The ISU Opera Studio will present a lively take on the story of Cinderella through excerpts from Pauline Viardot’s “Cendrillon” during this week’s Monday Monologue.

The excerpts are directed by Chad Sonka, assistant teaching professor for the music and theatre department, and Jodi Coble, associate teaching professor for the music and theatre department.

The music of “Cendrillon” is written by Pauline Viardot, a French mezzo-soprano singer and female composer. Her work is performed as part of Iowa State’s HERoic theater season, which celebrates women writers and composers.

Susan Jasper, program coordinator for the Parks Library, said the department has had previous involvement with Monday Monologues.

“We [have] had the theater department do selections from Godspell, and it was so beautiful, and the library space, [...] it has echo and a fullness, and it just was really joyful,” Jasper said.

Jasper said the ISU Opera Studio is excited to highlight selections from their fall performance that will take place at Fisher Theater on Nov. 15 and 16.

“I think part of the appeal of doing a preview of their show is that a lot of college students may not have actually ever been to an opera, and it isn’t as inaccessible as one might think, and so by having an opportunity to perform a few of the songs [...] they get to highlight it, and get people excited about it, just make it seem like opera [...] is still really pertinent and entertaining to everyone in 2019,” Jasper said.

The Monday Monologue will take place from 12:15 to 12:45 p.m. Monday in the Great Wood Foyer in Parks Library.

Clubs celebrate National Sustainability Day

BY WHITNEY SPENCER @iowastatedaily.com

The Green Umbrella and Live Green! organizations hosted National Campus Sustainability Day on Friday. The goal of the event was to spread awareness about sustainability and get students the opportunity to see what kinds of sustainable club involvement Iowa State’s campus has to offer.

The Students Helping Our Peers (SHOP) was one club that participated in the event. The SHOP is an on-campus food pantry for students that accepts any donations, though monetary donations and nonperishable food items are the main two. It is a completely anonymous and volunteer-run organization at Iowa State. Kathryn Post, junior in culinary food science and secretary of the club, said they deliver to about 30-40 Iowa State students per week.

“The main purpose of being at the event is to bring awareness about the organization and let people know that this option is out there for them,” Post said.

The Environmental Education Club was also present at the event. Leah Johnson and Abigail Morgan were two club members running the booth. The club’s main goal is community outreach, or getting more people to be passionate and sustainable toward the environment.

“One of the biggest things we do is library programs at the Ames library,” Johnson said. “We teach little kids about different things about nature and the environment so they can get excited about that at an early age.”

Sustainability organizations were in attendance at the event, The SHOP and the Environmental Education Club being just two. All organizations had a message to spread about how students could make a point to be more sustainable on campus.

Swechha Ghimire, junior in software engineering, and Morgan Ambour, senior in computer engineering, were two students out of many who attended the event. Ghimire was previously aware of the event, having stopped by last year’s celebration, and decided to stop by again this year, this time with Ambour.

“I’ve learned that there’s a lot of different clubs that relate to sustainability, I thought that there weren’t many,” Ghimire said. Ambour followed with, “Yeah, even some of the clubs that didn’t necessarily sound like sustainability clubs had some factors in that it related.”

The pair were hoping to become more aware about clubs and learn more about sustainability in general. Ghimire was previously a member of the Conservation Club, and Ambour is now a member of the Engineers for a Sustainable World. They both said they enjoyed the event and thought it was very approachable.

“I think it’s easy for people to walk by,” Ambour said. “Like when you have random cookies for example, people will be more willing to stop by and talk to people, especially at a location like this.”

Cy’s the Limit

BY SIERRA HOEGER @iowastatedaily.com

This year’s Iowa State Homecoming theme is “Cy’s the Limit.” For Homecoming co-directors, the theme means more than its name, as it is the creative basis and inspiration for many events surrounding Homecoming, including Yell Like Hell.

Swechha Ghimire, junior in software engineering, and Morgan Ambour, senior in computer engineering, were two students out of many who attended the event. Ghimire was previously aware of the event, having stopped by last year’s celebration, and decided to stop by again this year, this time with Ambour.

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Kelsey Colbert, Student Government senator, talks to students during National Campus Sustainability Day on Oct. 26, 2017, outside Parks Library.

Both students said they already practice sustainable methods. Ghimire doesn’t consume meat regularly and uses reusable grocery bags as often as she can. Ambour also uses reusable grocery bags and has a compost bin in her hometown.
POLICE BLOTTER

10.19.19

Parker Louis Stoneburner, age 20, of 438 E Oak St. - Ogden, Iowa, was arrested and charged with drug possession of a controlled substance at 1118 S Duff Avenue (reported at 2:20 a.m.).

Zachary Christopher Wolf, age 21, of 2700 Lincoln Way - Ames, Iowa, was arrested and charged with public intoxication at 12:50 p.m. (reported at 12:58 a.m.).

Jackson Roland Graumen, age 23, of 122 Hayward Ave. - Ames, Iowa, was arrested and charged with public intoxication at 2:10 p.m. (reported at 2:20 a.m.).

Jaime Lee Mendez, age 25, of 4112 Tripp St. - Ogden, Iowa, was arrested and charged with reckless driving at 1118 S Duff Avenue (reported at 2:28 a.m.).

Martin Cecar Zuniga, age 24, of 4611 Webster St. - Ames, Iowa, was arrested and charged with public intoxication at 12:06 Welch Ave (reported at 1:39 a.m.).

To submit a correction, please contact our editor at 515-294-9568 or via email at editor@iowastatedaily.com.

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction.

10.20.19

The Iowa State Daily is an independent student news paper established in 1890 and written, edited and sold by students.

Subscription rates to the Iowa State Daily are $62 annually for university holidays, scheduled for university holidays, except Fall and Spring sessions: nine-month academic year, except

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work VKOSO e Mramos at 6 p.m. Make 2-3 pairs of leather earrings with Andrew Kingsbury from Decadence Jewelry. Basic techniques will include leather tooling and painting with dye. A variety of stamps will be available for adding dimension to your jewelry.

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The Daily is published by the Iowa State Daily Foundation.
Week of events to spotlight women entrepreneurs

BY LOGAN METZGER
@iowastatedaily.com

This week, events across Iowa State will focus on two things — women and business.

From Oct. 19 to 26, Iowa State joins more than 150 universities and colleges around the world in celebration of “Women Entrepreneurship Week.”

This will be the second year Iowa State takes part in the global initiative, according to Diana Wright, a program coordinator for the Pappajohn Center for Entrepreneurship.

“Really it is a week all across the world to help celebrate women entrepreneurs and also support women entrepreneurs,” Wright said.

Wright said Iowa State did not create the global initiative, but simply takes part in it.

“I think this week is important for many reasons,” Wright said. “One, it allows people to see that women are creating value in their communities, particularly in a field where you don’t see a lot of women. Entrepreneurship and the start-up world is still dominated by male-dominated start-ups and businesses. So this is actually a week to help celebrate the many different ways that women are contributing as well as [to] connect them with support.”

As part of the global initiative Wright said there are many events on and off campus available to students.

From noon to 2 p.m. Monday outside the main entrance of Parks Library Wright will be the first event, “Start Something While at Iowa State.”

This event will feature a booth hosted by the Pappajohn Center for Entrepreneurship and will be run by staff from the Pappajohn Center. The staff will be there to answer one-on-one questions from students about how to become entrepreneurs while still at Iowa State.

From 3:30 to 4:30 p.m. Tuesday in Parks Library room 198 will be the next event, “Women Who Create Student Panel.”

This event will be a panel discussion with women entrepreneurs and what they do to begin the conversation. The event is open to the public, not just Iowa State students, faculty and staff. The panel will consist of four student women entrepreneurs and will be moderated by Wright herself.

“Thursday is really unique,” Wright said. “We will have a full day conference called ‘Women Who Create’ and it is actually for women entrepreneurs in Iowa, not just the Iowa State campus community, but really we will have women from across all Iowa who will be attending.”

From 8:30 a.m. to 4:30 p.m. Thursday at the Economic Development Core Facility in the ISU Research Park will be the next event, “Women Who Create Conference.”

According to Wright, the “Women Who Create Conference” will bring together women entrepreneurs, women business owners, aspiring entrepreneurs and individuals of all genders who support women entrepreneurs.

This day of workshops and speakers aimed at growing their businesses. Registration is $59 for the conference and is limited to the first 50 people who register. From 4:30 to 6:30 p.m. Thursday at the Economic Development Core Facility in the ISU Research Park will be the final event, “SheTalks.”

Following the “Women Who Create Conference” will be a community cocktail reception that will kick off by showcasing six “SheTalk” presentations.

The idea for a “SheTalk” was taken from the Japanese-inspired PechaKucha, a presentation style where each presenter shows 20 slides, each for 20 seconds, according to the Pappajohn Center for Entrepreneurship website. All of the six speakers will be women and will be speaking around the theme: “Women Who Create.”

“I think this week is off of what Iowa State and the university as a whole is doing to support entrepreneurs,” Wright said. “Whether it is supporting people that start businesses, but it is also teaching the entrepreneurial mindset. I think this week is going to put our foot down in saying we want to see more women increasing the different values that they do.”

Iowa as campaign boost

Candidates use Iowa caucus success to gain national traction

BY JAKE WEBSTER
@iowastatedaily.com

Iowa served as a launching pad for several national candidates and the end for many others.

Sen. Kamala Harris said in September she is “moving to Iowa” as she seeks to reboot her presidential campaign. She is currently polling in the mid-single digits in both polls of likely Iowa Democratic caucgoers and likely Democratic primary voters nationally.

Sen. Cory Booker, sitting below Harris in most polls of Iowa and the national Democratic primary electorate, also seeks to rise up and get a bump out of a strong performance in Iowa.

“Iowa is a place you often see the underdogs winning — John Kerry was polling at four percent in Iowa [in the fall of 2003].” Booker said while speaking on a call with reporters in September.

Kerry did poll as low as single digits in surveys of likely Iowa caucgoers in the fall of 2003, and rose in the polls as the then-presidential candidates Howard Dean and Dick Gephardt’s unfavorable ratings increased amid spending millions of dollars on neg - ative television advertisements against each other. Kerry won on caucus night by nearly six percent.

Mack Shelley, Iowa State professor and chair of the political science department, said Iowa is a place where presidential campaigns end, but also where some can regain strength.

“Not many people knew who Jimmy Carter was nationally, but he broke through in Iowa,” Shelley said.

Carter was a relatively unknown one-term former governor of Georgia when he sought the White House in the 1976 pres - idential election. Carter ran amid 13 candi - dates, which was then the largest field ever running in a presidential primary. Carter was transformed across Iowa from when he declared his candidacy in December 1974 until caucus night, when he finished ahead of all the other candidates in the race.

As was the case in 1976, during the 2008 presidential election, Barack Obama was polling better in Iowa than he was nationally, but below Hillary Clinton in both national polls and Iowa polls until December 2007. Obama’s easy victory in the Iowa caucuses translated into a bump nationally and he was able to overtake Clinton to win the Democratic nomination and the White House.

An Emerson College poll of likely Iowa Democratic caucgoers released Thursday found national frontrunner Joe Biden and Elizabeth Warren in the lead in the state with 23 percent support, followed by Pete Buttigieg with 16 percent and Bernie Sanders with 13 percent. All other can - didates have five percent support or less, including Booker and Harris, with three and two percent respectively.

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Elizabeth Warren will host a town hall at Iowa State as she seeks to expand on her momentum in the Democratic primary.

“At the town hall Monday, attendees will have a chance to hear from Elizabeth, ask her questions on the issues most important to them and take a photo with her,” said an representative of Warren’s campaign in a statement. “Elizabeth is committed to running an equal access campaign in which everyone has an opportunity to share their story and get involved in a meaningful way.”

Warren formally announced her presidential cam - paign in February 2019. Since entering the race, Warren has maintained her early stances on several issues. One of her largest plans is to forgive public colleges and universities. She also has a nearly $1.25 trillion plan that would clear up to $50,000 of student debt for Americans.

In addition to tuition rates, Warren also has plans for LGBTQIA+ rights and equality, immigration reform and the current climate crisis.

Alongside running a presidential campaign, Warren is also the senior U.S. Senator for the commonwealth of Massachusetts. She serves on the Committee on Banking, Housing and Urban Affairs, the Committee on Health, Education, Labor and Pensions, the Special Committee on Aging and the Committee on Armed Services.

Warren was elected as a senator in November 2012. She took office in January 2013, and was then re-elected in 2018. During her term, she has intro -duced bills such as the Pell Grant Restoration Act, Climate Risk Disclosure Act and the Student Debt Relief Act, among many others.

In the wake of Tuesday’s Democratic presidential debate, Warren currently sits in second place behind Joe Biden in the RealClearPolitics national polling average of Democratic primary voters.

Doors will open for the town hall at 5 p.m. Monday at Stephens Auditorium.
"C'y the Limit" is the Homecoming 2019 theme, and is meant to be interpreted many different ways.

Determining the theme for Homecoming is a multi-step process and involves multiple groups of people. Various rounds of voting and discussion occur between everyone from Student Alumni Leaders, Greek committee members to the Homecoming committee members.

In the end, proposed graphics can ultimately determine the design, such as trademark rules.

"C'y the Limit" is a theme idea that's been circulating for a while, and after several different design ideas, committees all across the board felt it was the right choice for the theme this year.

"It got stuck really into what we meant in our theme that we could use the pamphlet on the logo, because we thought it really showcased Iowa State," Sincebaugh said.

Appealing graphic designs, multi-faceted interpretations and the creativity within the theme make it a solid choice for the week.

"We try to make the theme a broad enough thing so that people can create their own ideas," Bigelow said. "For example, Yell Like Hell and the displays, we need them to come up with their own ways to interpret it.

Yell Like Hell is an annual tradition taking place during Homecoming Week. Greek community chapters form groups to create and perform skits incorporating common aspects of Iowa State while also conveying the theme.

The most unique factor of Yell Like Hell that that tends to entertain crowds is how the performers wear minimal clothing and cover their bodies with paint, either doing red and yellow or something related to the skit's theme.

"I think when I was a freshman I really only had the impression of [Homecoming] through my sorority, but a couple of my friends and my cousins were on Homecoming Central, so I had a different perspective of it," Sincebaugh said. "They were the ones who encouraged me to apply [for a committee position] when I was a freshman. I thought it was a lot of fun, and I liked seeing everyone get together and celebrate traditions. And then that's what made me want to apply for it. I don't think I ever would've pictured myself here, but definitely knew as a freshman that I wanted to get involved because it just goes through the entire year.

For Bolin, not being involved or affiliated with the greek community on campus gave her the impression the position on a Homecoming committee was out of the question.

"My freshman year, I thought that all the Homecoming activities were just for greek students because I'm not and I feel like that's a lot of what you see," Bolin said. "I was interested to see how the whole student population could be involved. That's kind of fun about applying to be on the committee — and I just love planning events and stuff like that, so I gave it a try.

There are multiple Homecoming events throughout the week. Food on Campus, Yell Like Hell and the Tournaments are all events open to students every day this weekend, the anticipated Homecoming game against Oklahoma State will kick off at 2:30 p.m. at Jack Trice.

Several reunions are taking place at the Alumni Center as well, bringing back alumni involved in band and choir during their time at Iowa State.

While the pair of Homecoming co-directors share the same position in their final years as students, their journey to getting here couldn't have been any more different.

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Iowa State Daily Monday, October 21, 2019
Eat for a better life
Healthy eating improves the mind, body

By Grayson Goss

The so-called “freshman fifteen” is a term often said on college campuses that illustrates how dining plans that emphasize high calorie foods with little nutritional value (such as easy-to-prepare fried foods) contribute to a noticeable weight gain among incoming students. This should be no surprise, as foods like pizza, fried chicken and sweets that are provided in an “all-you-can-eat buffet” style at dining halls have been shown to contribute significantly to freshmen weight gain.

The effects of a poor diet, however, extend far beyond your short-term physical health. Inside your gut there is an immense number of microorganisms that make up what scientists call a microbiome. While some of these microorganisms can be harmful, the vast majority are either benign or helpful in breaking down food, providing chemical signals and even aiding in immune responses.

This bacterial, fungal and viral system inside your gut (often called the gut-brain axis) has a profound effect on your immune system, brain health and can even influence your weight. One such study found that microbiomes can have an impact on depression. It is no wonder some health professionals call the gut a “second brain.” Since microbiota are made up of bacteria and other microorganisms, the prevalence of specific healthful or harmful organisms depends on and can reinforce your diet. By eating junk food, you promote microorganisms that love sugary, high calorie foods. These microorganisms can secrete chemical signals that are sent to your brain, which are interpreted as a desire to consume more junk food. This cycle repeats, as increased junk food consumption promotes the proliferation of these junk food organisms. This pushes out other organisms that would promote the consumption of fruits, meats and vegetables as your microbiome sets up a path for obesity and health complications. This really does prove the point of “you are what you eat.”

There is a way to fight and reverse these effects, and that is by promoting a healthier microbiome through healthier eating. Meats, fruits and vegetables can all influence and promote a healthier and more diverse microbiome. By switching up your diet to one that avoids processed and junk food, you are setting yourself up for a better life. An improved diet that promotes a healthier and more diverse microbiome. It may seem impossible at first to get started on the healthy eating track, especially if you have been consuming junk food for a while. After all, it takes discipline and effortful habit building to take the first steps to a healthier life.

The entire area was never used by 4-H’s but does provide habitat and support for Iowa’s natural resources. I prefer to think of the area as an extension of Ledges and the Arboretum, providing further support for the Des Moines River.

I recently attended an event at the camp which brought back memories of hikes in the woods, leadership training workshops and winter retreats. I grew up in a 4-H family. My parents were leaders and my brothers and I raised and showed livestock. Our only summer vacation each year was spent showing our prize animals at the state fair.

My parents later established a fund in Boone County to award eight outstanding freshmen 4-H members each year. My family learned to respect and protect all species, including the land. It appears the organization has now betrayed our important connection to the natural world.

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

Feedback policy:
The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.
Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s).
Phone numbers and addresses will not be published. Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Columnist Grayson Goss argues healthier eating improves more than just your physical health. Goss writes that eating better also affects your immune system and mental health positively.

CAITLIN YAMADA/ IOWA STATE DAILY

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My family learned to respect and protect all species, including the land. It appears the organization has now betrayed our important connection to the natural world.
**Cyclones find glory with ‘grey area goals’**

**BY JARED.BRAVARD**
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The Cyclones made sure to bring their dynamic offense to Lubbock on Saturday, with Iowa State putting up 560 yards of total offense in a 34-24 win against Texas Tech. In its 10th win in October over the last three seasons, Iowa State got career-setting performances from multiple weapons.

**HALL SHOWS OUT IN SECOND HALF**
Breece Hall picked up right where he left off for Iowa State last week against West Virginia. Hall piled up 183 yards and two touchdowns against Texas Tech on Saturday — with his 183 yards on the ground putting him third on the list for most rushing yards by a freshman running back in school history.

The freshman running back got his number called on the first play from scrimmage for Iowa State, as Hall rushed for a five-yard gain. Despite missing the first play of the game for the Cyclones, Hall saved his production and scoring for the second half.

He wasted no time getting the scoring started once the second half began. On Iowa State’s first play of the second half, Hall caught a shovel-pass from Brock Purdy. Hall had multiple receivers and linemen in front of him setting up blocks in an attempt to get Hall in space. Hall got all the space he needed and then some.

The freshman took off down the sideline while breaking two Tech defenders’ tackles on his way for a 75-yard touchdown housecall to open the half.

After Purdy connected with Tarique Milton on a 44-yard pitch-and-catch, Hall scurried his way into the end zone for 30 yards to put Iowa State up 34-17 with six minutes remaining in the fourth quarter.

Out of the 183 yards Hall generated on the ground, 146 of them came in the second half. Hall has made his mark on the Iowa State offense and given the Cyclones a running back with consistent ability to pile up good amounts of yards over the last two games while also finding the end zone. Over Hall’s last two games, the freshman running back has given Iowa State a combined 321 yards and five touchdowns.

**KOLAR CONTINUES TO PRODUCE**
Hall wasn’t the only weapon Texas Tech had to endure on Saturday, as Charlie Kolar continued his production. Career-bests and career-firsts were all over the stat sheet for Kolar.

Despite missing the first play of the game for the Cyclones, Kolar continued his production. The sophomore finished the game with 79 yards and caught two touchdowns, making Saturday his first multi-touchdown game of his career. Kolar also had a career-long reception of 49 yards.

Like Hall, Kolar’s production has taken a turn for the better for the Cyclones as of late. Since Iowa State began on its three-game October win-streak, Kolar has been in the thick of the offense’s success.

Since Iowa State’s win over TCU, Kolar has hauled in seven receptions for 149 yards and three touchdowns. Kolar now has 398 yards on the season, putting him at No. 7 all-time for single-season receiving yards by an Iowa State tight end.

By season’s end, Kolar could be on his way into the top-five if his production stays consistent throughout the rest of conference play.

**BROCK PURDY LETS IT LOOSE**
Iowa State has a new career leader in 300-yard passing games. Former Cyclone quarterack Brett Meyer held the record previously with five games of over 300 yards, but Purdy set the record in the first half against the Red Raiders.

Purdy put up 378 yards and three touchdowns on the day — two going to Kolar and the third to LaMichael Pettway.

Purdy distributed the ball fairly evenly throughout his receiving core as Deshaunte Jones led the team in catches with seven. The senior-wideout ended his day with 51 yards receiving.

Milton caught four balls for 98 yards, Pettway had four receptions for 41 yards and Hall caught three passes for 73 yards.

**The Iowa State hockey team played Missouri State Sept. 27 and Sept. 29 at the Ames/ISU Ice Arena.**

**The Cyclones ended the second period with a 2-0 lead, but they were also down a man, with Bandyk being sent to the penalty box at 19:28. They once again were able to kick off the penalty for the third time in as many chances.**

“Our penalty kills were pretty good,” Fairman said. “I think it’s one of the top in the nation.”

The Jimmies heavily outshot the Cyclones in the third period, but the score remained two goals to none.

The Cyclones would pick up their fourth and final penalty of the night at 9:07 in the third. They finished 4/4 on penalty kills, helping Kozak pitch the shutout.
BY GABBY LUCAS @iowastatedaily.com

Musician to play on Stephens stage once again

The wait is over for Bob Dylan fans, because the star is coming back to Ames.

Bob Dylan back in Ames

Dylan and his band are returning to Stephens Auditorium on Wednesday for another leg of their playfully-named “Never Ending Tour.” The “Never Ending Tour” is the unofficial title for the almost constant string of live shows that Dylan began in 1988 and has continued ever since. Dylan last came to Stephens Auditorium in 2017, when he played a sold out show for a crowd of over 2,700 people. The upcoming show will feature a hefty 19-track setlist of songs spanning Dylan’s entire career. Tickets are still available as well as VIP packages, which include premium seating and exclusive merchandise for superfans.

Dylan has been a major figure in pop culture for over 50 years now. After the release of his debut album in 1962, the folk-rocker became known for his unique vocal style and dark, poetic subject matter. Dylan’s most highly revered work dates back to the 1960s during the civil rights movement. Songs such as “Blowin’ in the Wind” and “The Times They Are a-Changin’” became political anthems during this time, and he has been recognized as a counterculture artist who transcends the traditional pop-music mold. He has since released almost 40 albums over half a century and has remained active and controversial throughout all of his long career. On top of that, he is celebrated for his virtually unmatched songwriting abilities.

The Duluth, Minnesota, native has received countless awards for his work, including 10 Grammy Awards, an Academy Award, a Golden Globe and the Presidential Medal of Freedom. He has been inducted into the Rock and Roll Hall of Fame and was awarded the 2016 Nobel Prize in Literature “for having created new poetic expressions within the great American song tradition,” according to the Swedish Academy, the committee in charge of deciding each Nobel Prize recipient. He is the first, and so far only, musician to win the award.

Dylan is a bucket-list show for many, and with this being his second Stephens Auditorium show in two years, Ames can certainly consider itself lucky. His live performances are known for being surprising in his song selections and renditions of his classics. Age seems not to have withered him, as his long-winded performances put emotion at the forefront. The 78-year-old is prominently known for making sure no one with the music.

Tickets are available at the Stephens Auditorium box office, at Ticketmaster.com or by calling 888-745-3000. The north, southeast and southwest doors open at 7 p.m. and the show will begin at 8 p.m.

BY DANIEL JOHNSON @iowastatedaily.com

Student band Midnight Flora blooms with musical ambition

Midnight Flora, an indie rock band formed completely from Iowa State students, has been making its mark in Ames. Officially forming in February, the band consists of six members who are pursuing their collective passion for music.

Kyle Cravens, senior in journalism and mass communication from Milwaukee, Wisconsin, is the band’s newest member. Hanneman’s history with the band began with her being Midnight Flora’s self-proclaimed number one fan. She was noticed by the others at a show because she was dancing and singing along with them more than they’d seen before. After talking for a bit and inviting her to play with them, she was inducted as an official member shortly after. She has a history of being in bands in the past, but none of them quite stuck. Hanneman said finally getting into a band that gives her space to stretch her creative itch has been a blessing. “Releasing a single has made me hungry for more, more than anything,” Hanneman said. The island is planning for more, with additional performances, a potential studio signing and even an EP in the works. The members of Midnight Flora said they hope to put everything they can into what they do, all for the love of creativity.

The Midnight Flora band members said they all agree the sound of the band itself can only be described in one thing. Cravens said Midnight Flora is all their interests in harmony together. Dylan said “And they all can be in many different forms, [but] it’s still popcorn in the end.”
All Ages Drag Show stars shine

Baby Havoc dances as one of the few “non-traditional” drag performers at the All Ages Drag Show on Saturday at the Ames Public Library.

Jamison D. Sanchez performs as the only drag king at the All Ages Drag Show on Saturday at the Ames Public Library. He performed to Panic! At the Disco’s song, “The Greatest Show.”

Ilna Logan lip-syncs to “Let it Go” from the Frozen soundtrack at the All Ages Drag Show on Saturday at the Ames Public Library.

Baby Havoc wows attendees with a punk rock performance at the All Ages Drag Show on Saturday at the Ames Public Library.

Grace, a middle schooler, makes her drag debut at the All Ages Drag Show on Saturday at the Ames Public Library. She performed “I Wanna Dance with Somebody” by Whitney Houston.