Iowa State Daily (August 28, 2018)

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Chanel Vidal spent the last part of her summer researching carbon dioxide emissions from Mount Teide in the Canary Islands. Vidal and her group took samples from the north west rift zone and inside the crater of the volcano.

“Chanel Vidal was expecting to spend her summer in Ames. Instead, she spent it sailing across the Atlantic Ocean, interning in India and climbing an active volcano in Spain. Vidal, sophomore in geology, applied for multiple opportunities to spend her summer studying, researching and traveling. "They were all different programs or scholarship programs that I applied for, and I actually didn’t think I was going to get any of them," Vidal said. “I was planning my schedule out that I’ll probably just stay at Iowa State and take some summer classes, and that is not what happened.” Vidal left for her first research experience during finals week last spring. From there she boarded a research vessel as part of the Science, Technology, Engineering and Math Student Experiences Aboard Ships (STEM SEAS) program. STEM SEAS allows undergraduate students to get real life experience working on science aboard ships. Vidal and eight other undergraduates left from Rhode Island to sail to Barbados. The cruise took a total of seven days. Originally, they were supposed to be gone for six days, but stormy weatherposed to be gone for six days, but stormy weather extended the trip. “The boat wasn’t smaller than the wavelength, and it wasn’t bigger than the wavelength," Vidal said. "So every time a wave would come it would just crash down, so that’s why the seasickness was so bad." Despite the seasickness, the students helped scientists to prepare an underwater camera. The camera was lowered into the ocean to study phytoplankton at different times throughout the day. Every 20 seconds, the camera would take photos to study the phytoplankton movement.

Research around the world

Survey to gauge the future of Welch

Community and Regional Planning Undergraduate Club (CRP Undergrad Club) paired with the City of Ames to create a survey to determine opinions on redeveloping Welch Avenue. “This survey is important for students to take because they have a direct impact on what happens on Welch Avenue,” said Bridget Williams, president of CRP Undergrad Club. Williams became president of the club as a sophomore in 2016. She managed to add and maintain 20 club members since she started. “I came to them with this crazy vision of wanting to have us do work in the city of Ames,” Williams said. 

Rich Higgins named as new Ames Fire Chief

Interim Fire Chief Rich Higgins has been named the next Ames Fire Chief. “I am very pleased to welcome Rich to our executive leadership team," said City Manager Steve Schainker in a press release. “I am confident Rich possesses the necessary technical skills, leadership capabilities, commitment to our organizational values, and compassion for both our employees and citizens that will assure his success in his new position of Fire Chief.” Higgins earned an associates degree from Des Moines Area Community College (DMACC) in Ankeny; a bachelors degree from Upper Iowa University in Fayette and a masters degree in public administration from Indiana State University in Terre Haute, Indiana. Previously, Higgins joined the City of Ames Public Works Department in 2000. In 2002 he became a fire-fighter and in 2006 he was promoted to lieutenant. Higgins served as a shift commander from 2009 to 2012 and was promoted to deputy chief. The Ames Fire Department is comprised of 58 firefighters at three fire stations. “The Ames Fire Chief plans and directs the activities of the Fire Department, which includes the inspections division, in the protection of life and property,” according to a
Iowa State alum to run for Iowa Senate

BY ANNE L. WELLS
iowastatedaily.com

Iowa State alumnus Amber Gustafson is running for Iowa Senate District 19 with higher education at the front of her platform. When Gustafson was young, her family was impacted by the 1980s Farm Crisis. She was able to attend Iowa State because she was in the first class of recipients of the Christina M. Hixson Opportunity Award. In a press release, Gustafson said it was Christina M. Hixson’s generosity that influenced her run for senate. “She example of giving back inspired me to run,” Gustafson said in the press release. Gustafson graduated from Iowa State in 1999 with a degree in journalism and mass communications with an emphasis in public relations. If elected, one of Gustafson’s goals is to make higher education more accessible. “Life dealt my family a tough hand but education was the path out of poverty for me,” according to Gustafson’s website. “Through strong public education, I was able to achieve my dream of being the first person in my family to attend and graduate from college. I will never stop fighting to make sure all Iowa children have access to a world-class education.” Gustafson was previously the State Chapter Leader of Moms Demand Action for Gun Sense in America. She and her husband also own a small agriculture business in the 19th District of the Iowa Senate.
said, "So, we use the things we learn in classes like city planning, solutions, waste management, transportation, housing, different environmental issues. We are in a small enough city where we can make a difference."

Students have not been very involved in city decisions in the past, and CRP Undergrad Club seeks to change that.

"You see buildings taken down and parking get taken away but people don't really know what's going on around campus," Williams said.

Over the past year and a half, the CRP Undergrad Club has made connections with Campus Town Action Association, Ames Bike Coalition and the City of Ames to meaningfully include students in the decision-making process.

Welch Avenue is due for construction in 2020, and students' survey responses influence what will be redeveloped.

"We are a part of the community, and the student body is a huge part of that population," said Jasmine Khammany, secretary of CRP Undergrad Club. "We also use Campus town a lot so it's very important for us to have a say in what goes down on Welch Ave."

Khammany said one of her biggest concerns is student safety.

"Many of the business owners don't like us riding bikes on their side walks, so I think it would be beneficial to have bike lanes down that street," Khammany said.

"I'm honored to be selected as Ames Fire Chief, and I'm looking forward to implementing new outreach programs that get firefighters into the community...We have the ability to provide citizens with first aid, CPR and AED trainings, as well as continue our tradition of providing fire safety education. These are important skills that can save lives."

-Rich Higgins, Interim Fire Chief
INVEST IN YOURSELF
Defining self-concept is important to college students

BY DANIEL SHAW
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For many students, moving from high school, or another previous form of schooling, to college is a big transition. While the freedoms and independence are enjoyable for some, others can see it as overwhelming.

Working as a Cyclone Aide for New Student Programs this summer has challenged my perspective of both college students and people in general. In particular, I learned about how incredibly diverse college students are in their backgrounds and upbringings.

People often judge the level of diversity in a university strictly off statistics on race. In this sense, one might argue that a predominantly white university like Iowa State is not very diverse. However, diversity is so much more than race. When you consider all the different cities, states and countries students come from, all the different religious affiliations people have and all the different gender identities and sexual orientations people have, Iowa State is clearly a very diverse campus.

It becomes particularly important to keep this diversity in mind when interacting with incoming students — their background or upbringing might greatly influence their experience with the college community, and it’s important to be conscious of that so you can find a way to get them connected on campus.

Some people come from homes where they had to hide their identity from their parents. Some people come from communities where they had to mask their identity to fit in.

I blew my mind to think that for some students, college could be the first place that gives people the freedom and or independence to openly express themselves.

I challenge people to look at college life as being more than just living broke and mindlessly pursuing a degree. Throughout college we should challenge our perception of ourselves in our head. Our identities, however, are constantly changing.

In a ScienceDirect article titled, “The shortest path to self-esteem: making sense of your world, a piece of your identity is differently experienced every day. Crichton’s book “Travels” is referenced with a quote because it’s a direct experience with the world you are from. It is important to keep building on your understanding of who you are.

It is important to keep building on your understanding of yourself, so get out of your comfort zone and try new things.

As an English major, I have been introduced into direct experience which inevitably makes you aware of who you are. Personally, I have always struggled with my perception of myself and my identity.

I often didn’t know how to define myself to others and felt self-conscious knowing that my identity was different than many of my peers. I was going to make the opinion section feel as safe for those who want to write for the opinion desk. It turned out that it was worth the risk. I was soon accepted and made a member of both the opinion team and the photography team. So, I began my freshman year being a member of the Daily.

I enjoyed every photo assignment I was sent on and every column I was asked to write. I loved that I found an environment where my opinion not only mattered to those I spoke to, but mattered to whoever read my columns.

After a year of working for both sections of the Daily, I decided I wanted to try and be an editor. Once I got accepted, I wanted to make the most out of being put in that leadership position. I was going to make the opinion section feel as safe and open as my editors made it for me.

In high school, I took every class I could. From film photography to journalism to the core classes to college classes. I enjoyed almost every elective I took, but I especially enjoyed photography and English.

When I graduated, I had no idea how I was going to fit in at a new college in a new state where none of my other classmates decided to go to school in. I decided the best way I could fit in, to go to events I wouldn’t normally go near, and use my passion for writing to apply to be a member of the Iowa State Daily.

It is important to keep building on your understanding of yourself, so get out of your comfort zone and try new things.

Welcome to the opinion section

BY MEGAN PETZOLD
@iowastatedaily.com

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Being in the engineering program and working for the Daily has been both interesting and amazing. As much as I can imagine a time in my life without doing math, I can’t imagine a time in my life where I wouldn’t be writing. Plus, writing my opinion on events happening around campus or even around the country makes me feel like I am more involved in the community than I would be if I didn’t work for the Daily.

If there is anything you should take away from this column, it’s that the Daily has made a nonjudgmental home for me. As editor, I plan to do my best to make the atmosphere feel the same for those who want to write for the opinion desk.
The Iowa State women’s basketball team released its non-conference schedule for the 2018-19 season on Monday.

Prior to the season’s start, Iowa State will take part for the first time in the Women’s National Invitation Tournament (WNIT) preseason tournament.

The WNIT is a 16-team, invite-only tournament at the beginning of the season, and each team is guaranteed to participate in at least three games with a fourth game serving as the championship.

The teams selected are based upon their projection for the upcoming season, but only one team per conference is eligible and a team is only eligible to play once in every four years.

This season, Iowa State will be serving as a host team for its portion of the bracket. In an evening press release, Iowa State said redshirt senior cornerback Brian Peavy, redshirt senior quarterback Kyle Kempt, redshirt junior Ray Lima and junior David Montgomery will be captains.

Peavy is entering his fifth year in the program. He was named All-Big 12 First Team by ESPN and Second Team by the coaches and Associated Press in 2017. He was also captain a year ago. Kempt made national headlines with his first collegiate start at No. 3 Oklahoma last year when he led the Cyclones to a huge win over the Sooners.

Teammates rave about Lima, who frequently draws double teams from the offensive line, allowing room for the rest of the defense to swarm to the ball. He will start on the defensive line again this season.

Montgomery led the Cyclones in rushing each of the last two years and earned First Team All-America honors from Pro Football Focus last season. He was First Team All-Big 12 by the AP, ESPN and coaches in his sophomore season.

MIKE linebacker still up for grabs
Iowa State returns starting linebackers Marcel Spears and Willie Harvey from last year’s defense. Those two combined for 25 starts in 2017 out of a possible 26.

But with Joel Lanning graduated and gone from the program, the third spot is still in the air, Campbell said.

Iowa State in close games last season
» vs. Iowa: 44-41 (OT) (L)
» at Oklahoma: 38-31 (W)
» vs. TCU: 14-7 (W)
» at West Virginia: 20-16 (L)
» vs. Oklahoma State: 49-42 (L)
» vs. Memphis: 21-20 (W)

Now-redshirt senior corner Brian Peavy knocks TCU’s running back out of bounds during the Cyclones’ 14-7 win over No. 4 TCU on Oct. 28, 2017, at Jack Trice Stadium.
DEALING WITH ROOMMATES
Tips for a successful relationship with your new cohabitants

BY ANDREA DAHL
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Editor’s Note: This article also appears in the Iowa State Daily’s “Need to Know” magazine.

Starting new class and work schedules along with moving to a new place can be stressful enough for students, let alone having to deal with your new roommates and neighbors. But navigating through these social encounters doesn’t always have to be awkward and uncomfortable. Achieving a healthy relationship and transitioning into a new environment can run smoother with these tips.

START WITH AN OPEN MIND
You may come into a new situation with prejudgments and past experiences in mind, but try not to let that determine how this new situation will unfold.

COMMUNICATE
If there is something that you need to discuss, whether positive or negative, sit down and have the conversation. It is much easier in the long run, and the problem will be solved in a much shorter time frame.

GET TO KNOW THEM
It’s hard to make a friend if you don’t act like a friend. Introduce yourself, invite them along to hang outside of your place and get the chance to know them. You don’t have to be best friends, but becoming acquaintances may ease any awkward tension.

DO THE LITTLE THINGS
Sometimes it’s hard to be the one to haul the garbage all the way out to the dumpster. But step up and be the kind and considerate human being your mom would be proud of by completing simple household chores.

KEEP THE AREA CLEAN
Sometimes you don’t have time to wash your dishes or take your garbage out right away. But no one likes the person whose room emits strange smells or who has piles of dirty clothes around the room. Keep it clean; don’t be that person.

GIVE THEM SPACE
While you want to be friendly, knowing when to keep to yourself is important in keeping a positive relationship. Everyone needs a little quiet time, so don’t be offended if your roommate or neighbor just needs time alone.

STICK WITH IT
You may find that you just don’t get along with some people, but that doesn’t mean you have to give up and move. Interacting with different people is a natural part of life, so you may find that sticking it out and dealing with the situation is best in the long run.
FOOTBALL pg6

All of fall camp, Campbell and line backers coach Tyson Veidt have said they are still narrowing the list.

“We’re starting to narrow it down,” Veidt said. “There’s certainly not a bonafide starter in there.”

Veidt said redshirt freshman O’Rien Vance, true freshman Mike Rose and redshirt junior Bobby McMillen are the three in contention for the job.

“we’re still in the same position of who is gonna be the first guy out there on Saturday night,” Campbell said in the teleconference. “We’re starting to narrow it down,” Veidt said. “We’re starting to narrow it down, and you don’t have air conditioning,” Veidt said.

“I am very excited about our non-conference schedule for our team and fans,” head coach Bill Campbell has preached about being detail-oriented ever since he arrived in Ames, and it appears that isn’t changing in 2018. Iowa State opens its season at 7 p.m. on Tuesday, August 28, 2018.

Iowa State will play the winner of Yale and Northern Illinois, depending on the outcome of the bracket.

“I am very excited about our non-conference schedule for our team and fans,” head coach Bill Campbell has repeatedly pointed toward turnover margin as a factor in close games, which has been a key point in some of Iowa State’s recent losses.

When Iowa State lost to Texas last year, Jacob Park threw three interceptions. Even though Iowa State’s defense held Texas to only 17 points, the inability to hold onto the ball may have cost them the game.

Campbell has been speaking about detail-oriented ever since he arrived in Ames, and it appears that isn’t changing in 2018.

SCHEDULE pg6

is only eligible to play once in every four years.

This season, Iowa State will be serving as a host team for its portion of the bracket. In the first game, Iowa State will play Niagara. After that game, Iowa State will play the winner or loser of Yale and Northern Illinois, depending on the outcome of Iowa State’s game against Niagara.

“I am very excited about our non-conference schedule for our team and fans,” head coach Bill Campbell has said in a press release.

Playing close games

Iowa State played in a number of tight games last year. Out of the 13 games played, seven were decided by one possession (eight points or less).

Iowa State went 3-4 in those seven games. This year looks like it could shape up the same way. Iowa State could be in a number of close games once again.

Campbell has been speaking about detail-oriented ever since he arrived in Ames, and it appears that isn’t changing in 2018. Iowa State opens its season at 7 p.m. on Saturday against South Dakota State.

SOPHOMORE pg1

Technology (ITT). To study at ITT, Vidal was named a S.N. Bose Scholar. According to their website, The S.N. Bose Scholars program helps "develop a dynamic and transformative student exchange program between premier institutions in India and the United States."

Vidal had been to India before, but the trips were often short because of school and her mother’s work. But this time, not only did she have six weeks to spend, it would be the first time she would be going there alone.

“My mom is from India, which was a pretty big draw for me to go,” Vidal said. “I have never actually spent time there by myself, so I didn’t really know what it meant to be Indian.”

The main reason she wanted to go to India was because of the cultural experiences, Vidal said. But also because along the western coast of the country there is a large flood basin region called the Deccan Traps.

“It’s a huge area of study for any geologists, so I said I need to go, I have to,” Vidal said.

Vidal spent her first week at ITT in one-on-one lectures and reading scientific textbooks and papers. Starting from her second week she was doing field work such as measuring faults and observing sedimentary features.

On her first trip, Vidal had to overcome seasickness. This time around, she had to get used to India’s extreme temperatures.

“At night it would get down to 95 and still be over 100 with the heart index, and you don’t have air conditioning,” Vidal said.

After finishing her time in India, Vidal came back for another six days before setting her sights on the Canary Islands in Spain. For her research there, Vidal was awarded with a Dean’s High Impact Award and a James V. Amonstoo and Sarah A. Rajala Endowed Scholarship.

In Spain, Vidal and her group studied the rate of carbon dioxide emissions from Mount Tinde, an active volcano located in the Canary islands. Their research focused on the northwest riftzone of the island and inside the crater of the volcano.

Although she spent most of her summer out of the country, Vidal said she didn’t miss home too much because she got to keep in contact with the person she loves the most: her mother.

“Home is my mom,” Vidal said. “I got to stay connected with my mom through out the entire thing, so I didn’t feel too homesick.”

Her future goals include graduate school and working for NASA. Since she is minoring in both mathematics and astronomy, she hopes that combination with her geology degree will help her gain the experience she needs to achieve that dream.

“I have always wanted to explore, but I didn’t really know space would be the goal,” Vidal said.

“It’s the epitome of exploration I think.”

For her more immediate future, Vidal is ready to be back at Iowa State to expand upon her newfound knowledge and experiences.

“The opportunity to apply exactly what I learned in India, and continue building off of that here, I just think that’s so cool. Anything that I would want to do I think I could do here,” Vidal said. “Now what I have seen what all is out there for me, I am just really excited to be back here and work on my foundation.”

Playing close games

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Iowa State’s defense held Texas to only 17 points, Park threw three interceptions. Even though Iowa State’s defense held Texas to only 17 points, the inability to hold onto the ball may have cost them the game.

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