International Week comes to a close

By Anneke Johnson

International Week at Iowa State will come to an end Friday with International Night, an event taking place 6:30 to 11 p.m. in the Great Hall of the Memorial Union. International Week is presented by the International Student Council and various international and multicultural student organizations at Iowa State. It allows attendees to learn about other cultures through various interactive experiences.

The International Student Council website asks, “Do you want to travel other countries, but are low on funds? Feel curious to learn about other cultures? Crave food from different countries?”

The week began on Sunday with “World Cuisine — Around the World in 30 Dishes” in the South Ballroom of the Memorial Union. At the event, attendees could sample foods from different cultures made by ISAs and eat while learning about the culture.

Then, Wintersteen delivered an update to the board on the strategic plan that runs from 2017 to 2022. The three items included changing the name of the Iowa State University Kent Corporation Feed Mill and Grain Science Complex to the “Iowa State University Curtiss Farm Feed Mill and Grain Science Complex,” accepting of a real estate gift from Mr. Ronny Tharp on behalf of Iowa State as an addition to Iowa State’s McNay Research Farm, and permanently closing the Center for Plant Responses to Environmental Stresses as well as the Industrial Assessment Center.

“Goal one in Wintersteen’s presentation was “ensuring access to the Iowa State of Iowa,” Wintersteen said. “This experience also includes our growing culture of innovation and entrepreneurship, which we are integrating across undergraduate curriculum.”

The experience includes practical, global and leadership opportunities to prepare our students for the 21st century,” Wintersteen said. “This experience also brings all of us together and allows us to portray what our religion and our tradition and what our culture is to other people so that they get to experience […] what we enjoy back home,” said Priyanka Kadagachchi, junior in computer engineering and vice president of the ISA. “Diwali is one of the biggest religious observances in the world and is celebrated every autumn between the Hindu months of Avrina and Kartika, according to National Geographic. This major holiday is celebrated not only by Hindus, but also by many different religious groups including Buddhists, Jains, Sikhs and others all over India and around the world.

Kadagachchi said the story of Diwali varies across India, but it always involves the main theme of the triumph of good over evil. Diwali is also called the Festival of Lights, which comes from the deus, or small candles and clay lamps, that Indian families light around their homes during the festival. It is a five-day celebration of family gatherings, fireworks and deus, worship to the goddess Lakshmi and other Hindu deities and sharing of food and goodwill.

This event is one of the most important holidays for the Indian community, as it brings people together to spend time with each other and create happy memories.

“I think the biggest reason is just bringing people together, that’s all we want to do as a committee,” said Rahul Namboori, senior in management information systems and president of the ISA. “This event is so significant to us for that big reason, just bringing people together for the four hours that they’re there, and have them enjoy the event and just relax and have fun while doing so.”

The festival will include a wide variety of activities.

“There will be Indian traditional dances and some fun kind of dances that a lot of people here also enjoy, like Bollywood,” Kadagachchi said. “There will be very amazing Indian food. It always stays with a person because it’s a huge event. It’s a very important event for all of the Indians there, so a lot of people remember this event, so it’s very important for us also to make it a point to portray a good event for them, to make it a good celebration.”

While celebrating Diwali looks different in the U.S. than it does in India, Namboori said the ISA tries its best to replicate what the experience is like.

“It’s really hard to celebrate these festivals here in America, so [we’re] just doing what we can to bridge the gap, basically, and helping as [many] people as we can doing it,” Namboori said. “This is something you’ve been celebrating ever since you were born, so you’re accustomed to that Diwali culture, where you get with your friends, you have fun, […] but here, it’s harder because there are so many people from different backgrounds, so you have to teach them about Diwali and be like, ‘this is what we do in India.’ We want you to experience that in whatever way we can help.”

Tickets for the festival are available online or at various locations on campus, which are updated daily on the ISA’s Facebook page. Tickets are $5 for Iowa State students and $10 for non-students.
Celebrate America Recycles Day, Memorial Union, hallway outside the ISU Bookstore at 10 a.m. Join ISU Recycling Services and the Student Government Sustainability Committee to celebrate America Recycles Day, offering information, games and prizes all focused around reducing, reusing and recycling.

Open forum: University registrar finalist, Oak Room, Memorial Union at 11 a.m. The names of four finalists in the search for the next registrar will be announced the business day before they visit campus.

Paint Your Own Pottery: Let it Snow!, Workroom, Memorial Union at 4 p.m. Baby, it's cold outside! Warm up with a snowman mug, adorn with ornaments and embrace the season with reindeer and other woodland friends. We will show you the basics of painting your piece and fire it within a week. Studio fee is $44 for ISU and $5 for public to attend plus the cost of the bisque you select.

Visit Day: Prospective Design Graduate Students, Gallery, College of Design at 12:30 p.m. The College of Design is hosting a visit day for students considering a graduate degree in design or art majors. Participants have an opportunity to interact with faculty and students, tour facilities, engage with other prospective students and learn the value of Design's outstanding graduate programs. Register online.

Planetarium Show: The Life Cycle of Stars, ISU Planetarium, Physics Hall at 6:30 p.m. Are you curious about space? Do you wonder about what you can see in the night sky? If so, bring your questions and come to the ISU Planetarium and join us for an evening under the stars!

Cyclone Central Tailgate, Alumni Center at 11:30 a.m. Cyclones everywhere are invited to celebrate at the Alumni Center before every home football game. Enjoy giveaways, shopping, refreshments, marching band performances, Cy and spirit squad appearances, entertainers for all ages, open 3 hours prior to kickoff and end 30 minutes prior to kickoff.

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction.

To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.
Reflecting on progress

Ivy College of Business dean talks new developments

BY KIRSTIE MARTIN
@iowastatedaily.com

Raisbeck Endowed Dean of Iowa State's Ivy College of Business David Spalding has witnessed the implementation of new aspects of the college.

The Ivy College of Business has had a lot of new additions including a new college name, new programs and new opportunities for students.

“Our goal is to continue to create programs and have programs here that will excite students and prepare students for the future and draw them into setting here in the Ivy College of Business,” Spalding said.

They said they are continuing to work on new degree opportunities for students.

A minor in consulting is going through the internal processes at Iowa State to get approved. This program is designed for students who choose to go into the consulting field. The minor will emphasize decision making skills, critical thinking and presentation skills.

“We consider this a major that is going to be well-set for their careers in whatever career they choose,” Spalding said.

“Whether it’s with a consulting firm or whether they choose to go to work for a corporation.”

At the September meeting of the Board of Regents, a new undergraduate in business analytics was approved. Spalding said it will officially launch in the spring.

“We think there is a lot of opportunity in this field as well,” Spalding said. “In the meetings I’ve had with businesses during my time here in Iowa there are two areas they consistently say that they need more talent in: business analytics and sales. So [..] we’ve looked at launching new programs in each of those areas.”

This year the amount of students in the entrepreneurship major program almost doubled from last year, Spalding said. He said they also saw a strong increase in the number of students in the supply chain management major.

The Gerdien Business Building expansion is also in full swing. The college had a topping ceremony Oct. 29 where they lifted up the last piece of steel. The building is being enclosed.

“We expect to have it fully enclosed by the end of this month,” Spalding said. “Then they will be able to put heat in and spend the whole winter inside the building. This is a critical time piece for us-getting the building enclosed before winter comes. We’re not planning on holding classes in there next fall, but we will start moving furniture in and taking possession of the building starting in September. There will be spaces in there that we will certainly be able to use starting in the fall semester.”

Classes are scheduled to start in the new part of the building in the spring of 2021.

The new name for the College of Business was announced and implemented last spring. Now known as the Ivy College of Business, Spalding said they are continuing to do “We are Ivy campaigns.”

“I feel that the identity campaign has helped us with visibility,” Spalding said. “Our [Master of Business Administration] program was ranked 47th in the country by U.S. News in the spring of 2019. I think part of that is due to the visibility we got in the Ivy [branding] campaign.”

At the end of September, the Ivy College of Business was recognized for having the best Master of Business Administration program in Des Moines for the second year in a row.

Internship opportunities are also on the rise for Ivy College of Business students.

“I know I have meetings scheduled over the next few weeks with a couple people that are interested in creating more internship opportunities in the insurance industry and that’s a great industry here in the state of Iowa, a lot of opportunities for students,” Spalding said. “So we are continuing to develop those opportunities so that students haven’t yet found an internship [can] continue working at that.”

New opportunities outside of the state are also being created for the students to learn.

“We’re continuing to increase the number of [opportunities], celebrate abroad opportunities and work on some new ways and styles,” Spalding said. “For example we’re doing one where students will travel over Thanksgiving break to Africa and participate in projects that revolve around giving back to the community, which is a little bit of a different twist on the study abroad program for us. I continue to think that it’s important for us to provide opportunities to our students to get a global experience during their time here.”

Spalding said six years ago the Ivy College of Business had about three percent of their students have a global experience during their time at Iowa State, and now that number is up to 5.5 percent of the college’s students.

“We continue to look at ways to make that easier for students to engage with,” Spalding said. “You know, the world is a smaller and smaller place. And providing our students an opportunity to explore and be part of the broader world is valuable.”

Workshop teaches negotiation for salaries, job offers

BY QUINN VANDENBERG
@iowastatedaily.com

Iowa State’s College of Human Sciences Career Services department hosted a Salary and Offer Negotiation Workshop,” on Thursday in the LeBaron Conference Room 1009.

Approximately 35 participants attended the workshop, a majority of which were students from Iowa State’s College of Human Sciences.

As attendees entered the conference room, a television monitor displayed statistics on negotiation, emphasizing the importance of the topic. 90 percent of employers don’t retract offers due to an entry level candidate trying to negotiate, 74 percent of employers increase first offers from 5 to 10 percent in negotiations and 62 percent of new hires do not negotiate salaries.

Amanda Schickel, recruiting and career coordinator for the College of Human Sciences Student Services, led the workshop with a presentation and engaged the participants in discussion.

Schickel asked attendees why graduates may choose not to discuss starting salary with a new employer.

Responses included fear of offending an employer or losing a job prospect, feeling pressure to accept from lack of background knowledge on salaries and excitement about being offered a position at all.

Schickel said candidates who chose not to negotiate can be missing out on large amounts of money over time. Raises are usually based on a percentage of an employees salary. A smaller initial salary leads to smaller raises.

After stressing the importance of proper negotiation, Schickel described how and when to negotiate.

“We recommend waiting until you have an offer on the table to begin the negotiation process,” Schickel said. “If you wait until the end, when you have that offer you know that they’re interested, they want you for that position and you have a little bit more power at that time to truly negotiate with them.”

Schickel said once an offer is given, candidates should ask for time to consider the offer and conduct research on salary when looking for a job.

“I wouldn’t just go to one resource and research it and call it good,” Schickel said. “I’d look at a lot of different things you might see different things.”

Schickel said she recommends salary.com or payscale.com as starting points for people conducting research on starting salaries.

Schickel also presented a portion of a Career Outcomes Report. The College of Human Services Career Center collects concrete data to help students determine information on average starting salaries for different majors. The career

Feminist Friday to discuss the idea of a feminist Jesus

BY LORETTA MCGRAW
@iowastatedaily.com

Religion will enter the conversation at 1 p.m. this Feminist Friday at the Margaret Sloss Center For Women and Gender Equity.

Jennifer Hibben, campus pastor of the Wesley Center and reverend for the Collegiate United Methodist Church, will lead this talk titled “Jesus Was A Feminist.”

“I think people who have a history with the church will find it more confusing or interesting,” Hibben said. “Someone who’s not Christian, not interested in being Christian could come still, and maybe they would actually better understand Christians, but also be able to say, Christians may say that feminism is wrong or not in-line with their beliefs, but I’ve actually studied Jesus and understand it in this way.”

Hibben said she first came to the conclusion Jesus was a feminist upon further examination of biblical scripture. Those in attendance at the Feminist Friday will talk to have the opportunity to more closely examine and draw their own conclusions.

This week’s Feminist Friday follows similar talks hosted at the Wesley Center, including “Jesus Was Not White” and “Jesus Is A Rebel.”

“At Wesley, we have students who actually fall across a spectrum, some people who would consider themselves atheist or agnostic but are very interested in learning about Christianity in a safe environment, or people who are kind of trying to figure out ‘Am I a Christian or do I not really want to identify with that?’” Hibben said. “We wanted to create a space for people to say, ‘I’m a feminist and I’m a Christian,’ and that’s actually not contradictory; you don’t have to be one or the other.”

>> WORKSHOP p.12

BY QUINN VANDENBERG / ISD
Amanda Schickel presents negotiation skills at the workshop Thursday.
Iowa State Daily
Friday, November 15, 2019

Dance event to celebrate veterans
BY MORGAN ZMOLEK
@iowastatedaily.com

May I have this dance?
Finishing up the Veterans Day events as part of Veterans Week on campus, the Iowa State Cardinal Swing Dance Society (CSS) is hosting a social dance event from 7 to 11 p.m. Saturday in the Sun Room of the Memorial Union.

The Veteran’s Day Swing Dance is in honor of those who have served in the military. CSS is a student-run Iowa State club. It is open to anybody interested in swing dancing.

The club teaches free dance lessons beginning at 7 p.m. Tuesdays and 5:30 p.m. Thursdays at State Gym. The classes are taught in 30 minute intervals depending on the participants’ skill levels.

The social dance event is a way for CSS to honor and celebrate veterans and give people the chance to bond with veterans and the rest of the community, said Ashley Correa, CSS club secretary and junior in management.

Veterans and Reserve Officers’ Training Corps (ROTTC) members gain admittance for free, while general public admission is $7 and CSS members’ admission is $3. A live band will play while members of the club teach participants how to dance.

Lessons during the event will occur from 7 to 8 p.m. for anyone who needs help getting down the basics before the main dance to follow.

“This event has been happening for several years and typically includes a live band whose members are veterans, but that was not able to happen this year,” Correa said. “This year honors and celebrates veterans.”

Correa said, “It’s one of the bigger dances, so it’s a good way to bond with the Iowa State and Ames community, get to know people, see veterans face to face, learn something new and have fun through dancing. If you have the time, you should come by.”

Talk About It: Coping

Negative ways people cope with mental health issues
BY LOGAN METZGER
@iowastatedaily.com

Editor’s note: This is part seven in our weekly mental health series “Talk About It.” Sensitivity content may follow.

If a person is stressed out or experiencing symptoms of trauma or post traumatic stress disorder, they may attempt to deal with their problems through negative ways.

This is called coping. To cope is to make a specific alteration physically, emotionally or mentally so the person can manage or adapt to something that is causing them distress.

“A coping mechanism is any behavior or even a thought that you use to reduce anxiety or depression or stress or any bad feeling,” said Monica Marsee, associate professor of psychology.

There are different ways people negatively cope with their mental health issues, which include but are not limited to substance use, avoidance and risky behavior.

“Negatively coping with issues is a lot easier,” Marsee said. “It is more immediate gratification. I could go to a therapist and talk about my depression symptoms, or I could just go to a bar and that would make me go away instantly. They would come back even worse because alcohol is a depressant.”

SUBSTANCE USE AND DEPENDENCE

People may take drugs or drink alcohol to try and feel better. Using drugs and drinking alcohol can be a way for them to avoid the unpleasant thoughts and painful emotions they’re experiencing, which often result in substance abuse and sometimes substance addictions.

“One thing people turn to in order to cope with depression and anxiety is alcohol or other substances,” Marsee said. “It is a pretty common thing: you’ll see those who have depression or anxiety also have substance abuse problems along with that. In order to get rid of that bad feeling, they will use those substances.”

Substance abuse can cause serious problems. Alcohol or using other drugs can put a person’s relationships, job and health at risk.

Marsee said a person may be more likely to be angry, depressed or even violent during substance abuse. When under the influence of alcohol or drugs, people often make bad decisions and even worse actions.

When it comes to substance abuse and addiction, there are two types of addiction: physical and psychological, according to spacioustherapy.com. The physical addiction is the craving and withdrawals.

The psychological addiction is the repeated and learned paired behaviors of using a drug and the temporary reward mechanism of avoidance/escape from the stress, escape from emotional pain and escape from the accompanying thoughts and/or beliefs.

AVOIDING OTHERS

Certain social situations may trigger stress, anger or panic attacks, or reminds someone of

Lecture presents stories of those who have served
BY AMBER FREDRIKSEN
@iowastatedaily.com

To recognize and share the stories of those who served the country in the Vietnam War, Steve Feimer, associate professor of justice studies at the University of South Dakota, wrote the book “Vietnam Veterans: Still Coming Home,” which promotes awareness of Vietnam War veterans and the physical and emotional issues they deal with.

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Feimer addressed three different enemies the American soldiers faced. “You never quite know who the enemy is,” Feimer said.

“Other people, or other things, or other locations, or any place you’re fighting at night,” Feimer said. “You never quite know who the enemy is.”

Feimer added, “In Vietnam, it could be the person doing your laundry during the day and you’re fighting them at night.”

Feimer stated three different enemies American soldiers acknowledged: the Viet Cong, the North Vietnamese Army and child soldiers.

The Viet Cong was made of both men and women who returned, it couldn’t have come fast enough.

Another challenge American soldiers faced wasAgent Orange, a mixture of different acids intended to benefit the United States during the war.

“The idea was to spray this stuff over the vegetation to kill off all the vegetation and kind of blow the cover for the Viet Cong,” Feimer said.

“Still today there are parts of Vietnam that got sprayed where nothing will grow.”

Although Agent Orange was successful in killing the vegetation during the war, it has affected both Vietnamese and American people as a result. Many health issues have emerged to those exposed to it and even their families.

Feimer’s book has a variety of profiles featuring Vietnam veterans of many different races. The diversity is something he said was intentional because while in the war, there was no discrimination among the men serving.

“We tried to write the book in which we included every branch of the service and every ethnic minority,” Feimer said.

Feimer said the American soldiers were not divided by the color of their skin. This is somethingMeador said he found interesting.

“People that came from different backgrounds had to deal with different stuff,” Meador said.

“When Feimer spoke about how the war was ‘color-blind,’ that was kind of the most interesting part to me,” Feimer said.

The last aspect of the Vietnam War Feimer talked about was when the American soldiers finally got to return home. He said for the ones who returned, it couldn’t have come fast enough.

It is the 58,107 soldiers who did not return home were the ones Feimer wrote the book for.
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being the better defensive team. Texas ranks as

ranked in the top 25.

Though its Big 12 title hopes are over, Iowa

State still has something to play for.

The Cyclones will host No. 22 Texas on

Saturday and try to solidify a bowl game by

beating the ranked Longhorn squad.

Texas is on a two-game losing streak

thanks to a home loss against Oklahoma State and a one-point road loss to Oklahoma. The

latter of the two saw the Cyclones miss a com-

mensual two-point conversion attempt to take

the lead with less than a minute left in the final

quarter.

“I’ll measure our success or failure at the

end of the football season,” said coach Matt

Campbell. “Does this team reach its full poten-

tial? Well, we’ll evaluate that at the end.”

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all of them combining for 11 points. Only

Oklahoma State beat the Cyclones by more

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Texas has had a somewhat disappointing

season despite being ranked going into week

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tations set for the Longhorns coming into the

season.

The AP Preseason Poll had the Longhorns

ranked No. 10, but after a first-week win over

Louisiana Tech, they jumped up to No. 9. Later,

they faced then-No. 6 LSU on their home turf

in Austin. LSU won by a touchdown, but Texas

followed that up with three straight convincing

wins against Rice, Oklahoma State and West

Virginia.

Texas next big test was Oklahoma, who also

beat the Longhorns by a touchdown. It’s hard
to fault the Longhorns for losing to two top

10 teams, but Texas was home in both of these


Purdy helped his team get back in the game and

in a big way. Purdy, who has built onto a strong freshman

season with third in scoring on offense with

Iowa State at fourth, but Iowa State has accu-

mulated more yards of total offense (third) than

Texas is fifth.

Against Texas, Iowa State will need to rely on

being the better defensive team. Texas ranks as

one of the worst pass defenses in the conference

(ninth), while Iowa State is middle of the pack

in that category (fifth) in terms of passing yards

allowed per game.

Against the rush, Iowa State ranks third in

the conference in yards allowed per game, while

Texas is fifth.

Iowa State has the better defense, but offen-

dively it’s a toss-up. The Longhorns rank second

in the conference in scoring on defense with

Iowa State at fourth, but Iowa State has accu-
mulated more yards of total offense (third) than

Texas (fifth).

At the center of this is quarterback Brock

Purdy, who has built onto a strong, freshman

season with a better sophomore one.

After a bit of a shaky start against Oklahoma,

Purdy helped his team get back in the game and

almost gave them the win in the last minute.

“It was pretty sweet being in that kind of

environment,” Purdy said. “While that was all

happening I was just taking it in and having fun

with the guys and appreciating everything that

they’re doing with me.”

The sophomore finished with 282 yards and

five touchdowns through the air as well as 55

rushing yards with one touchdown.

Purdy relied heavily on his tight ends in the

comeback effort, with all three of them catching
touchdowns, including Dylan Soehner’s first

career touchdown.

Chase Allen and Charlie Kolar both had

touchdowns in the fourth quarter — a quarter in

which the Cyclones put up 20 unanswered

points.

“It’s really frustrating as a player and I’m sure

for a coaching staff the amount of time that

they invest — it’s just insane,” Allen said. “We

really care and that part is frustrating. I think

we showed in the fourth quarter we don’t have

any quit in us.”

The tight ends had high expectations going

into the season, and they will figure to make a
difference against the Longhorns in Iowa State’s

first home game of the month.

PREVIEW

Iowa State to battle Texas

Cyclones hope for a win to lock down a bowl game

BY ZANE.DOUGLAS

d@iowastatedaily.com

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AROUND THE BIG 12

PLAYERS 2 WATCH

Charlie Kolar

Kolar is coming off of a game with only two receptions for 29 yards and a touchdown. Granted, that touchdown gave the Cyclones the chance to win the game on a two-point try, but Kolar will have a better game this week. The Norman, Oklahoma, native will not be the focus of Texas’ poor pass defense, which will allow him to thrive in the middle of the field. Look for Iowa State to run more plays for the emerging tight end threat as it tries to get sophomore quarterback Brock Purdy into a groove.

Devin Duvernay

Duvernay has been on a torrid stretch recently. The Longhorn receiver has had three straight games of over 100 yards receiving. Duvernay is Sam Ehlinger’s favorite target through the air and had been reliable for the emerging NFL prospect quarterback. Duvernay will also see an uptick in targets if fellow receiver Collin Johnson is unable to play after his recent injury. Duvernay will give Iowa State’s defensive backs fits all day on Saturday.

TCU @ TEXAS TECH

WHEN: 11 a.m., Saturday
WHERE: AT&T Jones Stadium, Lubbock, Texas
WATCH: ESPN2

KANSAS @ No. 25 OKLAHOMA STATE

WHEN: 11 a.m., Saturday
WHERE: T. Boone Pickens Stadium, Stillwater, Oklahoma
WATCH: Fox Sports 1

WEST VIRGINIA @ KANSAS STATE

WHEN: 2:30 p.m., Saturday
WHERE: Bill Snyder Family Stadium, Manhattan, Kansas
WATCH: ESPN

No. 10 OKLAHOMA @ No. 12 Baylor

WHEN: 6:30 p.m., Saturday
WHERE: McLane Stadium, Waco, Texas
WATCH: ABC
Iowa State vs. Texas

**THE PICK**

Iowa State 38, Texas 34

Iowa State 48, Texas 45

Iowa State 48, Texas 31

Iowa State 32, Texas 21

Iowa State 31, Texas 34

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**Good Cop**

Iowa State is 3-4 (3-3 Big 12), tied for fourth and coming off a one-game losing streak. In the past two matchups, Iowa State has dropped a handful of interceptions that could have swung the momentum in their favor.

The Cyclones couldn’t capitalize and create turnovers, and have lost their last two games by eight points combined. Losing close games has been something the Cyclones have done all season, as all four of the Cyclones losses were one-possession games by a combined total of 12 points.

**Bad Cop**

Texas ranks third in the Big 12 conference behind undefeated Baylor and one-loss Oklahoma, but when evaluating the Longhorn team, there are not a lot of categories where the Longhorns are better than the Cyclones.

Texas averages 37.8 points a game on offense, which is just over one point more than the Cyclones, but the Longhorns also yield five more points to opponents.

In addition, No. 19 Texas — according to the College Football Playoff rankings — isn’t used to the conditions they will be forced to play on Saturday.

The expected temperature around game time will be in the high 30s.

This game has all the makings of an upset win for the Cyclones.

Sorry Cyclone fans, it’s not going to happen.

The Longhorns aren’t going to melt like the witch in “The Wizard of Oz” the moment they touch snow or cold air.

There is no way they will be surprised by the Cyclones.

Everybody in the conference knows the Cyclones are the real deal on offense and defense.

The Cyclones paced the conference with the most preseason defensive selections for the All-Big 12 Team and Brock Purdy leads the conference in passing yards per game.

On Texas’ side, Ehlinger is a good quarterback and he will be able to pass in the same conditions Purdy will be able to.

If the game is a sloppy and wet mess, both teams will be able to key on the opponent’s run game.

That’s the case, I’m taking Texas’ offensive line over the Cyclones and I’m taking Sam Ehlinger’s running ability over Brock Purdy’s.

**Iowa State 21, Texas 27**
Julian’s five-year journey

Cyclone tackle nears end of college career

BY NOAH.ROHLFING
@iowastatedaily.com

Iowa State's starting left tackle has been nearly everywhere since his time with the Cyclones began in 2015 — and that's just on the field.

Off the field, he says he's grown a lot and learned a ton from the coaches he's had.

But Julian Good-Jones has navigated a lot of change in the Cyclones' football program to get where he is now: an Iowa native starting his final two home games in front of near-sellouts at Jack Trice Stadium, with a chance to secure a winning record in three consecutive seasons.

"It's coming up here," Good-Jones said. "You never think about it, you know, you just keep going."

When Good-Jones arrived, Iowa State football was in a turbulent place. Head coach Paul Rhoads — who helped recruit Good-Jones to Iowa State out of Cedar Rapids Washington High School — was on the hot seat after a disappointing 2-10 season the year prior. Good-Jones was an inexperienced right tackle, who came in for a redshirt season to get his feet under him.

Then Rhoads got fired after a disastrous 3-9 season, and suddenly Good-Jones — along with all the other returning Cyclones recruited by Rhoads — was on the lurch, waiting to see who was next in line. It turned out to be Matt Campbell of Toledo, who brought along Tom Manning as his offensive coordinator and offensive line coach.

Manning and Good-Jones gelled, and soon Good-Jones was a starter at right tackle. But the team wasn't winning games.

"We were close, and you could see it getting better," Good-Jones said. "The end of the year, when we got that big win over Tech, that was when it was like, 'OK, we can do something.'"

Another 3-9 season came and went as the team settled into life under Campbell. But as always, Good-Jones' role with the team was shifting.

Over the season and into spring practice of 2017, Good-Jones said Manning would keep asking him if he had ever thought of playing center, and if he had ever snapped a football. It got Good-Jones thinking they were trying to change his position.

"He was right," Good-Jones said. "The change happened in the spring, and the then-redshirt sophomore started every game for the team."

Senior starting left tackle Julian Good-Jones will play his last game in Jack Trice Stadium Nov. 23. Good-Jones has gained experience from all over the offensive line by playing different positions. For the 2017 Cyclones in a position he had never played before.

Part of that season was possibly the Cyclones' biggest win in Good-Jones' career — a come-from-behind win on the road against No. 3 Oklahoma.

Good-Jones saw the win as proof of progress for the team.

After the 2017 season, he underwent yet another position change — from center to left tackle (apart from one of the 13 games Iowa State played), where he has stayed for the past five years. It was his idea.

The season was up and down for the Cyclones, as they were suspended for a violation of team rules ahead of the game that never happened against South Dakota State.

"The end," Good-Jones said. "But it's something that'll show up when he walks out ahead of the starting lineup."

Good-Jones' role with the team was always, Good-Jones' role with the team was "a home-state kid who has changed positions over the season and into spring practice of 2017, Good-Jones said Manning would keep asking him if he had ever thought of playing center, and if he had ever snapped a football. It got Good-Jones thinking they were trying to change his position."

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**Cyclones to play first dual with Bucknell**

BY STEPHEN.MCDANIEL

Iowa State wrestling is coming off a successful start to its season, as it hosted the Harold Nichols Cyclone Open last Sunday at Hilton Coliseum.

The Cyclones walked away from the Cyclone Open with a combined six first-place finishes in the fresh/soph division and the open division.

Grant Stotts won the fresh/soph 157 title, Tate Battani won the fresh/soph 174 title, Alex Mackall won the open 125 title, Todd Small won the open 133 title, Chase Straw won the open 165 title and Gunnar Gemmel won the open heavyweight title.

Following the success of the Cyclone Open, the Cyclones now look to Sunday when the team will play host to Bucknell at Hilton Coliseum.

“I’ll look at last year’s Cyclone Open: to this year’s Cyclone Open it’s a big improvement; now the challenge is to go from this weekend too as we progress through the season,” said head coach Kevin Dresser.

Two matches to look out for on Sunday will be heavyweight at the 165-pound weight class and the 197-pound weight class.

Chase Straw is coming off a Successful Cyclone Open where he took home the open 165 title after a 4-2 decision over fellow Cyclone Issac Judge.

Straw is slated to face Bucknell’s Zach Hartman at 165. Hartman is one of two returning NCAA qualifiers who’s making the trip to Ames for the Bison. However, Hartman was an NCAA qualifier at 170 pounds, which would have had him match up with redshirt freshmen David Carr.

“It looks like [Bucknell] have him at 165, so maybe he’s grown up into the weight, but he’s a very tough kid,” Dresser said.

The matchup is at 170 pounds where Iowa State will be tested in a weight class that has some question marks heading into the season.

Coming into the season, the 197 didn’t have a clear starter, and the spot came down to

Chase Straw is coming off a successful second straight Big 12 title after holding off Oklahoma State’s Taylor Sonners down the stretch.

Behind Logue, the Cyclones have a relatively younger team compared to recent years. There of the seven who raced at the Big 12 Championships last weekend were freshmen, all of whom have played a big part in the Cyclones’ season thus far. As such, coach Amy Raduloph will be looking to runners like Madeley Hill and Janette Schraft to score some big points for the Cyclones.

Over on the men’s side, coach Martin Smith has his squad to be looking to win their third straight Midwest Regional on both the men and women sides, as the Cyclones come into this meet off a long and grueling regular season.

On the women’s side, the Cyclones will again be looking to junior Cailie Logue to lead the way on the course. The 16-year-old native enters this race as the defending individual champion after winning the regional title last year at Bradley University. Logue is also coming off a second straight Big 12 title after holding off Oklahoma State’s Taylor Sonners down the stretch.

Behind Logue, the Cyclones have a relatively younger team compared to recent years. There of the seven who raced at the Big 12 Championships last weekend were freshmen, all of whom have played a big part in the Cyclones’ season thus far. As such, coach Amy Raduloph will be looking to runners like Madeley Hill and Janette Schraft to score some big points for the Cyclones. The top two teams in the overall standings.

The path back to the ACHA Championship has not been easy for the Cyclones. This weekend, it will conclude with Minut State, the team that concluded Cyclone Hockey’s 2018 campaign in the championship game last March.

The Bears come in with an impressive 7-2-1 record and reach fourth in this week’s rankings, while the Cyclones are hovering around .500 at 8-7-1 and are ranked 15th. The team isn’t looking at this as a particularly significant bump in the road, but that’s partly due to the fact that over the half the team wasn’t there to experience last year.

“There’s a little carry-over, but we have so many new guys, I don’t know if that means as much to us as it might to the returners,” said coach Bob Fairman when asked about the emotion going into this weekend.

Whether or not emotions are lingering since last year is not as important as making sure they’re locked in this weekend, particularly stopping the Bears’ offensive attack. Minut State has procured nine, eight and a couple of seven-goal outings so far this season.

The Cyclones still have senior goateador Nikita Kozak making plays left and right for the team. He will be a defining factor in whether or not the team finds success this weekend.

“[Kozak] has kept us close, and he’s given us a chance to start playing well and win the game,” said junior Ray Zimmerman.

Kozak has needed to be solid so far this season in a season in part because Cyclone Hockey lost a lot of scoring that helped propel them last year, and because the team has had difficulty finding the back of the net with consistency so far this season compared to last.

One area in particular where the Cyclones have had trouble offensive, especially recently, has been on the man advantage.

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Our area in particular where the Cyclones have had an abundance of opportunities the last two weekends, and have not scored on any of them.

“We have to finish our chances; everyone in the locker room knows that,” Fairman said. “We’ve solid in every area of the game except for scoring goals, and that’s going to carry over into the power play.”

Cyclone Hockey has certainly shown it can hang around with some of the higher-caliber teams in the ACHA, splitting with now-12th ranked Illinois and sweeping astrong Jamestown team. They have had three losses last month in Ames.

The Cyclones’ most recent offensive outburst came in a 3-0 win against Illinois last weekend, which was three of the three goals being scored by freshmen.

“We’re very pleased with the freshman group we have — they’re a fun group to coach, and I think the thing they are learning is experience,” Fairman said. “Hopefully one day they get they that they will be able to score more goals.”

A breakout performance by anyone, freshmen included, would be a welcome sight for Fairman and his team, who will be looking for crucial wins in North Dakota on Friday and Saturday.
COLUMN

‘Cancel culture’ is toxic
Twitter trend is harmful to productive dialogue

BY PARTH.SHIRALKAR
@iowastatedaily.com

There are benefits and drawbacks to more people being on Twitter and constantly being connected online. To be honest, I am no saint and am definitely one of those people who spends way too much time scrolling through the app and refreshing my timeline for the umpteenth time.

A recent harmful phenomenon that is very evident on Twitter, and is a result from the uprise in social media in general, is what is known as ‘cancel culture.’

Cancel culture happens when a public figure or celebrity is boycotted and shunned, therefore making them “canceled.” This can happen for anything they have done in their past, something they post that is controversial or a pop culture event they are involved in.

It’s easy to see when people band together on Twitter and “cancel” someone, as a hashtag of #____IsOverParty or #_____IsCanceled can trend within minutes of the incident with thousands of tweets in on the conversation. It can be hard to escape these tweets at times, even if you have never heard of the celebrity or person in question.

Cancel culture is based on ignorance, and enforces the idea that we can’t grow as people and learn from our mistakes. It takes away the opportunity for productive conversation and understanding.

People on the internet are quick to “cancel” someone without knowing the whole story or if what they read in one person’s tweet is true or not. It’s easy to jump on the bandwagon and bash on whoever’s turn it is to be “canceled” that day.

While some of the criticisms come deservedly for notable missteps, others are just for someone voicing an opinion that varies from the norm.

But no matter the reason’s severity, being denounced by millions of people on Twitter really doesn’t change anything. It may change how that person’s career goes in the future, but it won’t undo what happened or what was said.

If you were “canceled” by all of your friends after one mistake you made five years ago, and one day woke up to everyone bashing you and pretending the rest of your accomplishments and relationships didn’t exist, I don’t think you would think of that as very fair.

No one’s whole career shouldn’t be “canceled” by a tweet dug up from 15 years ago, and trending a hashtag denouncing someone just creates unnecessary drama. Instead of canceling someone, take the time to have productive conversations if needed, or just move on.

We all make mistakes, whether that is your best friend, your mom, your professor, your favorite actor or your favorite singer. Give others the chance to learn from their mistakes and grow as a person — it’s hard for them to learn if you don’t give them the chance to. It all comes back to the Golden Rule; just treat others how you want to be treated, especially when times get hard. Treat people with respect and understanding — it’s not that difficult.

COLUMN

Stay in touch with your sides of curiosity and wonder

BY PARTH.SHIRALKAR
@iowastatedaily.com

Every morning when you wake up and get to work, study or whatever it is that constitutes the better part of your day, a small portion of your active brain gets locked into — for lack of a better phrase — the daily grind. It is important to stay in touch with your curious side, and not for very complicated reasons.

I decided to write about wonder because after a considerable amount of time, I found music that made my head bounce anew.

Finding new music, or simply new genres, that you learn to love is one of the many culminations of wonder.

“Every morning when you wake up and get to work, study or whatever it is that constitutes the better part of your day, a small portion of your active brain gets locked into — for lack of a better phrase — the daily grind. It is important to stay in touch with your curious side, and not for very complicated reasons.”

In short, it is that constitutes the better part of time, what you love is one of the many culminations of wonder.

“We wonder at all extraordinary and uncommon objects, at all the rarest phenomena of nature, at meteors, comets, eclipses, at singular plants and animals, and at everything, in short, with which we have before been either little or not at all acquainted,” philosopher and economist Adam Smith said. “And we still wonder, though forewarned of what we are to see.”

English is a fascinating language; it has very fitting words for human emotion. Let us then consider wonder to be part of an emotional spectrum that could range from a simple “oh” to unparalleled feelings of astonishment.

People visiting the Louvre for the first time no doubt are awestruck, and awe is possibly another intense form of wonder. Seeing the Mona Lisa smile, too, is nothing short of wonderful.

Wonder is an emotion not partial to knowledge. The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s).

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Feedback policy:
**MOVIES**

**MUSIC AND MOVIES**

**EVENTS**

**New Music this Week**

- **11.15.19**
  - "Courage" – Celine Dion
  - "Out Pathetic Age" – DJ Shadow
  - "Everybody’s Everything" – Lil Peep
  - "Mind The Moon" – Milky Chance
  - "La Linda" – Tei Shi

**Release of the Week**

Tuesday marked the 74th birthday of legendary singer/songwriter Neil Young, and unlikely collaborators Jeff Rosenstock and Laura Stevenson released a four-song EP of covers as a tribute. Formerly of DIY punk band Bomb The Music Industry!, the duo sparsely dips into the style of chilled out folk tunes. Instead of turning Neil Young’s classic up to punk rock speed, Stevenson and Rosenstock render mostly faithful covers, and in the process, highlight how punk rock the spirit of Neil Young is.

"Still Young" (EP)
Jeff Rosenstock & Laura Stevenson

**Movies out this week**

- **11.14.19**
  - "Ford V Ferrari"
    - North Grand Cinema times: Friday and Saturday
  - "Charlie’s Angels"
    - North Grand Cinema times: Friday and Saturday

**NEXT WEEK**

- **Jazz Night, featuring Fat Sky** – Wednesday, 8 p.m., The London Underground, Ames (Music)
- **Grandma Mojo’s Moonshine Revival** – Wednesday, 9 p.m., The M-Shop (Music)
- **Caterpillar Club** – Thursday, 10 p.m., Reiman Gardens (Music)
- **Iowa Junior Honors String Orchestra Festival**– Friday, 4:30 p.m., Martha-Ellen Tyt Recital Hall (Music)

**MOVIES OUT THIS WEEK**

- **Friday, November 15, 2019**
  - **North Grand Cinema times: Friday and Saturday**
    - "Ford V Ferrari"
    - 11.14.19
    - "Mind The Moon" – Everybody’s Everything – Out Pathetic Age – Courage – 11.15.19
    - **Number The Stars** – Theatre, Ames (Theater)
    - **Cyclone Cinema: The Lion King** – 7 p.m. & 10 p.m., Carter Hall, Ames (Film)
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**MUSIC EVENTS**

- **(Music Iowa Junior Honors String Orchestra Festival— Caterpillar Club – NEXT WEEK)**
- **NEXT WEEK**
  - **10 p.m., Carver Hall, Ames (Film)**
  - **Cyclone Cinema: The Lion King** – 7 p.m. & 10 p.m., Carter Hall, Ames (Film)
  - **I Love You, You’re Perfect, Now Change** – 7:30 p.m., ACTORS Studio, Ames (Theater)
  - **I Love You, You’re Perfect, Now Change** – 7:30 p.m., ACTORS Studio, Ames (Theater)
  - **Burgie’s Coffee & Tea, Ames (Music)**

**New Music this Week**

- **7:30 p.m., The Maintenance**
  - Thursday, 8 p.m., The London Underground, Ames (Music)
  - Wednesday, 9 p.m., The M-Shop (Music)
  - 7:30 p.m., Stephens Auditorium, Ames (Theater)
  - 2 p.m., Black Box Theater, Ames (Theater)
  - 7 p.m., The Very Hungry Caterpillar – Stephens Auditorium, Ames (Theater)
  - 11 p.m., Carver Hall, Ames (Film)

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**Horoscopes - Nov. 15**

- **ARIES** - March 21 – April 19
  - Your emotions have been whirling lately, but it’s time for a break. Life will feel like it’s going more smoothly. You can benefit from other’s ambition — supervise, and let them do the work. Take advantage of downtimes and travel, learn about culture. Let today be a day of exploration and curiosity.
- **TAURUS** - April 20 – May 20
  - You may feel like you’re in a hurry today, slow down. Lately, you’ve let yourself get caught in the moment — feeling powerless. This is far from the truth. You have the power to slow life down. Remind yourself you are in control of your own life.
- **GEMINI** - May 21 – June 20
  - Let yourself go with the flow, you may find it not only more relaxing, but more interesting. You will get a chance to initiate new ideas and plan projects — that doesn’t mean you have to be the one in charge. Don’t fear power and opportunity; it could keep you from chances to relax.
- **CANCER** - June 21 – July 22
  - Bring the good memories of those who taught you something valuable to present. Remembering these people of encourage- ment will bring positivity for the day. Hang in there when times get tough. Honor this positivity and give a helping hand or a hug to someone who is feeling extra stressed today.
- **LEO** - July 23 – Aug. 22
  - Today may feel like you’re too busy to debate, but this feeling is wrong — there is always time to learn more about what is important to you. When you meet someone who challenges you, don’t pretend to agree and smile — question their belief. Their answers could surprise and intrigue you. Your mind might be opened up to the possibility that you were wrong.
- **VIRGO** - Aug. 23 – Sept. 22
  - Problems you may have had with fastidious coworkers are gone for now, and you will be able to enjoy a lighter mood at work. Your emotions were caught up in a battle that wasn’t yours — although the people you defended appreciated it. Now it’s time to focus on your work. After that brief distraction, this will feel rewarding.
- **LIBRA** - Sept. 23 – Oct. 22
  - Take time to reflect on your own life, realize that isn’t selfish, but selfless. By understanding yourself, you are able to become a better friend, lover, employee and more. Don’t feel guilty for wanting to spend time alone today. Even though other people are getting together and having fun, your energy is better suited for introspection, and that’s a good thing.
- **SCORPIO** - Oct. 23 – Nov. 21
  - Something big will happen today that forces you to take a controversial stand, but sticking to your values will be cause for admiration from others. By being principled, you are becoming a valued member of your social group, and with that comes power. You can stop a silly argument today — be a voice of reason.
- **SAGITTARIUS** - Nov. 22 – Dec. 21
  - Mixing business with pleasure is not always a bad move, but it requires delicate attention. If you’re up for it, be positive — juggling romance and workload may take more energy than you expect. Review your company’s policy — is this person worth losing a job for? Mixing business with pleasure is not always a bad move, but it requires delicate attention. If you’re up for it, be positive — juggling romance and workload may take more energy than you expect.
- **CAPRICORN** - Dec. 22 – Jan. 19
  - People may try to find faults in your points today, but they will be nowhere to be found. Your mind is sharp and you know the topic inside and out. Let go of hesitation and insecurity. Those are only room left for confidence and pride! You’re on fire and you know it — let everyone else know too!
- **AQUARIUS** - Jan. 20 – Feb. 18
  - Today is filled with experimental feelings for you, drawn to big ideas that bring fear of suspicion, but the thought of exploring them is exciting. Tackle it today, the wild things that can become a part of your life. Leave your comfort zone.
- **PISCES** - Feb. 19 – March 20
  - Do you feel like you want to hide from the world? The universe is giving you the energy to do just that. The high-maintenance parts of your life are preoccupied right now — you are free. Do whatever. However, ‘this time alone can help you get back in touch with yourself and what you really want to do about a decision you’ve been putting off.”
parts of the world after buying food coupons for $0.50 each. After the event pressure release, funds from the event were allocated to the International Student Council scholarship fund for international students who have contributed to the international community at Iowa State. One group, the Filipino-American Association, was able to fund a trip for seven students to the Philippines for those who needed a trip for next year’s recent series of earthquakes in the Philippines, which killed at least 14 people, according to CNN.

One other aspect of the student body at the event included China, the Philippines, France, Taiwan, Indonesia, Vietnam, Malaysia and India. The student group displayed a flag and multiple food items from the country they were representing.

Attendees sampled a diverse variety of foods. Some were more well known, such as bubble tea and hot chocolate. Others were likely new for many people: mango lassi, hibiscus tea, Mexican polenta, lechon, roti with mango, adobo rice balls as a way to exchange their culture.

Innovation and entrepreneurship were keywords in Wintersteen's State of the University address given back in September. In her address, she praised the almost-Complete Student Innovation Center for connecting the curriculum with facility and student innovation and entrepreneurship.

The second goal was "enhancing Iowa State's research profile." What makes research at Iowa State so exciting is the direct impact that it has right here in Iowa," Wintersteen said. "Making our people, communities, companies, and Iowa State stronger is more important than ever before."

Wintersteen further discussed the importance of collaboration of research pools and industries.

"In total, 178 companies invested $14.2 million in Iowa State research in the last fiscal year," Wintersteen said. "Twenty-eight of those companies are headquartered here in Iowa, and more than 100 have locations in Iowa, and 10 have locations in the ISU Research Park. Overall, ISU received $70.8 million in federal external research funding, securing $261 million last year."

Wintersteen's third goal was to "improving quality of life for all Iowans." Iowa State faculty continue to excel in transferring their research ideas to the real world," Wintersteen said. "Nearly 100 new patent technology applications were filed over the past year, and researchers received 32 patents in total. This raised Iowa State's ranking for U.S. patent numbers to 69 worldwide."

The fourth goal was "enhancing and cultivating the Iowa State creative environment."

"Last fall, the percent of students at Iowa State who identified as U.S. multicultural or international was 24.5 percent of all students here," Wintersteen said. "28 percent of our faculty and staff are minority. But universities must do much more than simply recruit students from diverse backgrounds."

During Wintersteen's presentation, she asked the audience to "take a breath" and always say thank you. She said it helps one connect with others, which will help lessen stress.

"When someone starts to distance themselves from others, they are more likely to experience thoughts and feelings, like sadness and fear. They may also feel as if they're facing life alone."

Schickel ended her presentation with a scenario where participants practiced negotiating and pretend they were beginning a negotiation for a position as a wellness coordinator.

Participants in the workshop conducted the negotiation in small groups. Some participants acted as if their negotiation was over the phone. The attendees took on different roles, some as the employer and others as the student discussing salary.

A follow-up discussion followed the exercise about the different roles of negotiating and building a relationship with the work environment provided by the employer.

When responding to a job offer, Schickel said negotiating over the phone is a great way to see how new to the job and that will help her feel more comfortable throughout the negotiation process. She encouraged attendees to "call their employer and ask for a face-to-face meeting." She said it helped her feel more comfortable throughout the negotiation process.

The workshop closed with Schickel asking the audience to "play" the role of a counselor and "schedule an appointment with your counselor to talk about what you need to know to start a new job."