Messages chalked on campus found nationwide

Community unites after of Pittsburgh shooting

BY MIKE.BROWN
@iowastatedaily.com

Unity, togetherness and support ran through the Ames and Iowa State communities in wake of the recent synagogue shooting that took place Sunday in Pittsburgh.

The shooter killed 11 people Sunday, armed with multiple firearms when he opened fire inside of The Tree of Life Congregation, eventually surrendering to police after barricading himself on the third floor of the building.

A vigil was organized and held Sunday afternoon on Central Campus to mourn the people lost in the mass shooting.

“There’s not a very large Jewish population here, so, when events like this happen we all kind of come together more,” said Rizhsky-Yakobson, a senior in computer engineering and vice president of Hillel.

Barbara Pleasants, a faculty member in the department of ecology, evolution and organizational biology, said there has been a rush of support from the Ames community.

“Immediately the synagogue received emails of support from people in Ames,” Barbara Pleasants said of the Ames Jewish Congregation. “People brought flowers to the synagogue with notes of sympathy or support, so the community [has] been very supportive.”

Rizhsky-Yakobson said the recent shooting, as well as the general social climate, while not making him feel increased personal discomfort, has made him more hesitant about being openly Jewish and outwardly practicing and displaying his faith.

“It was devastating for me to hear about what happened because in one of the safest possible places theoretically that you could be — at a synagogue, praying, someone came and just opened fire, and that was so scary and horrifying to hear about,” Rizhsky-Yakobson said. “I don’t even know what to say about the event. It’s just so awful that there’s still people who care so little about others that they’re willing to go and just completely ruin the lives of [hundreds, if not thousands].”

John Pleasants, president of the Ames Jewish Congregation and adjunct assistant professor in the department of ecology, evolution and organizational biology said he has been contacted by Iowa State University about exploring different ways to help Jewish

Synagogue

Messages saying “it’s okay to be white” have been posted around campus, prompting individuals and the university to react.

The messages posted around campus were often coupled with words encouraging people to vote for congressional candidate Steve King, who in recent weeks has been in the news for endorsing white nationalists.

Other universities around the United States have had “it’s okay to be white” fliers including Tufts University, Harvard University, the University of Vermont and more. The signs and slogans are reportedly linked to white nationalist groups, originating from the online message board 4chan.

“It’s okay to be white” comes from, No. 1, the incoherence of white nationalist’s racial identity; and the situation of fake self victimization, that comes from social ignorance,” said Ashton Ayers, policy director for the College Democrats at Iowa State. “This comes from the same rhetoric Steve King espouses when he says black people are inferior and western civilization is superior and that the ‘white people are becoming a minority’ in their own country and that is somehow something we need to stop.”

In one instance, a chalk drawing encouraging people to “vote against white supremacy” was crossed out by someone else’s chalk with arrows pointing to it calling white supremacy “fake news.”

Leaving just the word vote from the previous message, an individual wrote additional information to make the message say, “vote for

Chalk
A battle over trademark

Group presidents gather to discuss step forward in light of new trademark policy

BY PAUL ATTEMA
iowastatedaily.com

Student organizations demonstrated their issues with Iowa State’s administration for its implementation of a new trademark policy at a meeting Thursday evening.

Under guidelines instituted in the summer of 2018, many student groups had to remove the name of the university from their organization name as well as stop using Cy in their logo. Student Government is currently fighting this plan by issuing a resolution and talking with the administration.

“Moving forward, we don’t know what they are going to do yet,” Speaker Cody Woodruff said. “Right now it’s a waiting game. The ball is in their court.”

For the immediate future, Student Government wants an apology from the university and an immediate block on the enforcement of the policy. They have alternate plans of action if this deliberation works out poorly.

Woodruff, other members of Student Government and organization presidents agreed that acts of protest like wearing trademarked clothing and sending emails to university officials were encouraged. Student Government also talked to Student Legal Services regarding a possible lawsuit on using the First Amendment as a basis for suit.

“We definitely want to sue our own university? The answer is yes,” Woodruff said. “If things get terrible. It’s on the table. We are literally looking at every single possibility.”

One issue that Student Government had with the process is the lack of transparency. Woodruff said they have not been able to produce any documentation, including the email that was sent out to club organization presidents, Regent or Big 12 policies may that have prompted the new university measures. In addition to this, he remembers meetings that the university had about this subject originally were not public and did not have any minutes recorded.

“Things are getting worse, not better,” Woodruff said. “This fuse is getting shorter and shorter.”

To help stop things like this from happening again, Student Government is trying to get more representation for student organizations on the Trademark Advisory Committee (TAC). This was not a focus before, and Student Government accepts some responsibility for not doing more before.

“We did accept as Student Government members our own responsibility,” Woodruff said. “We did not do enough and there was definitely not enough communication between the Student Government and administration.”

The presidents of various clubs also voiced their disappointment, as well. Alex Zimmerman, a member of the Air Force ROTC, voiced his concerns.

“Some patches, symbols and names are from the 1950s and its really, really, really frickin’ annoying,” Zimmerman said. “Some graduating seniors won’t be able to get their apparel. It’s screwing up a lot of tradition, and that is important for military culture.”

While some organizations like the Track Club and other athletic groups have not been hit as hard by the policy, they still feel a general sense of not being warn. In addition to this, they are concerned about how recognizable their organizations will now be to the broader community.

“There is a disconnect between the university and us, but also with the fans,” said Chris Johnson, a member of the golf club.

“We have heard talk of focus groups,” said Kristina Swenson of the Track Club. “I think half the problem is every time (university administration) talk, they say something different.”

In addition to students being angry, Woodruff and others believe that many faculty advisors and alumni are mad as well. However, the Alumni Association has not become involved yet.

Finance Director of Student Government Seth Carter voiced his concerns saying the policy won’t right as Cy was created by a former student and that 70 percent of university funds come from the students.

“This upsetting will die at graduation and that’s what they want,” Carter said. “If you take away the student body, then there is nothing to trademark.”

Panel talks climate surrounding campus accessibility

BY MARIBEL BARRERA
iowastatedaily.com

A panel of students and instructors gathered in the Memorial Union on Thursday to discuss the climate surrounding accessibility for students with disabilities at Iowa State.

The four students disclosed a range of disabilities they possessed, such as cerebral palsy, depression and dyslexia, among others. The panelists detailed the obstacles they have faced in acquiring accommodations for their disabilities, such as professors who are unwilling to assist, pressure from both peers and instructors to perform on the same level with multiple diagnosed disabilities.

“I am really liking how its been going, and this is definitely something we are going to continue in the future.”

Student Government hosts student housing residency fair

BY MADELYN OSTENDORF
iowastatedaily.com

Student Government hosted 24 off-campus housing organizations, the Department of Residence, Student Legal Services and the Ames Tenant Union on Thursday to give students the opportunity to see a variety of residency options in one place.

As students explored off-campus living opportunities, they also had the chance to ask landlords questions, learn how to read leases and see what rights they have as student renters.

Student Legal Services was available at the event to provide tips to ensure the renter understands the lease and gets the most out of their renter’s agreement. The service recommended students read over the leases with legal counsel, offered free through Student Legal Services.

“We are here in case people have questions about the contracts they are going to enter into, their rights and responsibilities in relation to renting and living in the city,” said Paul Johnson, an attorney with Student Legal Services.

“The Department of Residence was also in attendance and focused on helping students decide whether it is more beneficial to re-contract and stay on campus or if they might be better served on off-campus properties.”

“I think all the student groups, if they can, should get the better,” said Chad Bauman, a communications specialist with the Department of Residence. “Whether you are on-campus, off-campus, in East Ames, West Ames or on Central Campus, it’s all here. It’s a one-stop shop.”

Twenty four landlords and off-campus residences were in attendance at the fair to answer questions that students had and to promote the benefits of their residences.

“I wish when I was a student, we had been doing something like this because it gives you the chance to explore all your options. You know it is not on the internet, but it is nice to be able to put a face to the name and have a real conversation with someone,” said Brianna Baker, a representative of South Duff Apartments.

Student Government Director of Residence Donzen Lee said he was pleased with the turnout at the fair and the amount of students he saw utilizing the resources available. Students had the chance to see and consider many different options, rather than being pressured into choosing one right away.

“In the future, we plan on having another fair in the springtime, now that we can iron out some of the details,” said Lee. “I am really liking how its been going, and this is definitely something we are going to continue in the future.”

==MORE==
Puerto Rican Student Association to host cultural night with music, food

BY MIKE BROWN
@iowastatedaily.com

Dancing, food and live music will all be coming to Iowa State, by way of Iowa State’s Puerto Rican Student Association (PRSA).

The PRSA’s Puerto Rican Cultural Night will offer free admission to anyone who wishes to experience Puerto Rican food and music. The event will be held in the Great Hall of the Memorial Union, and the doors will open at 6 p.m. on Friday, November 2.

The event will feature live, traditional Puerto Rican music for the beginning of the night and, later on, a DJ will be brought in who, according the PRSA president and sophomore in computer science, Alejandro Delbrey, will play more modern Puerto Rican songs. Delbrey also said there will be given for attendees to dance and socialize.

“For the PRSA, our ultimate purpose is to just share our culture, and we also accept people that aren’t Puerto Rican, so they can learn more about our culture,” Delbrey said. “For the Puerto Rican Cultural Night, we basically just share that culture.”

Among the dishes that will be served at the event include rice and beans, as well as chuletas, Delbrey said. Chuletas are a type of Puerto Rican pork dish commonly served with rice and beans.

Delbrey said he expects between 250 and 300 people to attend over the course of the event.

Discussion to focus on Latinx community

BY MARIBEL BARRERA
@iowastatedaily.com

The Girl Effect is described by the United Nations, was chosen to bring awareness to Latinx girls. Myers’ discussion is titled “The Mariposa Foundation and the Girl Effect.”

Her discussion is titled “The Mariposa Foundation and the Girl Effect.”

The Mariposa DR Foundation is an international organization whose goal is to empower females across the world and end generational poverty, particularly for women and young girls.

The Girl Effect is described by the Mariposa Foundation website as “the missing and transformative force needed to change the future of humanity.”

“I’m talking about the foundation itself, but more than anything, essentially this model, this ‘Girl Effect,’” Myers said. “It’s essentially based on the idea that by educating an adolescent girl, you can stop poverty before it begins.”

By speaking on this topic, Myers will be opening a discussion for this idea of the Girl Effect as a “modern-day social movement.”

“There are some things that are connected to the Mariposa Foundation that people don’t realize about the historical context of the Dominican Republic, […] for example the International Day of Violence Against Women, on Nov. 25,” Myers said. “The International Day for the Elimination of Violence Against Women, designated as such by the United Nations, was chosen to honor the three Milagro sisters who were assassinated in the Dominican Republic in 1960 under the Trujillo dictatorship.

I thought that I would talk about my own personal experience working with this really neat organization, […] this innovative non-profit that has this girl-centered program design, which I think is really unique.”

Myers has graduate degrees in Spanish and Hispanic Literature, and her background focuses heavily on Latinx studies, particularly in the Dominican Republic. Myers’ Feminist Friday discussion will be held at 1 p.m. in the Margaret Sloss Women’s Center.

The end of birthright citizenship?

Decision on 14th Amendment by Trump met with strong opposition

BY DEVYN LEESON
@iowastatedaily.com

President Donald Trump announced Tuesday that he is planning on ending birthright citizenship, a policy guaranteed under the 14th Amendment of the Constitution.

Birthright citizenship ensures that any person born on U.S. soil is considered a citizen of the United States.

“So-called Birthright Citizenship, which costs our Country billions of dollars and is very unfair to our citizens, will be ended one way or another,” according to a tweet sent by Trump on Tuesday. “It is not covered by the 14th Amendment because of the words ‘subject to the jurisdiction thereof’ Many legal scholars agree.

This policy has been around since an 1898 Supreme Court decision, occurring around 30 years after the passage of the 14th Amendment.

Assistant Professor of Political Science David Andersen said this would be a broad overreach of the president’s powers. “The decision is borderline absurd,” Andersen said. “We have a very clear system with the constitution where if we have any question about the meaning of the constitution it is the Supreme Court who interprets it for us, and they have already interpreted it for us.”

Andersen said even if Trump encouraged Congress to make a law ending it, it would almost certainly be stopped in court, but that isn’t what Trump has been asking.

The idea that an executive order could be used to change the interpretation of the constitution is an unprecedented move, Andersen said.

“That makes no sense whatsoever because if a president could do that then the constitution would not be the supreme document of the land,” Andersen said. “The president would be the supreme document of the land, and presidents could just use executive orders to change the constitution at their will.”

Members of the Republican party have also mentioned their issues with Trump’s plan. Most notably, House Majority Leader Paul Ryan, who is not running for re-election, said the idea was not within the president’s power.

In a radio interview, Ryan said an executive order like the one Trump is proposing would only be possible following a lengthy constitutional amendment process, which has not happened and is not in the process of happening currently.

“I believe in interpreting the Constitution as its written, and that means you can’t do something like this via executive order,” Ryan said.

Trump tweeted a response to Ryan shortly after the radio interview — six days before the midterm election.

“Paul Ryan should be focusing on holding the Majority rather than giving his opinions on Birthright Citizenship, something he knows nothing about!” according to Trump’s tweet. “Our new Republican Majority will work on this, Closing the Immigration Loopholes and Securing our Border!”

While the infighting between Ryan and Trump are happening days before the election, Andersen said the statements Trump has been making are for strictly political purposes, and much of what he has been proposing is either impossible or overblown.

Andersen gave examples of Trump sending 5,000 troops to the southern border to defend against a caravan that “holds absolutely no threat to us and that he would pass a 10 percent tax for the middle class by November despite Congress not currently being in session.

“This fits very well into a pattern of behavior from the president lately of just suggesting doing rather absurd things that he knows his base will be excited about, and it kind of embarrassing that he is just trusting that his base is not smart enough to know that he is not serious,” Andersen said.

Trump has also made statements since Tuesday that the United States is the only country that has birthright citizenship.

However, there are more than 30 other countries who have a system to grant automatic birthright citizenship, including U.S. neighbors like Canada and Mexico, according to a study from the Center for Immigration Studies.

The Center for Immigration Studies is often cited by Trump’s advisers as a group that typically supports policies restricting immigration.
These times are hard, but don’t lose hope

BY EILEEN TYRELL
@iowastatedaily.com

The world might be a grim place right now, but hey, young gorillas in Rwanda are learning how to disable poachers’ traps.

That story, which describes a fascinating interaction between a Rwandan park ranger and two young gorillas in which the gorillas systematically disabled a snare trap, is a bright spot in an otherwise bleak lineup of news about the future of the planet. Other bright spots include the fact that in 2017 the hole in the ozone layer above Antarctica was at its smallest since 1988; the United States now has 50 percent more trees than it did in 1963; and scientists have learned how to breed and transplant new coral into the Great Barrier Reef.

This year has shown some dark parts of the country and government, but there is a lot of hope to be had, too. Texas and Georgia have increased their early voter turnout for young voters by 50 percent. Some analysts are predicting that early voting turnout in those states will surpass total voter turnout for the 2014 midterm, and more women are running for office than ever before.

I know I’m not the only person who is nervous for the upcoming midterm elections, but there is a lot of good coming out of them already.

Moving away from politics, there is so much to be seen in small acts of humanity, good to be seen in small acts of humanity, like when a UK tennis player stopped playing mid-game to help his teammate get through an anxiety attack brought on by Post-Traumatic Stress Disorder (PTSD). Paul Guest and Edwin Vermetten, both veterans, were playing in the 2018 Invictus Games in Australia this week when a helicopter flew overhead and caused Guest to be overcome by an episode of PTSD. Vermetten immediately stopped play and ran over to embrace and talk Guest through the episode before he delivered the game-winning point.

Or the story about the “Robin Hood” restaurant, which opened in Spain in 2017 and operates as a regular restaurant for breakfast and lunch before opening its doors to the homeless for a free dinner every night. The restaurant is run by a man named “Padre Angel,” and was booked every single day for the first four months after opening.

This is all just to say that no matter how important it is to be informed about reality, equally as important is taking a break from the grim and disheartening to focus on the good in the world.

It’s still out there, far as it may seem sometimes, in the smallest steps towards progress, a new scientific advancement or in simple stories of humanity. Sometimes it’s too easy feel like the world is ending, so instead of giving up hope, log off of Twitter. Listen to The Gratitude Podcast or your favorite songs for an hour. Read some words of encouragement and don’t let your heart get too heavy.

All of the terrible things going on in the world and our country can be motivation to fight for change, don’t let yourself lose that anger or drive to make a difference. But don’t let your heart become too heavy either. You need at least a little hope to carry on through despair.

And after all, it’s always darkest before the dawn.

MIKINNA KERNS / IOWA STATE DAILY

Good news is out there

Columnist Eileen Tyrrell argues that despite the negative news out, there are still positive things happening in the world.

Trump’s threat to end birthright citizenship poses policy questions

At the conclusion of the Civil War, three amendments were added to the U.S. Constitution. One of these amendments was the 14th, which guarantees citizenship to all persons born in and under the jurisdiction of the United States.

President Donald Trump has now stated that he wants to end birthright citizenship for the children of undocumented immigrants via an executive order. While a majority of people agree that it would take another amendment to the constitution to end this right, and an intense legal battle, Trump’s suggestion brings to question: Is birthright citizenship something the United States should continue?

Trump isn’t the first politician to float the idea of ending birthright citizenship, and he isn’t the only one that currently supports such a change. Former U.S. Senator Harry Reid (R-Nevada) proposed such a bill and U.S. Senator Lindsey Graham (R-South Carolina) has stated that he will introduce legislation similar to an executive order Trump could release.

Section 1 of the 14th Amendment addresses birthright citizenship, and for the most part, any and all questions regarding this section have been answered by the Supreme Court or upheld via alternate legislation.

But there’s a bigger question to be asked. Rather than argue about birthright citizenship and how it applies to immigration, people should be questioning the government’s right to establish arbitrary lines, often through war and massacre, and then determine who can and can’t cross those lines.

While a widely accepted method of establishing countries, borders are arbitrary. Your geographic location on the planet at the time you are born does nothing to determine how much of an American you are, or any other nationality for that matter. At least 30 other countries grant automatic birthright citizenship, according to the Center for Immigration Studies.

As a country, we’ve gotten so caught up in political ideology and party alliance that we are forgetting to ask the real questions.

Do you agree with birthright citizenship for the children of undocumented immigrants? The answer is most likely yes, as it has been that way for more than 150 years. However, a better one might be: Is an amendment written in response to the Civil War relevant today? Better yet, how many of our laws and amendments are outdated or irrelevant to the 21st century?

The world, let alone America, has grown a lot in the last century. Perhaps it’s time we reevaluate how we are operating as a country to address some of the deeper issues. However, these changes, such as an amendment to the constitution, should not be made in reaction to the current political climate but instead a necessity based on the needs of people and not charged campaign rhetoric.

**Feedback policy:**

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**Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.**
Will the Cyclones’ winning streak continue into the Big 12’s final month?

BY NOAH ROHLFING

November is here and the Cyclones are hoping this will be a different one for Iowa State football than last year. November was where it all fell apart for Iowa State last season: three losses in four weeks, beginning with a four-point loss to West Virginia and capped by a controversial 20-19 loss on the road to rivals Kansas State, extending a streak that has now reached a decade without an Iowa State win over the Wildcats.

This November begins with a different test: A 3-5 Kansas team that is much improved and is coming off of an upset win over TCU — its first Big 12 win in nearly two full seasons. Campbell said the Cyclones “ran out of gas” down the stretch last season. “I think this is a different football team than maybe what we were a year ago,” Campbell said. “You see a lot more capable bodies and capable young men that are helping and impacting our team than what there was a year ago.”

One thing the Cyclones feel they have going for them heading into a crucial month which could see them headed to Arlington, Texas, for the Big 12 Championship is depth on the defensive side of the ball.

The Cyclones have built a group of players they trust over the season, and unlike last year, when the starters were rarely rotated out leading to fatigue in the later games, the Cyclones have been shuffling players in and out frequently, resulting in playing time for freshmen and others Jon Heacock and company are comfortable with.

Redshirt junior defensive end Matt Leo, the player tasked with getting sacks in place of the injured Enyi Uwazurike, said the rotation has helped a lot through the first seven games. “Obviously last year the first string were taking the brunt of all the reps,” Leo said. “Now, we’ve got depth on all edges.”

Iowa State quarterback Brock Purdy, warmed up before the opener game against South Dakota State at Jack Trice Stadium on Sept. 1.

First tournament chance to see newcomers

BY TREVOR HOLBROOK

During Iowa State wrestling’s media day, coach Kevin Dresser pointed out the volume of tournaments this season.

With a tournament format, the Cyclones will likely have impressively wrestle-offs when teammates collide on the brackets. “We’re going to use the Cyclone open probably as our first round of wrestle-offs,” Dresser said. “I’m a competition guy, if we have to put guys in here toe-to-toe later in the year, we’ll do that.”

The first tournament begins on Saturday at 9 a.m. with the Harold Nichols Cyclone Open in Ames, Iowa.

125

Iowa State fans will see a new face at the lowest weight. Rutgers transfer Alex Mackall is the frontrunner. “It’s really good because we all have good training partners for each other,” Mackall said about the depth. “We have good guys at [133], good guys at [125], so just using each guy to get better and having different training partners to give us different looks everyday.”

133

Redshirt freshman Austin Gomez will be the starter at 133. Gomez missed out on the Junior World Team Championships due to injury, and he’ll likely sit out during the Cyclone Open.

141

This weight is a battle between redshirt sophomore Ian Parker and redshirt freshman Ryan Leis.<ref>Me</ref> Meanwhile, Leis is new to 141, wrestling at 149 last season. “He’s definitely grown up,” said assistant coach Brett Metcalf about Leis. “I think just the naturally progression of just being in this room for a year or two, it makes you tougher.”

149

Redshirt sophomore Jarrett Degen locks up the 149-pound weight for the Cyclones. Degen was a bright spot for Iowa State last season, traveling to Cleveland as the lone Cyclone NCAA qualifier.

157

The job belongs to redshirt junior Chase Straw, as long as freshman David Carr remains under the redshirt. Dresser said his 98 percent sure Carr will redshirt throughout the whole season.

165

Similar to last season, 165- pounds is between redshirt senior Skyle St. John and redshirt junior Brady Jennings. “[165] right now is probably Jennings just because St. John banged up with a knee,” Dresser said. “He’s probably a couple weeks away, but those two will battle it out.”

174

The 174-pound spot is the Ames weight this season. Former Little Cyclone and redshirt freshman Marcus Coleman will hold down 174. Behind Coleman, redshirt junior Hank Swalla provides depth.

184

One of the more intriguing weights is 184-pounds. Redshirt sophomore Samuel Colbray flashed last season at times at 174. Meanwhile, redshirt senior Danny Bush — another flashy but inconsistent athlete — jumps up to 184 after competing at 174 last year. Freshman Joel Shapiro is an athlete to follow during the Cyclone Open.

197

Redshirt senior Wille Mildius is the clear guy at 197. For the former four-star recruit is averaging over 6.5 yards per carry, and while Iowa State is leading the Big 12 in rush defense — averaging only 101.3 yards per game and 10th best in the country — Williams Jr. is a different challenge for the 20th ranked defense in FBS. Heacock called him “incredible” and said the Jayhawks may have the most dynamic ground game Iowa State will have faced yet.

“Williams Jr. has a lot of things he can do,” Heacock said. “Very talented, a very tough competitor.”

On the offensive side of the ball for Iowa State, it’s all about keeping the ball rolling. Or, in this case, keeping the ball from rolling. One of the most surprising stats concerning this year’s Jayhawks has been their ability to force opponents into mistakes. The Jayhawk defense is forcing nearly three turnovers a contest (23 through eight games) and sits at a plus-16 turnover differential, the second best in the country behind Georgia Southern. Despite the somewhat crazy ability of the Jayhawks to turn their opponents over, the Kansas defense is still leaky, giving up 433 yards per game and ranking 98th in the FBS in total defense. Iowa State’s offense, averaging 461.7 yards per game since inserting Brock Purdy into the lineup, will have ample opportunity to continue its hot streak.

Wide receivers coach Bryan Gasser said the Cyclones need to be especially careful with the ball this week. “They [Kansas] got some guys that can make plays,” Gasser said. “They play really hard, they run to the ball.”

The Cyclones are hoping this November puts them on the path to the Big 12 title. A win over the slowly-improving Jayhawks on Saturday would mean more than usual toward their lofty goals.
Despite links to skin cancer, manicure style preferred by some

BY JULIA MEEHAN
@iowastatedaily.com

Consumers pampering themselves with gel manicures may be surprised to learn of its connection to skin cancer.

“This is news to me,” said Martin McDonough, a open-option freshman. “I probably would change my viewpoint on whether or not to get them if there was proven research.”

Clients hands are exposed to the rays for about a minute while they’re under the UVA lamp. As said by Finesse Spa Salon, the process of getting a gel manicure involves nail technicians first applying a base coat and then curing the nails under a UVA light. Next, they apply two coats of the color the client chooses then cures it. Last step is applying a top coat and placing the nails under the light for a finished look.

“Most clients do gel manicures because it lasts longer about two weeks, doesn’t chip off as opposed to regular nail polish where you get about three days’ worth,” said Mikayla Smith, a stylist at Finesse Spa Salon.

There are plenty of benefits for getting gel manicures from the appearance of a glossy, shiny finish to the durability of the manicure. Despite the benefits, Dr. Chris G. Adigun points out in a press release by the American Academy of Dermatology, repeated exposure can perhaps have an increasing effect, especially in people who start getting gel manicures at a young age.

“The UV dose that you receive during a gel manicure is brief, but it’s intense,” said Dr. Adigun in the release. “Over time, this intense exposure can add up to cause skin damage.”

Many nail salons in the Ames community are aware of gel manicures potential result in skin cancer. According to Studio7 Salon and Spa, the best advice they can give to a client is using SPF 30 or higher lotion before they come in for their appointment. They also advise to stay clear from applying the sunscreen to your nails since it may affect the curing process of the gel. Another possibility is wearing a pair of dark shaded gloves with cut out areas for the nails. Normally, nail salons give options to customers to use lotion or cream. But Studio7 Salon and Spa said the lotion is a part of the service and it doesn’t protect the client’s skin from the UVA light.

“The polishes we use here are non-toxic. Anytime you have a chemical involved, there’s a risk of some sort of reaction,” said Krista Wrage, the owner and executive designer of Studio7 Salon and Spa. “Our salon tries to take as many precautions as possible to make sure our polishes are harmless to the client.”

There are proper precautions salons and consumers need to take in consideration to prevent these outcomes. Oftentimes, students are exposed to the awareness of these dangers from social media, billboard signs and commercials.

“I was scrolling through Twitter when I saw something once; I totally ignored it because my hands are pretty with gel manicures,” said Lexi Schwien, a freshman in pre-business. “I bet I could read a few articles and skip out on gel because it’s clearly not worth it.”

Even overprotective parents and agitating friends are hackling those who get gel manicures.

“Yes, I’ve heard this a lot, mostly from my mom who seems to be very cautious about everything so I kind of took it with a grain of salt,” said Clarissa Merschman, freshman in journalism and mass communication said.

“It definitely isn’t anything new to me, but I really enjoyed getting them, so I disregarded the idea.”

If a student is worried about the possible outcomes from a gel manicure, a regular manicure is their next option. Some students would rather get their money’s worth and not have their nails ruin after a few days, so similar possibilities include acrylics or dip.

“I think gel works a lot better than the typical manicure, however, I think dip is superior to them both, that’s why I don’t gel as much anymore,” Merschman said.

Despite links to skin cancer, manicure style preferred by some
We need someone in Congress to represent us because I could end up paying $1,000 every month for the medicine I need to live.”

“Other speakers criticized King for his dismissals of anthropogenic climate change. Shelia Faheem, junior in biological systems engineering, stressed the importance of every person making a difference.

“We need someone who will work with industries to make sure we can live on this planet,” Faheem said.

“Steve King barred the EPA from regulating greenhouse gases and protecting endangered species. He’s not good for Iowa, and J.D. Scholten will make our district better.”

Other speakers also gave their support for Scholten, the Democratic challenger for King’s congressional seat. Just as organizers were critical of King, the College Republicans had their own critiques of Scholten.

“I understand that he’s traveled a lot with his baseball career, but he doesn’t even own his own home out here,” said Tony Damianio, member of College Republicans and graduate student in statistics.

“His dad owns his home.”

“It’s true, I’m not a homeowner,” Scholten said.

“My parents live out of state now, so it’s hard to get all the paperwork in order. We’re working on getting the house put in my name, but it’s a long process.”

Damiano also said that Scholten was unclear on what he stood for, and that he takes donations money from outside the state.

“He says he’s a pro-choice Catholic, and he didn’t really explain his position when I met him,” Damiano said.

“H. Also gets campaign donations from Maine and California, all sorts of states outside Iowa. How can we trust him to represent Iowans?”

Scholten has raised more than $1.6 million since he began his campaign two years ago, and he said it’s true some of that money comes from out-of-state donors.

“Damiano said the people of District Four really like King. ‘That’s why they’ve voted him back into office since the district was created in 1992.

‘His constituents want him, they’ve made that clear,’” Damiano said.

‘People will hate on people that are different,” Damiano said.

“The GOP is splitting, but I think King is a great congressman and he represents his district.”

Steve King

Defacing someone else’s chalk message was something Ayers said should be called out by the university.

“Having any action I think there should be a statement from the university, on one hand talking about a group defacing the work of another group and on the other hand calling out the frankly racist messages — it is breaching on racism — calling those out would be good,” Ayers said.

John McCarroll, executive director of University Relations, said the flyers posted around campus had been taken down after being reported to campus police, but the chalk drawings were still up and are being investigated.

“This is because policies against chalkering include rules that messages can’t be displayed vertically or in areas not allowed by the campus, but the contents of the message in question was noted due to its contents and context.”

“We have principles of community, we do not tolerate messages that are threatening racially or to any group,” McCarrall said. “These messages are not consistent with the university’s position, but we can’t control what people write.”

McCarrall said there is a process for individuals who reported the messages where the Office of Equal Opportunity will reach out to see how an individual was affected by any given message.

Jacob Minick, president of the College Republicans at Iowa State, said he was unaware of the messages being spread and disagrees with people defacing other’s messages.

“The only thing I see with this is that someone is personally crossing out chalk messages [and] that is something I don’t personally agree with,” Minick said.

Minick did not see an issue with the contents of the message however, saying it is equivalent to a message that “it is okay to be insert any other color,” or insert literally anything else.

Kenya Ayers, director of Multicultural Student Affairs, said he has his own personal opinions on the messages, but as a representative of his office he believes students should be able to express their opinions even if they are contrary to his own.

“Just as some of the messages said being White is OK, I think it is fine to say being Latinx is OK, being African American is OK, being a part of the LGBTQ community is OK, being Muslim is OK,” Shumaburger said.

Ayers disagreed with this saying the messages ‘tie to Steve King show that they are rooted in racist ideals.

“Not only a vote for Steve King, it’s a vote for someone who is a white nationalist and then follow ing it up with it is to okay to be white is the problem,” Ayers said.

“That is dangerous, this is a university where we have a problem a couple of years ago with people defacing a George Washington Carver statue.

And people a year ago with the white nationalist, white heritage posters that went up, it can’t be tolerated it has to be called out and stopped at its root.”

Assistant professor of political science David Andersen said Steve King has shown recent ties to white supremacy and has had a history of standing up against social norms.

In the past, King has talked negatively about immigrants and people who are non-white, all while providing ”tact support to white nationalists and white supremacists.”

I think his recent actions — endorsing a white nationalist in Canada, meeting with white supremacists in Austria — are kind of remaning his plausible denial ability against these certain beliefs, and that is causing his supporters to back away from him,” Andersen said.

John Pleasants, president of the Ames Jewish Congregation, stands with Barbara Pleasants, a faculty member in the department of ecology, evolution and organismal biology.

Students feel more safe on campus.

“It’s an awful tragedy, what happened, and I just hope we see less and less of this, even though there’s more and more tragedies and shootings like this happening around the country,” Rizhsky-Yakobson said.

Continued and increased empathy, listening and awareness are all things Rizhsky-Yakobson hopes to see more of both nationally and in the Iowa State community going forward.

“I hope that people in the community, regardless of what they identify as, I wish that they could just be more considerate of each other and other groups around them,” Rizhsky-Yakobson said.

Barbara Pleasants also said there is cause for concern in the misinformaton and hateful rhetoric that is often shared falsely as news on the internet.

John Pleasants spoke to the frequent isolation between communities of different identities, and the need for people to come together and listen to each other.

“We are all in bubbles and we’re in a bubble, and that’s different from somebody else’s bubble, and somehow the bubbles have to come together to share perspectives,” John Pleasants said.

Jeremy Best, assistant professor in the department of history, offered a definition of the ideology of modern antisemitism can be seen throughout, roughly the past 150 years.

“Anti-Semitism is particularly the racialized, modern version of anti-Jewish hatred,” Best said.

Best said anti-Semitic values are most commonly seen in times of societal stress, referencing the 1920s and 1930s in America, as well as continued attitudes of anti-Semitism in communities that feel disadvantaged or stressed in the current economic climate of the United States.

“Jews frequently stand in as a generic villain, as something to put resentments of the system on, so that’s why terms like globalist or cosmopolitan or internationalist, these are frequently words used to identify things that are outside of the community,” Best said.

“Because Jews have pretty much always lived in the same places as Christians and have always been a minority in those places and have a long history of coexistence with Christians, they are usually the most convenient outsider or foreigner,” Best said.

While he does not apply those terms or identities to Jewish people, historically, those who take these anti-Semitic attitudes often come to this conclusion, Best said.

Barbara Pleasants said she has heard these ideas and rhetoric from Iowa Representative Steve King and has used white nationalist rhetoric while expressing xenophobic and anti-Semitic sentiment.

Barbara Pleasants also said she encouraged all of her students to speak out when they see or here any ethnic group being disparaged.

“I’ve taught the holocaust here, besides biology, for 25 years, and I talked to all of my students about this last night,” Barbara Pleasants said.

“What led up to the holocaust seems to be, especially for young people, a long time ago but we see very similar rhetoric right now.”