College Going Clothes for Freshman

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may be served with the meat, with the dessert, or with both these courses. In many a family a small square of a highly flavored cheese with crackers and coffee is served instead of a sweet dessert. Cheese is so concentrated that in large amounts it has to digest but a strong flavored cheese, as Roquefort or Camembert, calls out the digestive juices and is therefore an aid after a hearty meal. I am reminded of the old rhyme:

"Oh, cheese, thou art a surly elf,
Digesting all things but thyself."

So we find the dinner menu is rich in possibilities of change and variety. Spring means house cleaning, but spring also means new vegetables, fruits, and plenty of eggs; and no time of the year finds our markets more tempting. Since we must plan some three hundred and sixty dinners each year, use each food in its season; use it in every possible known way, and then invent some new ways.

College Going Clothes for Freshmen

By HELEN PASCAL

WHEN Dorothy arrived at college with no shoes except high heeled ones, she felt very "proper" but observation soon changed her mind and tho she wore them bravely for a week at the end of that time she gladly bought her first low heeled oxfords.

"I'll wear my high heeled slippers at dances," she consold herself in accordance with her practical common sense. "I'll really get the good of them this winter."

She found directly, however, that high heeled slippers are not often the popular footgear. At all college dances, even at "dresser" affairs, low heels by far out-number others. The high heeled shoes in her dormitory closet grew dusty while the low heeled oxfords saw constant use.

Likewise, certain fluffy, fussy, dresses once came to hang quite idly in her closet. The two party frocks were used once each.

Dorothy saw the error of her ways.

"I wish I had known," she said with a frown. "I could have gotten lots of things I need with the money I spent on those shoes and dresses. When Jean comes here next year I'm going to tell her exactly what to get."

Jean was duly graduated from the home town high school. The dresses she bought for the junior-senior banquet and for the class play were the kind that Dorothy said could be used for college—a dark blue taffeta, an orchid organdie (Jean was small) and they hung below the bottom of her dress.

Her orchid organdie was full-skirted and a sport costume.

The taffeta was fresh and crisp and puffy. Its sleeves were short and full. Side panels were gathered across the hip( Jean was small) and they hung below the bottom of her dress.

Her orchid organdie was full-skirted with a tight little waist. There were rows of tiny tucks around the skirt with narrow black lace on either side of the groups. The sleeves were short and puffy. A big collar edged with lace, came to the waist in front and was fastened with a little corsage bouquet of many colored silk flowers and lace and narrow black ribbon.

The sport costume was a pleated skirt of dark brown plaid and a tan colored knitted sweater with round white collar, cuffs and narrow white belt.

Dorothy made out a list for Jean during the summer. One warm July day she took it over to Jean's home. Jean was under a tree near the sunny tennis court with rackets and balls piled up beside her.

"Oh good!" she greeted Dorothy. "Now I'll have someone to play with me. I've been out here all afternoon waiting for someone to go by who would come in for a game."

"I want a suit this fall. I don't mean that all these things must be new, Jeanie," Dorothy told her. "Your last winter's coat will be perfectly all right. Those heavy, mannish coats are peachy. The men wear sheepskin-lined coats with fur collars. The campus is so open that it is really very cold in mid-winter.

"What about a suit," asked Jean. "I want to suit this fall."

"That will be lovely," answered Dorothy. "You will wear it often. I didn't put it on the list because it is not a necessity."

DRESSES

1 evening dress
1 silk dress
1 or 2 wool dresses
"Just the thing," Dorothy nodded. "And I have your skirt and sweater here. Last winter there were as many striped skirts worn as plaid ones and dark silk sweaters as wool ones. The wool middy isn't necessary. Some people look hideous in them. But mine is so warm and comfortable that I've included it on the list."

"I wondered if I could wear my red one to school," commented Jean. "I'm glad because I love middies."

"By wash dress I mean a gingham or linen dress. And I've included an organizer for teas and dances. The apron is for cleaning your room and such domestic occupations."

Jean sighed. "I suppose I will have to stoop to that occasionally."

Dorothy turned over her page. "Now for the lesser things of life."

**Itemizing the Dispensable and Indispensable**

By **CLARA JORDAN**

**UNDERWEAR**

1. Petticoat for silk dress
2. Cotton petticoats for wash dresses
3. One heavy bloomers for winter wear
4. Five or six teddies
5. Two or three wash bloomers
6. Nightgowns and pajamas
7. Vests
8. Kimono
9. Brassieres

A word for gingham teddies. They are nicest of all for wear under wool dresses. I like them.

"Let me have the list," said Jean, "I'll treasure it as if it were gold. Look! The sun is gone from the court. Let's play."

The court lay before them, deliciously shady behind tall maple trees. Dorothy picked up a racket and arose with alacrity.

"Bent you," she challenged as she ran around the net.

There are so many, many things that a college girl needs and so many, many things that she does not need and there are so very many places that her money might drift, that she has come to realize that she needs some guide for herself and some check to curb her feminine desires. And the best way to have such a check is to have something that is ever present, some constant reminder that there is an end of funds some place. The college girl has provided herself with a written outline of what she can do without and some are higher yet. But it does not stop here—a new character has been introduced into this realm of practicability and she is the modern college girl, for she too keeps a budget.

The young housewife figures out one for herself, the business concern boasts of its perfectly kept one, and the man of the family takes keen pleasure when on a wintry evening, sitting by the cheery family hearth and helping young Johnny bake his many, many things that he does not need and there are put upon her shoestring of which she had never heard. Our college is divided into various heads, such as books, rent, board, laundry, clothing, amusements, spreads, traveling expenses, car fare, postage and sundries. These again are subdivided according to the months of the year and in this manner a total may be estimated at the close of a school year.

Many college girls have actually made and kept these budgets and they range from $450.00 a year to $1,500.00 a year. No definite amount can be set down as the absolute sum each girl should spend for no two girls have exactly the same needs and no two girls will spend their money in exactly the same way.

The monthly allowance per girl according to budgets already made out vary from $35.00 a month to $80.00 a month and some are higher yet. But reasonably figuring, a girl may meet all the demands necessary and live comfortably at school on from $70.00 to $80.00 a month.

Several budgets have been compared, some of which were low, some of which were extremely high, and one which seems to be medium and to compare with the most of the budgets that were examined, is given here. This has been actually worked out by a college girl who has conscientiously kept account of every cent. She lived about forty miles from the college and consequently went home quite frequently, so her traveling expenses may be higher than the average as are both the clothing and clothing required but they balance up with the rest of the budget in a very satisfactory manner.