Summer in Ames just got a little livelier. This year, The Register’s Annual Great Bicycle Ride Across Iowa (RAGBRAI) will be going through Central Iowa. Starting in Onawa and ending in Davenport, bikers will stop overnight in Denison, Jefferson, Ames, Newton, Sigourney and Iowa City. RAGBRAI has not stopped overnight in Ames in 10 years.

For the first time in RAGBRAI history, riders will get to experience Iowa’s two largest college towns, Iowa City and Ames, in the same ride. This will be the first time Ames has hosted RAGBRAI since 2008, and many Iowa State alumni are excited.

Fred Heinz of Mason City, Iowa graduated from Iowa State in 1978 with a degree in fisheries and wildlife biology.

"By far and away, [attending Iowa State] was the best experience of my life. I lived out at the towers in Storms residence hall for three years," Heinz said. "I loved Iowa State, it was fantastic."

Heinz has been riding since he was about fourteen years old, and has participated in around 10 RAGBRAIs since 1973, its second year. Typically, he only participates when the annual ride has a route in Northern Iowa near his home, however he is thinking about riding this year with an old college friend.

As advice for first time bikers, Heinz suggests riding more miles than the actual route.

“Ride at least as long as the ride, get in five hundred miles but, I would say more is better. Also mix in some longer rides because that’s the key, time in the saddle,” Heinz suggested. “It’s no big deal to ride an hour maybe but when you start riding on the bike for like five or six hours then you’ll start to take your toll.”

What Heinz likes most about the annual ride is the fact that so many people with a similar interest in riding get to enjoy this fantastic “bicycle spectacle.”

Rick Benak, who earned a mathematics degree at Iowa State University and returned the next year to earn his Masters in Math Education, says he is excited to ride back home.

"I’ve ridden RAGBRAI since 2008, so I’m very excited.([Iowa State Daily 2018])"
Does Iowa State have a college yearbook?

The answer is Iowa State used to publish a school yearbook, but it no longer does. The class of 1894 published the first yearbook and named it “The Bomb.” Incidentally, George Washington Carver, Iowa State’s first African-American student, was a graduate of this class and the yearbook is one of the few records that documents his student experience at Iowa State.

Have a question you’d like answered? Email askadonijah@iowastatedaily.com.

BY IOWA STATE UNIVERSITY LIBRARY SPECIAL COLLECTIONS AND UNIVERSITY ARCHIVES STAFF

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“The Bomb” ran into financial difficulties during the 1990s. Since the yearbook was a student-run endeavor the administration was reluctant to provide financial support and “The Bomb” ceased publication in 1994. The yearbook remains one of the best sources of information for those wanting to study student life at Iowa State, but there are significant omissions. For example, there is almost no record of the graduate student experience and pages devoted to racial and ethnic minorities are few. The library recently finished digitizing “The Bomb” so everyone can view the yearbooks through the library’s Digital Collections. Of course, there are still physical copies of the yearbook available in the library, so those of you who like to read books the old-fashioned way still have that option, too!

Have there always been women’s sports at Iowa State?
The answer is yes. Prior to Title IX, there were indeed opportunities for women to participate in athletics, but the competition was not intercollegiate. When the first students enrolled at Iowa State, compulsory work and military drill left little time for organized sports teams. Although women were not required to drill as the men were, the female students did establish a voluntary drill company in 1878. This represented the earliest organized physical extracurricular activity for women on campus.

In 1908, Winifred Tilden, who was then head of Women’s Physical Education, started the Iowa State Women’s Athletic Association (WAA). The WAA supervised athletic games and team clubs for basketball, hockey and tennis. At this time, games were between the different classes (seniors, juniors, sophomores and freshmen). Women were able to letter in a club sport and earn athletic jackets and blankets. Women’s sports teams at Iowa State started playing against other college teams, mostly in Iowa, by the 1950s. This would expand to include playing regional tournaments outside of the state, particularly in golf. With the passage of Title IX, Iowa State’s women athletes received more opportunities and greater recognition. I encourage you to support your favorite team and cheer them on!

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Society incites violence in men

BY CAITLIN YAMADA
@iowastatedaily.com

John beat Mary
Mary was beaten by John
Mary was beaten
Mary was battered
Mary is a battered woman

This example, as shown by Jackson Katz in his Ted Talk “Violence against Women—it’s a Men’s Issue,” is just one example of how toxic masculinity reshapes our thinking.

“It tends to lean toward hyper-violence, hyper-sexualization, a disregard for anyone other than the man standing there in front,” said Michael Goebel, lecturer of sociology.

When teaching about toxic masculinity, it’s important to understand that professors and advocates can’t just “rip the carpet out from under people,” according to Goebel, it has to be something that is done from the inside out for most men.

“I have found in forty years of activism that the toxic/healthy dichotomy [in masculinity] doesn’t resonate for many men,” Michael Kimmel, one of the world’s leading experts on men and masculinities and a distinguished professor of sociology and gender studies at Stony Brook University, said during an interview with Signs Journal.

“I feel that when we come to them and talk about toxic masculinity, they very often think that we’re telling them they’re doing it wrong, that they’re bad, and they have to change and give up their ideas of masculinity, the toxic ones, and embrace the new one,” Kimmel said.

Denise Olver-Acevedo, senior lecturer of English, also states toxic masculinity shapes the idea that violence equals masculinity.

It is important to understand the difference between masculinities and toxic masculinity, according to Goebel. It is also important to understand that when speaking about masculinity, people are usually referring to “masculinities.”

Masculinity is shown through traits such as independence, courage and assertiveness. When looking at research, Goebel points out masculinity is usually referred to in the plural.

There are many different types of masculinity, from queer masculinity to geographical masculinities, and none of them are right or wrong, but it is an ongoing process which changes depending on the codes that members of these masculinities receive from society, Goebel explained.

“Masculinity tends to always encompass the same traits, but it tends to be more monolithic, or characterized by masstiveness, total uniformity, rigidity, invulnerability. It’s the worst characteristics that we associate with men taken to their logical end, and bought into,” Goebel said.

Toxic masculinity is also not restricted to any one race or identity. In Kimmel’s film, “Tough Guise: Violence, Media and the Crisis in Masculinity,” Kimmel discusses how race is shown in media.

“Latino men are almost always presented either as boxers or criminals or tough guys in the barrio, and Asian-American men are disproportionately portrayed as martial artists or violent criminals,” Kimmel said in the film.

How men learn toxic masculinity

In gender studies courses, professors are trying to break the hegemonic, or ruling or dominant in a political or social context, binary of masculinity and femininity.

“Basically we’re asking them to renounce Vin Diesel and embrace Ryan Gosling. And men won’t go for it. They’re too afraid to let go of things because you think they’re unhealthy,” Kimmel said during an interview with Signs Journal.

This toxic masculinity plays out in various forms and in different stages in life. When young, boys are taught they should follow a strict set of codes, and if they do not, they are called “a sissy” or “gay” or other words that are seen as negative to the masculine image society is trying to portray.

Masculine

“Pertaining to or characteristic of a man or men” or “having qualities traditionally ascribed to men, as strength and boldness.” This characteristic is a social construct that defies gender and sex and is not restricted to any one kind.

Toxic Masculinity

The most hyperbolized, or exaggerated, form of hypermasculinity, according to Michael Goebel, lecturer in Sociology
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STUDENT PREPARES FOR RARE DISEASE DAY EVENT
Hannah Dannewitz, graduate student in human development and family studies, prepares zebra-striped ribbons on Feb. 7. The ribbons will be used for the Rare Disease Day event, which is to take place at 6 p.m. on Feb. 28 in the Gallery Room of the Memorial Union.

POLICE BLOTTER

2.6.18

An officer investigated a property damage collision at Haber Rd and N University Blvd (reported at 8:03 a.m.).

An officer investigated a property damage collision at 3000-Blk Mortensen Rd (reported at 11:02 a.m.).

An officer investigated a property damage collision at Mortensen Rd and Dotson Dr (reported at 11:26 a.m.).

An individual reported a vehicle exited the ramp without paying at Memorial Union (reported at 3:04 p.m.).

An officer checked on the welfare of an individual at Thielen Student Health Center (reported at 5:22 p.m.).

An individual reported damage to personal property at 72 Frederiksen Court (reported at 10:29 p.m.).

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.
Android is better than Apple

I know Android being the better option is not the most popular opinion, but hear me out. I have always had an on and off relationship with Samsung and Apple, or more specifically the Android and iOS operating systems. I was an avid iPhone user for the last few years, but a few months ago I decided to switch back and get a Galaxy Note 8, and I am glad I did.

It was not easy switching to a completely different system after some time; not to mention, most of my family and friends still have iPhones, meaning things like FaceTime and iMessage are unavailable on my phone. Still, losing the sync between my phone and other devices, like my MacBook and iPad, or some of the popular ways to communicate with others was worth it.

There are just so many more options for customization and features on Android. For starters, you can set up or customize your Android phone much more than an iPhone. Whether it is something like widgets, themes, icons or live wallpapers, customization is much more open on an Android device.

Androidization is much more open on an Android device. For starters, you can touch on. That being the case, if a person is safe and responsible with their phone then there is really not much of a risk. Android devices just have so many more options and are at least worth a try, especially when considering things like fast charging or the wider choice of phones. For example, having a phone like mine with a stylus, and being able to put emphasis on visuals and note taking, versus someone wanting something like the storage on Google Pixel 2. So the vast options are not just within the phone but between them as well.

Not to mention, more and more people are actively using Android devices. In fact, the number has just hit 2 billion. Many people are joining the Android community and I would welcome all iPhone users to give it a shot. So if you are bored of the same thing, want some more options or whatever your reason is, choose an Android device that works for you and experience those features and the many other pros and possibilities of an Android phone I did not touch on.

Although Androids have many more improved features and options compared to an iPhone, it comes down to what you would like and what is best for you.

The gender pay gap is a reality

The wage gap and other disparities between men and women in the American workforce exist. It is in no way a simple problem and there is no one reason these exist. But discounting the wage gap and giving organizations a pass for any number of excuses is not helping anyone.

While the gender pay gap is slimming, it still exists, according to a study from Pew Research Center in 2017. In 2015, women made 17 cents less for each dollar a man made. The good news is the wage gap is smaller for the newest generation entering the workforce. Pew Research found "women were more likely to say they had taken breaks from their careers to care for their family." Some argue the pay gap is fair because of this, but this is one of the primary reasons that pay gap is unfair. As a society, we can’t expect women to take caregiving roles in their families, which by the way is free labor in most cases, and then decide not to pay them as well at work.

Our own institution is not immune from these workplace gender disparities. In 2017, the top highest paid positions at Iowa State were all men. In almost every level at the university, there is a gender disparity, whether that be low representation of women or differences in wages. Some argue looking at Iowa State’s 2017 salary data alone doesn’t take into account what goes into a salary and therefore cannot point to gender inequality, but come on? If it’s not simply men being paid more than women with the same or better qualifications, then it’s another gender disparity. Sure there are certain fields and positions that pay more, but if women aren’t holding those positions and aren’t in those fields, doesn’t that say something, too? And if nothing else, the salary disparity shows women are not being granted the same opportunities for success at work.

In a previous editorial, we wrote that the cultural shift of women in leadership is needed to make better decisions that help benefit both women and men. We need to teach young people that professional success should be based on merit and work ethic. We need to show there are not certain jobs meant for men or women and there is no reason a man should be paid more than an equally qualified woman. Together, we can solve this problem. But we can’t do that if we continue discounting it.
Signed. Sealed. Ready to play.

BY BRIAN MOZEY
@iowastatedaily.com

Iowa State football came into today with 18 recruits already having their national letters of intent signed, but the Cyclones still had three more spots left to fill. They filled them pretty quick and by noon the 2018 class was finalized.

Along with the 21 signed players, coach Matt Campbell and his staff had 11 other players become walk-ons for the start of the 2018 season.

Campbell said the staff did a great job with working together and filling in the spots that were needed to build the roster back up from the seniors that graduated last season.

Now, there’s validity with the Liberty Bowl win and that’s the way he plays,” said offensive coordinator Tom Manning.

Quarterback
Campbell needed a handful of quarterbacks and he signed a couple quarterbacks with Re-al Mitchell and Brock Purdy. Mitchell is looking to Marcel Spears Jr. for leadership with these new recruits.

Defensive Linemen
The defensive line for Iowa State lost two key players in J.D. Wattson and Vernell Trent, but Campbell was able to sign three new recruits (Isiah Lee, Will McDonald and Zach Petersen).

Lee recorded 65 tackles and 11 sacks last season, while McDonald had 130 tackles and 23.5 sacks over the past two seasons. Petersen finished his senior year with 52 tackles and 10 sacks.

“I appreciate what it means to a young man for him to work together and filling in the spots that were needed to build the roster back up from the seniors that graduated last season.

Now, there’s validity with the Liberty Bowl win and that’s the way he plays,” said offensive coordinator Tom Manning.

Linebackers
After the departure of Joel Lanning, Campbell is looking to Marcel Spears Jr. for leadership with these new recruits.

Chandler Purdrehmacher, Mike Rose and Gerry Vaughn are the out-of-state linebackers that posted 137 tackles altogether during their senior seasons. Rose, from Ohio, and Purdrehmacher, from Wisconsin, recorded 53 and 57 tackles, respectively.

“(Purdrehmacher) is a versatile guy. He can play a lot of positions,” said linebackers coach Tyson Veidt.

Defensive Back
Campbell and the coaching staff signed four recruits consisting of Greg Eisworth, Anthony Johnson, Jarreyton Morton and Dallas Taylor-Cortez.

At Trinity Valley Community College, Eisworth recorded 47 tackles and two interceptions, while Johnson finished with 36 tackles and four interceptions at St. Petersburg High School.

Morton was named to MLive Detroit Dream Team after a 48-tackle and three-interception season.

Taylor-Cortez finished his high school career with 37 tackles and three interceptions.

“(Morton) reminds me a lot of Brian Peavy,” said cornerbacks coach D.K. McDonald.

Special Teams
Campbell said he doesn’t usually offer scholarships to special teams, but Cony Dunn and Brayden Narveson are coming to Ames on scholarship. Dunn averaged 40.1 yards on 33 punts last season at City College of San Francisco.

Narveson went 10-for-15 on field goal attempts last season, while connecting on 40 of 43 extra points.

As of this afternoon, Iowa State was ranked 51st as a team for recruiting, according to 247Sports.

Now, Campbell and the coaching staff will have the opportunity to build those players to reach a Big 12 Championship and National Championship.

“Great things are coming,” Campbell said. “This journey is just beginning.”

Iowa State head coach Matt Campbell introduces five new players from the class of 2018. The Cyclones signed 21 players to scholarship to add onto the 2018 roster.
Flor brings synth-pop to M-Shop

BY TANA.GAMAD
@iowastatedaily.com

Dropping into the Maintenance Shop while on their first ever headlining tour is the band Flor. The indie-alt group will be performing tonight at 8 p.m.

The four-man band has previously worked with the likes of Lostboycrow, Lights, Smallpools and even giving Halsey support during her last full, North American tour. Other bands it has toured with include Colony House and COIN, the latter of which performed at the M-Shop in April of 2017.

Flor is currently on its “come out. you’re hiding” tour, named after its 2017 album “Welcome Back.” Flor released its latest album “come out. you’re hiding” in May of last year, and the deluxe version of the same album only last Friday under the music label Fueled by Ramen, with whom the band signed back in 2016. Label mates Twenty One Pilots, among others, excitedly expressed their support of Flor’s work. Flor is currently on its “come out. you’re hiding” tour, named after its 2017 album “Welcome Back.”

Flor, who will perform at the Maintenance Shop on Feb. 8, is performing at multiple festivals this summer including Bonnaroo and Firefly.

Flor, the producing genius. He works with tons of different people and makes all kinds of incredible songs,” Grace says. “You have me, who is the creative part, but maybe I don’t really know how to be social. That’s kind of the downside of it,” Grace says. He goes on to describe each member’s part. “We have McKinley who keeps them going, Grace expressed. He goes on to describe each member’s part. “We have McKinley who keeps them going, Halsey support during her last full, North American tour. Other bands it has toured with include Colony House and COIN, the latter of which performed at the M-Shop in April of 2017.

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**TOXIC pg3**

This understanding gives men a very small set of codes they are expected to fall into, and if they do not, there can be serious consequences and retaliation from friends and peers, Goebel said. It’s also taught through toys. Boys are given water guns, toy guns, all of those messages combine to say culturally this is what manhood is.

In gender studies courses, it is common to do the “man box” activity. In this activity, men are asked to draw a box. Inside of the box, they are supposed to put words that associate with masculinity or manhood. Outside of the box, they are supposed to put the repercussions that will happen or the words they will be called, if they do not fit in the box.

“When you step back and you analyze it, what you see is what’s in that box is not necessarily positive, although we align that positively because we tend to think male words go in this box.”

Goebel uses a metaphor to explain this topic. “You know the bumper bowling lanes?” Goebel said. “You think you have all of this space, but there are all these elements that are pushing you to conform to this very narrow understanding of gender in order to reach the goal at the end of the lane.”

Media also plays a huge role in our society and, in turn, plays a huge role in the normalization and teaching of toxic masculinity.

**Toxic masculinity in college**

This toxicity can be seen in everyday college society as well. The inability to share, aligning heroism with violence, this is seen in a lot in action movies.

Denigration of women as persons and reducing them to body parts and sex objects, lack of empathy and hypercompetitiveness.

In college, there are many ways hypermasculinity and more specifically toxic masculinity are seen. In party culture, “how much you can drink becomes a marker of how masculine you are,” Goebel said. Bullying, drinking, drugs and even the Tide Pod challenge are examples of toxic masculinity at play.

“What’s important to understand about toxic masculinity is that it hurts men just as much as it hurts women,” Goebel said. “It’s like a slow cancerous growth, it limits the possibilities for them.”

Katz, in his series of Tough Guise films, points out this violent form of masculinity plays a role in male violence against women, violence against other men, mass shootings, road rage and many other forms of violence.

Men are also being taught it is not acceptable to show emotions or to discuss their feelings which leads to less men seeking help or reaching out to counseling, as explained by Oles-Acevedo.

“Being emotional is not a bad thing, asking for help for a bad thing. We need to reframe what it means to be masculine,” Oles-Acevedo said.

A documentary was made to discuss how these masculinity roles affect children and young boys. Titled “The Mask You Live In,” it shows how these roles and binaries negatively affect men, to the point of acting out or suicide. It also discusses how society can change the conversation and raise a healthier generation of men.

**How people can work against toxic masculinity**

Despite the society around toxic masculinity, there are still ways people can counteract it, according to experts.

Katz, in his Ted Talk, talks about using the bystander approach to end gender violence and challenge toxic masculinity.

The bystander approach is an approach that gives people the tools to interrupt friends and colleagues and to speak up and create a peer culture climate where the abusive behavior will be seen as unacceptable as defined by Katz.

“If we can get to the place where men who act out in sexist ways will lose status, young men and boys who act out in sexist and harassing ways toward girls and women, as well as toward other boys and men, will lose status as a result of it, guess what? We’ll see a radical diminution of the abuse,” Katz said.

Traitorous identity is another way men can change the culture in their own peer groups. As defined in Gendered Lives by Julia Wood and Natalie Fim-mer-Ovraz, traitorous identi- ty is “a group member’s criti- cism of particular attitudes and actions—for example, sexist jokes—that are accepted and normative within the group.”

Goebel believes reframing social media in terms of what is masculine, as well as giving people the tools in multicultural environments to gain some of the positive influence or positive attributes from these cultures, are ways to combat this toxicity.

“Being more educated, becoming more self-in- terrogatory, looking introspectively at who we are and where we learn these things,” Goebel said.

Toxic masculinity can be changed, but it is up to members of the society to step out and make an effort to change it.

“We should respect the toughness and strength of men. The idea that the ability of a real man requires putting up a false front, disrespecting others and engaging in violent and self-destructive behavior,” Kimmel said.