Steve King predicts ‘very nasty’ primary

By Alex Hanson
@Iowastatedaily.com

The GOP race in Iowa’s 4th Dis
tricil will be “very nasty,” U.S. Rep. Steve King said Saturday, singling out a prominent GOP operative in
Iowa and mega-GOP donor Bruce
Rastetter, a wealthy agribusiness
leader from the 4th District who
declined to give any specific names
while going after Ryan.

“[He] came to my office and wanted
money,” Ryan said. “Wanted me to get
others to do the same thing. ‘[He] said
‘if you don’t get me money, I’m just
turning into this insult-driven
attitude when he entered the race
instead of putting forward a vision
that attacks his own constituents.
In fact, I’ve never seen a congress-
man do that in either party. We can
do better here in the Fourth District
and that’s why I will be voting for
change and supporting Rick Bertrand.’

He also said King has asked him
to raise money in the past.

“Ryan has called me many times
for money in the past. [Ryan] came
to my office and he approached me
and said: ‘[He] came to my office and
wants to give him money. And now he’s
just turned into this insults-driven
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Bertrand said Tuesday that King
instantly took a ‘how dare you?’
response and let [voters] know that
in Congress that King has not done
anything to address issues that are
important to the district, like we care
with outreach to the caucus.

Rastetter, who is also president
of the Board of Regents, denied he
‘encouraged’ Bertrand to run, instead
saying on Iowa Public
Register last week that he would
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Most populous bachelor’s degrees

By Michaela Ramm
@iowastatedaily.com

Iowa State has a record number of freshmen, and more than 100 majors, but which majors have the most students on campus? A recent article released by Inside Iowa State, based on numbers from the 2013-14 Annual Statistical Report shows for the fall of 2015, had our exactly which under- graduate-department were most popular.

The results were gathered from information from December 2014 and May 2015.
The abortion pill was created in 1980 by French biochemist Émile Baulieu. The pill, called RU 486, was approved for medical use by the French government in 1992. It is administered as a combination of two drugs, mifepristone and prostaglandin. The pill is meant to be taken within the first 49 days of pregnancy and can be completed in three steps. The first step involves an appointment with a clinic to receive the pill, which is typically taken in the clinic. The second step involves a follow-up appointment to ensure that the abortion is complete. If the abortion is not complete, a third step may be necessary, which typically involves an additional pill or an in-office dilation and evacuation.

The pill is not suitable for all women. It is contraindicated in women with certain medical conditions, such as certain types of heart disease, liver disease, or pregnancy complications. It is also not recommended for women who are pregnant with a twin or higher-order birth, or who have a history of breast cancer.

The pill is effective in about 99% of cases, with some studies reporting effectiveness rates as high as 98.8%. However, the pill is not 100% effective, and some women may choose to continue with their pregnancy despite taking the pill. In these cases, additional medical procedures may be necessary to complete the abortion.

The pill is typically taken orally, and it is important to follow the instructions provided by the medical provider closely. Side effects of the pill may include nausea, vomiting, diarrhea, headache, cramps, and bleeding. These side effects are typically mild and resolve within a few days.

The pill is approved for use in the United States, but it is not widely available due to legal and regulatory issues. In some cases, women may need to travel to another country to receive the pill.

Abortion pill stirs controversy

By Jake Dalley

Iowa State Daily

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Horoscopes by Linda Black

Taurus - 8

Now’s the time to think about fitness or something you want to learn. You’re in a great place to start something new.

Sagittarius - 7

You initially resist change, but later you’re more accepting of things when they move along. By the end of the week, you’ll be happy with the changes.

Capricorn - 8

Be patient until new information becomes clear. This is a great time to set goals and start moving in the direction you want to go.

Aquarius - 8

You will find your relationships have improved greatly, especially with close friends and family. On the job, you may learn new skills or advance in your career.

Leo - 6

You may be feeling a bit stuck, but try to keep your spirits up. You have a lot of energy and creativity at hand, so stay optimistic.

Vergo - 7

You may feel a bit down this week, but try to remain positive. You have a lot of support nearby, so reach out to them for comfort.

Scorpio - 8

You may feel a bit overwhelmed, but try to stay focused on your goals. With determination, you can achieve what you set out to do.

Libra - 7

Sort through your collections and choose what to keep or discard. This is a great time to declutter your space.

Taurus - 8

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Aries - 9

It’s a great time to start a new project or venture. With determination, you can achieve what you set out to do.

Cancer - 8

This is a great time to connect with loved ones and share your feelings. They will appreciate your honesty and openness.

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20-year study finds discrimination has lasting effect on kids
By Carolyn Cutrona
Professor and chair of psychology

The department of psychology wants to help build a more welcoming climate for racial and ethnic minority student, staff and faculty at Iowa State University. One way in which we would like to demonstrate our appreciation for these groups as well as to recognize and encourage the contributions of racial minority students, staff and faculty is by sharing results from a research study that was recently completed.

The Iowa City and Ames areas, as well as other areas in the state of Iowa, experience racial discrimination. Therefore, it is important to see people as individuals, not allow negative stereotypes to shape our expectations of other people. It is crucial that as teachers, neighbors, co-workers and friends, we do not perceive them as being able to accomplish as much as their white counterparts and we do not allow ourselves to be treated unfairly because of their race. It is important to treat every person as an individual, respect their differences and appreciate their unique talents.

We do not unintentionally tell young African-American children that we are very young African-American children understood that the dominant culture does not perceive them as being able to accomplish as much as their white counterparts and they do not allow themselves to be treated unfairly because of their race. It is important to treat every person as an individual, respect their differences and appreciate their unique talents.

The research literature has found that children's experiences of racial discrimination are worst among children. For some children, it was significantly associated with anxiety or depression problems. These same associations were consistent with that pattern. The research literature has found that discrimination is one important focus of the study is that the average level of reported racial discrimination increased more sharply over time in the parents.

The research literature has found that children's experiences of racial discrimination are worst among children. For some children, it was significantly associated with anxiety or depression problems. For instance, as young as age 10, more frequent experiences of discrimination were significantly associated with higher levels of anxiety, depression, and anger and lower levels of optimism among children. For children, it is more frequent experiences of discrimination that have significant longer-term effects on self-control and the belief that sometimes cooperation is a legitimate solution to problems. These same associations were found among adults as well.

The research literature has found that children's experiences of racial-based discrimination are worst among children. For example, among children who had frequent experiences of discrimination, they were more likely to tell lies even when the children were young, to express experiences of depression and anxiety in the future. Parents of 10-year-olds who reported higher levels of racial-based discrimination encouraged their children to develop that travel, takes an interest in people of other countries than parents who experience discrimination. Young African-Americans experienced more frequent experiences of discrimination.

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ISU basketball coach Matt Campbell and his staff have already started to begin the same process, but in just two weeks into spring practice. Coaches with college basketball programs have been altering the tight end role throughout the years, because the new season will be using the tight end. In a little different manner.

Iowa State has been used to.

The Cyclones also use the tight end role and the all-around role before the fall, said ISU tight end coach Alex Golesh. "Iowa State has been used to.

The problem with Fernandez, though, is that he was too removed from playing quarterback and is unlikely with the tight end role. He played widespread receiver at Southeast Missouri State College's "Iowa State coach Alex Golesh, right, and tight end Justin Chandler run a drill during spring practice on March 8 at the Bergstrom Football Complex."
New strategy leads to victory

By Lexie Mirkovich
@Lowastatedaily

On their last practice of the week before traveling to Morgantown, W.V., to face their third Big 12 opponent, the Cyclones (13-4, 1-2 Big 12) had a fun but strategic practice that was effective in helping them win 4-2 on Saturday against West Virginia.

The strategy was a scrimmage. The team was divided fairly into two teams, including coach Fernando Espinosa and his years of experience both on the court and as a coach. The first team was 38 points won, and each set won was a point. The goal of the scrimmage was for the players to compete while being aware of how their teammates were playing. "We will be playing on four courts," Espinosa said. "This allows us to see who is ahead. We can see how others are playing, we can choose for each other, we can play with energy and take care of our own court and we can also play with momentum." Chants of "Go state," "Here we go Cyclones," were bouncing off the walls of the Ames Racquet and Fitness Center courts as the scrimmage began, just as they would when lasting a scheduled opponent. Only for the gratification of a victory, the players went to war.

The winner of the scrimmage didn’t matter. This team simulated a game situation and that carried into the match. The Cyclones earned three wins in a row to end the day with a 4-2 victory. "We knew West Virginia is a tough team and we knew that we might be in a situation where it would come down to the last match and we felt a good job of preparing for it," said Regina Depaula.

The Cyclones will be off the next two weeks before returning home to face Big 12 rivals Kansas and Kansas State on April 8 and 10 at the Ames Racquet and Fitness Center.

"We will take a day off, then get right back into it," Espinosa said. "We are excited to be playing at home after being on the road for a little over a month now.

"They are both good teams and we are excited to be playing them at home."
Spick grew up being home-schooled and became dual-enrolled at a small school district during his junior and senior years in high school. Spick, who was not out at the time, simply went to prom with one of his good female friends.

"Asking a guy or going with a guy wasn’t even a consideration or a possibility for me," Spick said. "Judging from the community at the time, I feel like there would have been a lot of smack talk if a couple of guys went together, even if it was just as friends.

Spick anticipated enjoying Pride Prom a lot more than his high school prom. "The fact that I’m out now and the fact that this is a space where I can be myself is a space where I’m not limited by what clothing I can wear based on gender expectations and gender norms is different for me," Spick said. “I appreciate the openness of possibilities and the openness of expressing myself.”

Other students, such as Sebastian, went to Pride Prom for the company. “I came for the people," Sebastian said. "I saw it as a good opportunity to meet new people and to hang out with my friends.”

Sebastian went to his prom in high school but said he wasn’t personally a fan of it because there wasn’t a good environment available for him, especially since he wasn’t out at the time.

Jack, whose name was changed to protect his identity, is a member of the Queer* Graduate Student Association, and said his story is a bit different from other people’s, but he still has similar attitudes toward the idea of a high school prom.

"Where I grew up, we didn’t have a prom," said Jack, who grew up in India and came to Iowa State for graduate school. "I feel like if we did have a prom, I wouldn’t have gone because of the way that I was.

In high school, Jack was in the closet, with only one or two of his closest friends knowing about how he truly identified. "I was too afraid to be open to people," Jack said. "I need to be in a place like this where I am comfortable being open with people." Jack studies civil engineering and is on track to graduate sometime in the spring or summer. He plans on staying in the United States and finding a job for the time being.

Jack also said he is very happy with the way he is able to express himself in the United States. “I could not possibly live this life in India,” Jack said. “There are just some people that I can’t be open with there.”

In the United States, Jack has come out to many of his friends and has no trouble slipping how he identifies into a conversation. However, he has yet to come out to his parents, friends and the rest of his family.

"It’s something that I plan on telling them sometime in the future, but not right now," Jack said.

Monday, March 28, 2016

Members of the LGBTQ+ community dance during the 2016 Pride Prom event Saturday in the Sun Room of the Memorial Union. This was the first year the event has been hosted at Iowa State, but it will be hosted annually moving forward.

Several students and alums shared their thoughts on the creation of the new event.

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