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With the Iowa Home Economics Association

SCHOOL HAS SALE

By Gladys Mackey

MY OBJECT in writing this article is to tell about our sale, but first I should like to take just a little space to explain about the Pre-Vocational school. I find that many do not know the work of such a school.

We have nearly thirty girls enrolled. Many of them will be getting employment of some kind upon leaving our school rather than going on with a high school education. We give them ordinary elementary work of the grades just prior to senior high school work, and home economics. A half day is devoted to each. These girls, for different reasons, have not had the opportunity to carry on the regular school work in the Junior high school. The Pre-Vo school being smaller can give more individual help.

The home economics girls of the Pre-vocational school in Sioux City held a sale, Saturday, December 5th, in one of the leading department stores of the city.

The articles sold consisted of needlework, jelly and fresh cookies. The jelly was made in the fall. The glasses were made attractive by enameled lids and bright labels. The girls made almost twenty dozen cookies the two days previous to the sale. One girl who never has had the opportunity or encouragement to cook or bake at home had the responsibility of baking the cookies. She was quite busy watching three ovens, but she said that "it was fun". In making the cookies each girl used the full sized recipe. The chief kinds made were oatmeal, spice and chocolate drop cookies.

Following is a list of the articles of domestic art work:

Guest towels, tea towels, tray towels, lunch cloths, holders for the kitchen, handkerchiefs, gay bordered square hemmed and kiddie handkerchiefs of bright checked gingham with a little animal design embroidered in a corner; shoe trees, shoe bag, powder puffs, string dolls, decorated candles, beads one strand, baby bibs and play aprons.

We feel that the sale was quite a success, not so much in a financial way, but in the effect it had upon the girls. It gave them ideas of useful and inexpensive attractive gifts which were easily made and developed an interest in the Christmas work. They were thinking about things, as well as looking for gifts that were different and they really brought in more ideas than we had time to carry out.

From the making of these gifts an enthusiasm was developed also for the making of their own personal gifts, which they made later. I noticed, too, that the girls were developing their own abilities, they were gaining more confidence in themselves, and becoming more independent. One day, one of my younger girls came to me with a design she had copied freehand from a magazine cover, and timidly asked if I thought it would be suitable to trace on the little muslin bib she was making. She had changed the design just enough to make it suitable and it made a very pretty and different decoration on the bib.

In choosing the girls to be at the store

Someone who knows the teaching profession very well told us that the strength back of our National Organization was the organization at home. Thus the strength of the Iowa Home Economics Association lies in its membership.

This same observant speaker said that teachers never had any "pull" in politics or the business world but they had an immense amount of "push" when they really were determined to do a thing.

Do we, the one thousand Home Economics teachers of Iowa, want to go on record as the biggest, liveliest bunch of boosters in the middle west? Do we have the "Push" necessary to put us there?

We know that we have the most vital subject in the school curriculum and the one most firmly grounded upon human needs—The Home. Then let us PUSH.

Now if we are really determined to bring about this thing let us make it an individual proposition, and make this our slogan, "Be a member, get a member."

Lillian G. Orr,
Pres. Iowa Home Economics Association.

to act as sales girls, each class elected a representative after a discussion in which the class brought out four requisites for the sales-girl. These were:

1. Courtesy,
2. Skill in making accurate change,
3. Personal cleanliness,
4. Neatness.

As I stated before, the result financially was not great, as the sum realized was about ten dollars, but it was a beginning of a savings account which will continue to grow. We are going to use part of the money for the cleaning of our two large flags and for first aid supplies. The remainder will be used for a picture for the beautiful new building, a part of which we are to occupy next year.

STUDENTS WRITE PLAY

The girls lunch room class of the Ames High school adopted the plan of writing a play to advertise the merits of the hot lunch among the students of the high school and their parents.

In order to present their points intelligently the girls found it was necessary to first make a study involving some problems in nutrition, in food value and in marketing.

The plot chosen was one which had some dramatic interest and the situations worked out by the girls held interest aside from their educational value.

The play was presented before the high school Parent-Teacher Association. It will be entered in a health contest which is being sponsored by the National Tuberculosis Association.

Viola Jammer, Louise Sailer, Helen Hass and Marie Willard, senior Home Economics students in the college had charge of the project. They worked under the direction of the Department of Home Economics Vocational Education.

CHILD CARE CLASSES

By Lydia Jacobson

Classes in child care at Huxley high school took on a different aspect when the girls started planning for the baby clinic which was held there in the fall. The Home Economics class under the direction of Miss Lydia Jacobson from Iowa State College spent several weeks preparing for the clinic.

Care, feeding, clothing and training of children were studied and posters and exhibits were prepared to interest the mothers in better babies. Posters announcing the date and place of the clinic were displayed in advance and others emphasizing phases of child care were posted about the clinic rooms. Exhibits of the proper food for a three year old child and books for a mother's library were prepared by the high school girls.

Twenty-five mothers attended the clinic which was held under the direction of Mrs. Lulu R. Lancaster and Miss Lydia V. Swanson of the Division of Home Economics of Iowa State College. The following faculty members from the college conducted phases of the clinic work; Dr. Mary Sheldon made the physical examinations, Dr. Thomas F. Vance, Dr. J. E. Evans and John G. Jenkins conducted the mental tests, Miss Florence E. Busse had charge of the work in nutrition and Miss Susan L. Bates demonstrated children's shoes.

Following the clinic twelve mothers asked for a special class in child care and training which Mrs. Lancaster is now conducting. The high school class spent several periods following the clinic in discussions of the questions arising from the suggestions given the mothers and from the physical and mental examinations which they had seen given.

HOME ECONOMICS CLUB PAGEANT

A pageant showing the life of Ellen Richards was the contribution of the Home Economics Club of Des Moines University when the home economics department of the University held open house on December 3, 1924.

The occasion was in honor of Mrs. Richards' birthday. The pageant portrayed her life by decades from her birth in 1842 till her death in 1911. The authentic historical costumes worn by the students necessitated searches in many a grandmother's attic at Thanksgiving vacation. A collection of old quilts were used in the background of the stage.

More than 200 parents and friends were present to pay respect to the pioneer worker in home economics fields.

Officers of the Home Economics Club of Des Moines University are: president, Helen Hunt; vice president, Le Nora Decker; treasurer, Leona Vernon; secretary, Bessie Redfern; artist, Mrs. Marguerite Layman, and reporters, Letha Hostetter and Leora McKee.

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