Follow this and additional works at: https://lib.dr.iastate.edu/iowastatedaily_2017-10
DYNAMIC DUO

How running can create educational opportunities

All over the world, running is something people do for fun. Whether it's a beachfront jog on a spring morning, or a half-frozen couple of miles down a gravel road somewhere in Iowa.

In Kenya, running is a way of life. Halfway around the world, hundreds of hopefuls arise each morning and take off down dirt roads in packs. Men and women. They all go out with the goal of being discovered. Many have dreams of becoming rich and making a living. A living off what? Their legs.

More importantly, how fast those legs can cover distances ranging from 800 meters to 26.2 miles.

For two Iowa State cross country runners, running was not a means to money. Rather, it was a means to a higher education.

A living off what? Their legs.

Both runners are in their first season at Iowa State. Langat is a redshirt sophomore and transferred to Iowa State from Gillette College in Gillette, Wyoming. Langat is also a sophomore, and came to Ames from Liberty University in Lynchburg, Virginia. Lagat and Langat were paired as roommates in the fall. They both enjoy sharing aspects of their native culture with each other.

“I can feel like I’m at home,” Langat said.

Though they came to Iowa State from opposite sides of the country, before that, they came to the U.S. from neighboring towns in Africa, over 8,000 miles from the cornfields of Iowa.

“We eat the same food and speak the same language,” Lagat said.

In fact, their hometowns in Kenya were only two hours away from one another.

The two are from an area famous for producing world class professional runners, So, like many of their fellow countrymen, they ran.

FESTUS LAGAT

The oldest of three boys in Eldoret, Kenya, Lagat knew early on that he wanted to run competitively. Growing up, he was inspired by the many professional runners from his home country. Lagat also knew he wanted to be different from all the other guys trying to run professionally from an area famous for producing world class professional runners. So, like many of their fellow countrymen, they ran.

After graduating high school in 2013, Lagat spent 2014 and part of 2015 focusing on training when he decided to try the “cross country runner.” Slim and lean with bright eyes and easy smiles, the two look like peas in a pod. In a way, they are.

Both runners are in their first season at Iowa State. Lagat is a redshirt sophomore and transferred to Iowa State from Gillette College in Gillette, Wyoming. Langat is also a sophomore, and came to Ames from Liberty University in Lynchburg, Virginia.

Langat and Langat were paired as roommates in the fall. They both enjoy sharing aspects of their native culture with each other.

“I can feel like I’m at home,” Langat said.

Though they came to Iowa State from opposite sides of the country, before that, they came to the U.S. from neighboring towns in Africa, over 8,000 miles from the cornfields of Iowa.

“We eat the same food and speak the same language,” Lagat said.

In fact, their hometowns in Kenya were only two hours away from one another.

The two are from an area famous for producing world class professional runners, So, like many of their fellow countrymen, they ran.

“..."I heard from my friends about scholarships," Langat said. “I wasn’t sure about it until I saw my neighbor went to United States on a scholarship. I figured if this running could make you better, and apply for more education, it would be more better for me.”

That’s when Langat made the decision he was going to meet the NCAA requirements and train seriously. He would run at any school that gave him the chance.

“My community helped me to finish high school,” Langat said. “Now I’m going to do my best to run and finish my education.”

Langat’s opportunity arose when he ran in a time trial in Kenya. There were a number of coaches from the U.S. in attendance, and that’s where Langat was recruited by Liberty University.

His freshman season of cross country, Langat was Liberty’s number one runner in each of their last four meets. He placed third overall in the 2016 Big South Cross Country Championships, and came in 22nd in their regional qualifying meet, resulting in his first collegiate cross country season.
Women’s cyber security club ready for competition

BY ANNIE.CASSUTT @Iowastatedaily.com

Last spring, Jamie Kruk, junior in computer engineering, went to a career fair and a recruiter brought the idea of a cyber security club to her attention.

When Kruk spoke to some of her friends about the idea, she found that there was enough genuine interest in the topic to get a club started on campus.

“They [my friends] didn’t feel like they had an opportunity to explore the field,” Kruk said.

Their club, the Women’s Alliance for Cyber Security (WACS) is new to campus this fall. WACS dedicated the first half of the fall semester to preparing for the Cyber Defense Competition, which was held on Oct. 7 and hosted by ISU E-AGE, a cybersecurity program on campus.

The competition lasted eight hours, and revolved around professional hackers trying to take down the teams’ networks.

“You try and keep your machines online because the hackers try and take them down, and you try and protect the information and follow what the hackers are doing on your machines,” Kruk said.

Kruk compared the competition to the game Capture the Flag, where teams lose points if the hackers capture their flag.

The competitions also include anomalies, which, according to Kruk, are “little challenges ranging from identifying what programming language a program was written into finding a file embedded within a PDF image, so they are all over the place.”

“I was happy with how we did,” Kruk said. “We beat two teams, but it was really good because we were starting as complete beginners.”

WACS meets once a week from 6 p.m. to 7 p.m. in Carver Hall 0124, and is open to anyone who is interested in cyber security.

In the past few meetings, they have been looking at ways they can learn and improve for their next competition in March.

“It’s only been a few meetings since then, and we spent the first couple looking back on the competition and what we learned from it and what we can apply to next semester,” Kruk said. “We are just starting to get into learning the tools that we are going to need in future competitions.”

Vice president Yamini Mathur also explained how they club is now learning from the fall competition to prepare for the spring one.

“It was so much fun but exhausting, because we didn’t know what we were doing,” Mathur said. “We are trying to break it down so we are well prepared for the next competition. We are trying to do it in a stress free environment.”

During each meeting, the team tries to look at ways to solve different anomalies from the previous competition.

“We are looking at where we lost points and where we can do better and where we can most efficiently try and improve our score,” Kruk said. “I knew we had a lot to learn, but I was really happy with how enthusiastic everyone was.”
Earlier this year, the Iowa Legislature passed a law pitting Ames residents against each other.

On one side were landlords and property managers, breathing a sigh of relief that Ames can no longer restrict occupancy based on familial status. On the other side were neighborhood associations, fearful that without the ordinance, their neighborhoods and houses would become largely renter-occupied.

Caught in the middle? Students — unaware of the large impact their temporary presence has on Iowa’s laws and Ames’ ordinances on housing.

Working under a deadline of Jan. 1, 2018, the city has discussed limiting low-density residential housing based on student status, number of bedrooms and even parking spaces. Other issues have been raised, too, such as: Is the city taking a proactive or reactive approach to rental enforcement? Which is the better option?

As a way to better understand the issue of housing in Ames — specifically relating to rentals in single-family residential homes and neighborhoods — and its impact on students, the Iowa State Daily has created a series of articles looking at the issue that affects our city, our residents, our landlords and our students. This is the third article in that series.

Betcher said she did not think the moratorium would affect landlords either. Although the moratorium is temporary, there is no telling how it may affect the rental market in Ames.

Homeowners and neighborhood associations will have to accept that houses that already have a rental permit will potentially be increasing the number of tenants, a concern often voiced by Betcher. A concern that is inflamed with the impending disintegration of Ames’ rental occupancy ordinance.

Betcher said she had not thought about the moratorium in terms of who it may affect negatively the most, but said she feels those who may have planned to sell their house to a buyer that wished to turn the property into a rental may be those left in the least fortunate position.

What makes this quest for answers even more complex is the variation in needs among the groups set to be affected. Students need affordable rent, landlords need to profit and homeowners need peace and quiet.

Councilwoman Gloria Betcher, who is also an adjunct associate professor of English, described the need as “neighborhood stability.” Betcher represents the First Ward, which encompasses much of the student housing immediately south and southeast of campus.

“My take on all of this rental housing is that we need to strike a balance,” Betcher said. “We need to strike a balance between what students need and what homeowners need and what the neighborhoods need. So I see the moratorium as a tool for us to be able to figure out how to balance those needs.”

While landlords and those attempting to sell their houses to them will certainly be dismayed by the moratorium, each group involved is being forced to sacrifice one of their main concerns.

Students will have no new rental properties to choose from for six months.

Homeowners and neighborhood associations will have to accept that houses that already have a rental permit will potentially be increasing the number of tenants, a concern often voiced by Betcher. A concern that is inflamed with the impending disintegration of Ames’ rental occupancy ordinance.

Although the moratorium is temporary, there is no telling how it may or may not affect the rental market in Ames.

Betcher said she did not think the moratorium would have a “tremendous impact” on students. “A lot of people have already signed leases for the entire year,” Betcher cited the same reason for thinking it will not have a large effect on landlords either.

“I think anybody who says that homeowners’ priorities should take precedence is wrong, and anybody who says that students’ needs should take precedence is wrong,” Betcher said.

Although the moratorium is temporary, there is no telling how it may affect the rental market in Ames.

A balance.

This is what Ames City Councilwoman Gloria Betcher is searching for in considering the needs of both homeowners and students in the ongoing discussion of occupancy ordinances in Ames.

And with the passage of a six-month moratorium on new rental permits, the City Council hopes to find much needed answers in light of the changing occupancy ordinance.

The rationale for the moratorium is to “provide a temporary means to protect neighborhoods by preserving the current level of rental properties in the city,” according to city documents.

Mayor-elect John Haila said he feels the moratorium is “a good idea.”

“We need to catch our breath and not do something that we later have regret[s] or unintended consequences. It’s a good short-term pause,” Haila said. “It gives us a chance to catch our breath and have council go through and weigh all the options, it gives staff time.”

Haila said the moratorium is in place to protect property owners from buying properties without knowing how they can profit from them and how many tenants they can have.

The City Council’s search for answers has also generated many questions, namely how to balance the needs of several different groups.

A long-standing ordinance in Ames states that no rental property could have more than three unrelated people living within it is set to change on Jan. 1, 2018. The consensus among council members is that the moratorium allows the city time to decide how to address concerns with rental properties having an inappropriate number of tenants. However, the council intends to examine how to achieve more of a balance in neighborhoods between rentals and homeowners, as well.

What makes this quest for answers even more complex is the variation in needs among the groups set to be affected. Students need affordable rent, landlords need to profit and homeowners need peace and quiet.

City Council stresses input on occupancy ordinance

BY K.RAMBO

dowastatedaily.com

Ames City Council considers slight changes in Lincoln Way Corridor implementation plan during their meeting.

A good short-term pause,” Haila said. “It gives us a chance to catch our breath and have council go through and weigh all the options, it gives staff time.”

Mayor-elect John Haila said he feels the moratorium is "a good idea."

“We need to catch our breath and not do something that we later have regret[s] or unintended consequences. It’s a good short-term pause,” Haila said. “It gives us a chance to catch our breath and have council go through and weigh all the options, it gives staff time.”

Haila said the moratorium is in place to protect property owners from buying properties without knowing how they can profit from them and how many tenants they can have.

The City Council’s search for answers has also generated many questions, namely how to balance the needs of several different groups.

A long-standing ordinance in Ames states that no rental property could have more than three unrelated people living within it is set to change on Jan. 1, 2018. The consensus among council members is that the
POLICE BLOTTER
11.8.17

Micahella Lynn Lighty, age 22, of 704 Bergamot Ln - Solon, IA, was arrested and charged with operating while intoxicated and failure to obey traffic control device at Lincoln Way and Beach Ave (reported at 2:43 a.m.).

Jingxuan Sun, age 28, of 510 Billy Sunday Rd Unit 106 - Ames, IA, was cited for driving under suspension at Lincoln Way and Mallory Rd (reported at 8:43 p.m.).

An officer initiated a drug related investigation at Armory Hall (Ames, IA), was cited for driving under suspension at Lincoln Mall - Lincoln, NE.

CORRECTIONS

STUDENT GOVERNMENT DISCUSSES CAMPUS CLIMATE

At the town hall meeting on Thursday, Vice President of the Student Government Cody Smith (center), spoke on gathering student input on the campus climate that can then be relayed up to school representatives. The panel also discussed making Iowa State more affordable, including more private and state support.

IOWA STATE DAILY BUSINESS DIRECTORY

Jackson Cleaning Service
Call us at 221-3649

Residential Cleaning
Commercial Cleaning
Carpet Cleaning
Rental: Government & Businesses

Davina Lourie, Owner
4 AM radio abbr.

Ashley Hannen
Co-Copy Chief

Emily Clement
Copy Editor

Tristan Wade
Diversity

Diversity

Megan Salo
Editorial Assistant

Megan Salo
Special Sections, Engagement

Brian Motes
Sports Editor

Parkersburg

Dave Hartley
Industry Editor

Pamela Sells
Opinion Editor

Mikaela Lynn Lighty, 11.8.17

IOWA STATE DAILY

The Iowa State Daily is an independent student newspaper established in 1890 and written, edited, and sold by students.

STUDENT GOVERNMENT DISCUSSES CAMPUS CLIMATE

The Iowa State Daily welcomes comments on changes to: corrections@iowastatedaily.com

IOWA STATE DAILY

Friday, November 10, 2017

FOR RELEASE APRIL 12, 2014

Edward Cullin

Jessica Barlow

Emily Blocker

Managing Editor

Emily Blocker

Managing Editor

Emily Clement

Copy Editor

Hannah Curry

Editor

Ashley Harson

Copy Editor

Megan Clute

Copy Editor

Dave Hartley

Industry Editor

Pamela Sells

Opinion Editor

Publication: The Iowa State Daily is published Monday through Friday during the non-vacation semester, weekly during the summer, and biweekly during the summer break and for the first week.

Editorial Board:

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)

FMAC is a 501(c)(3) charitable organization.

The opinions expressed in articles belong to the Iowa State Daily.

The Daily is published by the Iowa State University Student Government Association (SAGA)
GAME INFO

WHEN: Nov. 11 | 11 a.m.
WHERE: Jack Trice Stadium
WATCH: ABC/ESPN2
LISTEN: Cyclone Radio Network/Leaffield

STADIUM INFO:
• All gates will open 90 minutes before kickoff.
• Student must enter through the East Gate.
• Re-entry to the stadium will be allowed up until the start of the 4th quarter. Tickets must be scanned upon exit and re-entry.

IOWA STATE CYCLONES
(6-3, 4-2 Big 12)

OPPONENT INFO
Oklahoma State Cowboys
(7-2, 4-2 Big 12)

LOCATIONS: Stillwater, Oklahoma
CONFERENCE: Big 12
HEAD COACH: Mike Gundy | 111-52 in his 13th season at Oklahoma State

QUICK HITS:
• Oklahoma State's quarterback Mason Rudolph leads the Big 12 Conference in passing yards with 3,314 yards.
• Rudolph has compiled 3,413 passing yards through nine games.

By Jack Macdonald
@iowastatedaily.com

As No. 24 Iowa State prepares to welcome Oklahoma State to Jack Trice Stadium on Saturday, it’s not just a game that the Cyclones need to win to keep their Big 12 Championship hopes alive; it’s a game that will witness 19 seniors stepping onto the grass at Jack Trice for the last time ever.

Through the ups and downs of their careers, these seniors have experienced it all. The losing seasons, the coaching carousel, the winning seasons and a stretch this October when they defeated then-No. 3 Oklahoma and then-No. 4 TCU in a span of four weeks.

“I believe we’ve laid the foundation,” said senior wide receiver Trever Ryen. “When [Matt Campbell] first got here it was tough and we get the first taste of that and the [19] seniors that are still around, we’ve survived that part when they first came in.”

And for two seniors, it’s an end of an era that started well before Joel Lanning arrived in Ames. Even though that was years before Lanning arrived in Ames ahead of Lazard, it gave an insight to, according to Lazard, the word that describes this senior class — grit.

“I have a tremendous amount of respect for this group of seniors,” said offensive coordinator Tom Manning. “What they’ve been able to do and how they’ve bought into really deciding to make a change and just the way they’ve led and been really constant and steady through really the end of last season and until now and really kind of take the bulls by the horn.”

Although Iowa State fans have consistently been graced by that grit, they will truly need that grit from its Cyclones this Saturday. “I think you gotta put yours guys you count on on on [Washington],” Heacock said. “I think you gotta put yours guys you count on on on [Washington].”

Iowa Statelinebacker Joel Lanning looks for an opening during the Cyclones’ 45-0 win over Kansas on Oct. 14, 2017.
AROUND THE BIG 12

NO. 12 OKLAHOMA STATE @ NO. 24 IOWA STATE
WHEN: 11 a.m. Saturday
WHERE: Jack Trice Stadium | Ames, Iowa
WATCH: ABC/ESPN2

TEXAS TECH @ BAYLOR
WHEN: 11 a.m. Saturday
WHERE: AT&T Stadium, Arlington, Texas
WATCH: ESPN 3

NO. 23 WEST VIRGINIA @ KANSAS STATE
WHEN: 2:30 p.m. Saturday
WHERE: Bill Snyder Family Stadium | Manhattan, Kansas
WATCH: ABC

KANSAS @ TEXAS
WHEN: 5 p.m. Saturday
WHERE: Royal Texas Memorial Stadium
Austin, Texas
WATCH: Longhorns Network

NO. 8 TCU @ NO. 5 OKLAHOMA
WHEN: 7 p.m. Saturday
WHERE: Memorial Stadium | Norman, Oklahoma
WATCH: FOX

*All of the rankings are based off the AP Top 25 poll.
BAD

My sterling streak of selection success had to come to an end somehow. A team not exactly known for their incredible defense (sorry, Mountaineers), completely shut the Cyclones down for 30 minutes and built a 20-3 lead that was enough to hang on for a 20-16 win.

This week, another top-25 showdown will take place. Oklahoma State comes to Ames after losing 62-52 (7 to Oklahoma. The Cowboys are going to come in with a chip on their shoulder and their hopes of making the pointless and bad Big 12 Championship Game are slim.

However, the Cyclones still have a chance to reach the conference championship game. That opens the door for Oklahoma State to play the spoiler, reversing the results from a certain famous 2011 matchup.

The Cowboys will be led by “robo-quarterback” Mason Rudolph. The senior has 27 touchdowns on the season and, in my opinion, the second-best quarterback in the Big 12 (Marcus Mayfield takes the cake). Iowa State’s secondary has to come up big.

As for the Cyclones’ offense, well, there’s work to be done. Two straight games under 20 points and an inability to finish drives is a concerning trend that certainly can’t continue if they want to win games.

Luckily, this Okie State defense may be the perfect foil for the Cyclones to bounce back. The Cowboys’ secondary parted like the Red Sea for Mayfield’s Sooners, and with the receivers Kyle Kempt has at his disposal. He has guys like James Washington, Marcus Atman, and Jalen McCleskey to throw to. And by the way, Atman and McCleskey would easily be a No. 1 receiver at a different university.

Although the Cowboys have a deadly offense, their defense is no joke worthy. Last Saturday against the Oklahoma Sooners, Oklahoma State lost 62-52 in the Bedlam game. However, not having a defense won’t matter for the Cowboys because the Cyclones defense has been regressing as of late.

Iowa State hero, Kyle Kempt, has seen his production at quarterback progressively worn and running back David Montgomery has gotten fewer and fewer attempts. So, no defense, no problems for Oklahoma State.

The Cyclones are going to come in with a chip on their shoulder as they try to salvage their Big 12 Championship hopes.

BRIAN MOZEY
Sports Editor (5-4)

Iowa State vs. Oklahoma State

Oklahoma State 45, Iowa State 35

This is one of the biggest games for Iowa State this season. This game will determine the Cyclones’ chances of playing in the Big 12 Championship title game. Oklahoma State has been on a roll and has an elite quarterback with Mason Rudolph. I think it’ll be Rudolph’s day on Saturday. It’ll be a high scoring day, but I think Rudolph will break through and earn the win for the Cowboys.

This Saturday day will be a special day with senior day and the last home game for the Cyclones. It’ll be a close game all four quarters, but Oklahoma State will be too much for Iowa State this Saturday and Iowa State will drop to 4-4 overall and 3-3 in the Big 12.

Lauren Ruhlmyer, Iowa State Daily

Oklahoma State 45, Iowa State 35

The Pick

Oklahoma State 28, Iowa State 27

I’m gonna start by patting myself on the back. Last week, I picked West Virginia to win by four. Guess what? West Virginia won by four! I’m not saying I can see the future — clearly my record suggests I can’t — but sometimes I luck into decent picks.

That’s what’s going to happen this week, too. I think Oklahoma State’s offense is too much for the Cyclones to handle. The Cowboys have either the best or second-best offense on the Cyclones’ schedule, and Iowa State’s defense showed holes against in last week’s game.

Oklahoma State is going to hit some big plays, and I don’t think Iowa State’s offense can keep up.

AARON MARNER
Sports Editor (4-5)

Iowa State 24, Oklahoma State 17

I know last weekend was a disappointing loss for Iowa State, but we can’t forget how dominant they were in the weeks prior to the West Virginia game. And the defense was still dominant in that loss. It’s the offense that needs to find its groove.

If both the offense and defense can get into a rhythm before halftime, maybe, just maybe there is another upset looming in the friendly confines of Jack Trice Stadium. Despite the loss, the defense continued to shine and held the No. 7 scoring offense in the nation to only 20 points, roughly 20 points below their average of 45.2.

The real kicker for the Cyclones is that it is senior day for the Cyclones. If that doesn’t motivate the 22 seniors to leave it all on the field, then I don’t know what would.

JACK MACDONALD
Sports Editor (4-5)

Iowa State 24, Oklahoma State 21

I know last week’s loss was a tough one, but I truly think the players got into their heads a little bit. I mean, who wouldn’t when you’re ranked No. 14 after years of not being ranked at all? I think even the fans got a little too ahead of themselves and expected a lot more from the team last weekend.

Now, I am absolutely not taking away from what they have done this season, and that is why I havethem winning against Oklahoma State. Everyone can run into a little bump in the road, but I think they are over that now and can fight their way back up.

I think their dominance from the games before West Virginia will shine through and they’ll have their No. 14 (or something close) team back.

EMILY CLEMENT
Digital Editor

Friday, November 10, 2017 Iowa State Daily

SPORTS
Growing up in a military family

Matthew Eaton Jr. has always had a close family bond, even with his father in the military.

One point. One prayer.

It takes those two items for redshirt junior wide receiver Matthew Eaton Jr. to show his bond with his mother and father.

When Eaton Jr. runs out with the Iowa State football team each Saturday, he’ll find his parents somewhere in the first couple of rows behind the Cyclones’ bench.

Eaton Jr. meets his parents before every game and they put their hands on his helmet or shoulder pads and pray. They pray to make sure everything goes well and they give the recognition to God.

During the game, most Cyclone fans hear Eaton Jr.’s parents because they’re one of the loudest in the.section. They’re even louder when their son scores a touchdown.

After each touchdown, Eaton Jr. finds his parents in the crowd and points to them to show his appreciation for helping him reach this point in his life.

“I’m really close with my family,” Eaton Jr. said. “We might not see each other all the time, but we’re always there for each other no matter what.”

Eaton Jr. is enjoying the little things in life such as his father being able to watch his football games and enjoying the time together that was nothing but a distant past until Eaton Jr. was 13 years old.

Eaton Jr. was born in Norfolk, Virginia, and was the youngest of seven, but that’s not where he and his siblings would be raised. Eaton Jr.’s father, Matthew Eaton Sr., spent his time as a member of the Navy, which meant the family would move from time to time.

“Matthew [Eaton Jr.] knew what he wanted out to sea every time,” Eaton Jr. said. “I knew he was serving his country, but he also was sad to not see him during the early part of his life.”

“Everything stayed normal regarding schools and keeping the same friends throughout his childhood. It was hard for Eaton Jr. to see his father for many months at a time. He knew his father was serving his country, but he also was sad to not see him during the early part of his life.”

During the first part of his career with the Navy, Eaton Jr. was on sea duty, which meant he could be deployed for several months to go fight and his timeable was unknown to his family. Eaton Jr.’s family moved around the state of Virginia a few times when Eaton Jr. was younger, but they weren’t huge moves.

Eaton Jr. had a hard time leaving his family as well.

“It always crushed my heart when I had to head out and I wasn’t sure when I would be back,” Eaton Jr. said. “I would always cry and I knew how hard that was for me and a husband as a father.”

Eaton Jr. did have an experience of a lifetime traveling around the world. He went to countries like Italy, Greece, France and so many others. He had the opportunity to learn the cultures and grow a better understanding of the world he lives in.

Eaton Jr. reached middle school, Eaton Sr. received an opportunity that he couldn’t pass up.

He had an opportunity to reconnect with his children once again. The only drawback to this opportunity was that he would need to live in Guam.

That’s right, Guam. The little island surrounded by the Pacific Ocean and located 1,500 miles from the Philippines. Eaton Jr. was going to have his whole life change at the age of 13.

“I hated the idea of going to Guam,” Eaton Jr. said. “I was going to leave my friends and a school I was familiar with to go to a whole new territory. It was one of the hardest things I had to do in my life.”

Once Eaton Jr. reached Guam, it changed his entire life in a positive way. He was able to learn the culture and understand the ups and downs of living in a foreign country. He had the opportunity to try new foods from the island and start forming new friendships with the people on the military base.

Most importantly, he was able to spend more time with his father.

“When I went to Guam, I was put on shore duty,” Eaton Sr. said. “That means I worked a 9-5 job and I was able to come home and see my family each and every night. I looked forward to the end of the day because that meant I got to see my kids and wife.”

During that time in Guam, Eaton Jr. started to realize that his son could potentially play for a college football team.

The Eaton family spent three years in Guam before returning to the U.S., which in Eaton Jr.’s mind was even harder than going over to Guam.

“We knew we were only going to be there for three years,” Eaton Jr. said. “But the island of Guam grows on you as an individual and you don’t want to leave. I loved my experience in Guam.”

So, from the clear waters and sandy beaches of Guam, Eaton Sr. and his family traveled to Pascagoula, Mississippi. The city was right next to the Gulf of Mexico, but before they even reached the States, Eaton Jr. knew what his football future looked like.

Once Eaton Jr. knew which high school he was going to in Mississippi, he contacted a few of the football players from the team to have a better understanding of what to expect and what positions needed to be filled.

Those players talked to their coach and reviewed Eaton Jr.’s YouTube videos of his football highlights. Before they left Guam, Eaton Sr. said he received a call from the coach explaining how bad he wanted Eaton Jr. for his team.

“Matthew [Eaton Jr.] knew what he wanted to do before we understood anything,” Eaton Sr. said. “He did his research and began to work hard, so he would be a dominant football player.”

Before the move to Mississippi, Eaton Jr. worked out every day to stay in the best shape he could. He would do exercises in the 100-degree heat and would be dripping in sweat when he came into the house.

Eaton Sr. was confused by the number of workouts, but Eaton Jr. explained it to him. He said he wanted to run faster than everyone he played in the States and he wanted to be more physical too.

The only way to get that level is by working out and staying in shape.

Eaton Sr. was proud of the steps his son took and encouraged him each day to work harder than the day before. Their bond continued to grow.

Once Eaton Jr. went to Pascagoula High School, he only had his junior and senior years to showcase his talent.

During those two seasons, he always had two support in the stands each game: his father and his mother.

Eaton Sr. was still on shore duty, so he had the time to come cheer on his son at every football game. He enjoyed seeing his son grow as a person and as a football player.

Once Eaton Jr. went to Temple to play his first two seasons of college football, Eaton Sr. and his wife moved to San Diego, California, to finish out his shore duty responsibilities.

“I would come back home a couple times when they moved to California, but most of the time I was busy with football,” Eaton Jr. said. “I...”
BAREFOOT CAMPUS OUTFITTER

25%. off your entire purchase in-store

NOW-SATURDAY // INCLUDES SALE ITEMS

+ ITEMS UP TO 75%. OFF

2306 LINCOLN WAY // 512.203.8752
On Veterans Day we are reminded that freedom isn’t free. The cost of our democracy — rights like the First Amendment, the right to vote, freedom of information and the right to a fair trial — comes at the hands of those risking their lives for us.

Thank you to the millions of veterans who have served and are serving our country. The United States Veterans Affairs estimates there are currently 20 million U.S. veterans.

To those who are currently deployed, our thoughts are with you and we hope you will return home safely. It takes a selfless person to give up a comfortable lifestyle, be away from family, stand ready to protect us at any time and give everything for our country.

Aside from working to protect us overseas, veterans aid in efforts at home. After several recent national disasters, the military has come to the aid of American communities and citizens. Furthermore, the armed forces help with security measures at home as well.

Whether or not you agree on policy surrounding the military, understanding the cost of freedom is important. It is because of that freedom that we can debate, change or uphold policy that we agree or disagree with.

Here at Iowa State, the Memorial Union is rooted in honoring veterans and fallen service people. It serves as a prolific symbol. When walking in the main entrance, you must walk through the Gold Star Hall, symbolizing the greatest sacrifice for our freedom. After walking past this entrance, you enter a building that’s a public space for exercising your freedom: places where you can participate in local government, speak freely and express ideas, celebrate your culture, send mail, practice capitalism, attend entertainment events, spend time with friends and most importantly, choose whether we want to do any of these things.

Whether or not you agree on policy surrounding the military, understanding the cost of freedom is important. It is because of that freedom that we can debate, change or uphold policy that we agree or disagree with.

Here at Iowa State, the Memorial Union is rooted in honoring veterans and fallen service people. It serves as a prolific symbol. When walking in the main entrance, you must walk through the Gold Star Hall, symbolizing the greatest sacrifice for our freedom. After walking past this entrance, you enter a building that’s a public space for exercising your freedom: places where you can participate in local government, speak freely and express ideas, celebrate your culture, send mail, practice capitalism, attend entertainment events, spend time with friends and most importantly, choose whether we want to do any of these things.

The least we can do as Iowa State community members using this space is show our reverence in the Gold Star Hall. This means removing your hat when you walk through. It means taking a moment to remember those we’ve lost and what their sacrifice means to us. It means looking at the names honored and realizing they left behind family, friends and their communities for us.

Beyond the Gold Star Hall, the Memorial Union is also home to the Veterans Center. The Veterans Center has a mission "to strengthen the lives of Veterans, military personnel, their families and our community." Through assisting with classes, providing veterans with help in attaining campus resources, dinners, fundraising and more, the Veterans Center helps better the experience of veterans at Iowa State.

This year, Iowa State honored four servicemen in the annual Gold Star Hall ceremony. Let’s honor them by remembering their service throughout the year and not just on Veterans Day or Memorial Day. Let’s honor them by taking a closer look at veterans in poverty and veterans who are homeless.

On Veterans Day and all days, let’s all take a moment to honor our veterans, whether that’s through our words, donations of time or money or simply appreciating the ultimate sacrifice they make for us.

Feedback policy:
The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s).

Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.
Extravaganza to showcase ISU bands

The ISU Band Extravaganza will showcase the talents of the Cyclone Marching Band, ISU Wind Ensemble and ISU Jazz band at 7:30 p.m. Friday in Stephens Auditorium.

Michael Golemo, professor of music, conducts the ISU Wind Ensemble and has a part in overseeing the other bands within the band program at Iowa State.

"The ISU Band Extravaganza really displays the outstanding musicianship of students that are at Iowa State," Golemo said. "The student level of talent here is off the charts. It's really a lot of very talented students musically and students that are very passionate about making music and very dedicated to the program here."

Golemo says they will provide an entertaining show for the audience, as the event nearly fills the 2,600-plus capacity of Stephens Auditorium every year.

"It’s a fast-paced show; it’s family-friendly; it’s loud; it’s exciting; it’s entertaining; it’s humorous at times and it’s just a lot of fun," Golemo said.

The ISU Wind Ensemble and ISU Jazz Band will both perform for about 20 minutes each, followed by the Cyclone Marching Band, who will close out the Band Extravaganza with a 45-minute performance.

The Cyclone Marching Band and color guard will perform in their cardinal and gold uniforms, while the ISU Wind Ensemble and ISU Jazz I will wear their formal attire.

"It is a very visual presentation," Golemo said. "It’s a fun concert to watch."

The 25-member ISU Jazz I will perform a variety of jazz pieces in swing, Latin, rock and traditional big band genres.

The ISU Wind Ensemble is comprised of 60 students who play woodwind, brass and percussion instruments. They will perform four pieces, and two selections will be performed with the accompaniment of vocalist Simon Estes. "[Estes] doesn’t normally perform at this event, so that’s going to be a real bonus this year," Golemo said. "He’s terrific. That will be a real highlight."

The Band Extravaganza will be the only indoor performance the Cyclone Marching Band plays all year.

It will look different from their typical football halftime shows because there will be no room on stage for the 350-member band to march.

But they will play selections from all the music they’ve performed during their halftime shows.

Among their performances this season, they played a magic-themed show which included music from the “Harry Potter” films. They had a “Throwback Thursday” themed show which included the “Friends” theme song, Celine Dion’s “My Heart Will Go On” and Nirvana’s “Smells Like Teen Spirit.”

Elena Foster, a senior in elementary education, serves as one of three drum majors in the marching band. As drum major, she stands on a ladder and conducts the marching band during their performances.

"There’s so much overlap between the bands. I know of people that are in all three [bands],” Foster said. “I’ve always just done marching band because that’s already so much of a time commitment, but our students are really dedicated to what they do."

Foster said that even though it requires a lot of time and hard work to be a part of these bands, she has never heard anyone complain about the work required.

"It’s such a privilege and an opportunity and an honor to be in all these ensembles and have the opportunity to share music and what we do with people that also want to listen to something that we love," Foster said.

"If you like the Cyclones, if you like the marching band, then check it out," Golemo said. "It’s really a fun concert, and it’s a celebration of Cyclone spirit."

Tickets for the ISU Band Extravaganza are $10 for adults, $5 for students and are available through Ticketmaster and the Stephens Auditorium box office.
Iowa State Daily
Friday, November 10, 2017

**FESTUS**

In the 2015-16 NJCAA Indoor Track and Field Championships, Lagat placed first in the 1000-meter race, and at the 2016 NJCAA Outdoor Track and Field Championships, Lagat finished first in the 800-meters and the 1500-meters.

In the summer of 2015, Iowa State men’s cross country assistant coach Jeremy Sudbury spent ten days in Kenya attending training camps in Nairobi and Eldoret.

“Yes, the same Eldoret that was Lagat’s hometown. That’s where Sudbury met Lagat for the first time. He said ‘I’ve known him for about three years,’ Sudbury said. ‘He went to Gillette for two years, then got recruited by Iowa State. He’s extremely hard working.’

His second year at Gillette, Lagat took 18 credit hours in the fall and 24 in the spring in order to graduate on time and meet eligibility requirements and transfer to Iowa State in August 2015.

“I want to remain focused and pass class and thank the school for the scholarship they gave me,” Lagat said.

But the biggest change for Lagat from Kenya to the U.S. has been the training style.

“In Kenya you just wake up and run,” Lagat said. “Here there’s modernized rules and a training program. In Kenya, you just run.

And of course, Lagat also noted that the weather in Wyoming was similar to that of Iowa, so he felt a little more prepared for the notorious cold weather that’s fast approaching.

After finishing his criminal justice degree, he hopes to continue running and shift to a professional racing career.

“It’s up to each one of us to do our best and make the school proud,” Lagat said.

When asked about these two Kenyan peas in a pod, Sudbury noted first and foremost, their hard work and resiliency.

“Langat described being part of the Iowa State cross country team as truly a team experience. He said the main focus is just that, and it feels like all the guys have your back. He went on to say that it’s a very good team and they’re going to ‘attack the Big 12.’

“I’m really grateful. I’m thankful to the coach and the school. I’m very thankful to the school for everything,” Lagat said. “I’m in good health and I call my parents and know they’re good as well.”

Langat, a kinesiology and health major, wants to finish his degree and is entertaining the idea of coaching in the future when his own running career is done. Of course, Langat hopes that day won’t come for some time yet.

“God-willing, I’m going to continue running,” Langat said with a smile.

“Langat said with a smile.

**STANLEY**

With All-Big, South, Big South Freshman of the Year and All-Big South honors.

Ironically enough, Lagat didn’t even have a cross country coach.

“Men’s cross country didn’t have a coach,” Langat said. “They kind of shared coaches with the women. We got a coach in outdoor track.”

Coach Tim Sykes came on to coach the outdoor season, and Langat said they had worked well together.

Following that first track season, Langat had the opportunity to transfer schools, and figured out that he could go to school closer to Des Moines, Iowa, where a relative of his lived.

Iowa State offered just that and more, especially on the competition side.

“Being in the Big South Conference, I would compare it with conferences like the Big 12,” Langat said. “The Big 12 is a very high competitive level. I said one day, God-willing, I would go to a Big 12 school and compete.”

And here he is.

Langat described being part of the Iowa State cross country team as truly a team experience. He said the main focus is just that, and it feels like all the guys have your back. He went on to say that it’s a very good team and they’re going to ‘attack the Big 12.’

“I’m really grateful. I’m thankful to the coach and the school. I’m very thankful to the school for everything,” Langat said. “I’m in good health and I call my parents and know they’re good as well.”

Langat, a kinesiology and health major, wants to finish his degree and is entertaining the idea of coaching in the future when his own running career is done. Of course, Langat hopes that day won’t come for some time yet.

“God-willing, I’m going to continue running,” Langat said with a smile.

When asked about these two Kenyan peas in a pod, Sudbury noted first and foremost, their hard work and resiliency.

“Both are incredible athletes,” Sudbury said. “They’re veterans. They’ve been in college so they’re not total freshmen [to the sport]. They bring energy and serious focus.

As the two picked up their bags and stood from the bench in Lied, Sudbury came around to discuss practice. Both listened attentively, posing an occasional question or interest about the plan for the day.

Then they headed to the locker room side by side for an afternoon of doing what they do best — running.

**HOUSING**

Councilman Tim Gartin, who represents the Second Ward, feels that the moratorium is a very good example of how city government has to balance the needs of various groups.

While Gartin supports the moratorium, he felt it necessary to acknowledge how temporarily it is.

“The moratorium is just a pause button and does not accomplish much long-term,” Gartin said. “It gives the opportunity to formulate long-term solutions.”

Gartin added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formulate long-term solutions.”

Orazem added he was grateful for the hard work and time many citizens put in over the multiple hearings on the moratorium. He stressed the importance of community input in conjunction with heavy lifting from city staff helping the council to arrive at what he feels is a satisfactory result.

Councilman Peter Orazem, who represents the Third Ward, expressed skepticism at how effective the outgoing ordinance was in the first place, but said the moratorium was necessary to limit the uncertainty of those affected by the ordinance.

“Our responsibility as City Council is to formul