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Girls' 4-H Club

Edith Barker
Iowa State College

Lillian M. Gilbreth
Iowa State College

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GIRLS' 4-H CLUBS

Club Work Is Glorifying the Iowa Farm Girl



Mrs. Edith Barker

4-H'ers Take Wings

A new level has been set for 4-H club work this year as the 1928 officers soared to the heights never before reached by them. The thrill of thrills—a real air cruise over the State Fair grounds in the good ship, "Yellow Cab Airway," was made possible through the courtesy of the Meredith Publishing Company. The party included the state officers, Miss Josephine Arnquist, State Leader; Miss Ellen Pennel and Esther Sietmann of the Successful Farming staff. The "Ohs" and "Ahs" and shining faces of Pauline Hufford, president; Mary Johnson, vice-president, and Katherine Gros, secretary-treasurer, were able assistants during the State Fair.

Life at Pine Crest Lodge

The 4-H girls who lived at Pine Crest Lodge, the dormitory at the State Fair, will never forget the many good times enjoyed there. Much wholesome rivalry as to keeping camp in order, showing good sportsmanship and contributing to the joy all resulted from dividing the camp into families named for State Fair officials. The "Coreys," the "Mullens," the "Sheldons" and the "Camerons"—then a surprise family, the "Camerons." Mrs. Eva Wood Stacy of Iowa State College assisted by Mrs. Wm. McPherson, were in charge and did much to make State Fair week pleasurable and profitable.

State Fair Activities Show Strong Organization

411 girls and leaders registered at Pine Crest Lodge.

96 counties represented by exhibits.

94 counties represented by demonstration teams.

86 counties represented in health contests.

26 counties represented in style show.

27 counties represented in judging contest.

106 demonstrations given during the week.

The state officers, Pauline Hufford, president Mary Johnson, vice-president Katherine Gros, secretary-treasurer, and Grace McCormac, historian, were able assistants during the State Fair.



Evelyn Kirkpatrick, Keokuk County, Iowa's health champion.

4-H Girls' State Health Contest

Interest in the State 4-H Health contest is increasing each year. This year 86 counties were represented by contestants. The majority of these were champions in county health contests, which means that all the girls in each local club were examined by physicians, the high scoring girls from each local club were again examined by a committee of doctors, the high scoring girl becoming the county champion. Miss Helen Needles of the State Department of Health and Mrs.

Mary Moser were in charge of the contest, with Dr. Daniel Glomset of Des Moines in charge of examinations. Dr. Glomset was assisted by a staff of doctors and nurses. Evelyn Kirkpatrick of Keokuk County is the Champion Health Girl—this being one of the highest honors a 4-H club girl can win. The purpose of the health contest is to inspire 4-H girls to reach higher standards of health by setting before them the most perfect examples of good health. The most perfect posture, teeth and feet were especially watched for, with the following girls receiving honorable mention:

Best posture—Evelyn Kirkpatrick, Keokuk County.

Best teeth—Lucille Belle, Carroll County; Marvel Albert, Cedar County; Thelma Stanley, Audubon County.

Most perfect feet—Evelyn Kirkpatrick, Keokuk County; Alice Cooper, Sioux County; Alberta Cornelius, Black Hawk County; Wilda Landerbeck, Davis County; Gertrude Fulton, Jefferson County; Evelyn Lynen, Delaware County; Ruth Connelly, Howard County.

Evelyn Kirkpatrick, as Iowa Champion Health Girl, will represent 20,000 Iowa girls in the National Health Contest held in Chicago in December, during the National Club Congress.

Personal Accounts—One Route to Chicago

Selma Miller, a 4-H girl of Crawford County, is counting the days to December, when she will attend the National Club Congress, held in Chicago. Selma won this trip by exhibiting the best long time "Personal Account" record at the Iowa State Fair. Selma has kept accounts for over three years and manages to buy all her clothing and school supplies on an allowance of \$1.50 per week. Do not think that her clothing is not good looking, for she wore a most attractive ensemble in the Style Show contest, and her garments have won many first places in county and state fair contests.

4-H Style Show

The Style Show is one of the most popular events of State Fair week, always attended by capacity audiences in the three demonstration rooms. To qualify, a girl must have made the dress worn in the contest and she must have had at least one year of

North Carolina, and who judged the clothing exhibits at the National Club Congress, writes: "I was proud to show the complete outfit and to be able to say I had passed judgment on it at the National Club Congress and had selected it as best. It seemed to me that we could not expect anything

club to the State Fair, that they might appear on the program, thus giving pleasure and inspiration to the 4-H club girls of Iowa.

More Harmonica Music

A 4-H Girls Harmonica Quartet playing in close harmony and a 4-H Girls' Harmonica Band delighted the audiences at 4-H assemblies on Thursday and Friday of State Fair week. These were the direct result of classes conducted daily by Mr. James Hartley of the Hohner Company, Chicago. Mr. Hartley received an ovation every time he appeared on the program with his harmonica solos and harmonica and banjo numbers.

Our Judges

Judging exhibits, demonstrations and other events at the State Fair are not only a strenuous task, but are a real contribution to the 4-H yearly program. Demonstrations, judging contests and events of similar nature help to set standards for our work for the coming year. So it is important that judges of these events are thoroughly conversant with 4-H aims and ideals. Our State Fair judges were all unusually well qualified for this work. They were Miss Hazel Spencer, of Cornell University, Ithaca, N. Y.; Miss Pauline Reynolds, of the North Dakota Agricultural College; Miss Lillian Swanson, Mrs. Elsie Richardson Culbertson, Miss Eleanor Bauer and Miss Helen Barnard of Iowa State College.



High scoring style show girls. Left to rights Alice Pierce, Louisa; Aletha Kendrick, Page; Velma Larson, Shelby; Doris Melton, Cherokee; Dorothy Kroepfer, Cedar; Dora Fletcher, Polk.

Clothing Club work. Garments are judged according to suitability to type of wearer, to season and for the occasion for which planned, workmanship and cost. Twenty-six counties were represented in this contest this year. Velma Larsen of Shelby County won first honors, and will represent Iowa 4-H girls in the National Style Show held in Chicago during the National Club Congress.

Velma's dress was of green woolen material, her hat and purse made of the same material were cleverly trimmed with scraps of rose felt stitched on in interesting shapes.

Iowa 4-H Exhibit Goes to North Carolina

4-H girls of Iowa will be happy to know that the complete outfit made by Gladys Cone of Grundy County, to represent 4-H Clothing Club girls of Iowa at the 1927 National Club Congress, was recently sent by special request to North Carolina, to be used as an exhibit. Miss Maud E. Wallace, in charge of 4-H girls' club work in

better of any club girls than this exhibit showed. Our clothing specialist, who has just come to us, and who has been at Columbia for the past year, was particularly well impressed with this exhibit. We will use it as a standard for our North Carolina girls." Iowa 4-H girls are proud to share their best with other states and deeply appreciate Miss Wallace's generous comments on their work.

Lucas County Harmonica Band

The Lucas County 4-H Club Harmonica Band not only entertained with its music, but gave an example of what cooperation can accomplish. Mrs. H. J. Risbich, the leader of the clubs in Lucas County, and one member of the club were enrolled in the harmonica classes held during the 4-H girls' convention in June. On their return home, they gave instruction to the other members of the club, with a real band resulting. Mr. Nelson, the county agent of Lucas County, enlisted the interest of the Rotary Club of Chariton, which paid the expenses of the

New Niches Filled in Iowa 4-H Hall of Fame

Evelyn Kirkpatrick, Keokuk County, State Health.

Esther Friesth and Agnes Kevos, Humboldt County, Iowa Grand Champion 4-H Home Economics Demonstration Team.

Alma McCurdy and Esther Everett, Mahaska County, Iowa Champion Judging Team.

Velma Larsen, Shelby County, Best Dressed 4-H Girl of Iowa.

"There is quite as much education and truer learning in the analysis of an ear of corn as in the analysis of a complex sentence; ability to analyze clover and alfalfa roots savors of quite as much culture as does the study of Latin and Greek roots."—O. H. Benson.

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Fashion's Decree

Never have women "dressed" more than now. This year marks a noticeable increase in formality in dress. Informality in dress, in vogue during the war, is now passé, and the socially correct women will be dressed more formally than before.

Evening dresses are long-waisted, bouffant, and are made with extremely tight drapes about the hips. Tulle and transparent velvet combinations, usually in the flower shades, are most popular. Ensemble evening costumes are constantly becoming more and more used. The wise purchaser, of course, chooses a wrap that will combine readily with several gowns, and yet complete each. The dressy coats are of transparent and chiffon velvet, elaborately trimmed in furs, badger, fox and fitch being outstanding.

For afternoon wear, transparent velvet is again the most prominently displayed material. It is shown in figured as well as plain patterns. The texture of this cloth adapts itself particularly well to the tier and much be-caped frocks into which it is made. Black satins for both afternoon and street, elaborately trimmed in lace, are very good again.

Sport dresses are made up in the transparent wools—wool georgette, wool etamines and wool voiles—in plain and snowflake weaves. Worn with these are the new sport coats in tweeds and new English sport materials of unusual and varied weaves.

Probably the most marked style change is in jewelry. Beads have given place to flat necklaces, with or without pendants, and showing a marked oriental or antique influence. Bracelets, earring and necklace sets to match are set with lapis, jade, amethyst, coral and amber stones, used in irregular designs and shapes. Metal jewelry is good for sports and street wear.

Accessories gain more prominence each season. Many seem to think their "little extras" should be of the same color as the costume, but this certainly is not necessary in all cases. Harmony may be achieved, equally well by combinations of different tones of one color or by contrasting color. For instance, gray costumes may be worn with either black, gunmetal, dark blue or gray shoes. However, it is important to remember that if accessories are of contrasting color, they should be of the same contrasting

color.

For fall, shoes are generally a shade or two darker than the costume if the costume is light in color, or matching if the costume is dark. If two tones appear in the shoe, at least one should match either the costume or the other accessories.

"The Homemaker and Her Job" Lillian M. Gilbreth

We've all read invitations to parties which were the "who, where, what and when" kind, but how many of us have seen a book with such titles for the chapters? Lillian M. Gilbreth has written such a book, which has been put into circulation recently by D. Appleton and Co. of New York. The book is entitled, "The Homemaker and Her Job."

It is a book which goes farther than the mechanics of housekeeping and deals also with the "plus" part of housekeeping which makes it home-making. Mrs. Gilbreth defines a home in her first chapter and explains that to be a good homemaker one must make a careful survey of the work to be done and what means to do it with in order to budget time, money and energy wisely.

The chapter, "Who in the Home," deals with methods apportioning work among members of the family, so that each is a "hundred percent producer rather than "parasite."

"When in the Home" should be determined not by convention, but by convenience, says Mrs. Gilbreth in her fourth chapter. Schedules are recommended, but in the closing chapter our author reminds us that the purpose of schedules is to relieve us from pressure. If our schedule does not do that, it should be made over. She also gives permission to break the schedule and do the thing when it seems most attractive to do it.

Three chapters are devoted to the "How in the Home," which is more or less familiar to all of us, although Mrs. Gilbreth offers some helpful slants in doing these age old processes.

To conclude this extremely interesting book, the author reminds us that "Why" is a necessary part of every order, a part omitted by many homemakers. She says, "For unless the 'Why' is understood and accepted no real progress can be made."

This book should find its place along side the recipe books and files in every home, because it is truly a recipe book for family happiness.

A Vacation Jaunt

The fascination of the West proved too great a temptation to two of our home economics vagabonds, Allegra Bush, '27, and Selma Prahm, Ex. '28. Placing all their fond hopes in an equally adventurous Ford, they spent the summer exploring the wonders of our western lands. Miss Bush sent us this description of an old Mexican market in Juarez, just across from El Paso.

"Get your best imagination working well and I will try to help you picture a market place in Old Mexico.

"The building itself is not so different from the plan of one of our city markets, only they are dark and surprisingly damp. but the conglomeration inside would certainly let you know that you are in a foreign land.

"The steps to the porch, which completely surrounds the market, are well filled with women dressed in dark colors, who have their woven baskets filled with fresh bread, which looked to me more like sun baked pancake. This wasn't so bad because they seemed clean, but oh! what you saw and what you smelled when you went into the market proper. Imagine every strong odor you have ever smelled, then put all of these smells together and amplify them to the nth degree, then you have introduced your olfactory nerve to an Old Mexican market.

"Of all the heterogeneous collections, the market takes the prize. You can bring anything from food to firearms, including talking magpies, pottery and clothing. There are many sections selling the same thing, only they do not seem to have the competition we have. Every booth has a 'soup special,' which consists of a potato or two, onions and peppers cut, a slice of beet, a section of cabbage head or some similar vegetable, making in all a big handful which would sell for ten cents.

"Right between a bin of red peppers and a bin of white onions you are likely to find displayed some of the native pottery which, of course, has the Mexican colors. You may find a string displaying their native jewelry hanging above the open cheese counter.

"This market would have been a place worth studying, but due to the odor and the appearance, you breathed a sigh of relief when you were safely on the outside in the sunshine, where English is spoken."

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