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Shrubs as a Garden Background

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father says, "I don't like that green stuff, give me meat and potatoes." Father may be Johnny's pattern. The father job means many more responsibilities than buying the food and shelter. Perhaps Johnny would have had red cheeks, a clear skin, hard muscles and straight legs if both of the parents had been on the job.

The right environment also means that childhood has enough sleep to sustain a nervous system upon which the coming years will probably add a greater strain. Enough sleep will not permit the day to be extended into the night. Count the children at the next night moving picture show you go to, and see how many parents are attending to their jobs. Yes, but you say that is the only time the parents get any recreation. They will be so much better for this change. Right there is the place where some wise evaluating should be done. Did childhood will to be a thing of reality? Parenthood will it—therefore it is parenthood's responsibility. Too often adults confuse child life and manhood. Parenthood's standards for itself cannot be imposed upon childhood—loss of sleep for the adult can be adjusted, but loss of sleep and rest in childhood leave a long list of direful results. Our schools are already too full of nervous, restless, poorly balanced children. Childhood is not going to rest properly unless parenthood sees that it does.

Not to be forgotten in this bill of rights is the place in which childhood may play—healthy outdoor play where young life may have full sway, and grown-ups may recede into oblivion; a place that is childhood's own domain, where nervous energy has legitimate outlet and where initiative and ingenuity can be stimulated.

A bill of rights is too long for full detail. The order is a large one for parents. But the larger the order, the bigger the challenge. It cannot be concluded until childhood has a chance to say it has a right to be socially-minded, a right to know its place in the community. Whose fault is it if Johnny usurps the attention of an entire group; or that if Mary cries at every denial of her demands; whose fault is it if some children are avoided as if they were a pest? Who allowed such conduct to be learned? Who is responsible for the disagreeable egotist—could it be possible it is the dating parent? Who is responsible for the child who takes things not his own—could it be that he found that was the only way his wants could be supplied? Johnny cannot find thy place in his group—such a process needs long carefully directed influences. The parent needs a keen insight into the meaning of life to do this part of his job.

The man who has proved that he knows what conservation is, Herbert Hoover, says, "If we could grapple with this whole situation for one generation our public health, our economic efficiency, the moral sanity and stability of our people would advance three generations for one," and I should like to add: we might reduce malnutrition and correct faulty defects, and leave to posterity a well balanced race. What are we as adults going to promise the future as our contribution in human material?

Shrubs as a Garden Background
By JUANITA BEARD, '23

TO HAVE a flower garden from early spring until frost is the wish of many homemakers and yet this result is difficult to achieve when one has only the gaudily colored seed catalog as a guide. To gain the desired effects of color, form and texture, one must have advice from those who are acquainted with all the characteristics of plants.

For a small home garden the best and most lasting effects are obtained by planting the perennials against a background of flowering shrubs. Let us consider the shrubs which are grouped into five different classes: those which are most suitable for heavy masses, such as the outside frame of the garden; those which are especially fitted for covering slopes; those which, because of their somewhat herbaceous appearance, may be used in the borders among the perennials and annuals; and finally those which, because of their beauty of form and color, can be placed as accents in the garden.

Shrubs for Massing

<table>
<thead>
<tr>
<th>Common Name</th>
<th>Scientific Name</th>
<th>Time of Bloom</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service-berry</td>
<td>Amelanchier canadensis</td>
<td>May</td>
<td>15-30'</td>
</tr>
<tr>
<td>Shad-bush</td>
<td>Lonicer Morowii</td>
<td>May-June</td>
<td>4-6'</td>
</tr>
<tr>
<td>Morrow's Honeysuckle</td>
<td>Syringa vulgaris</td>
<td>May</td>
<td>8-12'</td>
</tr>
<tr>
<td>Common Lilac</td>
<td>Philodendron coronarius</td>
<td>May-June</td>
<td>8-10'</td>
</tr>
<tr>
<td>Arrow-wood</td>
<td>Viburnum dentatum</td>
<td>May-June</td>
<td>8-10'</td>
</tr>
<tr>
<td>Japanese Snowball</td>
<td>Viburnum tomentosum</td>
<td>June</td>
<td>6-8'</td>
</tr>
<tr>
<td>Pearl Bush</td>
<td>Exochorda grandiflora</td>
<td>April-May</td>
<td>8-12'</td>
</tr>
</tbody>
</table>

Shrubs for Slopes (Vine-like)

<table>
<thead>
<tr>
<th>Common Name</th>
<th>Scientific Name</th>
<th>Time of Bloom</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Golden Bell</td>
<td>Forsythia Fortunii suspense</td>
<td>April</td>
<td>4-5'</td>
</tr>
<tr>
<td>Bittersweet</td>
<td>Celastrus scandens</td>
<td>May-June</td>
<td>15-20'</td>
</tr>
<tr>
<td>Matrimony Vine</td>
<td>Lycium chinense</td>
<td>May</td>
<td>30-50'</td>
</tr>
</tbody>
</table>

Shrubs for Hedges

<table>
<thead>
<tr>
<th>Common Name</th>
<th>Scientific Name</th>
<th>Time of Bloom</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regal's Privet</td>
<td>Ligustrum Iota</td>
<td>May-June</td>
<td>4-6'</td>
</tr>
<tr>
<td>Buckthorn</td>
<td>Rhamnus cathartica</td>
<td>June-Nov.</td>
<td>5-8'</td>
</tr>
<tr>
<td>Japanese Quince</td>
<td>Cytisus japonica</td>
<td>June-Nov.</td>
<td>5-8'</td>
</tr>
<tr>
<td>Russian Olive</td>
<td>Eleagnus angustifolia</td>
<td>June</td>
<td>10-30'</td>
</tr>
<tr>
<td>Rose of Sharon</td>
<td>Hibiscus syriacus</td>
<td>Aug.-Sept.</td>
<td>6-10'</td>
</tr>
</tbody>
</table>

Shrubs for Flower Border

<table>
<thead>
<tr>
<th>Common Name</th>
<th>Scientific Name</th>
<th>Time of Bloom</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sweet Pepper Bush</td>
<td>Clethra alnifolia</td>
<td>July-Sept.</td>
<td>4-5'</td>
</tr>
<tr>
<td>Dwarf Deutzia</td>
<td>Deutzia gracilis</td>
<td>May-June</td>
<td>3-5'</td>
</tr>
<tr>
<td>Spirea bumalada Anthony Waterer</td>
<td></td>
<td>July-Sept.</td>
<td>2-3'</td>
</tr>
<tr>
<td>Butterfly Bush</td>
<td>Buddleia variabilis</td>
<td>July-Oct.</td>
<td>3-8'</td>
</tr>
</tbody>
</table>

For Individual Accents

<table>
<thead>
<tr>
<th>Common Name</th>
<th>Scientific Name</th>
<th>Time of Bloom</th>
<th>Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thunberg's Barberry</td>
<td>Berberis Thunbergii</td>
<td>April-May</td>
<td>3-6'</td>
</tr>
<tr>
<td>Cork-barked Euconymous</td>
<td>Euconymous alatus</td>
<td>May-June</td>
<td>5-8'</td>
</tr>
<tr>
<td>White Kerria</td>
<td>Rhodotypos kerriodes</td>
<td>May-June</td>
<td>4-5'</td>
</tr>
<tr>
<td>Snowberry</td>
<td>Symphoricarpus racemosus</td>
<td>June-Aug.</td>
<td>4-8'</td>
</tr>
</tbody>
</table>

(Continued on page 21)
Shrubs as a Garden Background
(Continued from page 5)
green mass of peony foliage after the
peonies have ceased blooming.
Gladiolus (in variety)—Sword Flower.
Kniphofia (pfitzeria)—Red-hot Poker
Plant.
Liatris (in variety)—Blazing Star.
Lilium—Lily.
Physostegia virginiana—False Dragon
Head.
I know of a small backyard garden
which has been enclosed with a lattice
fence and a planting of shrubbery. Fac­
ing the shrubbery and bordering the oval
grass panel, perennials and annuals lend
touches of color throughout the garden sea­
son. And could you have seen the dear
little old white-haired man, sitting fast
asleep on the garden bench, with the
lavender flowers of the Butterfly Bush
covered with golden butterflies and a
humming bird flitting among the
butterfly flowers?—The New Domestic System

'Tis Egg Time Again
(Continued from page 6)
Tomato and Eggs Scrambled.
6 eggs
1 1/2 c cooked tomatoes
Seasoning
Method—Beat the eggs slightly. Add
the cooked tomatoes strained thru a
course strainer to remove large pieces.
Turn into a greased frying pan and cook
over a slow fire stirring slowly. As
soon as the eggs set remove from the
fire and serve at once. Over cooking
gives a curdled watery product.
French Toast With Eggs.
Dip a slice of bread 1/3 inch thick into a beaten egg to which a tablespoon
of milk has been added. Cut out a
circle 2 inches across from the center
of the toast. Saute until a light brown.
Break an egg into the hole in the toast,
Sprinkle with salt. When the toast is
brown, turn the whole slice of toast
and brown on the other side. Serve at
once.

The New Domestic System
(Continued from page 7)
The small town, of course, is its dupli­
cate. But the large cities are changing
rapidly from that agricultural ideal. We
can only begin to see some of the re­
sults that are flowing from this change.
It is of the utmost importance that home
economists and college students appreciate this move­
ment. For it is their function to prepare
women to take their places in this domes­
tic system. And there is no efficacy in
training them to meet conditions that
are rapidly passing away.

The Cooking of Meats
(Continued from page 10)
either colorless or slightly yellow. A
condition between these two extremes
is indicated by the term medium rare.
In this case, sufficient heat has been
applied to change the color of the center
to a light pink. The gray layer under­
lying the crust is therefore extended
considerably toward the center and the
free juice is smaller in quantity and
lighter in color than in the rare meat.
The degrees of cooking just indicated
are dependent upon the temperatures
reached in the interior of the meat dur­ing
the cooking. To many housewives
the roasting of beef seems to be largely
a matter of chance. A roast may, when
judged from its external appearance seem
to be sufficiently cooked and yet prove
to be very much underdone when cut. Even
long experience fails to make judgments
of the exterior more reliable, so that
many cooks would rather prepare all the
rest of the dinner than to roast the meat.
Therefore, to the inexperienced house­
keeper a method of judging the condi­
tion of the meat regardless of its ex­

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