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Iowa State Daily (February 10, 2016)

Iowa State Daily

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Students offer services to tax filers

Group provides free tax preparation assistance to public

By乙烯 Grades
@ISUtaxdaily.com

A group of accounting students at Iowa State are providing free tax preparation assistance to the public through the IRS Volunteer Income Tax Assistance program this season.

The students are trying to help 6,000 to 7,000 people. The group is open to any student that can help.

Assistants are primarily business students focusing on accounting.

In order to be selected as one of the assistants, business students must complete 12 credits in the field of tax accounting, with a class on a tax course, first-year course.

Students have different hours and different students have different hours.

The training and preparation are more experience because the tax assistance program is a governing program.

Anyone interested in the program is required to get eight different certifications that incorporate ethics training, criminal background checks and forensic training.

The students have volunteered to open the program for the last 10 years.

Students said they need to be beneficial because it allows them to relate with other students and other students who have similar experience with doing taxes, and they get to help people in the community.

“Thus, the closest thing that we can provide in class that proves real-world experience,” said Makayla Bostina, senior semester in accounting.

Jordan Kulow, graduate assistant in accounting and business consulting, said they are working in an accounting firm, in which she has prior experience.

“We focus more on the low-income level students and we do a lot of foreign returns, which I haven’t seen before,” Kulow said. “It’s just broadening my horizons in tax accounting and the different applications of it.”

Response for this program is due to the Governor.

Approximately 30 hours left on the program, which will end on April 15.

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Calendar

Feb. 10
Business, Industry and Tech Fair from 12 - 6 p.m., Hilton Coliseum

Feb. 2
Mortensen Pkwy and Beach personal injury collision at 3:44 a.m.). Report initiated.

Feb. 10
2
Sheriff’s Office at Ames Inter rant held by the Story County

Feb. 14
People to People Career Fair at 10:37 p.m.). Report initiated.

Feb. 17
Individual roses, ar

Feb. 21
Flannel saves money

Feb. 21
Get the information you need to make an informed decision.

Flannel saves money

The United States cel

Flannel saves money

The United States cel

Women’s basketball game

The women’s basket

Sexual assault support app

A new app helps vir

Common tax return splurges

Depending on how you

Digital Content

Sweet recipes for your Valentine

Don’t want to waste in
time to prepare Valentine’s Day? Give your partner the perfect sur

NEWS

New Hampshire Primaries results

The presidential can
date’s primary isn’t just another round of trials this week. Find out what
came out on top after the New Hampshire primaries through the story online.

SPORTS

Women’s basketball game

The women’s basket

Sexual assault support app

A new app helps vir

Common tax return splurges

Depending on how you

Correction

The Iowa State Daily wel
coments and sugg
errors that warrant correction. To submit a correction, please con
content is just a click away at 515-294-5688 or e-mail at editor@iowastatedaily.com.
Leath speaks to Faculty Senate, big changes ahead

Alicia Huerta inspired by film festival

 goals include building projects, diversity at ISU

Student wants to redefine ‘American’

City of Council

Capital Improvement Plan funded an additional $150,000 for shared-use path expansions and multimodal traffic solutions. The plan looks at sustainable alternative transportation—like biking or electric scooters—as part of the Connected Americas Complete Streets Initiative.

Braven-Howery Residence building recently opened, with more than 34 colleges having a chapter. The organization was bringing its first-ever film festival to Des Moines.

Over the weekend of Jan. 21 to 22, Huerta and a friend attended the film festival, which showcased six feature-length films about what life is like for undocumented immigrants from a variety of cultures.

“I want to bring Define American here because I want to have these conversations with the person next to me and ask them, ‘Why are you here? Why are you here?’ That was the big question for me.”

Like the name implies, Define American focuses on the people side of immigration and creates films that amplify the voices of undocumented individuals. Prepare to be moved and inspired. We are all stories in the end. So, let’s get to know each other.

Define American's founder Jose Antonio Vargas visited Iowa State in December and sponsored a film festival in January providing an array of films that showcase the lives of immigrants from a variety of cultures.

To bring a chapter to ISU, Huerta said she reached out toDefine American’s student chapter in October 2015 at George Washington University in D.C. That’s whenDefine American’s student chapter in October 2015 at George Washington University in D.C.

Department film festivals will also play a role, along with a powerful new tool. Huerta described the Facebook page, which is an invaluable tool to increase public awareness. The proposed budget for the coming fiscal year was $12.5 million. It had been facing declining funds for several years now.

Transportation will receive 7.5 percent of the city’s total budget in this year’s proposed budget, which is more than a 1 percent increase from last year.

The proposed budget funds a $12 million project, which is a 22 percent increase from the previous year. In 2014, CyRide funding was increased by more than 5 percent from the previous year. The funding was increased by more than 5 percent from the previous year.

Braven-Howery Residence building, which opened last year, has been faced with declining funds for several years now. In 2014, CyRide funding was increased by more than 5 percent from the previous year. The funding was increased by more than 5 percent from the previous year.

The council voted 6-0 to approve a preliminary proposal for the budget, which consists of a $12 million replacement project for the 168-year-old building.

CyRide is a large representative, it’s a public hearing and final vote is scheduled to occur at the March 1 meeting.

Council members voted 6-0 for a third and final time to pass and adopt an ordi- nance that will ban e-scooters and -retailers and delivery systems in public places.

The council took the lead in trying to streamline the process and bring this matter to the public’s attention.

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It’s a new year, a new source of motivation at the gym, and a new reason to check yourself out in the mirror. People who exercise regularly tend to have more energy, feel better, and generally enjoy life more. But, 44 quizzical sounds would ask, “Is it really worth it?”

The answer is yes. Regular exercise, such as brisk walking or jogging, can help boost your mood, improve your heart health, and even help you lose weight. So, what are you waiting for? Get out there and get moving!

To the gym, that is.
This is where culture and fashion meet. and beauty. represent good luck, health and sensual cultural symbol. that belongs to the Hindu culture. Bindis are a religious symbol and stand for the death of Jesus and cultures and uses it as a part of his or derogatory one. represents an artistic sense rather than a defensive act toward those who practice that religious or cultural belief.

I am guilty of getting a henna. To me, Hennas belong to the Arab culture and Crosses are a symbol of the Christian religion. When a designer takes a symbol that belongs to everyone and presents it as the art the original designer trans and present an opportunity to learn about and other styles, as well as the art, which then trickled down through the different sectors of religion come with different connotations choose to do so because they religious aspect than it may seem, but if they are not intentionally making fun of the religious or cultural belief.

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President and First Lady Barack Obama hosted the first ladies from the G8 countries and discussed ways to improve education and health care. The G8 summit was held in Northern Ireland this week. President Obama's visit was the first official trip abroad for his administration, and he is expected to announce new initiatives on health care, education, and economic development.

The President and First Lady were accompanied by a large delegation of White House staff and members of Congress, and they met with leaders from around the world to discuss issues such as global poverty, climate change, and the need for international cooperation to address these challenges.

The summit was attended by leaders from all five of the major regions of the world, including Europe, Africa, Asia, Latin America, and the Middle East. The summit also focused on issues such as women's rights, the fight against AIDS, and the need for greater investment in education and health care.

The President and First Lady also highlighted the importance of addressing the global financial crisis, which is affecting billions of people around the world. They emphasized the need for a strong and stable global economy to provide job opportunities and reduce poverty.

The G8 summit was a significant event in the global agenda, and it demonstrated the United States' continued commitment to working with other nations to address the world's most pressing issues.

The President and First Lady's visit to Northern Ireland was also significant, as it marked the first official trip abroad for his administration. It was an important opportunity to highlight the United States' commitment to working with the people of Northern Ireland to achieve peace and reconciliation.

Overall, the G8 summit was a positive and productive meeting, and it demonstrated the United States' continued commitment to working with other nations to address the world's most pressing issues.
The Cyclones, like almost every other team in the nation, have never been immune to adversity this season.

And adversity has struck once again, in 2016 Center Jami McCay returned unexpectedly from a summer game against Texas Tech.

While he made his return with No. 14 Iowa State (17-6, 6-4 Big 12) vs. Texas Tech.

Yet even without their big man, junior guard Matt Odland said the Cyclones are still capable of winning big games.

"The team's leadership is something that we can rely on," Odland said. "The team knows when to be strict, and when to be an effective leader, because Odland was in the game as a little freshman. Growing up, I played baseball with the little league in our town, and I think that when we walked out with a win, "

"It was effective last game," Odland said. "But it introduces a new style of basketball than we've played before. A little bit of toughness in years. But we have to take care of it.

"Our mindset into most every other team in the nation, have not been immune to adversity this season.

As freshmen, Matt Odland and co-vice president, said he committed and I didn't see that. And I expect them to get done with a purpose," Odland said. "The team has a lot of respect for the Cyclones all season. They're always close here and we know that they're a good team. They're always close here and we know that they're a good team.

"Our mindset into most every other team in the nation, have not been immune to adversity this season.

When Odland was a freshman and Kelm is the vice president of the club, and made an impact that done." Odland said. "We wanted to take it even further. Fire brought to club field after practice. Those were more than the freshmen. We wanted to take it even further. Fire brought to club field after practice. Those were more than the freshmen.

"My mentality was, playing some of our better games this season. Odland has the right mix of traits that is needed to become a reality.

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"Our mindset into most every other team in the nation, have not been immune to adversity this season.

"I want our team to be on a national level. That's Matt Odland. He gives a 100 percent effort in all parts of the game. Forwards Deonte Burton and Abdel Nader have to take them extremely serious."

"Matt brings the intensity and everyone gets along. There were two reasons to become the leader of the team, and the fire was a crucial element. Odland has developed his passion for the game while living on the outskirts of passion for the game while

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“Growing up, I played baseball with the little league in our town, and I think that when we walked out with a win, "

“Practice has become a five-point win just hours after his suspension. A similar situation, Falken Koo was suspended at a January practice but before the start of the 2015-16 season, and the Cyclones still ended up winning. While those situations might not be the easiest to handle, Prohm said they will benefit the team in the future.

“Matt, you’re not the only one out there on the field. That just shows that we are a team right now.”

“Matt brought the intensity and I think that done." Odland said. "We wanted to take it even further. Fire brought to club field after practice. Those were more than the freshmen. We wanted to take it even further. Fire brought to club field after practice. Those were more than the freshmen."
Recipes to enjoy this Valentine’s Day

By Hannah Dodds/Iowa State Daily

6 tips on how to study for multiple exams

It is hard to juggle studying for multiple tests at the same time.

It’s understandable to just want to rush into a hole and sleep, but try to figure out how to manage your time to get the best results.

No cramming

Cramming is a bad idea. It can be possible to be the absolute worst idea in the world.

The brain cannot handle the sudden overload of information being thrown at it. This can be a waste of time and a schedule of which days you might want to study and how you will study each test.

It also helps when you are cramming every night in 30-minute intervals. For example, 4-6:30 p.m. chemistry, 6:30-7 p.m. biology, and 7-9 p.m. physics.

Don’t dismiss these little tips that might be hard but will help you study for hours.

Instead, eat a filling snack that has protein to keep your stomach full.

It also helps to sometimes do something else while studying.

Instead of eating a bag of potato chips, maybe make a smoothie or something else that isn’t bad for you.

Chew gum

Chew gum while studying and it helps help your brain remember what was studied and where you are taking the test. Gum also helps keep the brain focused.

Avoid all-nighters

It’s easier to plan a study day before. The brain functionally acts more efficiently when it is healthy.

If your body tells you that it needs a break, listen.

Studying for long periods of time can do great things for your body. Don’t be afraid to give yourself an hour or two just to relax and let your brain take a break.

Take a break

Working out is hard and can be stressful, but I can guarantee it will help you in the long run.

Get your body in shape for fast-approaching Spring Break

By By Hannah Dodds/Iowa State Daily

Spring Break may be a month away, but we all know it’s been on our minds since Christmas.

You’ve planned the trip, the outfit, and even just a few plans for the day.

No matter what, it’s a good time to plan and get organized!

1. Make your own breakfast (or at least your portion sizes)

When eating at din-

ning halls or restaurants, it’s easy to overeat. A lot of the food you eat will be full of calories and your portion sizes can make the difference in the way you look and feel.

2. Set a schedule

It’s much easier to keep track of what you need to do if you have a set schedule to follow. It will be a lot easier to keep track of what you need to do.

Write down all of your classes, assignments, and due dates.

If even you don’t fol-

low it exactly, it will still be there to guide you and give you a way to keep track of what you need to do.

3. Sleep

If you haven’t learned an-

ing thing in my lifetime, it’s this one thing that is important part of a healthy lifestyle.

Getting the right amount of sleep at night will give your body what it needs to make it through difficult days and keep you feeling healthy.

4. Work out with a buddy

Working out is hard and can be stressful, but it’s a lot easier when you have someone with you.

Find a friend that you can work out with every day.

4. Wash

This, much like sleep, is super important to your health.

Water refreshes toxins and keeps your body mon-

ing and going.

You can have a healthy feeling and looking body by drinking the right amount of water every day.

Great things come in threes!

By Rachel Cowser/Iowa State Daily

Plunge on these treats with your significant other

Happy studying.

IOWA STATE DAILY

Wednesday, Feb. 10, 2016

Great Lunch Specials:

$6.00 Queerbee

$6.00 Taco House

3 for $7, beef, chicken or pork tacos

$8.00 All you can eat barbeque

APARTMENTS AVAILABLE FOR FALL 2016

Choose From 100’s of apartments at the Small Campus!

Working out with a friend is a great way to step motivated and to get up and go to the gym.

Your graciousness in what you carry or how you dress is not always recognized.

If someone other than yourself is coming on you to show up to the ground floor, every one of you, must be able to stand tall and be held up.

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You can have a healthy feeling and looking body by drinking the right amount of water every day.
The full list of students seeking a spot on Student Government for the 2016-2017 school year has been announced. Elections will take place March 1-2 via a Qualtrics email.

Students are encouraged to attend “DeCYde the Vote,” at 7:30 p.m. Feb. 18 in the Maintenance Shop of the Memorial Union. The free event will include a chance to hear candidates speak and will also include live bands, food and prizes.

Here is a list of candidates:

**GRADUATE COLLEGE (3 Seats)**
- Christopher Perez, senior in world languages and cultures
- George Weston, graduate student in sociology

**CAMPUSTOWN (1 Seat)**
- Cole Button, sophomore in finance

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- Christopher Perez, senior in world languages and cultures
- George Weston, graduate student in sociology

**FREDERIKSEN COURT (1 Seat)**
- No candidates are officially on ballot – accepting write-in candidates

**PRESIDENT AND VICE PRESIDENT**
- Cole Staudt, senior in political science, and Cody West, junior in biology
- Zackary Reece, junior in political science, and Cole Button, sophomore in finance
- Raghul Ethiraj, senior in aerospace engineering, and Akol Dok, senior in political science

**RESIDENCE HALLS (5 Seats)**
- Bridles Fair, sophomore in aerospace engineering
- Zosy Shipley, sophomore in industrial engineering
- No Candidates Officially on Ballot – Accepting Write-in Candidates

**SCHILLETTER/UNIVERSITY VILLAGE (1 Seat)**
- No candidates are officially on ballot – accepting write-in candidates

**COLLEGE OF BUSINESS (2 Seats)**
- Peter Myers, senior in finance

**INTERFRATERNITY COUNCIL (1 Seat)**
- Jorge Abraham, sophomore in industrial engineering
- Steven Valenzano, junior in political science

**COLLEGE OF DESIGN (1 Seat)**
- No candidates are officially on ballot – accepting write-in candidates

**UNITED RESIDENCE OF OFF-CAMPUS (9 Seats)**
- Hamad Abbas, senior in political science
- Maria Ascherwald, senior in biology
- Meredith Cook, senior in political science
- Benjamin Crawford, senior in mechanical engineering
- Jane Kerns, senior in global resource systems
- Danielle Veggard, junior in event management
- Abraham Pimentel, senior in mechanical engineering
- Michael Smock, senior in computer engineering
- Ryan Stan, senior in English
- Cameron Thomson, senior in environmental science
- Rhiel Thys, sophomore in mechanical engineering

**COLLEGE OF HUMAN SCIENCES (2 Seats)**
- Drew Miller, senior in kinesiology and health
- David Moros III, senior in kinesiology and health

**INTERFRATERNITY COUNCIL (1 Seat)**
- Jorge Abraham, sophomore in industrial engineering
- Steven Valenzano, junior in political science

**COLLEGE OF LIBERAL ARTS & SCIENCES (3 Seats)**
- Roberto Cortes Ortiz, junior in interdisciplinary studies
- Aimee Rodin, sophomore in mathematics
- Cole Staudt, senior in political science

**PANHELLENIC COUNCIL (1 Seat)**
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**COLLEGE OF VETERINARY MEDICINE (1 Seat)**
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**COLLEGE OF AGRICULTURE AND LIFE SCIENCES (2 Seats)**
- Alex Brand, sophomore in agricultural business
- Cody West, junior in biology

**THE LANDING**

**4710 - 4712 - 4714 Mortensen Road**

**March Specials**

- $50 MB Internet
- (Clean) TV, with HD
- 300 sq ft for $100
- $500 Deposit
- Washer/Dryer in Unit
- Walk-in Closets
- Located near the Cyride

**It’s Better Out West**

- Free Internet
- Free Cable
- Free Parking
- Pet Friendly
- Free Deposit
- Washer/Dryer in Unit
- Walk-in Closets
- Located near the Cyride

**CAMPSOUTH (1 Seat)**
- Cole Button, sophomore in finance

**COLEGE OF VETERINARY MEDICINE (1 Seat)**
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