

1929

## Girls' 4-H Club

Florence Forbes  
*Iowa State College*

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### Recommended Citation

Forbes, Florence (1929) "Girls' 4-H Club," *The Iowa Homemaker*: Vol. 9 : No. 1 , Article 8.  
Available at: <http://lib.dr.iastate.edu/homemaker/vol9/iss1/8>

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# GIRLS' 4-H CLUBS

*Club Work Is Glorifying the Iowa Farm Girl*

*Florence Forbes*



"A woman constructed the first dwelling in the United States. It was a tent of skins stitched together with sinew and waterproofed at the seams with buffalo tallow. A splinter of bone served as a needle. The woman's husband using a sharpened stone cut lodge poles—which he dragged to the home site. The Indian woman's tepee has been copied by the whites and there is no superior in Europe. Manufacture of clothing and furniture took much of the woman's time."—so says Bliss Isley in an interesting article on The First American Home in the April edition of Better Homes and Gardens.

The Indians lived a most simple life yet a very happy one. However, many changes have come about in the planning, building, furnishing and decorating the home since the coppery maids first built their simple shelter. Each was an artist—creating and decorating for the sheer joy of expression in art.

So the 4-H club girl today is "revamping" her own room because she loves to. She is not only making her own room more attractive but more convenient and useful. Unlike the Indian she is setting to this task with some study, thought and planning.

First she considers the general architectural plans of her room. How large is the room, how high is the ceiling, how many openings are there in the room and where are they located, and what exposure does the room have.

Like the Indian maid she takes an inventory of what is on hand and just what materials may be gathered about the home for her needs. Then there is her financial standing. Just how much is there to spend or where may she earn a little to improve this eight and a half by nine or twelve by seventeen sanctum of hers.

Thru it all creeps the individuality or that undescribable thing called person-

ality, which decides about the colors and determines just what feature may be developed most.

She learns about color, design, textiles

ful as well as attractive corner. On the plain ivory walls were hung a colorful flower picture and a cotton print. The floor is a dark, dull brown.

It is needless to say that Bessie received a big thrill because she had as a finished product something of her own planning and construction that was lovely and useful.

There wouldn't be books enough to tell all the stories of 4-H club rooms. Here is the story from Grundy county:

"I have in mind one room located in the northwest corner of the second story. A low ceiling slanted to meet the lower wall. On the west side a chimney projects out into the room. Before renovating took place, there was an old bed painted green with red roses for trimming, dingy

paper on the wall, and the only light fluttering into the room came from one small window on the west side of the room and a doorway in the east side. Here was the problem for two sisters, members of our club.

"They chose their color scheme green, rose and ivory. A dainty patterned wall paper was used on the wall and the furniture which consisted of an old high bedstead, dresser, chest of drawers, rocker, chair and square table. The girls used a strong solution of lye water to remove the old varnish and father's hammer came in handy to remove the excess trimming at the top of the mirror, and made the head end of the bed shorter.

"Each piece of furniture was painted two coats of primrose green and glass knobs were used on the dresser and chest of drawers. A dainty unbleached muslin curtain, patterned proportionately, and trimmed cleverly in printed gingham made an attractive window and yet allowed plenty of light to enter.

"Then some decorative accessories were added, a waste paper basket, dresser ornaments, books ends, candle holders, and desk pieces were added. And with



Bessie Wheelock, Grundy County, arranged and decorated this room.

and balance from her leader, magazines and texts, and applies these lessons to the choosing of new wall paper, making new curtains, application of a new coat of paint to the discarded rocker, refinishing of grandma's old dresser, a cover for the orange box closet and creation of new and lovely accessories. Behold a room that gives a real thrill to the modern rural girl.

The attached cut is a picture of just one of hundreds of rooms improved in 1928. Bessie Wheelock of Grundy county had an unusual—yet most interesting problem in "doing" a whole room over. There was much to be done yet little to work with. Bessie used corn board, an Iowa product, for the makeshift dressing table and closet. These with the curtains and cot called for many yards of some textile. Almanac cloth, a very interesting cotton material selling at nineteen cents a yard, was chosen for this main textile. It was combined with a perky colorful cretonne. From this a cherry red was chosen to paint a chair, curtain poles and a few other accessories. With the plain cot cover, cretonne and plain gingham pillows made a most use-

only these few things the room was a lovely appearing place which any girl would be proud of."

### Veishea and 4-H

Veishea—that all important event on the calendar schedule of Iowa State College—is the occasion when every department of the college is on parade with exhibits, programs, a real parade and the traditional Night Show. Franklin Ferguson, chairman of the Veishea committee, has extended an invitation to the four state officers of the 4-H girls' organization to attend Veishea this year as guests of the Veishea committee.

This is a fine recognition of the widespread influence of the 4-H organization. The four officers, Pauline Hufford, president; Mary Johnson, vice president; Katherine Gross, secretary; Grace McCormac, historian, will have another interesting experience to share with the 4-H girls of the State when they report at the second state 4-H girls' convention.

### Right March!

Right into Veishea, Iowa State College "open house," May 16, 17, 18. Four-H girls are hereby extended a cordial, royal and whatnot invitation to attend. The committees are planning on you to come and help make whoopee. A grand time is being planned for your special benefit.

Veishea! V is for Veterinary; E, Engineering, I, Industrial, S, Science, H, Home, E, Economics, A, Agriculture. It is an opportune time to visit our campus, as work done in each department is on display and prospective students can decide for themselves whether or not they would like to continue their training here.

Come and see the exhibits, the big parade, the "Nite Show," the May fete and other entertainments and attractions. Visitors are encouraged to come to the campus at this time and enjoy these things with their student friends.

Veishea—May 16, 17, 18.

Pauline Hufford

State 4-H president.

### Unselfish Little Sister

"One girl in my first year class this year had twin sisters born soon after we began a unit in Child Care. She has also a three year old sister who became the subject of some interesting problems for the class. The little sister had been asked to give up her crib to the baby sister, which she did very willingly. But she also insisted on giving up her high chair and her afternoon nap, since she was no longer the baby."

### Scholarship Winner

One of the newest freshmen on the Iowa State campus is Arlene Varley of Page County. Arlene is the winner of the \$100.00 scholarship that was offered by the Ball Jar Company for the best 1928 canning record. So the spring



Arlene Varley, Page county winner of the \$100 scholarship given by the Ball Jar company to be applied on study at Iowa State College.

quarter finds Arlene busily engaged in acquainting herself with a new life—that of living in a big dormitory with more than a hundred girls—and learning the "ins and outs" of the classes, and laboratories in a Home Economics college. Already she has found some old 4-H friends, many living in her dormitory. Others are familiar faces whom she met during the 1928 4-H convention.

Arlene is eighteen years of age and has always lived on a farm. She has been a 4-H Club member for 5 years. From her very attractive and complete record book entered for the contest one can readily see that she has been a consistent and diligent club member. In 1928 she canned 314 pints of food products and was always very active in carrying out her part of the program in a club of 14.

She is especially interested in music and plays the violin well.

In her recommendations, leaders have this to say for her, that she was always ready to do her part, her standards of ideals and workmanship rank high and she proved that a 4-H 'er applies to her home life what she learns in club work.

Arlene says for herself, "The 4-H club

has meant a greater appreciation of my home, my community, my parents and friends, but besides my own personal good I hope I have become a better member of society."

### New Club Agent

The Linn county girls 4-H organization has a new captain at the helm. Miss Gladys Adams has taken up her work as club agent. Already the clubs have been doing some fine things in the way of music appreciation and their home economics project. Just watch their step now.

### National Music Week

Don't forget to mark these dates on your calendar—May 5-11. This is "National Music Week." I'm sure every club will make some special plans for music programs during that period. There will be special attention paid to music on the radio program from W-O-I May 4th at 10:00 a. m.

### Club News

Did you receive your copy of the March issue of the Iowa Club News? Do you want it? Write to Miss Hazel McKibben, Iowa State College, Ames, for it. Have you affiliated yet? If not will the High School clubs send in their three dollars and the college group their five dollars to your state advisor? You know that only the affiliated clubs will continue to receive their copies of the Club News beginning with the April issue.

But we have no money to affiliate you say? Perhaps we can give you some helpful suggestion. It is springtime and mothers like to be outside more these days instead of spending so much time in the kitchen baking cakes and cookies for the families. Here is a suggestion: Why not take orders from the mothers for baked goods which you will sell at a small profit and increase your affiliation fund thereby?

Have you ever tried to sell candy at the building at noon or after school? Another good seller is Taffy Apples at ten cents apiece. Here is the recipe:

- 1½ lb. can of Corn Syrup (dark or light)
- 2 cups of granulated sugar
- 2 Tablespoons butter
- Wooden skewers or lollypop sticks (Your manual training people might make these for you)
- Small apples (red are better).

Boil the sugar, syrup and butter together until brittle in cold water. Remove from fire and if the apples are not very red add a little red coloring. Thrust

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be in vain. No reformation of the past has met with success which has not moved along the line of fashion. The present-day styles seem to give us a convenient,

comfortable, hygienic, economical dress. If we can keep from going to the extreme with short skirts and few garments perhaps we can be satisfied to retain what is best of this fashion and never return to the extremes of former days.

"Education—a debt due from present to future generations."—George Peabody.

"Dot, where did you get that stunning formal?"

"At the

**JENNY FROCK SHOP**

Madge, for only \$15.00"

724 Walnut Street

Des Moines, Ia.

**Club News**

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the sticks firmly into the cores of the apples, turn them around quickly in the hot syrup several times and then in a bowl of ice water. Place the apples on a rack or stick them in a paste board box. If everything is ready before you start dipping the apples, it is possible to work very rapidly.

We hope these suggestion will help you in your money-making efforts and wish you much success in using these or any others which you may have.

**Give Tea**

The faculty members of the Home Economics Division gave a tea for the extension group, who were in conference at Iowa State April 8 and 10. The tea was held in the fire-place room.

"Lost yesterday—somewhere between sunrise and sunset—two golden hours were lost, each set with sixty diamond minutes. No reward is offered for they are gone forever."—Horace Mann.

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**B**IGGER and better than ever! Iowa State's "open house" beckons hundreds of visitors to her attractive exhibits. Each division, every department has its part in Veishea, the all college spring festival. You are welcome to visit

**Iowa State on Display—May 16, 17 and 18**