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Iowa State Daily (March 26, 2018)

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On Saturday, the Iowa State gymnastics team finished third in the Big 12 Championship beating West Virginia by a fraction of a point.

For National Puppy Day, the Daily hosted a March Madness-style showdown between our staff’s dogs. Find out who is the top dog.

Speakers and activists took part in the March for Our Lives protest over the weekend in Des Moines, despite inclement weather.

The Des Moines rally was just one of the several protests held across the state and country in response to the school shooting at Marjory Stoneman Douglas High School in Parkland, Florida in February.

Before the main speakers walked on stage, protesters, mainly high school and college age, were organizing chants in support of gun control legislation. The youngest of these students was a third grader from Des Moines named Savannah, who led a chant saying “books not bullets.”

There were many Iowa State students taking part in the various chants including Alexander Criswell, senior in physics, and Lindsay Kohler, senior in journalism and mass communication, who came to the march in support of the cause.

“It is time for our voice to be heard, this has gone on for so long one after another and it keeps getting worse. The only way we can stop this sickening violence is to stand up,” Criswell said when asked why they felt compelled to march.

Kohler said despite the intense snow and weather, she showed up to march because of the organizing and preparing done on campus.

“We are both a part of the ISU theatre community and we all made signs together, so if one of us is going to show up, we should all show up,” Kohler said.

Another Iowa State student, Rachel Espinosa, junior in psychology, was there as a volunteer for the event.

“We are here and we are saying enough is enough; the people here showed up through the snow because they care about this issue and it shows lawmakers that they have to listen,” Espinosa said.

As the event continued, activists, youth leaders, representatives and victims of gun violence took the stage to speak. Melissa Zapata, graduate of Marjory Stoneman Douglas High School and current student at Des Moines University, gave an emotional speech about the effects of tragedy and outlined the purpose of the march.

“When people used to ask me where I was from I would tell them southern Florida or an hour from Miami. Now those days of anonymity are gone,” Zapata said. “I used to get frustrated when people would have no clue about where I was from, and now I get frustrated when people associate where
Nearly 45,000 Americans commit suicide each year, according to the American Foundation for Suicide Prevention (AFSP).

That’s a statistic Scott Moss, senior in finance, wants to change. Moss’s father died by suicide when he was 11 years old.

Moss teamed up with founder and former president of Iowa State’s Suicide Awareness Organization Nathan Pfister to organize ISU Out of the Darkness.

“It was really a campus-wide effort, though,” Moss added. “We got a lot of support from different families, Greek communities and companies.”

Out of the Darkness is a community event started by AFSP to raise awareness about suicide and mental illness.

Although it was Iowa State’s first attempt at such an event, participants donated more than $82,000.

“It’s really exciting, especially since it’s the first time we’ve done this at ISU,” Moss said.

More than 300 registered participants met at 1 p.m. on March 24 at State Gym. People made donations, shared stories of loved ones lost to suicide and participated in the Out of the Darkness walk, a signature feature of the event.

Everyone walked 10 laps around the second-story basketball courts in State Gym.

Each lap represented a different form of suicide-related grief, such as losing a parent, loved ones or suicide attempts and expectations.

“It’s important for everyone to get involved,”莫斯 said. “It’s not one group’s job, ending the stigmas of mental illness is on all of us.”

Despite the heavy subject matter, spirits were high all around.

“I’ve helped out at these events before, and other walks have been on the darker side,” said Peter Weiss, junior in marketing and event volunteer.

“Thius one really felt happy.”

“Didn’t have the weather to come here,” said Pfister, senior in industrial engineering. “We broke all amazing stories of mental illness, and reminded them that it’s okay to talk about these things and we don’t need to struggle individually.”

Many of those who attended were in fraternities and sororities, such as Gamma Phi Beta members Emily Wagner and Sophia Hetherington.

“I’ve had family and friends who’ve passed away,” said Wagner, senior in elementary education.

“It’s cool that I can keep participating in Out of the Darkness wherever I go.”

“The amount of people that showed up today was great. It’s really illustrates how supportive the student body and Ames community is about mental illness,” Pfister said.

“We broke all the records, we have to follow that up.”

According to Moss and Pfister, a main objective of the event is normalizing conversations about suicide and mental illnesses so people can know they aren’t alone.

“The amount of people that showed up today really illustrates how supportive the student body and the Ames community is about mental illness,” Pfister said.

Proceeds from Out of the Darkness go to sponsoring educational programs about suicide prevention.

“I’m here because it’s a good cause,” said Hetherington, senior in industrial engineering. “I’ve known people who struggled with depression.”

In the wake of the event’s success came a discussion about Out of the Darkness into an annual occurrence.

“It was definitely a success, a lot of people braved the weather to come here,” said Pfister, senior in industrial engineering. “We broke all the records, we have to follow that up.”

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Events going back to the Civil Rights Movement of the 1960s, anti-war protests of the 1970s and Los Angeles riots of the 1990s have put strain on community relations and negatively influenced the image of law enforcement across the United States.

In even recent years, across the United States, civilians and peace officers have been at odds in Ferguson, Missouri; Tulsa, Oklahoma; Baltimore and Milwaukee and even now in Broward County where the latest mass school shooting in Parkland, Florida occurred on Feb. 14.

Clashes between the two groups seem to be inevitable.

During situations such as these, people often wonder what law enforcement is truly doing for them.

In the wake of the Parkland incident, critics on both sides once again brought up the U.S. Supreme Court case of Warren v. District of Columbia in which the courts ruled the police have no constitutionally mandated duty to protect citizens from a third party after officers did not make an arrest in connection to a protective order granted to a Colorado woman by the courts.

While that may be the decision given by the courts in 1981, the goal of most departments is not to be seen as outsiders with a badge and a gun doing only part of what people expect but rather as an asset and valuable contributor to the success of the community.

Matthew DeLisi, sociology professor at Iowa State University, has experience working with offenders and the court system, stated he “would guess that at least 90 percent of law enforcement would disagree with that court ruling.”

As the police are featured more and more in news stories across all platforms, DeLisi said it is important to remember most officers “truly want to do this to help people.”

He said most people who view police departments as outsiders are often young people who have had a poor interaction with an officer, especially when considering that at the high school level and above much of the student population has had some offense on their record.

Community policing is now more than ever a fundamental feature of law enforcement.

DeLisi believes much of police work can be applied to what he referred to as the “90-10 rule” in which 10 percent of police duties are actually in an enforcement capacity, whereas the other 90 percent is considered public services.

Chief Michael Newton of Iowa State University Police Department echoed similar sentiments when he said community outreach is such an important part of what they do.

Additionally, he stated he believes in most departments “the community aspect was there all throughout. Folks here have that mindset.”

“We will new buzzwords in recent years like ‘war on drugs’ or ‘war on terrorism,” he said, “We started to get on this mindset of being a warrior.”

This shift is what people tend to notice more as it makes the headlines, but on many levels, this is not the full, true depiction of how law enforcement agencies function.

Police, like those on Iowa State’s campus, now use Twitter to engage the community and launch campaigns such as “Donor Disrespect.”

Fortunately, with efforts of departments at all levels relations between the officers and the community began to look brighter.

“To me, that’s our responsibility,” said Newton, “It takes all of us.”
Around 250 Iowa State students and other community members endured a sudden and harsh snowfall to participate in the DACA 5K fundraiser Saturday.

Participants helped raise nearly $6,000 in scholarship money for undocumented students.

DACA, or the Deferred Action for Childhood Arrivals, is an Obama-era program which allowed undocumented children 16 years old or younger to qualify for a work permit and remain in the United States in two-year periods.

However, the program’s future has been uncertain under the Trump Administration. “The DACA program is kind of in limbo right now,” said Daniela Flores, Ph.D. candidate in ecology, evolution and organismal biology. “It’s being used as leverage on both sides. Hopefully there’s enough support for DACA in our community and across the country so it will be too hard for them to get rid of it.”

Flores is the president of ISU SACNAS, the Society for Advancing Chicanos/Hispanics and Native Americans in Science. She earned a position on a board of directors this winter.

“SACNAS is a national organization that was created to advance the careers of underrepresented scientists around the country,” Flores said. “This is her third year serving as the ISU chapter president.

Plans for the 5K began over a year ago. The event was organized through coordination with SACNAS, the Office for Diversity and Inclusion and the Lattin Student Leaders Council.

“With the impending changes to DACA and other policies, we wanted to have an event that showed support for our community members with uncertain futures,” Flores said.

Participants met under the Campanile at 9 a.m. Runners followed a route along Central Campus after a brief registration process and some words from the event’s organizers.

Most of the runners were Iowa State students. They all shared a common passion: supporting the education of underprivileged peoples. Contrary to certain misconceptions, DACA recipients aren’t eligible for any government aid. “I’m out here because it’s a good cause,” said Estefany Argueta, senior in animal ecology. “We’re helping people who don’t have access to financial aid get money for school.”

Argueta also used the event as training for the upcoming Mountain Man Memorial March marathon in Tennessee. “One day, I want to be that old lady that’s still running marathons,” Argueta said.

Many of the students were science, technology, engineering and math majors, like Andrea Fondren, senior in biology, and David Delaney, graduate student in ecology, evolution and organismal biology. “Daniela is our lab-mate, we’re out here to support her and DACA,” said Fondren.

She continued, “It’s important to show support right now, there’s a lot of ignorance in today’s climate [about DACA students].” Delaney has a done his share of running, but this is his first time taking stride for DACA recipients. “I do a fair bit of running,” Delaney said. “Last year I did the Nearly Naked Mile and it was a lot of fun. It’s going to be interesting running in all this snow.”

The runners weren’t all students, however. Among the many supporters was Marshalltown resident and marathon veteran Rafael Bedolla. “You know, when you’re a runner the weather is no problem,” Bedolla said. “I’ve done more than 100 races in the last 35 years, and I support DACA 100 percent.”

The event had a focus on education among DACA students, but many runners voiced their support for immigrants in general. “I’m from Ottumwa, where there’s a lot of immigrant families,” said Wrenly McVay, junior in family and consumer science education and studies. “They’re part of our community, so I think educating immigrants is a good cause to support.”

Flores also shared her thoughts on why immigration should be embraced rather than restricted. “Immigration in general is a huge asset to our country and to the development of ideas and problem solving,” Flores said. “The greater diversity and thought we have, the better we can address different issues. These students who are coming from different places have a wealth of knowledge and experiences that aren’t being recognized, but they have valuable opinions.”

The 5K also attracted people from NextGen America, the climate-focused activist group. “I did the run, caught my breath and immediately came back to get people to register,” said Raul Anguiano, senior in civil engineering and NextGen member. “I understand the fight immigrants face. They deserve access to education and a fair shot at the American dream.”

All participants completed the 5K by 10:30 a.m. The snowfall hadn’t let up one bit. “I think it was really successful, especially considering the weather,” Flores said. “We were all pretty cold and very wet, but we showed up and everybody crossed the finish line with a smile across their face.”

Flores said she and other event organizers hope to make this an annual event. “Hopefully we can keep this up in the years to come and have an even bigger event next year,” Flores said. “And maybe we can even pick a better weekend,” she added with a laugh.

#MeToo

Tarana Burke has passionately led the #MeToo movement and the viral #MeToo campaign that has emerged as a rallying cry for people who have experienced sexual assault or harassment.

Monday, March 26, 2018 - 8pm

Stephens Auditorium, Iowa State Center

Sponsored by Iowa Cyclone Club, Center for Women’s Studies, Undergraduate Women’s Center, Alpha Iota, Pi Beta Phi, Alpha Phi Eta, Phi Kappa Phi, Phi Sigma Sigma, Pi Lambda Theta, Alpha Sigma Phi, Pi Kappa Alpha, Alpha Sigma Tau, and Iowa State University

Tarana Burke is an American social worker and founder of the #MeToo movement. As an advocate for survivors of sexual abuse, Burke encourages people to speak about their experiences. So far, her efforts have had 200 million followers around the world, and she has been featured in the New York Times. Erin Maloney, Director of Women’s Center, will moderate a Q&A session after the event.

Tickets: $6.00 each, $5.00 each for ISU students

Additional connections: 

https://www.stephens.iastate.edu/tickets/Events/1496

https://www.meetup.com/Iowa-State-Stephens/Events/301655548/

https://www.facebook.com/events/215513240282105/

https://www.meetup.com/Iowa-State-Stephens/Events/301655548/

https://www.meetup.com/Iowa-State-Stephens/Events/301655548/
POLICE BLOTTER

3.22.18

Zachary William Palmer, age 23, of 106 National Drive Unit 7, Ames, was arrested and charged with operating while intoxicated, failure to obey stop or yield sign, and failure to have valid license or permit while operating MV at 10:18/13.

An officer initiated a drug related investigation at 11:13 a.m. at the Student Innovation Center (reported at 2:02 p.m.).

An officer investigated a property damage collision at Lot 9 (reported at 8:45 p.m.).

An officer investigated a property damage at Lot 6 (reported at 1:45 p.m.).

An officer secured found property for safekeeping at the Student Innovation Center (reported at 2:02 p.m.).

An officer initiated a drug related investigation at 1:45 p.m. (reported at 5:01 p.m.).

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Improve language education in the US

Start teaching at a young age

BY EILEEN.TYRRELL
@iwastatedaily.com

America might be known as a global superpower, but one thing we're embarrassingly behind in is our grasp of foreign languages.

Learning a foreign language from a young age is compulsory in many European and Asian countries; studying a second foreign language for at least a year is even mandatory in 20 European countries.

And if you can believe it, it is getting better.

Aside from all of that, learning a foreign language is beneficial because it allows you to connect to a different country or culture in a way that's totally inaccessible when there's a language barrier. The unique vocabulary and nuances of a language can give insights into a culture that otherwise would remain hidden. And, of course, being able to connect with people across the world in their own language is a pretty big advantage as well.

This improvement adds routes and specifically changes your brain structure, making it more efficient for problem solving skills and it can increase your chances of getting a job.

Meanwhile, the United States has no national requirement that students learn a foreign language, and only 25 percent of adults report they are able to speak more than one language.

I get that in most of these countries, the second language they're learning is English. English speakers can be found in most countries all over the world, so if English is your native language, you already have a huge advantage. But learning a new language is so easy for kids that it honestly just seems lazy to not take advantage of that and make language learning a part of early education curriculum.

But all of that, there are so many benefits. Foreign language learning has been correlated to higher standardized test scores, better academic performance in college, better memory and problem solving skills and it can increase your chances of getting a job.

After all, there are so many benefits. Foreign language learning has been correlated to higher standardized test scores, better academic performance in college, better memory and problem solving skills and it can increase your chances of getting a job.

Any Iowa State student will tell you how important CyRide is.

The bus can take you almost anywhere on campus and in Ames whenever you need it. We are extremely lucky to have such an efficient and sharp public transportation available to us.

And if you can believe it, it is getting even better.

Starting this summer and going into future semesters, CyRide is adding more routes, altering select old routes and changing certain times of their schedule. You can check out how this new system, CyRide 2.0, will affect you and your morning commute on the CyRide website.

This improvement adds routes and times where they are needed and simplifies many of the routes, allowing for students and community members to get exactly where they need to be when they need to be there.

Everyone should appreciate CyRide, especially when it is improving the service it provides. Public transportation is a service that is underappreciated, even though it provides a huge benefit to our community.

Public transportation, like buses and subways, keep more cars off the road, save passengers money and reduces our environmental impact.

CyRide is especially working to reduce its carbon footprint. There are currently 12 CyBrized buses in Ames; these hybrid buses save an estimated 23,000 gallons of fuel and 210,513 kilograms of CO2 each year. They also are 50 percent quieter, meaning less noise when you're walking to class or work everyday.

Environmental efforts like this will have enormous benefits down the road for not only the planet, but the school and city as well.

These services also provide people with access to transportation to work, which helps people hold jobs and keep more people employed.

According to the American Public Transportation Association, for every $1 invested in public transportation, it generates approximately $4 in economic returns.

Not only does a public transportation service like CyRide save people money and lessen our collective environmental impact, but it can actually help keep more people employed and adding to the economy.

Public transportation is incredibly underappreciated, but with CyRide 2.0, Iowa State students and the community of Ames should appreciate and be excited that CyRide is trying to improve the invaluable service it provides.

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

Feedback policy: The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iwastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s). Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.
Junior Madeline Johnson missed on a release move that sent her falling to the mat. The team looked on as she briefly collected herself and jumped back on the bar to finish her routine. Her teammates weren't worried. They didn't need to be. One routine from each rotation gets dropped, so as long as the remaining five gymnasts hit their routines, it would be like nothing ever happened.

Sophomore Laura Burns was up second. In order to hit a clean routine, she was focused on not missing the bar on the far side, and she didn't. But she over corrected herself too much. She missed the bar short and she, too, fell to the floor.

Senior Kelsey Paz was due up next. She watched Burns take her time and reaply chalk to her hands before she finished her routine. Paz, like all of her teammates, knew the second fall hurt. The team had just built off two strong performances on the floor exercise and balance beam to take a substantial lead over West Virginia for third place.

The Cyclones knew they weren't going to win the meet and take down two-time defending champion Oklahoma. They knew it would take the best performance of their season to contend with No. 13 Denver. The team wanted to beat No. 25 West Virginia but they were more focused on adding a score that would help their regional qualifying score.

Yet, the seniors knew that in each of their four years at Iowa State, they had finished in last place at the Big 12 Championships. They also knew that Saturday was the last meet of their careers inside the walls of Hilton Coliseum.

“I definitely was in my head,” Paz said.

Before Paz went, fellow senior Hilary Green approached her to calm her down. “You do you,” Green told her.

When Paz looked around, she saw assistant coach Nilson Medeiros Savage on the side. He nodded his head, an unspoken sign of confidence.

She scored a 9.850, a score that would turn the page on two falls that could have easily solidified another last place finish.

Junior Maughan Savers followed with a 9.875. Senior Haylee Young matched her with a 9.875 of her own, before Green finished off the meet with a 9.800.

The Cyclones were able to salvage a score of 48.675, which would keep them in contention for third place, depending on how West Virginia did.

West Virginia’s score, a 195.625, was posted on the electronic screens in Hilton, but roughly 10 minutes passed before Iowa State’s score was displayed.

“My math skills are terrible,” said coach Jay Ronayne. “I’m like a proud dad. I don’t think they can get enough praise from people. ”

“I’m super proud of them, ” said coach Jay Ronayne. “Any time other people notice that they’re awesome, I love that.

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**Big 12 Championship Results**
1. Oklahoma 197.775
2. Denver 197.075
3. Iowa State 195.650
4. West Virginia 195.625

Haylee Young wins share of Big 12 floor title
Senior Haylee Young was one of five gymnasts to score a 9.900 on floor at the Big 12 Championship.

Senior Kelsey Paz tied for a third place finish on the floor. Both gymnasts received flowers and a medal that will be inscribed while being recognized on stage.

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Ronayne didn't think the tie score was correct. Young's mom from the crowd and signaled to her daughters that Iowa State should have a 195.650. The Cyclones should be in third place by themselves.

Ronayne went to the official scorer. They pulled up the sheets that had the judges handwriting on it. It turns out Young’s score on the uneven bars was transferred from the judges wrong when the scores were counted up.

The score on the big screen changed.
Iowa State 195.650. West Virginia 195.625.

“It was exciting,” Young said. “We left so much out there. It was a little bit frustrating but at the same time, I’m super proud of how our team didn’t give up.”

Iowa State didn’t win the Big 12 Championship or get one of their six best scores of the season to improve their RQS in order to get a better seed for regionals in two weeks. They did, however, accomplish something nobody on the team had before with the third place finish.

Another positive for a senior class that has already helped change a culture.

The meet ended with the awards being handed out for the Big 12 Champions on individual events.

Paz tied for third on the floor exercise and was called up to be recognized on the stage.

“Bring up there with the best in the country was pretty cool,” Paz said.

Paz wasn’t the only Cyclone on the stage.
Five people won a share of the Big 12 floor title with scores of 9.900 on floor. The last name announced drew the biggest cheer of the night. “Haylee Young.”

“I literally cannot even explain the honor it’s been to represent Iowa State,” Young said. “When they went crazy when they said my name, that was really special to me.”

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It started with a tweet from Kelli Bloomquist, lecturer in the Greenlee School of Journalism and Communication. She said her son, Noah, wanted the Daily to help with a Flat Stanley project for her son’s class at Southeast Webster-Grand Elementary in Dayton, Iowa.

Noah is a huge Iowa State fan and was a former Kid Captain for the football team. He wanted Flat Noah to visit the Daily and get photos with Cy.

Flat Stanley is a project many elementary schools do. The story, while it differs from school to school, is that a student was “flattened” and uses the bright side of the situation to travel all around the world.

We thought instead of only taking Flat Noah to the Daily, we would give him a chance to experience what it’s like to work at the Daily. Because Noah is a big fan of sports, we sent Flat Noah with our reporters and photographers when they went to cover basketball games. He even got to travel to the men’s basketball Big 12 Tournament.

Here are just a couple of stops Flat Noah made on his Daily adventure:

Above right
Flat Noah visits the Iowa State Daily newsroom, located at 2420 Lincoln Way, Suite 205.

Right
Flat Noah hangs out with Visuals Editor Chris Jorgensen at the Big 12 Tournament in Kansas City earlier this month.
I live with the shooting that just happened.” Zapata continued to explain how Parkland is where she learned to swim and drive, found her passion for medicine and had learned many life lessons.

“What truly upsets me more than anything is that those kids will never live the future they had planned and set for them. Those 17 children will never be able to be where I am today,” Zapata said.

She ended her speech saying “we are told to live every day like it’s our last but it shouldn’t be that way when we go to school,” to which the protesters raised signs saying “never again” and “no more silence, end gun violence.”

Organizers of the march said it was to “march in solidarity with those in Washington D.C. and around the world,” and Zapata’s speech encapsulated this idea.

Between each speech, organizers presented different ways to create change outside of just the day’s march. This included registering to vote and how to get in contact with legislators in Congress.

Jaime Izaguirre, a student at Drake University, elaborated on the importance of talking to Iowa Legislators and brought up some of the current gun legislation that could affect Iowa.

“Despite multiple shootings in the past month alone, HJR 2009, a constitutional amendment passed by the house earlier this week, would put future efforts of gun control in a negative light,” Izaguirre said. “I am going to use my anger to vote and you should do the same.”

After a few more speakers and numerous chants of “vote them out,” Rep. Ako Abdul-Samad, D-Des Moines, approached the stage. With a lighthearted tone he said “vote them out the right legislators,” after first presenting his position on gun issues.

Rather than giving teachers guns, like some have suggested, Rep. Abdul-Samad said money should go to giving students computers, giving teachers raises and ensuring students can go to college debt free.

His tone changed as he recalled a personal story about the death of his son.

“I lost my baby boy to gun violence,” Abdul-Samad said.

He continued to explain a young man, who should not have had a gun, accidentally shot and killed his only son many years ago. When the young man at the time was facing capital punishment, Abdul-Samad forgave him and took the boy under his wing to make sure his life wouldn’t be taken as well.

Abdul-Samad said “that man has now graduated college and has three kids of his own. Don’t tell me we can’t change the world with love, don’t tell me you don’t have power, don’t tell me you can’t stand up, tell me what you can do.”

Within his speech, Abdul-Samad also addressed policy concerns often brought up by the opposition. He said it isn’t about taking away Second Amendment rights but rather making it harder for people who shouldn’t have a gun from getting a gun and providing the proper mental care to ensure people don’t resort to violence.

Among other policy changes, leaders at the rally called for stricter background checks, raising the age to purchase a gun, banning high capacity magazine and bump stocks and more training steps for individuals seeking to buy a firearm.

Before the last of the 15 speeches, the path the actual march would take was announced to the crowd.

As student’s and young people’s lives were the focus of the protest, the leaders of the march were naturally the student speakers and organizers who chanted many of the previous sayings with megaphones.

Led by students, over a thousand protesters circled the State Capitol Complex in Des Moines as part of March For Our Lives on March 24, 2018.

"MARCH #1"

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