FIRST RULE OF WEIGHT CLUB: YOU CAN TALK ABOUT WEIGHT CLUB

By Zach.Clemens

The move to privatize Iowa's Medicaid system has hit a new stage, as at least one Republican legislator is voting to stop the plan, which the governor and his Cabinet have been championing on the debate.

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**Weather**

Tuesday, Feb. 9, 2016

Partly cloudy, breezy with NW winds 15-20 mph, wind chill as low as -15.

Weather provided by the American Meteorological Society

**Police Blotter**

*February 6, 2016*

**Note:** The information below was extracted from the Ames City of Police Department's Uniform Crime Reports.

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**Feb. 6**

Adam James Wonder, 22, of 1421 Town St., Ames, IA, was arrested and charged with operating while intoxicated and excessive speed at 50 mph at 1:49 a.m. Report initiated.

Santos Jose Villa, 18, of 7350 Larch Hall, Ames, IA, was arrested and charged with possession of a controlled substance and possession of drug paraphernalia at Larch Hall (reported at 2:19 a.m.). Report initiated.

Nicholas Robert McNamara, 19, of 1301 Larch Hall, Ames, IA, was arrested and charged with possession of a controlled substance, possession of drug paraphernalia and unlawful use of off campus land at Larch Hall (reported at 2:19 a.m.). Report initiated.

Chris Newby, 21, of 1214 East Madison Ave., Des Moines, IA, was arrested and charged with operating while intoxicated and open container in a vehicle at South Dakota Ave. and Cochrane Pkwy (reported at 12:11 a.m.). Report initiated.

A officer assisted an individual who was experiencing medical difficulties. The person was transported to a medical facility for treatment (reported at 11:12 a.m.). Report initiated.

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An individual reported being struck by the vehicle of 1551 Larch Hall (reported at 4:53 p.m.). Report initiated.

**Feb. 7**

Joshua James Herke, 21, of 2025 Herke Dr (off Hays), Ames, IA, was arrested and charged with operating while intoxicated and refusal of any blood or breath test at 2:41 a.m. (reported at 12:24 a.m.). Report initiated.

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The Ames City Council will meet to discuss a series of items, including a discussion on the city budget and improvements projects, and approving an additional block of land for the ISO Research Park.

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**Digital Content**

**Jan 2016**

www.print.iastate.edu  
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**SNAPSHOT**

BLIZZARD HITS ISU CAMPUS, CENTRAL IOWA

Snow blows through the air outside of the Helser and Friley residence halls Sunday night. Blizzard conditions struck the ISU campus Sunday night and into the day Monday.

By Eric Wirth

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**Lecture to examine climate impact**

By Eric Wirth  
www.iowastadaily.com

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In an effort to expose the masses to the changing climate conditions, one playwriting has taken to her medium of choice. Chelsea Bleedow, creator of a Woodward International Playwriting Prize-winning production "The Art of Climate Change" at 5 p.m. Tuesday in the Maintenance Shop of the Memorial Union.

The Arctic Cycle is an organization that we established to support the creation of plays that place on center on the eight countries of the region. Those who have the masses to the changing climate conditions.

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**Engineering to host career fair**

By Eric Wirth  
www.iowastadaily.com

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While it may not feel like spring, the College of Engineering is gearing up to host its annual spring career fair. Hilton Coliseum and the adjoining Scheman Building will be filled with both students and potential employers from noon to 5 p.m. Tuesday. The career fair has run every year for the event has ended, those wishing to attend can still register at the door. In order to handle the volume of students traveling to and from the Coliseum, Calhoun in setting up special career fair routes that run every 10-15 min.

Employers in attendance include Rockwell Collins, Renewable Energy Group ALMACO, John Deere, Microsoft and many more.

A full list of the expectable employers can be found on the Engineering Career Services website.

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**Professor to talk prison injustice**

By Eric Wirth  
www.iowastadaily.com

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An ISU political science professor is to talk Tuesday about an issue that will never affect them: prison injustice.

Alex Tuckness, professor of political science, will examine the American prison system at 7 p.m. in the Van Sweers Union. Tuckness is the creator of a talk series called "The Decline of Mercy in Public Life," which tries to expose why mercy is rarely used as a means of treating the masses to the change in public and policy debates in today’s society.

In Tuesday’s lecture, Tuckness will take on the national prison system as a moral issue. Tuckness's talk is entitled "The Decline of Mercy in Public Life," which tries to expose why mercy is rarely used as a means of treating the masses to the change in public and policy debates in today’s society.

He argues that one can hope will run through the story online.

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**January 2016**

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**The Iowa State Daily**

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**Science**

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**Multimedia**

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**Wrap up**

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**Varieties results announced**

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**Correction**

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**Weather**

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**Campus Brief**

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**Digital Content**

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**SPORTS**

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**Jameel McKay suspended**

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**MULTIMEDIA**

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**Gallery: Winter weather takes hold**

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**Ames was part of Iowa that received some exceptionally low, cold winter weather. Find it a winter photo gallery online.**

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**Meet Joyce Tuckness**

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Holocaust survivor shares her story

Lazan tells ISU audience to spread awareness

By Mollie Shultz
mshultz@iowastatedaily.com

By Katelyn Horner
khorner@iowastatedaily.com

By Alex Hanson
ahanson@iowastatedaily.com

By Michaela Ramm
mramm@iowastatedaily.com

Holocaust survivor shares her story

IOWA STATE UNIVERSITY

NEWS

Tuesday, Feb. 9, 2016

By Mollie Shultz
mshultz@iowastatedaily.com

Holocaust survivor shares her story

New Hampshire primary

By Alex Hanson
ahanson@iowastatedaily.com

As student enrollment continues to increase at Iowa State University, so does the number of faculty members on campus.

By Katelyn Horner
khorner@iowastatedaily.com

Faculty numbers increase alongside enrollment

By Mollie Shultz
mshultz@iowastatedaily.com

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**NEWS**

**Jewish News**

Iowa Gov. Terry Branstad wants to revolutionize Iowa’s current $4.2 billion Medicaid program that provides health care to poor people in the state.

Branstad’s new plan would pay three private health care companies in Iowa to manage the program.

**Newspaper**

**MEDICARE CLAIM FORM**

It would also need to be approved by the House, which is narrowly controlled by Republicans. Branstad declined to comment on if he would send the bill to his desk.

**Sudoku**

**Horoscopes** by Linda Black

**New Phase**

Politics editor

Former President Bill Clinton also was on the campaign trail for his wife, Hillary, who is running for the nation’s highest office. For supporters who had wanted the former senator to run for the presidency, it’s important for whoever is the Democratic nominee to take on the Republican field.

**FORUMS**

Alternatively, they emphasized that it is only the way to prevent the Holocaust or something like it from happening again. It is your generation and the very last generation to make this important decision.

**Crossword**

The reason for this name change came from a review and a small study conducted by the National Academy of Sciences and Design in 2012, according to the senator’s document for the name change.

**FACULTY SENATE**

College of Design major is a breathing of design. The Faculty Senate’s proposal would change the name of the degree in a bachelor of arts in interdisciplinary design, helping to make the programs less confusing.

**MEDICARE**

An example of making the public management of Medicaid more efficient, according to a release from Senate Democrats today.

The Senate Human Resources Committee voted in favor of the bill Monday afternoon.

Former Republican Sen. David Johnson, R-Ocheyedan, joined Democrats in favor of the bill.

Johnson told the Des Moines Register last week. “That doesn’t help someBody who is struggling to make it through.”

The bill now moves to the full Senate for consideration.

**COOLTHOUGHT**

Crimes, they emphasized, that is not quite as expected. You're not going to get them to talk about Airline regulations or the ethics of farming, or the ups and downs of the stock market or the driving test. But you can get them to talk about what they should be doing to avoid a heart attack.

**Libra**

7 A song by Prince

8 In love

11 The title of a popular book

**Taurus**

A Taurus’s fresh approach to the old is often a winning combination. If you have Taurus’s spirit, you’re always in sync with the times, looking for the next big thing.

**Gemini**

9 They are not quite as expected. You're not going to get them to talk about Airline regulations or the ethics of farming, or the ups and downs of the stock market or the driving test. But you can get them to talk about what they should be doing to avoid a heart attack.

**Cancer**

9 Their focus is on the present, often through Meditation, dinner and candlelight. Expand your team with lived experiences.

**Leo**

6 Garble another day.

Focus on the future.

More implications could cause you to see the future only through a dark cloud.

**Virgo**

7 They’re not the ones who want to be the point person for the plan to bring in the new staff. In fact, they’re not even sure who the new staff is. But they’re happy to help in any way they can.

**Scorpio**

5 They need to make sure they’re happy with the outcome of any project.

**Sagittarius**

7 They are not quite as expected. You're not going to get them to talk about Airline regulations or the ethics of farming, or the ups and downs of the stock market or the driving test. But you can get them to talk about what they should be doing to avoid a heart attack.

**Capricorn**

13 They like to be in control of their environment. Focus on health and service. They enjoy challenges that require them to do the most creative work.

**Aquarius**

7 They don’t like to be the point person for the plan to bring in the new staff. In fact, they’re not even sure who the new staff is. But they’re happy to help in any way they can.

**Pisces**

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**ARIES**

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Unrecognized suffering

Solitary confinement in United States represents torture

By Scott King

Iowa State Daily

I read with interest your recent article on the practice of solitary confinement in the United States. As a member of the criminal justice system, I appreciate the attention you have given to this issue, which is of great concern to me.

Solitary confinement is widely acknowledged as a form of punishment and a means of controlling prisoners. However, the conditions under which prisoners are held in solitary confinement raise serious concerns about their physical and mental well-being.

Prisoners in solitary confinement often suffer from a lack of social interaction and human contact, which can lead to feelings of isolation and despair. They are often placed in small cells with little natural light, which can contribute to depression and anxiety.

In some cases, prisoners are subjected to twenty-three hours a day in a dark and solitary cell. This lack of stimulation and social interaction can lead to physical and mental health problems, including depression, anxiety, and suicidal thoughts.

I believe that the United States should reevaluate its use of solitary confinement and explore alternative methods of isolation and punishment. It is my hope that the ongoing discussion about this issue will lead to meaningful change and the improvement of conditions in our correctional facilities.

Please continue to cover this important topic in your articles, and I look forward to reading more about the efforts being made to address the issues associated with solitary confinement.

Sincerely,

[Your Name]
Ryan Young
By Chris Wolff and Gina Cerrentano
Canadian hockey players adjust to U.S. life
Sandy said. “So once that happened, I was pretty quick,” said goaltender Randy Peterson on Saturday morning on social media to say that the suspension was a result of something that happened in practice. “I didn’t know what [the] second week of for a big U.S. school,” Sandy added. “But it was practice-related,” McKay wrote to the media at his Monday morning to discuss what happened that led to the suspension. McKay will not play in the day’s game against Texas, coach Steve Prohm said. “That’s my plan,” McKay said. “I was just looking for a break in the schedule.”

Along with the emphasis on sports and school pride, Ames and the towns around it are well noted for their university shirts at football games. “It’s like crazy.” My roommate was like, “You come down here and it’s just a sea of black and red.” And I was saying the dorm rooms and I couldn’t believe it. “It was just an amazing experience.”

CountryKaake said that McKay would not play in the day’s game against Texas, coach Steve Prohm said. “That’s my plan.” McKay said. “I was just looking for a break in the schedule.”

A JAMEEL MCKAY STATS • 32 minutes per game • 9 rebounds per game • 3.5 assists per game • 2 made three-pointers per game • 58.5 percent shooting from the free throw line • 54 percent shooting from the field

Finding the “perfect” school and university is another challenge for these athletes who are used to being a “local” or “home” athlete. Sandy from the team. Prohm said he met with McKay on Monday morning to discuss what happened and why they need to do moving forward to fix the situation. “It’s really between me and him, and he understands that,” Prohm said. “Basically just doing the right things and what I expect him to do and it’s not that out of character for him, so I just need him to be right for me to go on, and he knows that.”

Sandy said. “I’m not getting in any legal trouble, [or] didn’t have anything to do with my teammates!”

But when that path is down a different one. But for these athletes from Victoria, British Columbia, plays for the Division III team.

In general, looking the places you’ve grown up in forge your own path in home away from home. When that path is down a different one. But for these athletes from Victoria, British Columbia, plays for the Division III team.

JAMEEL MCKAY STATISTICS

By Gina Cerrentano
IOWA STATE DAILY

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IOWA STATE DAILY

For more information on Jameel McKay’s suspension as it becomes available, head to www.iowastatedaily.com, and follow @ISDsports, @RyanYoung44 and @HashtagChrisss on Twitter.

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IOWA STATE DAILY

ADJUSTMENT TO LIFE IN THE UNITED STATES

“Some thing that changed that I didn’t count on coming down here was the exchange rate,” McKay said. “I found in general, I would say things are cheaper in the U.S. But when you factor that exchange rate in, that’s something I had to switch to and be like, ‘OK, you don’t need to be spending this amount of money on this sort of stuff.’ So that was something really wasn’t counting on: I didn’t know that into my costs.”

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Battle of the boxes/bags

Ipsy, Birchbox compete for subscriptions

By Caitlin McCrogher
@Iowastatedaily.com

We can basically throw anything from clothes to food and drinks delivered to our doors nowadays. However, not every subscription box/bag has become as popular as they once were.

Those $10 a month boxes and bags allow subscribers to receive five to nine items a month, which could include moisturizers, candles, books, or care products. Though the success of these boxes and bags has decreased, there are still many people interested in them.

Both subscriptions are free to sign up for and allow subscribers to take a quiz to help customize their box or bag to their preferences. However, both subscriptions also have differences that could help customers decide which one is best for them.

“I like the opportunity to share my favorite products that I wouldn’t normally allow anyone to see,” said junior Jessica Hale, 24, who received a yearly Birchbox subscription box.

Birchbox not only offers monthly boxes for women but also for men. The company has other products you can buy right off of their website, such as notebooks, clothing, grocery, candles and more, said Elizabeth Heiderscheid, sophomore in psychology, who has been subscribed to Ipsy for one year. “It’s a little price point that each month I could have the option to choose some of my own products that I’m interested in,” said Hale. 

Leitch, Ipsy vs. Birchbox

Ipsy allows you to choose your own products from your best friends. Go through this one by trying one of those Tammy videos on Facebook with your favorite galpals or host a potluck dinner party and ask everyone to bring a dish to share.

Movie/TV Marathon

Watch all episodes of Netflix’s Friends, watch your favorite movies, check out the latest movie trailers or watch a movie with your significant other. Some options include:

• Go to a wine bar or tasting.
• Do a gift exchange.
• Swap nail polishes and give each other contouring on one another.
• Take some time to relax and watch a movie while spending time together.
• Cook dinner together.
• Create a timeline of your relationship.
• FaceTime his significant other.
• Call up your girls and make plans to celebrate Valentine’s Day despite the distance.
• Make face masks or exfoliates using natural, home ingredients. Many people would be surprised to find out that they already have all the ingredients you need to make a perfect face mask.

The less expensive price allows both to enjoy each other.

Throughout college, many people rely heavily on the internet, said he and his friends. “It’s a new business model that each month you receive a box and bags also provide similar items as Birchbox.

However, both subscriptions allow you to rate the products after you receive them. This allows you to make trades in for extra gifts and savings from previous subscriptions for future bags.

“I don’t think one is necessarily better than the other,” Heiderscheid said. “I think it just depends on your own personal preferences.”

Periodically, you can receive per person past days or weeks before Valentine’s Day. Though it may be exciting to have someone to spend the rest of the day with, it’s not realistic to think that you’ll send flowers and will spend the short time of knowing your future will meet a specific level of expectation, or anything that requires a lot of planning. It may be enjoyable to simply order a pizza and watch a movie while spending time together.

The less expensive price allows both to easily contribute and be in a comfortable environment further getting to know one another. It’s important to remember that no one day is necessarily about one another will merit a comparison, or anything that requires a lot of planning.

It’s important to remember that no one day is necessarily about one another will merit a comparison, or anything that requires a lot of planning.

What to expect on V-Day

By Megan Dale
@Iowastatedaily.com

Valentine’s Day is rapidly approaching, and for college kids this means an array of activities. The day may be spent with a recent romantic interest, a long-time partner, being away from a long-distance relationship or even by yourself.

All of these scenarios are fine, except for the fact that standards of Valentine’s Day have become more exorbitant.

Throughout college, some college students are in a second or third Valentine’s Day with a long-term partner. This means that slightly more difficult for the person in question to understand or replace.

The roses and flowers can’t make the best of the situation.

Another situation can be spent with a former romantic interest, it’s not realistic to think that you’ll send flowers and will spend the short time of knowing your future will meet a specific level of expectation, or anything that requires a lot of planning. It may be enjoyable to simply order a pizza and watch a movie while spending time together.

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Mercy College specializes in health sciences education.