We've got the best ways to prepare for upcoming midterm exams and maximize study hours for the best results. Check them out inside.

The men's basketball team faces Oklahoma State tonight in their last home game of the season. Check out our full coverage tonight.

STUDY TIPS

Funding and tuition
When it comes to funding, Neely feels the most important aspect is communicating the effects of decreasing funding to students and let them become advocates as well. Neely brought up one of his ideas for next year which would be a March for Education. This march at the State Capitol would be one of the ways Neely plans to give students a platform to express their concerns over funding.

City and university relationship
Calling a strong relationship between the university and the campus key, Neely spoke of issues involving pedestrian safety and housing. He emphasized continuing to build the network between the city and the campus is a main factor in addressing these issues.

When addressing sexual assault, he asked the question, “How can we educate our community?” Neely commended a new Iowa State sexual assault program which will be a requirement for each student to take.

Campus climate
Neely said it is important for Iowa State to practice the principles of community that it creates. Neely spoke of inclusivity when it comes to the LGBTQ+ community. He said a major issue he sees

STU GOV

PRESIDENTIAL DEBATE

Julian Neely

Behind the left podium stood Julian Neely, junior in journalism and mass communications and director of diversity and inclusion for Student Government. Neely, who is running with Juan Bibiloni, emphasized outreach during Monday’s debate.

Funding and tuition
Regarding lobbying for increased funding, Whittington said he would increase the size and scale of the legislative ambassadors, a Student Government program and lobbying effort. Whittington touted his connections with legislators from his time with Iowans for Tax Relief, which he said he will use when lobbying for more funding for education.

City and university relationship
Whittington focused on safety when addressing the city and university relationship. He first brought up creating a pedestrian-friendly campus, making sure Cyclones don’t get injured while walking around campus. He also spoke of improving the ISU Alert system in order to make sure students are aware of critical incidents on and near campus.

Whittington also fielded questions about sexual assault prevention and said it was a major part of the Whittington/Simms campaign.

“It is not OK, and we need to make sure that everyone knows it is not OK,” Whittington said.

Campus climate
Addressing a campus which can be divided over certain ideologies, Whittington said all ideas need to be expressed. He called discussing these ideas a tightrope to walk, but said he has experience with these discussions every single day.

Benjamin Whittington

Standing behind the right podium was Ben Whittington, sophomore in political science and president of Turning Point USA at Iowa State. He and his running mate Jocelyn Simms have spoken about difficulties of people outside of Student Government, like themselves, who want to get involved.

Funding and tuition
According to Whittington, funding is a major issue for Student Government. He brought up an idea for student lobbying ambassadors for government relations, which he said would help in the fight for increased funding for education.

City and university relationship
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Campus climate
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Ed Lewis leaves legacy
Served Iowa State for more than 40 years

BY EMILY BARKSE
@Iowastatedaily.com

Former Associate Provost Ed Lewis was known as a listening ear and advocate in his more than 40 years at Iowa State. Lewis died at age 84 in Minneapolis on Thursday.

Some of his notable accomplishments at Iowa State included establishing the University Honors Program, advocating for women and being a champion of change whether that was through big initiatives like policy creation or helping people find common ground.

Lewis served in several capacities in his time at Iowa State, starting as a psychology faculty member in 1957. At the time of his retirement in 1998, he was associate provost and psychology professor. But he was asked to come back part time in the university’s Ombuds Office from 2006 to 2008.

“As Iowa State grew and evolved, he was a part of that process,” said Warren Madden, former senior vice president of business and finance, who retired in 2016.

Catalyst for the University Honors Program

Some would say Lewis’ passion for students was best shown in the work he put into the Honors program. Lewis believed that students should be exposed to a variety of topics outside their major to advance their worldviews, said Elizabeth Beck, retired director of the University Honors Program.

The University Honors Program was established in 1960 and Lewis became the Chair of Honors in 1966, according to the Honors website. He created Honors Seminars, which are still published in 1960 and Lewis became the Chair of Honors Program.

Under his leadership, the Honors Program branched out to the colleges. He also helped establish the Freshman Honors Program and created “an intensive training” for those leading seminars for first-year students, according to the Honors website.

He led weekly leadership classes for the sophomores who taught the first-year honors seminars. His own leadership style was to listen first and then make recommendations without telling people what to do, Beck said. But when something needed to be done, he got it done.

“Once an international student was in a bind because the student had already booked the flight home and a professor moved the final exam to a date after what was listed on the syllabus, Beck said. That didn’t fly with Lewis. ‘Dr. Lewis got that changed right away,’ Beck laughed.

Champion for women

In his time with the Counseling Center as a psychology professor, he noticed that many of the materials about seeking careers or interest tests were geared toward men, according to University Archives. Lewis decided to write about this and eventually created a proposal to start the University’s Committee on Women.

The committee was established in 1972 and was one of many activities Lewis was a part of to advocate for women. Lewis served on the Governor’s Commission on the Status of Women under Gov. Robert D. Ray. Lewis also supervised the Women in Science and Engineering program for a time.

“I think that it certainly became more acceptable for women to be in non-traditional fields,” he said in a 2004 interview about changes in opportunities for women during his time at Iowa State. “Certainly in math, or the engineering and science area, the fact that we were actively recruiting women students for those areas…”

Much of his research as a psychology professor focused on gender equity.

Helping the university adapt

During his time at Iowa State, Lewis led the university through several changes. His daughter, Iowa State alumna Mynda Lewis, said he helped lead the university in its transitions from quarters to semesters. At various points he oversaw the Lectures program, Career Services, the Instructional Technology Center and the International Students and Scholars Office.

“He amazed me with his breadth of knowledge,” said Brenda Behling, director of academic policy and personnel in the provost’s office.

Lewis hired Behling into the provost’s office, where she still works today. She said he was known as the university historian and policy expert. At the time of his retirement, he had written or had a hand in shaping almost every policy the university had on file. In addition to his love of working with students, he was an advocate for faculty and staff.

“His perspective was always a fair perspective and he was passionate about helping people,” Behling said.

Lewis was adept at personnel issues and brought a solutions-oriented mindset to constituencies like Faculty Senate. He was able to organize policies in a way that was very challenging before computers and the internet was widely used, Madden said.

“He was a good university citizen — he contributed, he participated,” Madden said. “He left Iowa State in a better state.”

Mynda Lewis said her father rarely used his position for power. Although she’s been told that when Hilton Colbusen flooded in 1993, there was talk of not having a graduation ceremony. To that alternative, Lewis said, “No, my daughter is graduating.” The graduation was held at Stephens.

Services and memorial information

Visitation will begin at 1 p.m. Saturday at the Lord of the Life Lutheran Church, 2126 Gable Lane in Ames and the funeral will begin at 2 p.m. Burial will follow church services at the Iowa State University Cemetery at 2637 Pammel Drive.

The family asks that rather than flowers, individuals send memorials to either the Iowa State University Foundation for “The Ed and Nancy Lewis International Scholarship for Honors” or Our Saviour’s Lutheran Church at 2315 Chicago Avenue South, Minneapolis.

Lewis is survived by his four children, Elizabeth of St. Paul, Jon of Minneapolis, Kendrick of St. Paul, and Mynda of Woodbury, Minn.; many grandchildren; and by a sister, Marilyn Drusnasky of Anahiem, Calif. He was preceded in death by his wife and his parents.
Diversity reporter Naye Valenzuela sat down with Walter Thompson-Hernandez on Feb. 22 when he was at Iowa State to give a lecture. Thompson-Hernandez is a multimedia journalist with the New York Times and grew up in Los Angeles. He has traveled to countries including Madagascar, Cuba, Mexico, Morocco, Belgium and Peru to document multiracial identities and tell stories few in the United States have heard. His work has been published by VICE, The Guardian, BBC, CNN and other publications.

Q: Have you ever been to Iowa? 
A: No, this is my first time.

Q: How are you enjoying it so far? 
A: It was great, there’s a lot of kind people. It was really cool this morning; it was snowing. I was like, “Wow, it is actually snowing.”

Q: What inspired you to go into journalism? 
A: I think I’ve always been a little curious about the world. I started to understand that the best way for me to tell stories about people and people around the world is by using different media. Using photos, video and writing, I think, allows me to capture three-dimensional portraits of people. I feel like photos can only tell only a part of the story, or words can tell another part, and videos, but when we incorporate all three of those things, I think it allows us to create these real portraits of people and communities.

Q: Were there any setbacks or obstacles you had to face during your work, or even before you went into journalism? 
A: It’s interesting that you asked that. To this day I never had taken a journalism class in my life. I’ve never been trained as a videographer or a photographer. It kind of all just came to me and I went on my own by asking questions and traveling. I used different cities in the world as a classroom. Some of the setbacks initially, and sometimes even today, is still learning the technical aspects of things.

Q: Did you ever think you’d be where you’re at now, giving lectures in Iowa? 
A: I know I always wanted to do this. I never thought I’d be here, sitting in Ames, Iowa. My lectures, and writing for The New York Times, I never thought I would do it. I knew I could, I just never imagined myself actually doing it. For example, when I had orientation for the New York Times about a month ago, the minute I walked in the building, it felt very natural, like I belonged. It’s like on one hand, I never saw myself doing it but on the other hand, I did (do it).

Q: What inspired you to create your projects? 
A: It all started with Blaxicans of L.A. It was the springboard to my career, to journalism. What inspired me was me thinking of my own experience in Los Angeles as a child of a black father and Mexican mother and kind of asking myself, “What does it mean to be a black Mexican in Los Angeles?” and kind of branching it from there and asking the same question to other people that identified in the same way. From that, it was just curiosity about the world and thinking what it means to belong and not belong to a certain identity or culture. It’s been the underlying question to all my stories.

Q: What is your opinion on minority representation in the media? 
A: It’s super important. I think there needs to be a set of diverse and young voices in the media. I think the general media needs to do a better job of allowing people from different backgrounds and communities of gender, race and sexuality to really tell stories about the world. Most media companies are starting to understand that’s better to have somebody that can report from a unique perspective, someone who can share a certain racial or ethnic affinity relation. They probably will tell that group’s story better.

Q: Is Blaxican different from Afro-Latino? 
A: Blaxicans fall under that term [Afro-Latinx]. In the same way that Black people from Cuba can identify as Latino/a, Latinx or Afro-Latinx.
POLICE BLOTTER

2.23.18
Lazzy Kalambo Mudimbi, age 26, of 2382 Edornen Dr Unit 8 - Ames, IA, was arrested and charged with obstruction of emergency communication, assault, and child endangerment at 63 Schiller Village (reported at 2:40 a.m.).

An officer initiated a drug related investigation at Helser Hall (reported at 4:41 p.m.).

An individual reported being harassed at Memorial Union (reported at 5:59 p.m.).

An officer initiated a drug related investigation at Friley Hall (reported at 8:05 p.m.).

Officers assisted an individual who was experiencing medical difficulties at Buchanan Hall (reported at 11:22 p.m.).

2.24.18
David Thomas Bane, age 21, of 2050 Hawthorn Court Dr Unit 8321 - Ames, IA, was arrested and charged with public intoxication at Memorial Union (reported at 2:33 a.m.).

Brenden Lee Schnell, age 20, of 2300 Okoboji Ave Unit 1 - Lincoln Way and Welch Ave (reported at 5:51 p.m.).

An officer investigated a property damage collision at Lincoln Way and Welch Ave (reported at 2:14 a.m.).

Eddy Shami Muliganda, age 28, of 1218 5th St Unit 405 - Ames, IA, was arrested and charged with public intoxication - 2nd offense at 119 Stanton Ave (reported at 1:15 a.m.).
Success is effort. Success is pushing yourself; it is striving for your goals, aspirations and dreams. This may sound all "sunshine and rainbows," but it is genuine. Success is doing as much as possible, as well as possible, with the means you have. Some people view success as money or resources. Others view it as relationships or family. For others, it is a combination of those things or something completely different. It depends on who you are, what your personal standards are and what your limits are. Success is so abstract, there cannot be a one fits all measurement or definition. Success changes with time as well. For earlier humans, success meant survival. Now most people do not have to worry about if they will find something to eat, something to drink or if they will find shelter. Most people are able to think about their or their family’s wants, rather than just needs. Success, or people’s perspectives, definitions or expectations of success, also depends on the societal, cultural and religious standards and expectations pushed on them, or that they push on themselves or believe in.

There are billions of people in the world. The end goal cannot be the same for all of us, but the idea of building your way up, trying your best and working hard is something most relate to and agree on. Success is also patience, it is believing you can, and will, reach your goal, or reach the stars no matter how much failure comes your way. And once you finally touch the star you were reaching for the entire time, you have to find a new one; as cheesy as it sounds, there is an entire galaxy of possibilities or stars waiting out there for you to choose from. It is not acceptable to let others define your success and what it means to you. Nor define if your goals or aspirations are valid, possible or anything else. The most important thing is that you ask yourself what your goals and dreams are, and how you can accomplish them. Succeeding then is working for them with as much will and determination as you can.

Another aspect to success is not letting others, society, stereotypes or expectations make you feel you have to accomplish, or go through certain things, or phases in life to have succeeded. To succeed, find out what you want and do not let others hold you back, get in your way or get in your head. No matter how you define it, always strive for your success and reach for those stars.

COLUMN

What is success?

BY NADA AYL

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Success is doing as much as possible, as well as possible, with the means you have. Success is different for each individual.

When mass shootings occur in the U.S., we can predict that soon the National Rifle Association and its allies will begin talking about and blaming mental illness. It is one of their favorite scapegoats used to “explain” that the U.S. has the developed world’s highest gun murder rate. But they fail to mention that the rate of mental illness in the U.S. is not higher than the rate of mental illness in other countries. Instead, the rate of gun ownership in the U.S. is higher than the rate of gun ownership in other countries. The national minimum age to own a handgun is 21, but assault weapons can be bought at 18. Such laws can and should be changed.

The Republicans and their NRA backers say the mentally ill should not own guns. So why did the Republican Congress use the seldom-applied Congressional Review Act to nullify an Obama-led bill that would have deterred an estimated 75,000 mentally ill people from owning guns? Only a year ago, Trump and Republican legislators supported that vote because it provided easier access to gun ownership and was considered a victory for gun rights.

While we are being asked for more screening, warning systems and support for mental health clinics and school counselors, Trump’s proposed budget shows declining support for mental health treatment. While the multipurpose Veterans Administration gets a proposed increase of $8.6 billion to handle its broad array of treatments and services, an agency devoted to children’s mental health would receive a meager $1 million increase. Furthermore, the budget of the Substance Abuse and Mental Health Services Administration would decrease by $665 million and the National Institute for Mental Health would lose 30 percent of its budget by 2019. That’s the actual support shown for mental illness in the president’s proposed budget.

The mentally ill are overall less violent than the rest of the population. Given the funding proposed by the president, they are also unlikely to receive the medical and psychiatric care they so badly need and deserve. Richard Layard, British economist, says helping the mentally ill is the best possible social expenditure in terms of creating long-term happiness for the greatest number of people. However, the mentally ill are mentioned mainly as a distraction in the gun safety discussion. We all deserve a more honest discussion about real solutions.

EDITORIAL

Mental health isn’t the real problem
Senior Night at Hilton
Cyclones hope to end strong

BY BRIAN.MOZEY
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These three names will echo around Hilton Coliseum for the last time in their college basketball careers as Iowa State has Senior Night on Tuesday against Oklahoma State.

Even though these three names will be said one last time at home, their impacts on the Iowa State program will last a long time.

“I love Senior Night,” said coach Steve Prohm. “It’s an emotional night. It’ll be great to honor our three seniors… And we can finish the home slate on the positive note.”

Oklahoma State and Iowa State are the only teams in the Big 12 Conference not in Joe Lunardi’s NCAA Tournament bracket, but the Cowboys are the No. 3 seed in the NIT Bracketology, according to NYC Buckets.

Iowa State will stay in last place in the Big 12 but may need these last two regular season wins and a run in the Big 12 Tournament to push for an NIT bid.

Jackson made it clear a couple of games ago and Monday at the press conference that he’s not here to end his senior season in Kansas City, Missouri. He expects a postseason tournament for the Cyclones.

The last time Oklahoma State and Iowa State played each other, Jackson was the main scorer for Prohm and the Cyclones. He went 8-for-12 from the field and six of those made field goals came from the 3-point line.

He also went 8-for-9 from the free throw line, making a total of 30 points scored against the Cowboys. Jackson said he needs to stay aggressive on the floor and allow himself to get fouled because he’s confident in his free throw shooting with a 90.5 percentage from the line.

“My dad used to always tell me attack the basket, attack the basket and get to the free throw line,” Jackson said after the loss to TCU on Feb. 21. Prohm already said the three seniors will have a spot on the starting lineup against the Cowboys, but he’s happy with the leadership they’ve brought to the Cyclones. Even though Brase and Beverly came to Ames this season, they’re already made an impact.

Brase came from Princeton where he battled not one, but two ACL tears in his knee to end the majority of his college basketball career. He wanted to come to Iowa State, so he could hit the refresh button and finish his college years on a positive note.

He only made one start this season but was finding his groove off the bench when he was taken off the court with an ankle injury. Then, his knee was acting up again.

He was out for five games and returned for six minutes against West Virginia last Saturday. It’s been an up and down season for him, but he can’t wait for Senior Night.

Brase said he’s never been able to play in his Senior Night because he was hurt during his high school night and was hurt again during his college night in Princeton. This will be his first and last Senior Night.

“Hopefully I’ll be able to put on a show,” Brase said. “I’ll ball up all the things I was going to use on Senior Night and put it into one game.”

Beverly was another unfamiliar face coming into this season but has made an impact both in the starting lineup and off the bench.

He started the season in the starting lineup, but after the emergence of Cameron Lard and Zoran Talley Jr., they moved into the lineup.

Now, after all the injuries to end the season, he’s back on the starting lineup. For him, it’s been a journey of growth and becoming the man he wants to be to conclude his college career.

He depends on his mother and his former high school basketball coach for support through tough times, but, in the end, it’s been a memorable journey for him.

“Stay the course. Stay positive. Stay in the gym,” Beverly said. “Don’t let anybody put you in a box.”

That leadership will be needed on Tuesday as Prohm said it’ll be a lineup of seven or eight players and focus Tuesday as Prohm said it’ll be a lineup.

Iowa State will stay in last place in the Big 12 having a 6-10 record in the past as they’ve made their own run in the Big 12 Tournament next week.

The Cowboys aren’t a team to look past as they’ve made their own run in the Big 12 having a 6-10 record in the Big 12 before Tuesday.

Oklahoma State has taken down Oklahoma at home, Kansas at Allen Fieldhouse, West Virginia in Morgantown and Texas Tech at home.

Iowa State will need to focus its attention on three key players for the Cowboys as Jeffrey Carroll, Kendall Smith and Tavarius Shine are all averaging 10 or more points per game this season.

All three of them had a direct impact in the last game in Stillwater, Oklahoma, in early January.

Carroll (24), Smith (20) and Shine (15) combined for 59 points in the 96 total points for Oklahoma State, 61 percent of the total points. They also combined for 21 rebounds, nine assists and four steals.

The ability to stop all three of these players is easier said than done in Prohm’s eyes, but the focus tomorrow night will be the game and recognizing the seniors.

“It became real tight,” Beverly said. “At first, it was a bunch of new guys that didn’t know each other. But now, we’re really tight. We’re really tight now.”

“We’re really tight now.”
- Jeff Beverly

NEXT GAME

IOWA STATE
(13-15, 4-12 Big 12)
OKLAHOMA STATE
(16-13, 6-10 Big 12)
Ames, Iowa
Hilton Coliseum
6pm Tuesday, Feb. 27
Watch: ESPNU
Listen: Cyclone Radio Network

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**MIDTERM STUDY TIPS**

**BY EMILY BLOBAUM**  
@iowastatedaily.com

Ah, midterms.

If you’ve made it this far, you’re practically halfway through the semester. Chances are, you’ve probably have a few exams coming up as well.

Here are a handful of study tips from the Academic Success Center:

**TAKEING NOTES**
- Read and outline chapters before class. This allows you to add important information to your outline, without having to write down everything your professor is saying.
- Take notes in the margins with questions you have, personal experiences and specific information you found interesting or important.
- Add illustrations to your notes. Create timelines and diagrams from dates and scientific class systems.
- Try creating color-coded notes to help remember important information. For example: Yellow = people, green = places and orange = dates.

**IN CLASS**
- Keep your attention focused on what the teacher is saying. Listen for signals of important things to remember, such as “The most important point...” and “Remember that...”
- For each class, sit in the same seat every day, especially when you have a test. Your body will associate this area with learning and concentration will improve.

**STUDYING**
- Identify a “study space” where the bulk of your time spent in the same space is used solely for study purposes. After a week of using the same space for the same activity (to study), your body will associate that space with studying and will help you focus.
- Schedule study times, if possible in the same place at the same time. Make a calendar of your daily routine including meals, class and sleep time to find hidden free-time that can be used for a quick review of notes.
- Review your notes 10 minutes each day to move the information to long-term memory.
- Study difficult or “boring” subjects first. The courses we find most difficult often require the most creative energy. Save your favorite subjects for later.
- Take consistent short breaks during lengthy study times: 10 minutes for every hour of study and five minutes for every half-hour.
- Keep your study space well lit. If your study area is lit by a high, ceiling light, use a smaller lamp to illuminate your workspace. This will reduce eye strain and headaches.
- Use waiting time; five minutes waiting for a bus, 20 minutes waiting for the dentist, 10 minutes in between classes – waiting time adds up fast. Have short study breaks ready to do during these periods.
- When studying, keep a notebook handy to write down any distracting thoughts, helping you to focus only on the information you are studying and putting your mind at ease so you won’t forget what it is you are concerned about.
- Don’t stay up all night cramming for a test the night before. Aside from being too sleepy to think effectively, your mind generally will only remember the first and last 30 minutes of what you studied.

- Apply what you’re learning to real life situations. Finding these applications will make your studying more exciting and will help you remember what you need to know.
- Study immediately after lecture classes. Retention and understanding are enhanced by studying right after class.
- Study during your prime time. We all have daily cycles of sluggishness and alertness. If your work, classes and circumstances permit, make use of this knowledge. Schedule your hardest subject at your most alert time.

Lastly, use academic support resources on campus. The Writing and Media Center, Supplemental Instruction and tutoring can help you succeed.
Community and campus traditions

Veishea, a former tradition with a tumultuous end, is something Whittington wants to bring back to the students. He said this is an event many students and alumni want to see come back. Stigma surrounds the former event which led to riots and destruction.

Whittington also spoke of expanding Cyclone Carnival and involving each college, so they are given a day to showcase what they do.

Whittington also spoke of expanding Cyclone Carnival and involving each college, so they are given a day to showcase what they do.

Community and campus traditions

Unlike his opponent, Neely feels the name Veishea should not be involved as they form new traditions. Neely commended the work Student Government has done to help implement new events such as the spring concert and Cyclone Carnival.

Neely plans to implement a new tradition called CyDay Friday, a Black Friday-esque event where students can get deals on spirit wear. He said the bookstore has already expressed interest.

WHITTINGTON 1
When addressing gender equity in Student Government, Whittington spoke about his female running mate, Simms, calling her “one of the most inspiring women” he knows.

Community and campus traditions

Unlike his opponent, Neely feels the name Veishea should not be involved as they form new traditions. Neely commended the work Student Government has done to help implement new events such as the spring concert and Cyclone Carnival.

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