1929

Girls' 4-H Club

Esther Sietman

Iowa State College

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Recommended Citation

Sietman, Esther (1929) 'Girls' 4-H Club,' The Iowa Homemaker: Vol. 9 : No. 4 , Article 6.
Available at: http://lib.dr.iastate.edu/homemaker/vol9/iss4/6

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GIRLS’ 4-H CLUBS

Club Work Is Glorifying the Iowa Farm Girl

Esther Sietman

Who Is Going to Chicago?

Two groups of girls will represent Iowa 4-H’ers at the National Club Congress at Chicago in December.

One group has been chosen. They are the victors in the fine-spirited, hard-won state fair contests. The other trip winners have not been chosen. They are the girls who will submit the best two, three, four, five, six, seven and eight year records.

The contest closes Nov. 2. Each record in the contest will have been selected the best in a local club, and in a county. The other trip winners have not been chosen. They are the girls who will submit the best two, three, four, five, six, seven and eight year records.

It is the only way we can analyze our lives. Checking up on ourselves is the best way to improve our future.’’

A Day at the International 4-H Camp

Julia Bourne, president of the local college 4-H club, represented the club girls of Iowa at the International 4-H Leader Training School at Springfield, Mass., Sept. 8 to 11. This is Julia’s story of a day at camp:

‘‘All of the first week was spent making plans for this field trip. We were sent out ‘two by two.’ A Georgia boy and I were sent to a rural school house, where we were to give the boys and girls a glimpse of the 4-H organization.

‘‘Miss Gardner, who is a recreationalist from the Children’s Bureau of the United States Department of Labor, had given us training in recreation, and we enjoyed using this part of our ‘work’ during recess!

‘‘After recess we talked to the children, helped them sing, and interviewed each of them. A car was provided for us and we next drove into the Berkshire Hills to interview the parents of these children.

‘‘A community meeting occupied the evening. It was held at Beekett, one of the highest towns in the Berkshire Hills. We led community singing, gave plays and tried to ‘spread the 4-H idea’ in the talks which we gave.

‘‘There was a great buzz of telling experiences when this day, which was only one of many worthwhile ones, came to a close.”

An eastern leader says, in speaking of Julia’s activities at the camp, ‘‘It is always a pleasure to meet girls who are unspoiled by the many honors which have come to them.”

Thirty-three states and four provinces of Canada sent delegates to the training camp.

Julia Bourne

Welcome Home

As a visible expression of the friendship and inspiration which have come to the Iowa State College 4-H girls thru Mrs. Josephine Arnquist Bakke, the annual fall meeting of the group will be a ‘‘welcome home’’ tea in her honor.

More Books!

Next summer, when club activities hum and every minute of every day is bubbling over with happy work, the 4-H girl who has stored up knowledge by reading in spare time on long winter evenings will be able to enjoy her work the more. Summer camps will be especially interesting to girls who know about the great out-of-doors. I. T. Bode, extension forester, who visits many 4-H attend the American Country Life Conference is in charge of the local college 4-H group.

The student section of the Country Life Conference is a real opportunity to meet great leaders and true friends of the 4-H organization. Mrs. Chas. A. Sewell of the American Farm Bureau Federation and Ray Turner of the Extension Department of the United States Department of Agriculture are among the many noted speakers whom the 4-H girls on the campus plan to hear.

Miss Esther Cation, former president of the Iowa State College 4-H organization, is the local student conference secretary. Esther has made many outstanding records as a 4-H club girl and as a college student. She has been an Iowa state 4-H health champion. She is now a senior home economics student and is a member of Phi Upsilon Omicron, Jack O’Lantern and Mortar Board, honorary societies.

Julia Bourne, president of the 4-H girls’ campus organization, is responsible for all committee appointments and will be toastmistress at the special luncheon meeting. Julia is also a girl with a fine club and college record.

Iowa State College 4-H girls are proud to be represented in this great conference for rural people by typical 4-H club girls who have ‘‘made the best better’’ in college, too.

4-H College Hospitality

Hospitality for the delegates from other universities and colleges who will be at Iowa State College Oct. 17-20, to
camps each summer, has recommended the books:

"Prairie Smoke," by Dr. Melvin R. Gilmore, which will tell you of some interesting Indian customs and history.

"Poems of Birds," by Dr. Leroy Titus. The poems give fine interpretations of birds.

"A Handbook of the Outdoors," by Dr. E. A. Brooks.

Inquiries concerning the publishers and the prices of the above books may be addressed to Esther Sietmann, in care of the IOWA HOMEMAKER.

A 4-H Room Comes to College

Olive Berggren, a Hamilton County 4-H girl, has come to Iowa State College with a typical 4-H room. Visitors at the Iowa State Fair who saw the room on exhibit in the 4-H division commented that, "Success in college should result from such surroundings."

The furniture found in the freshman dormitory was used as the background for the furnishings which Olive planned and made. Soft green monks cloth is the material for the cot cover and several accessories. They are trimmed with yarn in interesting shades of peach and violet. A study lamp and rugs add individuality to the room.

Adventure in Being Your Best

"Good, better, best. Never let it rest. Until your good is better And your better best." Those girls who are chosen by the 4-H club department each year to represent the large family of Iowa 4-H'ers at the American Youth Foundation Camp at Shelby, Mich., see the above challenge carved on the camp fountain.

Every girl at the camp tries to make her "better best" whether she is in swimming or leading a vesper service.

One college 4-H club girl found it interesting to check on herself to see if she were really living the 4-H motto of "Make the best better" and the camp motto of "Be your best self every minute." She found it a real adventure, and like all the story-book adventurers, she was guided by a chart. This is the story of her "adventure."

A piece of theme paper was marked off into little squares, with a space for each day of the month. On the left hand side a list was made of all of the usual activities of a busy day's work. A special space was reserved for unusual events which "might happen." Just before "lights out" each evening, she thought over the day's work, and play, too, and wrote either "good," "better," "best," "poor," or "fair," in the right squares.

"In a race one runs against others; in this contest one runs to beat herself," says the college 4-H girl who had fun inventing this helpful "adventure."

Alice Freeman Palmer said, "I try to do just as much every day as I would if it were my last in college."

This is one of many interesting ways to "be your best self every minute."

You, too, will enjoy checking on yourself to see if you are having the finest possible "journey down the calendar," as the days fly by. Whether you are in college, in high school, or out of school, you will not think of resting until your "good is better and your better best."

Plan Adventures

Do you realize that you may spend an exciting night in an African jungle or that you may walk thru the woods some Sunday to the sturdy log cabin church of our Pilgrim fathers with John and Priscilla Alden? Maybe you will prefer to take your book to some cozy chair before the fire and tour the world as you turn the pages. Happily you may return from the distant land of your story in time to get the regular eight hours of sleep prescribed in your 4-H Health Primer and in the morning you will awake to face the day with thoughts that will make you interesting and happy, too.

You will all like the thrill of living with the "Log Cabin Lady" in a little log house in northern Wisconsin. You will travel to kings' courts with her, and as you go you will learn of the simple little courtesies which make every 4-H girl a real queen.

Miss Lillian Barrett, who is librarian at the Mason City Public Library, took the girls who were at the Cerro Gordo County Camp, on another interesting "book adventure." As the girls sat in a circle on the banks of Clear Lake, Miss Barrett read a sentence or a paragraph from different books with which every girl should "be friends." A soon as one of the campers recognized the name and author of the selection, she raised her hand. If the answer was correct, one point was recorded for her. It was exciting to see who was the best "book explorer."

Plans for 1930 Bomb Made

Fred Walsh, editor, and Harold Stahl, business manager of the Bomb of 1930, have announced that the fall Bomb sales campaign is exceeding all past sales. Plans for the book this year are well on their way, according to Walsh. The main theme will be one of modernistic trends. Much more attention will be given to campus topics and events this year.

The Bomb is the oldest publication on the campus. The Bomb board last year approved the plan that the Collegiate