Nicole "Kidd" Blaskowsky uses this bridge as motivation every day. The "be someone" slogan, seen on the left side of the bridge, is a landmark for most Houston residents.

Harvey hits home for former basketball player

BY BRIAN.MOZEY
@iowastatedaily.com

Be someone. These two words represent the culture and mindset of Nicole "Kidd" Blaskowsky’s hometown.

Houston. The city challenges everyone to be someone and make a difference in the surrounding communities. That mentality became more of a reality when Hurricane Harvey struck the city on Friday night.

That evening, the Blaskowsky family witnessed a power outage, unimaginable winds and a constant heavy downpour of rain that led to flooding.

For the former Iowa State guard that played from 2012 to 2016, it was even harder because she wasn’t at home with her family. She moved to Fort Worth, Texas on Thursday as she’s preparing for a new job.

"These have been some of the hardest days because I’m not able to see the people I love," Blaskowsky said. "Fortunately though, all of my family is safe and healthy, which is the most important thing."

Over the weekend, her family stayed in their home in Houston, but Monday, they became an area that were mandatory for evacuating. This became mandatory for Blaskowsky’s father because he must receive dialysis treatment due to kidney failure.

Her father and stepmother left before the flooding became serious and went to West Chase, Texas to take refuge in a hotel room. Blaskowsky said they are doing fine and they’re sharing a room with some friends.

Her stepbrother is staying at the house in Houston.

Volunteer mistakes cause harm not good

With an event such as Hurricane Harvey, people around the country feel drawn to help out.

In many cases, though, Johanna Amaya Leal, an assistant professor in supply chain management and information systems, said these people can end up causing problems rather than fixing them.

Houston is the fourth largest city in the country with a population over two million. Once the rain stops, the affected citizens require supplies and with a population this large, the amount of supplies needed matches its size.

"It’s gonna cost a lot, so that’s why the relief groups, they need supplies, but they don’t need supplies from individuals, they need monetary donations, so they can buy what is actually needed," Leal said.

The needs of those affected are constantly changing, Leal said. She explained that as people outside of the situation hear that those affected need socks, for example, and send in the socks, the needs of the affected area have already changed.

She said, donation-wise, the best that people can do is send in monetary donations.

In many cases people send what they think the affected people need, rather than what is actually needed, Leal said. She also said that someone needs to sit and organize the donations which requires time and effort that can be spent elsewhere.

"Many of those donations what they do is just to create more traffic on the roads and they impede..."
Lectures Program celebrates 60 years

BY KATLYN CAMPBELL
@iowastatedaily.com

The Iowa State Lectures Program will celebrate 60 successful years of bringing speakers to campus for students and community members to enjoy this Wednesday.

The Lectures Program office collaborates with a variety of different student organizations and planning committees to solidify which speakers Iowa State students want to hear from. For the past 60 years, the Iowa State Lectures Program has seen the likes of Bill Nye, John Oliver, Juan Enriquez, and Margaret Atwood. The commitment to enhancing the lecture series at Iowa State is what keeps speakers coming and students interested in showing up.

Pat Miller, director of the Lectures Program, spent 29 of those years trying to encourage Margaret Atwood, author and environmental activist, to come speak at Iowa State. She finally came in November of 2016.

"There are speakers that we will work with for several years or several months just trying to find the date that works with them," said Molly Helmers, program assistant for the Lectures Program. Once a guest is on the Lectures Program’s radar an invitation is sent out on behalf of the students inviting them to speak at Iowa State.

"You have the information they need: the date, the host, the time. Then you have one maybe two lines that has to grab their attention. It’s a craft," Helmers said. "The invitation has to be “brief but scintillating.” Miller said.

That craft has brought many notable faces to Iowa State over the past 60 years. In 2010, Salva Kiir Mayardit, the President of the Government of South Sudan came to discuss independence referendum that would determine if the country of Sudan would remain united or South Sudan would secede. The Lectures Program only had four days’ notice for that lecture and ended up with a turnout of around 1200 people.

"The science lectures for me I find inspiring, those are the ones where I’m just in awe of the research that is being done," Helmers said. Juan Enriquez, co-founder of Synthetic Genomics, a company developing genomic-driven solutions to address global energy and environmental challenges, captivated Helmers with his lecture.

He talked about programming and growing cow’s skin cells in the shape of a leather jacket, so that you didn’t have to raise the cow for leather, according to Helmers.

"I didn’t even want to leave because I was so fascinated by the way this lecture was going," Helmers said. John Oliver, now-host of the political talk show Last Week Tonight, came to Iowa State in 2008 when he was a correspondent for the Daily Show with Jon Stewart. He entertained the audience with his stand-up skills during Veepsea.

Bill Nye, "Bill Nye the Science Guy," came to a packed Stephens Auditorium in 2012. Nye spoke about human’s impact on the environment, how we use resources and changes we can make for the world to be a better place.

"The lecture, coined “You Can Change the World” had audience members lining up for seats at least three hours before the show began. By the time Nye came on stage, Stephens Auditorium had reached capacity with around 2,800 people in attendance.

"Bill Nye, we estimate we turned away 2,000 people," Miller said, “there were 2,800 because they put extra chairs up in the back.”

Nearly 5,000 people showed up to see a familiar face from their childhood science classrooms.

Miller plans to continue to bring people that change the lives of students. "The Committee on Lectures is here to serve the needs of the students both entertaining and knowledge based," Miller said. "You can be entertained and actually learn something.”

The Committee on Lectures consists of John Oliver, Jon Stewart, and Bill Nye. The Lectures Program brings in some of the most influential figures in science, business, technology and society.

"It’s a craft," Helmers said. "You can be entertained and informative, it’s a craft."
10 years later

Anniversary of first same-sex marriage in Iowa

BY MARY PAUTSCH
@iowastatedaily.com

DIVERSITY

Aug. 30, 2007
Two men who were students at Iowa State at the time applied for marriage in Des Moines two hours after Polk County District Court ruled in favor of Varnum v. Brien. The case of Varnum v. Brien brought suit in 2005, fighting for the position that denying marriage licenses to same-sex couples violated liberty and equal protection clauses in Iowa’s state constitution.

Aug. 31, 2007
The ruling was appealed, but the Iowa State students had already had the three-day waiting period for the marriage to become official waived. They were the only couple to be legally married in the 24-hour period before the ruling was appealed.

Fall 2008
Iowa State hired the first full-time professional coordinator for the Lesbian, Gay, Bisexual, Transgender Student Services (LGBTSS, now named The Center), Marius Klosnic.

April 3, 2009
Iowa Supreme Court unanimously ruled that gay marriage be legal in the state of Iowa. Iowa was the fourth state to legalize same-sex marriage in the U.S.

June 29, 2009
The first LGBT Pride Month reception was hosted at the White House, honoring the 40th anniversary of the Stonewall Riots. President Obama kept the tradition of June as Pride Month for both of his terms.

Sept. 20, 2011
The ban for openly lesbian and gay individuals to serve in the military, commonly known as “Don’t Ask, Don’t Tell”, is lifted.

May 9, 2012
President Obama became the first sitting president to publicly support same-sex marriage.

Sept. 4, 2012
The Democratic Party publicly and officially supported gay marriage at the Democratic National Convention (DNC).

You can’t get all this with your student ID card...

A SURVIVAL KIT in your CHECKING ACCOUNT

VisionPerks Checking from VisionBank®
powered by Bazing!

CELL PHONE PROTECTION*
IDENTITY THEFT PROTECTION*
24/7 ROADSIDE ASSISTANCE
MOBILE DINING COUPONS
FREE CHECKS*
FREE STOP PAYMENT SERVICE
TRAVEL DISCOUNTS
ONLINE SHOPPING DISCOUNTS

PICK UP YOUR FREE CAMPUS SURVIVAL KIT AT ANY OF OUR LOCATIONS! (while supplies last)

AMES LOCATIONS:
4510 Mortensen Road (next to Kum & Go)
107 Main Street (Downtown Ames)
104 Chestnut Street (in front of Jethro’s)


*Insurance products are not deposits, not FDIC insured, not insured by any federal government agency and not guaranteed by the financial institution. Please contact a Retail Banker with any questions.
STUDENT UNION BOARD HOSTS OPEN MIC NIGHT

Nick Yeo, junior in management information systems, performs Aug. 29 at the Student Union Board’s Open Mic Night in the Maintenance Shop. “Performing (here) excites me. It’s always an experience to hear the crowd cheer for you or even when you get a standing ovation,” Yeo said.

Andrew James Jensen, age 18, of 140 Beach Rd Unit 3357 - Ames, IA, was cited for possession of a controlled substance at Hayward Ave and Mortenson Rd (reported at 8:43 p.m.).

Noah Alexander Loffredo, age 18, of 140 Beach Rd Unit 3357 - Ames, IA, was cited for possession of a controlled substance at Hayward Ave and Mortenson Rd (reported at 8:43 p.m.).

Jackson Clark Cornish, age 18, of 2152 Lincoln Way Unit 3242 - Ames, IA, was cited for possession of a controlled substance and possession of drug paraphernalia at Hayward Ave and Mortenson Rd (reported at 8:43 p.m.).

Jacob Craig Connelly, age 18, of 204 Beach Rd Unit 103 - Ames, IA, was cited for possession of a controlled substance at Hayward Ave and Mortenson Rd (reported at 8:43 p.m.).

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email.
A diverse campus is a happy campus

BY MEGAN SALO
@iowastatedaily.com

Last week, The New York Times published an article that reviews how different races are represented at top colleges. They also look at how many college-aged people of each race are actually going to college.

They found that although the white and Asian college populations are growing, blacks and Hispanics are both dropping.

Over the last two years at Iowa State, enrollment rates of all races have grown at relatively the same speed, but non-white students are still underrepresented on campus. Data from last school year shows that only 12 percent of students are not white on Iowa State’s campus.

The skew in diversity isn’t surprising however, considering that 91 percent of Iowa residents are white. It is still important for our state, community and campus to be welcoming to people of other races and to strive for a more diverse surrounding, but compared to the rest of the country, Iowa State is sitting pretty good.

However, it’s important for all college campuses, no matter where they are located geographically, to be diverse. Just because we are comparable with other American universities, doesn’t mean we can’t improve.

“Simply put, diversity makes Iowa State better,” said Iowa State’s Senior Vice President and Provost Jonathan Wickert. “Our students learn best when they have the opportunity to study with students, faculty and staff from diverse backgrounds and with a wide range of life experiences. You can and will learn a lot from people who are different from you.”

Although it may not be our responsibility as students to bring more diverse students to campus, we can work to make our campus welcoming for when they do come.

By showing that our campus is welcome to diversity, we can not only make Iowa State a place that more diverse students want to attend, but also a place where they want to stay.

Wickert provided suggestions to students on how to do this:

“Students can make our campus more welcoming by learning about and practicing our Principles of Community, and by holding ourselves accountable,” he said. “Talk with one another, get engaged, respect each other, treat someone new and different from you, and treat others how you would like to be treated.”

These Principles of Community include respect, purpose, cooperation, richness of diversity, freedom from discrimination, and honest and respectful expression of ideas.

One of the easiest and most impactful things that students can do to promote diversity is to show respect for different races and cultures.

Recognize that you’re being stereotypical and work to change your bias, educate yourself by going to a multicultural club meeting and asking questions.

Everyone can stand to benefit from a more diverse campus - so let’s make it happen.

Categorizing college stress

College is stressful. The Anxiety and Depression Association of America found that 30 percent of college students said their academic performance was hindered due to stress, 41.6 percent believed that anxiety and depression was the top presenting concern among college students.

If you are a college student, these statistics probably did not surprise you. Juggling school, work, friends, family and everything else going on in your life while trying to figure out and prepare for your future is a lot to think about and can lead to some real health problems.

A survey conducted by the American Psychological Association found that “anxiety is the top presenting concern among college students (41.6 percent), followed by depression (36.4 percent).”

When you are juggling all of your responsibilities and doing everything you can to stay on top of everything, it can be easy to forget about yourself. Just as you need to take care of yourself physically by eating healthy, exercising and keeping up with your hygiene, you also need to take care of yourself mentally.

Although it’s important to get help when you feel you need it, it’s also important to know the differences between experiencing stress and having a mental illness.

If you feel nervous about a test or worried about finishing your homework, you may be stressed. If you can’t explain why you’re nervous or worried, you may have an anxiety disorder.

If you are feeling down after a breakup or failing a class, you may feel depressed, but that doesn’t mean you have depression. If you are experiencing feelings of such low lows that you are not able to function, you might have depression.

These are very vague generalizations of just a few symptoms of two examples of mental illness. If you feel overwhelmed, anxious, depressed or feel like you may have a mental health issue, there are many resources for you on campus including Student Counseling Services and Thulsen Student Health Center.
Victory Day inspires athletes

BY BRIAN MOZEY
@IOWASTATEDAILY.COM

Jack Trice Stadium had its lights on for two hours on Friday night. It wasn’t a football game though. It was Victory Day with coach Matt Campbell and Iowa State football players.

Victory Day is an event Campbell brought from Toledo focusing on children with disabilities and giving them an opportunity to play football for an evening.

The Iowa State football players bring the children to five different stations to give them a taste of each part of football.

The most popular station and my favorite station was the touchdown run. The child is put into a huddle with the Iowa State offense and runs a ball from the 20-yard line to score a touchdown.

Each time, the band plays a song to celebrate the touchdown and the child gets to spike the ball and perform a fun dance in the end zone with 20 Iowa State football players.

For two straight hours, my arms had goosebumps and for some of the parents of these children, there were tears in their eyes.

Participating in this event was a decision by the individual player understanding the opportunity and privilege they have as Division I football players, not because Campbell forced them.

“This is a reminder of how lucky we are to play football here,” said redshirt senior wide receiver Trevor Ryen. “It really means a lot to us.”

“Not everyone gets to run on Jack Trice and giving our time for these guys, it means the world to me and it means the world to them.”

When I was walking around Friday evening, every football player I saw had a smile on their face and a phone in their hand.

The phone wasn’t being used to text or surf the Internet. It was being used to document the night through video, photo or Snapchat.

They wanted to hold onto the memories for future years to come.

Unlike last year’s surprise, this year, the players knew about the event and were looking forward to the day especially after three straight weeks of fall camp. It was time for a change and I don’t blame them.

Before he spoke to the media that Friday evening, Campbell ran to the dance team and cheerleaders to thank them for their help. Then, he climbed up the ladder to send his thank you to the band. Then, he came to the media to speak about the event.

“This is powerful and it was fun to watch our kids tonight as much as the children and seeing the smiles on their faces,” Campbell said. “It’s what makes a program special and I’m grateful to be a part of it and coach such great kids that are willing to do it.”

This just shows how much this event means to Campbell even in the second year of it at Iowa State.

I hope this event continues for many years because there’s a value and meaning behind this event. Whether Campbell is here for five, 10, 20 or 40 years at Iowa State, I hope this will continue through the generations of the Iowa State football program.

I’m ready for the third annual Victory Day.

WE’VE RAISED THE BAR ON ACADEMICS FOR INCOMING STUDENT-ATHLETES

ncaa.org/academics

NCAA is a trademark of the National Collegiate Athletic Association
Pie in a mug

BY JILL OBRIEN  
@IOWASTATEDAILY.COM

Cherry pie

Serves: 1  
1 1/2 cups frozen, unsweetened, pitted, dark sweet cherries, thawed (not drained)  
2 teaspoons cornstarch  
1 teaspoon granulated white sugar  
1/4 teaspoon cinnamon  
1 dash of salt  
1 low-fat honey graham cracker  
2 tablespoons fat-free Reddi-Whip  
Place thawed cherries in a large microwave-safe mug. Add cornstarch, sugar, cinnamon and salt. Stir.  
Microwave for four minutes, or until thickened.  
Let cool, about 10 minutes.  
Sprinkle with graham cracker and top with Reddi-Whip.  
(Recipe from hungry-girl.com).

Blueberry pie

Serves: 1  
1 1/2 cups frozen blueberries  
2 teaspoons cornstarch  
1 teaspoon granulated white sugar  
1/4 teaspoon cinnamon  
1 dash of salt  
1 low-fat honey graham cracker  
2 tablespoons fat-free Reddi-Whip  
Place thawed blueberries in a large microwave-safe mug. Add cornstarch, sugar, cinnamon and salt. Stir.  
Microwave for four minutes, or until thickened.  
Let cool, about 10 minutes.  
Sprinkle with graham cracker and top with Reddi-Whip.  
(Recipe from hungry-girl.com).

Peach pie

Serves: 1  
1 1/2 cups frozen peaches  
2 teaspoons cornstarch  
1 teaspoon granulated white sugar  
1/4 teaspoon cinnamon  
1 dash of salt  
1 low-fat honey graham cracker  
2 tablespoons fat-free Reddi-Whip  
Place thawed peaches in a large microwave-safe mug. Add cornstarch, sugar, cinnamon and salt. Stir.  
Microwave for four minutes, or until thickened.  
Let cool, about 10 minutes.  
Sprinkle with graham cracker and top with Reddi-Whip.  
(Recipe from hungry-girl.com).

An Iowa State tradition whipped up in a favorite mug. Not a fan of cherry? Swap them out with blueberries or peaches.
verified organizations.

organizations Active in Disaster Management

The Texas Voluntary Organizations Active in Disaster go to the National Voluntary Organizations Active in Disaster for resources.

and Student Counseling Services for resources.

the Dean of Students Office sent an email out to all students who may be affected by the disaster. The email stated, “The Ohio State University stands ready to support our community and provide services during this time. There are a number of ways to reach our services,” the email stated.

Mikey Martino Harmon, the second-year student in the program, asked students to sign up now. "And it goes from collecting supplies after disasters, mainly water to help out to volunteer logistics part,” Leal said. "I worked on basically how to improve the situation of lost community healing from the tragic consequences of disasters, but recovery lasts much longer than today," the press release said. "There will be volunteer needs for many months, and years, after the disaster, so sign up now." Leal included disaster situations while doing her dissertation as a doctoral candidate. "I worked on basically how to improve the situation of lost supplies after disasters, mainly the logistics part," Leal said. "And it goes from collecting information...all the way to visiting the disaster area." Martino Harmon, the senior vice president of Student Affairs, sent an email out to students who may be affected by Hurricane Harvey. "Please do not hesitate to contact us and request assistance. There are a number of ways to reach our services," the email stated. Those affected can contact the Dean of Students Office and Student Counseling Services for resources.

Blaskowsky doesn’t start her new job until Sept. 11, so she hopes to come back for a few days and help to the best of her abilities. Whether that’s moving furniture, tossing items away or putting sand bags in different locations. She wants to rebuild Houston again.

"I’m only one person, I know that,” Blaskowsky said. “But, I hope that I can help just a little bit to get my home back to normal.” Unfortunately, Blaskowsky knows Houston will never be the same as before, but she’s hoping that the slogan, “be someone,” can have meaning for Houston natives and people all around the world.

The only thing Blaskowsky is asking people to do is pray. If people can’t make a trip to Houston to help, she just asks for prayers because they go a long way for her. "It doesn’t have to be money, it doesn’t have to be clothes, it doesn’t have to be any of that,” Blaskowsky said. "If there’s one thing you can learn from the situation it be the best version of you because it’ll make the world a better place.”

VOLUNTEERS pg1

with his dog and is doing fine as of Tuesday afternoon. Their house is two stories, so if flooding continues, her stepbrother has the option to go to the second floor and roof.

Their house is one of a few houses on the block with a second floor, so they want to open the door for people to come over if they’re on their roofs and in need of shelter.

Blaskowsky is utilizing that slogan, “be someone,” more during this time because she can see her hometown community becoming one and supporting one another.

"If there’s anything I could challenge someone to do whether they’re in Houston or not it is to be someone,” Blaskowsky said. "Be the best person you can be and that’ll take you a long way.”

As of now, the water is about five feet away from the house. There’s a prediction of rain coming over the next couple of days, so there’s a possibility that the house could be flooded on the first floor. "Honestly, everything material-wise is replaceable,” Blaskowsky said. "You realize when this type of event happens that the only thing you care about is your family and friends because they aren’t replaceable.”

Blaskowsky has been in touch with friends and family almost every minute of the day. It’s simple texts between each other making sure everyone is safe. Now, it’s a waiting process for Blaskowsky.

She needs to wait until the storms have passed and there’s an opportunity for her to come back to Houston. Once the chance comes, she’s taking it.

The only thing Blaskowsky is asking people to do is pray. If people can’t make a trip to Houston to help, she just asks for prayers because they go a long way for her.

"It doesn’t have to be money, it doesn’t have to be clothes, it doesn’t have to be any of that,” Blaskowsky said. "If there’s one thing you can learn from the situation it be the best version of you because it’ll make the world a better place.”

TIMELINE pg3

June 3, 2014

June 26, 2015

June 30, 2016

April 4, 2017

June 27, 2017

July 15, 2015

Caitlyn Jenner received the Arthur Ashe Courage Award at the ESPYs. Jenner publicly came out as a transgender woman earlier in the year.

Military service members can no longer be discharged, denied reenlistment or denied continuation of service due to identifying as transgender.

It is ruled that the Civil Rights Act prohibits discrimination against LGBT employees by the 7th Circuit Court.

Residents of the District of Columbia are able to choose a gender-neutral option for driver’s licenses and identification cards. Instead of selecting male or female, an X can now be in place of gender.

The American Civil Liberties Union (ACLU) filed a lawsuit to sue President Donald Trump over the reinstated military ban on transgender people.