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With the Iowa State Home Economics Association

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With the Iowa State Home Economics Association

High School and College Clubs

Des Moines, Dubuque and Sioux City High Schools are each starting Home Economics Clubs and have sent in reports of progress. Other clubs may have started, but no reports have been received of their activities. We will be glad to have reports from all Home Economics Clubs in High Schools and Colleges in Iowa and other states so that we may print them in the Homemaker. By this exchange of ideas we can strengthen our work.

East Des Moines High School Home Economics Club

Reported by Mrs. Delva E. Hall, Faculty Advisor.

The Home Economics Club at East High School in Des Moines met for the first time Thursday, March 5. Twenty-nine girls attended this meeting and twenty-two others who are eligible sent their names, stating they wished to become members. It is very difficult to find a time for meetings suitable for all, because of our present double session plan.

The following officers were elected at this meeting: Marjorie Fredrick, president; Winifred Cram, vice-president, and Margaret Hopkins, secretary-treasurer.

It was decided the club should meet twice each month, but a special meeting was called to appoint committees for organization of constitution, etc.

We expect to appoint a reporter for publicity to cooperate with the extension committee and the State Home Economics publication, The Homemaker.

Dubuque High School Home Economics Club

Reported by Fay Mack, Supervisor of Home Economics.

We are beginners in our Home Economics club, because we have only been organized and working as a club since our last Christmas vacation. We also feel like pioneers, for we have not succeeded in getting any information from clubs that are organized in High Schools in this state.

The purpose of our club is to promote interest in Home Economics in the High School and to bring a closer relationship between the home and the school in the work. We are attempting to accomplish this by having some social meetings as well as interesting educational meetings, to which others than members of the association are invited.

Our first meeting was a party given by the older girls to the new girls who entered High School this semester. The purpose was to help the new girls get acquainted and to show the older girls how to be hostesses, at our next meeting we had a milliner from one of the city shops give a talk about hats—particularly the essential points in selecting hats. The next meeting was a demonstration of how to set the table, given by girls from a cooking class which had been serving dinners. At our last meeting we were able to obtain slides from the American Art Association showing hanging of pictures and "wall decorations." One of the students read the lecture accompanying the slides. It proved to be of such interest that it was given one evening before a small art club of the city. Our next plan

is to have an out-of-town speaker, if possible, for one of our meetings, and as soon as the weather is favorable we will have a picnic. This coming Saturday the school is to have a carnival and the club is making and selling candy to obtain some needed money. So far their capital has consisted merely of dues, which amounts to the small sum of 25 cents a member. We are attempting to have variety in our meetings to stimulate interest.

We have both active and associate members in the club. Those who are taking Home Economics at the present time are active members and have the right to vote, and those who have taken it at any time may become associate members. We expect to have a few honorary members, consisting of women in the town who are especially interested in Home Economics.

As we grow in numbers and our funds increase we hope to be able to accomplish some philanthropic work. We already have made clothing in our classes for the babies at the Baby Fold, an orphanage, and we think here we can no doubt adopt some one child to belong to our club and keep that child completely clothed. If our funds swell sufficiently, we will add to our list helping keep some worthy girl in High School.

Our officers in the club consist of president, vice-president, secretary, treasurer and reporter to the school paper. The students have drawn up a constitution, a copy of which has been filed with the principal.

We expect to continue our meetings twice a month and thus far the girls have been very enthusiastic and interested and believe our club has every prospect for progress and growth under the control and help of one of the teachers, who is appointed by the supervisor.

CONSTITUTION FOR DUBUQUE HIGH SCHOOL HOME ECONOMICS CLUB

Article 1—Name

The name of this organization shall be Dubuque Senior High School Home Economics Club.

Article 2—Object.

Section 1: The object of this organization shall be to further interest in Home Economics in the Dubuque Senior High School.

Section 2: To form a connecting link between the home and the school.

Section 3: To train young women to be active and efficient leaders.

Section 4: To furnish an opportunity through organization for social life, such as programs, social gatherings, and to stimulate cooperation with other school organizations.

Article 3—Membership.

Section 1: Active members shall be those girls who are enrolled in Home Economics.

Section 2: Associate members shall be those girls who have taken Home Economics.

Section 3: Honorary membership shall be conferred upon faculty members in Home Economics or persons outside of

school who show unusual interest in Home Economics.

Article 4—Dues.

Section 1: The dues shall be twenty-five cents a semester.

Section 2: A fine of five (5) cents will be exacted for unexcused absences.

Article 5—Place of Meeting.

Section 1: Meetings shall be held every second Monday at 4:00 p. m. in the High School building.

Article 6—Officers.

Section 1: The officers shall be a president, vice-president and secretary-treasurer, who shall serve for one semester.

Section 2: Officers shall be elected by secret ballot at the last regular meeting in January and the first regular meeting in June.

Section 3: The president shall be an active senior.

Section 4: The vice-president shall have the same requirements as the president.

Section 5: The secretary-treasurer shall be a member of either freshman, sophomore or junior class, and may be either an active or an associate member.

Section 6: Selection of Advisor:

Advisor to be appointed by Supervisor to serve one year, subject to reappointment.

Section 7: Duties of Advisor:

1. Assist in appointing committees.
2. Be ex-officio member of all committees.
3. Advise officers of the club and perform all other duties usually incident to the office.

4. Advisor should always be present at meetings or appoint someone to take her place.

Article 7—Duties of Officers.

Section 1: It shall be the duty of the president to preside at all meetings, preserve order and demand obedience to all rules. She shall appoint committees and shall be a member ex-officio. She shall call special meetings, authorize the disbursement of all monies and perform all other duties usually incident to the office.

Section 2: It shall be the duty of the vice-president to assist the president in all her duties and to preside in her absence.

Section 3: It shall be the duty of the secretary-treasurer to keep a written record of all regular meetings and a complete record of membership and to call the roll at each meeting.

Section 4: It shall be the duty of the secretary-treasurer to take charge of and keep records of all money of the club and to pay out the same only upon an order signed by the president. She shall submit a report at every second meeting of the club and hand in a written report at the end of each semester to the advisor.

Article 8—Procedure of Meetings.

Section 1: The order of business shall be as follows:

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planned that neither girl has long idle periods. Team members must be resourceful. Unforeseen things sometimes happen. The girl who really knows her subject and is on the alert can fill in the break.

Good illustrative material adds much to a demonstration. It holds the interest of the audience and helps clinch points. A little material carefully chosen and to the point is better than a great deal poorly chosen and poorly used. All illustrative material, posters, charts, etc., should be large enough to be easily seen by everyone in the audience.

Personal Appearance

The personal appearance of the team is important. The girl should be dressed appropriately (a club uniform neatly pressed always looks right), carefully groomed, and, of course, have good posture. The platform arrangement should be attractive and it should be kept neat.

Too much care cannot be given to see that the girls use good English, that they enunciate well and speak loudly enough to be heard.

Last, but not least, comes salesmanship—in other words, making the audience believe in the practice demonstrated, making them eager to go home and try it. Of course, a girl must believe in a thing herself before she can make others believe. She must present her work with enthusiasm, with sparkle and dignity. There is no royal road to a good demonstration. It means much study and much practice, but it is worth while. Public demonstrations do much to acquaint the public with what the 4-H club girls are doing. They help establish better home economics practices in the community, but most of all they develop the girl. The team members gain real knowledge of the subject demonstrated, ability to work with others, and ease and poise in public appearance. Loveliest of all, they have caught a glimpse of the joy of service.

To the 4-H Club Girls of Iowa:

It is a real pleasure to send a personal greetings to 4-H club girls in Iowa. The reports of your work, which are forwarded to the national office, indicate that you are doing outstanding work in living up to the 4 H's of your club insignia in contributing appreciably to the comfort and happiness of your homes and in bringing honor to the 4-H club work of your state and nation.

May your good work be only the beginning of greater successes in 4-H club work.

Sincerely yours,

Gertrude L. Warren,

United States Department of Agriculture.

With the Iowa State Home Economics Association

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a. President shall call the meeting to order at 4:00 p. m.

b. The minutes shall then be read by the secretary-treasurer.

c. The old business shall be disposed of.

d. New business shall be brought up.

e. Turned over to Program or Social Committee.

Article 9—Committees.

Section 1: The president shall appoint all committees with the help of the advisor.

Article 10—Activities.

Section 1: The regular program for a meeting may consist of music, recitations, talks, essays, debates, etc. The public may be invited.

Section 2: The club may arrange for joint meetings with other clubs, annual picnics, trips to places of Home Economics and similar activities.

Article 11—Amendments.

Section 1: This constitution may be amended by a two-thirds vote of the membership.

Article 12—By-Laws.

Section 1: Such by-laws as are necessary for the work and development of the club in harmony with the spirit and purpose of this constitution may be adopted by the club at any time.

State Teachers College

Laura Ridge, Corresponding Secretary.

We are glad to send a report of the activities of our club and hope that this report will help some of the newer clubs in the state.

At Christmas the girls of the club made candy to pay for their page in the Old Gold and at the present time the girls are taking subscriptions for McCall's Magazine.

In the near future the girls are planning on entertaining the two-year girls at a tea in the Home Economics Cottage.

At present we have twenty-five members. Our officers are elected at the beginning of each term, thus giving each girl an equal chance and arousing more interest in the work.

Our meetings are usually held in the cottage, but at other times Miss Anne Liggett, the head of our department, opens her home to the girls, which everyone enjoys immensely.

We have very interesting meetings. Some are just business meetings and others are entertaining as well as educational. At our last meeting Miss Myrtle Gunselman, one of our instructors, gave an interesting talk on "Weak Points in Teaching Home Economics as I Have Experienced Them".

Des Moines College

Daisy Leora Countryman, Head of Home Economics Department.

The Home Economics Club at Des Moines College as a group visited the Rolins Hosiery Mills and also the State Legislature. Different girls are to make trips to points of interest and make reports at the next meeting of the club. We are going to have lectures on child care; making layettes for a home; put on a play; have open house and have a special initiation for new members. Each girl who goes out to teach is going to make a special effort to interest one or two girls in coming to the University Home Economics department. A special effort is made to have work in parliamentary drill at each meeting so that all of the girls have an opportunity to train for office.

State Home Economics Committee Meets

Members of the program committee of the State Home Economics Association

Martin's Dress Club

Men's Furnishings
Ladies' and Men's Cleaning
and Pressing

2414 Lincoln Way

Phone 1362-W

Ames, Iowa

Fords'

Luncheonette
and
Fountain Service



20

years
a favorite

Chocolate Cream

RICH AND MELLOW
COFFEE
at Grocers'

WESTERN GROCER CO.

MARSHALLTOWN - IOWA

United Cigar Store

Service and Smoking
218 MAIN STREET

ALM AND SON

Shoe Repairs

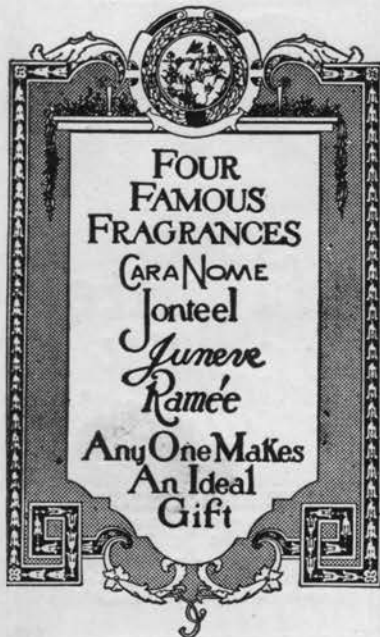
Speed and
Satisfaction.

Main Street

GODARD'S GIFT SHOP

Martha Washington
Candies

210 MAIN



Lowry & Theis

THE REXALL STORE

217 Main St. Ames, Iowa

met May 11, and a tentative program was suggested by the chairman, Genevieve A. Callahan. Other members of the committee present were: Fern Stover, Mrs. Beulah Schenk, Anna Olsen and Josephine Wylie of the publicity committee.

Miss Callahan has gone over the matter of the program for the annual meeting in November in a very thorough manner and it only remains to line up the various out-of-town people for the program.

The keynote of the whole program is, as planned, "The American Home", including interesting features for the Homemaker, the Home Economics business woman and the Home Economics teacher.

PARTY SPIRIT

Thirza Hull

"A Brazil nut! That's what I am!" proudly stated a curly headed lad as he held his place card up to view. "How dare you say that I'm a peanut?"

"You are a peanut, Billy," returned another boy, sure of his convictions. "Just ask Mrs. Jones if you aren't."

The weeping Billy was led to his hostess, who alone could pass the final verdict. The hostess had by this time discovered her mistake in the choice of place cards. On each was a picture of a different variety of nut and the identification of the varieties was designed to furnish part of the afternoon's entertainment. And now here she was with a weeping child on her hands and her pleasant little plan completely ruined.

Small boys and parties are things which, when taken together, are to be approached cautiously. Controversies are easy to start and hard to stop. Place cards should add to the spirit of a party without giving any chance for a disagreement to arise. Now, if the place cards, instead of being nuts, had been small candy trees, the boughs could have been easily stripped and no evidence left from which to conjure mischief.

Such place cards are made either from gumdrops or fudge, with the aid of small green wire. Fudge can be molded into very life-like tree trunks and gum drops, though not as pictorial, are just as palatable. Green wire can be fashioned into branches that can hold gumdrop leaves and a plain white card bearing the child's name. As a table decoration, a similar tree can be made on a larger scale. It is possible for such a tree to be very fruitful, even bearing lemon and orange drops on the same branch. The beauty of these place cards is that they are perfectly harmless.

One of the cleverest parties I have ever seen given for children was a Circus Party. Everything was there from the clowns to the calliope. The invitations were tiny paper elephants and the entrance to the dining room was a big circus hoop. The place cards were exceptionally clever and each one different from the rest. Here a fierce lion stood next to a white rabbit with pink ears and eyes. All the animals were drawn as lifelike as possible and were painted as nearly like the children's ideal as grown-ups could get them. The leopard **must** have big spots and the giraffe **must** have a long neck. Part of the animal was left unpainted so that the child's name could be printed on the card. Standards on the back made the animals stand up and they really felt that they were at a circus parade marching around the table.

In the center of the table was a circus

ring, in which paper dolls were posed in hair raising positions on a tight rope and on a trapeze, while down below in the ring was a group of funny clowns. At either end of the table were two camels—the jointed wooden toys of which children are so fond—and on the back of each were two saddle bags filled with candy and nuts.

From the moment the children stepped inside the circus hoop into the dining room they were entranced. Every child loves a circus and all that goes with it. They really felt that they were at a circus when the hostess served pink lemonade and animal crackers. We noticed that when every child left, he carefully took with him his place card and it is safe to say that nearly all of the children played circus the next day in their sand piles and back yards.

A Morning With the Children

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"Would you rather sit in our circle Jimmie, or sit on a chair by yourself?"

Another question might be, "Why do you not have more childish fights?" And the answer would be "children under normal conditions do not do this, only spoiled children do."

Some ideas of nutrition and good health are conveyed to these youthful minds. A desire to want to drink milk and eat spinach is stimulated by the granting of stars for the accomplishment of the feat. Four year old Doris, upon returning home from the laboratory said to her mother, "Mamma, teacher says I musn't eat fried bread or pancakes for breakfast so don't you give them to me."

"What may you eat?"

"Oatmeal, and milk and oranges."

The laboratory then without interference with the function of furnishing an educational unit for the preschool child—gives an opportunity to college students for psychological studies of child training and behavior problems.

Grade Crossing in Child Life

(Continued from Page 4)

dishes is to place a chore which is necessary and worth while in the wrong light from the boy's point of view.

Finally the best incentive is one which is commensurate with the behavior with which you are associating it. In other words, you should not reward too extravagantly or punish too severely. Let the degree or the amount of it be determined by the situation itself. The child will put down a punishment which is too severe as unjust and it may be the beginning of an unwholesome attitude toward the parent who has administered it. To reward unduly centers attention upon the reward rather than upon the act which you are trying to fix as a habit.

To Go To Potter Metabolic Clinic

Adele Herbst, '25 and Agnes Crain '25 are to go in October to the Potter Metabolic Clinic at Santa Barbara, California, as student dieticians.

Mrs. Floyd C. Klingman '11, and son, John Maxwell, sailed on February 27 for Port au Prince, Haiti, to join Mr. Klingman who is there in government service.

Ila French '24, is at present principal of the consolidated schools at Beaver, Iowa.