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THE IOWA HOMEMAKER

Farm and Home Week

By BARBARA DEWELL

The campanile rang forth its music to nearly 2,900 extra men and women during the Farm and Home Week Short Course, held from Jan. 31 to Feb. 5.

Farmers, homemakers and professional men and women forgot the duties of farm, home and offices and became students again. The halls lodged a good portion of the women, and lights "blinked" for them at 10 o'clock, breakfast served from 7:15 to 7:30 and class work began at 8 a.m. They became regular college boys and girls.

The buildings buzzed with excitement. People from all over the state were here. For the first time, the new Home Economics Hall was open for actual use to the women of Iowa. Regular inspection tours were conducted thru the building and the women found it so interesting that it took an hour and 15 minutes to cover it. Coming into the front entrance, there was the Catherine MacKay Auditorium to see. In the west wing, the foods and nutrition laboratories were inspected and in the east wing the textiles and clothing laboratories for textiles, patterns and millinery. The tea room and institutional cookery kitchen on the ground floor offered another interesting excursion.

If the regular students of Iowa State College had their eyes and ears open they profited nearly as much by the short course as the Farm and Home Week people. Many well known men and women were on our campus, and lectures worth hearing were being given at every hour of the day, in practically every building.

Among the noted speakers for the homemakers was Miss Lita Bane, president of the American Home Economics Association. Miss Bane spoke at the second meeting of the short course on "Some Static in Health Matters."

"Health," declared Miss Bane, "is most important. Touchy, irritable people may trace such static to lack of physical, mental and spiritual health. We are all interested in physical health for three reasons: first, because it makes life more enjoyable; second, because of the desire to prolong the lives of those we love; and third, because of our selfishness. You must guard your health as one of your most precious assets. Take exercise. It is said that men live by work, play, love and worship. In the country there are vast opportunities for work and worship. Play is more difficult to manage. Then one must have courage. Glorify the common task, when the state is the worst, call upon your courage, play the game squarely, play it heartily, play until the whistle blows and the game is over."

Mrs. Mildred Weigley Woods, a homemaker from Minneapolis, was another well known visitor on our campus. The girls of the Mary B. Welch house entertained her and the men and women of the advanced Home Management class at a buffet dinner, after which a round table discussion was held. Every morning from 8 to 10 discussion groups were held in Home Economics Hall. Topics pertaining to Art in the Home, Household Administration, Children's Clothing and Food and Nutrition were discussed.

The Iowa Federation of Women's Clubs loaned an exhibit of modern paintings for the short course. There were also some copies of representative modern pottery. Among the pictures were: "The Pioneer," by Robert Amick; "Early Autumn," by George Traver; "Royal Gorge," by Parrish; and the "Whistling Boy," by Frank Daveeneck. Samples of Rockwood, Pecos, Newcomb and Van Bysle pottery were shown.

A small exhibit was placed in the seminar room. This exhibit was made up of children's books, professional books, modern fiction, biographies and periodicals.

The third floor of Home Economics Hall was made especially attractive because it exhibited colorful and interesting designs, most of which were student work. Features of the room were a dining room, a child's room and a living room furnished in the early American style.

The short course visitors not only became acquainted with our buildings, but our homes. Tents were given at the home management houses and all the halls and sorority houses entertained the visitors one night at dinner.

Sonny's Room

By GRACE BONNELL

Recently a friend of mine (Mrs. B.), who has a son three years of age, said to me, "Everyone to whom I show the house always says in an amazed tone, after seeing Sonny's room, 'Yes, it is nice for Sonny to have a room, but that leaves you without a guest room'."

"How did you answer them?" I asked Mrs. B.

"I reminded them that a guest room is used but occasionally during the year," she replied, "while Sonny would use the room every day. It seemed to me far more sensible to give the child the advantage of a room of his own, than to let it stand in idleness awaiting the occasional guest."

By way of explanation, I may say that Mr. and Mrs. B. have just completed the furnishing of their new cottage, which was built last fall.

Proceeding on this theory, Mrs. B. has succeeded in evolving an extremely attractive room at very small cost. As she explained, "I had almost nothing to spend except my time and energy, but I was more than willing to spend that, in order to give Sonny the most favorable surroundings for his development, for, according to the psychologist, Tanner, a child is in his most plastic state when he is of pre-school age, and his environment and training at that time have much to do with the forming of his character."

I will try to show you over the room as she showed it to me.

Altho it is a rather small room, it is properly cross ventilated and well lighted by a west and a north window. The floor is of hardwood, waxed, and the woodwork is painted ivory. The walls are untinted.

An iron cribbed, painted ivory with blue trimming, stands in one corner, and in the other is a low book rack filled with Sonny's favorite picture books and some other books his mother hopes he will want to read when he gets a little older, for one of her aims is to try to inculcate in him a love for good books. Sonny's little rocker and a small, plain kitchen chair, painted ivory, complete the furniture of the room.

The window drapes are of unbleached muslin, dyed a soft pink, with a flower motif appliqued on. The attractive bedspread is made of unbleached muslin. Pink gingham forms the border, and a scene of children at play is done in the center with crayon, together with Stevenson's verse:

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