Girls' 4-H Club

The Iowa Homemaker
Merry Christmas!

The State Club Office wishes a Merry Christmas and the best of New Years to all 4-H girls, leaders, committee members and friends of club work. We hope the New Year will bring with it new inspiration, greater achievement, a stronger program and bigger opportunities to serve each one.

Iowa Girl Places in National Contest

Miss Esther Sietman of Marshall County, now a student at Iowa State College, had the honor of placing fifth in the Philadelphia Farm Journal contest to select the best all-around 4-H club girl in the United States. As there were something over 290 contestants, fifth place is a real honor. Esther won first place in this contest last year.

Once my brother's old college hat.

Introducing Miss Lula Tregonning

The State 4-H Club Department has welcomed one new member to its family. Miss Lula Tregonning, formerly home demonstration agent in Scott County, is the new member. Miss Tregonning comes with a wide experience in club work, as she was home demonstration agent in Scott County for four years and did a lovely piece of work with the club girls there. Previous to going to Scott County, Miss Tregonning had four years of home economics teaching experience, having graduated from Iowa State College in 1918. Last summer Miss Tregonning spent in Europe.

New Laurels for Iowa 4-H Girls

The complete outfit for a club girl is one of the most attractive entries in the clothing exhibit at the National Club Congress, held in Chicago each year at the time of the International. Iowa 4-H club girls will be very proud to know that for the fifth consecutive year the Iowa outfit has been awarded the blue ribbon. Gladys Cone of Guthrie County is the girl who made the outfit this year. The story of planning and making her outfit is told in an interesting way by Gladys herself:

"Several of the older girls in our club planned complete outfits this year. We have learned that it takes much planning before we actually begin our work. This is my second year to enter an outfit at the State Fair.

"My type is: height, 5 feet, 3 inches; light brown hair, blue eyes, clear complexion.

"Blue is my favorite color, so I chose that as the foundation for my color scheme. Since I found this material with a tiny black wool thread showing here and there, I chose black shoes and black hat. The inspiration for the color combination came from Nature. One evening, as I rode from Grundy Center to Waterloo with my club leaders, I looked up in the sky and said to Mrs. Davidson, 'There are the colors for my wool dress.' There were blues, lavenders, orchids and gold together. One of the clothing specialists at college said, when she saw my dress, 'You have used the Johanet color scheme.'

"The decorations for my tie I made of sealing wax, carrying out the color scheme.

"The hat has been the most fun. It originated belonged to my brother. When I found it, it was almost hopeless, torn, very soiled and much out of shape. I spent thirty-five cents to have it cleaned. Then I turned, steamed, re-blocked, shaped and darned it. With a little tuck up there, a slash or two, a bit of ribbon and thread—my hat! The lining I took from an old hat. The monogram is my own.

"Because my dress is very short, I used elastic in my bloomers, being careful to have the elastic large enough around. Leg measure 12 1/2 inches, bloomers measure 12 inches; my waist measure is 25 inches, the band around waist of bloomers is 24 1/2 inches.

"My dress looks prettier with another thickness under it, therefore the slip. No vest is worn because I have three thicknesses as it is.

"A school ring is my only jewelry with this outfit.

"My costume has taken much planning and scheming, but it has been so
Corselette Dress-cost ................................... $7.23
Slip ..............................................................................
Hose ..............................................................................
Hat ..............................................................................

Saving fourth. The exhibit in children's a cotton dress, showing good class, winning four first places, and girlish in design. Iowa has placed a suit for a small boy of the same tive years. The entry in a new class, of window treatment—curtains and rods for one window. Iowa's entry was made by Dorothy Newell of Dallas County and won first place. In canning, Iowa placed first in "Six Jars Rich in Vitamins;" second in "Six Jars of Fruit," and third in "Six Jars of Most." These all came from Palo Alto County. Our style show contestant, Elsie Schulz of Plymouth County, did credit to Iowa 4-H girls. She placed fourth. There were judging contests in clothing, home furnishing, canning and bread judging. Iowa was repre- sented in the clothing judging contest by Bessie Wheelock and Ferne Pemberton of Grundy County. Bessie Wheelock placed the girls' individual scores. Our team did not place, but did a creditable piece of work. Our health champion, Lucille Black of Audubon County, did not place, but represented Iowa 4-H girls in a very fine way.

Back From Chicago

Thirty-seven alert 4-H club girls have come back from the Sixth National Club Congress full of inspiration to carry on 4-H club work in a bigger and better way than ever in 1923. Miss Josephine Arnuquist and Mrs. Edith Barker of the state office accompanied the girls. Each girl was either a state champion in demonstration, health, judging or style show contests or an outstanding club member in her county. Forty-six states and Canada were represented at the Congress.

From the time they registered at the La Salle Hotel until they were tucked away in the berths for the return trip, these girls had a series of interesting new experiences. It was the first trip outside of Iowa for some of the delegates. Some had never ridden on a train before (not so strange in a day of autos). Most of the girls had never slept on a train before and only one had ever seen an elevated railroad; many had never been in a subway, and many were thrilled by rides in elevators.

The National Club Committee had planned a wonderful program, which included trips to many interesting in- dustrial plants, including the tractor plants of the International Harvester Company, the Northwestern Yeast Manufacturing Company and the pack ing plants.

Of still greater interest to the girls was the trip to the Chicago Art Institute, the Field Museum, the Marshall Field store in the Loop, and the Lincoln Park Zoo. One of the high points of the week was the big club parade in the arena of the International Livestock Exposition. Every delegate walked in the parade, headed by some bug appropri ate banner. Many of the delegates were in costumes which were suggest ive of the state. The state of Iowa, which was the largest delegation, was headed by a huge six foot car of corn. The girls followed wearing green caps, which represented growing corn, the leaves rustling as they walked. Each stalk of corn was made a very impressive sight. The boys walked in formation directly fol lowing the girls. The North Dakota delegation was very interesting. They had huge paper heads made to repre sent ficker-tall gophers. Florida came bearing great branches of oranges. Oregon had a very impressive thing to represent the state. There were only two people and they carried between them a huge bunch of grapes. The grapes were made by blowing up purple balloons. Kentucky came wearing shields of bluegrass.

You can imagine the excitement and enthusiasm when the band struck up our corn song. Many of the commercial concerns gave splendid banquets for the delegates in the ballrooms of Chicago's leading hotels. A very noticeable thing at every banquet was the serving of milk rather than coffee or tea to our young people.

Iowa 4-H Exhibits Win in National Contest

The Iowa 4-H exhibits at the National Congress, held in Chicago, November 26 to December 2, represented the ideals, standards and best workmanship of the 15,000 4-H girls in the state. Iowa placed in every class, winning four first places, one second, two thirds and one fourth.

In the clothing exhibit, the complete outfit made by Gladys Cote of Grundy County, placed first. It was beautiful in color and workmanship and girlish in design. Iowa has placed first in this contest for six consecutive years. The entry in a new class, a cotton dress, showing good color combination, was made by Lucille Miller of Crawford County, and placed fourth. The exhibit in children's clothing consists of a dress for a little girl six years of age and a suit for a small boy of the same age. The Iowa garments were made by Mary Johnson of Sac County and placed second.

In home furnishing there are two classes. First is an interesting unit from a club girl's room. Iowa sent a reading center, consisting of a refinished walnut table, rocking chair and book shelves, a lamp, book ends and braided rag rug, all the work of Esther Everett of Mahaska County. This won first place. This contest has been held five years, with Iowa placing first each year. A new class added this year consisted of window treatment—curtains and rods for one window. Iowa's entry was made by Dorothy Newell of Dallas County and won first place.

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