The month of October is National Physical Therapy Month to raise awareness about physical therapy and its benefits. Students at Iowa State take part in exploring the field of physical therapy throughout the month of October and beyond. Student organizations such as Kinesiology and Health Club and Pre-Physical Therapy Club share an interest in discovering more about aspects of physical therapy. These clubs connect with resources to learn more about physical therapy school, the different areas of physical therapy and the profession as a whole.

Samantha Henning, senior in kinesiology and health, is an independent student newspaper serving Iowa State since 1890 10.22.2019 Vol. 220 No. 042 WEDNESDAY BY JULIA.BENDA @iowastatedaily.com

BY LAUREN.RATLIFF @iowastatedaily.com

Tom Schenk, former data chief officer for the city of Chicago, addressed a crowd late Thursday as part of “Open Access Week” at Iowa State.

The University Library is putting on multiple lectures and events throughout the week to celebrate “Open Access Week,” a week dedicated to showing students campus services that are accessible to help make their work open access.

Shenk began his discussion by discussing the idea of open access.

“It’s a concept of being able to access published results,” Shenk said. “That means you can go read a journal report without having to pay for it.”

Shenk discussed the importance of having access to those files in science-related fields. In many cases, science research is funded by the government and therefore by taxpayer dollars, and having access to those files can be important to the public.

“People need to be able to access those results to understand how to make their world better,” Shenk said. “When those files are behind paywalls, it limits the abilities that researchers, such as myself, are able to see those results so that we are able to use them.”

As the former chief data officer for Chicago, Shenk touched on some of his past projects during his lecture. He discussed projects ranging anywhere from food poisoning rates in Chicago to E. coli levels in beaches in the Chicago area.

A lot of the research that went into the E. coli project was not done by paid employees of the city of Chicago, Shenk said.
CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction.

Retirement reception: Connie Harris, account clerk in the search Park Core Facility atrium, 1805 Collaboration and Prep Prongs, solder with precision, and set finished stone? Learn to plan your design, measure and prep prongs, solder with precision, and set your stone. This is a great soldering class for all skill levels.

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To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

POLICE BLOTTER

10.21.19

Jacob Dean Stout, age 28, of 255 S Kellogg Ave., Ames, Iowa, was arrested and charged with public intoxication at 201 E Lincoln Way (reported at 7:28 a.m.).

Jacob Dean Stout, age 28, of 255 S Kellogg Ave., Ames, Iowa, was arrested and charged with disorderly conduct/fighting/violent behavior at 1206 W 11th St. (reported at 2:16 p.m.).

Michael Andrew McDaniel, age 47, of 216 N Hazel Ave., Ames, Iowa, was arrested and charged with trespassing, entering or remaining without justification, at 1118 N 5th Street (reported at 10:37 a.m.).

Strong winds

A student hurries into the Agronomy building to get out of the wind. Wind speeds the past few days have been sustained at around 30 mph, with gusts as high as 47 mph.

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IOWA STATE DAILY

Wednesday, October 23, 2019

02 CAMPUS BRIEF

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Weed control advances

Researcher speaks on weed seed technology

BY MOLLY MILDEN
@mollywmilden

Michael Walsh, director of weed research at the University of Sydney, Australia, spoke about weed seed control and the advancement of machinery at his lecture Tuesday. Walsh was introduced by Prashant Jha, associate agronomoy professor, at 4:10 p.m. in Horticulture Hall.

“From working with growers and seeing what they were doing, I became interested and enthusiastic to see just how enthusiastic growers were — it was contagious,” Walsh said.

After speaking, Walsh said many growers were not trusting of these new systems coming from researchers. Walsh set up 30 workshops in 2010 through 2015 where growers presented research findings and communicated with other growers. Walsh said during 2014, 43 percent of Australian growers were using harvest weed seed control systems.

Madeline Frischmeyer, sophomore in agronomy, attended the lecture and asked Walsh about the impact harvest weed seed control systems will have on chemical companies in Australia since herbicide usage is decreasing.

“I thought there would be a lot more resistance from chemical companies,” Frischmeyer said. “So, hearing [Walsh’s] opinions on how they are actually going to or should adopt and kind of move into weed management companies, instead of chemical management companies — I thought that was really interesting.”

Based on his research, Walsh said 80 percent of growers in Australia are expected to be using a harvest weed seed control system by the year 2020. Walsh spoke about what will be needed to continue the improvement of harvest weed seed control.

Walsh said his two main improvement goals are to develop site specific weed control technologies and to directly treat the weeds.

“As an agronomy major, Frischmeyer said she attended the lecture to get more information on what the next steps are for harvest weed seed control.”

“I just think weed management in general is up and coming and it’s what I’m going to go into eventually,” Frischmeyer said. “I thought this would be a good opportunity to learn a little bit more.”

Walsh also offered advice to the audience for students who are interested in working with harvest weed seed control.

“Get to know growers who are innovators and are willing to have a go at these things,” Walsh said. “For some students, it’s going to be tough because there is very little knowledge about weed seed control here in the United States, particularly amongst growers. They need to work with the growers to get the systems in place.”

“There are several reasons why people may care about harvest weed seed control and the chemical herbicides used on crops. If you like to eat, we need to make sure we are producing crops in an effective manner,” Frischmeyer said. “Also, I believe this new way of controlling weeds is important because people are always concerned about the environment and water quality. We adapt these new tactics, we are using less chemicals so we are being more environmentally stable.”

Food on Campus to raise money

BY EMERSON LATHAM
@kwstawastedaily.com

Buttons reading “Cy’s the Limit” can be spotted all over campus this week, not only to commemorate Homecoming Week but to give students a chance to give back to State’s community the opportunity to snag a free meal on Central Campus.

With the five dollar purchase of an official Cy’s the Limit button, participants are able to visit the Food on Campus tent on the lawn outside of Curtiss Hall throughout Homecoming Week.

The event started Saturday with a tater tot bar. Monday, Chick-Fil-A chicken sandwiches were served. Fuzzy’s Tacos provided tacos, chips and salsa Tuesday. Hy-Vee wings will be served Wednesday. Thursday, Fazoli’s pasta and breadsticks will be available. Friday, a taco shell will be available with Fazoli’s pasta. Fazoli’s pasta will also be available with a $2 side order of wings. Saturday, Iowa Pork Producers pork burgers for lunch and Pizza Ranch pizza for dinner at the Homecoming Pep Rally.

Shane Diericks, senior in agricultural business, has been a part of the Homecoming Central committee for two years now and said the Food on Campus event is sponsored by the Student Alumni Leadership Council and the ISU Alumni Center.

“We also get help from Student Government, and that’s where a lot of our money comes from,” Diericks said. “And then we also have a couple different sponsors in the community.”

Jamie Schechinger, senior in agricultural studies, said she heard about the event through social media and an informational email that was sent out.

“It had a good price for a good meal on campus,” Schechinger said. “I’m able to come all five days, so it was worth the money.”

Francesca Giugno, senior in communication studies, said she was most looking forward to Fazoli’s on Wednesday. Giugno was not the only one most excited for the pasta meal.

Cecelia Hammel, health information technician at the Student Health Center, said they were excited for Fazoli’s as well.

“Mattos said she has been attending the Homecoming Food on Campus event for the past 10 years. Jennifer Fisher, senior in elementary education, said anyone can buy a button from the front entrance of the tent on Central Campus, and buttons will still be available for purchase after the Food on Campus event is over.

The money raised from selling the buttons will be used to support ongoing and future Homecoming events and programs. More information on the Food on Campus event and all activities taking place throughout Homecoming Week, visit Iowa State’s Alumni Association website or follow @ishomecoming on Instagram.
Women talk entrepreneurship

BY LOGAN METZGER
@iwastatedaily.com

Owning a business while still going to college can seem unbelievable, but some students have done it with success.

Four students took part in a panel Tuesday called the “Women Who Create Student Panel,” which focused on the four women’s entrepreneurial experiences as part of the Women Entrepreneurship Week.

Women Entrepreneurship Week is a global initiative focusing on promoting women entrepreneurs and their experiences.

This is the second year Iowa State is taking part.

Lauren Gifford, senior in marketing, spoke about her company, Flourish.

Flourish combines learning calligraphy with the social atmosphere of a party through a blend of teaching classes, hosting community-driven events and creating online courses. Gifford also runs a YouTube channel.

Lauren Jones, senior in entrepreneurship, spoke about her company, The Modern Milkman.

The Modern Milkman is a food truck-style grocery subscription service that targets communities without an accessible grocery store, delivering select perishables such as bread, milk, butter, eggs and some produce.

Stephanie Bias, senior in event management, spoke about her company, Camp Aramoni.

Camp Aramoni is a luxury camping and event venue located in the small unincorporated community of Lowell, Illinois.

Diana Wright, program coordinator for the Pappajohn Center for Entrepreneurship, moderated the panel and asked the panelists questions.

“Did you guys always see yourselves as creating or owning a business?”

“Growing up, I wanted to be the first female president of the United States of America,” Jones said. “I had acceptance speeches written, I learned how to cry on cue. I guess I never grew up thinking I was going to own a business, but in the meantime, my neighbor had a cornfield and we...”
I support Beto O’Rourke for his American vision

BY JACOB LUDWIG
jludwig@iastate.edu

Over the past summer, I participated in a handful of political events, talked with voters from both parties and did some soul searching.

In these discussions, I discovered a shared disillusionment with the moment we are living in. Questions about the kind of country we should be are on the minds of many of our fellow citizens.

Through these conversations, I also found a yearning for a leader that reflects the best of American values. A leader who has a new vision for American prosperity. A leader who will take up the effort to expand our founding creed to include all citizens and those who seek to join our ranks.

I found that leader in Beto O’Rourke.

To get the best idea of Beto’s character, I needed to see him in person. Late this last summer, I had a chance to hear him speak at Grand View University. Beto defined a vision of America’s promise through the eyes of someone who grew up in a border community.

He spoke about why immigrants come to America, saying that “They were inspired by America, by the idea of America — what Langston Hughes called the land that never has been yet, and yet must be. This more perfect union that we have never formed. This ideal that we are all created equal, that we never really fulfilled, and yet, to which each of us, I hope, still aspire. That’s what brings the people of the planet to our shores. That’s what made us the greatest country on the face of the planet.”

Beto’s progressive vision is informed by these values that have, for so long, defined what it means to be American. They inform his approach to the climate crisis, mass shootings, health care and racial inequality. Starting from those principles, and looking at those issues, Beto has sought to renew the promise of America is exactly what we need and it is why I am thrilled to support Beto for President.
Iowa State has hit its groove in the month of October, and this week the Cyclones will play one of the better offenses in the Big 12 led by key players at important positions. Iowa State and Oklahoma State square off Saturday for the Cyclones’ Homecoming game.

STOPPING THE ATTACK

Oklahoma State has an explosive offense that can cause problems for any defense in the Football Bowl Subdivision (FBS). At the forefront are three key weapons: quarterback Spencer Sanders, wide receiver Tyreek Hill and running back Chuba Hubbard.

Sanders is a redshirt freshman who leads the dynamic attack, and Wallace commands a ton of respect on the outside as he has landed in the second-most receptions per game of anyone in the conference and is pacing the same field when it comes to yards per game. These two weapons would be enough to worry any defensive coordinator, but it’s Hubbard who is the most impressive.

Hubbard is averaging 180.7 rushing yards per game, which is way above anyone else in the conference — Kansas’ Pooka Williams is second at 105.8 yards per game.

Hubbard has also found pay dirt 15 times on the ground, which is five more times than Iowa State’s quarterback Brock Purdy, whose six rushing scores have him at a tie for fourth in the conference.

Quarterback Brock Purdy looks for an open receiver during the football game against Texas Tech on Saturday at the Jones AT&T Stadium. The Cyclones defeated the Red Raiders 34-24. Hubbard’s 1,265 yards and 15 touchdowns both lead the FBS as well.

“We’ve been fortunate in my time to be able to coach a really good running back,” said coach Matt Campbell. “He’s got all the qualities of what great running backs have to do.”

Campbell mentioned his pass-catching ability as well, but Oklahoma State gave Hubbard the ball more than anyone in college football. On the season, Hubbard has already rushed the ball 194 times — good for just under 28 times per game.

PURDY BACK IN SPOTLIGHT

Iowa State’s sophomore quarterback was put into action last season against Oklahoma State, and he brought an immediate offensive explosion with him. Purdy threw for 318 yards and four touchdowns in his first-ever college game while also rushing the ball 19 times for 93 yards and a touchdown.

Over a year later, Purdy gets to face the same team that he played a hand in beating in 2018.

“I just wanted to keep things simple and play football,” Purdy said. “I was just like ‘hey, this is almost like high school but obviously everyone is faster and stronger.’

Purdy took the starting quarterback job from Zeb Noland and never gave it up, as he led the Cyclones to an Alamo Bowl appearance and an 8-5 season (7-2 with Purdy at the helm).

Iowa State is 5-2 this season and the Cyclones have leaned on their second-year quarterback, who leads the nation in offensive production, but the last couple of games have shown someone else get into the mix.

(IHALL RISE)

Freshman running back Breece Hall put forth his best effort Saturday against Texas Tech, eclipsing his career-high in yards from the previous week against West Virginia with a monstrous — or if you’re Chuba Hubbard, pedestrian — 187 yards and two-touchdown performances on the ground.

Hall added a long reception on a swing pass catch-and-run for 61 yards and two more receptions that brought his receiving total to 73 yards on the day.

“With Breece, he can bounce off a tackle and get two or three extra yards,” said wide receiver Deshaunte Jones.

Jones said that is a similarity he sees in Hall to last year’s starter David Montgomery, who is now a member of the Chicago Bears backfield.

Iowa State plays Oklahoma State at 2:30 p.m. Saturday in Ames.
From Sept. 27 to 28, the Womxn of Colour Network hosted its annual Womxn of Colour Network Retreat. Around 40 students showed up for the overnight trip to eat s'mores, socialize and learn from an admirable group of faculty and staff from Iowa State.

The Womxn of Colour Network meets twice a week to give a voice to underrepresented and minority groups of women at Iowa State. According to faculty adviser Ashley Garrin, the organization provides a place for women of color to share their experiences, authentic selves and ideas with one another: “I think it is awesome that students — women of color students — have this space on our campus,” Garrin said. “There is not a ton of women of color right here at Iowa State.”

The program started through a grant for diversity in 2011. The current organization organizes events, retreats and the Wommentorship mentorship program at Iowa State. Social events planned outside of the bi-weekly meetings help the students get to know one another and socialize.

“This is like a variety of people from various backgrounds […] it is just an interesting collection of people,” Garrin said. “Obviously, you can create this type of community in other organizations or other things that you do, but to have one that is dedicated to it I think is really cool.”

Garrin commented on how she keeps motivation for this network and where she finds her greatest inspiration: the students. “I am just continually encouraged by the work that the students do, the things that they think of,” Garrin said. “This spring they are going to do an exhibit in the Multicultural Center, and it is called ‘Interrupt the Space.’ It is all about how women of color show up in spaces and various ways to interrupt the space, but [portrayed] through art and visuals. I think it is going to be completely awesome. I am so here for whatever, however they want to carry this out. They are super inspiring.”

The opportunity to be faculty adviser was not something Garrin sought out, but something that was offered to her. She's grateful the opportunity found her. “At first, when they asked me to be the faculty advisor, I was just like, ‘Can I? Do I have the credentials to do that? What does this mean?’, Garrin said. “I am so thankful that they did ask me because it is just awesome. Even though I work with undergrad students all day every day, it is a different way to work with students.”

There are many things that make the Womxn of Colour Network special. Garrin commented on a select few. “I think again because of the unique perspectives that women of color have,” Garrin said. “Obviously, even though this group is made up of a variety of ethnicities and races, there is still this common thread about navigating spaces like Iowa State.”

The network acts as a place of reassurance, shared experiences and motivation for each other to thrive, despite their hardships. For Garrin, getting to see these and other things happen before her own eyes is uplifting and makes her job worthwhile. “It is really cool to see or to have conversations with the students about different things, connect them to different resources when I can […] and having that really strong relationship with the Women in Gender Equity Center on campus or with Sloss,” Garrin said.
the president of Iowa State's Pre-Physical Therapy Club and said she is also a personal trainer. The club has opened her eyes to another aspect of health and all that is available in the health field. Henning also said the club brings in multiple physical therapy programs from within a three hour radius of Iowa State.

The Pre-Physical Therapy Club has guest speakers attend meetings. The club also has student volunteers and students who have applied to physical therapists there noticed how interested I was and everything, so they offered me a part-time job as a rehabilitation aid.

Nicholas Dilley, freshman in kinesiology and health, said his goal is to learn about the physical therapy field as a whole. Dilley said he liked the idea of helping people and the club brings in multiple physical therapist and liked the idea of helping someone get better and back to action.

“I went into [physical therapy] field is really interesting to me,” Dilley said. “I recently started a health and wellness committee in my fraternity and we’re trying to focus on the health aspect.”

Dilley said he had the chance to work with emergency medicine prior to arriving at Iowa State. He was able to use the volunteer opportunity and work side by side with health professionals in emergency situations.

“I got to do a lot of anatomy and kind of spout of the moniker anatomy,” Dilley said. “I had a guy that was in a motorcycle accident and he felt his shattered pelvis shifting around and just [get] to work with doctors and even physical therapists in the hospital that would come into the room and you could talk to them.”

Some students discover their passion for the physical therapy profession through family members who are health professionals. Emily Samman, sophomore in kinesiology and health, said she wanted to be a physical therapist. Samman gained her Certified Nursing Assistant license but said she wasn’t sure if it was what she really wanted to do, although she says she is really interested in a health profession.

“My cousin is a physical therapist, so I shadowed her last year over winter break and fell in love with [physical therapy] there,” Samman said. “I was like, Okay this is exactly what I want to do, especially with the people interaction […]. I really enjoy interacting with people. I mean I really think the human body is really fascinating.”

Tim Vander Wilt, physical therapist at the Iowa State Physical Therapy Clinic and Ames clinic manager, attended a Kinesiology and Health Club meeting to share his experience and advice with the students.

“It’s a great way for people to come to a demonstration of a different science from Central College and then earned his master of science degree in physical therapy,” Vander Wilt said. “Get a variety of experience so that you guys are prepared,” Vander Wilt said. “When they go and they interview you for [physical therapy] school they want to see that you’ve had different experiences and different settings.”

Vander Wilt also said about the work he does at the Kinetic Edge Physical Therapy clinic in Ames. He discussed the variety of issues treated at the clinic and the physical therapy and the professions that are part of it.

“Most people get jobs once you get out of school,” Vander Wilt said. “There’s a pretty high demand for [physical therapists] and I think it’s only going to get better in the future. Everything health care wise is going towards preventative and exercise-based stuff, so we probably have pretty good job security.”

Samman said she likes to hear about the various focuses people in the physical therapy profession have.

“There’s a lot of different areas of physical therapy,” Samman said. “So, hearing from the different people who Physical Therapy people have is really important to get a rounded view of what [physical therapy is].”

Dilley said he liked the idea of working with sports medicine and helping athletes get away and go hiking and do all these things. He also wants to work with sports medicine as she has the ability in older adults,” according to American Council on Exercise.

“[I plan on] having a job that I enjoy going to every day, where I like I am making a difference,” Samman said. “That’s what I love about my clinics, too. We would see them everyday and you could see the progression to week.”

Henning is currently in the process of applying to physical therapy school and said she is also interested in working with children.

“[With physical therapy], there’s always opportunities and a ton of different settings that you want to be a part of,” Henning said. “So, you don’t have to worry about trying to get to a hospital, there is a lot of other settings that you can choose to work in.”

Vander Wilt said after students complete physical therapy school and are searching for a job, it is important for students to find a clinic that fits their personality.

According to Iowa State's Thiielen Student Health Center, Iowa State offers physical therapy for students and faculty that need rehabilitating. The physical therapy department of physical therapy and sports medicine is located on the second floor of the Thiielen Student Health Center.

“Open science itself is a community; it’s about building data to continually improve and create,” said Nur Sarcleben, junior in integrated studio arts.

![Iowa State Daily](https://iowastatedaily.com)

**ACCESS pg1**

- **COUNCIL pg1**

> This project was primarily done by volunteers.

“Shrink said. “They came and used that tool that was available to them and because the model performed well, they gave that code to the city of Chicago and it is currently still used by the city of Chicago.”

Allowing people who are volunteers to offer their time and their energy can have very significant results on projects.

> So many young people who are in college can make a big impact, especially if policymakers and people in the government are willing to let people do something and change something,” said Tiffanie Stone, graduate student in human ecology.

Schenk said other communities and cities can adopt the same algorithms and codes in their communities succeeded too.

> Open science itself is a community; it’s about building data to continually improve and create,” said Nur Sarcleben, junior in integrated studio arts.

> COUNCIL pg1

Divided it into four issues.

> The Council first moved to provide reinforcement for rehabilitation programs.

> The Council is intended to provide an incentive to the property owners to convert.

> The Council said that the funding would be provided through grants or loans. The Council chose not to take any actions on the second issue, leaving this option to city of Ames Planning and Housing Director Kelly Dickmann to decide.

The third issue provided optional forms for open space, where incentives are being offered, which the Council also took no action on, leaving the option to Dickmann.

The fourth issue included household eligibility and determination of the incentive limit, which would be for rehabilitation or acquisition. The Council said they are interested in both and will look into what can be done.

“I’ve got farms in the neighborhood that are 56 percent to 70 percent rental; there are pockets where the imbalance [between rental houses and owner-occupied housing] is really mind-bending,” said Gloria Betcher, Ward 1 representative.

“Some of the reasons for that are that the homes are being purchased as rentals by students at Iowa State, parents purchasing homes or people buying homes for vacation rental.”

The Council then moved to discuss an ordnance pertaining to vacation lodging in Ames.

The current vacation lodging of the residential units, such as Airbnb, “has the potential to be incompatible with surrounding residential units,” according to the ordinance.

The Council voted to move for the second passage for Chapter 13, 29 and 13 to establish regulations and procedures for licensing of guest lodging in specified zoning districts.

Additionally, the Council moved to award the Brokeshield Restroom Project to Henkel Construction for $295,000.

The restrooms were damaged by a fire in 2018, and the current renovation plans will include four gender-neutral bathrooms compliant with the Americans with Disabilities Act. Due to the differences in estimates between the two bidders, the Iowa State golf course, the Council moved for an alternative one on Oct. 8, which accepted the report of the bids but did not award a contract for the time being.

Keith Abraham, director of parks and recreation, said he spoke with the architect about the bid differences.

> To my knowledge [F]elt that the bids were reasonable with some of the items that were tied with the costs and so on,” Abraham said. in a previous meeting that the city would further review the bids.

> The project will be to provide additional grain storage capacity for the city of Chicago and it is currently still used by the city of Chicago.”

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