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Girls' 4-H Club

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Girls' 4-H Clubs

Club Work Is Glorifying the Iowa Farm Girl

Conducted by Caroline Morrell

Greetings:

Another happy and profitable year has passed for 4-H club girls and leaders. As you look back, we are sure you are proud of your record—but at the same time you pause and give serious thought to our slogan and resolve to make that good record better in 1928. We wish you happiness, good health, friends and a year full of all that is fine.

4-H Exhibit-State Farm Bureau Federation

Iowa—100% for 4-H Girls' Club Work, was the keynote of the 4-H girls' exhibit at the Annual State Farm Bureau Federation meeting, held at the Shrine Temple, Des Moines, in January. An interesting map showing the 1928 projects for each county with the posters showing the organization plan for state, county and township, brought out the idea that all forces, the U. S. Department of Agriculture, Iowa State College Extension Service, the State and County Farm Bureaus, County Agents, Home Demonstration Agents, county club committees and local leaders, work together to develop a well rounded program.

Woodrow Wilson's statement, "Character is the by-product of the things we do," was used as the background for the table on which was displayed the various phases of the club program, parliamentary law, public speaking, music appreciation, picture study, demonstration, home economics projects, community interests and publicity.

A lovely souvenir, prepared by the State Club Department, giving high lights of club work in 1927 and illustrated by many attractive cuts, was given to all visitors. This attractive booklet was given by the Meredith Publishing Company as an expression of its belief in 4-H Girls' Club work.

How Is This for a New Years Thought?

A laugh is just like music; It refreshes all the day. It tips the peaks of life with light, And drives the clouds away.

The soul grows glad that hears it, And feels its courage strong— A laugh is just like sunshine, For cheering folks along.

Is music an important part of your club programs? The Second State 4-H Music Memory Contest will be held at the Girls' Short Course, June 12-16.

Rewards for work well done sometimes come in satisfaction and joy, sometimes oral and written complaints, sometimes they are material and are in the form of blue ribbons or a few pieces of silver. But a 100 dollar scholarship is one of the largest rewards that Iowa 4-H club girls have to look forward to.

Olga Kunkle of Fayette County. Erma Baustinn of Scott County.

4-H Scholarships

Such was the Christmas gift received by two girls for outstanding club work done in 1927. Erma Baustinn from Scott county and Olga Kunkle of Fayette are all launched and are well started on a three months Homemakers course.

As in 1926, four scholarships were offered to girls who had not been able to complete their high school work, but who had belonged to a club at least two years and have exceptional records. There were many good records entered in the clothing and home furnishing contests. Olga's record placed first in the clothing contest and Erma first with her home furnishing. Such was the Christmas gift received by two girls for outstanding club work done in 1927. Erma Baustinn from Scott county and Olga Kunkle of Fayette are all launched and are well started on a three months Homemakers course. As in 1926, four scholarships were offered to girls who had not been able to complete their high school work, but who had belonged to a club at least two years and have exceptional records. There were many good records entered in the clothing and home furnishing contests. Olga's record placed first in the clothing contest and Erma first with her home furnishing.

Beulah Rogers

Miss Beulah Rogers, '27, now with the educational department of the Ball Jar Company, is spending the month of January working with the Iowa 4-H club folks and other educational departments. It is almost needless to introduce Beulah. Before entering Iowa State College, she was one of Iowa's outstanding 4-H club members. Since June, '27, Beulah has been demonstrating in the southern states—Texas, Arkansas, Virginia, North Carolina, Indiana and Kentucky.

Sue Story, East Pottawattamie Montgomery, Page and Audubon Counties will have the privilege of meeting with Beulah to learn some of the best methods in canning and preserving.

Boys Short Course

After the Iowa 4-H club boys had spent Christmas day with home folks, 428 of them packed their traveling bags and journeyed to Ames to attend the annual short course. This group represented 64 counties, and I'm sure that many counties have had excellent reports of the full week. This week was all their own, for they received un divided attention from the faculty. The girls will meet for a similar week in June.

The boys' newly elected state officers are: Raymond Sorensen, Cerro Gordo County, president; Everett Saylor, Decatur County, vice-president; J. S. Van Wert, Franklin County secretary; and Donald Young, Jasper County, treasurer.

Among Friends

Miss Julia Bowdon, district Home Demonstration Agent of Louisiana, came this quarter to take work at Iowa State College. And Miss Laura Reynolds, Extension Specialist of Pennsylvania, has been studying here since (Continued on page 10)
No Furnaces in New Zealand Homes

By DR. LILLIAN B. STORMS
Home Economics Director of American Bottlers of Carbonated Beverages

"THERESE Americans do keep their houses hot," is what my friends from New Zealand say, and I confess I have said it a good many times since I returned the first of October. After living in the anything-but-hot houses in New Zealand for three years, I am not sure but I can sympathize with them on their estimate of our buildings. You cannot be uncomfortably cold for three years and then take to the comforts of our particular type of civilization at once. They get used to cold bedrooms and bathrooms and only a fireplace in living rooms, where most of the heat goes up the chimney and there is only sufficient to heat the part of you which faces the fire, and of course they think our houses are very unhealthy. Perhaps so, but it is what we are accustomed to and I do not see that we suffer from any more winter colds than they do. They have epidemics of influenza as we do.

Dunedin, New Zealand, where I was teaching in the University, is about as far south of the equator as Minneapolis is north, both near the 45 degree line. New Zealand is made up of three islands and the widest place is only 180 miles, so the climate is much milder than on a continent. The islands stretch out over a length of 1,000 miles and are about the same acreage as the states of Wisconsin and Illinois combined. I shall have to admit that in Dunedin the thermometer even in the winter time only went from 25 to 27 degrees F., but try living there in an unheated shed when it is that temperature outdoors. In the North Island, nearer the equator, the climate is much warmer, but I advise tripping down there in the summer time rather than the winter.

Since New Zealand is south of the equator, the sun rises in the east and sets in the west all right, but instead of shining in the south windows it shines in the north ones. So when you rent a room, you choose one on the north side with no trees shading your window, because the sun on the window glass is like a life preserver thrown to a drowning man, or so it was to me. As far as I could tell, for all practical purposes the moon acts the same in the southern hemisphere as it does in the north.

Another difference which is really quite upsetting, is that Christmas comes in the middle of summer and plum pudding is not put out on the table. The poor children in school learn poetry about roses that bloom in June and the sad truth is that winter is beginning and most of the roses are gone; the month of roses is November, and July and August are the middle of winter. You wear woolen union suits (or I did, much as I despise them) from about the first of April until October, and some people wear light weight wool the year around. For months at a time I have worn the house or at the University building with a wool union suit, woolen dress and a wool sweater on, day in and day out.

Every house, even the most humble one, has a lovely flower garden. There was only one month, never more than two months, in Dunedin, when there was not something blooming in the public and in many of the private gardens. The spring flowers, fields of daffodils and a number of flowering trees, which start the last of August, are followed by rhododendrons and the roses the last of September and the roses bloom right through the summer and into July. The chrysanthemums come in June.

Down through the length of the South Island, is a range of mountains, called the Southern Alps. The highest mountain, Mt. Cook, is only 12,460 feet, but the peaks are all covered with snow the year around and are very beautiful. The peaks open during the summer months and many well worth while walking trips are possible for those who are equipped to do some "roughing it". The accommodations are crude, but the charm of "unsplotted nature" makes up for the absence of comforts. The hotels are not good nor are the railroads, but New Zealand is only eighteen hours by sea from Europe, and has but a small population scattered over considerable territory. Like every place in the world, which I have come in contact with, the people think they have the best climate, and of course they think the earth's surface which is desirable for permanent residence. When you travel to other lands it lends interest to find things different from "Home", even though you may not like what you find. One must remember that much of New Zealand is still pioneer country.

In the "back blocks", away from the larger centers of population, are farms and ranches, especially sheep ranches, where the women, many of them, work under very difficult conditions, with but few comforts or conveniences. And some of them work as did the women under the pioneer conditions in this country, until quite recently. On the other hand, there are districts where electricity is available and cheap and every farm home has a fine electric range and other electric equipment. They do not know it, but Home Economics Extension Service would make the lives of the women on the farms of New Zealand a vastly different matter, not only in helping them solve their working problems, but in helping them and through them their families to live fuller and happier lives. I trust the way will be found to place Miss Catherine Landreth, a New Zealand girl who has recently completed a year and a half of training at Ames, in charge of starting home economics extension in New Zealand.

Life among English speaking people in many ways is the same the world over, but there are differences, in the same way that the food, conversation and interests of women differ in cities from those of country districts and as they differ in various sections of our own country. The food in New Zealand is like that in England; the consumption of tea and meat is far higher than ours. They eat less candy than we do, but the per capita consumption of sugar is 150 pounds per year, while ours is 100 pounds. Part of that difference is due to the large amounts of jams and marmalades. The fact that many men and women in New Zealand have tea seven times a day (sometimes more than one cup at a time) with sugar in it. They do not eat pies, nor cakes, nor pastries, but vegetables as much as we do. I know women there who insist they can eat and enjoy boiled cabbage every day in the week and when I have been traveling and things were different, since each day I have had boiled cabbage served me seven times a week. They do not like corn; I suppose because they do not have it, and corn seven times a week would be just as hard on them as boiled cabbage was on me.

Another difference I have noticed is in the conversation of women when they congregate. In New Zealand, over the afternoon tea cups, women talk about their homes, of course, but they are apt to talk about their flower and their gardening difficulties and triumphs. Here, the other day, a group of women were talking about the milage done on their auto tires.

There are many interesting things about New Zealand which I do not have time to mention. However, one I must not neglect is that there are some very fine people there, good English and Scotch people, who are friends worth having.

Among Friends
(Continued from page 6)

September. Both are intensely interested in Iowa extension work and many club girls will have the opportunity of meeting them when they visit some of the counties.

Miss Josephine Arquist, State Girls' Club Leader, was on the program of the New Jersey State Extension Conference January 2 to 5. She is also meeting with the New York State Club Department.