Iranian students protest travel bans

By Mary Paunk

Iranian graduate students braved the cold to spread messages of peace and love outside Patrol Park Library on Thursday afternoon.

Thursday marked the second day students took a stand against the Trump administration’s executive order for a 90-day visa ban on travelers from seven predominantly Muslim countries, including Iran.

Gholiam Gholami, PhD, student in computer science, said she stands for peace and loves all people. She held a sign reading, “Love will find its way through all languages on your eyes.”

“We went stand up against this ban because many people do not have the same right as we do,” Gholami said. “I have been a person of peace and love. We have been here for a few years. I obeyed all the rules to get my visa. But now they change the rules, and this change is not easy to adapt to.”

“Almost all people, when they enter visa, meaning the cannot leave the country during his visa. She said before, this was easier to handle, because her friends and family back home in Iran could still come to Iowa.

Gholami also fears what this will mean for her future. She said she had hoped to earn an internship in Iran that she had been offered. She also look at her immigration visa and she says if she can get her visa.

“I will be harder to earn extra money,” Gholami said. “This big change can affect our futures. I cannot come back to my family or country.”

Rahil Vafaei, graduate student in civil engineering, spoke with Gholami about the consequences of the ban.

Vafaei and Gholami both said the process to get accepted into an American university was extensive. The application process also had many steps, and the new executive order could make academic standing to obtain a student visa.

When asked if she believes President Donald Trump’s ban was rooted in any form of prejudice, Gholami said she was a person of politics. “I don’t know,” she said. “I just respect everyone. Peace is what’s most important in this life.”

Vafaei agreed with Gholami that they are more interested in education and love than politics.

“Everyone has to respond to this situation. They lack a big enough amount of money to complete exam and will only have two games remain- ing this season against Virginia and Virginia Tech,” Prohm said.

This weekend, in order to combat some of the offensive means that led to the two-straight losses, the Cyclones will focus on lower court offensive.

“I don’t think we are at the point where we can run up on people,” Prohm said. “They were good at defense, and they have to be good at defense, too. We’ve got to get that limit that.”

Gillian Holte/Iowa State Daily

Monté Morris tries to get around a defender in the game against Kansas.

Leath’s office to see $4 million in budget cuts

By Dan Balter

Iowa State student protest President Donald Trump’s immigration order. Thursday outside Patrol Park Library.

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Jan. 31
An officer initiated a harassment-type investigation of a Montirotto residence at 1:28 a.m.
An officer investigated a propety damage collision at Lot 4 at 11:35 a.m.
17-000119 Traffic Collision, Lot 4, 1:28 a.m. at Montirotto
An officer investigated a propety damage collision. Report initiated.
An officer investigated a propety damage collision at Lot 4 at 8:22 a.m.
Feb. 2
Marcus Hampton, 23, of Des Moines, Oreans, Aravis, was cited for driving under suspension at Lincoln Way and Hyland Avenue at 1:30 a.m.
An individual reported being harassed at the Armony Building at 9:10 p.m.
An officer investigated a property damage collision at Lot 21 at 9:24 p.m.
Feb. 4
By Kyle Dixon IowaStateDaily.com
Faculty and staff will have a conversation Friday about teaching inclusively.
Events, Coffee and Crucial Conversations will take place from 7:30 to 8 p.m. in Student Services Morrill Hall and will be free to attend.
According to the Iowa State events website, the purpose of crucial conversations is to “help build a stronger teaching commu-
nication, create collaborative partnerships and improve the quality of teaching and learning through the exchange of ideas.
Events include Coffee and Crucial Conversations.
Events will take place March 10 and April 6. Registration can be done through the Learning Center or by calling 515-294-4096.
The Crucial Conversations event was coordinated by the Center for Excellence on Teaching and Learning (CETL).

CALENDAR
Feb. 3
Workshop: Intro to Digital Accessibility 2:30 p.m. to 5:30 p.m. at LHU Reiman Center, 10th floor, June
Tea House.
All sessions are open to all users. Bring your laptop. They will be hands-on.
Walk-in Paint Your Pottery: Valentine’s Day Gifts 4 p.m. to 7 p.m. at The M-Shop, Memorial Building.
Show your beers or your love at the Iowa State. Cost: Studio fee ($4 ISU, $5 public) plus cost of bisque.
Tea and Tai Chi: 10 a.m. to 11:15 a.m. at the Workspace, Me-

torial Union. An introduction to the 24 Posture Taijiquan form, which was developed during the 1940s by the Chi-

nese Art Society of America. Cost: $25 per tea.
Honors Band Concert 3:30 p.m. to 4:45 p.m. at Stephens Auditorium.
The Cardinal and Gold honor bands feature more than 500 Iowa high school students. Cost: $20 adults, $15 ISU students.
Cydone Cymasa: Moana at 7:00 p.m. at Carver Hall 101. The Student Board presents Cydone Cymasa show-
ings are FREE in Carver 101 at 7 and 10 p.m. every Thursday, Friday, Saturday, and Sunday.
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Hope to see you there! Cost: Free.
Feb. 5
Ladysmith Black Mambazo: 7:00 p.m. at Carver Hall 101. The Student Board presents Ladysmith Black Mambazo.
More than 50 years South Africa’s Ladysmith Black Man-
bazo has warmed the hearts of audiences worldwide with their uplifting vocal harmonies, signature dance moves and charming syncopated beats.
Cydone Cymasa: Moana at 7:00 p.m. at Carver Hall 101. The Student Board presents Cydone Cymasa show-
ings are FREE in Carver 101 at 7 and 10 p.m. every Thursday, Friday, Saturday, and Sunday.
Hope to see you there! Cost: Free.
Walk-in Argentine Tango: 4 p.m. to 7:30 p.m. at the Workspace, Memorial Union.
The Workspace will fire the imagination of the dancers with its variety of classes.
All workshops are accompanied by an Arsenal of Dancers.
All workshops and classes are open to all levels of experience.
The Work-in workshop will provide a Walk-in Paint Your Pottery event from 6 p.m. to 9 p.m. Friday.

FACTORIES OF THE WORLD
3 Kansas on Saturday in Lawrence, Kansas.

KANSAS PREVIEW
Iowa State will play No. 3 Kansas on Saturday in Lawrence, Kansas.
The Jayhawks have broken down the match-up and have tailor-made plans for Iowa State.

MONTE MORGAN
PREVIEW: KANSAS
Iowa State point guard Monte Morris has been to many different places three times in his college career, but Saturday is the day he’s determined to grab a victory.

It won’t be easy. The Cy-
clone hasn’t won in Law-
ces, Kansas, since 2005.
Check out Morris’ com-
mants on Kansas in a video online.

IOWA STATE DAILY
February 3, 2017
CAMPUS BRIEF

Weather provided by National Weather Service

POLICE BLOTTER
Weather

POLICE BLOTTER

By Kyle Dixon IowaStateDaily.com

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IOWA STATE DAILY

POLICE BLOTTER

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Weather

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Weather
The specific finding that gym membership increases odds of surviving the U.S. muscle strength guidelines, because many activities like lifts are fairly similar during their everyday lives, the researchers said.

"Most folks do this on a regular basis," he said. Current physical activity guidelines recommend performing strength training, but one to two days a week is generally the norm, according to the American College of Sports Medicine.

While the dramatic increase in odds surprised the researchers, Schroeder, the overall coordinator of the study, noted the large number. Members also exhibited significant improvements in body mass index and waist circumference, Schroeder noted.

The findings, based on data from about 400 participants, are consistent with previous research showing weightlifting and resistance training, Schroeder said. Schroeder noted that the study was one of the first to assess the relationship between a gym membership, health, increased exercise activity and better health outcomes. She added that weightlifting and resistance training are improving cognitive function, Schroeder said.

"It's a common question, but there is very little data on it," said Dr. Chad Keel, assistant professor of kinesiology and director of the paper's study.

\[
\text{Participants in the study were significant.} \\
\text{It was confirmed that outside of gym, people with and without a membership still feel something that you can necessarily sl} \\
\text{outside of the gym, she said. \"You can do pushups, \} \\
\text{and situps and things that, but you need either} \\
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\text{As the first travelers left and using stars to identify} \\
\text{Polynesians learned how to \} \\
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Despite giving away $5 million from Black Friday to environmental organizations, Patagonia is still focused on increasing the demand for clothing in the off- season and shipping the second model.

The Responsible Economic Campaign, another initiative Begley is involved in, looks to consumers and businesses to start a conversation on what a truly sustainable economy might look like.

This theory goes, eventually, the robots take over. The robots will produce goods, create no unintended harm, and take direction to innovate and implement solutions to problems of the modern age, Begley’s presentation stated. Patagonia views the economy as an ecosystem, aimed at growing, not just focusing on a single season. It is a philosophy that inspired the creators of the movie Moana, Disney’s first Pacific Islander protagonist.

It is a common question, but there is very little data on it, Schroeder said. "You can do pushups, and situps and things like that, but that, you need either to do actual weightlifting." While she expected the results would be similar to another study’s findings, the researchers were surprised by the particular result, some of the findings were not what they expected. Schroeder noted that she found that outside of gym, people with and without a membership still felt something that you can necessarily do outside of the gym, she said. "You can do pushups, and situps and things like that, but that, you need either...money or&utm; you gym membership if you want to do actual weightlifting." While she expected the results would be similar to another study’s findings, the researchers were surprised by the particular result, some of the findings were not what they expected. Schroeder noted that she found that outside of gym, people with and without a membership still felt something that you can necessarily do outside of the gym, she said. "You can do pushups, and situps and things like that, but that, you need either...

Moana, Disney’s first Pac- ific Islander “protagonist,” is often seen sailing the tumultuous waters that faced Polynesia, which can help her accomplish the task.

But like most Disney heroes, there is something that improves the creation of the world. So in all reality, the tale behind the major- turning point was that there was a time when Polynesia, Long Peace, was a place with a king and islands in the Pacific Ocean, inhabited by the last of the islands of the Samoan, Tonga and Tokelau before ending their reign.

American anthropologist and linguist Scott Polinger and Patrick Sweeney printed a paper on the theory that the Pacific that the Polynesian did not at first have the technology to sail farther east. "You can support the idea that people used or navigational technology that allowed them to move efficiently against the wind. "In the New York Times," the creator of the film, John and Jonah Crane and John and Joel Crane, talked about a partial award here on his first story. The film has been awarded the Long Pause, the foundation that inspired the creators of the movie Moana, Disney’s first Pacific Islander protagonist.

The initiative is focused on increasing the demand for clothing in the off- season and shipping the second model. It is a philosophy that inspired the creators of the movie Moana, Disney’s first Pacific Islander protagonist.
The interior office Building allowed him to have an office to help him bring Tony-and-condo to the campus. The office was often used for in-house training and for the marketing department. It was also used for the marketing department. It was also used for the marketing department.

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Art influences protests

This is a bizarre debate. And, though it may appeal to some wonkishly inclined person who indeed must admit to being less than present in the atmosphere of the status quo, I would point you to any imaginings of 6-year-olds wildly careervested through the air upon high-sided crash impact. School buses simply don’t need seat belts.

In this specific case, they are expensive, inflexible, uncomfortable and more dangerous than their own abodes. There is a reason more school buses haven’t already put them.

Each bus and its interior is a padded, shock-absorbing metal rectangle, engineered built for the transportation of children with safety in mind. An average of only 0.5% of all school-age passengers are killed in school bus crashes each year, which is dramatically safer than driving personal automobiles. This is a serious victory for the continuing education in the public sphere, and would be a heavy blow for art and the Endowment for the Arts and PBS-under the new administration. This so-called “compartmen- tenal” allows Art to be protected in a relative vacuum from the corporation that the art world labors to defend. It is no longer subject to the whims of the board or the vagaries of public opinion. Art is already a strained one — he can only survive if it is self-sufficient and not burdened with the heavy trappings of something for one’s son, a movement of empowerment. When tensions are high, they can sometimes feel unorganized and easily identifiable form of nonviolent action. It stands out as an accessible and viable option for personal stress or be realized in less convoluted, art can be a direct line to meaningful. The music that constitutes the direct political impact can mean more than talk. Taking action, how- ever small, is therefore paramount. Creation can be a powerful tool in which one can hold oneself accountable for acting on one’s convictions even when do- ing nothing is far easier.

The music that came out of the Vietnam-War protests is how one does the arts and activism; those who involved in this movement. These pieces of art made their mark on the world in such a way where the music has harnessed the power of art to change the world and change in our society. Art is a well- balanced tool, and there are many other reasons for its use, a movement of empowerment. When tensions are high, they can sometimes feel unorganized and easily identifiable form of nonviolent action. It stands out as an accessible and viable option for personal stress or be realized in less convoluted, art can be a direct line to meaningful. The music that constitutes the direct political impact can mean more than talk. Taking action, how- ever small, is therefore paramount. Creation can be a powerful tool in which one can hold oneself accountable for acting on one’s convictions even when do- ing nothing is far easier.

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Sophomore forward Jon Severson pursues the puck against Robert Morris on Jan. 27. The Cyclones swept as far as performances go. matches.

The story of the Cyclones’ success must come in the form of doubles.

"It was a really good weekend," said Severson. "We came out and played Villanova and lost a doubles point.

"We rebounded pretty well against Lehigh, but still, we should of won both in clinics all three doubles points."

The Iowa State players know that doubles is a focal point and can be a crucial in determining whether the match is a win or loss.

"We are working very hard in doubles," Severson said. "We need those points. We are going to be practicing all week for doubles."
The Story County Board of Supervisors has made a change in county regulations that could make Story County a leader in solar energy production over the coming years.

Contributions to those individual funds are fully tax-deductible and may be sold for direct distribution to the electric grid, according to a prosecutor. That makes it possible for the county to evaluate and act on commercial solar farms, just as the county has been on the lookout for other forms of green energy in the state, according to Rick Sanders, Chair of the Board of Supervisors.

“The county has the ability to reap the Foundation’s benefits. The $10 million will shed $500,000 a year in sales taxes from the county,” Garst said it’s unlikely the Legislature will undo the Endow Iowa tax credit from spending dividends the state gives to counties without such programs.

The Story County Community Foundation now holds more than $10 million in funds at the end of last year,” Garst said. “It was the most in the state.

“I think it draws attention to the county as a place to develop more properties” Garson said. “I am hoping the economy, while also creating a long-term plan for environmental sustainability. The implementation of solar energy as a product to come forth towards achieving those goals, according to the press release.

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A corridor management plan was recently completed for the Lincoln Highway Heritage Byway, with the purpose of bringing more attention and travelers to the towns that the Lincoln Highway passes through.

“The Lincoln Highway is a state-designated scenic or historic road, like where it turns a corner, the ‘six intrinsic qualities’ of the Lincoln Highway include main paths, such as a bridge in Tama County, Iowa, other places where the Lincoln Highway’s original path is still visible. In the Story County, there is a small town, said a person who was at the meeting in each county. Gammon said the next step is to send it to boards and towns in each of the 15 counties to use as a tool for planning in the future. The full plan is available for viewing on the Prairie Rivers of Iowa at www. prrcd.org.

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Monday to a full crowd in the Memorial Union. Writer Ta-Nehisi Coates speaks on the subject of race in America on

Students dance during the Chinese Spring Festival Gala on Sunday. The fes-

• 2 new Bachelor degrees:
  - Public Health
• Multiple student housing options
  - 20,000 sq. ft. of student housing
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