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Building Folks

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PERSONALITY, whatever it may be, is at least coming into its own. It has been recognized thru all history. Unquestionably Cleopatra and the Queen of Sheba had typhoid fever, while Heloise and the "Portuguese Nun" had quite another. There have been vague, traditional, idealistic suggestions made in required socialization and in semi-religious conferences that personality might be varied to more perfectly conform to the prevailing standards of the community. But that personalities may be built, are being built upon which personalities in which the designs are all effect definitely determining its design, is only slowly recognized by the popular mind.

Psychiatrists devote their time to personalities in which the designs are all awry. The results of their studies point over and over again to early patterns, to twists formed in the early years of his life. Infant and early feeding is formulatated, measured and weighed with the greatest care. Any conscientious mother over and over again to early patterns, twists formed in the entire ly of our health are measured and straight-forward or a hypocrite, Fundamentally the important

SEXUAL PERVERT, depends on an astounding degree upon the early years of his life. Personality is not made, as is so frequently thought, at adolescence, tho it may be definitely determined. A good starting place for mothers who are interested in building for happiness and success as well as health, (and needs no further training, for the same, nor the one certain to follow the other) is remembering that a child’s activity surges up from his instincts. The instinct as a source of energy is born in him. Something in his environment arouses the center and releases the energy like burning a short fuse on a giant firecracker. In a child the fuse is ignited. The instinct is touched and the explosion of energy follows. That is all there is to it. In the adult practically all activity can be traced to the same instinctive sources. But what an intricate maze the energy must trace before it can get into the open and explode! Man in the process known as civilization has banked and bolstered his instincts with such a series of “should not”s” and “ought to”s” that a large amount of human futility and unhappiness is due to normal, natural, inherent energy that can’t find a normal and natural way out. To a large degree the popularity of simplicity of the path it must follow depends on the wisdom of the mother who first directed its discharge. Has she remembered, that is, that every instinct is natural, that it must have expression and that the expression must be socialized?

The instinct for self preservation, for instance, is a mighty valuable thing. It is a pocket of energy that should always be at the instant call of its possessor. But does that mean that it should be developed until its accompanying emotion, fear, spills over into and colors every third act the individual is called upon to perform? Does that mean that with the shell shock cases, the expression of fear that it should not be suppressed but directed so the impulse to run was given vent in the direction of the charge not away from it, their reaction would have been natural and that shell shock cases decreased tremendously. Every-day life shows people in physicians care who are actually suffering from a peace time form of shell shock, wherein suppressed fear is cropping out disguised. The healthy disposition of an instinct is first to recognize it, then admit it, direct it, force it to sociably acceptable channels, express it and forget it. The mother who follows such a sequence in helping her youngster thru the first few years of growing is building for his future.

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The Laying of the Cornerstone
(Continued from page 4)
and faculty who have gone out, the rec-
ord of the work and fine ideals which
Home Economics represents today, and
the hopes and dreams for a greater col-
lege, a greater Home Economics division,
and lastly and most important, symbol-
ized by the scrolls of the class rolls and
by the names which the senior women
have placed in it, this box contains the
material from which the real cornerstone
of such an institution is builded, its fine,
sterling, earnest student body.

Marshall county has a live girls’ club
in 13 of the 18 townships in that county.

Building Folks
(Continued from page 1)
point is: as you build associations around
this instinct, so will the child react to
that instinct in later years. Take the in-
stinct for self assertion, one of the most
trying one in children. How can you ex-
pect to persuade him that selfishness is
sin which God will punish, or perhaps
you take that activity into your own
hands, or to block it entirely with a
“children should be seen and not heard”
science and still have him square up to
an opportunity and assert himself in
later life? Ever since he can remember
and before that, asserting was sin until
he brought himself to self abasement.
Now when the spring to assertion is
touched, irremediably attached years be-
fore, all these other reactions surge up
with it and inactivity results. There are
many “failures” in the work-a-day world
who were sweet, obedient, children with
their wills “broken” early in the game.

Love is another of the instincts about
which a halo of associations become at-
tached. Mother, thru whom his first needs
are satisfied, becomes the first environ-
mental factor that touches on this source
of energy. What she is, what she comes
to mean to him or the image he builds
about the memory of her, will decide
largely what characteristics in another
woman will later arouse his love. Over
and over again psychiatrists, psycholo-
gists and physicians find the mother im-
age in the wife. Are you producing in the
the mind of your baby the image of the
woman you would like to see him marry?