

1928

## Girls' 4-H Club

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# GIRLS' 4-H CLUBS

*Club Work Is Glorifying the Iowa Farm Girl*

*Conducted by Lulu Tregoning*



4-H College Girls Who Attended Annual Club Breakfast

## 4-H Annual Breakfast

Ninety-three 4-H club girls of Iowa State College attended the fourth annual club breakfast at the Maples Tea Room on Sunday, April 15, at 8 o'clock. More tickets could have been sold, but the club family has outgrown the Maples so all could not be accommodated. Were there some disappointed folks? Another year, a larger place will have to be provided.

Betty Rittger, acting president of the 4-H organization on the campus, was toastmaster. Clever printed programs in various colors were at each place and surprises when they were opened, for no one knew who was on the program.

Genevieve Fisher, dean of home economics at Iowa State, in an inspirational message, said, "I expect great

things from the 4-H girls at Iowa State." There was a message from Julia Bourne's mother. Julia is the president of the state 4-H organization. Her home is in Kossuth County, but this year she is in Rome, Italy. She is our official 4-H representative while there.

There were messages from members of the 4-H Club Department, Josephine Arnquist, state leader, and her assistants, Mrs. Edith Barker, Miss Florence Forbes and Miss Lulu Tregoning. Miss Laura Reynolds of Pennsylvania, who is writing a thesis on 4-H club work for her master's degree, told many interesting things she had found out about Iowa club work and about the group on the campus. Miss Reynolds said that the scholarship records of the 4-H girls were exceptionally high. Only two girls had been compelled to drop their work. She liked our pro-

gram because she felt it was an all-around program which was functioning for good in the lives of farm girls.

Marjory Mae Bouck, one of the 4-H'ers on the campus, sang the 4-Leaf Clover Song, by Coombs, and Fannie Buchanan's new song, "Dreaming."

Forty-five counties, representing every part of the state of Iowa, were represented at this annual breakfast. Five states, North Dakota, Nebraska, Illinois, Mississippi and Pennsylvania, as well as one foreign country, had representatives.

Each and every girl present pledged herself to go back to her home county to help with 4-H club work this summer. What an inspiration these girls will be to club girls, club leaders, committees—yes, and to county agents and home demonstration agents. They surely are a challenge to the state leaders.

## Scott County Girls Edit Annual Pages

Scott County 4-H girls are now busy editing their third annual page of 4-H club news. The Davenport Daily Times will have the page this year. Laurinda Jepsen and Marie Brus were chosen editor and assistant editor at the recent newswriting schools held under the supervision of H. J. Metcalf, specialist in news writing with the Extension Service of Iowa State College.

Through several years of real salesmanship of 4-H club work, the editors of the Davenport newspapers have become vitally interested in farm news and look forward each year to editing these pages. May 22 is the date the pages will appear.

Scott County has done a great deal with writing news. Every club meeting is reported to the local papers by the secretary of each club. Every secretary, as well as leader and committee members, has attended the annual news writing school put on by Mr. Metcalf and they have been interested in learning the real A B C's of news writing.

Last year the page was reproduced and written up in the American Press, a national newspaper for editors.

## Election of Officers

The college polls have been open for two weeks for the active 4-H girls to cast their votes for the officers of their college organization. These girls will take office in the fall and will hold over for one year. Freshman girls are not eligible to hold office. Only Iowa 4-H girls can be elected, though girls from other states are entitled and urged to vote. Margaret Sawin of Hardin County cast the first vote.

The next issue of the IOWA HOMEMAKER will carry the names of the new officers.

## 4-H Nutrition Project

Thirty-six counties are studying nutrition in the 4-H clubs of Iowa this year. Twenty of these are studying canning and sixteen whole cereal bread as a special phase of nutrition. These club folks are learning to realize the value of vegetables, fruits and whole cereals in the diet. The girls are checking height and weight for age and type and using the dietary score card to score themselves for daily diet for good health.

Posture in its relation to foods and

proper shoes is being studied. Causes and results of faulty posture, as well as posture exercises are being studied. Films on good posture, posture defects and exercises have been used in these training schools.

Meal planning and serving are being stressed in the third training school. Balanced meals are planned and prepared for the noon day meal. These meals are discussed and scored by the leaders and specialist.

## 4-H Girls Clubs

### Inspiration for Two Theses

Miss Edna Rhoads of Iowa and Miss Laura Reynolds of Pennsylvania are both writing theses for their master's degree on the 4-H clubs of Iowa. Miss Rhoads is particularly interested in the work done by the Home Furnishing Clubs and Miss Reynolds is interested in the social side of all 4-H clubs. Both of these theses will be gold mines for those interested in seriously studying the 4-H girls' clubs of Iowa.

## Radio Programs

The musical program broadcast through network stations every Saturday afternoon at 1:30 will be of interest to 4-H club folks. Orchestras of four different types, little symphony, dance orchestra, salon orchestra and string quintet, as well as vocal music are being used.

Don't forget your own program over WOI the first Saturday of each month from 2:30 to 3 o'clock.

## Curtains

This is the time of year when all good housekeepers "look to their curtains," whether they be in a home or in a college dormitory. The most dainty and attractive curtains are often not the most expensive, so when going forth to purchase new material for curtains, we must bear this in mind.

In a room, the curtain should not stand out as the main point of interest, but should be subdued enough in color to remain in the background. It has the same importance as a frame for a picture. If the frame is too elaborate, it will mar the picture, and in the same way, the dark colored curtain will detract from the beauty of the room. For a room on the north side of the house, choose a warm color for the curtains, such as some shade

(Continued on page 16)

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## Photographs

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nature of this exhibit is somewhat of a mystery, but Miss Newhard promises something different.

"Every committee chairman is enthusiastic and has fresh plans to make the 1928 Home Economics Open House the most successful in years," said Gale True Latimer, general Home Economics Open House chairman.

**Curtains**

(Continued from page 7)

of red, yellow or orange, while for the sunny side use a cool shade, such as blue, green or lavender.

For short windows, with several in a group, it is best to use no valance, or perhaps a narrow one, which extends over the entire group. This will make them appear longer than they really are, besides making them more beautiful.

One of the prettiest and least expensive curtains I have seen for a bedroom were of a cream color voile with ruffles around the inner side and bottom, with the tops overlapping each other. Tie-backs were used to let more light into the room. Under this curtain was a shade made of glazed chintz in gay colors. Other materials which may be used for curtains are combina-

tions of cretonne and plain color Indian head or theatrical gauze, printed linens, polka dot voile, dotted Swiss, gingham and unbleached muslin.

**The Last Word**

Crisp organdie dresses in dainty pastel shades are the latest thing for formal wear. Organdie promises to be popular for afternoon dresses as well.

Sandals of woven leather are good for summer sport costumes. Worn with clever clocked hose, they complete the smart sport ensemble.

Gay felt patches on either silk or wool dresses are applied in bright yarns. This colorful effect is developed further in the close fitting hat which is worn with the dress.

With each week the popularity of the floppy hat increases. July sun can hold no terrors for the maiden who wears the picture hat.

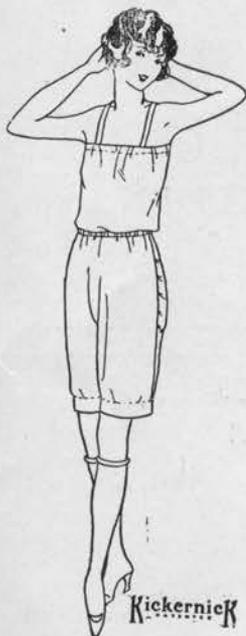
If sales are an indication, prints will lead again this season. Bold figures as well as the more modest all-over designs are equally fashion smart.

**Table of Contents**

The Maples ..... 1  
 Infantile Tetany—Its Cause and Cure ..... 2  
 You Need Another Oven..... 3  
 —Makes a Girl Healthy..... 4  
 "Home Economics on Display" ..... 5  
 4-H Club ..... 6  
 State Home Economics Association ..... 8  
 Home Economics Research at Iowa State College ..... 10  
 Editorial ..... 11  
 Who's There and Where..... 12  
 The Last Word ..... 16



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