The Office of Diversity and Inclusion will host an open opportunity to discuss recent national events in Beardshear today.

Iowa State Volleyball has three games this weekend, one on Friday and two on Saturday. Watch this weekend for more coverage.

CAMPUS CONVERSATION

IT’S PERSONAL

It’s 8:30 a.m. on Tuesday, and at the Cyclone Sport Complex, Stella Maris Strohman is preparing for the third game of the season. It’s more than just another game.

When Iowa State takes the field against Iowa on Friday night, it will be the final time that Strohman will play in the annual Cy-Hawk game. As an Ames native and Iowa State walk-on, the Iowa game holds a special place for Strohman.

“This game means a lot to me, especially in my senior year,” Strohman said. “In-state rivalry games are really important, but it means a little bit more to me I think, coming from Ames and growing up around that rivalry.”

As if there wasn’t enough reason for the game to hold such importance, former Ames High School Katharine Woodruff is a senior forward for the Hawkeyes.

“I played with a couple of [Hawkeyes] in club soccer, and I played with [Katharine] in high school,” Strohman said. “We’ve played together like our whole lives, so it’ll be fun to see her.”

“I think it’ll be fun to see all those girls and sort of finish out our senior years together.”

Don’t expect there to be any friendly wagers on the game, though.

“No, I don’t think there will be [any bets],” Strohman said jokingly. “I always send her good luck texts but we’re excited to see each other play.”

A four-year letter winner for the Little Cyclones and the team captain in her final two years, Strohman was also named to the All-District first team in her junior year and led Ames to a conference championship.

After arriving as a lightly-recruited walk-on, Strohman won most improved player in 2014 and has grown in her role with the team each season. She played in every game for the Cyclones last year.

Strohman was ecstatic when talking about what it means to play for the hometown team.

“It’s really awesome to be playing for Iowa State,” Strohman said. “Obviously, growing up here and being a huge Iowa State fan, I think that it’s an honor to put the jersey on.”

Strohman praised the Cyclone coaching staff and her teammates for helping her progress over the years.

“The coaches were always invested in me and believed in me, and I think that’s what helped me get through and step up my game.”

Coach Tony Minatta commented on the successes that walk-ons can achieve in the program.

“You have these girls that come in and they’re not heavily recruited, but they work really hard and earn playing time,” Minatta said.

Every young athlete has dreams of playing for their favorite team in their favorite sport. Stella Maris Strohman has realized her dream, but she’s not done living it just yet.
Iowa State made the decision to implement Green Dot last spring, a power-based violence prevention program that aims to reduce and prevent power-based violence on campus. According to the program’s official website, livethegreendot.com, the program likens red dots to both acts of power-based violence and inaction towards such violence, and likens green dots to words and behaviors that promote and prevent those acts on campus.

“The program is comprehensive, so it systematically is supposed to reduce incidents of violence on campus,” Jazzmimie Brooks, the university’s Sexual Misconduct Prevention Coordinator, said of the program. “It should be everywhere - any visitors, student on campus, faculty and staff will know what this campus stands for.”

The first week of school has been a time for students and staff to bring awareness to both the Green Dot launch and the behavior that it strives to encourage. Three days a week, the Peer Wellness Educators from the Student Wellness Center will be hosting ‘Be Well’ huts, talking to students about subjects like healthy relationships, consent and bystander intervention.

Additional outreach will be done by members of Student Government, who will be introduced to the program and wish to bring it to the students. “A group of people know exactly what it is and know exactly how great it is, and then the majority of the student body doesn’t really know yet,” Natalie Pellegrino, Student Government’s Sexual Misconduct Prevention Director, said. “So I think it’s important to really give that outreach to the senator for them to know exactly what it is, exactly what it can do, and then to then give the message back their constituency councils, and then bring it to the faculty, bring it to the new students.”

Pellegrino also hopes to do more outreach on campus this semester, utilizing social media and making simple, accessible materials with a complete list of resources that students can use in the event of a sexual assault.

“During these first six weeks, if it does happen, we want those students to know, especially if they’re a freshman, sophomore, transfer student who are still familiarizing themselves with Iowa State to begin with and may not know what we have on campus to help them,” Pellegrino said. “We want to get all that out there as soon as possible.”

While the Green Dot program will formally launch on Sept. 27, and take around three years to fully integrate on a college campus, it won’t be around forever.

“For however long it takes, Green Dot won’t be in existence on campus because we have systematically done things to make sure students know about resources, about healthy relationships, boundaries... they will know from the time they step on campus for orientation to the time they leave,” Brooks said.

“It’s not meant to be something that lasts forever. It just helps campuses start to evolve around systems that need to be put in place to create more of an awareness and support around bystander intervention.”

THE BIGGEST & NEWEST BACK TO SCHOOL POSTER SALE

Where: Iowa State Memorial Union - Student Activities Center
When: Wed. Aug. 16 thru Fri. Aug. 18, 9 A.M. - 6 P.M.
Sponsor: Iowa State Memorial Union - Student Activities Center


to create more of an awareness and support around bystander intervention.”

ISU’s Panhellenic Council receives excellence award

BY SARAH.MULLER @iowastatedaily.com

ISU’s Collegiate Panhellenic Council (CPC) received the College Panhellenic Excellence Award by the National Panhellenic Conference (NPC) in July.

“Not many councils in our region were awarded it so that kind of makes us one of the more outstanding councils in our region and throughout the nation,” said Kara Rex, senior in agriculture and society and president of CPC.

This is the second year Iowa State has earned this award and is the only college in Iowa to receive the Excellence Award this year. “NPC is proud of all our College Panhellenics receiving recognition and I congratulate them all on their successes,” said Frances Mitchell, Panhellenics chairman. “Since the Excellence and Achievement Awards for College Panhellenics were created, we have increased the number of College Panhellenic Associations receiving recognition to 42 campuses this year.”

In late May, CPC applied to be scored on seven criteria by the National Panhellenic Conference. The criteria includes recruitment, Panhellenic structure and programming, communication with National Panhellenic Conference area advisor, judicial procedures, academics and Panhellenic community impact and relations.

“We answered a series of questions based on different statistics and programming we offer for our council,” Rex said.

More than 670 campuses and 3,384 have sororities representing National Panhellenic Conference. CPC at Iowa State has 17 sororities under its jurisdiction with 2,456 members as of the spring semester.

“While it’s always great to see the great job that we are doing, it kind of gives us motivation to see we can further improve,” Rex said.

“It is kind of allows us to reflect on our past year and how we have done.”

According to the Greek Affairs website, CPC chapters “look for women with a 3.0 cumulative GPA from high school or a 2.5 GPA from college.” The active member cumulative GPA for CPC during the 2017 spring semester was 3.27.

As for philanthropy, the greek community raised $188,000 for Special Olympics of Iowa and wrote them “the largest single donation in the history of Special Olympics” in April, according to the Greek Affairs website.

Greek members also participate in philanthropies and service events such as Greeks Give Back, Dance Marathon and Greek Trick-or-Treat.
What is Iowa State doing?

BY TRAVIS CHARLESON AND AUDRA KINCART @Iowastatedaily.com

Alcohol has an effect on many college campuses — Iowa State is not immune. Before students even step foot on Iowa State's campus, they take AlcoholEdu, meant to help educate them about safe drinking habits. During students' time at school, underage or not, alcohol may very likely be a part of their experience.

"Wasted Away: The culture of alcohol at Iowa State," which is a collaborative project between the Greenlee School of Journalism depth reporting class and the Iowa State Daily, explores what that experience looks like — good, bad or otherwise — and analyzes how it can affect other aspects of their lives.

Iowa State's sole online alcohol education program — taken once before your freshman year — just wasn't cutting it.

In 2005, a student killed another student by drunk driving. Two years later, a student was last seen leaving a party alone on her way home from a bar. And just last year, a student who had been drinking fell from the roof of a sorority house and was paralyzed.

Incidents like these aren't exclusive to only Iowa State. More than 1,800 college students die every year due to alcohol-related injuries. These types of incidents often prompt new policies or initiatives from universities, but generally have little long-term effect on decreasing the number of students who drink excessively.

In fact, recent data shows students are treading the opposite way. In 2015 nearly half of all Iowa State students (49 percent) consumed five or more drinks in at least one occasion over a 2-week period — a 10 percent increase since 2012. This was also much higher than the national average; in 2015 only 34 percent of students consumed the same amount over the same two-week period.

"It used to be perceived as a rite of passage. Now I think it's a public health epidemic," said Elliot Flores, a lieutenant with Campus Police who oversees public safety and outreach. "Society thinks that drinking is okay and excessive drinking is celebrated."

The problem isn't that more students are drinking — the percentage of Iowa State students who don't drink alcohol has increased over the last few years — rather students who do drink are more frequently drinking in excess, or binge drinking.

University administrators have begun to spend more resources on dealing with the issue of alcohol and binge drinking with a more proactive approach, but they also admit it's an issue that probably will never go away.

Student Wellness opened in August 2016 because of Vice President of Student Affairs Martinino Harmon, who initiated extensive research for the office through a task force and consultant. What the task force discovered was Student Health's Office of Prevention needed to evolve into a more outreach focused organization, which resulted in The Office of Student Wellness.

For director of student wellness, Mark Rowe-Barth, the office maintains a non-judgmental, safe atmosphere, where students should feel comfortable sharing any experience they may have had.

"We're not against drinking," Rowe-Barth said. "And, obviously, we're not going to encourage underage drinking or anything illegal. But students have to make their own decisions."

Before the creation of the office, the alcohol education Iowa State provided was mainly through an online program known as AlcoholEdu. "It's a good theory, but the overall method is what we've heard in middle school through the DARE program. It's a little ridiculous for college students."

Now, Student Wellness has a goal to become an "ongoing presence" and plans to hire 27 students to serve as peer wellness educators in the fall of 2017, half focusing on the bystander culture of alcohol and the other half focusing on harm reduction while drinking alcohol.

These peer wellness educators will do interactive exhibits on campus about drinking and other college taboos.

Iowa State's alcohol education compares to fellow regent school, the University of Iowa. Instead of using AlcoholEdu, their incoming students complete a different online education program, eCHECKUP TO GO.

eCHECKUP TO GO is a more personalized version than AlcoholEdu and includes the student's weight, tobacco use and money spent on alcohol.

Iowa State's Office of Student Conduct also uses eCHECKUP TO GO as a sanction for students who violate the alcohol policy.

The University of Iowa has seen some success after switching to the new program, moving from the No. 2 party school to the No. 6 party school, according to the Princeton Review.

Another aspect of alcohol education at Iowa State is with Student Health, which has seen 83 alcohol-related visits this school year. Student Health also occasionally identifies a problem when students come in for non-alcohol-related reasons, and refers them to Student Counseling.

"If we do identify a problem, we try to help and provide some guidance," said director of student health Erin Baldwin.

Student Counseling at Iowa State does not have a counselor specific to substance abuse, but will refer them to an area counselor who specializes in drugs and alcohol.

"Sometimes in therapy their struggles come out," said Michelle Nanji, intern at Student Counseling Services.

These struggles result in simple behavioral and relationship changes. If the problem is larger than environmental changes, Student Counseling will encourage a referral to a substance abuse counselor.
POLICE BLOTTER

AUG. 23, 2017

An officer investigated a property damage collision at 6th St and N University Blvd (reported at 8:03 a.m.). An officer assisted an individual who was experiencing medical difficulties at General Services Building (reported at 8:03 a.m.). An officer investigated a property damage collision at 6th St and N University Blvd (reported at 12:14 p.m.). An officer checked on the welfare of an individual at Oak Hall (reported at 12:14 p.m.).

AUG. 24, 2017

Garrett Charles Reed, age 26, of 918 Market Ave - Story City, IA, was arrested on another agency's warrant at Gilman age 26, of 918 Market Ave - Story City, IA, was arrested on another agency's warrant at Gilman. He is scheduled to appear in court on Aug 25 for a preliminary hearing.

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.
Women's (almost) equality day

Columnist Megan Salo argues the importance of Women's Equality Day and how Americans need to work harder to reach full equality.

Women's Equality Day will be celebrated across the U.S. tomorrow, on the 97th anniversary of the day that the 19th Amendment was added to the Constitution.

For those who slept through their high school history class, the 19th Amendment was the amendment that gave women the right to vote. The small print in this amendment restricted “women” to white women. Later, on Aug. 6, 1965, Congress passed the Voting Rights Act which allowed all U.S. citizens to contribute to society by casting their votes.

Since 1920, women have made great strides in fighting for their equality - from basic rights to health care, education and working conditions, to doing their part to lead our country as CEOs, political figures and even presidential nominees.

However, there is still work to be done to work toward total equality. Although women are, for the most part, no longer viewed as baby machines, that doesn't mean life is perfect for American women. As Americans, we need to do our part to make true equality a reality.

The wage gap is one issue that advocates for women continue to fight against. Yes, the gap is smaller after the Equal Pay Act of 1963, but there is still a gap largely due to motherhood. So, sorry ladies, you have to choose between making your fair wage or populating the earth.

Women are also underrepresented in politics and leadership roles in general; more likely to be the victim of domestic assault and are at risk of losing their access to abortion and birth control.

In the U.S., 1 in 5 women report being raped in their lifetime. Although the rates of female sexual assault victims has dropped 64 percent from 1995, the issue is far from being resolved.

Janae Due, the equity and social justice coordinator for the Margaret Sloss Women's Center on campus, said that sexual assault is one of the biggest issues for women on campus today.

"It's not just assault or harassment like catcalling," Due said. "It's also benevolent sexism... when women are seen as lesser human beings which is still prevalent today."

She said that in order to deal with women’s issues on campus, faculty and students both need to be committed to fixing the problem.

"Instead of 50/50, faculty and staff need to give 100 percent in order to help students, and students have to give 100 percent to help themselves," Due said.

No matter how much work we have to go, Women's Equality Day is a great opportunity to celebrate our nation's women. And who knows, maybe by the 100th anniversary, everyone will truly be equal.

As for this year, the women's center will be at the Carrie Chapman Catt Center to hear what issues are most important to students.

For more information on women's resources on campus, visit the Margaret Sloss Women's Center or their website.
Simply put, it's a Super Bowl game.

Well, that's at least how some in-state fans might describe this Friday's Iowa and Iowa State soccer game.

The two teams will square off in Iowa City at 7 p.m. for a chance to put the first two points on the scoreboard in the Iowa Corn Cy-Hawk Series.

“This is going to be a defining moment for our season,” senior Stella Maris Strohman said.

Strohman, an Ames native, said that the Cy-Hawk game is always a special one.

“It means a little bit more to me, coming from Ames, and growing up with that rival-ry,” Strohman said. “It’s definitely my favorite game that we play. It’s a huge rivalry. They’re going to be a tough team.”

Others on the team are just treating Iowa like it’s another game.

“I just want to get a win on the schedule,” said sophomore Hannah Cade.

Iowa is 1-0 after one of their first two games was cancelled. However, in the exhibition game, Iowa took down the Kansas Jayhawks, who were picked to finish in the Big 12 Conference.

The game will usually get a lot of buzz solely because of the Cy-Hawk factor, putting the spotlight on the soccer team for the night.

In last season’s matchup, the Hawkeyes took down the Cyclones 2-0.

In the first game of the season on Aug. 18, the Cyclones took down the Creighton Bluejays 3-0, getting off to a 1-0 start.

The team suffered their first loss of the year Aug. 20, losing 2-0 on the road against Missouri.

“Coming off the loss, I think we’re going to be really fired up for that game,” Strohman said.

In both games, the team started off hot and got a multitude of shots early Iowa State came out firing, but the play declined as the half went on.

“That’s one of our biggest challenges,” junior Klasey Medelberg said. “Starters would start, then they would drop off, then subs would come in.

“When we get stuck playing another team’s game, that’s when we become weaker, so as long as we stay true to ourselves and play our game, we’ll be fine.”

Cy-Hawk soccer clash

BY CONNOR FERGUSON
@iowastatedaily.com

THE LAST 10 YEARS

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NEW AND RETURNING ACTS TO COME TO IOWA STATE THIS SEMESTER

BY SARAH MULLER
@iowastatedaily.com

Student Union Board (SUB) and the Maintenance Shop are bringing acts such as Geographer, Steve-O, T.J. Miller, Dustin Lynch and Stephen A. Smith to Iowa State this semester.

“Big [acts] is a relative term, but someone’s favorite act may come to the M-Shop sometimes,” said George Micalone, director of student activities.

While acts are planned months in advance for the Maintenance Shop, SUB and ISU After Dark, more performers could still be released. Meanwhile, Micalone said the events are becoming more strict on two fronts.

“To attend free After Dark performers and you’re not an ISU student, you have to be with an ISU student- you have to be someone’s guest,” Micalone said. “It’s a bonus for students. It gives them more opportunities to get spots.”

Micalone said they also are making sure students show their ISU IDs to get the discounted tickets to shows. If a student doesn’t have their ID, they will be asked to pay for a general public ticket.

Here are some of the acts coming to Iowa State this fall:

1. Comedian
   Melissa Villaseñor
   ISU After Dark, Great Hall, MU
   Aug. 25 at 9 p.m.
   Free

2. Actor, model
   Nyle DiMarco
   ISU After Dark, Great Hall, MU
   Aug. 25 at 11 p.m.
   Free

3. Musician/Band
   Open Mike Eagle
   The Maintenance Shop, Memorial Union
   Sept. 23 at 8 p.m.
   In advance $10 students/ $12 general

4. Performer
   Illusionist Reza
   ISU After Dark, Great Hall, MU
   Sept. 29 at 9 p.m.
   Free

5. Performer
   Steve-O
   ISU After Dark, Great Hall, MU
   Sept. 29 at 11 p.m.
   Free to ISU students and their guests

6. Comedian
   T.J. Miller
   Great Hall, Memorial Union
   Oct. 6 at 8 p.m.
   $20 student/ $30 general public

7. Musician/Band
   Dustin Lynch
   Hansen Agriculture Student Learning Center
   Oct. 11 at 8 p.m.
   $25 student/ $35 general public

8. Sports Personality
   Stephen A. Smith
   ISU After Dark, Great Hall, MU
   Nov. 3 at 9 p.m.
   Free to ISU students and their guests

9. Comedian
   Lea DeLaria
   ISU After Dark, Great Hall, MU
   Nov. 3 at 11 p.m.
   Free to ISU students and their guests

Dustin Lynch will be returning to campus on Oct. 11.
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