ANIMALS ON DUTY
Understanding their service

Sheba serves as a guide dog for her handler, Lauren Berglund, junior in child, adult and family services. Sheba and Berglund have been a team since June 2015. "She made me more confident, more independent and more willing to do things," Berglund said in an interview last year.

BY MARY PAUTSCH
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It is not uncommon to find some furry friends walking alongside their owners on campus, but some are doing important, life-saving work.

These special animals are service animals, whose jobs are to aid people with mental and physical disabilities. Service animals are not pets. They are specifically trained animals, usually dogs, that perform tasks specialized toward an individual person and their disability. Lauren Berglund, junior in child, adult and family services and vice president of the Alliance for Disability Awareness, uses her service dog, Sheba, as a guide dog.

Berglund has a condition called oculocutaneous albinism, which leaves her with a lack of pigment in her hair, skin and eyes. She is also legally blind. That’s where Sheba comes into play.

"I have had [Sheba] since June of 2015," Berglund said. "So just over two years."

Before getting Sheba, Berglund used a white cane to navigate her surroundings. A cane can help a blind person find obstacles so they can maneuver around them. A guide dog, however, can find the obstacle before the person does without the need to hit objects.

"She can find a different location and landmarks, like doors, stairs, elevators, buildings, classrooms," Berglund said. "And then she also navigates me around stationary and moving objects."

Sheba and other guide dogs can also alert their owner to changes in elevation and curves via a harness that lets a person feel the movement of the dog. For Berglund, this means having more confidence and independence while navigating a busy environment, such as Iowa State’s campus.

"For myself, I think [Sheba’s] ability to maneuver through crowds and busy places is just great in any situation," Berglund said.

Berglund and Sheba are not the only service animals on campus, but some are doing important work.

Psychiatric service animals are trained to help their owners for different psychiatric conditions. For example, an animal can be trained to sense an anxiety attack and calm down a person. Autism support animals can be trained on a case by case basis to assist those on the autism spectrum.

“Any animal you see on the internet or in an ad is basically a scam,” Berglund said. "The laws don’t require anything."

There are dogs that do anxiety and PTSD,” Berglund said. "So they are a type of psychiatric service dog who will do deep pressure therapy by using their body weight; they can alert their handler to different things, they can watch their handler’s back in crowds... There’s just tons of types."

According to the Americans with Disabilities Act, in order for an animal to be considered a service dog, it must be trained to specifically help a person with disabilities. That is to say, an emotional therapy animal who provides comfort in its own presence but does not use a certain skill, is not a service animal.

The ADA also protects handlers to have their service animals in public spaces, including college campuses and classrooms. Denying entry to or service from a business on the grounds that the individual has a service animal is illegal.

“Just be aware that some places are service dog friendly... There’s a place where a dog wouldn’t have the right to go.”

There is also no such thing as service animal ‘certification.’ The ADA and U.S. Department of Justice do not recognize people or organizations that offer that service.”

“Anything you see on the internet or in an ad is basically a scam,” Berglund said. "The laws don’t require anything."

Although Sheba has benefited Berglund’s life at college, she does admit there can be some drawbacks. She said that some people are unaware of how to...
Tucked away on the first floor of Physics Hall, a small office with a funny name is working to help resolve conflicts and create a better environment for staff and graduate students. The Ombuds Office, located at 37 Physics Hall, provides tools and resources to help faculty, Professional & Scientific students (P&S) and graduate students have crucial conversations and empower them to resolve conflicts themselves.

The office acts as a mediator. An impartial, neutral ground where students can come confidentially air their grievances and, if desired, take steps to make a change. They provide conversation coaching, policy advice and can act as mediator between parties. The office is not an advocate, nor will they formally investigate complaints or provide legal services. Rather, it is a place where students and faculty can resolve conflict, whether it be with a peer or with a supervisor. It also doesn’t serve undergraduates and instead redirects them to the university’s human resources.

The Ombuds Office was founded as a pilot program in 2006 by two retired staff members. The program was so successful that the university decided to make it a priority, granting it part-time status soon after. This year marks a milestone for Ombuds, however, as the office is moving from part-time to full-time due at least in part to demand. Leading the transition is Deanna Clingan-Fisher, the university’s new Ombuds officer.

Clingan-Fisher, a Drake alum with a bachelor’s degree in economics and a law degree, has spent the last 27 years working as an advocate for the elderly, first as legal services developer in the Department on Aging, then as an Ombuds officer for the Office of the State Long-Term Care Ombudsman. In that role, she was an advocate for the elderly, working to help empower aging members of society to make decisions and educate family members about proper care.

Although the demographic and the role itself is a bit different, for Clingan-Fischer, the desire to help others remains the same. “It’s always been my passion,” Clingan-Fischer said. “I just see so many barriers that are placed in front of people who don’t know how to respond and they need someone just gently moving them toward the right resolution for them.”

While Clingan-Fischer is still settling into her new position — she’s only been at Iowa State a little over a month — she is already developing a plan to increase outreach and help spread awareness of the office on campus.

“Looking at the big picture and trying to focus on ‘what are the systemic issues’ remains the same,” Clingan-Fischer said. “Just because I can’t take a side doesn’t mean I can’t still hear and look and observe things that are part of a culture and work on changing that on behalf of everyone, even if they don’t realize they’ve had an issue.”

To help guide a plan of action, Clingan-Fischer plans to use the Ombuds Office Annual Report, which the office has released every year since 2009. Last year’s report showed one of this busiest years for the office, with 128 individuals contacting the office for service. The key issues were interpersonal conflict, perceived lack of respect, concerns and questions about policies and matters related to work-life balance.

“Globally, I would say that the majority of the concerns and complaints that are coming my way do relate to conflict or dialogue within a relationship,” Clingan-Fischer said. “Whether it’s co-worker to co-worker, or it’s worker to supervisor or graduate to adviser.”

According to the report, 50 percent of the 40 faculty members and 57 percent of the 28 P&S staff members who approached the office cited a conflict with a supervisor. 35 percent of faculty and P&S cited a lack of respect. That number, according to the report, isn’t too surprising, as a lack of respect has been a fairly common complaint since the office first opened.

As for its somewhat strange location in Physics Hall, Clingan-Fischer says it’s all part of the office’s commitment to confidentiality. “They placed the Ombuds office is a site off of Beardshear for the reason that people could then come in and out and not worry about being seen as going in to talk to the Ombuds office,” she said. “It’s lowkey.”
Employment essentials
The 5 steps to a successful career fair experience

BY TRISTAN WADE
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It’s career fair season at Iowa State. Tuesday was the College of Engineering’s career fair. Wednesday there are two. The Business, Industry and Technology Career Fair is in Hilton Coliseum from 12 p.m. to 6 p.m. and the People to People Career Fair for the College of Liberal Arts and Sciences is in the Scheman Building from 12 p.m. to 6 p.m., both Wednesday.

In addition to dressing up, here are five steps to help you prepare and to maximize employment opportunities.

1. EASY READ RESUME

Ensure that your resume is up to date, a single page and easy to read. For the career fair, it is important to remember to update your contact information and most recent involvements and accomplishments. Plan ahead and bring extra copies in case a resume gets damaged, misplaced or you end up talking to more employers than you had first planned to.

2. PLACED IN PORTFOLIO

Not only does a portfolio make you look professional but it also serves a lot of useful purposes, especially at a career fair. A portfolio helps keep you organized, store your belongings and provides you with a hard surface to write notes. Portfolios can be found at the University Book Store.

3. MAKE A NOTE

When talking to a future employer, make sure to bring a notepad and something to write with to take notes so the employer knows you are interested in what they are saying and the position that is being offered. Always be sure to catch the contact information, email or business card of the prospective employer so you can follow up with questions or simply thank them for their time.

4. RESEARCH COMPANIES

It is important to be prepared for anything that may come your way. Have questions for the future employers on their companies to really catch their attention. A map of the venue and a list of companies that will be attending the Iowa State career fairs can be found on CyHire. When doing research, find something interesting about the companies and the employers that you plan to talk to.

5. ELEVATOR SPEECH

Introduce yourself and have a pitch to promote yourself highlighting why you would be a fit for their company. Always be sure to have something to say. Sometimes it may be awkward and you may not click with the employer, but you should always come prepared to promote yourself. When in doubt, talk about yourself.
POLICE BLOTTER

9.9.17

Mason Edward Groover, age 20, of 914 Johnson St - Creston, IA, was cited for possession of alcohol under the legal age at Lot G3 (reported at 1:45 p.m.).

Alexis Ross Wyant, age 18, of 24147 Coyote Ridge Ct - Van Meter, IA, was cited for possession of alcohol under the legal age at Lot G3 (reported at 1:52 p.m.).

Officers assisted another agency with a criminal investigation at Lot G2 (reported at 2:06 p.m.).

Molly Ann Schmidt, age 19, of 7024 383rd Ave - Norway, IA, was arrested and charged with public intoxication at Lot G2 (reported at 2:07 p.m.).

Mackenzie Ann Laven, age 19, of 211 College St - Cedar Falls, IA, was cited for possession of alcohol under the legal age at Lot G3 (reported at 2:04 p.m.).

Connor Ross Nolting, age 19, of 1238 Quest Ave - Kingsley, IA, was arrested and charged with public intoxication and possession of alcohol under the legal age at Lot G3 (reported at 3:11 p.m.).

Joshua Linneker, age 23, of 115129 Robin Ave - Glidden, IA, was arrested and charged with public intoxication at Lot G3 (reported at 3:49 p.m.).

Mackenzie Ann Meinders, age 24, of 414 37th St - Buena Vista, IA, was arrested and charged with public intoxication at Lot G3 (reported at 3:49 p.m.).

Jessica Lucille Long, age 18, of 100 Burgie Unit 1523 - Iowa City, IA, was cited for possession of alcohol under the legal age at Lot G3 (reported at 3:24 p.m.).

Hunter Lawrence Daniel, age 18, of 115129 Robin Ave - Glidden, IA, was cited for possession of alcohol under the legal age at Lot G3 (reported at 3:24 p.m.).

Nicola Kathryn Nichols, age 47, of 1111 Northwist 25th St - Ankeny, IA, was arrested and charged with public intoxication at Lot G2 (reported at 1:46 p.m.).

Devin Gary Storts, age 19, of 328 Qndalad Rd - Decorah, IA, was cited for possession of alcohol under the legal age at Lot G3 (reported at 2:57 p.m.).

Carter John Hubka, age 18, of 2455 Court Rd A14 - Decorah, IA, was cited for possession of alcohol under the legal age and unlawful use of license at Lot G3 (reported at 2:57 p.m.).

Dylan Scott Buechele, age 20, of 4912 Brookside Drive - Cedar Falls, IA, was arrested and charged with public intoxication and possession of alcohol under the legal age at Lincoln Way and Lynn Ave (reported at 12:11 a.m.).

Shau Leanne Landt, age 18, of 1614 Brookside Drive - Cedar Falls, IA, was arrested and charged with operating while intoxicated at University Blvd and Tommowd Ct (reported at 12:30 a.m.).

Subscriptions are $62 unlawful use of license at Lot G3 (reported at 3:06 p.m.).

An individual reported the theft of a speaker at Lot G3 (reported at 3:07 p.m.).

An officer investigated a personal injury collision at Jack Trice Football Stadium (reported at 3:01 p.m.).

Jordell Jaymison Barro, age 22, of 403 Quad Ave - Kingsley, IA, was arrested and charged with theft at Lot G3 (reported at 3:33 p.m.).

An officer reported the theft of a calculator at Memorial Union Parking Ramp (reported at 9.52 p.m.).

An officer checked on the welfare of an individual at Finley Hall (reported at 11:39 p.m.).

An officer arrested an individual who was engaging medical difficulties at Wallace Hall (reported at 11:39 p.m.).

An individual reported the theft of a backpack at Jack Trice Football Stadium (reported at 9:32 p.m.).

An individual reported a vehicle exited the curb without paying at Memorial Union Parking Ramp (reported at 9:52 p.m.).

An individual reported the theft of an item at Lot G2 (reported at 3:07 p.m.).

An individual reported damage to a vehicle at lot C3 (reported at 3:53 p.m.).

An individual assisted an individual who was experiencing medical difficulties at Wallace Hall (reported at 11:39 p.m.).

An individual reported the theft of a phone at Lot G2 (reported at 3:07 p.m.).

An individual reported damage to a backpack at Jack Trice Football Stadium (reported at 6:34 p.m.).

Corrections

Yesterday, the Daily printed a photo description that inacurate listed Iowa State Club Baseball’s opponent on North Dakota. Iowa State defeated South Dakota in the Cap Timm Classic on Sept. 17. The Daily regrets the error.
EDITORIAL

How to prepare for the career fair

Thousands of Iowa State students seeking jobs and internships will attend the first career fairs of the fall semester this week.

Three career fairs will take place at Iowa State this week. The Engineering Fall Career Fair took place Sept. 19 and the Business, Industry and Technology Career Fair will take place on Sept. 20.

These career fairs are just the first step of your job seeking endeavor; however, with some preparation and professionalism, you’ll be able to land on your feet.

Iowa State Career Services provides students with workshops and information sessions which students can attend prior to their career fairs in order to feel more prepared.

Career Services also provides a complete list of companies attending the fair. This list includes a description of the company, positions they are looking for and maps indicating their booth locations at the venue. This is a great source for students to utilize in order to be prepared before they even get to the fair.

While attending the career fairs, dress appropriately to look professional during the event. Remember, “The first impression is the last impression,” and the employers’ representatives will remember the way you appear when you first meet them.

Along with looking professional, remember to also communicate professionally. This is the best time to promote yourself. There will probably be many other students who are interested in the same jobs that you are, but you need to stand apart from the crowd. Remember, a major part of professional success comes from your personality and the way you communicate, negotiate and lead.

Research your target employer beforehand and prepare exactly what you want to ask them as well as what you want to tell them about yourself. Your preparation will show them exactly what you want to ask them as well as what you want to tell them about yourself. Your preparation will show them how much you value the competition looks like now and is a great opportunity to learn career skills which may not be taught in class.

COLUMN

Respect prevents hate crimes

By Megan Petzold

On Sept. 8, five Creston High School students dressed up in KKK robes, waved a Confederate flag around, burned a cross and then preceded to post a picture of it. These students weren’t charged with a crime because their rights were violated. However, what pushed these boys to make such a serious statement?

Hate crimes are believed to be caused by the extreme beliefs of a person or group, then fueled by the opposite strong beliefs of another person or group. The KKK didn’t go around killing and harassing African-Americans because they wanted to perfect their torturing skills. They felt that they had the correct belief that African-Americans didn’t have rights. African-Americans felt that they had the same rights as white people.

Therefore, the moral war between African-Americans and white people began. Traditional hate crimes aren’t typically as violent as they used to be, yet they still exist.

Modern day hate crimes aren’t typical because “human nature causes people to feel the need to mark their territory physically and metaphorically.”

With this mentality, it is likely that hate crimes will not vanish from the world. “Understanding is a great way to prevent hate crimes from occurring,” Hickman said. “If people were more understanding of others’ views, they wouldn’t feel the need to fight back with their views.”

She believes that understanding and being a good person could prevent the feeling to profess one’s beliefs in such a strong statement as hate crimes.

In the end, standing up for one’s beliefs is a noble thing to do. Yet, there is a line that need not be crossed. Yes, this is the land of the free and home of the brave, but there should be respect for people’s beliefs and thoughts.

There is no need to destroy someone else’s life because you don’t have the same beliefs as they do. Respect and understanding are two very valid ways hate crimes can be prevented.

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The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s), and year in school of the author(s). Phone numbers and addresses will not be published. Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.
In Christy Johnson-Lynch’s tenure as the Cyclone volleyball coach, the Iowa State faithful have witnessed a plethora of blocks, but the blocks have been more sparse recently.

From 2005 to 2011, Johnson-Lynch’s first seven seasons, Iowa State out-blocked its opponents, averaging about 311 blocks per season and 2.7 blocks per set.

How did the Cyclones fare the next four seasons? Their numbers plummeted. Over the stretch, Iowa State averaged about 197 blocks per season and 1.8 blocks per set.

Iowa State has flipped the script this year. Currently, the Cyclones have compiled 118 blocks this season, averaging 3.2 blocks per set.

“Our defense and blocking continue to be strong,” Johnson-Lynch said. “When we’re on, we’re smothering opponents.”

It’s worth noting that in the first 10 matches, the Cyclones haven’t faced any Big 12 schools and they’ve played a handful of small schools. Could it be that the lack of competition is padding the stats?

Against larger schools like Omaha, New Mexico and Northern Illinois, Iowa State had 10 or fewer blocks.

The swing block is a more aggressive block and is harder to master, but it provides benefits that a traditional block doesn’t.

“Swing blocking helps you to be able to move further across the net,” Johnson-Lynch said. “Swing blocking helps you be more athletic and use your athleticism to go block the ball.”

The downfall of swing blocking is that with more motion in the swing block than a traditional block, it can affect a blocker’s balance.

Lazard envisions Iowa State’s swing blocking continue to improve and become unstoppable to opponents.

“I feel like a strong team is a good team that can swing block really, really well,” Lazard said. “I think if we continue to keep it up and keep getting stronger, honestly, we’ll literally be a brick wall.”

In the past, Iowa State utilized the traditional blocking style, called the stationary block, before transitioning to the swing block.

“I feel like swing blocking, it’s basically kind of like you’re approaching and then you’re getting up and it just makes you be more dynamic and big,” said Samara West, redshirt senior blocker.

There’s been some growing pains with the swing block, but it looks like the amount of time spent toward the transition is paying off.

High schools tend to stay away from swing block due to the complexity.

Freshman Avery Rhodes attended Midway High School in Texas, a nationally rated volleyball school.

“I was taught [the swing block] in high school, so it’s like second nature,” Rhodes said.

Not everyone on the team has the background with swing blocking like Rhodes, but it appears the others are willing to learn the new skill.

Not only have the blockers bought in, but the other positions are on board too.

“[Swing blocking] makes us more so much more dynamic and physical,” said Monique Harris, senior setter. “It’s clearly shown, moving to that swing block has been huge.”
KURE Fest returns for encore

BY AVERI BAUDLER
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Over the years, KURE Fest has brought local and national acts alike right here to Iowa State's campus in a celebration of music and community. This year is no different, as the festival is bringing four diverse acts to the Great Hall of the Memorial Union in its eighth year of existence.

Jonny Green, KURE Fest Director, says that there is a lot more that goes into this festival than most realize, as he started planning for tonight's event back in January.

In the past, KURE Fest has been a two night event with one night being held in the M-Shop and the other in the Great Hall. However, this year the festival is cut down to one night only, which Green claims was caused by multiple factors.

"First off, it's finding space in the Great Hall in the MU, which can be kind of tough because it can be booked out three years in advance by certain groups," Green said.

Not only is there a battle for space when planning an event of this caliber, but funds and talent availability also impacts how and when this event occurs.

"It kind of comes down to cost, how much money we have on hand. It's also about who's available in terms of who we can bring in for artists," Green said.

Another factor that played into the switch from two days to one was the date of the event and the busyness of this time of year.

"The original date was for late October, but we ended up switching to a different date and kind of going out on a limb," Green said.

Green states that this date change was made based on when the festival was held in the past.

"Last year it was on the same day as Homecoming and Halloween, so we were sort of battling those things," Green said. "This year we kind of wanted to make sure we were as far away from any sort of thing that could cut into potential audience."

While KURE Fest is going to look a little different than it has in years past, it will still be accomplishing its goal of bringing immense talent to the Ames area.

"As a station, our goal is to make this a really community driven event. A big part of it is to make sure we feature some local bands, which we have two of this year," Green said.

Green states that the festival also strives to ensure that this event is open to everyone, even those who are not students at Iowa State.

"It's all-ages and open to the public ... anyone can come," Green said. "It's free, you just walk right in."

Not only does this festival bring the Ames community together for a night of local and national music acts, but it is an event that is held near-and-dear to the hearts of those who put it on. Green, a second-year KURE Fest Director, is a mechanical engineering major who started off as a KURE DJ and eventually moved up to the position that he now holds.

"I've always enjoyed live music and I've been going to concerts for a really long time. Being on the other side of the show, actually planning and putting everything in place, has been a really fun process. It's very interesting to sort of get to know how the business works," Green said.

Green's involvement in this festival both fuels his love of music, and gives him a break from the everyday stressors of school.

"The festival is completely unrelated to my school work and it's kind of a distraction from usual day to day academic stuff," Green said.

Green says that he is most looking forward to the festival's headliner, Noname, but that all of the acts are worth seeing.

"I'd highly recommend that people check all of the acts out on Spotify or Youtube," Green said. "They may not recognize them, but in my opinion, it's a pretty diverse range of acts and hopefully there's something there for everyone."

As for those who are still debating whether or not they are going to attend KURE Fest this year, Green has one thing to say:

"You've really got nothing to lose, because it's a free show. You're losing money by not going!"
properly interact with, or rather leave a service dog on duty alone. “Everyone misses their pets back home, so people will want to pet your dog and such,” Berglund said. “So that can get a bit much, just the extra attention.”

Berglund said that this unwanted, extra attention toward Sheba, or any other service animal, could have negative consequences. Although service animals are trained to ignore distractions, they still have animal tendencies and instincts.

These distractions can keep a service dog’s mind off their job, leading to accidents. “Even though they’re cute and adorable, you really just need to ignore the fact that they’re there,” Berglund said.

These distractions can be anything from petting a service animal without permission to simply making eye contact with it. Berglund said she will have people also wanting pictures of her dog, talking to it or making noises at it almost everyday. “Distracting a service dog can lead to very serious injury to the handler, so it’s important not to do so,” Berglund said. “And if someone says no, don’t be offended. They might just be needing to get somewhere, or they’re busy or it’s just not a good day.”

Berglund said that all in all, she is very pleased with her experience with Sheba. Although Sheba is not considered a pet under the law, Berglund says that there are still times at home where they will play around or snuggle on the couch when Sheba is not working.

“Even though she’s still a service dog, at home she gets to be a normal dog,” Berglund said. “And a lot of people struggle to comprehend that she can go from sleeping under my chair in class to running laps around my apartment playing with her toys.”

Service animals get to choose when they retire from their duties as a working animal. Some simply do not like to work anymore, while others may decline in health as they age like any other dog. Overall, the average working time for a service dog is six to eight years.

As for Berglund and Sheba, they will decide when the time comes if Sheba will live with Berglund herself during Sheba’s retirement, or with Berglund’s parents. However, Berglund made one thing clear. “She is mine,” Bergland said. “Forever.”

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