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## Girls' 4-H Club

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# GIRLS' 4-H CLUBS



*Club Work Is Glorifying the Iowa Farm Girl*

## Homemakers Unit Courses at Iowa State College

The Homemakers Department of Iowa State College offers all girls at least 17 years of age an opportunity to take three months' courses in Home-making. This is non-collegiate work, so it is not required that the students be high school graduates.

The facilities for study in the fine laboratories of Home Economics Hall are especially favorable. Here one can learn the approved methods of food selection and preparation. The planning of menus and table service for the family meal or for special occasions is stressed.

The clothing classes give work in the making of silk and wool dresses so that they have the desired tailored or "finished" appearance. Those who wish to learn how to plan a becoming wardrobe, and what designs and colors to choose for their clothes, will receive real assistance in the class in costume design.

Art and design principles are emphasized in the art and handicraft classes. Here students make such articles as lamp shades, batik or block printed scarfs or table runners, baskets and attractive articles in tooled leather.

Other opportunities which the Homemakers Department offers are courses in child care and training, house furnishing, home management, and large quantity cookery. Students wishing to complete high school requirements may take work in the regular academic subjects.

The work of the winter quarter begins January 2 and continues three months. The cost of study is \$5.00 a course or \$24.00 for five or more courses. This department is in charge of Miss Lucille Horton.

## Scholarship Contest

Four Iowa 4-H girls will have the opportunity to attend the winter quarter at Iowa State College as students in the non-collegiate department with all expenses paid. A contest is being conducted to determine the girl with the outstanding record in bread, canning, clothing and home furnishing work. The contest is open to active club members who are at least 17 years of age and with at least a two-year club record, and who have not had the opportunity to complete high school. All entries in this contest must be in the State Club Office by December 1. Many 4-H girls should plan to take this worth

while course. All cannot be winners in the contest, but many can earn enough money to pay their own expenses for at least one quarter.

## College Girls' Tea

The 4-H college girls' tea, given October 27, was a decided success. The tea was given for freshman 4-H girls attending school, the girls' mothers and home demonstration agents attending the State Extension Conference. Many girls found old friends of State Fair and Short Course times whom they did not know were here. Thirty-five counties and two foreign countries were represented. Miss Leonie Lansdorf of South Africa and Kyra Klunderova of Czechoslovakia were the foreign visitors. Miss Betty Ritgers was in charge of the tea.

## 4-H Girls Have Part in State Home Economics Association Meeting

The 4-H girls' organization was ably represented on the program of the State Home Economics Association meeting held in Des Moines, November 4. Miss Esther Sietmann of Marshall County, former state president, told in an interesting, dignified way of 4-H ideals and standards and what club work had meant to her. She gave a report of the National 4-H Camp held in Washington, D. C. The state champion home furnishing demonstration team, Pauline Hufford and Dorothy Temple of Polk County, gave its demonstration on "Re-caning a Chair with Binder Twine," showing the demonstration phase of club work. Mrs. S. J. Steddom, local leader of this club, introduced the team, and represented the local leadership of the state. M. H. Feddersen, the county agent, introduced Mrs. Steddom. Miss Josephine Arnquist, state leader of 4-H Girls' Club work, was in charge of this part of the program. 4-H girls are proud to have had their organization recognized by the State Home Economics Association.

A haze on the far horizon  
The infinite tender sky;  
The ripe, rich tint of the cornfields,  
And the wild geese sailing high;  
And all over upland and lowland  
The charm of the golden-rod,—  
Some of us call it Autumn  
And others call it God

—H. M. Carruth.

## Greetings From Italy

Everyone will be interested in the letter which follows, coming as it does from Rome, Italy, and from none other than our Julia Bourne, State 4-H Girls' president of 1924, and the College 4-H Girls' president of 1927. The letter was written to Esther Sietmann.

Rome, Italy,  
October 12, 1927.

"I certainly had a lovely surprise waiting for me on the Andania, when I found your steamer letter. I was so excited I read it before the boat even left shore.

"I think it will be perfectly wonderful to be Iowa's 4-H official representative in Rome. I will certainly be glad to do anything I can for any of the 4-H girls at home.

"Never have I had such a perfect nine days in my life as I had on that ocean voyage! Even being seasick was rather fun. You see, I just felt little upset one morning on deck, so I had a girl rush me to my cabin and when I got there, I felt better and slept the rest of the day in peace. In the evening, however, I felt so good, I dressed for the dance and danced every dance until 12:00.

"Everything turned out so beautifully! I met a girl on the boat who was on her way to London to take two years in Dramatic Art. You see, I was in London eight days, and it seemed just too good to be true to have this girl there. We explored London together. We had to laugh at each other carrying our maps and street guides with us everywhere we went. There was only one difficulty, and that was the policemen sometimes had a hard time understanding my middle-western 'brogue', as the Englishmen love to call it. I couldn't understand the policemen at first, either. They would always say, 'Go to the top of this street,' and then with a zig-zag motion of their hand, they would tell me to go this way and that way. I would try to look as if I understood and then go and ask the next policeman the same question. I had intended to be homesick in London, because I thought I was going to be so much alone, but I really didn't have time to get homesick. I could have spent a month in London. There is so much to see, and so much to do.

"I saw my first real fog at the mouth of the Thames river. The boat simply anchored there for seven or eight hours. Small boats would be blowing their horns, but we could see no trace

of them. Finally our captain talked to one of the other captains, and we could hear every word distinctly, but still no sight of his boat. After the fog had lifted a bit, we started to move on, and this is the exciting part. We came within two feet of striking a boat which was anchored. We were all out on deck and I was never so frightened in my life. The captain began yelling orders and the crew worked quickly and consistently. I counted thirteen ships nearby at that time.

"My cousin and I stayed in Paris about three days. By the time we left there, I felt as if I had seen so much in such a short time that I had reached the saturation point.

"And now I am in Rome. I just love it here. Every day that I leave the house, I see something new and fascinating. I went shopping alone this morning, equipped with my knowledge of about ten Italian words. I won't tell you all that happened in the store, but at least I came home with the hose I wanted, and the right color and size, too! The maid here speaks no English, so we have a lonely time here. When I want to talk to her, I get out my three Italian grammars and dictionaries and finally make a sentence.

"Well, Esther, drop in and see me some time. We have tea at 5:00 and we will give you some peanut butter sandwiches. They are quite a treat here. I brought some over with me, also some marshmallows. It is very hard to buy these here."

### Leader to Go East

Miss Josephine Arnquist, state leader for girls' club work, will attend the New Jersey State Extension Conference the first week in January. On January 4, Miss Arnquist will present 4H club work as we have it in Iowa, and will conduct a round table discussion group.

### Girls Attend Club Congress

Clara Blank and Irene Crist, members of the Page County Iowa Grand Champion Home Economics Demonstration team, enjoyed their week at the National Club Congress in Chicago. Club demonstrations were not a feature of the congress this year, so the girls did not have an opportunity to test their skill in competition with teams from other states.

### Achievement Day

Theory without practice is void. In order to show other folks that 4-H club work recognizes the truth of this, we have Achievement Days.—Kossuth Bubbler.

If you intend to be happy, don't be foolish enough to wait for a just cause.—Chap-Book.

Read the best books first, or you may not have a chance to read them at all.—Henry D. Thoreau.

### Moses Trophy Contest

The Moses trophy leadership contest is a feature of the National Club Congress. Each state is entitled to enter one girl and one boy in the contest. All contestants must be active 4-H club members over 15 years of age and must have a record showing participation in county and state demonstrations, exhibits or judging work. Miss Esther Sietmann of Marshall County, now a freshman at Iowa State College, has been chosen to represent Iowa 4-H girls in this contest, as hers was the outstanding record. Esther has been an active club member for seven years.

A few of Esther's accomplishments as a result of her club work are: 580 garments made, 175 loaves whole cereal bread made, passed on better sewing practices to 57 families and better home furnishing practices to 18 families.

Esther has missed but one club meeting in seven years. She has held eight local and state offices, being past state president. In her capacity as state president, Esther has been called upon to represent the 4-H girls of the state on many programs, among which are the Annual Farm Bureau Federation meeting, State Club meeting at the State Fair, Iowa State Home Economics Association, National 4-H meeting at Washington, D. C., radio talks over WOI, Grundy County Rally Day, Jasper County Achievement Day, and many local Farm Bureau and Grange meetings. In all these places, Esther has upheld the ideals and standards of the 4-H club in a dignified and splendid manner.

The Moses trophy is awarded for leadership qualities gained through club work. Esther has helped coach sixteen teams in her own and neighboring counties this year and has personally interested twelve girls in improving their health. That Esther is a member of a strong club is shown by the following interesting data:

100% of members can recognize music memory numbers on Iowa State list.

100% of members can identify, as well as appreciate, the pictures on Picture Memory list.

100% of members wear approved clothing.

18% of county prizes won by club.

Isn't this a splendid record throughout?

### 4-H On the Air

Miss Josephine Arnquist, State Girls' Club Leader, and Miss Fannie Buchanan of the Education Department of the Victor Talking Machine Company, started off the 4-H girls' radio programs on November 5. Every Monday evening from 7 to 7:30 o'clock, these programs will be broadcast from WOI. News of the club world, helps for club meetings, with enough nonsense for variety, will make up the girls' programs.

Every program will feature some college girl who formerly was a 4-H mem-

ber, at least two music memory numbers and a talk by either Miss Arnquist, Mrs. Edith Barker, or Miss Florence Forbes, members of the State Club Department, will be given. All 4H club girls who have radios will be eager to listen in to these programs.

### What About the Future?

There are many minutes which we club folks have thrust upon us, now that school is closed. Thus far they were spent broadening our knowledge for the purpose of equipping us better for life. But are we going to idle them away now, or use them to the best advantage?

Why not keep on educating ourselves and making our minds noble by using our hands, heart, head and health. We club members have all these so we can work wonders with these eternal minutes.

Kossuth Bubbler.

### LAUGH

Build for yourself a strong box,  
Fashion each part with care;  
Fit it with hasp and padlock,  
Put all your troubles there.  
Hide therein all your failures,  
And each bitter cup of quaff  
Lock all your heartaches within  
Then sit on the lid and laugh.

Tell no one of its contents,  
Never its secrets share;  
Drop in all your cares and your worries,  
Keep them forever there.  
Hide them from sight completely,  
The world will never dream half;  
Fasten the top down securely,  
Then sit on the lid and laugh.

—Kossuth Bubbler.

Entertaining is the finest of all the fine arts, and is cannot be done by proxy. It cannot be done by the cook, nor yet by the decorator. Let the hostess give her guests her personal interest, her sympathetic comprehension, and she will have mastered the delicate and subtle art.—Lilian Whit-  
ing.

When our trouble is heavy, and we pine for relief, let us seek out one whose burden is greater than ours. From the contact of heart with heart there springs the balm of consolation.

Every member in the Monroe County 4-H Club will be a "Canning Club Member" this year; not a "Can'ting Club Member" in the bunch.—Monroe County Farm Bureau Exchange.

Be satisfied with nothing but your best.—Edward R. Sill.

The great thing in the world is not so much where we stand, as in what direction we are moving.—Oliver Wendell Holmes.

Wisdom is knowing what to do next; skill is knowing how to do it, and virtue is doing it.—David Star Jordan.