Call Your Campus Sister...

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Call Your Campus Sister . . .
She's a Freshman Life-Saver

By Ruth Cook

Can't you just see them? Here they come, a group of enthusiastic freshman women all ready to begin their college courses in the year of 1919.

A sailor hat sits square atop the head of more than one smart coed-to-be as she steps from the train. Someone else is more than likely sporting one of those chic new broom-striped skirts with the lighter color on the under part of each box-pleat; and you can rest assured that in almost anybody's trunk you'll find a neatly folded georgette waist for 'best' —probably a beaded design on it, too.

There's another group of girls at the station—girls a year or two older, who have come to meet the trains on which freshmen arrive. They are members of the first Campus Sister organization of Iowa State College. They called themselves 'Big Sisters' then. Before then the Y. W. C. A. had aided the newcomers in their freshman troubles, but these girls belonged to the first organized movement formed especially for such a purpose.

It takes little imagination to picture these first Big Sisters as they helped the excited beginners out of their many anxieties. They were real anxieties, too. There were not enough rooms to go around that year, and one of the biggest jobs the new organization had was to find rooms for their girls. There was so much to be done of a practical nature that there was no time for entertaining the Little Sisters. One dormitory, however, gave an informal Halloween party for its freshman girls.

This first organization was under the auspices of the Y. W. C. A. and the Women's Guild. Genevieve Callahan was chosen by the Guild to be the first Big Sister Chief. Ten captains were chosen, and each captain was put in charge of ten Big Sisters.

As soon as each freshman enrolled in college she received a form letter telling the purposes and plans of the new organization. Later she received a letter from her own Big Sister. Each Big Sister, by the way, had two Little Sisters under her care.

The first year was successful, and that spring girls of the sophomore class took up the cause. They elected officers and enlisted sophomore girls to act as sisters. This year each Big Sister was assessed 25 cents to defray expenses. The Women's Guild had financed the movement during its first year. The first Campus Sister party was given for all freshman girls on a Saturday afternoon at the beginning of the school year.

In 1922 a Junior Advisory Board was formed by the girls in the junior class. A Big Sister Chief and other officers were elected. Girls wishing to become Big Sisters signed pledges to that effect and paid a fee of 50 cents.

A Big Sister Week was inaugurated by the Junior Advisory Board. During this time all the Big Sisters wore conspicuous cardinal and gold buttons, and captains wore additional ribbons. Trains were met, cars offered for transportation, and girls were even taken through the lines and helped in registering. A Big Sister table was maintained in the Y. W. C. A. rooms during registration. At this table Big and Little Sisters found each other and help of all kinds was given. A form letter of welcome was in every freshman's room when she arrived.

The following year the Big Sister movement was again under the joint auspices of the Y. W. C. A. and Women's Guild. The Chief, according to the new ruling, was chosen from the Sophomore Council and the Guild once more financed the organization.

The movement continued under this system until 1928, when seniors took the place of junior women as Big Sisters. An honorary group known as Sororitas was affiliated with the movement, and the president of Sororitas automatically became Big Sister Chief. This year the Big Sisters cooperated with the Freshman Days committee in helping freshman women to adjust themselves on the campus.

In 1931 a Freshman's Question Hour was established. MacKay Auditorium was 'packed' for the occasion. A permanent committee was named, which selected nominees for the new Chief. Last year the name Big Sisters was changed to Campus Sisters. Campus Sister Keys were a new addition. They were assigned dormitory, corridors, and it was a part of their job to check up on orphan preregs and transfers. With the help of the Keys, new students entertained their Campus Sisters at teas.

Florence Williams, H. Ec. Sr., is our new Campus Sister Chief for the year of 1933-34. For assistants she has 11 Keys and 21 Captains.


The Captains are: Vera Tierde, H. Ec.

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SIZED as a Professional
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The success of the pastry depends on
good materials, a well-regulated oven and
patience. Bake as many little cakes as
desired in deep, plain tins. For one va-
riety, slice off the tops, scoop out a por-
tion of the inside and fill with a cream
filling. Replace the tops, frost the sides
with mocha frosting and roll in shredded
cocoanut or chopped nuts. Frost the tops
decorate with candied fruit, whipped
cream or bits of jelly, or put on frosting
with a paper corncob in.

With the pastry, cut rounds of the
dough with a small cutter, planning three
for each serving. After baking, spread
a tutti frutti filling between two of the
rounds and a lemon filling on the last
one, which is placed on top. Decorate
with whipped cream and a candied
cherry.

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Sr.; Margaret Elaine Larsen, H. Ec. Jr.;
Ruth Studeman, H. Ec. Sr.; Betty Lee
Sparling, Chem. T. Jr.; Dellarah Bartow,
Borgman, H. Ec. Sr.; Mary Jane Crow-
ley, Chem. T. So.; Elizabeth Brann, H.
Ec. So.; Thelma Austin, H. Ec. Sr.;
Ruth Bowman, H. Ec. So.; Ruth Hieks,
Sally Jones, H. Ec. Sr.; June Remington,
Sr.; Lucille Oak, H. Ec. Sr.; Dorothy
of these captains is in charge of ten Cam-
pus Sisters.

"The biggest changes being made
this year," says Florence Williams,
"are the method of signing up to be a
Campus Sister and the plans for the
party.

"Before," she explains, "sheets of
paper were sent to
then the girls who were interested signed
these."

Last spring representatives from each
organized house met and after learning
the duties of being a Campus Sister pre-
sentcd the issue at their house meetings.
Girls wishing to take part were asked to
register on cards.

"I have discovered this summer," says
the new Chief, "that advertisements that
have you print your name on the coupon
know what they're about. It takes an
atlas and the whole family to decipher
some of the addresses that were put on
those cards."

It is planned to hold the Campus Sister
party, Question Hour, and W. S. G. A.
Get-Wise Meeting all together. Regina
Kiddlee, Gen. Sci. Sr., and vice-president
of W. S. G. A., will have charge of the
party.

Miss Sims, as faculty advisor for W. S.
G. A., is advisor for the Campus Sister
Movement.

Florence expressed her appreciation of
Miss Sims' valuable assistance when she
said, 'Miss Sims is with the organization
each year, and it is she who helps us to
profit by the mistakes and suggestions
of the years before.'

'The main purpose of the Campus
Sister movement,' Florence says, 'is to
help all new girls in every way possible
to begin happily on a successful college
career. Among beginning to find out
what many others already know, that
working with people is one of the most
interesting things you can do.'

Raw green leaves are excellent sources
of vitamins A, B and C.