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Girls' 4-H Club

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4-H GIRLS AT IOWA STATE FAIR

The 4-H club exhibit room on the ground floor of the Women's and Children's building, State Fair grounds, was one of the most attractive centers of the whole grounds.

The central platform featured all three of the major projects, Clothing, Home Furnishing and Foods. Clothing appropriate to occasion was the theme on the whole grounds.

Ground floor of the Women's and Home Furnishing and Foods. Three of the major projects, was one of the most attractive centers, the Children's building, of the special clothing exhibit. The exhibit consisted of a club uniform with a corset, slip and bloomers appropriate to be worn with it, a woolen school dress with colored slip to match and a dainty flowered cotton voile party dress, with a ribbon vanity bag to add a festive touch. These dresses were displayed on life size dolls made to the measure of the girls who made the dresses. A large poster in the background explained the exhibit, “4-H Club Girls Choose Clothing Appropriate to Type, Occasion and Purse.”

The girl's room, built as a part of the central exhibit platform, housed the special feature exhibit in Home Furnishing. The furnishings were re-finished walnut, the work being done by one club girl. In some later number of the Iowa Homemaker, this room will be explained in detail.

Foods club work swung into a most prominent place in the State Fair this year. Special features were the Food Health Show and “Breads of All Nations” exhibit. They were planned to show that a foods club program can be as full of color and lend itself to exhibits and performance of value from the standpoint of both education and entertainment, as do Clothing and Home Furnishing. At the far end of the central platform was the Foods Health Show, consisting of an exhibit which was made up of posters and of attractively arranged fresh vegetables and fruits, cereal foods, meats and dairy products. The posters carried statements made by Dr. McCullom. A life sized figure of an attractive club girl showed the result of right diet. A series of four demonstrations, each followed by a separate stunt, stressed the same food facts. They were: Demonstration, Summer Drinks, and the stunt which followed, “The Teeth that the 4-H Club Girl Built.” Demonstration, Uses of Milk in Cookery; stunt, “American Beauty Products.” Demonstration, Vegetables in Salad; stunt, “Punch as a Cook.” Demonstration, A Well Balanced Meal; stunt, “I’ve a Dairy Farm in Holland.”

The Food Health Show, demonstrations and stunts, were given two afternoons of the fair. The plan of the show was given to us by the National Dairy Council of Chicago, Miss Gladys Coon of that organization having spent much time in Iowa helping to put this over. The Hamilton county club girls did all of the demonstrating. This show has been the result of the cooperation of the State Club Department, the National Dairy Council of Chicago and the Hamilton County Farm Bureau.

SCOTT COUNTY TROPHY

After winning the Marshall county trophy offered for the biggest and best exhibit at the State Fair the Marshall county 4-H club girls for three consecutive years, thus claiming it permanently. Scott county 4-H clubs gave another beautiful silver trophy to be awarded in the same way. Scott county had the pleasure and honor of winning the trophy themselves this year. Many counties are out to get Scott county’s scalp next year.

INTERNATIONAL BREAD BOOTH

Bread club counties were given an opportunity of having a part in one of the most colorful and interesting exhibits at the state fair. A booth containing a rare exhibit of breads caused a great deal of comment. Breads from Armenia, Germany, Bohemia, Holland, Sweden and France were displayed by girls in costume—copper kettles, characteristic china, red lacquered tables and chairs containing lovely pieces of hand woven materials brought by Miss Arnquist from the Scandinavian countries gave the room a real foreign atmosphere.

The booth picture shows Mildred Hample of Hancock county, one of the 4-H girls, wearing Miss Arnquist’s Swedish Costume which she brought back from the “old country” last summer. The costume is all homespun and comes from her own mothers home province.

You will notice the bread put on poles in the ceiling. This is Swedish rye bread which is baked on the bottom of the oven, and then put up on poles to dry. The damp condition of the ground floor of the Women's and Children's Building made the bread little bit “tipsy” as you will see. The tablecloth is a hand worn red and white one. The back of the chair holds a piece of bright colored homespun.

Girls representing Armenia, Germany, Bohemia, Holland, Sweden and France in the Foreign Breads Exhibit at the State Fair.
STATE FAIR DEMONSTRATIONS

Ninety counties were represented by demonstrations in the State Fair test. A total of 103 demonstrations were given during the week. The Home Furnishing team from West Potawattamie county won the Home Economics Grand Championship with their demonstration entitled "Developing an Attractive Dressing Center from Boxes." It was marked by efficient workmanship, originality, practicability and an artistic finished product. Winning the Home Economics Grand Championship is a real honor as only teams who have won a championship in their own county are eligible to enter the State Fair contest and only one team is allowed from a county.

There are five set types of demonstrations: Clothing, Home Furnishing, Approved Footwear, Canning and Bread. A champion is chosen in each class, these champions competing at a final contest for the Grand Championship. An unusual occurrence marked the champion demonstration. It proved so interesting that, at the close, a member of the audience moved in a business-like way during the fair grounds, elected state officers and leaders are eligible—there is no age limit.

The following judges spent long hours in an efficient piece of judging work at the State Fair. Miss Hazel McElrath, Columbus, Ohio, also judged clothing demonstrations and exhibits. Mrs. Elsie Cubertson, former head of the Home Furnishing Extension work judged the Home Furnishing demonstrations and exhibits. Mrs. Grace McElrath Ellis, formerly one of our home demonstration agents judged the canning and bread demonstrations and exhibits. These folks made many friends over the state through their good judgment and sympathetic attitude towards the exhibitors and demonstrators.

A FINE COMPLIMENT

Another fine compliment has come to a 4-H club girl. Nina Jones of Polk county has been asked by Miss Joan Hansen, chairman of the art section of the program committee for the state teacher's meeting, to tell at this time how she redecorated and furnished her room exhibited at the State Fair. Nina will represent all 4-H club girls of Iowa when she presents her subject. Her room is one of hundreds that is being redecorated by Home Furnishing Club Girls.

4-H COLLEGE GIRLS' CLUB

Iowa State College boasts among its many organizations, a 4-H College Girls' Club. All former 4-H club girls and leaders are eligible—there is no age limit.

4-H CLUB GIRLS' CLUBS

The state champion clothing demonstration team, Verna Vieth and Frieda Newrath of Marshall County.

The club meets once a quarter. The purpose of the club is to help club girls get acquainted and to promote the Junior Short Course, the time when younger 4-H girls visit the campus.

The state officers are: Esther Menitz, Scott county, president; Catherine Phillips, Mahaska county, vice-president; Julia Bourne, Kossuth county, secretary.

All 4-H club girls are invited to register at the state club office, Morrill Hall, the first week of school. The state club force wants to meet you.

Does a 4-H club picnic sound good to you? All right, we'll have one "right soon."

WELCOME, 4-H CLUB GIRLS!

Iowa State College welcomes all old and new 4-H club girls to her campus. Here lies pleasure and opportunity for you. It is yours to say whether 1926-27 is to be flitted away with nonessentials or whether it will be spent in interesting, worth-while things which will mean much to you right now, as well as in the years to come.

Which is your way of thinking, "Oh, well, opportunity knocks but once at each man's door and now my chance is gone," or "Opportunity knocks many times, but perhaps my ears are not attune and I do not hear."

4-H Club Girls, Iowa State College is here crammed full of the best in fun, work, inspiration and opportunity. Choose well, it rests with you.

Esther Mille, 4-H Club girl from Ida county spent her first year in Iowa State College at the Experimental Cottage mentioned in a preceding article.

CANNING EXHIBIT

The canning exhibits were more attractive than ever this year owing to the new glass display cases and the electric lights behind the jars. The following list of entries shows the canning display was not a mere selection of canned products, but an educational exhibit:

1. Exhibit of canned foods which one person requires for one winter month
2. Selection of five jars of foods which will make a well balanced meal
3. Selection of three jars of food high in iron content
4. Selection of three jars of foods high in vitamin content.

ELECT STATE OFFICERS

The 4-H club girls at Pine Crest Lodge (the girls' 4-H hotel while on the fairgrounds) elected state officers in a business-like way during the fair week. Campaign speeches were made, every tree on the fairgrounds bore campaign literature and health discussions twenty feet from the polls were indulged in. As a result, the following officers were elected:

President, Esther Sietman, Marshall. Vice-president, Mildred Hampel, Hancock.

Secretary, Cleo Lanuck, Clay. Historian, Zella Schnett, Scott.

STYLE SHOWS

For the second year in H club girls' activities at the State Fair have the girls from their respective counties walked the plank as representatives in the Style Show. This year, 24 counties entered the contest. Friday morning, September 3rd, these girls dressed in garments that they had made and carried their network and prettiest before proud home folks, fair visitors and critical judges. The contestants were divided into three groups, according to type as dramatic. (Continued on page 16)