Friday nights are sacred.

There’s something about making it through five days of classes and homework — no matter how much effort you allocated towards them — that earns you an evening of leisure. Some people may reserve Saturdays and/or Sundays as work days, but for many, Fridays are always meant to be enjoyed.

Take a random sample of students at Iowa State and you’re guaranteed to see a wide variety of Friday night activities. Underclassmen shuffling in-and-out of dorm parties, those heading to Welch Avenue hoping to indulge in some debauchery with a stranger, two soul-mates staying in to relax, a group of close friends getting together to play tabletop games; all these things will most likely have at least one common factor: the music scoring the evening.

While a majority of students and faculty consume music in similar fashions, the ways music impacts certain people can vary wildly from person-to-person.

“I think in college, you have the chance to experience music in a variety of ways,” said Michael Giles, senior lecturer in saxophone and jazz.

Students are consuming music more rapidly, and more pigeonholed than ever. With the rise of streaming services such as Spotify and Apple Music, most everyone seems to find their own niche through the internet. However, alt-rock is far from the most prominent genre in the world, let alone a college campus. As the idea of streaming becomes more and more commonplace, big personality, low-quality pus. As the idea of streaming becomes more and more rapid, and more pigeonholed than ever. With the rise of streaming services such as Spotify and Apple Music, most every one seems to find their own niche through the internet. However, alt-rock is far from the most prominent genre in the world, let alone a college campus. As the idea of streaming becomes more and more commonplace, big personality, low-quality hip-hop artists seem to be benefiting the most.

A musician’s career is often defined by success. A musician’s career is often defined by success. For Giles, he has already made it. He has a job at a major university teaching multiple classes and instructing one of the university’s jazz combos. However, even someone with an established gig can find it difficult to manage the relationship between work and play.

“Leading a class and rehearsal, that’s the job,” Giles said.

“Can someone make it? Well, yeah, everyone can make it. But you have to define what ‘making it’ is, and then determine what you’re willing to do,” Giles said.

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Acts like Lil Pump and 6ix9ine are capitalizing on shock value, increasingly short attention spans and a homogenous scene.

“You're [18] and what you’re trying to do is, a) Figure out how to get around this world of your own devices and b) Be liked,” Giles said.

“You want friends, you want affirmation, you want comfort.”

However, trap-rap and soundcloud-rap isn’t typically the preferred genre for those that consider themselves music enthusiasts. Of the people I’ve spoken with involved in campus clubs such as GENRE, a club that groups student musicians together to form bands and KURE, most of these individuals express their greatest admiration for funk, jazz and indie-rock, and the many sub-genres found within.

While musical taste can be developed over the years, there is a definite preference that is established during our early years of music consumption.

“A lot of groups in [those genres] are putting out music … to elicit a feeling, or a memory, or something like that,” said Julia Studer, junior in biology and lead vocalist of Truth Machine, a GENRE club band.

Studer directly cited pop-punk groups such as Mayday Parade and All Time Low as early influences of her’s, the former of which she has seen sixteen times in concert.

“The kind of music that these groups put definitely connects to people more,” Studer said.

Musicians have long been known to battle mental health, but the issue was brought back into the limelight after the self-inflicted deaths of Chris Cornell and Chester Bennington in 2017.

According to a study conducted by Help Musicians UK (HIMUK), the United Kingdom’s leading independent music charity, 71 percent of respondents believed they had suffered from panic attacks and/or high levels of anxiety.

“Self-doubt, we all have it,” Giles said.

“You’re trying to chase down a muse. You’re trying to keep up with your neighbor, pass your neighbor, get in front of the next guy. It’s like working your way through a marathon race.”

A musician’s career is often defined by success. That is self-determined. One might determine a musician’s success by how many Top 40 hits they’ve had, but for those pursuing a career in the field, it’s ultimately up to them to decide what “making it” truly is to them.

“Can someone make it? Well, yeah, everyone can make it. But you have to define what ‘making it’ is, and then determine what you’re willing to do,” Giles said.

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Galia Williams received a phone call from former Iowa State quarterback Seneca Wallace about the idea of owning a few Wingstop restaurants.

Williams, director of Wingstop LLC, loved the idea and said it was a perfect fit for Wallace because the quarterback didn’t just like wings — he loved them. The idea was great, but she had one big question left.

Where would he put these restaurants?

Wallace and Williams knew they wanted to go to Iowa since it’s home for Wallace, so Williams’ first thought was Des Moines.

Wallace had other plans.

“He came to me saying ‘I want to do it in Ames,’” said Williams, a Los Angeles native. “I said ‘Ames? I’ve never heard of that.’ I told him I’d need to see the city before I was on board with the idea.”

So, Williams flew to Iowa and traveled from Des Moines with Wallace to check out the Iowa State campus and the Ames community.

She still wasn’t sure until she realized how popular Wallace was in the community with Iowa State fans.

People were walking up to Wallace and Williams and saying they loved Wallace and what he did for Iowa State during his career and afterwards, too.

After all the exchanges on the street with fans, Williams was driving and saw an Iowa State license plate that said “Seneca” on it and she knew this was the place for Wingstop.

Wallace said this is the place that started his entire career for football, so he knew instantly that he wanted to give back to the community that helped his NFL career start in a positive direction.

“I like it. It’s been a blessing,” Wallace said. “It’s all memories.” Wallace said. “This one play stands out for everybody even if you’re not an Iowa State fan.”

Wingstop has 11 kinds of wings, both bone-in and boneless, ranging from basic barbecue and teriyaki flavors all the way up to atomic levels.

They focus on wings, fries and a handful of side dishes, so Wallace said the product is nothing like anything else because the focus is on the wings since it’s the sole product.

“We are excited about the future of Wingstop in the Iowa area because Seneca and I have some great ideas with other locations in mind,” Williams said. “But right now, his focus is on the Ames location because these community members deserve to have the best wings after the support they gave him during his time here.”
Freshman Aithar Alfarsiah has visited her home a total of three times since 2016. Twice during summer breaks and another time in winter break 2018.

BY MIA.WANG
@iowastatedaily.com

Even with school work and a busy schedule, many college students still get to visit their family members several times each year during breaks. Some students only see their beloved parents or close relatives once a year, or as rarely as every four years.

Aithar Alfarsiah is from Oman and is a freshman studying software engineering. She came to Iowa State in 2016 through a government sponsored program. Since 2016, Alfarsiah has gone home three times, twice during summer breaks in 2016 and 2017, another time for winter break in 2018.

Alfarsiah said the tight time schedule and high expenses are two major difficulties for international students when it comes to going home to visit family. “My home country is in [the] Middle East; I’m going to spend two days traveling,” Alfarsiah said. “The flight tickets are too expensive. Plus, I need to plan my trip ahead of time to get discount. My schoolwork is really heavy and I often didn’t think of going back home until the end of every semester.”

Alfarsiah has a tight relationship with her family. She said she wasn’t thinking of being away from her family as much as the goals she wanted to accomplish when she decided to study abroad. “I saw many Omani groups when I got to America, so I felt I was between my family,” Alfarsiah said. “However, my mom was so scared for me. She thought since I would be here alone, if something bad happened to me, she couldn’t help.”

When Alfarsiah was in Oman, her family would go to the beach on Fridays, to mark the beginning of the weekend. She said she has lost a lot of moments like that with her family. “Sometimes the homesick[ness] really makes me sad,” Alfarsiah said. “I feel like I matured overnight,” said Sun. “My father is a stern and strict figure in my life. He gave me tough love most of the time and I had to do everything by myself, including apartment hunting, getting school paperwork done and having good times. He said he is not the type of person who gets home sick very often.”

When Sun told his parents he is not able to go home and visit them until 2019, they were shocked and confused. Since Sun is their only child, they had a hard time processing the news. “They just didn’t understand at first,” Sun said. “They questioned my choices and expressed their concerns a little bit, but eventually they said they support my decision.”

Sun spent the last several breaks with his friends and had good times. He said he is not the type of person who gets home sick very often. “Maybe it’s because of the way I was raised,” said Sun. “My father is a stern and strict figure in my life. He gave me tough love most of the time and I always independent, even when I was a child.”

Sun said he doesn’t go out often. Even during spring break, he said he will stay home and watch TV shows. “I became a home person when I came to America,” Sun said. “All the crazy stuff I did back home seems so boring to me now.”

“Sometimes the homesick[ness] really makes me sad. If I think of it a lot I’m gonna cry, because I just can’t handle it.” - Aithar Alfarsiah, freshman in software engineering
POLICE BLOTTER

3.19.18

Augustus James Leonard, age 19, of 6596 O Ave - Holstein, IA, was cited for possession of alcohol under the legal age at Morrill and Lincoln Way (reported at 12:15 a.m.).

An officer initiated a drug related investigation at (reported at 0:59 p.m.).

An officer initiated a drug related investigation at 925 Burnett Ave (reported at 3:16 p.m.).

An officer initiated a drug related investigation at (reported at 11:17 a.m.).

THE IOWA STATE DAILY BUSINESS DIRECTORY

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IOWA STATE DAILY CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-3688 or via email at editor@iowastatedaily.com.
The opioid crisis continues to cripple America as more than 115 people are dying by overdosing on opioids every day. The misuse of painkillers has ballooned in America and is quickly taking hundreds of lives.

In October 2017, President Trump declared the opioid crisis a public health emergency and has recently released a plan to handle the opioid crisis.

Trump’s plan calls for expanded addiction treatment, an advertising campaign to discourage drug use and a tougher approach to law enforcement, even going as far as to say that the death penalty must be used to end the opioid crisis.

The death penalty is too extreme of a punishment for drugs, while also being a punishment that has a shaky moral groundwork. But besides that wild claim, it is good to see some action being taken on the national level. We will have to wait and see if it actually leads to any real results.

But this isn’t just a national issue, it is also one that is prevalent in Iowa. In 2017, about 270 million opioid painkillers and other addictive pills were sold in Iowa, which is about 90 pills per person in the state. What makes this insane statistic worse is that the 270 million pills sold in 2017 is down from 301 million pills sold in 2016. Somehow, 90 pills per person is a step up, which shows how extreme this crisis has become.

According to the Iowa Department of Public Health, there were at least 195 opioid-related deaths in Iowa in 2017. That number is expected to increase as more deaths certificates come in from 2017.

People are abusing painkillers and dying as a result, so what are we doing to combat this?

The Iowa House recently passed House File 2377, a bipartisan bill that would help save lives and reduce the impact of the opioid crisis. This bill would implement Good Samaritan laws for those seeking medical assistance for a drug-related overdose, require physicians to file every prescription electronically to avoid forgeries and most importantly, place a limit on opioid prescriptions.

This bill, if passed, would be a strong first step to ending the opioid crisis in Iowa. But it is important that this problem isn’t going away and that is why we need to do more.

We need more legislation like House File 2377 on federal and state levels. We need to encourage our leaders to continue the fight to end the opioid crisis.
The season is just getting started for the Iowa State women’s lacrosse club as it heads onto the turf at the Lied Recreation Center to start its practice.

The team starts running drills as well as it can within the confined space of the turf. It has been practicing for months to prepare for the season and its first tournament in Illinois. Even though this team has been practicing for months, it is still missing one thing.

When you look on the sidelines at practices or games you won’t see a coach. No coach to plan the practices, no coach to set the lineups and no coach to set up a game plan.

That’s where Simone Kull and Kelly Piazza come in. Piazza and Kull are the president and vice president of the club, respectively. But not only that, they also coach the team.

Their coach left the team after last season. A season in which the team was one game away from making it to nationals. When you look on the sidelines at practices or games you won’t see a coach. No coach to plan the practices, no coach to set the lineups and no coach to set up a game plan.

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Piazza is a senior who plays defense and midfield for the team.

She has been a part of the club since her freshman year and remembers when they team only had 12 players.

“We plan all our practices, we plan conditioning, just really figure out everything,” Piazza said.

So even though the club doesn’t have a traditional coach, the duo of Kull and Piazza take care of all the coaching duties, while still playing on the team.

Kull is a senior and has been a part of the club for all three years and plays goalie for the team.

“It was sort of natural,” Kull said. “Goalie is a big communication position. I do a lot of directing on the field, so that kind of translates off the field to coaching.”

Kull wasn’t expecting this player-coach role when she joined the club, but she has grown into it. Even though it hasn’t always gone right, she has learned from those mistakes to become a better coach.

“The hardest part about being a coach is that you’re not going to please everyone,” Kull said. “You never want to be the bad guy, but it’s important to critique each other to improve.”

The women’s lacrosse club enters the season this year ranked No. 20 in the country. So it goes without saying that making it back to nationals is one of the team’s primary goals this season.

This year’s nationals take place in Dallas. This would be the club’s furthest trip of the year.

To almost all of the team, the feeling of nationals is unfamiliar. One player who has been to nationals before is Piazza.

Piazza was on the team when the club went to nationals during her freshman and sophomore years. Then, just missing the cut last year, that’s the last time the club made it to nationals.

“My freshman year we only had 12 players,” Piazza said. “So we didn’t have any subs and no one really knew who Iowa State was. But we showed them and we came back the next year.”

Making it to nationals for this team would mean so much to them.

Not only for their seniors who are graduating, but also to prove everyone else wrong that they can do this by themselves and without a coach in their corner.

“It would mean that we can go against the odds and that we have the dedication and passion to do this all on our own,” Kull said. "Considering people in our league doubt us and obviously outside the league, that only gets exponentially higher. It’s kind of like an underdog story.”

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Netflex stars release new music

BY ANGELA RIVAS

For years, actors have expanded their talent by producing music and going on tour. Looking at some of the classics like Jared Leto, Will Smith and many Disney stars, we can see how talented one person can be.

In 2017, not only were we given new addictive shows like “13 Reasons Why” and the second season of “Stranger Things,” but also new music from members of the casts of these shows.

Next month will be one year since “13 Reasons Why” was released on Netflix. The most tweeted about show in 2017 left viewers astonished. Receiving lots of acknowledgment for his work on the screen, it’s time to start acknowledging Minnette’s work off the screen. Last April, the 21-year-old actor announced on Instagram that his band, Wallows, had released their first single, “Pleaser.”

A total indie headbanger, the single quickly blew up with over 2 million streams on Spotify in a short amount of time. Since last April, the quartet has released more singles including “Uncomfortable,” “Pictures of Girls.”

Wallows just finished up the last leg of their tour around the United States. Playing in smaller venues, the band had no trouble selling out shows in big cities like Los Angeles, Chicago and New York.

Evolving from Led Zeppelin covers at 12 years old and playing at Warped Tour in 2011, Wallows is aiming to produce a full-length album soon.

“When this season is over, I plan to go full force into [Wallows],” Minnette explains in an interview with Associated Press. He was referring to the second season of “13 Reasons Why,” which is expected to air later this year.

Minnette is not the only actor going full force into the music industry, but rather the entire cast of “Stranger Things” is as well.

Finn Wolfhard, the Canadian actor best known for his role as Mike Wheeler in “Stranger Things,” is the frontman of his band Calpurnia.

“I realized at the last second that I need a band as well,” Wolfhard said in an interview on Beats 1. Calpurnia just released its first single on Spotify, “City Boy,” earlier this month. The single reached No. 1 on Spotify’s Global Viral 50 playlist in no time at all.

Calpurnia is working on more music while Wolfhard is filming the third season of “Stranger Things.”

Post Animal is looking to release their debut album, “When I think of You In A Castle,” on April 20. The album will feature Kersey, but he will not be going on tour. The 25-year-old actor is taking time off from the band to pursue his acting career.

“It comes as no surprise that our incredibly talented Joe has found success in other artistic endeavors,” said the band in a press release. With the actor’s busy schedule, Post Animal had no problem releasing their first single “Ralphie” earlier this year.

Gaten Matarazzo, also known as Dustin Henderson in Stranger Things began his career on Broadway. The 15-year-old actor is the frontman and guitarist for Post Animal. Post Animal is working to put out new music, hint the name of the band.

Fighting Demogorgons all day doesn’t keep Matarazzo too busy. The band managed to play a sold-out show at Asbury Park in New Jersey last December.

“We feel playing a bunch of different genres will benefit us when we start recording original songs,” said the band in an interview with “The Aquarian Weekly.” The band currently doesn’t have any original material out, but plays covers.
part. The artist part is trying to be a good role model, or be inspiring, or be someone you are glad you're spending time around or feeding a certain thing that exists within you abstractly that you can't really determine what it is," Giles said. "I care a lot more about [the artist] part."

"There's pressure of 'making it' which can also bleed into a student's day-to-day routine."

Kyle Kain is a 34-year-old senior in instrumental music education who has two children of his own.

"Some professors expect more from non-traditional students because they think they should be more focused and motivated, and other instructors expect less from non-traditional students because they think, 'Well, they were a failure earlier in life, so they're not going to do much now,'" Kain said. "I have a shot.""There's doubt from the outside," Giles said. "Not from whether 'they' know it or not but just the odds.""There are songs that have specific memories for me. I can't dismiss a musician's mental space. If a musician does a great thing, I would be able to do, but I didn't grab him by the shoulders and tell him, 'Man, that was something else,'" Giles said. "You're kind of living their dreams."

Therapy in this form has the potential to resurface negative experiences, but Studer believes that music can be used as an incredible tool for those who aren't as outwardly vocal about their troubles. "It's amazing,' or 'God, I wish I could do that,' or 'I should have stuck with it,'" Giles said. "You're battling the self-doubt is ongoing," Giles said. "While there are typical 'downsides' to a career as a musician when viewed through what is typically defined as 'success'—modest salary, irregular hours, etc.—the highs are much higher than the lows."

"How much is that [recognition] worth? Those people care keep their high-paying gig and have nobody [praise] you. And I'll keep my very modest paying gig and pray people say that to me," Giles said with a laugh. "You're kind of living their dreams.""In order to get establish that [position description] we did a lot of advertising across the nation on behalf of Iowa State, and reached out to a variety of individuals on a national level to assist with the search process. This search process has been different for VanDerZanden due to the complexity of this particular college. The Vet Med college is a large organization, and quite a complex organization because of the role they have in training students, the work they do in the diagnostic hospital and in the large animal medicine department," VanDerZanden said. "It's a very large, very complicated organization as a whole."

"With that being said, a large requirement the college will look for as they continue to search for the next dean is a record of significant leadership experience that shows the candidate is qualified to tackle such a large vessel."

Another unique thing about this particular process is that Veterinary Medicine students have been involved in all campus visits with the first three candidates, providing them with an opportunity to meet the candidate and show them the college from their perspective. "Usually, we have a student representative on executive positions involved [in search processes]," VanDerZanden said. "I think in this case, the college is such a large and complicated organization that having students interact with them [the candidates] was very beneficial. I think it's one thing to interview a faculty or staff member, but it's much different when you are able to speak with a student." Abbey Smith, a Veterinary Medicine student and president of the Student American Veterinary Medical Association thinks that the college is in good hands as the search continues on. "I know that President Wintersteen and Provost Wickert are making decisions based on what they think is best for the school and many factors were taken into consideration to make their decision to continue the search for a CVM dean," Smith said.

"Some professors expect more from non-traditional students because they think they should be more focused and motivated, and other instructors expect less from non-traditional students because they think, 'Well, they were a failure earlier in life, so they're not going to do much now,'" Kain said. "I have a shot."

"I just had a plumber come to my house today. He did a great job. Did things I would be able to do, but I didn't grab him by the shoulders and tell him, 'Man, that was something else,'" Giles said. "You're kind of living their dreams."

After pursuing music for over two decades, Giles has developed a real appreciation for the praise he is able to receive due to his passion-turned-occupation. "I had just a plumber come to my house today. He did a great job. Did things I would be able to do, but I didn't grab him by the shoulders and tell him, 'Man, that was something else,'" Giles said. "You're kind of living their dreams."

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"I have people come up to me all the time: 'That was amazing,' or 'God, I wish I could do that,' or 'I should have stuck with it,'" Giles said. "If I should have stuck with it," Giles said. "You're kind of living their dreams."

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