

1927

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### Recommended Citation

Turner, Marcia (1927) "State Home Economics Association Meeting, Nov. 3-:4, Des Moines," *The Iowa Homemaker*: Vol. 7 : No. 5 , Article 9.

Available at: <http://lib.dr.iastate.edu/homemaker/vol7/iss5/9>

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# Iowa State Home Economics Association

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## State Home Economics Association Meeting, Nov. 3-4, Des Moines

By MARCIA TURNER

### General Meeting

No longer may the State Home Economics Association be said to be an organization devoted exclusively to the interests of teachers. The program of the annual meeting just past brought to light very clearly better ways of uniting the interests existing normally among homemakers, home economics teachers, home demonstration agents and students of homemaking.

At the luncheon meeting on Thursday, Mrs. Casper Schenck, homemaker and former teacher of home economics, reviewed the aims and past achievements of the association. President Regina J. Friant followed with a forecast of problems coming up to challenge the best efforts of a progressive state association of the future.

The program on Friday morning brought out much new light on old problems of home and school laboratory, in reports of recent experimental work in foods and nutrition by Dr. P. Mabel Nelson and in textiles and clothing by Miss Katherine T. Cranor.

The Garner community experiment in electrical equipment for the home as reviewed by Mrs. Roy Lowhorn, of Garner, revealed a long step in increased efficiency for the home "Arousing Community Interest in Home Economics Work," was discussed by the president of the Association of Home Demonstration Agents.

Home Economics Clubs in High Schools was the theme of the Friday afternoon meeting, in which was brought before the association the results of the student clubs program and a demonstration of the club initiation service. Members from the 4-H Clubs, with Miss Josephine Arnquist, state leader, made reports of the past year's activities. Of special interest to teachers was the demonstration of illustrative material for foods classes by Miss Aubyn Chinn of the National Dairy Council.

Through the meeting there was a general stir over the coming national meeting and much discussion in the air of preliminary plans for the occasion. These plans, as fast as they are perfected, will be reported to the association members through the *Homemaker*. Certain it is that none left the association meeting without a distinct consciousness of the need for every mem-

ber at work in one capacity or another to make the June meeting in Des Moines an unequalled success in the matter of smoothly running machinery and of warm hospitality.

### Student Club Program

Friday A. M. Auditorium Insurance Exchange Building.

Report of the National Club Meeting—Miss Anita Andrews.

Short Report of Club Activities—By Club Delegates.

Demonstration of Candle Initiation Ceremony—By Oskaloosa High School Girls.

Round Table Discussion.

Social Hour—Des Moines Home Economics Club, Hostesses.

### Report of Student Club Committee

- Seventeen student clubs affiliated with state and national associations in June, 1927.  
—— student clubs affiliated November, 1927.
- Results of questionnaire sent to all clubs in March, 1927:
  - Most clubs hold regular meetings.
    - Business—to teach rules of order.
    - Social—to teach social graciousness.
    - Serve dinners, etc.—to raise money.
  - Most clubs have adopted state pin.
  - Some clubs have adopted formal initiations.
- Separate division for student clubs at November, 1927, meeting.
  - To gain knowledge of what other clubs are doing.
  - To discuss problems.
- State news letters planned for affiliated clubs 1927-1928.

Very truly yours,

Mrs. D. E. Hall,  
Chairman, State Club Committee.

The Iowa News Letter, inaugurated last year and published jointly by the Vocational Home Economics teachers of Iowa and the Home Economics Vocational Education Department of Iowa State College, has been discontinued as such. In its place, however, and embodying it, will appear very soon the news letter to be issued from the office of the State Supervisor of Vocational Home Economics, Miss Fern Stover. The original news letter was a link between the college department and its graduates now in the field. The new letter, coming from the state supervisor's office, will have the advantage of including wider interests and making the additional appropriate link with the state department.

### Installation Service for Student Clubs

*Costumes*—Spirit of Home Economics—long white robe of cheese-cloth, with a head band of flowers or silver paper if desired.

All others—Officers, new members and old members (if desired), wear white or light colored dresses.

*Place*—A darkened room with a few lighted candles placed about.

*Arrangement*—The present members are seated far enough back so that there is a sufficient number of front chairs for the new members. At the front of the room is a small table upon which is a candelabrum holding as many unlighted candles as there are aims in the club. The president stands directly back of the table with the other officers standing on either side of her.

A knock is heard at the door. The secretary, who is nearest the door, steps to it, opens it and a voice is heard saying, "May we come in and join you?"

Secretary: "Mistress President, there is a group of girls without the door who seek entrance. May they come in?"

President: "Ask who they are and why they seek entrance here."

Secretary: "Our president bids me ask you who are you and what you are seeking here."

Voice: "We are a group of Oskaloosa High School girls asking to join your Home Economics Club."

President: "Ask if they are willing

to abide by our laws, our aims and ideals."

Secretary: "Are you willing to abide by our laws, our aims and ideals?"

Voice: "We are."

President: "Bid them enter."

Secretary (throws open the door): "Our president bids you enter." (She ushers them into the front chairs, where they are seated. Each girl is then given a small white candle by the secretary.)

Another knock is heard at the door—the secretary answers it, turns quickly and speaks: "The Spirit of Home Economics is come!"

President: "Throw open wide the door. Welcome, Spirit of Home Economics."

The spirit appears at the doorway carrying a large lighted candle in her hand. She moves forward slowly to the table where the president stands.

President: "To all of you, especially those who are seeking entrance to this club, listen attentively that you may be more ready to work and to serve with us."

Spirit of Home Economics reads Guest's poem, "Life."

"Life is a gift to be used every day,  
Not to be smothered and hidden away;  
It isn't a thing to be the chest  
Where you gather your keepsakes and  
treasure your best.

It isn't a joy to be sipped now and then  
And promptly put back in the dark  
again.

Life is a gift that the humblest may  
boast of,

And one that the humblest may well  
make the most of.

Get out and live it each hour of the  
day,

Wear it and use it as much as you  
may;

Don't keep it in niches and corners and  
grooves,

You'll find that in service its beauty  
improves."

"I am the Spirit of Home Economics, the Spirit of happy, healthy girlhood, of contented home life, of ever advancing communities. I am come here today to give you the light of service which will enable you to make your school, your home, community and even your state and nation a happier place in which to live. This light of service I give to you that you may follow its beam and help these members and these others seeking membership to follow also."

The Spirit steps to the side of the president, lights her candle and remains there during the rest of the service.

President speaks: "I accept this light of service, Spirit of Home Economics, and promise to do my best to follow its radiance myself, and to help the other club officers and club members to follow also." The president steps up to the candelabrum and lights the candles one at a time as she speaks.

"May this flame help us to serve in friendship the girls of our High School, may this one help us to make

our own Home Economics Department better, may this one help us to serve our homes and thus show us our way to service in our own community. May this light of service shine out even farther than our own community, for as our school, our homes and community are made better so is the state, nation and even the world. Will you as officers accept this fire of service and light your candles from it?" (Officers light their candles.) "Will you girls who desire membership in this club take this pledge of service and loyalty to the Oskaloosa High School Home Economics Club by lighting your candles from these flames?"

New members together: "I do."

President: "Then repeat this pledge after me. 'I pledge my loyalty to the Oskaloosa High School Home Economics Club, promise to uphold its aims and ideals and to serve my school, my home, community, state and nation whenever and however I can.' Come light your torches at these fires that you may fulfill your pledge."

The new members file past the table, light their candles and pass back to their places. They sing as they go:

(To the tune: "Ancient of Days")  
Follow the light of service as we  
journey,  
Along the pathway of our (.....)  
Club.

We pledge to make its rays shine even  
farther

Than just our local school and student  
club.

Oh, may its radiance, all its joy and  
beauty,

Spread happiness to others in this  
world;

May all our lights make one great ser-  
vice banner,

That round the earth its rays may be  
unfurled.

President: "We welcome you as members of our club and hope that we will be of service to each other in carrying out the aims and purposes of this organization."

It would be nice to serve light refreshments after the service.

### American Home Economics Association Program, 1927-1928

To continue promotion of membership.

To give active support to such state and federal legislation as has been endorsed by the association.

To cooperate with organizations whose work relates to that of the American Home Economics Association.

To emphasize the importance of an adequate program of home economics research.

To increase subscription to the Journal of Home Economics and to increase interest in the Journal through more effective use of its articles by teachers.

To obtain effective publicity for home economics.

To continue a study of objectives

and standards for home economics curricula of high schools and colleges in the light of the changing conception of home economics education.

To emphasize in the guidance of students, the importance of adequate training for professional service.

To increase interest in international relationships in the field of home economics.

To increase the Ellen H. Richards Fellowship Fund.

To continue active cooperation in the field of child development and parental education.

To observe and encourage the work of student home economics clubs without unduly influencing their policies and programs.

### Journal of Home Economics

New subscribers will receive the Journal of Home Economics for 14 months at the regular yearly rate—\$2.50.

Articles in Journal of Home Economics, 1927:

Objectives in Home Economics—Lita Bane, University of Wisconsin.

Controlling Expense by Standards—S. Agnes Donham, Specialist in Home Management.

Stimulating Health Education—Emma Winslow, Child Health Committee, New York.

Textile Testing Laboratories of the United States—Pauline Beery Mack and Mary Catherine Hughes, Pennsylvania State College.

Junior High School Units in Family and Community Relationships—Marcia Elizabeth Turner, Iowa State College.

Recent Progress in Nutrition—Martha Koehne, Presbyterian Hospital, New York.

The Family in Chicago—Day Monroe, University of Chicago.

The Relation of Cooking to the Palatability of Meat—Paul E. Howe, United States Department of Agriculture.

The Fur Industry—David C. Mills, General Director, National Association of the Fur Industry.

The Home and the Child—Florence Brown Sherbon, University of Kansas.

Protein Values in Nutrition—H. H. Mitchell, University of Illinois.

Tests and Specifications for the Household—F. J. Schlink, American Engineering Standards Committee.

Progress in Vitamin Research—Sybil L. Smith, United States Department of Agriculture.

Individual Problems for the Clothing Course—Marjorie Miller, Hudson, Iowa.

Extension Project in Child Care—Alma H. Jones, Iowa State College.

The Psychological Approach—Clara M. Brown, University of Minnesota.

Radio and Extension Teaching—Lois P. Dowdle, Georgia State College of Agriculture.

Social Factors in Extension Work—  
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