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Boxing club is a family
International students find a second home at Iowa State

It's the eighth and final value listed on one of the posters hanging in the multi-purpose room of State Gym, where the Iowa State Boxing Club practices.

It's also perhaps the value the club takes most seriously, as members have created and cultivated a welcoming environment for all, leading to members joining from many different walks of life.

"Boxing here has related us, especially international students," said Rafik Basbous, sophomore in civil engineering. "We didn't grow up here, so we want to make friends and that's one of the good things we've built."

Basbous, who hails from Morocco, is one of five international students who are actively training for competition. A lifelong fan of boxing, he joined the club this year after transferring from Kirkwood Community College.

Since joining, the tight-knit atmosphere in the club has allowed Basbous and other members to fulfill their wish of making friends on the team.

"That's how we've built an open culture," Basbous said. "We live in a small America."

As close as they've become because of their time outside the gym, the bond members share might be even tighter because of their time spent in the gym.

Just being around others that often almost forces a connection, but also, as sophomore All-American Mikaela Blount said, the grueling physical demands of training to be a competitive boxer builds a sense of camaraderie among club members as well.

"It's so important in boxing because the training is so difficult, we have to be able to push each other through it," Blount said. "I think that's the reason we've been so successful. We push each other to be more successful, and we're always there to support each other."

Helping further is the fact that martial arts sports such as boxing are taught throughout the world, according to Blount, making martial arts almost a universal language.

While members from other countries may not all have the same style and training, each tends to bring their own unique perspective, giving other members an opportunity to grow as fighters.

Assistant coach Clayton Mooney has noticed this as well and added that those experiences some international students bring is mutually beneficial, as both parties learn techniques from each other that they didn't know previously.

"We've had some international students show up with actual bouts under their belt, so them sharing their experiences has been really helpful," Mooney said. "But then from another angle, they get to realize that we're a defense-focused gym.

"Every gym teaches differently, but in here, it's all about defense and fundamentals first."

This transition in style is made easier because the international students in the club all have strong work ethic, according to Mooney.

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Given that all are here on scholarship and still manage to come to practice almost every day, Mooney said it's allowed them to adjust to the philosophy the club teaches, while also inspiring other members to put in just as much work.

Also helping matters is the fact that the club's international students all hold the coaching staff in high regard and are generally all ears when they have a teaching point.

Ye-Lim Lim, senior in psychology from South Korea, works on combination drills with senior Xin Long on Jan. 16 during the Iowa State Boxing Club practice in the basement of State Gym.

BY SPENCER.SUCKOW
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MIKKINA KERNIS/ IOWA STATE DAILY
Senior Xin Long works on combination drills with senior Ye-Lim Lim on Jan. 16 during the Iowa State Boxing Club practice in the basement of State Gym.
ISU Dining plans changes to venues

By Ryan Pattee
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With the opening of both Friley Windows and Lance and Ellie’s during the 2017-2018 school year, ISU Dining has made significant strides when it comes to listening to student needs and wants when it comes to on-campus dining.

In the spirit of moving forward with new achievements and changes that will benefit students, ISU Dining has discussed its plans for 2018 and what they are planning to change, focusing on three main on-campus areas: the Hub, Clyde’s and the Memorial Union Food Court.

Clyde’s

Clyde’s has gone through multiple changes over the last several years, and different groups of students remember Clyde’s for the many different food options the dining center below Union Drive Marketplace has offered. While Clyde’s was known as a burger joint at one point, it was converted to a healthier, express meal style eatery two years ago. However, Clyde’s is converting back to a hamburger and shake place with plans to add a Starbucks Coffee to the building is also in the works.

“The plan is to have some mobile ordering, and to have Clyde’s be open for breakfast, to serve egg sandwiches and Starbucks coffee,” said Mohamed Ali, director of ISU Dining.

Despite the proposed addition of the Starbucks, the changes to Clyde’s will be primarily focused on changing the food served. Students hoping to go to Clyde’s later in the spring may be disappointed, as it will more than likely be closed shortly after spring break ends and will not reopen until fall 2018.

Memorial Union

The Memorial Union has been and is currently home to chains like Panda Express and Subway and has also seen changes this year with the addition of the new sandwich shop Lance and Ellie’s. However, Ali has noted that more changes are in store for the food court area of the Memorial Union.

“We plan to have a new salad bar, include a better lighting convenience. The salad bar will also include hot foods so students can mix and create their own salads as they see fit,” Ali said.

Ali also talked about taking out some of the columns in the Memorial Union, as they are only there for aesthetic purposes and don’t actually support the building.

Of the three dining facilities, the Memorial Union will see smaller changes over the summer, as it already had a large change take place with the addition of Lance and Ellie’s.

The Hub

The home of Caribou Coffee, the Hub is known for both its food and its coffee, as well as the long lines of students trying to get to both, causing slight chaos in the small space depending on the time of day.

According to Ali, the changes ISU Dining plans to make to the Hub also include attempting to eliminate the long lines and ease access to both the food side and coffee side.

“We’re going to separate the food from the cafe, mostly due to the very long lines,” Ali said.

“We plan to make it more convenient with quicker service to the students and to have better food. The theme we want for the food is mediterranean: fresh pita, as well as vegan and vegetarian options.”

With all of the renovations and time it takes to complete them, the new Hub may not open until October 2018. However, the date is not set in stone, and more information will be provided when the construction crew is able to give a set date as to when renovation will start and end.
White nationalist posters found in Maple Hall

Students feel more action is needed

Iowa State students Ivan Apolonio and Psalm Amos found what they felt was a xenophobic poster hung on the wall of the main lobby in Maple Hall on Thursday.

Apolonio, senior in kinesiology and Iowa National Guardsmen, posted a photo of the poster on Twitter. While Apolonio has senior status by qualification, he is in his first year at Iowa State.

“This is what was found at Maple Hall this morning. A direct insult to our international students and more specifically our DACA students,” Apolonio’s tweet said.

Apolonio estimated it took nearly five hours after reporting to the dean of students to hear back, and two hours to hear from his hall director. He said he was told an investigation was going to be started, but has yet to hear any updates.

Apolonio and Amos believed police had yet to visit the building. Four cameras are located in the lobby of Maple Hall, and if functioning, caught the perpetrator who taped the poster outside of the men’s restroom.

No email has been sent to residents of Maple Hall and no community discussion has been planned with residents. Apolonio and Amos said they were offered a meeting to discuss how they felt by the hall director, but declined because they believe the response should be more than talking to them privately.

“If Iowa State wants to promote diversity, then maybe they should put a little more effort into discouraging such things like this,” Amos said.

Apolonio said some of the responses showed there is support for this type of behavior at Iowa State. A tweet that referred to him as a “pus**” had received several likes, including one from a student who identifies himself as a sophomore at Iowa State and treasurer of a fraternity.

The fraternity chapter website and the Iowa State student directory confirm this.

While Amos and Apolonio had not previously encountered this type of propaganda on campus, they discussed feeling as though people look at them differently at Iowa State.

“We’re not as common, just because we’re a little darker,” Amos said.

Apolonio said he felt just being told an investigation was going to take place was not adequate to address the issue and believed the university should be more proactive.

“I feel like maybe if they actively educated people on the situation or sent out emails to people saying ‘hey, this is happening’ to stuff like that, it would do some help rather than just tell me ‘hey, we’re going to do an investigation.’” Apolonio said.

Apolonio said he would like to see more tangible efforts from the university administration to address situations like this. While he said he’s not particularly political, he felt the university has a responsibility to see this and understand it makes many students feel unsafe.

Amos felt the university is not doing an adequate job of building understanding between people with different experiences and backgrounds.

The university considers acts like this to be a “bias incident.” According to the Iowa State Office of Equal Opportunity, over 50 incidents were reported during the fall semester alone.

White nationalist, white supremacist and neo-Nazi propaganda has been found at Iowa State several times dating back to 2015. While some acts were treated as criminal mischief, no arrests have been made.

This poster using imaging and rhetoric consistent with the feminist movement, depicting the United States trying to protect its lower border from being grabbed by an unspecified hand.

Apolonio has served in the Iowa National Guard for two years and said he feels education is the only way to bring about equality, adding that it defeats the purpose if he, and other students, are subjected to discrimination and racism.

“I take great pride in my country. I take great pride in my school and I take great pride in being an American and also Mexican,” Apolonio said. “To me, the people who hung that poster up or who support that poster, are not real Americans.

“That’s not what America is made for.”

Apolonio said he felt incidences like this make the university look bad and discourages international students and DACA recipients from coming to Iowa State, but felt his ability to make an impact is limited.

“I look at it as, especially with the ‘no means no’ that obviously there’s that intention that [to compare immigration to] rape,” Apolonio said. “When you compare it to immigration, it’s just absurd and you wish you could do more, but you can’t — especially being at a predominantly-white institution and me being of color.”

“#MyBordersMyChoice” is a nationalistic hashtag on Twitter that has also been associated with the white supremacist movement, with posts sporting this hashtag also being paired with “#InThisTogetherWhite” a recent social media movement with roots in white nationalism and white supremacy.

“As a member of the science board, a member of the Iowa National Guard, a member of the GRO program and the first person in my generation to go to college, it is an absolute slap in the face,” an email Apolonio shared on social media read.

GRO is a diversity and inclusion program at Iowa State that stands for “Growing through Relationships and conversations with Others.”

This poster which has found its way to Iowa State’s campus has also been sighted around college campuses in the United States and versions adapted for other countries have been sighted worldwide.

The poster and phrase has been making rounds on white nationalist and white supremacist websites and forums since at least April 2016.

Requests for comment from the fraternity, the Dean of Students office and ISU Police Department have yet to be returned. Watch for updates to this developing story.
POLICE BLOTTER
1.12.18

An individual reported being harassed at Farm House Museum (reported at 12:48 p.m. on 01-24-18).

An officer investigated a property damage collision at 534 S Duff Ave (reported at 2:12 a.m.).

Brandon James Pettigrew, age 23, of 1214 Garfield Cir - Ames, IA, was arrested and charged with operating while intoxicated and excessive speed at Ross Rd and Wisconsin Ave (reported at 2:38 a.m.).

An officer initiated an assault related investigation at 119 Stanton Ave (reported at 1:31 p.m.).

An individual reported damage to windows at Friley Hall (reported at 11:27 p.m.).

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CROSSWORD

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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Nassar’s sentence is a chance for change
Resignations needed for the future

BY BRIAN MOZEY
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On Wednesday morning, I was able to breathe easier after I watched a disgusting man receive one of the worst punishments I’ve ever seen in my life.

As the words “175 years” rang throughout the courtroom in Lansing, Michigan, there seemed to be a feeling of relief for every single person in that room.

Dr. Larry Nassar is going to be in prison for the rest of his life. Nassar, a former doctor of the American gymnastics team, was sentenced to 40 to 175 years in prison by Judge Rosemarie Aquilina, according to the New York Times, and she didn’t hold back in her final statement before sentencing. “You’ve done nothing to deserve to walk outside a prison again,” Aquilina said. “I just signed your death warrant.”

Nassar was accused of sexually abusing more than 150 women and girls during his time as team doctor. Putting him behind bars is step one of the process, but there’s still three more steps to take.

The second step is surrounding USA Gymnastics, the governing body for gymnastics in the United States. The entire staff should resign or be fired from their positions and according to a CNN report, the U.S. Olympic Committee is requesting the staff of USA Gymnastics to resign. Over the weekend, thankfully, this request happened. It took them long enough to respond to the situation with U.S. Olympic Committee CEO Scott Blackmun sending a letter on Jan. 24 stating USA Gymnastics needs a full nanosecond and a resignation from all 21 staff members.

The Jan. 24 letter was too late. That letter needed to come sooner than the day Nassar was being sentenced. There should be no current staff member keeping their job. Shame on you and shame on this program for not stepping in and stopping this immediately.

These women and girls, at the time, didn’t have much of a voice. They were minors and believed in a man that should be trusted as a doctor. That trust crumbled.

After hearing the testimonies from almost every woman and girl describing what happened with Nassar, I was speechless. I couldn’t believe this happened to these athletes who dreamed of winning a gold medal at the Olympics and now that’s a second thought to what happened in the process of winning those medals.

I couldn’t believe how one knew this was happening in the background. I’m proud of each of these athletes for speaking up on this situation because this couldn’t have been an easy subject to speak about, but it was needed.

Finally, the last part of this process is punishing Michigan State University for hiding the sexual abuse Nassar committed during his time at the university.

CNN reported there were several students who reported sexual abuse from Nassar and told Michigan State’s president Lisa Anna Simon, which he ignored. After the last day of sentencing, Simon decided to step down as president.

“Throughout my career, I have consistently and persistently spoken and worked on behalf of Team MSU,” Simon said in a press release by Michigan State University. “Therefore, I am tendering my resignation as president according to the terms of my employment agreement.”

The New York Times reported former Michigan State Gymnastics coach Kathie Klages was being accused for covering up sexual abuse allegations resulting in her stepping down as head coach last February.

The last individual who needed to step down from his position was Michigan State’s Athletics Director Mark Hollis. That happened on Friday morning, according to ESPN.

If all of these allegations are true for Michigan State, then the Spartans are taking the right steps to remove the people around the problem, but need to be punished.

Once these four steps are fully completed then the focus can be put toward the future of gymnastics. Right now, the focus should be on the 150 women and girls who need to receive help and support from everyone.

Each of those athletes will be affected for a long time and possibly a lifetime, so the support needs to be on changing the culture and rebuilding this sport from the ground up.

The focus now shouldn’t be on winning gold medals, but rather changing the look of gymnastics so this never happens again. Ever.

Improve crosswalks for pedestrian safety

A little more than two years ago, Emmalee Jacobs died as a result of a hit-and-run right off campus. Now, two years later, there are still many improvements that need to be made with pedestrian safety.

Walking on or near campus is an important part of everyday life in Ames. Not only is walking better for the environment and great exercise, it can sometimes be the only means for getting from one place to the next. The responsibility of keeping pedestrians safe doesn’t fall on one group, but rather should be a community effort from the city of Ames, drivers and pedestrians themselves.

Current crosswalks are highly inconsistent. And that’s in places where a crosswalk exists. At some lights, the walk light comes on automatically while others require you to push a button. Some crosswalks have a voice telling you to walk or wait, while others don’t, which is a significant problem for the visually impaired. Construction complicates matters further.

The city of Ames and the university should take a comprehensive look at the varying crosswalks and lights to make them consistent. This means intersections are well painted. And it also means lights work in a consistent way — ideally walk lights would come on without the requirement of pushing a button and all lights would have a voice for the visually impaired.

It’s also no secret that we live in a culture where people want to get where they’re going quickly. Cars don’t want to wait for pedestrians and pedestrians don’t want to wait for cars. Further, it doesn’t help when pedestrians don’t look up from their phones to check if a car is coming.

Pedestrians on campus should set the precedent of only crossing streets at the designated walking times. This is the law, after all. While there aren’t always cars coming by walking during designated “wait” times or not looking both ways before crossing, it sets a precedent that walking into intersections without paying close attention is acceptable. It’s no wonder that people walk out into the road without paying any mind.

The Iowa State Student Government is taking up this issue. A task force will be evaluating pedestrian safety in the Lincoln Way corridor, while also looking for a permanent memorial for Jacobs. The task force will look at a variety of factors from CyRide safety operating procedures to engineering solutions.

We support this endeavor and hope more members of the community will get involved.

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Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.
Korea, has boxed since childhood, yet is still always open to any advice, particularly when it comes from head coach Jon Swanson. “He’s a really good coach and he’s really knowledgeable,” Lim said. “I feel like we’re getting stronger and now we have more confidence.”

Previous experience is by no means a requirement, however. The club welcomes any and all members that are interested in boxing and will train anyone to be competitive as long as they’re willing to put in the work and listen to coaches.

Lim’s sparring partner, Xin Long, is a perfect example of this. Long, senior in anthropology and criminal justice from China, is currently training to compete this year despite having no experience prior to coming to the United States.

In fact, Long didn’t watch boxing or have any favorite fighters growing up. Instead, her interest in the sport came as a result of watching an iconic movie. No, not “Rocky,” one a little bit different.

“You know the movie ‘Fight Club?’ That’s the first thing I knew about boxing,” Long said. “I’ve always wanted to try [combat] sports because I’ve never done those things before, so that’s why I joined.”

Regardless of what inspired each of them to join, students both international and domestic that stay do so because the gym has, in a sense, become a home away from home. Meaning, club members are almost like a second family.

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As someone who’s done plenty of traveling, Swanson enjoys different cultures and the influx of students from outside the country. He’s also very proud that those students feel welcome in the club.

“We try to keep this as family-oriented as possible,” Swanson said. “Everybody is pretty friendly in here.”

Swanson said it all comes back to that eighth and final value that hangs on the wall of the multi-purpose room in State Gym. Ultimately, the most important thing to him and the other members of the club isn’t your cultural background or experience.

Rather, it’s how much effort one is willing to put in. As long as a member is willing giving it their all, they’ll always have a place in the club.

And they’ll always have a strong support system to lean on.

“We don’t care where you’re from or anything about you,” Swanson said. “As long as you just show up and do the hard work, you’re in.”
Two pianists to play jazz music in Ames

Alum organizes concert

BY ANGELA RIVAS
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Jeff Barnhart has been playing since he was only two years old, heavily influenced by his grandfather.

“I loved how much noise [the organ] could make, but I couldn’t reach the foot pedals until I was about eight,” Barnhart said.

He has led several bands in the U.K. over the years including the Fryer-Barnhart International Jazz Band and Jeff Barnhart’s British Band. Barnhart often performs with his wife, flutist Anne Barnhart. He performs internationally as a pianist, vocalist, arranger, band-leader, recording artist, composer, educator and all round entertainer. His influences include Fats Waller, Teddy Wilson and Dick Hyman.

His favorite place to perform is “wherever there is a good audience and a good piano, so frankly, Ames, Iowa,” Barnhart said.

“Classic Jazz has never gone away. There is often more heart to it. It is raw and in the moment,” Barnhart said.

“The Excursion” will be from 2 to 3:30 p.m. on Monday at the Unitarian Universalist Fellowship of Ames. “The Excursion” is free and open to the public. It will include a presentation of the evolution of the most enduring popular songs from 1760 to 1960 and popular dance forms including the waltz, tango, two-step and more. Styles and influences of famous jazz musicians including Scott Joplin, Stéphane Grappelli, Frank Johnson and Fats Waller will be exhibited.

The solo and duo piano concert will start at 7 p.m. on Monday at the Octagon Center for the Arts. The event will take place on the third floor. Admission is $10 for an evening of classic swing, jazz and ragtime music.

If you are interested in more events like this, “Ragtime in Randall” will host its 32nd festival later this year in Randall, Iowa. “Ragtime in Randall” is a three-day ragtime music festival during the month of October.

Donald Homer McNeil has been infatuated with ragtime piano music for over 60 years. McNeil, an ISU alum of 1965, has been hosting jazz pianists for well over three years now. Many of his concerts have taken place in Denver and Taos, New Mexico, but this Monday, he is bringing “An Excursion Through the American Songbook” to Ames. The concert will feature two acclaimed Jazz Pianists, Daniel Souvigny and Jeff Barnhart.

 “[The show] will be an enjoyable and enlightening presentation on the evolution of the most enduring popular songs and jazz standards,” said Dennis Wendell, classmate and longtime friend of McNeil, helping locally to handle arrangements here in Ames.

Souvigny is an award winning 17-year-old pianist from Hampshire, Illinois. At only the age of five, he started to take piano lessons, beginning violin lessons a year later. Age has been no barrier for Souvigny, a three-time junior champion of the World Championship Old Time Piano Playing Contest.

At 15-years-old, he became the youngest ever to take second place in the adult division of this contest. This isn’t Souvigny’s first time playing in Ames. In August of last year, he brought in a packed crowd at the Ames First United Methodist Church. Souvigny, being homeschooled, learned a lot of his skills from his late father, who Wendell described as “a fabulous pianist and collector of old instruments.”

Souvigny just released his sophomore album “Possibilities” in 2015, following “Tearin’ Up The Keys” from 2013. Souvigny gets a lot of his influence from Prof. Alexander Sandler and Scott Joplin.

“He’s an inspiration in so many ways that has emerged as a very fine young man with a strong sense of self and good values” Barnhart said.

Jeff Barnhart, who started playing piano when he was two years old, was influenced by his grandfather.

COURTESY OF JEFF BARNHART

Jeff Barnhart, who started playing piano when he was two years old, was influenced by his grandfather.
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