Transmission and Infectious Dose of Escherichia coli O157:H7 in Swine

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Abstract

*Escherichia coli* O157:H7 is only occasionally isolated from healthy swine, but some experimentally infected animals will shed the organism in their feces for at least 2 months. Potential explanations for the paucity of naturally occurring infections in swine, as compared to cattle, include a lack of animal-to-animal transmission so that the organism cannot be maintained within a herd, a high infectious dose, or herd management practices that prevent the maintenance of the organism in the gastrointestinal tract. We hypothesized that donor pigs infected with *E. coli* O157:H7 would transmit the organism to naïve pigs. We also determined the infectious dose and whether housing pigs individually on grated floors would decrease the magnitude or duration of fecal shedding. Infected donor pigs shedding <10^4 CFU of *E. coli* O157:H7 per g transmitted the organism to 6 of 12 naïve pigs exposed to them. The infectious dose of *E. coli* O157:H7 for 3-month-old pigs was approximately 6 × 10^3 CFU. There was no difference in the magnitude and duration of fecal shedding by pigs housed individually on grates compared to those housed two per pen on cement floors. These results suggest that swine do not have an innate resistance to colonization by *E. coli* O157:H7 and that they could serve as a reservoir host under suitable conditions.

Disciplines

Veterinary Infectious Diseases | Veterinary Medicine | Veterinary Microbiology and Immunobiology

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Transmission and Infectious Dose of Escherichia coli O157:H7 in Swine

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Escherichia coli O157:H7 is only occasionally isolated from healthy swine, but some experimentally infected animals will shed the organism in their feces for at least 2 months. Potential explanations for the paucity of naturally occurring infections in swine, as compared to cattle, include a lack of animal-to-animal transmission so that the organism cannot be maintained within a herd, a high infectious dose, or herd management practices that prevent the maintenance of the organism in the gastrointestinal tract. We hypothesized that donor pigs infected with E. coli O157:H7 would transmit the organism to naïve pigs. We also determined the infectious dose and whether housing pigs individually on grated floors would decrease the magnitude or duration of fecal shedding. Infected donor pigs shedding <10⁵ CFU of E. coli O157:H7 per g transmitted the organism to 6 of 12 naïve pigs exposed to them. The infectious dose of E. coli O157:H7 for 3-month-old pigs was approximately 6 × 10⁵ CFU. There was no difference in the magnitude and duration of fecal shedding by pigs housed individually on grates compared to those housed two per pen on cement floors. These results suggest that swine do not have an innate resistance to colonization by E. coli O157:H7 and that they could serve as a reservoir host under suitable conditions.

Escherichia coli O157:H7 and other serotypes of Shiga toxigenic E. coli (STEC) cause an estimated 110,000 cases of human illness yearly in the United States (26). Most cases are thought to occur as a result of the ingestion of contaminated food or water, although direct contacts with animals and person-to-person transmission have also been documented (4). Cattle are considered to be the major reservoir of STEC, and the prevalence of E. coli O157:H7 in the U.S. herd ranges from 2 to 28%, depending on the culture techniques used, the age of the animals, and the season in which samples are collected (10, 12, 15, 17, 29, 33). E. coli O157:H7 has also been recovered from other ruminants such as deer (22, 30) and sheep (24). E. coli O157:H7 has occasionally been isolated from nonruminant animals such as wild birds (32) and raccoons (18), but the bulk of the data suggests that the prevalence of STEC is greater in ruminants than it is in other animals.

In the last several years, there have been reports that E. coli O157:H7 has been isolated from healthy swine in Japan, The Netherlands, Sweden, Canada, Norway, and the United States (11, 13, 19, 20, 27; C. L. Gyles, R. Friendship, K. Ziebell, S. Johnson, I. Yong, and R. Amezcua, Proc. 2002 Congr. Int. Pig Vet. Soc., abstr. 191). The prevalence of the organism in these studies is generally low (0.1 to 6%), and no human outbreaks have been specifically traced back to pork, although sausage containing both beef and pork was implicated as the source of human infection in at least one outbreak (28). In Chile, the prevalence of E. coli O157:H7 reported from pigs (10.8%) was greater than that reported from cattle (2.9%), suggesting that swine may be an important source of this organism in some countries (3). Previously, we have shown that some market-weight pigs experimentally infected with E. coli O157:H7 will shed the organism for at least 2 months (2). These animals do not become clinically ill, and the magnitude and duration of fecal shedding of E. coli O157:H7 are reminiscent of those seen in experimentally infected ruminants (6, 7). This suggests that swine have the biological potential to emerge as a reservoir for E. coli O157:H7 and other STEC strains pathogenic for humans. In order for swine to serve as a reservoir host, not only must the organism colonize the gastrointestinal tract of individual animals, it must also be transmitted from colonized animals to naïve animals to be maintained within the herd. In addition, the infectious dose must be of such a magnitude that a natural infection could be perpetuated within the herd. We hypothesized that E. coli O157:H7 would be transmitted from infected donor pigs to naive pigs at levels that could be sustained in a natural infection. In addition, we determined the infectious dose of in vitro-grown E. coli O157:H7 for 3-month-old pigs and determined whether housing pigs individually on raised decks or in groups on cement floors affected the magnitude and duration of fecal shedding in infected animals.

(A preliminary report of this work was presented at the International Symposium on Shiga Toxin-Producing E. coli, Kyoto, Japan, 2000, and Edinburgh, Scotland, 2003.)

MATERIALS AND METHODS

Experimental design. Pigs were obtained from a commercial source at 3 months of age and housed in pens with cement floors at two pigs per pen under animal biosafety level 2 conditions. The pigs were acclimated to an antibiotic-free feed (Lean Grow 100, Land ’O Lakes, Arden Hills, Minn.) for 2 weeks prior to inoculation and had free access to chlorinated city water via nipple drinkers. Fecal samples were collected from each animal once prior to inoculation and screened with sorbitol-MacConkey agar and immunomagnetic beads to ensure that pigs were not naturally colonized by E. coli O157:H7.

The bacterial inoculum was grown as previously described (31). Briefly, individual strains were grown in tryptic soy broth (TSB) overnight at 37°C with shaking (200 rpm), concentrated 10-fold, and frozen at −80°C in glycerol. The inoculum was thawed and diluted in TSB just prior to inoculation. All of the...
inoculum doses were confirmed by direct plate counts. Prior to inoculation, pigs were physically separated by closing a gate within the pen. Each pig was orally inoculated with E. coli O157:H7 strain 86-24 (all experiments) and strain 3081 (housing experiment only) by adding the organism to a small amount of food placed in individual pans. Both strain 86-24 and 3081 produce intimin and Shiga toxin 2 (Stx2) and are pathogenic in animal models of STEC disease (8, 9). Strain 3081 also produces Stx1. Pigs were observed until the inoculum was consumed, and then the gates between them were opened.

Fecal samples were collected on days 2, 3, 4 (initial period), 14, 15, 16 (2 weeks), 58, 59, and 60 (2 months; housing experiment only) postinoculation (p.i.) and cultured for the inoculum strain(s) as previously described (6). Briefly, samples (5 g) were serially diluted 10-fold in phosphate-buffered saline and directly plated in triplicate onto dulcitol-MacConkey agar containing streptomycin (100 µg/ml) and nalidixic acid (20 µg/ml) for recovery of strain 86-24 and onto sorbitol-MacConkey agar containing kanamycin (30 µg/ml) and ampicillin (100 µg/ml) for recovery of strain 3081. The detection limit of direct plating was ≥50 CFU/g. Enrichment broth (TSB with 0.02% bile and antibiotics) was inoculated with 10 of g feces, incubated overnight at 37°C, concentrated with immunomagnetic beads (Dynabeads, Dynal, Oslo, Norway), and plated onto the selective medium described above. The detection limit of the enrichment procedure was approximately 3 CFU/100 g. Colonies recovered on selective medium were confirmed as E. coli O157:H7 by using a commercial latex agglu-tination kit specific for the O157 lipopolysaccharide (Oxoid). Data from individual pigs were averaged together by using geometric means of bacterial counts collected during each 3-day time period. Samples that were positive by enrichment only were recorded as 49 CFU/g.

Pigs were necropsied at the completion of each study, and 5-cm sections of tissue and adhering content were cultured for the inoculum strains by direct plating and enrichment culture with immunomagnetic concentration (as described above). The tissues collected from all pigs were tonsillar, stomach, jejunum, ileum, cecum, spiral colon, distal colon, and rectal content. In addition, the rectal-anal junction was collected from 16 pigs and buccal cell scrapings were collected from 8 pigs.

Transmission experiment. After a 2-week adaptation period, donor pigs (20 total) were inoculated with 10 to 10 CFU of E. coli O157:H7 strain 86-24. This inoculum dose resulted in fecal shedding by the donor pigs that ranged from <50 to 10 CFU/g 3 days after inoculation, at which time the donors were moved into a different room and penned with a naive pig. Both the donor and the naive pigs shared food and water sources and remained in the same pen together for the remainder of the experiment. Individual fecal samples were collected during the initial period and at 2 weeks postexposure from both donor and naive pigs. The pigs were necropsied at 2 weeks postexposure.

One group of donor animals (four pigs given an inoculum of 10 CFU) did not shed E. coli O157:H7 post 4 days p.i., nor did any transmission occur to the four naive pigs paired with this group of donors. These eight pigs were then reinfected with a higher dose (10 CFU), and all four animals shed the inoculum strain for 2 weeks. E. coli O157:H7 was not recovered at any time from one other donor pig; therefore, data from this animal and its naive pen mate was not included in the final analysis.

Infectious dose experiment. After a 2-week acclimation period, groups of eight pigs were inoculated with either 1.7 × 10, 6 × 10, or 4 × 10 CFU of E. coli O157:H7 strain 86-24. Fecal samples from individual pigs were collected during the initial period and at 2 weeks p.i. and cultured for the inoculum strain as described above. All of the pigs were necropsied at 2 weeks p.i. Since E. coli O157:H7 was not recovered from the eight pigs inoculated with the lowest dose (1.7 × 10 CFU), these pigs were reinfected with the 4 × 10 CFU dose 4 weeks after the initial challenge.

Housing experiment. Following the 2-week acclimation period, pigs were randomly divided into two groups. Group 1 (eight pigs) was moved onto individual decks, and feed was delivered in a trough. Group 2 (seven pigs) was housed two per pen on cement floors and fed on the floor. Pigs in each group were housed in separate rooms of the animal facility. Pigs were dually inoculated with 10 CFU each of E. coli O157:H7 strains 86-24 and 3081. Fecal samples were collected during the initial period, 2 weeks p.i., and at 2 months p.i. and cultured for the inoculum strains by both direct plating and enrichment culture (as described above). Antibiotics were not added to the enrichment broth in this experiment. All pigs were necropsied at 2 months p.i. Differences in the magni-tude of fecal shedding due to the housing arrangement were evaluated with a repeated-measures analysis of variance.

### RESULTS

Transmission of E. coli O157:H7 among swine. E. coli O157:H7 was transmitted to three of eight naive pigs when the donor pigs were shedding <10 CFU/g in their feces and to three of four naive pigs exposed to donors shedding 10 CFU/g (Table 1). All of the naive pigs (seven of seven) that were exposed to donors shedding ≥10 CFU/g of feces became culture positive for E. coli O157:H7. During this initial period (days 2 to 4 postexposure), the magnitude of fecal shedding by the naive pigs generally reflected that of the donor pigs to which they were exposed (Fig. 1). Naive pigs exposed to donors shedding low levels (<10 CFU/g) of E. coli O157:H7 shed low levels themselves. Naive pigs exposed to donors shedding higher numbers (≥10 CFU/g) of E. coli O157:H7 shed higher levels. At 2 weeks postexposure, E. coli O157:H7 was recovered from the feces of 13 of 19 naive pigs and from 14 of 19 donor pigs. The majority of pigs in both groups were positive only by enrichment culture (<50 CFU/g), but a few individuals continued to shed ≥10 CFU/g of feces.

Both groups of pigs were necropsied at 2 weeks postexposure, and tissues from the gastrointestinal tract and oral cavity were cultured. E. coli O157:H7 was recovered primarily from the lower gastrointestinal tract of both naive and donor pigs (Table 2). Two pigs (one donor and one naive) had comparatively high numbers of E. coli O157:H7 recovered from tonsillar tissue: 4 × 10 and 4 × 10 CFU/cm, respectively. These two pigs were not paired together during the experiment, and the magnitude of fecal shedding by each animal at the time of necropsy was considerably less than what was recovered in the tonsil: 63 × 10 and 8 × 10 CFU/g (donor and naive pigs, respectively).

Infectious dose of E. coli O157:H7 for pigs. E. coli O157:H7 was recovered at 2 to 4 days p.i. from the feces of six of eight pigs given an inoculum dose of 6 × 10 CFU and eight of eight pigs given an inoculum dose of 4 × 10 CFU. At 2 weeks p.i., all of the pigs in both groups continued to shed E. coli O157: H7. In contrast, E. coli O157:H7 was not recovered from any of the eight pigs during the initial period or at 2 weeks after inoculation with 1.7 × 10 CFU. Pigs were necropsied after 2 weeks p.i., and both the oral cavity and gastrointestinal tract were cultured. The distribution of E. coli O157:H7 in the tissues of these pigs was similar to what was found for those in the transmission experiment (Table 2). Tissue samples from the rectal-anal junction were also collected from these 16 pigs, and buccal cell scrapings were collected from 8 pigs. The magnitude of E. coli O157:H7 (CFU per gram) isolated from the rectal-anal junction was greater than that isolated from the

<table>
<thead>
<tr>
<th>Time postexposure</th>
<th>No. of pigs shedding/no. exposed by CFU/g</th>
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<tbody>
<tr>
<td></td>
<td>100</td>
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<tr>
<td>3 days</td>
<td>2/4</td>
</tr>
<tr>
<td>2 weeks</td>
<td>2/4</td>
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*No. of pigs shedding/no. exposed by CFU/g.部 the results represent the number of naive pigs shedding/number of naive pigs exposed in terms of the CFU per gram shed by the inoculated donor on day 0. Day 0 is the day that the inoculated donors were moved into a different room and penned with a naive pig.*
feces in six pigs and was of a similar magnitude in eight pigs. The number of \textit{E. coli} O157:H7 cells recovered from the feces was greater than that recovered from the rectal-anal junction in one pig.

**Effect of housing on shedding of \textit{E. coli} O157:H7.** There was no significant difference in the magnitude or duration of fecal shedding of \textit{E. coli} O157:H7 by pigs housed singly on decks compared to those housed two per pen on cement floors (Fig. 2). The magnitude of shedding ranged from $10^3$ to $10^7$ CFU/g during the initial period, from 50 to $10^3$ CFU/g at 2 weeks p.i., and from undetectable to $10^4$ CFU/g at 2 months p.i. \textit{E. coli} O157:H7 was recovered from the feces of 10 of 15 pigs at 2 months p.i. Eight of these 10 pigs were shedding both of the inoculum strains, and another 2 pigs were shedding one strain apiece. At necropsy, \textit{E. coli} O157:H7 was recovered primarily from the tissues of the lower gastrointestinal tract and the tonsils (Table 2). The magnitude (CFU per gram) of \textit{E. coli} O157:H7 recovered from the tonsils of eight pigs was at least $100 \times$ greater than that recovered from the feces of the same pigs. Both \textit{E. coli} O157:H7 strains were recovered from the tonsils of five of these eight pigs. Since the use of dual-antibiotic selection medium is not definitive, it cannot be excluded

<table>
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<tr>
<th>Tissue</th>
<th>2 wk p.i. (inoculum dose, 1.7–7.0 log$_{10}$ CFU)$^a$</th>
<th>2 mo p.i. (inoculum dose, 10.0 log$_{10}$ CFU)$^b$</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>No. positive/total</td>
<td>Mean log$_{10}$ CFU/g (range)</td>
</tr>
<tr>
<td>Buccal cells$^c$</td>
<td>7/8</td>
<td>1.7</td>
</tr>
<tr>
<td>Tonsil</td>
<td>9/48</td>
<td>2.8 (1.7–6.6)</td>
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<tr>
<td>Stomach</td>
<td>11/48</td>
<td>1.7</td>
</tr>
<tr>
<td>Jejunum</td>
<td>14/48</td>
<td>1.7 (1.7–2.0)</td>
</tr>
<tr>
<td>Ileum</td>
<td>15/48</td>
<td>2.0 (1.7–4.0)</td>
</tr>
<tr>
<td>Cecum</td>
<td>24/48</td>
<td>2.6 (1.7–6.0)</td>
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<tr>
<td>Spiral colon</td>
<td>24/48</td>
<td>2.2 (1.7–4.0)</td>
</tr>
<tr>
<td>Distal colon</td>
<td>20/48</td>
<td>2.0 (1.7–5.7)</td>
</tr>
<tr>
<td>Rectal-anal junction$^d$</td>
<td>10/16</td>
<td>2.5 (1.7–4.9)</td>
</tr>
</tbody>
</table>

$^a$ Includes pigs from both transmission and infectious dose experiments.

$^b$ Pigs from housing experiment.

$^c$ Buccal cell samples were collected from 8 of 48 pigs.

$^d$ The rectal-anal junction was collected from 16 of 48 pigs.

$^e$ ND, not determined.
that a newly introduced *E. coli* O157:H7 strain with a similar antibiogram was recovered.

**DISCUSSION**

The transmission of *E. coli* O157:H7 from infected donor pigs to naïve pigs suggests that this organism has the potential to be sustained in a population of swine once introduced. It is not known why *E. coli* O157:H7 is only occasionally recovered from U.S. pigs. There apparently is not a biological barrier to the colonization of swine by *E. coli* O157:H7, since some experimentally infected animals continue to shed the organism in their feces for at least 2 months (2). The relatively high isolation rate of *E. coli* O157:H7 from swine in Chile also suggests that pigs are a biologically competent host (3). Perhaps the vast majority of swine herds do not come in contact with an infectious dose of *E. coli* O157:H7. This may be due, in part, to current management practices by swine producers. The infectious dose of *E. coli* O157:H7 for 3-to 4-month-old pigs in the study reported here was approximately $6 \times 10^5$ CFU in vitro-grown bacteria. This is similar to what has been reported for young calves ($5 \times 10^3$ to $9 \times 10^3$ CFU), although lower doses may be infectious to an occasional animal (1). Considerably higher doses of *E. coli* O157:H7 are required to colonize mature cattle (7) and sheep (6): $10^7$ and $10^5$ CFU, respectively. It is not known why several of the donor pigs given a high inoculum dose ($10^6$ CFU) did not shed the strain past 4 days p.i. It is likely that there are some individuals that are more resistant to colonization than others (N. A. Cornick, unpublished observations). Although we did not look for systemic antibody against Stx1 or Stx2 in these pigs, such antibody has not been found in pigs previously (2). Our observation that the magnitude of fecal shedding by the naïve pigs reflected that of the donor pigs (Fig. 1), implies that at least in the early days following exposure, the inoculum dose has an important influence on the magnitude of fecal shedding. At 2 weeks p.i., both pigs shedding $>10^2$ CFU of *E. coli* O157:H7 per g had been exposed to donors shedding $\geq 10^4$ CFU/g. Collectively, our data suggest that both the inoculum dose and an individuals' susceptibility to colonization are important factors in the persistent shedding of this organism by some animals.

The transmission of *E. coli* O157:H7 from ruminants to swine has occurred on farms where both species are raised in close contact with one another (11). Pulsed-field gel electrophoresis subtyping of isolates from both pigs and ruminants confirmed that the same strains were recovered from each animal species. Animal management practices were identified on these farms that could have contributed to the transmission. Experimental transmission of STEC, including *E. coli* O157:H7, has been documented in both calves (1, 5) and sheep (6, 23, 25). Naïve calves exposed to a donor calf inoculated with very low levels of *E. coli* O157:H7 ($2.6 \times 10^2$ CFU) shed the organism 10 to 17 days postexposure (1). The transmission of STEC between calves was more efficient when the naïve animals shared a pen with the inoculated donor as opposed to being confined in individual pens (5). However, transmission has been documented between calves that did not have nose-to-nose contact with the inoculated donor (1). Horizontal transmission between individuals within a herd is likely to be an important component in the establishment and maintenance of an animal reservoir.

The recovery of comparatively high numbers of *E. coli* O157:H7 from the tonsils of some pigs is of interest. Fre-


REFERENCES


