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"Science With Practice"

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To Iowa State College girls, Home Economics Hall holds within its doors the key to a successful future for every girl who enters. Within its four walls she discovers her hidden talents, and the avenues of work open to her. To be sure, every girl is not interested or talented along every line of home economics, yet among so many different phases each girl finds expression for her own talent.

To the girl who is nearing the end of her high school days, college is the dream world of the near future. For months and perhaps for years she has promised herself that she will accomplish great ends when she gets to college. Yet before these things are possible, she must choose her life vocation. She must ask herself the question, "What are my capabilities and what opportunities do I have in this world?"

Since ages past women have been interested in clothes. How many times have you heard the question, "What shall I wear?" It is woman's privilege and her duty to make herself as attractive and charming as possible, and becoming clothes make this possible. Yet to buy good looking clothes ready-made requires more money than some incomes allow. Iowa State's textile courses teach the girls how to select garments which are suitable for their type and personality. Drafting individual patterns also saves expense of buying new patterns.

Did you ever walk down the street behind a woman wearing a pink dress and red hat? Perhaps all that person needs is training in art such as the Iowa State girls receive. Courses in design, including line, color and mass, are taught the freshman girls. Costume design teaches her the lines and color becoming to her.

After a textile course no girl asks what she can wear. She has studied her type and coloring enough to determine what lines and colors are best for her. Designs suited to her are worked out to give her dresses individuality.

In the clothing laboratories on the second floor, it is not unusual to happen upon girls trying frilly, little organdie dresses and little tailored trousers on members of the younger generation. Courses in children's clothing enable the future mother to dress her children beautifully yet economically.

Last, but not least, a knowledge of fabrics and their usefulness is stressed to every home economics student. The purchasing of fabrics and their relative value is one of the objects of interest and economy to a woman of today.

We have all heard the quotation, "The way to a man's heart is through his stomach." Although Ames is not running a matrimonial bureau, it is, nevertheless, the object of the Foods Department to make the Iowa State girls such good cooks that no man can resist the food, nor, incidentally, the girl who prepared it. After the courses in nutrition, girls have a knowledge of the value of diet in health so their families of the future may lead the nation in health. Courses in food marketing enable the housewife of the future to keep within her kitchen budget.

"The more company, the merrier," is the Ames graduate's motto. She has had courses in meal planning, and has learned the art of entertaining easily and charmingly. Her food looks and tastes so appetizing that even an invalid is tempted by it, yet the marketing is done so carefully that the grocery bill isn't swollen one cent.

In house planning she learns to plan and decorate her home as artistically as she did her clothes. Each girl must work out a plan for an original home and landscape it within a budget of $6,000.

Hooked rugs, leather purses and books are only three of the many things taught in the craft courses. An appreciation of the finer designs and workmanship of accessories is stressed.

In the senior year an appreciation of good pictures is taught. Not only the productions of great old masters, but also the work of modern painters are studied.

Many magazines advertise tearoom work as a life occupation, and it has an appeal to almost every girl. To those who desire to "try," the Institutional Administration Department offers ample opportunity. On the ground floor of Home Economics Hall is a tearoom where faculty people eat each noon. The girls cook and serve the food, gaining experience in large quantity food preparation and table service.

Advanced courses give instruction in tearoom equipment and commercial catering. After these courses a girl is fitted to start a tearoom of her own or work in or manage such an institution.

Homemaking is the greatest vocation in the world, yet girls are not born with ability to create an ideal home or care for children. Again here Iowa State believes in "Science With Practice."

In the senior year a girl has a sort of practical test of what she has learned in the previous years. Senior girls in families of eight, live in the three home management houses and keep house and care for the baby for six weeks. Here they use all the principles of child care, family health and home management studied in previous

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**Weddings**

Ruth L. Hostetter, '26, Ames, to Carl T. Blomquist, '26, Racine Wis., June 3, in Ames. They will reside in Racine, Wis.

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Jean Lischer, '27, Wapello, to Arson Hempstead, '27, Houston, Minn., June 2, in Ames. Mr. and Mrs. Hempstead will live on a farm near Houston, Minn.

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Dorothy Love, '26, Des Moines, to Stanley Wells, Carroll, May 27, in Des Moines. They will reside in Decatur, Ill., where Mr. Wells is associated with the Post Products Company.

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courses. Besides keeping house, they entertain a great deal and learn the art of being good hostesses.

A nursery school of about 30 children provides a splendid opportunity for the girls to study children under five years of age. The girls must not only plan the menus for the nursery school children, but they must also cook, serve them and assist the nursery school teachers in caring for them.

The economy of time and money is practiced, for the girl works by a schedule which budgets time and money.

As time goes on, more high schools throughout the country are introducing home economics into their courses of study. Home Economics Education courses make it possible for Ames girls to study economical homemaking.

Many girls do six weeks of student teaching in local schools so they may obtain first grade Smith-Hughes certificates entitling them to teach in vocational schools.

Vocational education teaches the methods of presenting home economics to high school pupils with the object of training judgment and developing permanent interest in homemaking.

Recently a prominent educator gave the 4-H club girls of Iowa the motto, "A chosen vocation for a chosen generation." Iowa State College offers to the girls of the United States a chosen vocation in home economics.

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