Board of Regents to consider tuition increase at next meeting

By Alex Cester 
@iowastatedaily.com
and Jake Halley 
@iowastatedaily.com

The tuition increase was overwhelmingly supported by the Board of Regents during its last meeting. Iowa State has seen a rise in enrollment over the past several years, which is expected to continue in the future. With the increase, the administration hopes to support the university's mission and ensure its financial stability.

From the start of American history, when the nation was founded, the world of aviation has been a place of innovation and invention. As the years have passed, the technology of flight has advanced significantly, leading to new possibilities and breakthroughs.

Chester Britt mourns death of Chester Britt

By Jemma Hallidas 
@iowastatedaily.com

Chester Britt, professor and chair of the sociology department, passed away this morning.

Britt had recently begun his second year serving as chair of the sociology department when he was diagnosed with throat cancer. He had been working on his second year of treatment, and his death was sudden and unexpected.

Britt was a beloved member of the sociology department, known for his dedication to teaching and his passion for research. His work focused on social inequality and the effects of poverty on individuals and communities.

Britt was known for his commitment to his students, often going out of his way to mentor and support them. He was a mentor to many students, and his death will be deeply felt by those he touched.

Britt's contributions to the sociology department and to Iowa State University will be remembered for years to come. His legacy is one of dedication, hard work, and a commitment to making a difference in the world.

Chester Britt was a true leader in the sociology department, and his impact will be felt for generations to come.
### POLICE BLOTTER

**August 29**

- **2:00 p.m.** to **4:00 p.m.**, third floor: **Open forum**
- **2:10 p.m.** to **4:15 p.m.**, **Gallery of Scientific Council**
- **2:30 p.m.** to **4:30 p.m.**, **Meeting: Professional and Scientific Council**
- **2:30 p.m.** to **4:30 p.m.**, **Woodshop Orientation**
- **4:30 p.m.** to **6:30 p.m.**, **Open forum**

### WEATHER

Weather provided by the National Weather Service in Des Moines.

### CAMPUS BRIEF

- **2:30 p.m. to 4:30 p.m.**, **third floor**: **Open forum**
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### Digitial Content

**The Daily's Best Vixen talks to middle Orehek Samara West, Alexes, Iowa, was arrested and charged with five counts of contempt of court and violation of a protection order at 221 South Oak Ave., Apt. 3, Ames, Iowa.

### News

- **WEDNESDAY, AUG. 31, 2016**

### Resident life forums

**July 6th (Enrich), June 24th (Mid) and July 2nd (Final) - Iowa State University, Ames.**

**August 1st (Full), August 8th (Mid) and August 15th (Final) - Iowa State University, Ames.**

**September 1st (Full), September 8th (Mid) and September 15th (Final) - Iowa State University, Ames.**

For more information, contact the Office of the President at 515-292-4030.
Local entrepreneurs: Ames has more to offer residents

By Travis Charlison
@iowastatedaily.com

It’s late summer; the afternoon has begun to taper off as darkness slowly creeps around the corner. A little less than an hour before the sun disappears, a bunch of people begins to smile and jump about a bit. This is the moment that Ames has to offer.

Logsdon was the guest of honor and host of the event, the first annual music festival put on by Startup Ames. “It’s really just a bunch of people that are interested in the community,” Logsdon said. “We have a great music scene in Ames and we want to promote it.”

Logsdon, who has long dreamed of becoming a local entrepreneur, said that the idea for Startup Ames came from working with the company he used to work for before launching his own project. “It was a company that had music tours around the country,” Logsdon said. “And I was like, ‘That’s interesting. We could probably do something like that in Ames.’”

The organization’s annual music festival has grown in popularity, with more than 50 bands playing in this year’s event. Bands from all different states have been invited to perform on the Fountain of the Four Seasons. Logsdon, who came up with the idea for Startup Ames, said that he hopes the event will continue to grow and that it will attract more visitors to the area.

The Fountain of the Four Seasons is the center of the Ames scene. It is located on the north side of the Memorial Union. The fountain has assumed that name because limestone is susceptible to weathering, and the fountain is created by the water that has assumed that Na-

FOUNTAIN:

The Fountain of the Four Seasons, located by Christian Paxson in 1986, is a sculpture made from limestone that has been weathered by the elements. The fountain is created by water that has assumed that Na-

The material that was available for him to use, and that is why the fountain is created from that particular stone. "As an artist, you have to think about what you are doing, and in this case, I think it is the right material for this fountain." Paxson, who comes from a Native American background, knows that it is not always easy to find the right material for a project. "I don’t think that any Native American doesn’t feel that the Christian Paxson Fountain is the only Native image on campus," said Paxson. "But it is the right material for this fountain, and whether or not it gets the recognition it deserves, it is an important piece of Native American art." Paxson described the fountain as a work of art that is representative of the Native American culture, and that it is a symbol of the Native American people's pride.

The conversation about the future of the fountain is an ongoing one. Native American students in Ames are hoping to work with the University to create a more inclusive environment for Native American students on campus. "That’s where we go next," Parrott said. "That is the way we go forward."
From “intern” you to “corner office” you, we’ll be there.
**EDITORIAL**

**Exercise proper etiquette at the gym**

By ISD Editorial Board

For some people, the gym is a place where they can forget about their problems and focus on being healthy. Regardless of what gym it is for you, many of us have seen behavior at Lord Fee Center and State Gym that takes away from the quality experience we’d like to get at the gym.

During its research, the Commonwealth Fund found that the average American spends $87.80 on health care each year, which is more than half the price of what they pay in the United States. While it’s important to take the space you need to complete your exercise efficiently, many of us are also limited space available in the gym.

Tips on how to use the gym more efficiently:

1. **Clean your equipment.**
   - When you go to the gym, make sure you are cleaning your equipment. This will ensure that the gym is clean for everyone else who uses it.

2. **Keep your equipment.**
   - If you’re using an exercise machine, make sure you keep it clean. This will help the other people who use the machine.

3. **Avoid overcrowding.**
   - If you’re doing a high-intensity workout, make sure you don’t overcrowd the gym. This will help everyone else who is using the gym.

4. **Use the space efficiently.**
   - If you’re using a racetrack, make sure you use the whole space. This will help others who are also using the track.

5. **Stay hydrated.**
   - Bring a water bottle with you to the gym. This will help you stay hydrated and avoid fatigue.

6. **Use the equipment.**
   - If you’re using a weight machine, make sure you use the equipment. This will help others who are also using the machine.

7. **Be respectful.**
   - If you’re using a machine, make sure you respect the other people who are using it. This will help everyone else who is using the gym.

When the weather is feeling cooperative, it’s nice to have a meal outdoors. Aside from some legitimate health benefits, eating outside is simply good fun. The food tastes better. The fresh air and the sunshine feel better. And there’s nothing quite like having a chance outside on that fine warm day of the year.

Unfortunately, Ames doesn’t offer a whole lot to the outdoor dining scene. With our many middle men the current U.S. health care system, it needs to happen soon. The United States ranked last among 11 other developed nations in the healthy lives category, according to a Commonwealth Fund finding.

The United States ranked last among other developed nations in thehealthy lives category, according to a Commonwealth Fund finding.

A single-payer system could also provide a greater sense of financial equality, as all citizens would have the same insurance plan despite any monetary struggles.

Not only is a federally funded single-payer system working in other countries, but other stories from America’s health care system. It’s time for the United States to look at taking a look at others. Everyone in the nation would be provided with a new single-payer system.

With prices of America’s health care system skyrocketing at unprec edented rates, I can’t help but notice a double most other developed nations.

In the case of America’s health care system, it needs to happen soon. Moving forward, I really think there’s be a single-payer system as a lone public payer medical system. There are certainly a few exceptions: The Depot Dell on Main Street, which is just north of Campustown, and the West End Market. All of these restaurants boast significantly - $10 and sufficiently quaint atmospheres. Whether that change is to a single-payer system or just finding ways to improve the current ACA system with a single-payer medical system.
ISU soccer coach promotes team communication

By Brian Mozey

IOWA STATE DAILY

SPORTS

Wednesday, Aug. 31, 2016

By Callen McNab

We’ve got your bike... • Bikes in Stock • Repairs For All Makes/Models • Free Estimates

ISU soccer coach promotes team communication

By Brian Mozey

IOWA STATE DAILY

SPORTS

Wednesday, Aug. 31, 2016

By Callen McNab
Accessorize your outfits

By Sommer Dannheiser 
@iowastatedaily.com

You can learn a lot about a person from the accessories they wear. On the handful of days you actually want to dress up for class, accessories will come in handy. If you find it difficult to dress down, have no fear; you’re probably in the majority.

It’s highly likely that your fellow classmates also value comfort and the opportunity to hit snooze where the alarm goes off in the 8 a.m. class. Having a favorite piece can make accessorizing easier.

“The reality of the situation is this: the people who pay the most attention to you, is you. Dressing your best for class really means dressing however you feel most comfortable. From jeans to sweats, everyone has their own preference.”

Ahrenholz, a graphic design major, shares how she uses accessories to accentuate their looks and their lives.

“Whenever Ahrenholz wakes up for her 8 a.m. classes each day, her clothes, her hair are the last thing on her mind. ‘I haven’t a dressed up since freshman year.”

Her simple beauty routine of foundation and mascara, paired with shiny slippers or a low bun, effortlessly craft her go-to look. When her schedule is full, Ahrenholz relies on her accessories to add a pop to the outfit and its own style.

Her morning routine usually includes picking jewelry that I can wear my favorite stack of bracelets, including a gold chain necklace. Her sister, who has been living in Amsterdam for the past two years, would do the same thing — they both keep necklaces. Whether it’s simple and the first piece you find on your dresser, or freshman boyfriend jeans with a ring-pop-friend sneakers, any look can be enhanced by accessories.

This semester, Ahrenholz has decided to add a small amount of accessories to the outfit. Sometimes the accessory simply adds visual appeal. Other times it helps us remember people and things due to us. “Whenever you see a necklace, it’s a piece of jewelry that I can add to a basic outfit to dress it up a little bit,” said Ahrenholz

“My outfit. Jeans, shoes, and accessories is the very same thing — they make me feel like a different person,”

Ahrenholz referenced a pair of olive skinny jeans and a white eyelet lace top. These two items are a staple of her history-bonded wavy black tresses and casual tomboy look. The outfit is finished with a gold, layered bobbled necklace.

Ahrenholz models a stack of bracelets, including a gold chain necklace. Her sister, who has been living in Amsterdam for the past two years, would do the same thing — they both keep necklaces. Whether it’s simple and the first piece you find on your dresser, or freshman boyfriend jeans with a ring-pop-friend sneakers, any look can be enhanced by accessories.

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“Six months later—still love it. The lifesaver for all days!”

From our experience, the majority of things dear to you are, it’s up to you, because it’s up to you to decide what to wear to add some personal flair and take any outfit to the next level.

WATCH
With cellular phones, watches have become less of a necessity and more of an accessory chosen for aesthetic. Watches can add a personal flair or be functional. Belts come in many different forms and can have detail elements like spikes, studs, patterns or textures. For men, wearing a belt is more common for keeping your pants on. Adding a belt for a ball cap for a more casual look for the ball cap or a more casual look for your personality, and girls can wear similar styles over heels to tie an outfit together.

If you haven’t started a collection, try spending a couple of minutes each night choosing the outfit you’ll wear the next day. If you see one you love, make yours or a great deal, grab it! Women can wear belts at the hip or waist. Belts easily give an hourglass shape to T-shirt dresses or tunics and can be tied or closed in different ways to create different effects. Belts come in many different forms and can have detail elements like spikes, studs, patterns or textures. For men, wearing a belt is more common for keeping your pants on. Adding a belt for a ball cap or a more casual look for your personality, and girls can wear similar styles over heels to tie an outfit together.

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5 items to complete an outfit

Add one or more style and personality to your outfit by putting on one or two accessories before you head out the door each morning. Whether cultivating a set of go-to items or having your accessory choices off of a certain style, this simple strategy can have a huge impact. Some ways to complete an outfit are:

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# Fall 2016 Fitness Class Schedule

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*Classes are subject to change.*