The Goal of Home Management Courses at Iowa State

Ruth M. Lindquist
Iowa State College

Follow this and additional works at: http://lib.dr.iastate.edu/homemaker

Part of the Home Economics Commons

Recommended Citation

This Article is brought to you for free and open access by the Student Publications at Iowa State University Digital Repository. It has been accepted for inclusion in The Iowa Homemaker by an authorized editor of Iowa State University Digital Repository. For more information, please contact digirep@iastate.edu.
The Goal of Home Management Courses at Iowa State

By RUTH M. LINDQUIST, Assistant Professor of Home Economics

There are those courses which deal with food, with clothing, or with applied art. The field of each is quite clearly defined and the object in each case is to give the student those facts and principles which are of importance in that particular field. But with those courses, only, there is little opportunity or need for the young woman to assemble all of the information and make of it a coherent whole. This is the field for which home management courses are being developed throughout the country.

To correlate and unify that which has gone before and to give to each individual student an opportunity to apply the principles which she has learned in other courses is the goal in home management. Obviously, then, the logical time for this work is in the senior year, since, at that time only, are the students able to bring to the courses a maximum from those which have preceded. It may well mark the culmination—or the final part—of a course in home economics.

At Iowa State College two courses are being offered at the present time in home management. They are both required in the curriculum and are given to senior women.

The one, home management lectures, which carries three credits, is designed to give a point of view on the importance of homemaking in relation to the immediate family, the community and the nation. It aims, also, to discuss the management problems of the homemaker from a management angle.

Special stress is placed upon the use of time and the use of money since these are doubtless two of the most vital problems in a large number of homes. Budgeting of the family income so as to make possible proper standards for food, shelter, clothing, operating and development is considered in detail in order to encourage careful planning and wise purchasing. The importance of keeping simple records of expenditures is stressed as a step toward sound budgeting and various forms of accounts are discussed.

Thruout the course the partnership of the husband and wife, as senior members, and the children, as junior members, is recognized as one of the most essential conditions for family solidarity. While there are those who believe that “competition is the life of business,” neither the business side, the civic, nor the social side of the home can flourish excepting as cooperation, instead of competition, is the keynote.

The second course offered is, in reality, the laboratory side of home management. Two houses, which have been modeled and equipped in a manner similar to that of the average home, are situated on the campus and in the consumption of these homes live for a period of six weeks. A member of the staff of the division of home economics lives in each house thru the year and acts in an advisory capacity. The larger house accommodates eleven and the smaller accommodates seven residents.

Just as the home management lectures are designed to discuss management problems from a management angle so the course offered at the home management houses gives opportunity for each student to carry the management responsibilities of a home. Each young woman has her turn in being a hostess, buying, planning menus, caring for food in the house, keeping accounts, preparing food and cleaning.

Because the student is carrying other college courses at the same time it is not possible for her to shoulder all of the responsibilities at one time, as does the average homemaker, but the division is made in such a way that thruout the entire period there is a constant opportunity for developing managerial ability. Time records are kept daily by each member and these are summarized and discussed by the entire group with a view (Continued on page 16)
The Goal of Home Management Courses at Iowa State

(Continued from page 3)

to using more efficiently the time which each spends. Group meetings are held frequently to discuss equipment, its arrangement and other problems which arise. The cost of food and a part of the operating expense are borne by the members residing in the house at a rate which is practically the same as the amount paid for board by students living in the halls on the campus.

It should be said, in connection with this laboratory course, that it is far more than a course in which credit is given for work done. It furnishes an opportunity for young women to live together as a family and to appreciate the fact that cooperation is, truly, one of the most important characteristics in enduring family life. It makes possible, also, a center in which new associations are formed and can mean one of the most valuable and enduring experiences of four years of college life.

Finally, it may be said of the two courses that they supplement each other and that together they aim to give to the girl who is looking forward to her own home, or to the one who is expecting to teach others, an ideal of homemaking which will be both practical and inspirational.

Two and One-half Miles Saved a Day

(Continued from page 6)

Mrs. Rone believes what she has done by Mr. and Mrs. Rone during spare time.

Thus Mrs. Rone rearranged her kitchen so that she was able to cut down the steps taken in doing her work one-half; saved one and one-half hours time per day or six and one-half weeks per year and at the same time increased the interest and attractiveness of her kitchen. Mrs. Rone believes what she has done every other housewife can do by simply

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Repairs for small pressure cooker</td>
<td>.50</td>
</tr>
<tr>
<td>Angel food cake tin</td>
<td>.25</td>
</tr>
<tr>
<td>Kitchen clock</td>
<td>1.75</td>
</tr>
<tr>
<td>Three kitchen cups and soap dishes</td>
<td>.40</td>
</tr>
<tr>
<td>Home accounts book</td>
<td>.20</td>
</tr>
<tr>
<td>Floor brushes</td>
<td>1.75</td>
</tr>
</tbody>
</table>

Total $11.20

The expense totaled $47.00, which is very reasonable considering the steps and time saved Mrs. Rone. The work was

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>BURKE'S PARTY CANDIES</td>
<td></td>
</tr>
<tr>
<td>Also Popcorn Balls and Salted Nuts, made fresh every day, at</td>
<td></td>
</tr>
</tbody>
</table>

Howard Adams

The Secret of Radiant Health

is the secret of unfettered feet—free from petty, nagging ailments. Get the Spirit of Youth in your feet and banish all your troubles in the twinkling of an eye. But first make sure that you give your feet the kind of shoes that make them happy.

FORD'S

The Student Center

LUNCHEONETTE

and

FOUNTAIN SERVICE

CIGARS

CIGARETTES

EXCLUSIVE AGENT FOR

BURKE'S ORRIS

AGENT FOR

GROUND Gripper WALKING SHOES

by

Bauge & Son

SHOES THAT SATISFY

Ames, Iowa

"Imitated he Never Duplicated"

Rugs That Claim Distinction

All the romance of the Orient is in the designs and colors of our new Fall Rugs, Axministers and Royal Wiltons of such fine texture and such intricate designs that they resemble Orientals. They will add a cheery warmth to all the rooms in your home and offer you rich dreams for long winter evenings—of veiled ladies and far-away harems. All our new Rugs are moderately priced.

Younker Brothers