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Gotta Job?

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Picnics should mean a time of pleasure and enjoyment for all. No one member of the family should be over-burdened getting that "something cold and something filling" ready. Choose a few simple foods and prepare plenty of them, for the out-of-door atmosphere usually stim­ulates a big appetite.

Food should be kept as fresh as pos­sible. A square aluminum cake safe will not only keep a cake very moist, but it is very handy for keeping sandwiches fresh. A very simple method that anyone can use is to wrap the sandwiches first in waxed paper and then in a slightly damp towel. If packed in a box, they will keep moist surprising well.

Sandwiches may be varied by using whole wheat or rye bread. Nut bread sandwiches are sweeter and may be used with some fresh fruit for dessert.

The thermos jug is efficient for keep­ing foods hot or cold, as desired. They are usually used for beverages such as coffee or lemonade, but the wide mouthed ones may be used for other foods as well.

For instance, why not use some of those "peaky" mosquito's interrupt the peacefulness of the party, but picnics are wont, after some unsuccessful battling, to accept mos­quitoes as a part of the natural environ­ment.

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matches, can opener, knife, fork, pail to get water, salt and pepper, picnic plates, tablecloth and picnic cups. If the salt and pepper shakers cannot be closed, put a piece of waxed paper inside the cap and let it extend over the sides. When it is screwed on, the paper will be held in place.

Take what you need, but no more, because excess baggage is a nuisance. "Travel light." If every member of the family lends a helping hand, the food is soon packed and in readiness to be "served on the wooded hillside."

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greens at the University of Missouri, Columbia, Mo. Dorothy's work is studying the vitamin C content of raw spinach as affected by varying temperatures and length of cooking, while Hazel is doing research work on meat cookery.

"We are both on Purnell Research Scholarships," says Dorothy. "We are living in an apartment here and are doing our own cooking so that we shall be certain to have tender meats. You should see us chase the vitamins around, endeavoring to eat them all. No vegetable cooking water goes to waste around here!"

Needs Even Her Chemistry

"When it comes to talking about my own work I hardly know what to say," confides Anita Andrews, who is in the Extension Service at Brookings, S. D. "Extension work offers possibilities for trying oneself out and good opportunities for meeting people. But I really cringe when I think of the faith some of these women put in one. A good extension specialist is not only a specialist in his own line, but in every other field as well. Everything I have ever learned I have needed at some time or other, even all the chemistry."

Beulah Rogers, who is also in the Extension Service at Brookings, says of her work, "The ultimate goals and ideals in the planning for 4-H club work are the factors, I think, which cause me to be so enthusiastic about it. The planning for a more efficient, a more interesting and more worthwhile club program for the rural girls, and the chance to bring to her a knowledge of the standards, skills and cultural aspects of life aid in making the work most fascinating."

Beverly, who is teaching art in the Milwaukee public schools, says that she enjoys her "youngsters," but she is still a bit afraid of her 45-year-old night student. "I have seven different classes during the day and classes every day of the week, so you can imagine I am so busy sometimes I am almost frantic."

Many other Iowa State College graduates could be mentioned, but these are examples of what Home Economics graduates are doing.