MARSTON HALL REOPENS PAGE 4
POLICE BLOTTER

July 18
An officer investigated a property damage collision at Mortensen Road and State Avenue at 4:01 p.m.

July 17
Durrell Graham, 23, of 636 Fourth St. Unit 1 - Nevada, Iowa, was arrested and charged with possession of a controlled substance, operating while intoxicated, improper use of lanes and failure to yield to an emergency vehicle at Dickinson Avenue and Steinbeck St. at 1:59 a.m.

July 16
An individual reported damage to a vehicle at Lot G7 at 12:38 p.m.
An individual reported damage to a vehicle at Lot 112J at 3:44 p.m.
Zachary Baulder, 19, of 14751 Wildwood Dr., Clive - Iowa, and Nicholas Peters, 19, of 4803 Ashley Park Dr., West Des Moines - Iowa, were cited and released for possession of alcohol under the legal age.

July 15
Alexander Mikhailov, 24, of 1307 Coconino Road Unit 307 - Ames, Iowa, was arrested and charged with public intoxication.
An officer investigated a property damage collision at Lot 47 at 7:27 a.m.
An officer initiated a drug related investigation at the Armory Building at 9:08 a.m.
An officer investigated a property damage collision at Lot 29 at 5:45 p.m.

COUNTRY MUSIC COVERS AMES MAIN STREET

Diana-Upton Hill performed at the Firefly Country Nights event in downtown Ames on July 17. Upton-Hill has been on tour this past year with rising country star Mitch Goudy, who was born and raised in Iowa. The two frequently co-write songs. Her newest single, "Do Love Well," is available on iTunes.

Firefly Country Nights is a country music festival put on by the Ames Main Street Cultural District. Brothers Osborne performed as the headliner, joined by Adley Stump, Forgotten Highway, Upton-Hill and Ames’ own Danny Grause.

“It’s a street-party experience with quality entertainment,” said Cindy Hicks, executive director of the Main Street Cultural District.

Megan Slattery/Iowa State Daily
Forget coffee, have a ‘cuppa’

Tea has done more for civilization than oil or coal

By Alex Felker
@iowastatedaily.com

Put down the coffee, sheeple, because it’s tea that you should be drinking.

And why is that? Well, there is, in fact, a reason. Tea is the most popular beverage in the world (excluding water). And that’s because it’s better.

Tea has been around for thousands of years. Worldwide, two billion men and women begin their day with a ‘cuppa.’ And more than oil, more than coal, more than man or horsepower—it has been the fuel of civilization’s march toward progress.

For although it’s an unfortunately undervalued beverage here in America, tea inarguably flows through humanity’s veins. Abroad, tea is recognized as a necessity—drinking tea is understood to be as must as required by the body as is breathing.

Not so much in the United States, however. Tea is oftentimes thought of as an ‘old woman’s drink,’ or perhaps something to be consumed when an individual has a sore throat.

This is simply not the case. Although coffee and tea each have claims to being a healthier drink than the other, that’s where the comparison ends.

Tea is cheaper. It has less caffeine, which means less jitters and less dependency. It calms, soothes and refreshes. Its flavor is much less bitter and jarring. And, most importantly, a fragrantly hot cup of tea in the morning provides the soul with something of the raison d’etre.

When a person drinks a cup of tea, they’re filled with a desire to do good. A desire to open up the closest window and gaze out upon the natural verdure of the world—to observe all the happy little bunnies and squirrels and ladybugs flitting around—and to say to oneself, “Oh, what a pleasure it is to simply exist!”

Coffee? It’s a drink for the disheartened. The disenchanted. It’s a swift kick in the gut. I can hardly make it halfway through a cup of the stuff without having at least one cynical thought. Usually two.

What’s more, tea is just such a great compliment to a full, round breakfast.

I’ve never been a great eater, per se, but I’ve always enjoyed its benefits. How wonderful life is on a full stomach—there’s no feeling like it. When I am so, I wonder at how evil exists, and then I have a bit of yogurt and fruit and I wonder at how hate exists, and then I have some cake and tea and wonder at how suffering ever existed, and then I start the day all the while wondering how all the world’s problems might be solved if I could just get a good crack at ‘em.

And yet there’s still a stigma about tea. Many believe it to be feminine. A drink for washed up spinsters and weak-stomached folk. Nothing could be farther from the truth. How about James Bond? He’s pretty masculine. Did you know that Sean Connery, Pierce Brosnan and Daniel Craig all prefer tea?

So I would recommend to the reader that they give tea a try. Staunch coffee enthusiasts, supporters of energy drinks any and all, go one week with a cup of tea to start the day. I think you’ll be surprised at how much more lovely the morning becomes.

But just remember; water before milk—and let steep for at least three minutes please—because a stronger tea does in fact make a stronger man.

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The Daily encourages discussion but does not guarantee its publication.
We reserve the right to edit or reject any letter or online feedback.
Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s). Phone numbers and addresses will not be published.
Online feedback may be used if first name and last name, major and year in school are included in the post.
Feedback posted online is eligible for print in the Iowa State Daily.
Marston Hall renovation now finished

By Alex. Connor
@iowastatedaily.com

Marston Hall has seen over 100 years of students, faculty and staff. Thanks to its most recent renovation, it will more than likely see 100 more.

The building, which has been home to engineering students and administration since its construction in 1903, has been renovated here and there as the university attempted to keep up with the years of wear and tear on the building. This time, Marston Hall has not only been patched up, but hollowed out and the inside reconstructed.

The Marston Hall Renovation began as a case study in 2007 and has since transformed into a nearly $20 million dollar project that aims to not only create a more nurturing and welcoming environment for its students but honor the legacy of the man who spearheaded many projects and landmarks in the Iowa State community.

The building is named after Anson Marston, the first dean of the College of Engineering. He designed several parts of the waterworks for Ames, including the Iowa State College sewage disposal system and the water tower, now known as the Marston Water Tower.

Wednesday the hall opened its doors to the first round of administration that will be finding a new home in the building after a renovation that lasted two years.

Originally named Engineering Hall, the building housed the College of Engineering, the Physics Department and the State Highway Commission.

Sarah Rajala, dean of the College of Engineering, said that when the building started, it was built to meet the needs of the college at the time.

“But the building is over 110 years old. It’s a historic structure in the context of the university, certainly engineering,” Rajala said. “And one of the things is, we definitely wanted to maintain that history and integrity, but to do a renovation that would meet the needs of students for many generations to come.”

So in efforts to create a better, more welcoming space that would meet the needs of the students, while still respecting the integrity of the building it’s needs, the Marston Renovation began.

Through philanthropic measures, the ISU Foundation, a private non-profit organization dedicated to “securing and stewarding private gifts and grants that benefit Iowa State,” raised the majority of the money used toward the restoration.

“There are no new state dollars in here,” Rajala said. “So, a big part of what I have been involved with is fundraising for the project.

“The college has committed resources, the university has committed resources, but a third or more of the funding is from private gift giving, close to $10 million.”

Jonathan Wickert, current vice president and provost and former dean of engineering, said that every student in the College of Engineering has to step foot in Marston Hall for one reason or another.

However, for students who have come to Iowa State in the past two years, they have never seen the interior of the building.

“What’s exciting about this project is that it will keep the historic character of the building,” Wickert said. “But what the project really does is it modernizes it and will make the interior of the building state-of-the-art.”

Wickert said that the beauty of the restoration is it keeps the blend of history but adds the modern technology and student services that the college wants to provide their students.

This includes two new interactive classrooms and one lecture hall, open spaces for sitting and studying, a quiet place to study in groups through private rooms and decorum to inspire a positive environment to learn in.

Kerry Dixon, the project manager for the renovation, said it was important in the design to open the building back up. Previous renovations over the years closed off sections of the building, leaving them hidden and forgotten.

Such as, steel from the Carnegie Steel Company in Pennsylvania was discovered. And when they removed major load-bearing walls on the western half of the building, they discovered the only thing holding up Marston was 20 shoring structures.

While Dixon said they faced challenges in the reconstruction, the majority of the work is finished, and all that will be needed is small touch-ups here and there.

Dixon said she’ll also be able to finally relax after Aug. 15. The building will officially open Monday, July 25, with final occupants moving in on July 27. There will be a rededication ceremony and open house in Marston Hall on Thursday, Sept. 29 at 4 p.m.
Tom Hill reflects on Olympics

Former Vice President of Student Affairs shares experience on the track

Editor's note: This is part four of a five-part series focusing on the Olympic sports coaches at Iowa State.

By Mike. Burpee
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Former ISU Senior Vice President of Student Affairs Tom Hill wasn’t sure if he’d ever get the chance to run again after tearing his ACL in 1970.

He had all the momentum behind him beginning the year as the No. 1 hurdler in the world.

Shortly into the season, however, his dreams were quelled.

Hill didn’t let the naysayers stop him from recovery, instead he chose to use his injury as motivation to push himself even further.

“If a doctor told me there was a 100 percent chance of recovery, I’d assume I was the one percent,” Hill said.

Hill rehabbed and didn’t compete during the 1971 season, but all of his hard work paid off the following year. He finished second place in the 1972 NCAA Championships for Arkansas State. Later in the year he competed for Team USA in the Munich Olympic Games.

He never would have guessed years before that he would be in the Olympics, let alone running hurdles.

“Dreaming is very, very important,” Hill said.

He remembers watching the games from the residence halls on campus andimagining himself on the track. Hill said that if he told people he hoped to compete they would probably laugh at him, because he didn’t show the ability yet.

Hill began his track career by competing in long jump and high jump for his high school team. He also filled in as needed for hurdle relays.

The Arkansas State head coach recruited Hill specifically for his hurdling ability.

In order to represent team USA, Hill had to finish in third place or better at the Olympic Trials. He treated each meet he ran in with that mindset – finish third or better.

The strategy worked, taking him all the way to third best in the world. Hill not only ended up representing the United States in Munich, but the Army as well.

“That race was the peak of my career,” Hill said.

Over 80,000 people were in attendance and witnessed Hill’s greatest accomplishment. He said that although there was a huge crowd, it can’t take control of an athlete. There has to be a balance between nervousness and confidence from all the preparation put into training. The main thing is to not let the emotions take over.

Hill ran the 110-meter hurdles in 13.48 seconds – fast enough for third place.

Though a bronze wasn’t his goal coming in, it felt better to leave with a medal than go home empty handed, Hill said. There was a great deal of pride to be contributing to team USA.

“They announced first and second place and then third place became even more important to me,” Hill said. “After what seemed like an eternity it was announced I got third place. There was a tremendous relief and I was really pleased, although it wasn’t what I set out to accomplish.”

As the years continue to distance themselves from those Olympics, Hill has gotten more of a chance to reflect on what he accomplished. He has also seen how the collegiate sport has changed over the years, and how the Olympics bring more light to the competition.

“I find it interesting how enamored everyone gets every four years,” Hill said. “Everyone wants to know who the fastest human being is or how the big named athletes end up.”

Hill’s journey was full of ups and downs but in the end he made sure that his dream came true.

“It’s an experience unlike that of any other,” Hill said. “I’ll never forget it, and it will always be a part of me.”
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Several Iowa artists will take the stage at the 515 Alive Music Festival on July 22 and 23 to celebrate its 14th year. Shows are at the Western Gateway Park in Des Moines. Last year’s festival included artists like Waka Flocka Flame, Eoto, The Floozies and Snails.

Brandon Miller, promoter and stage manager, joined the 515 Alive team this year. Miller attended for three years as a concert-goer, but said he wanted to work “behind the scenes” to support his friends and other artists that he had watched for years.

“I have a lot of friends who make music,” Miller said. “Not many festivals give local hip hop artists a chance to perform at festivals of this size, so we look at it as a huge opportunity.”

Local Ames rap artist Aaron Newman, or “Newmoney,” credited his friends’ support as making his music possible.

“Without my boy Rascal, there wouldn’t be a Newmoney today,” Newman said.

This is Newman’s fourth time performing at 515 Alive. He travels to downtown Des Moines each year to watch the city come together.

“Everyone unites. You get to see what other artists have been working on and you get to network,” Newman said.

This year, the festival is adding more hip hop acts. California native Jona-than Douglas Webber, or “Zeaphy,” will play his third time on the stage. Webber plays the keyboard and produces music. Zeaphy will perform at 9:40 p.m. Saturday.

Although he resides in Des Moines now, Webber says he looks forward to the festival.

“I think it’s so special because you get the chance to be outside in the summer in downtown Des Moines,” Webber said. “It’s not everyday they set up stages and bring national hip hop and DJ acts.”

Artists are not only from Iowa, however. Panama City Beach resident Ethan Stevens, or “Stan Halen,” is also playing at the festival.

“This will be my first year playing at 515 Alive and also my first performance in the state of Iowa,” Stevens said.

Stevens chose the name after watching the Television show “Workaholics” with his roommates.

“My career started shortly after I graduated high school,” Stevens said.

“After a few months of networking, I was taken under the wing of a few different local artists.”

Nick Low-Beer and Zack Hayes will play their first time at 515 Alive this weekend.

“Wuzu is a chant of the Amazulu tribe from South Africa,” Low-Beer said.

They live in New York and New Jersey but will come to Iowa for the opportunity to entertain the crowds alongside popular artists.

“We’ve worked hard to come to a point where our music can stand beside these big names.”
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ITEM DROP-OFF AND SALES:
Sunday, July 31 (noon to 6 pm)
SALES ONLY:
Monday, Aug. 1 (noon to 6 pm)
SALES ONLY:
Tuesday, Aug. 2 (noon to 4 pm)

Rummage RAMPage is a new event to encourage the reuse of items instead of sending them to the landfill. Donate furniture and housewares. Shop for your new home. Snag a bargain. Save the earth! Everyone is welcome to donate or shop. Volunteers are needed to help at the event - and non profit agencies share the profits!

For more information go to: cityofames.org/rummagerampage

SUDOKU

LEVEL: 1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.
For strategies on how to solve Sudoku, visit www.sudoku.org.uk

CROSSWORD

DOWN
1 Satisfy, as a loan
2 Like most triangle angles
3 Chooses at the polls
4 USNA grad
5 Slight trace
6 Symbol of financial losses
7 State firmly
8 For each
9 Malaga Mrs.
10 Best-seller list
11 Mimic
12 West African country
13 Jazzy Fitzgerald
18 Indian bread
19 “To your health,” to José
24 Big-screen format
25 Russian rejection
26 “That’s clear now”
28 Angels shortstop Aybar
29 Sear
30 Operate with a beam
31 Kept in view
32 Halt
33 Zone
34 Alaska, once: Abbr.
38 Obscene material
39 Glazier’s fitting
40 Tough spot
42 Newton or Stern
43 Inundated with
45 Needle’s partner
46 Sadat’s predecessor
47 Leave out
50 ’50s Ford flop
51 Typical
52 Hot-headed Corleone brother in “The Godfather”
53 Moby Dick chaser
54 Fiddling emperor
55 “... Brockovich”
56 Flying prefix
59 Gold, in Granada
60 Insane
61 Record label initials across the pond

ACROSS
1 Thumbs-way-up reviews
6 Knocks with one’s knuckles
10 Not feral
14 Low-budget, in company names
15 Happily __ after
16 October birthstone
17 Hexes
20 Dined
21 Twosome
22 Heart chambers
23 Positive thinker’s assertion
25 Cleopatra’s river
27 Surprised party, metaphorically
32 Beelzebub
35 Oboe or bassoon
36 Baled grass
37 “Jurassic Park” terror, for short
38 Meanspiritedness
40 Home plate, e.g.
41 Above, in verse
42 Apple computer
43 Showed on television
44 Destination not yet determined
48 Detest
49 Oscar-winning film about Mozart
53 End of __
56 Yard sale warning
57 British mil. award
58 Beatles song, and a hint to the hidden word in 17-, 27- and 44-Across
62 Opera solo
63 Like a steak with a red center
64 “That is to say...”
65 Double O Seven
66 "PU!" inducer
67 Willy-__: sloppily

LEVEL: 1 2 3 4

1 6 2 7 4 3 8
6 3 8 7 2 4 6 8 3
7 1 5 7 1 5
5 4 1 5 4 1
8 8 8 8
9 6 4 7 9 6 4 7

SUDOKU

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.
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Saturday - Karaoke Night

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