Iowa State Daily (April 17, 2019)

Iowa State Daily

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**On the rise**

How state appropriations have shaped the face of Iowa higher education

**BY DEVYN.LEESEON**
@iowastatedaily.com

Any of the three proposed budget recommendations for Iowa’s Regent universities will continue a trend that has tuition playing a larger role in higher education funding than state appropriations.

Three different appropriation proposals from the state legislature could have very different results in terms of FY2020 tuition levels at Iowa State and other Regent universities. While Gov. Kim Reynolds recommended the legislature meet the request from the Board of Regents and pass an $18 million appropriations increase over FY2019, the Iowa House has passed a $15.9 million increase and the Senate is still working out their plan for Regent appropriations.

Rep. Beth Wessel-Kroeschell, D-Ames, said the Senate proposal is currently around a $12 million appropriations increase over the previous fiscal year and that the governor’s proposal is “very unlikely at this point” to pass, meaning a tuition increase of more than 3 percent for resident undergraduate students is almost guaranteed.

This is due to a November decision by the Board of Regents to set a 5-year tuition formula that has a 3 percent base increase and up to an additional 2 percent increase based on the Higher Education

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**Campus speaker policy added to Regents agenda**

**BY JACOB.SMITH**
@iowastatedaily.com

The Board of Regents has made an addition to its Thursday agenda.

The board will be discussing a proposed revision to the Board of Regents Policy Manual 4.2 — Freedom of Expression. The revision expands upon the Campus Speakers and Programs by adding definitions, guiding principles and instructions on the use of university grounds and facilities, as well as how to file complaints to the Board — directions which were previously missing.

The addition comes as a result of Iowa Code Chapter 261H, which was set in place March 27.

“Iowa Code Chapter 261H is an act relating to speech and expression at public institutions of higher education in the State of Iowa,” according to the executive summary of the Policy Manual Revision. “The chapter directs the Board of Regents to adopt a policy addressing speech and expression at the universities under its jurisdiction.”

The revision also makes some minor changes in the wording of section five of the proposed policy.

The proposed policy additionally states that its intent is not to give universities the ability to restrict First Amendment rights.

“Nothing in this policy shall be interpreted as prohibiting the Regent universities from regulating or restricting expressive activity that is not protected by the First Amendment,” as stated in the policy.

The Board of Regents will be meeting Thursday in Iowa City at the University of Iowa. Live Streaming of open sessions and agenda can be found on their website.
**POLICE BLOTTER**

An individual reported the theft of clothing at UV at Friley Hall (reported at 10:02 a.m.).

An individual reported fraud at 73 Frederiksen Court (reported at 5:33 p.m.).

**CORRECTIONS**

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

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**CALENDAR**

4.17.19

**Iowa International Outreach Symposium, Zing's Hall** at 4:30 p.m.

**Iowa State Daily Business Directory**

**Jackson Cleaning Service**

**Reboot to Business Reboot** is an entrepreneurship program provided by the U.S. Small Business Administration (SBA). The course provides an overview of entrepreneurship and applicable business ownership fundamentals. Veterans of all eras, Active Duty Service members, and spouses are eligible to participate.

**Art Walk: An Artful Meal, Friley Hall** at noon

Join University Museums’ Friley Hall Windows cafe to learn more about the newest art installations. University Museums first welcomed Susan Chrysler White’s incredible art into the Art on Campus Collection with Zoopasa in 2015. Since then, White has added remarkable installations into two newly renovated dining spaces. Friley Hall’s Windows cafe welcomed the House is A Very Very Very Fine House when it reopened in 2017.

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**FEATURE PHOTO**

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**IOWA STATE DAILY**

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294-2403

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294-5688

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**Publication dates:**

Wednesday, April 17, 2019

**Contact:**

The Iowa State Daily is an independent student newspaper established in 1890 and written, edited and sold by students. Contents are available online at iowastatedaily.com. The Iowa State Daily is published daily on the ISU campus.

**ISSN:** 0147-2010

**PERIODICALS POSTAGE**

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**Sudoku by the Memphian Group**

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit www.sudoku.org.uk
Community invited to Campustown Safety Walk

BY ELI HARRIS
@iowastatedaily.com

The Ames Police Department will host the Campustown Safety Walk on Wednesday. The event is open to the public and will begin at 8 p.m. at the Ames Intermodal Facility at 129 Hayward Ave.

The goal of the event is to improve Ames’ safety conditions in the Campustown area and make the area safer for those traveling through it. Several groups have partnered for the event, including city officials, local businesses and students.

“The safety walk is a great way for the community to invest in their safety in the Campustown area,” said Kurt Kruger, the Ames Police Department community resource officer. Kruger said the goal of the evening is to find problems that typically may not be brought to the city’s attention. According to the city of Ames website, “The event is designed to partner city officials, students and residents in an effort to identify issues such as burned street lights, tripping hazards and other safety concerns in the heavily pedestrian Campustown neighborhood.”

Before the walk starts, people will be briefed on what to do and then split into groups for going out on the walk. This gives participants an element of safety and the ability to talk to community members. The expected end time is 9:30 p.m.

Coordinators will provide flashlights, bug spray and snacks if needed, but bringing proper shoes and clothing for walking is the responsibility of the attendees.

Professor explains speech

BY LOGAN METZGER
@iowastatedaily.com

Tracey Derwing, a professor at the University of Alberta, spoke about what really matters when understanding second language speakers Tuesday.

Derwing’s title for her presentation was “Accent-Schm-accent, because accent doesn’t matter when understanding a second language speaker.

“Accent does matter, it can be a matter of life or death especially for asylum seekers,” Derwing said.

Derwing explained how countries like the United States and Canada use Language Analysis for Determination of Origin (LADO), which oftentimes uses unreliable methods of determining asylum seeker’s validity that are often wrong. In a lot of spaces accent stereotyping goes on, which negatively impacts all involved.

One example of this was a call center test where the end result concluded that callers reacted more positively to native speakers rather than accented speakers, especially when it came to bad news.

Derwing explained the four dimensions of speech that affect a person’s ability to understand another person.

The first dimension was accent, which is a salient difference between a speaker and listener speech. Some examples of this are “out” versus “oud” and “ice” versus “yes.”

The second dimension was comprehensibility, which is the ease of understanding on the listener’s part. This is often ranked on a one to nine scale, with one being easy to understand and nine difficult. Derwing played a sound byte of a woman speaking with an accent, and the majority of people rated it under five.

The third dimension was fluency, which is the “flow” of speech, such as speech rate. This is also ranked the same as comprehensibility.

The fourth dimension was intelligibility, which is how much of the speaker’s intended message was understood. Derwing did a math problem of “2+2-1” spoken out loud to give an example of intelligibility.

Derwing showed a commercial for the Rockwell Automation “Retro Encabulator,” where the speaker used many large and made-up words that the common populace would not know or understand. Derwing explained that it was a hoax created in 1946, and was deliberately unintelligible.

She also showed a British parliament video where a Scottish man with a heavy accent proposed something concerning accessibility to a government building, but another man in the Parliament had to ask multiple times for the clarification.

Creatives interview for Ames opportunities

BY MEGAN NEMEC
@iowastatedaily.com

The second annual Intern and Job Fair for Creatives allowed students interested in creative jobs and internships an opportunity to interview Tuesday night at the Memorial Union.

Positions available were offered through The Workspace, Memorial Union Marketing, The Octagon Center for the Arts, Ames Community Arts Council and Reiman Gardens.

Students were notified to come prepared to speak with supervisors as well as have some copies of their resumes in hand. Kayla Hoog, senior in biological and premedical illustration, came to the career fair interested in botanical art and horticulture programming internship.

“In the future, I would like to create illustrations and other artwork for both science and medical-based companies,” Hoog said. “I enjoyed speaking with others in my major about the opportunities at the fair and what might be the best fit for me personally.”

Rhonda Scott, events coordinator at the Octagon Center for the Arts, said that several of the arts organizations in town met to speak to one another about who’s teaching what at their organizations to prevent overlap. This communication is key in pooling their resources and holding a fair for the creatives.

“We need people who are responsible, invested in doing a good job, self-starters, ask for help when needed,” Scott said.

According to the staff at the Octagon Center for the Arts, if students are being themselves and have a genuine sense of humor they stand out in interviews. It was also noted that having good eye contact is crucial, as well as having a question to ask interviewers. This shows that interviewees have prepared and thought about companies before entering for the interview.

The fair provided resources for positions including art archival management, art education, art exhibits, botanical art & horticulture programming, event planning & management, graphic design, marketing & advertising, workspace studio staff and videography.
Council talks sex trafficking

BY MARIBEL BARRERA
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Ames City Council discussed potential methods of combating the issue of illicit sex trafficking and illegitimate massage therapy businesses in the Story County area at its Tuesday evening meeting.

Members of the council discussed various ordinances that have been put into place across the state of Iowa — particularly those in Des Moines, Iowa City, Johnston, and Cedar Rapids. In addition to these particular ordinances, the amount of local involvement that is necessary or desired was also brought into question.

The council made a motion to begin the process of implementing an ordinance following that of Des Moines, provided that some amendments would be made to allow it to better fit the needs of the Ames and Story County communities.

The ordinance put in place by Des Moines requires that all massage therapists have a state license and that it be available at all times. Failure to do so allows the Police Department to place a placard in front of the business to tell potential customers that it has been deemed unsafe until an official license has been obtained.

Iowa City’s ordinance is similar to that of Des Moines, however it requires that, upon the city’s request, the business must be able to provide credentials of individual employees.

Cedar Rapids’ ordinance — which is generally regarded as a more intensive approach — requires that massage therapy businesses obtain not only a state license, but a city license as well. The city license comes at a $60 biannual fee, which requires that criminal background checks be completed for massage therapists.

The audience consisted of both concerned citizens and many licensed massage therapists who practice throughout Ames and the Story County area.

Two of the audience members and the requestors of the massage establishments’ human trafficking workshop, George Bellotso and Michelle DeMarie, had comments.

“They illicit massage businesses have moved out of towns where they are under inspection, where there is more risk involved, and they have moved to friendlier places, like Ames, where there is less risk of being discovered,” said Bellotso, speaking on behalf of the Network Against Human Trafficking and Slavery.

The majority of comments from the licensed massage therapists in the audience were in favor of drafting an ordinance similar to that of Des Moines, as it requires the least dedication of city resources and puts the least amount of strain on legitimate licensed massage therapists.

“We were very thrilled when the Des Moines ordinance passed. It’s very simple, not just for us, but it doesn’t drain the resources that are already [...]. stretched a little bit locally. The Des Moines ordinance is very attractive to us,” said DeMarie, speaking on behalf of her fellow licensed massage therapists.

Drafting and implementation of an ordinance will be placed as an item on the council’s agenda, after which it will then come back as a staff report to be discussed by the council and once again opened for public input.

Students listen to Tracey Derwing’s lecture on understanding second language speakers Tuesday at the Memorial Union.

BERGAN FOX / IOWA STATE DAILY

Scottish man to repeat the proposal due to the heavy Scottish accent.

Derwing also showed a Sofia Vergara monst clip showing that second language speakers can be both intelligible and comprehensible and a clip of a Vietnamese worker where a word was heard as “snorket” but it was actually the word “target” to show that the man’s intelligibility was lacking.

“As long as you are intelligible and comprehensible, accent doesn’t really matter,” Derwing said.

Derwing then went on to explain the three different models of pronunciation teaching.

The first model is the Medical Model, which views accent as a disease, disorder or something that needs therapy to fix. People within this model are speech language pathologists, and a study showed that many of them are not trained to deal with second language accents.

Derwing showed a blog post of a person with a degree in speech and hearing services, in which the individual explained that they have no idea what they are doing but still take clients.

“She is charging people for a service, but paradoxically has no idea what she’s doing,” Derwing said.

The second model is the Social Model, which focuses on commodifying second language speakers. For an example, Derwing used Andy Krieger, a “speech coach” hired by a state to help language teachers lose their accents. Krieger claims that there are no syllables in American English and says that learners need to “wack” the front of the word and rush through it.

“I think this technique is wacky,” Derwing said.

The third model is the Education Model, which focuses on pronunciation teaching.

Derwing said that this model was the best model to help second language speakers, even though a study showed that teachers used little to no pronunciation instruction in their classes.

Derwing ended saying that both the speaker and the listener have to put effort into the conversation for it to work.

“Every conversation is the responsibility of everyone involved,” Derwing said.

Price Index and state appropriation levels.

“I do not think it is healthy,” Wessel-Kroeschell said about tuition increases. “When I went to school it was reversed, when I went to UNI, I paid about 20 percent of the cost to attend the university and the state picked up the other 80 percent. Now it is basically the reverse of that. Students and families are the ones who are picking up the heavier load. We will have to face that burden.

In 2003, the state provided $209,897,593 to Iowa State and the remaining costs associated with school were covered by tuition and fees amounting to $301,403,362.

This ratio slowly changed over time, however, with annual appropriations fluctuating until their height in 2009 when $276,483,151 was given to Iowa State by the Legislature and student fees and tuition covered the remaining $211,130,075. Since then, state appropriations have decreased or stagnated while tuition revenues more than doubled to today’s $466,748,000.

Regardless of which budget proposal passes, this trend will continue. Even if Iowa State receives $7 million of the $18 million request, tuition increases would continue to outpace the state appropriations.

Strictly looking at resident undergraduates, a 3 percent increase would constitute more than a $4 million increase in tuition revenues based on current university enrollment numbers. Once graduate and out-of-state student tuition, which have historically had a greater percentage increase than resident undergraduate tuition, is accounted for, the total increase in tuition revenue is likely to exceed the $7 million provided by the state.

Figures based on the 3 percent tuition increase are still lower than what Wessel-Kroeschell says is the likely solution. Any percentage increase higher than 3 percent would further increase the amount students have to pay compared to the state Legislature.

“If you look at the amount of burden that is, you look at the student debt, they will have to take out more loans, and students practically run out of the ability to fund their education their senior year,” Wessel-Kroeschell said. “If you take the amount of a 3 percent increase for Iowa State that would be about a $233 increase, an increase of 4 percent is about $310 and an increase of 5 percent is about $388. That is significant.”

Josh Lehman, senior communications director for the Board of Regents, said there are no figures or estimates for what out-of-state or graduate tuition rates will be, but the Board of Regents will set the remaining levels of funding to match the needs of the university.

“The Board has spent several years looking at tuition and funding of our universities,” Lehman said in an email correspondence with the Daily. “There are three main segments of funding — tuition, state appropriation and savings/reallocations. The total resources needed by the university in one year is the critical number, and finding the right mix of those resources is the challenge.”
The conspiracy craze risk

Psychology behind conspiracy theory popularity reveals dangers

BY CONNOR BAHR

Conspiracy theories are one of the most fun thought exercises that one can engage with today. There is nothing better than stumbling onto a yawning video at midnight and getting trapped in a rabbit hole until you think the government is trying to cover up aliens or that Australia doesn’t exist, or any number of other wacky theories that get you thinking.

For some reason, these conspiracy theories excite us and can gain large followings in a short amount of time. But what is it about conspiracy theories that make them so fun, and are they good for society?

There are quite a few psychological reasons why conspiracy theories are so popular. For one, humans seek pattern and control in their life. So when tragedies such as 9/11 or the assassination of JFK happen, our brains come up with alternate versions of the events to explain away the seemingly spontaneous, agenda-less acts. It makes our minds feel better to think that these events were a mastermind’s plot because it puts some sort of order into the world so that we don’t have to deal with the chaotic and dangerous reality that we live in.

People who believe deeply in conspiracy theories may use them as a way to feel not only in control, but also powerful and intellectual. I have seen many conspiracy theorists dismiss evidence contrary to their belief on the account of the people reciting these facts being “sheep.” They feel as though they are above the common people because they have apparently risen above being controlled and lied to.

Some conspiracy theories have real basis. Edward Snowden revealed that the NSA was really spying on Americans through their phones. MK Ultra turned out to be a real program by the government to test hallucinogens on humans for their use of mind control. During the 1960s, the Dalai Lama worked for the CIA, and was even paid 1.7 million dollars.

As you can see, sometimes it is necessary to have conspiracy theories, because they turn out to be true and the perpetrator should face consequences.

However, these theories were within the realm of possibility, unlike the most famous conspiracy theories that are circulated widely today, such as the flat earth, Roswell and even one theory that believes the moon doesn’t exist.

Conspiracy theories are dangerous. An article in Psychology today about conspiracy theories shows that a belief in one or many conspiracy theories will make one devalue all scientific knowledge. This becomes dangerous when talking about vaccines, global warming or other health concerns whose research has been devalued due to theorists claiming they are fake.

Yes, conspiracy theories are fun. I think it is good to be skeptical of the things around you, but there comes a time when skepticism turns into ignoring evidence, which is when things begin to go off the deep end. This can be dangerous and harmful to society as a whole.

Iowa Legislature should invest in education

Iowa Legislature, you still have time to make the right decision.

Currently, the Iowa Board of Regents is stilling on its decision to do a first reading on an undergraduate tuition increase because the House and Senate have failed to pass their higher education budget.

The Regents made it clear in November that its tuition decisions will be based on state appropriations. In years past, tuition increases had been introduced and approved before the state approved its budget, which in some respects gave the state a free pass to underfund the Board of Regents because they knew a tuition increase was on the horizon regardless of their decision.

And while this year is similar — with the Regents outlining three separate tuition proposals — the onus now falls on the Legislature to take a proactive role in the budget negotiations.

According to the Regents budget proposal, if the state fully funds the Regents’ request of $499 million, base resident tuition rates will increase by 3 percent.

But by continuously failing to fund higher education, the Iowa Legislature is choosing to ignore the necessary role that its universities play in growing the economic development of this state.

While it is true that many students attend Iowa State because the university has a program that meets their needs, many students also attend because it is affordable.

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

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Making his mark in Ames

How coach Andrew Tank changed Iowa State golf

BY MATT.BELINSON diowastatedaily.com

Out of the many storied athletic programs at Iowa State, men’s golf would seem like a program that would normally lie on the margins of relevance and prominence.

Those who assumed that would have been right about Iowa State men’s golf program from the 1990s to the mid 2000s. The program was producing no postseason runs or top-level talent that garnered any national attention.

As the mid 2000s moved along, the postseason was becoming a faint memory for the men’s golf program from the 1990s. The program was not making the championship and prominence. The program's last regional birth was open.

Tank applied as soon as the position was very familiar with Iowa State.

He became a person that turned into something much more than what a ‘coach’ does for you. - Nick Voke

With the lack of progress the program was facing as the late 2000s were coming to a close, something had to change.

That worrying and panic came to a stop in 2010, when Iowa State hired a coach that not only brought a new culture to the men’s golf program but provided his players a mentor that would shape their perspective on golf forever.

His name is Andrew Tank.

CULTURE SHOCK
Tank was hired in 2010, having spent eight seasons as an assistant to Brad James on Minnesota’s golf team. Tank helped mentor 10 All-American selections and 16 All-Big Ten picks.

Tank attended the University of Minnesota and played collegiate golf for the Gophers. He played on Minnesota’s golf team for four years and eventually led his team to a 2002 National Championship, where he was named team captain.

With all the experience of playing golf and coaching it, Tank grew more and more intrigued by the idea of becoming a head coach for his own program.

“I always loved learning about coaching and I always got into it more, I realized it was something I wanted to pursue,” Tank said.

Growing up in Des Moines, Tank was very familiar with Iowa State. Tank applied as soon as the position was open.

Once Tank got to Ames and began to craft the foundation of his program, he knew the process would be slow and would require a lot of time to bring in his first recruiting class.

“They were good players that were here before me,” Tank said. “Once I brought in my first four recruits, we got the ball rolling quickly.”

The ball rolled quickly indeed. His first recruiting class finished the season ninth in the country in the Golfstat Freshman Class Impact Rankings. It included Scott Fernandez (Granada, Spain), Duncan Crudis (Dunedin, New Zealand), and Sam Daley (Wynnum, Australia).

Fernandez finished his career as a Cyclone by being named a second-team All-American.

“Some of them came across the world to help me better the program and better themselves,” Tank said.

The trust of the players and traveling across the world didn’t stop with Tank’s first class of recruits, with half of his current roster being from outside the U.S.

One of the members of the 2018-19 roster, Lachlan Barker, said Tank has created an environment built for the players to thrive.

Barker, a sophomore from Willunga, Australia, said the culture in Ames is one that is inviting but is very process-oriented.

Barker said Tank seemed to care about his players development and who they were as people as the biggest pieces of his approach. Barker said the culture is for the players first and always.

“I would say the culture is like a family,” Kinney said. “He brings in people that he knows is going to mesh well and make the atmosphere welcoming for everyone.”

Kinney has six career top-10 finishes under Tank and sees Tank’s attitude and approach to his golfers as a big reason for his success.

“Some of them came across the world to help me better the program and better themselves,” Tank said.

The trust of the players and traveling across the world didn’t stop with Tank’s first class of recruits, with half of his current roster being from outside the U.S.

One of the members of the 2018-19 roster, Lachlan Barker, said Tank has created an environment built for the players to thrive.

Barker, a sophomore from Willunga, Australia, said the culture in Ames is one that is inviting but is very process-oriented. The players in the men’s golf program are not the only ones who understand what type of culture Tank has brought to Ames, including assistant coach Chad Koehane.

He has been alongside Tank since 2014 and said Tank does his best to cement himself in the national spotlight and that is just where Tank wants the program to be.

“These are some of the people that Tank is involved with the players on the team,” Kinney said.

Barker said Tank usually wants players that want to get better and who want to be the driving force behind their own development. Koehane said Tank brings players that are good people above everything else, which creates a calm environment for everyone involved.

Tank has changed far more than the attitudes and the personalities of the players the Cyclones have in the program. He has brought Iowa State back to the postseason, consistently.


In his second year as the coach, Tank took his team to the 2012 NCAA regional, the program’s first since 1999. Tank has helped a team or individual in qualifying for NCAA Regional competition in the last seven seasons (Team- 2012, 2014, 2015, 2017, 2018; Individual- 2013, 2016).

To put it simply; Tank’s coaching tenure has put Iowa State men’s golf back in the national spotlight and that is just where Tank wants the program to be.

“I’ve always said that I would like to become a top-25 program and gain the ability to sustain that,” Tank said. “We are knocking on the door of that but it is one thing to be in the conversation of being a top 25 program and another thing to cement yourself there and that is what I want to accomplish while I am here.”

In less than 10 years, Tank has taken Iowa State men’s golf from being an after thought, into a dedicated and player driven culture that has put the Cyclones sight in the heart of postseason golf.
**Top reads for awareness**

**BY WHITNEY MASON**
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Being designated as Sexual Assault Awareness Month, the month of April serves as an opportunity for those impacted by sexual violence to receive the help and find the healing they may need.

According to the Centers for Disease Control and Prevention, nearly one in five women living in the United States are sexually assaulted by someone they trust or know, at some point in their lives.

Although the statistic pertains to women, sexual assault is not just limited to women, as men and those identifying as non-gender binary also have experiences with sexual assault.

Below are books written about sexual violence, trauma and healing that survivors and people who work with survivors recommend people to read to have a better understanding of these topics.

It Didn’t Start with You: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle by Mark Wolynn

This book explores the recent scientific research that shows how traumatic experiences can be passed down through family generations and not just impact a single family member, but many. Wolynn suggests ways for people to self-identify the trauma they have experienced through everyday living and for people to develop genograms, which are extended family trees, to understand and pinpoint experiences from previous generations.

The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma by Bessel van der Kolk

This book looks at how traumatic stress has had an impact on society and guides readers on understanding and treating traumatic stress. Kolk is considered one of the leading experts on understanding and treating traumatic stress. The book offers a new paradigm for trauma treatment, explains how drug addictions and therapies are discussed and developed a new approach to helping heal a person’s mind, brain and body.

Women: Body Positive Art to Inspire and Empower by Carol Rossetti

The images illustrated and found within this book by Rossetti depict women and their womanhood. Those depicted have found ways to express themselves and their experiences, whether through their fashion, sexual identity, relationships or even traumatic experiences. The book gives affirmations to the women and their respective journeys.

We Believe You: Survivors of Campus Sexual Assault Speak Out by Annie E. Clark and Andrea L. Pino

The two authors, Clark and Pino, began their activism in 2013 as students at University of North Carolina at Chapel Hill as survivors of sexual assault. The women filed a federal complaint against the university for mishandling the reported assaults. Before long, other universities along with University of North Carolina were under investigation over their handling of assaults. The book highlights the voices of survivors from schools across the nation and their experiences at their respective schools.

American Hookup: The New Culture of Sex on Campus by Lisa Wade

Wade explores the ins and outs of the hookup culture found across college campuses and the cultural shifts on gender norms. While looking at the newly developed sex culture on campus, Wade also looks at the negative effects of the culture, such as competition for status and sexual violence, and discusses the impact from different social categories, such as gender, class and race.

**Why I wear my denim...**

**BY JEREMIAH REED**
@iowastatedaily.com

“I believe that sexual assault awareness is important because it brings attention to the reality of sexual assault and what it looks like in our/your community - it also can spark conversation on how we can prevent it such incidences, what it is (for those who may be uninformed) and how we can ultimately support those who have experienced it in the past or present.

Also, I would wear denim to not only help bring awareness to a very prevalent issue but to also support those that are survivors of sexual assault and/or toxic relationships. Many women (or men) are often ostracized or rejected for their stories. Some are even afraid to tell their stories in the first place due to certain consequences they may feel or have been told will result if they say otherwise, and so I feel that letting it be known that there are people present who will listen and support them in any way possible is important.

Too many cases have been swept under the rug (which can be seen as of recent) or kept quiet, and so creating a space where people feel safe, should feel safe, to speak on what they’re going through is also important.”

- Jeremiah Reed, sophomore in biology

**‘Denim Day is a great way to raise awareness’**

**BY TARA HUBERTY**
@iowastatedaily.com

To me, awareness for sexual assault is very important. I believe it’s important for people to know it, and also know that it isn’t just rape. It’s important for everyone to know the lifetime of physical, emotional and mental issues that follow a sexual assault.

I would wear denim on Denim Day to show those who were sexually assaulted they aren’t alone. They shouldn’t be ashamed for what happened to them and they are surrounded by a sea of people that see them for who they are. I think it’s a great way to raise awareness for sexual assault.

- Tara Huberty, junior in event management

**How survivors can find ways to cope**

**BY JAILENE RIVAS**
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For some survivors of sexual violence and other forms of abuse, it can be very difficult to find sources or allies to rely on. Many of them have been fortunate to seek help from loved ones and professionals. The reality for many survivors is that it may take days, months or even years for them to tell their stories.

“It took me five years (after it happened) to tell anyone or talk about it,” said a female survivor who wished to be anonymous.

Speaking about traumatic experiences can be very difficult for survivors, but sometimes the best people to rely on are other survivors who have been through similar experiences.

One survivor said she ended up meeting fellow survivors and they all met up and talked about it together.

“I also talk to my mom about it and she’s usually pretty good about it and has supported me since I told her,” she said.

The importance of loved ones is essential in the aftermath of sexual harassment. It is beneficial for these people to have support systems where they are listened to and supported.

Many of those within the support system can come from:
- Family and friends
- Therapists
- Partners
- Other survivors

If survivors are not ready to speak about their experiences, they can turn to activities and other things to help them cope.

“I have since then gone to therapy. I also used art as a way to cope,” she said. Survivors all find their own ways to help them cope with their experiences. Other survivors have said some ways they cope include reading, writing in journals and exercising.

According to the HelpGuide, other activities that may help survivors cope are:
- Dancing
- Meditation
- Yoga
- Painting
- Getting massages

If you or a loved one is a victim of sexual assault, there are many resources to find ways to cope through these activities.

**IOWA STATE RESOURCES:**
- Assault Care Center/Extending Shelter & Support (ACCESS)
- ISU Student Counseling Services
- ISU Health Student Health Center
- Student Legal Services
- Center for LGBTQIA+ Student Success
- Margaret Skou Women Center
- Office of Equal Opportunity
- Iowa State University Police Department

**STATE RESOURCES:**
- Mary Greeley Medical Center
- City of Ames Police Department
- Story County Attorney’s Office

**THE NATIONAL SEXUAL ASSAULT HOTLINE**
- Call: 800-656-4673
- Chat online: online.rainn.org
More than a coach

In order to build a winning culture like Tank has, respect and trust from his players must exist. In his nearly 10 years of coaching for the Cyclones, Tank has brought players from all over the world with completely different experiences and personalities into his program, but no matter where his players have come from, they all agree on one thing — Tank is far from just a golf coach.

Barker experienced firsthand the level of dedication Tank has toward his players when he arrived in the U.S. to head to Ames for the first time.

“[Tank] actually picked me and my room up from the airport, drove us straight to campus, got me settled out with an ID, showed me around and got me earlier in the doors than most people are allowed,” Barker said.

Barker said being with Tank has made him understand himself as a person better and how his emotions are affected on a daily basis. Tank has helped him control his emotions and help him understand what in his golf game makes him tick.

Barker made a comparison to two prominent Cyclone athletes that are setting their sites on the professional world — basketball player Talen Horton-Tucker and Lindell Wigginton.

“You know we just heard about Horton-Tucker and Wigginton heading to the NBA, I don’t think they would be going because of how they see the sport itself. I think if they were under coach Tank’s watch, I think they would be the happiest camper but after the good ones it is the frequency of former players coming back and visiting.”

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Barker, a freshman at the time, had just cap-

tured his first tournament title as a member of the Cyclones and admitted the team was excited about getting the trophy due to some struggles the team had to overcome in the weeks prior to the event.

“[Tank] is completely different from ‘Ames Tank’ because he is so much more upbeat and outgoing, he always has music going in the van and seems to get funnier when we go out, it really helps relax the guys going into a tournament.”

That type of coaching and mentoring is what Kinney appreciates the most from Tank, because as Kinney sees it, it allows the entire team to focus on their game rather than making coach happy.

“He cares about the development of the players, it’s not just a ‘what score are you going to shoot for me’ style and more about building the players up and making them better golfers and people,” Kinshane said.

TAYLOR HAGUE / IOWA STATE DAILY

Coach Andrew Tank talks with the golf team April 5 at practice at Coldwater golf course in Ames. Tank has been the Iowa State men's golf coach since 2010.