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Effect of fluorescent vs. poultry-specific light-emitting diode lights on production performance and egg quality of W-36 laying hens

Abstract

More energy-efficient, durable, affordable, and dimmable light-emitting diode (LED) lights are finding applications in poultry production. However, data are lacking on controlled comparative studies concerning the impact of such lights during the pullet rearing and subsequent laying phase. This study evaluated two types of poultry-specific LED light (PS-LED) vs. fluorescent light (FL) with regards to their effects on hen laying performance. A total of 432 Hy-Line W-36 laying hens were tested in two batches using four environmental chambers (nine cages per chamber and 6 birds per cage) from 17 to 41 weeks of age (WOA). Dim-to-red PS-LED and warm-white FL were used in the laying phase. The hens had been reared under a dim-to-blue PS-LED or a warm-white FL from 1 to 16 WOA. The measured performance variables included 1) timing of sexual maturity, 2) egg production performance, 3) egg quality, and 4) egg yolk cholesterol. Results showed that the two types of light used during the laying phase had comparable performance responses for all response parameters ($P > 0.05$) with a few exceptions. Specifically, eggs laid from hens in the PS-LED treatment had lower shell thickness ($P = 0.01$) and strength ($P = 0.03$) than those in the FL treatment at 41 WOA. The two types of light used during the rearing phase did not influence the 17 to 41 WOA laying performance, except that hens reared under the PS-LED laid eggs with lower shell thickness ($P = 0.02$) at 32 WOA as compared to hens reared under the FL. This study demonstrates that the emerging poultry-specific LED lights yield comparable production performance and egg quality of W-36 laying hens to the traditional fluorescent lights.

Keywords

poultry lighting, light characteristic, egg production, egg quality, yolk cholesterol

Disciplines

Agriculture | Bioresource and Agricultural Engineering | Food Science | Poultry or Avian Science

Comments

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1 (short title) EFFECT OF LIGHT ON HEN LAYING PERFORMANCE

2 **Effect of Fluorescent vs. Poultry-Specific Light-Emitting Diode Lights on Production**

3 **Performance and Egg Quality of W-36 Laying Hens**

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19 **ABSTRACT**

20 More energy-efficient, durable, affordable, and dimmable light-emitting diode (LED) lights are
21 finding applications in poultry production. However, data are lacking on controlled comparative
22 studies concerning the impact of such lights during the pullet rearing and subsequent laying phase.
23 This study evaluated two types of poultry-specific LED light (PS-LED) vs. fluorescent light (FL)
24 with regards to their effects on hen laying performance. A total of 432 Hy-Line W-36 laying hens
25 were tested in two batches using four environmental chambers (nine cages per chamber and 6 birds
26 per cage) from 17 to 41 weeks of age (WOA). Dim-to-Red PS-LED and warm-white FL were used
27 in the laying phase. The hens had been reared under a Dim-to-Blue PS-LED or a warm-white FL
28 from 1 to 16 WOA. The measured performance variables included 1) timing of sexual maturity, 2)
29 egg production performance, 3) egg quality, and 4) egg yolk cholesterol. Results showed that the
30 two types of light used during the laying phase had comparable performance responses for all
31 response parameters ($P > 0.05$) with a few exceptions. Specifically, eggs laid from hens in the PS-
32 LED treatment had lower shell thickness ($P = 0.01$) and strength ($P = 0.03$) than those in the FL
33 treatment at 41 WOA. The two types of light used during the rearing phase did not influence the
34 17 to 41 WOA laying performance, except that hens reared under the PS-LED laid eggs with lower
35 shell thickness ($P = 0.02$) at 32 WOA as compared to hens reared under the FL. This study
36 demonstrates that the emerging poultry-specific LED lights yield comparable production
37 performance and egg quality of W-36 laying hens to the traditional fluorescent lights.

38 **Key words:** Poultry lighting, Light characteristic, Egg production, Egg quality, Yolk cholesterol

39

INTRODUCTON

40 Research on poultry lighting dates back to the early 1930s. Since then, extensive research has
41 led to a broad understanding of lighting effects on poultry. The early studies focused on
42 photoperiod and light intensity, leading to the establishment of general lighting guidelines (e.g.,
43 ASABE EP344.4 – Lighting systems for agricultural facilities) for improved animal performance
44 and energy efficiency (ASABE Standard, 2014). Currently, more energy-efficient, durable,
45 affordable, and dimmable light-emitting diode (**LED**) lights are increasingly finding applications
46 in poultry production. As light is a crucial environmental factor that affects bird behavior,
47 development, production performance, health and well-being (Lewis and Morris, 1998; Parvin et
48 al., 2014), the emerging LED lighting in poultry housing has drawn increasing attention from both
49 scientific and industry communities.

50 Poultry has five types of retinal cone photoreceptors in the eyes. These photoreceptors produce
51 the perception of light colors by receiving lights at the peak sensitivities of approximately 415,
52 450, 550, and 700 nm, and are directly related to poultry activities and growth (Osorio and
53 Vorobyev, 2008). Besides the retinal cone photoreceptors in the eyes, poultry can also perceive
54 light via extra-retinal photoreceptors in the brain (e.g., pineal gland and hypothalamic gland)
55 (Mobarkey et al., 2010). Light stimuli perceived by the extra-retinal photoreceptors can impact
56 sexual development and reproductive traits of poultry (Harrison, 1972; Lewis and Morris, 2000).
57 However, the extra-retinal photoreceptors can only be activated by long-wavelength radiation that
58 can penetrate the skull and deep tissue of head (Harrison, 1972; Lewis and Morris, 2000). It has
59 been demonstrated that red lights can pass through hypothalamic extra-retinal photoreceptors and
60 stimulate reproductive axis by controlling the secretion of gonadotrophin receptor hormone, and
61 stimulating the release of luteinizing hormone and follicle-stimulating hormone (Lewis and Morris,

62 2000; Mobarkey et al., 2010). With the knowledge of the spectral sensitivity of poultry and their
63 responses to light stimulus, it seems feasible to impact poultry (e.g., growth, reproduction, and
64 behavior) by manipulating light stimulations to their retinal and extra-retinal photoreceptors.

65 The emphasis of poultry lighting has been placed on various light colors (e.g., blue, green, red,
66 and white) and lighting sources (e.g., incandescent, fluorescent, and LED lights) in more recent
67 decades (Lewis and Morris, 2000; Parvin et al., 2014). Research has demonstrated that red lights
68 have an accelerating effect on sexual development and maturity of poultry (Woodard et al., 1969;
69 Harrison et al., 1969; Gongruttananun, 2011; Min et al., 2012; Huber-Eicher et al., 2013; Baxter
70 et al., 2014; Yang et al., 2016). In contrast, blue lights were found to be more associated with
71 improving growth, calming the birds, and enhancing the immune response, although the
72 underlying mechanisms have not been clearly delineated (Prayitno et al.1997; Rozenboim et al.,
73 2004; Cao et al., 2008; Xie et al., 2008; Sultana et al., 2013). Based on these earlier research
74 findings, many lighting manufacturers have designed LED lights specifically for poultry
75 production by integrating some light traits that have been shown to be beneficial to certain poultry
76 production aspect (e.g., growth, reproduction, or well-being). Recently there have been anecdotal
77 claims about advantages of some commercial poultry-specific LED lights over traditional
78 incandescent or fluorescent lights with regards to their effects on poultry performance and behavior.
79 However, a thorough literature review revealed that most of the existing studies involving LED
80 lights only investigated monochromatic LED lights. Data from controlled comparative studies are
81 lacking concerning the impact of the emerging poultry-specific LED lights.

82 A few studies recently compared the emerging LED lights with traditional incandescent or
83 fluorescent lights in pullet and laying hen houses. Hy-Line W-36 pullet reared under a Dim-to-
84 Blue poultry-specific LED light (correlated color temperature (CCT) of 4500 Kelvin (K)) had

85 comparable performance of body weight, body weight uniformity, and mortality as compared to
86 the counterparts reared under a warm-white fluorescent light (CCT of 2700K), but pullets under
87 the LED light maintained higher circadian activity levels (Liu et al., 2017a). ATAK-S commercial
88 laying hens under incandescent, fluorescent, and cool-daylight LED (CCT of 6200K) lights had
89 no difference in body weight at sexual maturity, feed intake, feed conversion, livability, egg
90 production, or egg quality parameters at 16 to 52 weeks of age (**WOA**) (Kamanli et al., 2015).
91 When comparing a Nodark poultry-specific LED light (CCT of 4100K) with a warm-white
92 fluorescent light in commercial aviary hen houses, no differences were detected in egg weight,
93 hen-day egg production, feed use, or mortality of DeKalb white hens for 20 to 70 WOA (Long et
94 al., 2016a). However, hens under the fluorescent light produced more eggs per hen housed and had
95 better feed conversion than those under the LED light (Long et al., 2016a). This study also revealed
96 that hens under the LED light laid eggs with higher egg weight, albumen height, and albumen
97 weight at 27, thicker egg shells at 40, but lower egg weight at 60 WOA, respectively (Long et al.,
98 2016b). Considering these limited and inconsistent results, along with the increasing adoption of
99 the poultry-specific LED lights, it seems justifiable to further investigate the responses of poultry
100 to the emerging LED lighting.

101 The objectives of this study were: a) to assess the effects of a Dim-to-Red poultry-specific LED
102 light (**PS-LED**) vs. a warm-white fluorescent light (**FL**) on timing of sexual maturity, egg
103 production performance, egg quality, and egg yolk cholesterol content of W-36 laying hens during
104 laying phase at 17 to 41 WOA, and b) to evaluate the earlier exposure to a Dim-to-Blue PS-LED
105 vs. a warm-white FL during pullet-rearing phase (1 to 16 WOA) on the above-mentioned
106 parameters. The results are expected to contribute to supplementing the existing lighting guidelines
107 or decision-making about light source for egg production.

108

MATERIALS AND METHODS

109 This study was conducted in the Livestock Environment and Animal Production Laboratory at
110 Iowa State University, Ames, Iowa, USA. The experimental protocol was approved by the Iowa
111 State University Institutional Animal Care and Use Committee (IACUC Log # 3-15-7982-G).

112 **Experimental Light, Birds, and Facility**

113 *Experimental Light.* A Dim-to-Red PS-LED (AgriShift, JLL, LED, 8 W, Once, Inc., Plymouth,
114 MN, USA¹) and a warm-white FL (MicroBrite MB-801D, cold cathode fluorescent light (CCFL),
115 8W, Litetronics, Alsip, IL, USA) were used for the laying phase; whereas a Dim-to-Blue PS-LED
116 (AgriShift, MLB, LED, 12 W, Once, Inc.) and a warm-white FL (EcoSmart, compact fluorescent
117 light (CFL), 9 W, Eco Smart Lighting Australia Pty Ltd, Sydney, Australia) were used for pullet-
118 rearing. The characteristics and the spectral distributions of these light sources are described in
119 Table 1 and Figure 1, respectively.

120 *Experimental Birds.* Hy-Line W-36 layers were used in the study. A total of 432 birds in two
121 successive batches (216 birds per batch) were procured from Hy-Line Research Farm Facility at
122 Dallas Center, Iowa, USA. The birds were hatched at Hy-Line hatchery on Mar 19, 2015 and Oct
123 9, 2015, respectively. All the birds were reared in litter floor rooms until onset of the experiment
124 at 17 WOA. The birds were not beak-trimmed and identified individually with wing bands.
125 Detailed information regarding the rearing conditions (housing, lighting, feeding management, etc.)
126 of the birds and their growing performance (body weight, body weight uniformity, and mortality)
127 during the rearing phase have been presented in a separated paper (Liu et al., 2017a). Of the 216
128 birds of each batch, half (108) had been reared under the Dim-to-Blue PS-LED and the other half

¹ Mention of product or company name is for presentation clarity and does not imply endorsement by the authors or Iowa State University, nor exclusion of other suitable products.

129 under the warm-white FL. Consequently, the birds were separated into two categories according
130 to their light exposure during the rearing phase, namely, hens with pullet phase under PS-LED
131 (**P_{LED}**) and hens with pullet phase under FL (**P_{FL}**). All the birds had similar physiological and
132 welfare conditions at the experiment onset, including comparable body weight, skeleton and feet
133 health, and feather coverage. Birds from each category were then randomly assigned to 18 groups,
134 with six birds per group.

135 **Experimental Facility.** Four identical environmental chambers, each measuring $1.8 \times 1.5 \times 2.4$
136 m (L×W×H), were used in the laying phase. Two chambers used the Dim-to-Red PS-LED and the
137 other two used the warm-white FL. Each chamber contained nine cages (three cages per tier ×
138 three tiers), with each measuring $50 \times 56 \times 40$ cm and holding up to six hens with a space allowance
139 of $467 \text{ cm}^2/\text{bird}$. Each cage had a $48 \times 15 \times 10$ cm rectangular feeder outside the front wall, two
140 nipple drinkers on the back wall (36 cm above floor), and a $48 \times 60 \times 5$ cm manure collection pen
141 underneath the wire-mesh floor. The thermal environment conditions in the chambers were
142 controlled using an air handling unit with an air flow rate of $0.24 \text{ m}^3/\text{s}$ (Parameter Generation &
143 Control, Black Mountain, NC, USA). The indoor temperature and RH were essentially identical
144 in all four chambers, maintained at $20\text{-}26^\circ\text{C}$ and $45\text{-}65\%$ RH.

145 **Birds Assignment, Light Program, and Birds Husbandry**

146 **Birds Assignment.** For each test batch, eighteen 6-bird groups of each bird category (**P_{LED}** or
147 **P_{FL}**) were randomly assigned to the four environmental chambers (Fig. 2). Specifically, nine
148 groups of **P_{LED}** or **P_{FL}** were randomly assigned to nine cages in two chambers equipped with PS-
149 LED and the other nine groups were randomly assigned to nine cages in the other two chambers
150 equipped with FL, with four or five groups per chamber. Birds were then separated into two
151 categories according to the light conditions for the laying phase, namely, hens with layer phase

152 under PS-LED (**LLED**) and hens with layer phase under FL (**LFL**). Consequently, birds were
153 designated by their light exposure during laying and rearing phases, i.e., **LLED-PLED**, **LLED-PFL**, **LFL-**
154 **PLED**, and **LFL-PFL**.

155 **Light Program.** Daily photoperiod used in the study, varying with bird age, followed the Hy-
156 Line W-36 Commercial Layers Management Guideline (Hy-Line International, 2016), i.e., 11-h
157 light at 17 WOA; increased by 0.5 h per week till 23 WOA; then increased by 0.25 h per week
158 until reaching a 16-h light at 31 WOA; 16-h light afterwards. Light intensity was determined using
159 a spectrometer (GL SPECTIS 1.0 Touch, JUST Normlicht Inc., Langhorne, PA, USA) coupled
160 with a software (SpectraShift 2.0, Once, Inc.) specifically designed for measuring poultry-
161 perceived light intensity in p-lux (Prescott et al., 2003). Inside each environmental chamber, two
162 light bulbs were installed on the side wall (same side as the feeders). The light bulbs were partially
163 covered by lightproof film strips to provide a relatively uniform light distribution among the cages.
164 Light intensities were 25 p-lux at the feeder level for all the cages at the beginning of the
165 experiment and then lowered to 15 p-lux at 21 WOA due to observed aggression among some
166 birds. The CV of the light intensity distributions at the feeders in each chamber was < 10%.

167 **Birds Husbandry.** All the layers were housed in the environmental chambers for a 25-week test
168 period (17 to 41 WOA). Commercial corn and soy diets were formulated to meet the nutritional
169 recommendations for layers based on their production rate and egg size (Hy-Line International,
170 2016), i.e., pre-lay diet [16.50% CP, 2911-2955 kcal/kg ME], peaking diet [16.00% CP, 2844-
171 2955 kcal/kg ME], and layer diet [15.50% CP, 2844-2944 kcal/kg ME]. Feed and water were
172 available *ad-libitum* throughout the test period. A daily quantity of feed was manually added to
173 each feed trough in the morning (07:00 h-08:00 h) to prevent spillage. The remaining feed was
174 weighed at the end of each week to determine weekly feed use. Eggs were collected daily from

175 each cage in the afternoon (15:00 h -16:00 h). The number of eggs and total weight for each cage
176 were recorded. Birds were visually inspected daily. Birds with apparent injury (bleeding, open
177 wounds, etc.) were removed from the cage according to the IACUC protocol. Manure pens were
178 cleaned twice a week. Hens were weighed at 17 (placement), 21 (sexual maturity), 25, 29, 33, and
179 41 WOA on a cage basis.

180 **Data Collection and Measurements**

181 *Timing of Sexual Maturity.* Age at sexual maturity was determined for each bird group by
182 determining the age of each group when their egg production rate reached 50%. Hens were then
183 weighed to determine the body weight at sexual maturity on a cage basis.

184 *Egg Production Performance.* The test period was divided into six sub-periods (**SP**), i.e., SP 1,
185 2, 3, 4, 5, and 6 were 17 to 21, 22 to 25, 26 to 29, 30 to 33, 34 to 37, and 38 to 41 WOA. Hen-day
186 egg production, egg weight, daily feed intake, and feed conversion ratio during each SP and over
187 the entire test period (17 to 41 WOA) were calculated for each cage based on the experiment
188 records (daily egg number, daily egg mass, and weekly feed use). Eggs per hen-housed by the end
189 of the test period (41 WOA) was also calculated.

190 *Egg Quality.* Egg quality parameters were analyzed at 23, 32, and 41 WOA, with 12 fresh eggs
191 per cage measured at each age. All the eggs were collected in two or three consecutive days and
192 were tested within 24 h after collection. Egg weight, albumen height, Haugh unit, yolk color factor,
193 shell strength, and shell thickness were measured using a Digital Egg Tester (NABEL DET 6000,
194 NABEL Co., Ltd., Kyoto, Japan). Yolk was separated from the albumen to determine yolk weight
195 and yolk percentage. Albumen weight was calculated by subtracting yolk and shell weights from
196 egg weight. Mean values of the 12 eggs of each cage were then calculated for the subsequent

197 statistical analyses. The separated yolks were mixed homogenously for each cage for the
198 subsequent cholesterol determination.

199 ***Egg Yolk Cholesterol.*** Yolk cholesterol concentration and total cholesterol content were
200 analyzed at 23, 32, and 41 WOA following the analysis of egg quality. The yolk samples of the
201 four or five cages from the same category of birds (P_{LED} or P_{FL}) in each chamber were randomly
202 combined into two samples for the subsequent cholesterol determination, thus forming four
203 samples per chamber. The concentration and total cholesterol in yolk samples were determined
204 using a colorimetric method by applying a Wako commercial cholesterol kit (Cholesterol E, Wako
205 Pure Chemical Industries, Ltd., Osaka, Japan). Yolk samples were dried using a freeze dryer (Virtis
206 Genesis 25LE, SP Scientific Company, NY, USA) and ground with a mortar and pestle. Each
207 freeze-dried yolk sample was separated into two subsamples for analysis. All the operations
208 followed the standard procedures stated in the cholesterol kit manual. Specifically, a small quantity
209 of freeze-dried yolk sample (2 mg) was well mixed with 2 mL of buffer and color reagent from
210 the kit. For the blank and standard samples, deionized water and standard cholesterol reagent
211 provided in the kit was used, respectively. The mixtures were incubated for 75 min at 37°C for
212 color development and then filtered with 0.45 μ m polytetrafluoroethylene filter (Thermo fisher
213 Scientific Inc., MA, USA). All the samples were then tested at 600 nm using a Multi-Mode
214 Microplate Reader (Synergy H4 Hybrid, BioTek Instruments, Inc., Winooski, VT, USA).
215 Cholesterol concentration was calculated using the equation derived from the curve developed
216 using the standard samples.

217 **Statistical Analysis**

218 Statistical analyses were performed using SAS Studio (SAS Studio 3.5, SAS Institute, Inc., Cary,
219 NC, USA). All variables were analyzed with linear mixed models by implementing PROC MIXED

220 procedure. As the experiment followed a split-plot design, the environmental chambers (whole
221 plots) and the individual cages (split-plots) were treated as the experimental units for light
222 treatments during the laying phase and the rearing phase, respectively. All the variables were
223 analyzed separately for each age or period. The Tukey-Kramer tests were used for pairwise
224 comparisons, if applicable. Normality and homogeneity of variance of data were examined by
225 residual diagnostics. Effects were considered significant when $P < 0.05$. Unless otherwise specified,
226 data are presented as least squares means with the standard error of the mean (**SEM**).

227 **RESULTS**

228 Overall, light sources of PS-LED and FL during the laying phase of 17 to 41 WOA or during
229 the rearing phase of 1 to 16 WOA had no effect on timing of sexual maturity (Table 2), egg
230 production performance (Table 3), egg quality parameters (except for ST and SS) (Table 4), or
231 yolk cholesterol of laying hens (Table 5). However, interaction between light exposure during the
232 laying and rearing phases were found on EW, SS, and ST. Detailed results for each performance
233 aspect are presented in the following sections.

234 **Timing of Sexual Maturity**

235 L_{LED} and L_{FL} , or P_{LED} and P_{FL} had comparable ASM and BWSM (Table 2).

236 **Egg Production Performance**

237 L_{LED} and L_{FL} , or P_{LED} and P_{FL} had comparable HDEP, EHH, EW, DFI, and FCR for the test
238 period of 17 to 41 WOA (Table 3). However, L_{FL} - P_{FL} laid eggs with significantly lower EW than
239 L_{FL} - P_{LED} (57.9 ± 0.36 g vs. 58.9 ± 0.36 g, $P = 0.01$). When comparing production performance of
240 the laying hens for each SP, L_{LED} had significantly higher DFI at 34 to 37 WOA and tended to
241 have higher DFI and HDEP at 38 to 41 WOA as compared to L_{FL} . P_{LED} had significantly higher

242 DFI at 30 to 33 WOA and 38 to 41 WOA, and tended to have higher HDEP at 30 to 33 WOA as
243 compared to P_{FL}. In addition, L_{FL}-P_{FL} laid eggs with significantly lower EW than L_{FL}-P_{LED} (59.5
244 \pm 0.32 g *vs.* 60.6 \pm 0.32 g, P = 0.03) at 30 to 33 WOA.

245 **Egg Quality**

246 L_{LED} and L_{FL}, or P_{LED} and P_{FL} had comparable EW, AW, AH, HU, YW, YP, and YCF at 23, 32,
247 and 41 WOA (Table 4). However, L_{LED} laid eggs with significantly lower ST and SS at 41 WOA
248 as compared to L_{FL}. P_{LED} laid eggs with significantly lower ST at 32 WOA as compared to P_{FL}. In
249 addition, L_{FL}-P_{LED} laid eggs with significantly higher EW than L_{LED}-P_{LED} (63.3 \pm 0.41 g *vs.* 61.7
250 \pm 0.41 g, P = 0.04) at 41 WOA. L_{FL}-P_{FL} laid eggs with significantly higher SS than L_{LED}-P_{FL} (38.9
251 \pm 0.41 N *vs.* 37.4 N, P = 0.04) at 41 WOA. Besides, L_{FL}-P_{LED} laid eggs with the highest ST (0.44
252 \pm 0.00 mm), while L_{LED}-P_{LED} laid eggs with the lowest ST (0.42 \pm 0.00 mm) at 41 WOA.

253 **Egg Yolk Cholesterol**

254 L_{LED} and L_{FL}, or P_{LED} and P_{FL} had comparable YCC and TCC at 23 and 32 WOA (Table 5).
255 However, L_{LED} tended to lay eggs with lower YCC and TCC at 41 WOA than L_{FL} (P = 0.06 and
256 0.07, respectively).

257 **DISCUSSION**

258 Our review of literature revealed limited data from comparative studies regarding the effects of
259 poultry-specific LED lights on laying hen performance. The current study assessed timing of
260 sexual maturity, egg production, egg quality, and egg yolk cholesterol of Hy-Line W-36 laying
261 hens subjected to poultry-specific LED lights *vs.* fluorescent lights during rearing and laying
262 phases, and showed that the light treatments during rearing or laying phase led to comparable
263 laying hen performance.

264 **Effect of Light on Timing of Sexual Maturity**

265 Earlier studies demonstrated that exposure to long-wavelength lights (e.g., red light) could
266 accelerate sexual development and maturity of poultry as compared to exposure to short-
267 wavelength lights (e.g., blue and green) (Woodard et al., 1969; Gongruttananun, 2011; Min et al.,
268 2012; Hassan et al., 2013; Huber-Eicher et al., 2013; Baxter et al., 2014; Yang et al., 2016). Based
269 on this result, it seems reasonable to assume that a lighting source emitting relatively higher
270 proportion of light at long-wavelength range would be more efficient in facilitating sexual
271 development and advancing sexual maturity of juvenile hens than a lighting source emitting lower
272 proportion of light at long-wavelength range, especially when all the other factors remain the same
273 (e.g., photoperiod, light intensity, and nutrition). However, our results from the current study did
274 not support this hypothesis. In this study, the Dim-to-Red PS-LED (about 48% of light components
275 are red lights) and the warm-white FL (about 19% of light component are red lights) led to
276 comparable sexual development of the W-36 laying hens. These results might infer that
277 advancement of sexual maturity of poultry is not proportional to the amount of stimulation (e.g.,
278 red light radiation) perceived by the birds. There may exist a threshold in poultry's response to
279 long-wavelength radiation. When the amount of the long-wavelength radiation reaches the
280 threshold, the reproductive axis of poultry may not be further stimulated. The typical lighting
281 sources used in commercial poultry production systems, such as incandescent, fluorescent, and
282 poultry-specific LED lights, emit considerable amounts of red light. Consequently, these lighting
283 sources may provide sufficient exposure to the birds to yield comparable sexual maturity. This
284 inference seems consistent with findings from several earlier studies. Pyrzak et al. (1986) found
285 incandescent, cool-white fluorescent, and sunlight-simulating fluorescent lights had no effect on
286 age at the first egg of juvenile hens. Kamanli et al. (2015) found the use of incandescent,

287 fluorescent, or white LED light did not cause a significant difference in body weight at sexual
288 maturation. On the contrary, Bobadilla-Mendez et al. (2016) found that white LED light was more
289 efficient at activating the reproductive cycle, hastening the onset of sexual maturity, and increasing
290 the development of reproductive organs after puberty of female Japanese quail as compared to
291 incandescent and fluorescent lights. As quail and laying hen are very different in their physiology
292 (e.g., quail reaches sexual maturity much earlier than laying hens), the different responses to
293 lighting sources may be attributed to their physiological differences.

294 **Effect of Light on Egg Production Performance**

295 Some earlier studies also demonstrated that exposure to long-wavelength lights (e.g., red light)
296 could facilitate egg production of poultry as compared to exposure to short-wavelength lights
297 (Pyrzak et al., 1987; Min et al., 2012; Huber-Eicher et al., 2013; Borille et al., 2013; Hassan et al.,
298 2014; Baxter et al., 2014; Wang et al., 2015; Yang et al., 2016). Thus, the initial hypothesis for the
299 study was that the Dim-to-Red PS-LED would lead to improved egg production performance as
300 compared to the warm-white FL. However, the results from the current study did not support this
301 hypothesis. Instead, the Dim-to-Red PS-LED and the warm-white FL in this study led to
302 comparable egg production performance of the hens at 17 to 41 WOA. Again, these results seem
303 to provide evidence supporting the existence of a threshold in poultry response to long-wavelength
304 radiation beyond which the reproductive axis (e.g., egg production) would not be further
305 stimulated. The results of the current study agreed well with several earlier studies. Siopes (1984)
306 found that there were no significant differences in feed intake and egg production of turkey breeder
307 hens between incandescent and fluorescent lights during two 20-week reproductive cycles.
308 Gongruttananun (2011) found that Thai-native hens exposed to red light or natural daylight
309 supplemented with fluorescent light had comparable egg production performance. Kamanli et al.

310 (2015) found the use of incandescent, fluorescent, or LED light did not cause significant
311 differences in daily feed intake, feed conversion efficiency, or egg production. Liu et al. (2017b)
312 also found that Hy-Line W-36 pullets (14 to 16 WOA) and laying hens (41 to 45 WOA) had
313 comparable daily feed intake under the Dim-to-Red poultry-specific LED and the warm-white
314 fluorescent lights during a light preference test. Similar to the current study, Long et al. (2016a)
315 reported comparable egg weight, hen-day egg production, and feed use of Dekalb white hens under
316 a Nodark poultry-specific LED *vs.* a warm-white fluorescent light in commercial aviary houses.
317 However, hens under the fluorescent light had higher eggs per hen housed (321 *vs.* 308) and better
318 feed conversion (1.99 *vs.* 2.03 kg feed/kg egg) than those under the LED light (Long et al., 2016a).
319 In terms of the light exposure during rearing period, Schumaier et al. (1968) found the rearing light
320 color of red, green, or white had no effect on egg production or egg weight of White leghorn hens
321 at 20 to 61 WOA. Wells (1971) found that red and white lights used during rearing had no effect
322 on peak egg production, eggs per hen-housed, feed consumption, or feed conversion of Hybrid-3
323 laying hens at 20 to 52 WOA. The current study agreed with these earlier findings as the two light
324 treatments during rearing did not cause any difference in production performance of hens during
325 the subsequent laying phase.

326 **Effect of Light on Egg Quality Parameters**

327 Some earlier studies found that exposure to short-wavelength lights (e.g., green and blue lights)
328 led to improved egg quality (e.g., increased egg weight, shell thickness, or shell strength) as
329 compared to exposure to long-wavelength lights (e.g., red light) (Pyrzak et al., 1987; Er et al., 2007;
330 Min et al., 2012; Hassan et al., 2014; Li et al., 2014). Interestingly, the improved egg quality in
331 these cited studies, to a certain extent, was associated with the relatively lower egg production rate
332 of birds as reported in the studies. Among the many cited studies that reported no differences

333 between or among lights in sexual maturity or egg production performance of birds (Wells, 1971;
334 Gongruttananun, 2011; Borille et al., 2013; Borille et al., 2015; Kamanli et al., 2015; Nunes et al.,
335 2016), the different lighting sources or spectra were also found to have no effect on egg quality.
336 For example, Borille et al., (2013) found that the internal egg quality (albumen height, specific
337 gravity, and Haugh units) of ISA Brown hens at 56 to 72 WOA were not influenced by lighting
338 source of incandescent light, blue, yellow, green, red, or white LED light. Kamanli et al. (2015)
339 found that the use of incandescent, fluorescent, or LED light did not cause significant differences
340 in egg quality parameters. On the other hand, a few studies reported opposite results. Li et al. (2014)
341 found that hens exposed to red light laid heavier eggs with a greater egg shape index than hens
342 exposed to white, blue or green light. Min et al. (2012) found the birds reared under red light
343 exhibited significantly increased egg shell thickness compared to birds reared under incandescent
344 light and blue light. In general, the results from this study are consistent with the most findings
345 from the earlier studies. Namely, the Dim-to-Red PS-LED and the warm-white FL in the current
346 study led to comparable egg quality parameters of laying hens in terms of the egg weight, albumen
347 weight, Haugh unit, yolk weight, yolk percent, or yolk color factor at 23, 32 and 41 WOA.
348 However, hens under the PS-LED light laid eggs with significantly lower shell thickness and shell
349 strength than hens under the fluorescent light at 41 WOA in the current study. These results are
350 opposite to an earlier study conducted by Long et al. (2016b) who reported that Dekalb white hens
351 in commercial aviary houses under a poultry-specific LED laid eggs with significantly higher shell
352 thickness at 40 WOA as compared to hens under a warm-white fluorescent light. One speculation
353 is that Hy-Line W-36 hens used in the current study may have different responses to the lights as
354 compared to Dekalb white hens due to their genetic differences. These two breeds of hens have

355 been found to have different responses to dietary energy (Harms et al., 2000). However, the
356 speculation of genetic differences regarding responses to the lights remains to be further examined.

357 **Effect of Light on Egg Yolk Cholesterol**

358 Our literature review revealed very limited information regarding the effect of lights on egg yolk
359 cholesterol. In laying hens, cholesterol is primarily biosynthesized in the liver and ovary of birds,
360 and the egg represents a major excretory route of cholesterol (Elkin 2006). Elkin (2006) reviewed
361 common strategies for reducing egg cholesterol content and pointed out that cholesterol content in
362 egg yolks are mainly affected by genetics of birds, dietary nutrients, and feed intakes. Obviously,
363 light has not been considered as an influential factor for egg cholesterol content. A recent study
364 conducted by Long et al. (2016b) showed that the light exposure affected the cholesterol content,
365 although the influence seems to be limited as compared to the other factors. When applying a
366 Nodark poultry-specific LED light and a warm-white fluorescent light in commercial aviary hen
367 houses, Long et al. (2016b) found that the total cholesterol of eggs laid by Dekalb white hens under
368 the LED light was significantly lower than that under fluorescent light at 60 WOA, albeit no
369 difference between the lights in total egg cholesterol at 27 or 40 WOA, or in yolk cholesterol
370 concentration at 27, 40, or 60 WOA. Results of the current study also inferred that the light
371 exposure may affect the cholesterol metabolism in laying hens, although the underlining
372 mechanism was not understood. In this study, the Dim-to-Red PS-LED and the warm-white FL
373 led to comparable egg yolk cholesterol content at 23 and 32 WOA, but the hens under the PS-LED
374 tended to lay eggs with lower cholesterol than hens under the fluorescent light at 41 WOA. As
375 most earlier lighting studies had not investigated egg cholesterol and potential effects of lights on
376 egg cholesterol metabolism, it would be prudent to include egg cholesterol as a measurement in
377 future lighting studies and to further study the underlining principle.

378

CONCLUSIONS

379 The Dim-to-Red PS-LED and the warm-white FL during the laying period of 17 to 41 WOA
380 led to comparable laying performance in all the aspects except for eggshell thickness and strength.
381 Hens under the PS-LED laid eggs with significantly lower shell thickness and strength as
382 compared to hens under the FL at 41 WOA. In addition, eggs in the PS-LED tended to have lower
383 yolk cholesterol content at 41 WOA. Light exposure to the Dim-to-Blue PS-LED or the warm-
384 white FL during pullet rearing (1 to 16 WOA) showed no effect on the subsequent laying
385 performance at 17 to 41 WOA, with the exception that hens reared under the PS-LED laid eggs
386 with significantly lower shell thickness at 32 WOA than hens reared under the FL. Thus, this study
387 demonstrated that the poultry-specific LED lights may provide a viable alternative to the
388 traditional fluorescent lights for maintaining the Hy-Line W-36 laying hen production performance.

389

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505

Figure Captions:

Figure 1. Spectral characteristics of the warm-white fluorescent light, Dim-to-Blue PS-LED, and Dim-to-Red PS-LED involved in this study.

Figure 2. Treatment arrangements in the study.

Table 1. Characteristics of the warm-white fluorescent light, Dim-to-Blue PS-LED ^[1], and Dim-to-Red PS-LED involved in this study

Light Type	CCT ^[2] (K)	Flicker Frequency (Hz)	Spectral Distribution
Warm-white fluorescent light ^[3]	2700	120	Discrete spectrum, main spectral spikes at 545 and 610 nm
Dim-to-Blue PS-LED	4550	120	Continuous spectrum, spectral spikes at 450 and 630 nm, with a predominant spectral output at 430-460 nm
Dim-to-Red PS-LED	2000	120	Continuous spectrum, spectral spikes at 450 and 630 nm, with a predominant spectral output at 610-640 nm

^[1] PS-LED = poultry-specific LED light

^[2] CCT = correlated color temperature

^[3] Fluorescent light refers to both compact fluorescent light (CFL) and cold-cathode fluorescent light (CCFL). CFL and CCFL have essentially identical spectral characteristics.

Table 2. Age and body weight at sexual maturity (50% rate of lay) as affected by light during rearing and laying phases ^[1]

Parameter	Light during Laying (L)			Light during Rearing (R)			p-value		
	L _{LED} ^[2]	L _{FL} ^[3]	SEM	P _{LED} ^[4]	P _{FL} ^[5]	SEM	L	R	L×R
ASM ^[6] (d)	143.4	141.7	0.67	142.9	142.2	0.55	0.14	0.23	0.21
BWSM ^[7] (kg)	1.45	1.46	0.01	1.46	1.45	0.01	0.77	0.57	0.72

^[1] Data are least square means ± SEM.

^[2] L_{LED} = hens with layer phase under PS-LED

^[3] L_{FL} = hens with layer phase under FL

^[4] P_{LED} = hens with pullet phase under PS-LED

^[5] P_{FL} = hens with pullet phase under FL

^[6] ASM = age at sexual maturity (d)

^[7] BWSM = body weight at sexual maturity (kg)

Table 3. Egg production at 17 to 41 weeks of age (WOA) as affected by light during rearing and laying phases ^[1]

Parameter	Period (WOA)	Light during Laying			Light during Rearing			p-value		
		(L)			(R)			L	R	L×R
		L _{LED} ^[2]	L _{FL} ^[3]	SEM	P _{LED} ^[4]	P _{FL} ^[5]	SEM			
EHH ^[6]	17 to 41	125.0	124.7	1.50	125.6	124.1	2.56	0.87	0.75	0.86
	17 to 21	11.7	13.7	1.06	12.0	13.4	0.91	0.25	0.17	0.28
HDEP ^[7] (%)	22 to 25	89.5	90.5	0.31	90.0	90.0	0.62	0.10	0.99	0.62
	26 to 29	95.0	94.8	0.92	95.1	94.7	0.85	0.92	0.71	0.48
	30 to 33	94.7	93.9	0.50	95.1	93.4	0.58	0.33	0.08	0.35
	34 to 37	92.2	90.7	0.97	91.3	91.6	0.99	0.35	0.83	0.22
	38 to 41	90.2	87.6	0.79	88.7	89.1	0.86	0.08	0.77	0.33
	17 to 41	74.9	75.1	0.49	75.2	74.9	0.61	0.78	0.76	0.90
	17 to 21	47.7	47.8	0.35	47.8	47.7	0.33	0.85	0.77	0.17
EW ^[8] (g)	22 to 25	53.7	53.9	0.33	53.8	53.8	0.26	0.80	0.81	0.29
	26 to 29	57.8	57.8	0.28	57.9	57.6	0.32	0.97	0.35	0.18
	30 to 33	59.9	60.0	0.25	60.0	59.9	0.23	0.73	0.63	0.05
	34 to 37	60.6	61.0	0.34	60.8	60.8	0.27	0.35	0.95	0.14
	38 to 41	61.8	62.0	0.32	61.9	61.9	0.28	0.57	0.96	0.22
	17 to 41	58.3	58.4	0.31	58.4	58.3	0.25	0.80	0.54	0.01
	17 to 21	71.2	72.0	0.95	71.6	71.7	0.75	0.56	0.88	0.41
DFI ^[9] (g/day-bird)	22 to 25	94.9	94.7	0.87	95.5	94.2	0.79	0.88	0.20	0.26
	26 to 29	103.9	104.4	0.83	104.8	103.4	0.78	0.69	0.18	0.95
	30 to 33	106.2	105.3	0.98	106.7 ^a	104.8 ^b	0.80	0.55	0.02	0.10
	34 to 37	106.1 ^a	103.8 ^b	0.49	105.3	104.6	0.74	0.04	0.57	0.26
	38 to 41	109.0	107.2	0.51	109.2 ^a	107.0 ^b	0.65	0.07	0.05	0.33
	17 to 41	96.9	96.4	0.49	97.3	96.0	0.53	0.55	0.10	0.21
	17 to 21	19.68	13.52	3.22	17.82	15.38	2.58	0.25	0.32	0.41
FCR ^[10] (kg feed/kg egg)	22 to 25	1.98	1.95	0.02	1.98	1.95	0.02	0.29	0.24	0.58
	26 to 29	1.90	1.91	0.02	1.91	1.90	0.02	0.72	0.66	0.87
	30 to 33	1.88	1.87	0.01	1.87	1.87	0.01	0.75	1.00	0.43
	34 to 37	1.90	1.88	0.02	1.90	1.88	0.02	0.39	0.47	0.16
	38 to 41	1.97	1.97	0.02	2.00	1.94	0.02	0.82	0.09	0.17
	17 to 41	2.22	2.20	0.02	2.22	2.21	0.02	0.43	0.62	0.77

^[1] Data are least square means ± SEM. For each category data in the same row with different superscripts are significantly different (P < 0.05)

^[2] L_{LED} = hens with layer phase under PS-LED

^[3] L_{FL} = hens with layer phase under FL

^[4] P_{LED} = hens with pullet phase under PS-LED

^[5] P_{FL} = hens with pullet phase under FL

^[6] EHH = eggs per hen housed

^[7] HDEP = hen-day egg production (%)

^[8] EW = egg weight (g)

^[9] DFI = daily feed intake (g/bird-day)

^[10] FCR = feed conversion ratio (kg feed/kg egg)

Table 4. Egg quality at 23, 32, and 41 weeks of age (WOA) as affected by light during rearing and laying phases ^[1]

Parameters	Age (WOA)	Light during Laying (L)			Light during Rearing (R)			p-value		
		L _{LED} ^[2]	L _{FL} ^[3]	SEM	P _{LED} ^[4]	P _{FL} ^[5]	SEM	L	R	L×R
		EW ^[6] (g)	23	53.7	53.6	0.24	53.7	53.6	0.25	0.84
	32	60.1	60.2	0.16	60.3	60.0	0.22	0.50	0.26	0.27
	41	62.0	62.7	0.33	62.5	62.2	0.29	0.25	0.31	0.05
AW ^[7] (g)	23	36.5	36.2	0.21	36.4	36.3	0.19	0.43	0.74	0.24
	32	39.1	39.2	0.14	39.3	39.0	0.17	0.80	0.29	0.16
	41	39.7	40.0	0.34	39.9	39.8	0.28	0.52	0.66	0.12
AH ^[8] (mm)	23	9.6	9.7	0.07	9.6	9.7	0.07	0.22	0.27	0.39
	32	9.1	9.1	0.06	9.1	9.1	0.07	0.90	0.64	0.97
	41	9.0	9.0	0.06	9.0	9.1	0.07	0.77	0.42	0.86
HU ^[9]	23	98.4	98.8	0.31	98.3	98.9	0.32	0.46	0.25	0.58
	32	95.1	95.0	0.31	94.9	95.2	0.32	0.91	0.56	0.92
	41	93.5	92.6	0.38	92.9	93.2	0.36	0.14	0.47	0.26
ST ^[10] (mm)	23	0.44	0.44	0.00	0.44	0.44	0.00	0.43	0.96	0.76
	32	0.43	0.43	0.00	0.43 ^b	0.44 ^a	0.00	0.89	0.02	0.15
	41	0.42 ^b	0.44 ^a	0.00	0.43	0.43	0.00	0.01	0.53	0.01
SS ^[11] (N)	23	42.4	42.1	0.30	42.0	42.5	0.34	0.55	0.43	0.77
	32	39.1	39.2	0.36	39.0	39.3	0.39	0.88	0.43	0.87
	41	37.5 ^b	38.8 ^a	0.22	38.2	38.1	0.38	0.03	0.99	0.01
YW ^[12] (g)	23	11.4	11.5	0.08	11.5	11.5	0.08	0.40	0.83	0.79
	32	14.8	14.9	0.05	14.9	14.8	0.07	0.26	0.34	0.41
	41	16.0	16.2	0.10	16.2	16.0	0.09	0.22	0.17	0.22
YP ^[13] (%)	23	21.3	21.6	0.11	21.4	21.4	0.10	0.15	0.96	0.16
	32	24.6	24.8	0.07	24.7	24.7	0.08	0.23	0.55	0.15
	41	25.8	25.9	0.08	25.9	25.8	0.09	0.53	0.54	0.16
YCF ^[14]	23	6.9	6.9	0.04	6.9	6.9	0.04	0.51	0.31	0.54
	32	6.7	6.7	0.04	6.7	6.7	0.04	0.64	0.77	0.91
	41	7.1	7.1	0.04	7.1	7.1	0.04	0.33	0.70	0.42

^[1] Data are least square means ± SEM. For each category data in the same row with different superscript letters are significantly different (P < 0.05).

^[2] L_{LED} = hens with layer phase under PS-LED

^[3] L_{FL} = hens with layer phase under FL

^[4] P_{LED} = hens with pullet phase under PS-LED

^[5] P_{FL} = hens with pullet phase under FL

^[6] EW = egg weight (g)

^[7] AW = albumen weight (g)

^[8] AH = albumen height (mm)

^[9] HU = Haugh Unit

^[10] ST = shell thickness (mm)

^[11] SS = shell strength (N)

^[12] YW = yolk weight (g)

^[13] YP = yolk percentage (%)

^[14] YCF = yolk color factor

Table 5. Egg cholesterol content at 23, 32, and 41 weeks of age (WOA) as affected by light during rearing and laying phases ^[1]

Parameters	Age (WOA)	Light during Laying (L)			Light during Rearing (R)			p-value		
		L _{LED} ^[2]	L _{FL} ^[3]	SEM	P _{LED} ^[4]	P _{FL} ^[5]	SEM	L	R	L×R
		YCC ^[6] (mg/g yolk)	23	10.1	10.0	0.27	10.1	9.9	0.24	0.77
	32	8.5	8.8	0.31	8.7	8.6	0.26	0.48	0.82	0.33
	41	8.3	8.7	0.12	8.5	8.5	0.16	0.06	0.78	0.18
TCC ^[7] (mg/egg yolk)	23	115.0	115.2	3.34	116.4	113.8	3.18	0.97	0.54	0.95
	32	125.6	131.9	4.69	129.7	127.8	3.94	0.39	0.65	0.31
	41	132.6	141.4	2.76	137.0	137.1	2.88	0.07	0.98	0.23

^[1] Data are least square means ± SEM.

^[2] L_{LED} = hens with layer phase under PS-LED

^[3] L_{FL} = hens with layer phase under FL

^[4] P_{LED} = hens with pullet phase under PS-LED

^[5] P_{FL} = hens with pullet phase under FL

^[5] YCC = yolk cholesterol content (mg/g yolk)

^[6] TCC = total cholesterol content (mg/egg yolk)

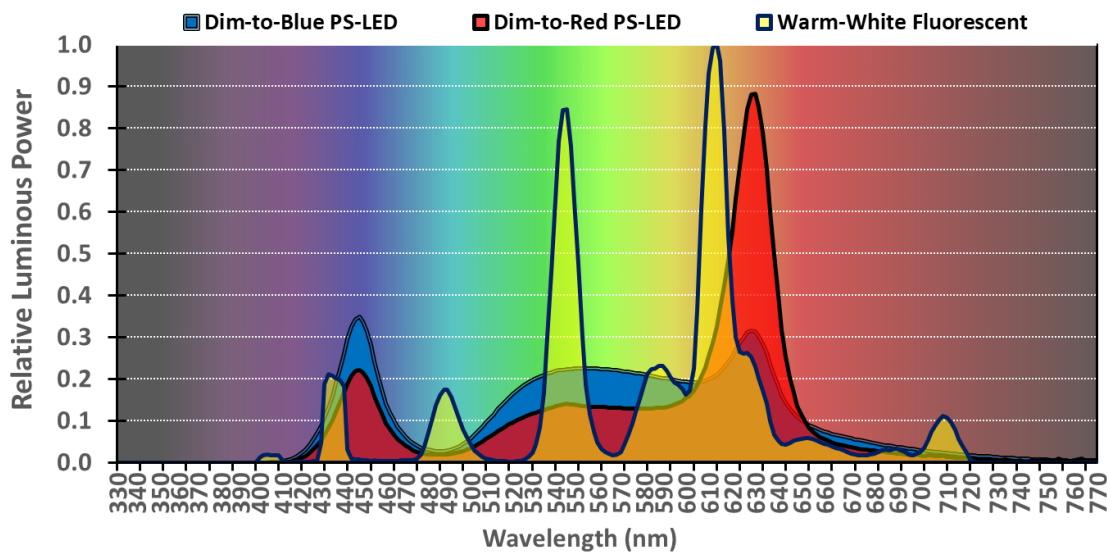


Figure 1. Spectral characteristics of the warm-white fluorescent light, Dim-to-Blue PS-LED, and Dim-to-Red PS-LED involved in this study. PS-LED = poultry-specific LED light. Fluorescent light refers to compact fluorescent light (CFL) and cold-cathode fluorescent light (CCFL) which have essentially identical spectral characteristics.

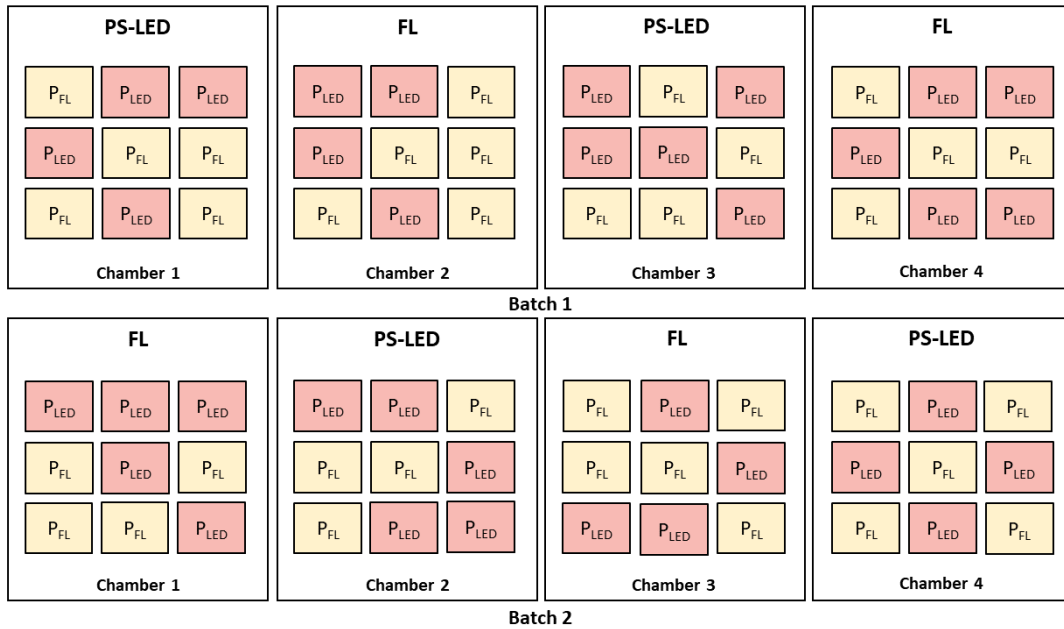


Figure 2. Treatment arrangements in the study. PS-LED = poultry-specific LED light; FL = fluorescent light; P_FL = hens with pullet phase under FL; P_LED = hens with pullet phase under PS-LED. “PS-LED” and “FL” stand for light type used in the environmental chamber.