Finding hockey in Iowa

Hockey finds unlikely home at Iowa State

BY STEPHEN MCDANIEL
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The Midwest has plenty to offer when it comes to sports markets. States like Minnesota, Wisconsin and Illinois provide some of the most recognized sports franchises in a variety of sports. One sport that’s found its way into many homes, especially in the Northern states, is hockey. With teams like the Minnesota Wild and the Chicago Blackhawks, it’s no surprise there’s a large market for hockey in the northern parts of the Midwest.

But for a place like Iowa, there isn’t a large market for sports in general, let alone hockey. The closest Iowa gets to professional sports are minor league teams or teams in smaller professional leagues, like the Des Moines Buccaneers of the American Hockey League.

“Hockey in Minnesota is like Texas and football,” said Jason Fairman, coach and general manager. With the difference between sports markets, it should be no surprise that a majority of Iowa State’s Division I club hockey team comes from areas where hockey is a bigger deal. In fact, there are only three players on the Division I team that are from Iowa. The rest come from places like Minnesota, Illinois, Wisconsin and even Canada.

Senior goaltender Matt Goedeke of Ankeny, junior goaltender Nikita Kozak of Waukee and freshman forward Nick Rogers of Des Moines are the only three players from Iowa.

With most players coming from where hockey is a big deal, how did the three players from Iowa find their way onto the ice? For all three, hockey is big. Due to family heritage and his parents skating when he was a kid, Kozak learned to skate at a young age and started playing hockey shortly after. For Rogers, it started with his mom taking him to free skating lessons after seeing an ad in the newspaper. Rogers found that he was good at skating and stuck with it, which led him to hockey.

Finding hockey is one thing, but being able to get the experience of playing hockey isn’t as easy in Iowa as it is in other areas.

“Well, in Minnesota, they can just play for the high school and be good,” Rogers said. “Whereas, where I’m from, you have to learn to get a bigger market.”

Kozak was able to find experience in Iowa through travel hockey, expressing his gratitude for sacrifices that his parents made when he would go play in tournaments. Goedeke and Rogers found some of their playing experience outside of Iowa.

Goedeke played travel hockey through middle school and high school, but moved to Omaha, Nebraska, during his junior year of high school to get experience with Triple-A Hockey. Goedeke played junior hockey and played his freshman year at Midland University before transferring to Iowa State.

Rogers played high school hockey up until his junior year when he went to play Triple-A Hockey in Des Moines. He followed that up by playing in Alaska, then coming back and playing in Madison, Wisconsin, before coming to Iowa State.

With different paths taken, all three players found their way to Iowa State, where Goedeke and Kozak are Cyclone Hockey veterans and Rogers is a rookie. For all three, Cyclone hockey played a role in their decision to come to Iowa State. By being away from home for five years and getting a chance to play in Ames during his last set of games with Midland, Goedeke was hooked on Cyclone Hockey. Coming to Ames let him stay close to home and play in a great atmosphere with every game.

Kozak came to Iowa State for engineering, but the chance to play hockey and being close to home aided in the decision to come to Iowa State. While Rogers had a family connection to Iowa State, Cyclone Hockey was a big reason why he came to Iowa State.

Despite their different experiences, there is a consensus of being able to come together with players that have come to Iowa State from places with a larger hockey market.

“I’d say the hockey community is pretty tight,” Kozak said. “Regardless of where you come from, everyone still has the same love, same passion for the game, so we understand how the game is played and what the game means to each other.”

With years and years of playing, there will always be moments to look back on. While it was agreed that it’s hard to pick out one favorite memory throughout the years, all three found something that they enjoyed. For Goedeke, it’s not one memory, but the unique experience that hockey provides. For Kozak, it’s getting to come together every year with teammates to play, along with getting the opportunity to play with the Des Moines Buccaneers and dressing a game with them. For Rogers, being able to play in front of a few thousand fans in Alaska was a highlight of his hockey career.

“It’s an experience not many people get to do,” Goedeke said. “Meet people throughout the entire world and get to travel and play the game they love.”

Goedeke is going into his senior season with Cyclone Hockey, while Kozak is able to return next year for his senior season. Rogers is able to return for multiple years, since he’s only a freshman. Fairman has full confidence in goaltender with the veteran presence that Goedeke brings and the development of Kozak.

Fairman looks for a good freshman campaign from Rogers, especially with his junior hockey success and his adjustment to Cyclone Hockey.

Throughout their childhoods, past hockey experiences, and transitions to college life, hockey has played a huge role in each of their lives. All three of the players have learned valuable skills that they’ve learned through playing that they can apply on the ice and off the ice.

“I think that hockey has definitely shaped the person who I am and wouldn’t trade that for a thing,” Kozak said.

Nick Rogers, freshman forward, attempts to make a shot on goal at the game on Sept. 28. Cyclone Hockey beat Illinois State 6-3 at the Ames/ISU Ice Area.
**POLICE BLOTTER**

10.10.18

The bicycle previously reported stolen was recovered.

An individual reported the theft of a motor vehicle at Lot B4 (reported at 10:25 p.m.). The vehicle was later recovered.

An officer investigated a property damage collision at Memorial Union (reported at 2:06 p.m.).

**CALENDAR**

**Friday, Oct. 12, 7 p.m.**

Iowa State soccer plays West Virginia at the Cyclone Sports Complex.

**Friday, Oct. 12, 8 p.m.**

Indie rock band BadBad Hats will play at The Maintenance Shop.

**Saturday, Oct. 13, 12 p.m.**

The Iowa State football team plays Texas Christian University at Hilton Coliseum.

**Saturday, Oct. 13, 6 p.m.**

The Iowa State football team plays West Virginia at Jack Trice Stadium.

**Monday, Oct. 15, 8 p.m.**

Why Good Nutrition Should Be a Global Priority and How to Make It So in the Great Hall of the Memorial Union.

**Tuesday, Oct. 16, 6:30 p.m.**

How Archaeology Killed Biblical History in the Campanile Room in the Memorial Union.

**Tuesday, Oct. 16, 7 p.m.**

Where Are All the Black People? in the Great Hall of the Memorial Union.

**Wednesday, Oct. 17, 12 p.m.**

Internship and networking fair for the Greenlee School of Journalism and Mass Communications in the Great Hall of the Memorial Union.

More events at events.iastate.edu.

**THE LES & KOBE SHOW**

(KATLYN CAMPBELL/ IOWA STATE DAILY)

(Left to right) Les Mwirichia, Julian Neely, Juan Bibiloni and Kobe Gaines met for this week’s episode of the Les & Kobe Show podcast released every Friday.

This week on a Special Episode of The Les & Kobe Show, StoGov President Julian Neely and Vice President Juan Bibiloni stop by to discuss: Campus Safety, Civic engagement, the trademark resolution and more. Listen to the show at iowastatedaily.com.

In the Oct. 11, 2018 edition of the Iowa State Daily, there was an error in the article “Discussing Latinx students’ classroom experience.”

In the Oct. 11, 2018 edition of the Iowa State Daily, there was an error in the Paul State article under “Meet the candidates for sec of state.” The voter ID bill had a soft rollout built into the bill and a separate bill shortened early voting and eliminated straight party voting while the original voter ID bill Paul Fante supported did not include this. The Daily regrets this error.
Students make professional connections

BY KIRSTIE MARTIN
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Iowa State’s Collegiate Women in Business aims to help women in the business field connect with other women within their future profession and strengthen their professional skills.

The club consists of 90 women that are students of the Ivy College of Business or in agriculture business.

Their meetings include guest speakers that teach members resume, career fair, personal branding and other professional skills. The club meets from 5 p.m. to 6 p.m. every Wednesday.

Brooklyn Treinen, president of the Collegiate Women in Business, said she joined her freshman year originally to network with business professionals and meet other young women going into the field.

“At the time, I had no idea that Collegiate Women in Business would introduce me to lifelong best friends,” Treinen said. “I had the opportunity to grow as a young professional in ways I never thought were possible.”

Each semester, the Collegiate Women in Business takes a corporate trip for members to meet business professionals.

Their latest trip was last week to Minneapolis where members spent the day touring Best Buy Headquarters, Target Headquarters and U.S. Bank Stadium.

Treinen said the goal of these corporate trips are to “observe the company’s work process and understand their problem-solving methods.”

“Each company has a different type of environment, providing new, innovative ways of thinking about goal-setting and performance measures,” Treinen said.

Las offers scholarships for unpaid internships

BY MEGAN TESKE
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New scholarships are available for students within the College of liberal Arts and Sciences (LAS) who have unpaid internships.

To be eligible for the scholarships, students must have a minimum 2.0 GPA with their internship being a minimum of 10 hours per week for eight weeks.

Students must also be enrolled in an internship course.

“We had some student requests for a scholarship,” said Toren Crow, director of LAS careers services.

“There are some other colleges who do some scholarships for unpaid internships and were getting feedback from students asking if we had anything like that.”

The money for the scholarship is coming from a gift, the college received this past year.

“An alumni gave anonymously through curriculum associates,” said Mary Ulles tad-Heneke, the LAS scholarship coordinator.

“The donor had certain areas they wanted to support and this specific piece of money was designating to ensure this amount of money goes towards students directly through the unpaid internships.”

This fall was the first time scholarships were awarded to LAS students for unpaid internships, and the scholarship was largely found out by word of mouth from other people.

“It was just a few people who knew about the scholarship,” Ulles tad-Heneke said. “We anticipate that number growing.”

There is not a set amount of scholarships given, but as more people learn about this scholarship, the number of scholarships awarded is expected to grow.

The amount of money awarded to students ranges from between $500-$2,000.

Students can apply for this scholarship by going to the LAS scholarship website and clicking on current students.

As they go further down the page, they will see a link for the scholarship there and can click the link to apply.

The application is fairly short and asks students questions about the internship, why they applied for it and their financial need.

The application for the scholarships for the spring semester will begin on Nov. 1 and will be open to students until Feb. 10. Students can seek other scholarship opportunities through OneApp.
JoyRun serves ISU students

JoyRun, a food delivery service app, aims to connect students by delivering food from local restaurants. "JoyRun is supposed to be about convenience," said Taylor Bellings, a junior in apparel, merchandising and design. "Pens getting pens food.

Not all students on campus have accessibility to a vehicle and the places that the CyRide reaches may be limited. "We cater to a bunch of dorms, residence halls and anybody who is studying - the more students, the more we're going to be active," said Gabe Bortscheller, the marketing lead for JoyRun.

There are a wide variety of food selections that JoyRun provides access to. Everything from fine dining to fast food restaurants in Ames are available for students to order. Students can also request for a grocery pickup from Hy-Vee or Walmart. However, JoyRun will not pickup or deliver anything that requires an ID. "I would use the JoyRun app again because it was quick and easy at the tip of my fingers," said Kaylyn Nocross, freshman in pre-business. "I got my order from the median of the city in 20 minutes." Stearns said JoyRun's benefits and restrictions. Unlike JoyRun, UberEats are partnered with specific restaurants. "But not only do we handle, GoPuff is a warehouse full of particular options such as, snacks, drinks, ice cream and more. "Whenever you get the munchies, it comes in handy with how awesome they deliver to you," said Gabe Bortscheller, junior in management. "Depending on the night, one app could be quicker than the other. Some students are "runners" for JoyRun who pick up and drop off the orders in order to make some extra cash. Instead of requesting an order, students can choose to make the run for the order.

From there, runners can choose the destination, specify the meet-up location, the delivery window and the delivery fee. Not only can you be a runner, but students can be an employee for JoyRun and be scheduled shifts with a pay coming in regularly. "Since I am a student that works for JoyRun, I have shifts to make sure someone can always run," Bellings said. "I get guaranteed pay and the shifts are super short and flexible.

The drivers make money through the delivery fee that is set by the driver. "The fee is whatever they would pay at the restaurant then a delivery fee set by the driver, typically three dollars, no more than five and a 70-cent service fee," Stearns said.

University funding

One of the first questions asked by the moderators was whether either candidate would continue to cut funding to regent universities and community colleges similarly to the mid-year budget cuts occurred over the past three years. Hubbell said he would "absolutely not" continue to lower funding for universities.

"If education is truly a priority of ours, then it will be reflected in our state budget," Hubbell said. Reynolds said the state would continue to invest in its priorities, with one being education. She then moved on to say Hubbell had been hypocritical for arguing against tax credits to fund things like education when he had been taking advantage of them through working with different companies for the last 40 years.
If you enjoyed the 90 combined points in Iowa State’s 48-42 win over Oklahoma State on Saturday, you’re in for a treat this weekend, too.

Quarterback Will Grier and the West Virginia offense will attempt to outscore a recently explosive Iowa State offense on Saturday at 6 p.m. in Jack Trice Stadium.

“It takes the whole defense,” said Jake Hummel, sophomore linebacker. “We need pressure. We need good coverage to give those [defensive] linemen enough time to get there or vice versa. [We need to] get enough pressure to force him to throw a bad pass. Obviously, [we need to] stop the run and force him to throw the ball.”

Grier entered this season with high expectations, and the senior has lived up to it so far. In five games, Grier has compiled 1,819 yards with a 71.2 percent completion rate and 21 touchdowns to six interceptions. The Florida transfer spreads the ball to his offensive weapons, too. Ten different Mountaineer receivers caught one of Grier’s touchdown passes with David Sills and Gary Jennings leading the pack with six each.

The touchdown leaders of the receiving corps are topped in yardage by Marcus Simms with 490 receiving yards (Sills has 368 yards and Jennings has 364). To complement the trio, Alabama transfer T.J. Simmons has chipped in 227 yards and a touchdown through five games.

To slow down the potent passing attack, the Cyclones will lean on senior cornerbacks, Brian Peavy and D’Andre Payne, along with contributions from the rest of the secondary.

“Tackle in space,” said Jon Heacock, defensive coordinator, on the most important job of the cornerbacks. “I think the talent that they have at the skill positions — the number of guys catching balls, the tailbacks and the ability of a guy that’s going to be up for the Heisman [Trophy] and should be — our guys are going to have to tackle guys in space.”

The defense may not be relied on too much if the Cyclone offense can explode like it did against Oklahoma State. This week will be tougher for freshman quarterback Brock Purdy and company to emulate the performance from last week. On paper, West Virginia’s defense is better than the Cowboy defense, but the Mountaineer defense is mostly untested with the biggest challenge being a Texas Tech offense that put up 34 points. West Virginia also has a luxury Oklahoma State didn’t have. Purdy played two snaps and wasn’t listed as the starter against Oklahoma State, so the Cowboys had minimal preparation for the freshman.

By Trevor Holbrook
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Running back Kene Nwangwu begins to run down the field after catching an Akron kick off. The Cyclones won 26-13.

West Virginia has almost a complete game of film on Purdy. Meanwhile, junior running back David Montgomery’s status is still unclear for Saturday’s game. The feature back missed Iowa State’s win in Stillwater, Oklahoma.

Even if he plays but isn’t 100 percent, the Cyclones will likely look toward Sheldon Cronery Jr. and Kene Nwangwu to shoulder some of the load. Nwangwu received more carries than he had all season in Saturday’s win.

The redshirt sophomore toted the ball 10 times for 49 yards. The speedster fits well with Purdy’s threat of running.

“Kene’s another guy that we constantly talk about how he can impact a game,” said Bryan Gasser, wide receivers coach. “We’ve all seen it on kick returns two years ago and early this season, he’s dangerous with the ball in his hands.”

If Iowa State wants to string together another undefeated October like it did last year that propelled the Cyclones to a bowl game and an 8-5 season, they need to find big plays to keep pace with West Virginia’s offense. On the flip side, the Cyclone defense needs to limit big plays and create enough opportunities for Purdy and the offense.
AROUND THE BIG 12

PLAYERS 2 WATCH

Brock Purdy

Iowa State Quarterback, Brock Purdy, warms up before the canceled season opener game against South Dakota State at Jack Trice Stadium on Sept. 1.

Maybe an even more obvious pick than Grier, Purdy needs to light up another defense to keep the momentum rolling for the Cyclones. It’s tough to gauge the skill of West Virginia’s defense based off a weak schedule so far, but it appears it should be better than Oklahoma State’s. Purdy, on the other hand, could benefit from a David Montgomery return this week. The freshman played outstanding for his first meaningful snaps at Iowa State, but he needs help this week.

The Mountaineers have film on Purdy and know he’s the guy under center this week, unlike Oklahoma State on Saturday. If the Cyclones want to climb to three wins, the defense needs to slow down Grier as much as possible, and Purdy needs another stellar performance.

Will Grier

West Virginia quarterback, Will Grier, presents a tough matchup for Iowa State quarterback Brock Purdy on Saturday.

What’s more lit than the sofas in Morgantown, West Virginia? The Mountaineer offense. The West Virginia player to watch could be a number of people because they spread the ball around so effectively, but Grier is the catalyst for providing opportunities for all offensive weapons.

Ten different players have caught a touchdown pass this season and three receivers have over 350 yards. Grier’s ability to slice through a secondary assists the rushing attack, too.

Grier isn’t a runner himself, but the strong passing game leaves holes in the opponent’s rushing defense. Similar to the receivers, West Virginia has balance in the backfield. David Sills will be the top receiving target for Grier — he caught 60 passes last season for 18 touchdowns.
Combing off of a strong win against No. 25 Oklahoma State on the road, Iowa State is in perfect position to knock off No. 6 West Virginia.

First of all, don’t let West Virginia’s 5-0 record scare you. So far this season, West Virginia has beaten 2-3 Tennessee, 2-3 Youngstown State, 2-4 Kansas State and 2-4 Kansas, who is, frankly, still Kansas.

The only team with a winning record West Virginia has faced is 3-2 Texas Tech.

On offense, the Mountain Eaters are headed by potential Heisman candidate Will Grier at quarterback.

Grier is a stud who operates like a surgeon in the pocket and has the confidence and skill to make any throw on the field. The only knock on his game is his decision-making in the red zone.

Grier tries and often is able to squeeze the ball into tight throwing windows which can lead to trouble in the red zone where defenders have a better chance to make plays on the ball.

Against Kansas last week, Grier threw three interceptions where defenders have a better chance to make plays on the ball.

With the Cyclones on one of their “greats,” as Kyle Kempt was called, Iowa State was able to squeeze the ball into tight throwing windows which can lead to trouble in the red zone where defenders have a better chance to make plays on the ball.

Against Kansas last week, Grier tried and often was able to squeeze the ball into tight throwing windows which can lead to trouble in the red zone where defenders have a better chance to make plays on the ball.

Against Kansas last week, Grier threw three interceptions where defenders have a better chance to make plays on the ball.

With the Cyclones on offense, the team needs to put up points and freshman quarterback Brock Purdy was able to unlock the team’s potential last week against Oklahoma State.

In his first game taking significant snaps against a ranked team on the road, Purdy’s poise and decision-making were impressive.

In the game last week, Purdy’s dual-threat ability took away the defenses ability to just key on the running back which opened up running opportunities for himself and the Iowa State running backs.

In addition, Purdy was able to stretch the defense by connecting with his receivers downfield numerous times creating an offense which is far less predictable. With a thriving offense, Iowa State will score in bunches.

I hate to rain on the parade. Actually, that’s a lie. It’s literally the only thing I do. I literally make 15 or so predictions a week and I get 100% correct. But, just kidding, I have to go to work.

You’re welcome.

The Cyclones offense that scored 48 points — the most since the Cyclones’ 66-10 win over Patrick Mahomes and Texas Tech in 2016.

While it took the Cyclones a handful of games to click on offense, the Mountain Eaters have hit on all cylinders since the start of the season.

West Virginia is 40-31.

Yes, yes, I’m picking against the Cyclones again.

Despite the really great offensive performance from last weekend, there’s a lot of work to be done still with the Cyclones as they enter the Big 12.

Iowa State had trouble for much of the game against Oklahoma State in preventing explosive plays.

If you’re looking for a non-explosive opponent, West Virginia isn’t it. Led by Will Grier and wideout David Sills, the Mountain Eaters can strike at any moment.

Grier has 21 touchdown passes already, and Trevor’s Heisman favorite will surely have his moments.

Iowa State won’t go down easy. The black jerseys will be out, and the atmosphere will be great. But, the battle for the flaming couch will go to the Mountain Eaters in what should be an entertaining contest.

So you enjoyed the offensive outpour from last week? Then do I have a game for you this week. We’re in for a good one.

Mrs. Grier was a touchdown machine.

If anyone gives you 10,000 to one on anything, you take it. Even truer this week, as Iowa State’s four-game winning streak on offense.

If John Mellencamp ever wins an Oscar, I am going to be a very rich dude … with pride.

Iowa State 54, West Virginia 17

I said this last year when I did the guest pick, and I will say it again. I love Iowa State. I really tried. My whole family is into them and I’m just sort of an outsider. They told me I couldn’t pick in the NFL predictor cup (which my entire family does) because I was just wasting $20. Despite this, an Iowa State loss seemed obvious, but from quote one from Kevin Mckenna came to mind: “If anyone gives you 10,000 to one on anything, you take it. If I win, I will be a very rich dude.”

I would enjoy the satisfaction of one of my crazy predictions coming true — that crazy prediction being Iowa State winning. Also, last year I was tasked with predicting the Iowa State Oklahoma game. I went with the “obvious” bet and look where that left me. So I’m predicting Iowa State will DESTROY West Virginia Saturday, and if Iowa State wins, I am going to be a very rich dude … with pride.
Corey Dunn’s punting career at Iowa State didn’t exactly start as well as he hoped. For his first punt, Dunn was backed into his own end zone at Kinnick Stadium in Iowa City, Iowa. Redshirt senior quarterback Kyle Kempt had just been sacked at Iowa State’s 7-yard line, and the Cyclones needed a big punt from Dunn to reverse field position.

Dunn’s punt sailed sideways, traveling just 14 yards before going out of bounds at Iowa State’s 21.

His second punt went 37 yards. Punt No. 3 was just like the first one, spiraling 13 yards and setting Iowa up at the Iowa State 28-yard line.

After the game, coach Matt Campbell was frank about the field position battle, which Iowa State lost.

“You don’t want to try to expose yourself, especially against these guys,” Campbell said. “When you play these guys, they make you beat yourself.”

Dunn rebounded with a 58-yard punt later in the game to pin Iowa at its own 6-yard line, but the rocky start led to questions about Iowa State’s special teams.

“I prefer kicking on the run,” Dunn said. “I’m slowly getting used to kicking off two steps. I’m not used to it as much.”

Dunn said the transition has been difficult. The mechanics of punting American football-style are more compact. He’s had to work on not overstriding on his first step, which can throw things off balance.

For Dunn, one of the keys to the transition was watching other Australian punters.

He watched Blake O’Neill (Michigan), Tom Hackett and Mitch Wishnowsky (both at Utah), who were making the same adjustment as him.

“What Corey does really well is he’s really accurate,” said Joe Houston, special teams coordinator. “Growing up playing Australian Rules Football, he can place balls with tremendous accuracy. It almost looks like something threw the football, he’s that accurate.”

That accuracy has shown in recent weeks after Dunn’s rocky start.

In Iowa State’s win over Oklahoma State last week, Dunn punted the ball six times. Four of those were downed inside the Cowboys’ 20-yard line. His punting average was 41 yards per punt, but that includes a time when Dunn was forced to punt from the Oklahoma State 35. He pinned the Cowboys at their 13-yard line.

The fourth quarter against Oklahoma State was perhaps his biggest showing as a Cyclone. With Iowa State leading by five with under 10 minutes to play, Dunn booted a 51-yard punt that went out of bounds at the Oklahoma State 12-yard line. Then, with a 13-point lead and four minutes to go, Iowa State had another drive stall at the 43-yard line. Dunn’s 39-yard punt stopped at the Oklahoma State 4-yard line, giving the Cowboys a long field ahead for their comeback, which fell short.

So far, 12 of Dunn’s 26 punts have landed inside the opponent’s 20. None of his punts have gone for touchbacks.

“We’re finding ways to challenge him and maximize his full potential,” Houston said. “But what he does is really impressive and he’s really dynamic.”
Full confession: I’m a raging liberal, and there are a lot of people in my life — both friends and family — who I strongly disagree with when it comes to politics. But I’m okay with that, because almost all of my Republican friends are intelligent, empathetic and hardworking people, and I can see all these qualities in their actions.

But to my Republican friends, it’s because I see the way you live out your values that I cannot understand the disconnect between who you are as people and the people that you vote into office. And so as I write this column, addressed to my Republican friends, it’s because I see the way you live out your values that I cannot understand the disconnect between who you are as people and the people that you vote into office.

To advocate for its students, and any semblance of inaction displays a lack of recognition and respect for both the Student Government and who it represents.

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

Feedback policy: The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s).

Phone numbers and addresses will not be published. Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.
Rent the Runway: ISU students strut toward a sustainable future

BY ALEXIS MYSZKA
 довольствоваться строго непреложными окончательными установками, ограничиваться стандартами и регламентами, оставаться лояльными к старым ценностям и традициям, придерживаться старых привычек и менталитета. Это приводит к тому, что мы не можем адаптироваться к изменениям и не можем найти новые решения для своих проблем. Однако, если мы будем открытыми к новым идеям, мы сможем найти новые возможности и решения, которые могут помочь нам достичь наших целей.

Источник: https://www.renttherunway.com/
Defense seeks versatility

Iowa State hasn’t been a great defensive team historically, and last season was no different for the Cyclones. Iowa State ranked 260th in the country last season in scoring defense, giving up an average of 75.3 points per game in 31 contests. The Cyclones finished 134th in total defense in the KenPom rankings as well. Simply put, it was a bad year.

For the first time in a while, Iowa State volleyball finally showed some life on offense. Granted, it came in a 3-0 sweep to Texas on the road, but the Cyclones’ 302 percent hitting percentage nonetheless showed that they were able to hit the ball at a high level, consistently throughout the duration of a match.

Heading into its match against Kansas State, the question then became whether or not Iowa State could put together back-to-back strong performances, offensively as well as on a team. "Our offense had kind of stalled out there for a while," said junior outside hitter Nia Washington. "The injury cycle, much like the recruiting cycle, never ends. But if you can get things going, and if we have more energy we’ll have to keep pushing because we need to keep winning more games, and we need to have more energy we’ll keep winning more games."

For the bright side for the Cyclones, Prohm said the Cyclones should be getting back to full strength sooner rather than later. "I'm sure hoping, and I feel confident, that should be a little easier now that the team is back together at the 2018 ISU Basketball Media Day." Prohm said he’s not yet sure of his rotation.

"If we've got a opportunity to go eight and nine deep, that's great," Prohm said. "It's more about what those players put together in position to do."

Prohm has done with six and seven player rotations — with success in the past, particularly in 2016-17 — but this team is full of players, Prohm believes will have a chance to contribute. "I'm just making sure I protect my nose. I'm not trying to break it again."

As for the freshmen, Condit is already back in practice and Haliburton should be in practice within a week, Prohm said. "This is my second time having mono," Haliburton said. "Only 15 percent of mononucleosis cases get reoccurrence, and I happened to fall in that percentage."

"So we’re confident, and the team looks to control. And if the Cyclones can excel in half-court plays, they’re good at winning games, and if we have more energy we’ll keep winning more games."

NOTEBOOK

BY SPENCER SUCKOW
@IOWASTATEDAILY.COM

For the first time in a while, Iowa State volleyball finally showed some life on offense. Granted, it came in a 3-0 sweep to Texas on the road, but the Cyclones’ 302 percent hitting percentage nonetheless showed that they were able to hit the ball at a high level, consistently throughout the duration of a match.

Heading into its match against Kansas State, the question then became whether or not Iowa State could put together back-to-back strong performances, offensively as well as on a team. "Our offense had kind of stalled out there for a while," said junior outside hitter Nia Washington. "The injury cycle, much like the recruiting cycle, never ends. But if you can get things going, and if we have more energy we’ll have to keep pushing because we need to keep winning more games, and we need to have more energy we’ll keep winning more games."

"This last week, we started enforcing a rule where if you don’t go for a ball, you’re off the court," sophomore setter Piper Mauck said. "We’ve been focused on being aggressive and just playing hard no matter what." Prohm said dealing with the mono hasn’t been too hard for him, comparing it to a cold. "I got /my mask earlier this week," Talley Jr. said. "I’m not trying to break it again."

As for the freshmen, Condit is already back in practice and Haliburton should be in practice within a week, Prohm said. "This is my second time having mono," Haliburton said. "Only 15 percent of mononucleosis cases get reoccurrence, and I happened to fall in that percentage."

"Spreading minutes could get interesting"

The qualifier here is that Kansas State itself is a struggling team. In fact, even more so than Iowa State. The Wildcats fell to 0-6 in Big 12 Conference play with their loss on Wednesday, meaning that even with the win, it’s far too early to declare the Cyclone slump over.

With that being said, for a team like Iowa State that’s struggling to put together complete performances, its win on Wednesday was a nice reminder of what the team is capable of when they’re on. Now, having played well in back-to-back matches, the Cyclones will have to prove that they can continue that strong play against tougher opponents.

"They got that opportunity on Saturday when TCU’s starting hitters couldn’t do anything for them," said senior libero Hailie Methvin. "The Horned Frogs are sitting at 3-3 in conference play, but they’ve beaten two opponents that defeated the Cyclones in Texas Tech and Oklahoma."

Additionally, the Frogs took No. 4 Texas to five sets less than two weeks ago. If the Cyclones want to earn their first winning streak since the end of August, it’ll need to do another complete effort.

"TCU is playing well, I think they’d got a couple of really nice athletes," Johnson-Lynch said. "They’ve got a middle [Anna Walsh] that’s very experienced and getting a lot of kills for them, and they’ve got a freshman outside [Elian McCull] who’s scoring a lot of points for them. So yeah, it’s a really nice team." The qualifier here is that Kansas State itself is a struggling team. In fact, even more so than Iowa State. The Wildcats fell to 0-6 in Big 12 Conference play with their loss on Wednesday, meaning that even with the win, it’s far too early to declare the Cyclone slump over.

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ISU celebrates National Coming Out Day

Carrie Giese (left), Megan Van Heiden (center), and Milly Agai (right), all student assistant staff members, show their support at the National Coming Out Day photoshoot at The Center on Thursday. The month of October is LGBTQIA+ History month.

There were many props to use for the National Coming Out Day photoshoot at The Center.

Kipp Van Dyke, a Student Services staff member, holds a sign in support of the LGBTQIA+ community at the National Coming Out Day photoshoot at The Center on Thursday.

Festive food was served at the National Coming Out Day photoshoot at The Center on Thursday.

Tommy Wren, a junior in microbiology, poses with the 1988 Keith Haring National Coming Out Day poster at the National Coming Out Day photoshoot in The Center on Thursday.

Kipp Van Dyke, a Student Services staff member, holds a sign in support of the LGBTQIA+ community at the National Coming Out Day photoshoot at The Center on Thursday.

Daniela Ortiz (left) holds a Bi pride flag, Alex Zafra (center) holds a Trans pride flag, and Iris Barreta (right) holds a Gay pride flag for the National Coming Out Day photoshoot at The Center on Thursday.