Chapeau de la plume* to the evening wedding of Lord Pinkerdedum. That alone was bad enough, but to add to her dilemma, she knew not which gloves to wear.

How is your female magnetism when it comes to selecting the proper hat and gloves for each occasion in the life of a busy college girl? Can you make the correct choice in the following questions?

1. Would you wear a velvet tam or felt tam in the country?
2. Do you always wear a hat to weddings?
3. Do you wear a hat with a formal evening dress?
4. Do you take off gloves when eating if they are elbow gloves?
5. Is it proper to wear gloves to a formal dinner?
6. Is there a definite rule as to which length of gloves should be worn on every occasion?
7. When lunching in a restaurant at midday, do you leave on or take off a hat?
8. Is a hat correct to wear with a street dress?
9. Do you remove your gloves to shake hands?
10. Can you wear gloves without a hat?

Now you can compare your answers and opinions on the preceding questions to the correct answers. How did you fare?

1. You would choose the felt tam. In dressing for the country, daytime clothes should look comfortable and practical, yet be in good taste.
2. No. To an evening wedding no hat should be worn unless it is a simple feather hat.
3. No. It is incorrect to wear a hat with a formal evening dress.
4. Yes. Always remove your gloves when eating, but do it with grace.
5. Yes. Gloves are a necessity at a formal dinner, but, as previously stated, don't neglect to remove them when eating.
6. No. The color and length of a glove may be left to the discretion of the wearer.
7. In the daytime, if you wear a hat to a restaurant, do not remove it.
8. Yes. In spite of the hatless trends in this casual era, a hat is considered proper with a street dress.
9. No. A lady never removes her gloves to shake hands. Also, she extends her hand to the gentleman.
10. Yes. It is permissible to wear gloves without a hat. (Remember the no-hat rule for formal evening wear?)

And now, would it be proper for the Queen of Clothes to wear her *chapeau de la plume* to the evening wedding of Lord Pinkerdedum?
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Core Curriculum Committee has recently surveyed five courses in the core curriculum. Approximately 400 freshmen and sophomore, and 300 freshmen and 100 sophomore—were questioned on the content of Applied Art 103, Foods and Nutrition 107, Household Equipment 154, Textiles and Clothing 145, Home Management 174. General comments were requested on all the courses that the student had taken at Iowa State. The possibility of combining some of these courses was questioned in the survey.

Members of core curriculum served on various committees to prepare and administer the survey and to tabulate and summarize the results. Findings from the survey will assist the faculty Core Curriculum Committee in making decisions on core changes.

New members for the committee are currently being selected. Final applications will be due in early March for new members from the freshman, sophomore, and junior classes.

Elections of new officers for the committee will be held at the first meeting in spring quarter, as called for in the Constitution.

* * *

Behind the functioning of the divisional Home Economics Clubs and special projects is Home Economics Council, the coordinating body for activities in the College of Home Economics. Home Economics Council strives to make students feel that they are members of a professional organization.

In bi-monthly council meetings, representatives from each club compare ideas and discuss common problems. Projects such as the United Nations Tea provide an opportunity for students to meet the faculty and other students. Planning Veishea Open Houses stimulates thoughtful consideration of the present uses and future potentials for the major. The profits from divisional club projects, such as the Home Economics Ball, financially aid worthy Home Economics students.

The Iowa State Home Economics Club, a member of both the Iowa Home Economics Association (IHEA) and the American Home Economics Association (AHEA), participates in the activities of both of these professional organizations. Several delegates are attending the AHEA Province meeting in Chicago February 18-21. Colleges in Iowa, Illinois, Michigan and Wisconsin will gather for the sessions to exchange ideas and find out better ways of carrying out club programs.

Plans are being made for several Iowa State delegates to attend the IHEA meeting in Davenport on April 8 and 9. This meeting will be in conjunction with the Iowa Dietetics Association.

Council and departmental club officers are elected at the last of winter quarter. These officers will be leading Home Economics Council and the Departmental Clubs during the coming year:

Council—Beverly Bane, president
Donna Walter, vice-president
Marian Parker, secretary
Karen Sundstrom, treasurer
Applied Art: Donna Read, president; Child Development: Gwen Langford; Foods and Nutrition: Madeline Lange, president; Household Equipment: Judy Sickles, president; Textiles and Clothing: Marlene Tipton, president.

What’s New?

by Rachel Davis, H. Ec. So.

The bending and stooping of the old-fashioned floor dusting process is in the past. A foot-action dust pan has a lever which presses the dust lip to the floor surface. The dust pans are available in colors of yellow, turquoise, red, and pink.

Steps from the ironing board to the clothes closet are eliminated by the “Quickie-Hang-Rak.” A metal rack clamped to the edge of the ironing board holds up to 21 garments on iron hangers. After it is used, it can be conveniently folded to lay on the ironing board for storage.

An enamel-finished electrical ice crusher effortlessly crushes ice to nine desirable sizes. Finely crushed ice for cocktails, medium-sized ice chips for chilling glassware and relish dishes, and coarsely crushed ice for the ice cream freezer are ground to the required size.

A 9 x 12 inch magnetic bulletin board is a useful desk decoration or a practical gift suggestion for a college coed. The bulletin board is decorated with a border of stylized fish against a background of a choice of colors in gray, pink and turquoise. The magnetic memo pad and pencil keep reminders at your fingertips.

THE IOWA HOMEMAKER
fore the war every girl was made to take H.Ec. in high school as it was considered a fundamental subject. Most of the women attended for a good preparation for marriage. Since the war the education has been reorganized into a 6 year primary school, a 3 year middle school, and a 3 year high school. It is in the middle school where girls from 12 to 15 years of age take home economics as a required subject. The high schools have been set up on a more elective basis to allow the pupils to prepare for the college of their choice. Higher education consists of small colleges and large coeducational universities. Admission to universities is awarded on the basis of competitive examinations. Study in home economics is not continued by girls who wish to prepare for these exams in which they are competing with boys for entrance into a university.

Miss Oda is presently enrolled at Iowa State in foods and nutrition which is her main course of study. She also is taking courses in social sciences and related areas of home economics to broaden her education. Over the 2 years she has been here, she has written many articles about America and what she has learned through Iowa State. These she has sent back to her institution which publishes two magazines. She recently wrote an article on the American way of raising children to have good habits.

When asked what she liked about Iowa State, she replied, “I like the academic feeling of this campus, so quiet, and the very nice teaching with classes so small.”

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Emerhoffs’ FOOTWEAR

JANUARY, 1960
This spring quarter ease evening hunger pangs with delicious Iowa State cheese. Choose your favorite from sweet, nutlike Swiss, Sharp Cheddar or mild creamy Edam.

At Easter, remember to take Iowa State cheese home for the whole family to enjoy.