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Review: Assessment of completeness of reporting in intervention studies using livestock: an example from pain mitigation interventions in neonatal piglets

Annette M. O'Connor
Iowa State University, oconnor@iastate.edu

R. Anthony
University of Alaska Anchorage

L. Bergamasco
Virginia Tech

Johann F. Coetzee
Follow this and additional works at: http://lib.dr.iastate.edu/vdpam_pubs
Iowa State University, hcoetzee@iastate.edu

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Iowa State University

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Abstract

Accurate and complete reporting of study methods, results and interpretation are essential components for any scientific process, allowing end-users to evaluate the internal and external validity of a study. When animals are used in research, excellence in reporting is expected as a matter of continued ethical acceptability of animal use in the sciences. Our primary objective was to assess completeness of reporting for a series of studies relevant to mitigation of pain in neonatal piglets undergoing routine management procedures. Our second objective was to illustrate how authors can report the items in the Reporting guidelines For randomized controlled trials for livestock and food safety (REFLECT) statement using examples from the animal welfare science literature. A total of 52 studies from 40 articles were evaluated using a modified REFLECT statement. No single study reported all REFLECT checklist items. Seven studies reported specific objectives with testable hypotheses. Six studies identified primary or secondary outcomes. Randomization and blinding were considered to be partially reported in 21 and 18 studies, respectively. No studies reported the rationale for sample sizes. Several studies failed to report key design features such as units for measurement, means, standard deviations, standard errors for continuous outcomes or comparative characteristics for categorical outcomes expressed as either rates or proportions. In the discipline of animal welfare science, authors, reviewers and editors are encouraged to use available reporting guidelines to ensure that scientific methods and results are adequately described and free of misrepresentations and inaccuracies. Complete and accurate reporting increases the ability to apply the results of studies to the decision-making process and prevent wastage of financial and animal resources.

Disciplines

Animal Sciences | Comparative and Laboratory Animal Medicine | Large or Food Animal and Equine Medicine | Small or Companion Animal Medicine

Comments

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Authors

Annette M. O'Connor, R. Anthony, L. Bergamasco, Johann F. Coetzee, R. S. Dzikamunhenga, Anna K. Butters-Johnson, L. A. Karriker, J. N. Marchant-Forde, G. P. Martineau, Suzanne T. Millman, E. A. Pajor, K. Rutherford, M. Sprague, M. A. Sutherland, E. von Borell, and S. R. Webb

Review: Assessment of completeness of reporting in intervention studies using livestock: an example from pain mitigation interventions in neonatal piglets

A. O'Connor^{1†}, R. Anthony², L. Bergamasco³, J. F. Coetzee¹, R. S. Dzikamunhenga¹, A. K. Johnson⁴, L. A. Karriker¹⁰, J. N. Marchant-Forde⁵, G. P. Martineau⁶, S. T. Millman^{1,7}, E. A. Pajor¹³, K. Rutherford⁸, M. Sprague¹⁰, M. A. Sutherland⁹, E. von Borell¹¹ and S. R. Webb¹²

¹Department of Veterinary Diagnostic and Production Animal Medicine, College of Veterinary Medicine, Iowa State University, Ames, 50011 IA, USA; ²Department of Philosophy, University of Alaska Anchorage, Anchorage, 99508 AK, USA; ³Department of Animal and Poultry Sciences, College of Agriculture and Life Science, Virginia Tech, Blacksburg, VA 24060, USA; ⁴Department of Animal Science, College of Agriculture and Life Sciences, Iowa State University, Ames, 50011 IA, USA; ⁵USDA-ARS, Livestock Behavior Research Unit, West Lafayette, 47907 IN, USA; ⁶Department of Animal Production, National Veterinary School, Swine Clinic, 31076 Toulouse, France; ⁷Department of Biomedical Science, College of Veterinary Medicine, Iowa State University, Ames, 50011 IA, USA; ⁸Scotland's Rural College (SRUC), EH9 3JG Edinburgh, United Kingdom; ⁹AgResearch Ltd, Ruakura Research Centre, 3240 Hamilton, New Zealand; ¹⁰American Association of Swine Veterinarians (AASV), Perry, 50220 IA, USA; ¹¹Department of Animal Husbandry and Ecology, Institute of Agricultural and Nutritional Sciences, Martin Luther-University Halle-Wittenberg, 06108 Halle (Saale), Germany; ¹²National Pork Board, Des Moines, 50325 IA, USA; ¹³Department of Production Animal Health, Faculty of Veterinary Medicine, University of Calgary, AB T2N 1N4 Calgary, Canada

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Accurate and complete reporting of study methods, results and interpretation are essential components for any scientific process, allowing end-users to evaluate the internal and external validity of a study. When animals are used in research, excellence in reporting is expected as a matter of continued ethical acceptability of animal use in the sciences. Our primary objective was to assess completeness of reporting for a series of studies relevant to mitigation of pain in neonatal piglets undergoing routine management procedures. Our second objective was to illustrate how authors can report the items in the Reporting guidelines For randomized controlled trials for livestock and food safety (REFLECT) statement using examples from the animal welfare science literature. A total of 52 studies from 40 articles were evaluated using a modified REFLECT statement. No single study reported all REFLECT checklist items. Seven studies reported specific objectives with testable hypotheses. Six studies identified primary or secondary outcomes. Randomization and blinding were considered to be partially reported in 21 and 18 studies, respectively. No studies reported the rationale for sample sizes. Several studies failed to report key design features such as units for measurement, means, standard deviations, standard errors for continuous outcomes or comparative characteristics for categorical outcomes expressed as either rates or proportions. In the discipline of animal welfare science, authors, reviewers and editors are encouraged to use available reporting guidelines to ensure that scientific methods and results are adequately described and free of misrepresentations and inaccuracies. Complete and accurate reporting increases the ability to apply the results of studies to the decision-making process and prevent wastage of financial and animal resources.

Keywords: animal welfare, data collection, piglets, pain, reviews

Implications

Authors have an ethical responsibility to report the study design and results in a manner that enables reproduction of results and assessment of bias. In this paper we discuss approaches for comprehensive reporting in animal welfare studies. Checklists such as the Reporting guidelines For randomized controlled trials for livestock and food safety statement provide guidance for reporting studies. Such

standards represent the current minimum for reported standards.

Introduction

Complete reporting of study conduct and results has always been an important part of the scientific process, however, in recent years there has been a renewed focus on the importance of complete and accurate reporting. Driving forces behind this focus include (1) an increased scrutiny of scientific findings, (2) the manner in which scientific information is

† E-mail: oconnor@iastate.edu

applied to the decision-making process and (3) concerns over wastage of animals and resources used in research endeavors (O'Connor *et al.*, 2010; Sargeant and O'Connor, 2013; Ioannidis *et al.*, 2014). The increased use of formal research synthesis techniques, such as risk assessment, systematic reviews and meta-analysis, in the decision-making process of public policy makers and for regulatory purposes also places greater importance on the incorporation of primary research into these methods. These explicit uses of research data have led to efforts that ensure accurate estimates of the magnitude of the effect and that potential for biases are incorporated into research synthesis techniques. If studies are incompletely reported, then the results may not be useable for secondary purposes, and the financial resources are wasted and the ethical value of the animals is unappreciated. In order to avoid waste of resources and to appropriately recognize the ethical value of animal research subjects, authors have an ethical obligation to provide as complete and as accurate a report as possible and editors and peer-reviewers have an obligation to ensure that the authors do so.

A common research question used for policy development is the assessment of interventions designed to mitigate an adverse outcome. Recently developed guidelines exist for identifying what a complete account of an intervention assessment study in animal studies represents (Kilkenny *et al.*, 2010; O'Connor *et al.*, 2010).

We are unaware of other studies that have assessed the completeness of reporting in studies focused on interventions for animal welfare outcomes. The primary objective was to assess completeness of reporting interventions designed to mitigate pain in neonatal piglets undergoing routine management procedures. Our second objective was to illustrate how authors can report the items recommended by a single/uniform reporting guideline framework using examples from existing animal welfare science literature (Dawkins, 2006). We sought to identify aspects of study design, analysis and results that were inadequately reported and provide examples so that education of animal welfare science researchers could be targeted to improve reporting in the future.

Material and Methods

Study population

This project used literature identified for a systematic review to identify research gaps and develop recommendations related to pain mitigation in the neonatal piglet undergoing castration, tail docking or ear notching (National Research Council (US) Committee on Recognition and Alleviation of Pain in Laboratory Animals, 2009; Dzikamunhenga *et al.*, 2014; O'Connor *et al.*, 2014). Details about the protocol, search, screening process to identify relevant studies and resulting review are available elsewhere (Dzikamunhenga *et al.*, 2014; O'Connor *et al.*, 2014). For the assessment of comprehensive reporting, we used the studies relevant to the original review. The unit of concern for reporting was a

study/trial. Two or more studies/trial were occasionally reported in a single article. An intervention study/trial must have at least two arms (treatment groups).

Reporting consistent with REFLECT (Reporting guidelines for randomized controlled trials for livestock and food safety) guidelines

The REFLECT statement is a reporting guideline for randomized controlled trials that assess interventions for food-producing animals such as swine and is therefore suitable for this topic area (<http://www.REFLECT-statement.org>) (O'Connor *et al.*, 2010; Sargeant *et al.*, 2010). The REFLECT statement comprises 22 checklist items (Table 1), of which we assessed the reporting of 17. The rationale for including these items in a publication is provided by Sargeant *et al.* (2010). The reporting of five REFLECT checklist items was not assessed (Table 1). We did not assess study flow (REFLECT checklist item 13) because we expected that studies relevant to the interventions were of such short duration that it was unlikely any loss-to-follow-up would occur, that is, few piglets would leave the study because the outcome could be assessed. We did not assess REFLECT checklist items 2 (Introduction and Background), 20 (Discussion and Interpretation), 21 (Generalizability) and 22 (Overall Evidence) because they are more prone to subjective assessment.

For REFLECT checklist item 3 (Methods and Participants), we extracted the country in which a study was conducted if it was explicitly reported in the article. Otherwise, the reviewer scored location as 'not reported' and the item was 'partially reported.' For REFLECT checklist item 5 (Objectives) to be considered 'completely reported,' the objectives had to be associated with a hypothesis that related to the outcomes. For REFLECT checklist item 6 (Outcomes), we considered for studies that assessed only one outcome that this was the primary outcome. Otherwise, we expected the authors to designate a primary outcome or this checklist item was considered 'incompletely reported.' We also added one item to assess if the studies reported random allocation to group. This was necessary because the REFLECT statement makes the *a priori* assumption that studies are randomized. Based on the assumption that the study is randomized, the REFLECT asks for information about the steps in the randomization approach for assessment of its validity. That is, sequence generation, allocation concealment and implementation. If a study does not randomize to group, then the steps of randomization will not be reported and listed as missing from the report.

We assessed the reporting of statistical analyses (REFLECT checklist item 12) using the guidelines by Lang and Altman (2014). We considered statistical analyses fully reported if *all* of the following were provided:

1. a full description of the main methods for analyzing the primary and/or secondary objectives of the study;
2. clear methodology used for each analysis, rather than just listing in one place all the statistical methods used;

Table 1 Checklist for REFLECT statement and the frequency of reporting of REFLECT checklist items

Location in paper	Item number	REFLECT checklist descriptor	Reported	Partially reported	Not reported
Title and abstract	1	How study units were allocated to interventions (i.e., 'random allocation,' 'randomized,' or 'randomly assigned' or 'weight matched')	5	0	47
Methods participants	3	Eligibility criteria for owner/managers and study units at each level of the organizational structure, and the settings and locations where the data were collected	0	10	42
Interventions	4a	Precise details of the interventions intended for each group, the level at which the intervention was allocated, and how and when interventions were actually administered	21	31	0
Objectives	5	Specific objectives and hypotheses	7	8	37
Outcomes	6	Clearly defined primary and secondary outcome measures and the levels at which they were measured and, when applicable, any methods used to enhance the quality of measurements (e.g., multiple observations, training of assessors)	6	5	41
Sample size	7	How sample size was determined and, when applicable, explanation of any interim analyses and stopping rules	0	0	52
Randomization – sequence generation	8	Method used to generate the random allocation sequence at the relevant level of the organizational structure, including details of any restrictions (e.g., blocking, stratification)	0	0	52
Randomization – allocation concealment	9	Method used to implement the random allocation sequence at the relevant level of the organizational structure (e.g., numbered containers or central telephone), clarifying whether the sequence was concealed until interventions were assigned	0	0	52
Randomization – implementation	10	Who generated the allocation sequence, who enrolled study units and who assigned study units to their groups at the relevant level of the organizational structure?	0	0	52
Blinding (masking)	11	Whether or not participants administering the interventions, caregivers and those assessing the outcomes were blinded to group assignment. If done, how the success of blinding was evaluated. Provide justification for not using blinding if it was not used	0	18	34
Statistical methods	12	Statistical methods used to compare groups for all outcome(s); clearly state the level of statistical analysis and methods used to account for the organizational structure, where applicable; methods for additional analyses, such as subgroup analyses and adjusted analyses	0	44	8
Results recruitment	14	Dates defining the periods of recruitment and follow-up	6	0	46
Baseline data	15	Baseline demographic and clinical characteristics of each group	0	5	47
Numbers analyzed	16	Number of study units (denominator) in each group included in each analysis and whether the analysis was by 'intention-to-treat.' State the results in absolute numbers when feasible (e.g., 10/20, not 50%)	1	7	44
Outcomes and estimation	17	For each primary and secondary outcome, a summary of results for each group, accounting for each relevant level of the organizational structure, and the estimated effect size and its precision (e.g., 95% confidence interval)	0	11	41
Ancillary analyses	18	Address multiplicity by reporting any other analyses performed, including subgroup analyses and adjusted analyses, indicating those pre-specified and those exploratory	0	0	52
Adverse events	19	All important adverse events or side effects in each intervention group	0	22	30

REFLECT = Reporting guidelines For randomized controlled trials for livestock and food safety.

The following were not assessed, Introduction (REFLECT item 2), Study flow (REFLECT item 13) Discussion (REFLECT item 20), Generalizability (REFLECT item 21) and Overall evidence (REFLECT item 22).

3. confirmation that data conformed to assumptions of the test used to analyze them. In particular, if the analyses specified that (1) skewed data were analyzed with non-parametric tests, (2) paired data were analyzed with paired tests and (3) the underlying relationship analyzed with linear regression models was linear;
4. whether and how any allowance or adjustments were made for multiple comparisons (performing multiple hypotheses tests on the same data) when the reported results suggested such adjustment was necessary. For example, when studies reported comparison of multiple time points or trials with 3 + trial arms in the results we expected a report of the approach to adjusting for such pairwise comparisons, that is, Tukey's, Bonferroni's, etc. If authors did not report the approach, but did report that adjustment was conducted, this was considered 'complete reporting';
5. for *t*-tests only, whether tests were one- or two-tailed and justification for the use of one-tailed tests;
6. description of the α level (e.g., 0.05) that defined statistical significance;
7. the name of the statistical package or program used in the analyses. In this situation we considered reporting complete even if only the program, rather than the package, was reported, that is, both SAS[®] and SAS[®] PROC MIXED were considered 'complete reporting.'

If at least one but not all of the above were reported, then we considered statistical analyses 'partially reported.'

The presence or absence of each REFLECT checklist item was independently evaluated by two reviewers. Disagreements were initially resolved by one of the reviewers. Where there was disagreement between reviewers about the presence of a checklist item, one reviewer would re-evaluate the article. If this approach did not resolve the conflict, then the item was discussed with a third reviewer. As with any assessment of comprehensive reporting, quality assessments were not made. For example, we did not assess if the method used to allocate piglets to treatment groups reduced bias, rather we assessed if the approach to allocation was reported.

Reporting of procedures, trial characteristics, study design features and summary measures

REFLECT checklist items are very general, and as some sources of heterogeneity are domain specific, we also determined if specific aspects of some checklist items were reported. We specifically assessed if the following were reported: type of production system (i.e., all in/all out or continuous flow or not reported), and facility types where the research was conducted (i.e., university-owned farm or laboratory/research facility or privately owned/commercial operation or not reported). We extracted specifics about the reporting of the interventions. We also evaluated reporting of descriptors of the study design: number of animals enrolled in the trial, and number of animals enrolled in trial arms. The inclusion in the report of statistical descriptions of the outcomes, including effect sizes and measures of precision were also evaluated.

Results

A total of 622 articles were identified by original search and of those, 52 studies from 40 articles met the eligibility criteria for the review and were eligible for assessment of the approach to reporting (Dzikamunhenga *et al.*, 2014; O'Connor *et al.*, 2014). All the studies were experimental and therefore should have been randomized trials; no relevant cohort studies were identified. The characteristics of the studies assessed are provided in Supplementary Table S1. A summary of the completeness of reporting of items from the REFLECT checklist is shown in Table 1. No single study reported all of the REFLECT checklist items evaluated in this analysis. None of the studies assessed, reported the selection criteria for farms or animals, the approach to allocation to group, the sample size rationale, complete description of statistical methods, baseline data by group for animals enrolled, complete description of the results, information about ancillary analyses or the occurrence of adverse events by group. Other checklist items were only reported by some of the studies (Table 1).

The reporting of the information that would enable end-users to understand the relevance of the study population to a target population was poor. Often, eligibility criteria for the farms and animals used were missing. The frequency of reporting country of conduct and study setting is shown in Supplementary Table S1.

Specific intervention information (REFLECT checklist item 4) was reasonably well reported; all studies provided at least some information about the interventions assessed. Supplementary Table S2 provides reporting examples for the studies that assessed non-steroidal anti-inflammatory drug interventions. In the interest of space the other interventions are not included. In Table 2 we provide a simple summary of basic outcome measures: means (or proportions) and measures of precision and trial arm sample size; frequently this information was not reported. In Table 3, Table 4 and Supplementary Table S2 we provide examples where the REFLECT items were well reported from the studies included in the review. In a few situations, no examples could be found in the 52 studies and examples were drawn from other animal studies. Table 3 focuses on the description of the methods and materials, while Table 4 focuses on presentation of the results. The material in the Supplementary Table S3 relates to the introduction and discussion in a manuscript. The three tables should be used together when preparing a manuscript.

Reporting of REFLECT items that relate to objectives and hypotheses

In the remaining part of the manuscript, we discuss the rationale for a select few REFLECT checklist items so authors are aware of how the information is used by readers; however, a full explanation of the rationale for each REFLECT item is available in Sargeant *et al.* (2010).

Although the objective of the study and sometimes a secondary objective were often provided, very few studies

Table 2 Reporting means and measures of precision, and arm sample size in studies evaluated for complete reporting

Outcome assessed*	Number of relevant study arms	Arms for which data was extracted from figures	Arms with missing summary features	Description of missing summary measures
Intervention: general anesthesia (CO ₂ /O ₂)				
Cortisol 0 to 60 min	8	4	3	2 means, 3 SDs
Cortisol 1 to 24 h	6	2	3	2 means, 3 SDs
β -endorphins 0 to 60 min	9	2	2	2 means, 2 SDs
β -endorphins 1 to 24 h	3	1	2	2 means, 2 SDs, 2 arm sample size
Norepinephrine 0 to 60 min	2	1	1	Arm sample size
Pain-like behaviors 0 to 60 min	8	4	2	1 mean and 2 SDs
Intervention: local anesthesia (lidocaine)				
Cortisol 0 to 60 min	8	7	7	6 SDs and 1 arm sample size
Cortisol 1 to 24 h	6	6	6	6 SDs and 3 arm sample size
Norepinephrine 0 to 60 min	1	0	1	1 mean, 1 SD and 1 arm sample size
Frequency 0 to 60 min ²	4	0	3	3 SDs and 1 arm sample size
Energy 0 to 60 min ²	4	2	2	1 SD and 2 arm sample size
Rate 0 to 60 min ²	8	0	7	7 SDs and 3 arm sample size
Pain-like behaviors 0 to 60 min	3	0	2	1 mean, 2 SDs and 2 arm sample size
Pain-like behaviors 1 to 24 h	1	0	1	Mean, SD, arm sample size
Intervention: NSAID (carprofen, flunixin, ketoprofen, meloxicam)				
Cortisol 0 to 60 min	15	10	2	1 mean, 2 SDs and 1 arm sample size
Cortisol 1 to 24 h	10	4	3	2 means, 3 SDs
Energy 0 to 60 min	5	1	3	1 mean, 1 SD and 3 totals
Pain-like behaviors 0 to 60 min	2	0	2	1 SD and 1 arm sample size
Pain-like behaviors 1 to 24 h	5	0	2	1 SD and 1 arm sample size

NSAID = non-steroidal anti-inflammatory drugs; REFLECT = Reporting guidelines For randomized controlled trials for livestock and food safety.

Examples for the following not included: Introduction (REFLECT item 2), Study flow (REFLECT item 13) Discussion (REFLECT item 20), Generalizability (REFLECT item 21) and Overall evidence (REFLECT item 22).

*For more details of exact outcomes measured refer to Dzikamunhenga *et al.* (2014).

translated the objective into a testable hypothesis that included the metric to be measured (REFLECT checklist item 5). Translating the objective to a hypothesis with a specific metric is important because some metrics may be more valid for specific objectives than others. Therefore, knowing the exact metric that will be tested is important. For example, an objective of a study may be to assess the impact of the intervention on pain mitigation, and this would be assessed using a comparison of the mean frequency (Hertz) of vocalizations in piglets receiving the anesthetic intervention compared with the mean Hertz of vocalizations in piglets without the anesthetic, that is, $H_0 = \text{mean}_1 - \text{mean}_2 = 0$. Clarification of the hypothesis ensures that the end-user knows which metric is being used to assess the objective, and should facilitate identification of the primary outcome.

Reporting of REFLECT items that relate to outcomes and sample size

A clear description of which outcomes were primary or secondary was never explicitly reported by authors who assessed multiple outcomes (REFLECT checklist item 6). The only studies that received a 'yes' for this item reported only one outcome. Another item poorly reported was the primary outcome. Knowledge of the primary outcome is necessary to assess the power of the study. By definition the primary

outcome is that used to determine the sample size, so authors need to state the sample size rationale so it is clear what the primary outcome is. Many hypothesis-testing studies, including welfare oriented studies, have multiple outcomes of interest, and in these circumstances the authors should power the study to the outcome with the largest sample size upon which they propose to conduct hypothesis testing and make inference. If the authors instead intend to test the hypotheses about multiple outcomes jointly in a multivariate analysis and make the inference about the joint outcomes, then methods of sample size calculation are available and this can be acknowledged in the report (Huang *et al.*, 2008; Luo, 2014). However, such an approach to analysis is very rare (Kerr, 1998). Unless explicitly declaring that a study is a pilot or making use of animals used for another purpose, assessments of interventions should be hypothesis driven. The hypothesis should be specific enough to enable determination that the number of animals enrolled should be sufficient to enable detection of a clinically meaningful difference in the outcome. Researchers therefore should prospectively design and justify the sample size, which requires knowledge of the primary outcome. Further, if authors do not have an *a priori* hypothesis about a primary outcome, the potential to 'data mine' for a statistically significant outcome and selective reporting bias is high.

Table 3 Examples of reported 'Methods' items from the trials reported consistent with REFLECT guidelines

Paper section and topic	Item	Example from review studies
Participants	3	'Sows were housed in commercial farrowing crates on a commercial farm in Saxony-Anhalt, Germany' (Marx <i>et al.</i> , 2003)
Interventions	4	'Two groups were treated with Flunixin (5 mg); the group termed Flu-30 received an i.m. injection of Flunixin 30 min before castration and of 0.1 ml NaCl (0.9%) immediately before castration, the group termed Flu-0 received 0.1 ml NaCl (0.9%) 30 min before castration and Flunixin immediately before castration' (Reiner <i>et al.</i> , 2012)
Objectives	5	'The objective of this study was to evaluate the effect of providing CO ₂ anesthesia before castration on the behavior of piglets for up to 8 d after castration in comparison with piglets castrated without anesthesia... The hypothesis of the above study is that piglets will experience less pain and discomfort after castration when anesthetized with CO ₂ before castration, thus improving their overall welfare' (Beirendonck <i>et al.</i> , 2011)
Outcomes	6	Defining outcomes – 'The primary outcome was Infectious Bovine Keratoconjunctivitis (IBK) cumulative incidence over the study period. The secondary outcome was weaning weight' (Funk <i>et al.</i> , 2009)* Methods of measurement and level of assessment' ... and the behavior of each individual pig was recorded using 1 min scan samples (direct observations) for 120 min' (Sutherland <i>et al.</i> , 2011)
Sample size	7	'Prior to conducting the study, it was determined that twelve animals per group were required to obtain 80% power to detect a 60% difference in IBK risk between groups based on an expected 10% IBK risk in controls and at least 70% IBK risk in inoculated animals. The test was based on a one sided difference in proportions test for independent binomial data with significance level 0.05. Thus, our aim was to enroll 36 animals. No stopping rules or interim analyses were planned or conducted' (Gould <i>et al.</i> , 2013)*
Randomization – sequence generation	8	'Forty steers were randomly assigned to one of five treatment groups as described in Table 1. Calves were ranked in ascending order of bodyweight, blocked into cohorts of five calves, and within each cohort, calves were assigned a random number (Excel, Microsoft Works 2010; Microsoft, Redmond, WA, USA). Random numbers were then assigned (Excel, Microsoft Works 2010, Microsoft) to treatment groups to ensure that bodyweight was equally distributed between treatment groups' (Glynn <i>et al.</i> , 2013)*
Randomization – allocation concealment	9	'The individual who generated the allocation sequence was not involved in assessment of eligibility or the outcome' (Gould <i>et al.</i> , 2013)*
Randomization – implementation	10	'The allocation status, based on eye and calf, on day 0 was confirmed by two people prior to the allocation. The allocation status of the eye was concealed from the individual responsible for scarification and inoculation process' (Gould <i>et al.</i> , 2013)*
Blinding (masking)	11	'Two technicians, who were not blind to the treatments due to practical reasons, performed all measurements. The measurements were split between the two technicians with each technician performing the same measurements in all herds' (Hansson <i>et al.</i> , 2011)
Statistical methods	12	'Least square mean estimates for each treatment group and the corresponding estimated SE are reported. Pairwise comparisons were conducted using Bonferroni's method to adjust for multiple comparisons and avoid inflation of Type I error rate. Statistical significance for these multiple comparisons was designated a priori as a <i>P</i> -value ≤ 0.05 ' (Coetzee <i>et al.</i> , 2012)* 'For physiological measures, the main fixed effects were treatment and time. Litter was a random effect. The interactions between treatment by time and treatment by litter were included in the model' (Sutherland <i>et al.</i> , 2012)

REFLECT = Reporting guidELines For randomized controLled trials for livEstocK and food safety.

*Example not selected from the study set.

No studies reported the rationale for the sample size (Checklist item 7). This was surprising, as all studies seemed to purposefully assess the effect of an intervention on an outcome and, therefore, the number of animals needed to detect the magnitude of effect of interest is a prerequisite step in study design. Although reduction of animals included in studies is an important principle of animal research, this concept does not negate the need for sufficient power to detect clinical meaningful changes in the outcome. There are numerous papers devoted to the need for adequately

powered animal studies (Cohen, 1997; Chapman and Seidel, 2008). Some would argue that reporting the sample size rationale based on an *a priori* determined primary outcome is not necessary if the *P*-values are reported as these indicate the probability of a type 1 and type 2 error. However, knowledge of *a priori* power is not the only rationale for reporting sample size rationale and the primary outcome, such reporting also guards against authors reporting a different primary outcome based on the results of analyses, a practice colloquially known as HARKing (Hypothesis After

Table 4 Examples of reported 'Results' items from the trials reported consistent with REFLECT guidelines

Paper section and topic	Item	Example from review studies
Study flow	13	'Nine calves (9/19) in Trial 2 had missing data on d +10 because practical constraints prevented collection of PA-MNT data around scheduled ophthalmic exams and euthanasia. One calf in Trial 1 developed severe respiratory disease and was euthanized on d +7' (Dewell <i>et al.</i> , 2014)*
Recruitment	14	'The studies were conducted in two piglet breeding operations (Unit A 550 breeding sows, 2-week production cycle; Unit B 560 sows, 4-week production cycle) from February 2003 to May 2003' (Lahrmann <i>et al.</i> , 2006)
Baseline data	15	
Numbers analyzed	16	See Supplementary Figure S1
Outcomes and estimation	17	See Supplementary Figure S1
Ancillary analyses	18	'There was not a significant difference between treatment groups with respect to mortality rate. Piglets receiving meloxicam had a mortality rate of 3.18% and piglets receiving the placebo had a mortality rate of 3.84% ($P = 0.33$). Piglets receiving ketoprofen had a mortality rate of 2.91% whereas piglets receiving the placebo had a mortality rate of 3.94% ($P = 0.27$)' (Tenbergen, 2012)
Adverse events	19	'No adverse effects were noted after IV or oral meloxicam administration' (Kreuder <i>et al.</i> , 2012)*

REFLECT = Reporting guidelines For randomized controlled trials for livestock and food safety.

*Example not selected from the study set.

the Results are Known) (Kerr, 1998). A practice that might be quite possible, in the area such as animal welfare, where multiple outcomes are of interest.

Reporting of REFLECT items that relate to confounding: allocation to group/randomization

REFLECT checklist items 8 through 10 (Sequence Generation, Allocation Concealment, and Implementation, respectively) are based on the assumption that the study is randomized. A description of the method of developing the randomization for the sequence generation, allocation concealment and implementation, was not provided in any study. A total of 33 of 52 studies used the term 'randomly' or 'randomized' or 'random' in their description of piglet allocation to treatment group. Occasionally it was unclear if the approach used was truly random, despite a description as such. For example, one study described randomly assigning 245 clinically healthy piglets to one of the 12 experimental groups. However, the sample sizes in each of the seven relevant arms were very different, suggesting a method other than random allocation. Several studies reported using restrictions of randomization. Blocking by continuous covariates or stratification by categorical covariates was reported in 39 studies. Covariates used were weight, litter, weight and litter, sow or weight, or litter and adoption. No study that controlled for weight using blocking explicitly reported the size of the block. Details about the approach to allocation are part of reporting that enables assessment of internal validity as they relate to the exchangeability of groups. If it cannot be determined that groups are exchangeable then it is unclear if the observed differences can be attributed to the intervention. Furthermore, without details of the randomization approach, approaches that are haphazard (lacking any obvious principle of organization) or convenient may be incorrectly reported as random. The importance of random allocation is highlighted by authors of the CONSORT statement which we quote here 'Random assignment is the preferred method; it

has been successfully used regularly in trials for more than 50 years. (reference in original text) Randomisation has three major advantages (reference in original text). First, when properly implemented, it eliminates selection bias, balancing both known and unknown prognostic factors, in the assignment of treatments. Without randomisation, treatment comparisons may be prejudiced, whether consciously or not, by selection of participants of a particular kind to receive a particular treatment. Second, random assignment permits the use of probability theory to express the likelihood that any difference in outcome between intervention groups merely reflects chance. (reference in original text) Third, random allocation, in some situations, facilitates blinding the identity of treatments to the investigators, participants, and evaluators, possibly by use of a placebo, which reduces bias after assignment of treatments. (reference in original text) Of these three advantages, reducing selection bias at trial entry is usually the most important. (reference in original text)' (Moher *et al.*, 2010). As many welfare studies are small, it is reasonable that authors would employ restricted randomization tools such as stratification and blocking to increase the power of studies. Regardless of the approach to randomization, it should be described fully so that end-users can assess the potential for bias.

Reporting of REFLECT items that relate to performance and measurement/information bias/blinding

Of the 52 studies, 18 reported blinding as part of their protocol; however, none provided a full description of the approach used to blind the study (REFLECT checklist item 11). Blinding, whether for allocation of treatments or interventions or assessment, was infrequently reported by authors. As blinding is designed to reduce measurement/information bias, it is important to know if outcome assessment is biased. There is some evidence in animal welfare that absence of blinding is associated with more positive outcomes (Tuytens *et al.*, 2014).

Reporting of REFLECT items related to statistical methods

Statistical methods (REFLECT checklist item 12) were not reported in eight studies. In the remaining 44 studies, statistical methods were considered partially reported because they failed to meet all the criteria described above. Assessment of comprehensive reporting of statistical methods is very difficult; the measure of comprehensiveness is that a reasonably informed individual would be able to assess the validity, although what is 'reasonable' might appear itself subjective. We would encourage authors to consult with documents published previously that describe what should be included in a description of statistical methods (Lang and Altman, 2014).

Reporting of REFLECT items related to setting, study population characteristics

Dates relevant to the study recruitment and performance were described in only six studies (REFLECT checklist item 14). Although it is difficult to envision how year or season could affect the response of piglets to pain mitigation, such information is very relevant for other topics, especially those that seek to understand the influence of season or year on an outcome. The same principle can be inferred for study location (i.e., country or region or production system).

Baseline demographics and clinical characteristics of each group were generally poorly reported (REFLECT checklist item 15). When weight and age information were presented as summary measures for all enrolled pigs together, we considered this to be partially reported. It is recommended that authors provide demographic information about the groups separately, so that end-users can assess if the groups are comparable, especially given the absence of reporting of allocation methods. Demographic information was frequently reported in the Methods section and not explicitly in the Results section. REFLECT and other statements make the distinction that the methods and materials could, and potentially should, be written before the study is started, therefore the demographic information of the study groups such as the mean age and mean weight (including standard deviations) are a result and should be presented in the Results section.

Reporting of REFLECT items related to results of analyses

The actual number of piglets that contributed to data analyses (REFLECT item 16) was frequently not reported. Presumably authors felt that reporting the number of enrolled animals would suffice because the potential for loss-to-follow-up in the subject matter studied was low. For this topic area, this assumption may be valid and failure to report that no loss-to-follow-up occurred may not be a source of bias. Sometimes the unit of analysis was not the same as the number of animals in the study. This was particularly important for the behavior data, which could be reported as number of pigs that demonstrated an activity or the number of time periods when an event was observed. These clearly have different denominators. Similarly, some outcomes appeared to be measured only on a subset of enrolled animals, perhaps because testing all animals was time

consuming or expensive. Supplementary Figure S1 is an excerpt of a table (Sutherland *et al.*, 2011) that provides the number of animals included in the analysis.

Effect measures regarding outcomes were often poorly reported. Supplementary Table S3 provides examples of the information missing from some studies. Such information would be needed to assess the magnitude of effect so that the balance of benefits and harms could be evaluated (which cannot be evaluated by *P*-values). If only the *P*-value is reported, it is not possible to know the magnitude or direction of the effect (i.e., whether the intervention increased or decreased the outcome). Furthermore, measures of variation were often not reported or not reported clearly, especially in figures where it was not always possible to discern if the error bar represented a SEM, a SD or a confidence interval. In studies that used random effects variables to control for clustering, the variance components were never reported, despite their importance for future study design and interpretation.

Ancillary analyses (REFLECT checklist item 17, Outcomes and Estimation) were not reported in any study, as no *a priori* primary and secondary outcomes were reported and no sample size justifications were provided. The rationale for reporting ancillary analyses is to give end-users knowledge of potentially interesting results that arise from data exploration and are therefore hypothesis generating rather than hypothesis testing.

Proactive reporting of adverse events was expected in order for end-users to balance the benefits and harms of using pain-mitigating interventions in neonatal piglets. Harms are often rare and therefore often only detected using secondary analyses. Such information would have allowed us to understand whether the reported mortality rate was excessive compared with baseline trends in production. Sometimes adverse events were reported in a way that we could not determine the group to which the animals that experienced the intervention were allocated. Knowledge of the group to which the animal was assigned is vital to interpreting harms. For example, reporting that 10 animals died in the study is not informative, compared with reporting five animals died in each group or one animal died in the control group and nine in the treated group.

Discussion

In the area of animal welfare research we found that, as in other disciplines related to veterinary and animal sciences, reporting of intervention studies was frequently incomplete (Burns and O'Connor, 2008; Sargeant and O'Connor, 2013). Overall, many studies failed to report information that would be needed to assess internal and external validity. There are both ethical and, in some countries, legal reasons for ensuring that scientists using animals must not only adhere to adequately justified methodology but that they should also be able to articulate it according to high reporting standards to their peers and the public. The privilege given to scientists to use research animals entails adherence to

rigorous reporting standards that help to ensure compliance with national and international policies that protect the welfare of all research animals.

Some of the journals we have assessed might not be considered as truly 'scientific' as these (mostly national/local) journals are periodical magazines intended to inform practitioners on new developments. As an example, the journal 'Der Praktische Tierarzt' has a different audience than Journal of Animal Science. However, if such journals do choose to publish primary research then it seems that the standards of reporting would still apply. Another reason for omissions may be lack of awareness of the need for comprehensive reporting due to the multidisciplinary nature of many projects.

Publication of the results of a scientific study is not the end of the scientific process (Sargeant and O'Connor, 2013). Presumably, researchers publish with the intent that the results of a study will enable generation of new hypotheses, validate current hypotheses, or influence decision making. These secondary uses of primary data rely on the validity of the original study design, analyses and such assessment of validity can only be determined if the report is transparent, accurate and comprehensive (O'Connor *et al.*, 2010; Sargeant and O'Connor, 2013). Further, if incomplete reporting casts doubt over the results of studies then the monetary and ethical value of the animal and financial resources used to generate the data were not fully realized. In addition, animals may have suffered unnecessarily. If the study is considered important enough that the information is needed for decision making, it may even be necessary to repeat the study (Ioannidis *et al.*, 2014; Macleod *et al.*, 2014). In situations where the reporting is so incomplete that useful data cannot be extracted from the original experiment and the study must be repeated, this would be incongruous with the 3Rs (replacement, reduction and refinement) and not be a good use of already scarce research funding. Professionally, the credibility of the authors of the original study could be called into question.

Some might argue that authors, reviewers and editors should be able to 'cherry pick' checklist items from REFLECT or other applicable guidelines that they think are relevant. However, two concepts argue against this idea. The first is that the current body of work was developed under such a system and is lacking in important details of studies. The second reason is that authors, reviewers and editors are not necessarily able to anticipate all the end uses of research. The alternative is to use guidelines that have been developed by a diverse group of developers and end-users, which reduced the need for second guessing what end-users may need. For example, in this data set it might be argued that country is not relevant to pain, however, country may be relevant to a study looking at the use of placebos in animal welfare trials and knowing the country will help the researcher of that question understand differences in placebo use. Clearly authors would not have anticipated such a question, however, consensus groups often have. In human clinical trial reporting, the concept of cherry picking items to report from

guidelines is not encouraged. For example, the editorial policy for Nature indicates 'Manuscripts reporting results of a clinical trial must conform to CONSORT 2010 guidelines.' Because numerous guidelines exist and guidelines can change, authors should cite the guideline they used in preparing their report. It is true that precise writing is needed to add the detail requested by guidelines, however, this is likely not a meaningful barrier, as indicated by the widespread adoption of reporting guidelines in human health including high-impact journals such as Nature and Lancet where space is at a premium.

It is unclear why reporting is incomplete. Some might suggest that this is because of lack of awareness of reporting guidelines. However, the concepts of reproducible research and reporting in a manner that reflects the experiment is not new or novel, so lack of awareness cannot explain all of the incomplete reporting (Grindlay *et al.*, 2014).

It is imperative that research reporting be complete to enable reproducibility, assessment of the internal and external validity of the study and knowledge translation. Given that animal welfare science is a discipline that often involves interventions that may be perceived as unpleasant to the animal, attention to the quality of reporting is especially critical to advance the field. Comprehensive reporting is an ethical responsibility for researchers undertaking this type of research. For intervention studies, the reader should be able to understand the magnitude and precision of the estimated effect of the intervention, and the probability that the effect is consistent with the null hypothesis. The reader should also be able to assess the potential for bias.

We would encourage authors to consider using reporting guidelines to improve reporting. Consistent with the 3Rs, in particular the reduction principle, using reporting guidelines can maximize information from the animals used in the study and minimize the risk of unnecessary studies, therefore reducing further animal use. We are aware that the omission of this information as well as important design characteristics, analyses or results is often unintentional. In addition, we are well aware what constitutes a complete report is not a static list. As knowledge and technology change, the standards for how science is conducted and reported should be expected to change. Given these changing standards, however, the most recent checklists represent minimum current standards. This would not preclude authors from including or editors and peer-reviewers from requesting additional information. Checklists provide guidance for reporting but researchers should adhere to the underlying reporting principles to provide a report that facilitates reuse of the data and enables assessment of bias. With the growing frequency of multiple collaborators involved in manuscript preparation, the final editor may not be aware of all the aspects required for reporting. One reason for an incomplete report might be a lack of knowledge of what and how items should be reported. However, resources are becoming increasingly available to mitigate this problem. Documents specific to animal studies like the REFLECT statement for livestock trials and the ARRIVE guidelines

specific to uses of animals undergoing an experimental procedure in a research laboratory or formal test setting (Kilkenny *et al.*, 2010; O'Connor *et al.*, 2010). The ARRIVE guidelines are designed for animals used in experimental settings with a focus on animal populations where the independence assumption is valid. The REFLECT statement is more specific for livestock and provides more focus on non-independent populations such as occur in housed animals. As reporting guidelines are relatively new, the impact on reporting has not been assessed yet. For example, REFLECT was unavailable when many of the papers in this review were published. The standards of reporting observed here are therefore not reflective of the impact of reporting guidelines. The examples provided in Table 3, Table 4 and Supplementary Table S3 can be used as a guideline for how some of the studies we reviewed effectively reported the information requested by the checklist. All three tables should be used together, and are broken into sections here for presentation purposes. Use of a reporting checklist might help reduce the number of items not reported.

Conclusion

The overall conclusion after assessing these studies using REFLECT, is that there is (1) an opportunity to improve the reporting and (2) a need to raise awareness of the importance in providing a complete report of how animal welfare studies are conducted. The continued ethical and legal acceptability of using animals is contingent upon accurate and complete reporting. Accurate and complete reporting, in most cases, relates to both high quality research and responsible conduct in animal research.

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Supplementary material

For supplementary material/s referred to in this article, please visit <http://dx.doi.org/10.1017/S1751731115002323>

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