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There's a Difference in Eggs...

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Hallowe’en’s Coming ...

By Gladys Johnson

Let it be a costume party! Masquerading is so much fun that everyone feels really in the mood for a good time.

A S THE guests arrive, light the room with Jack-o’-lanterns. Edith will pin a girl’s name on the young man’s back as he enters. Don’t let the guests unmask until each identity is discovered. The girls are to try to discover who are to be their escorts during the “hunt for fortune.” To do this, each girl must discover on which young man’s back is pinned her name. This decided, the game begins.

Here and there a knot of red or yellow ribbon is visible, and under each knot begins two threads. These clues run to the veranda or behind pictures and so on. The guests hunt in pairs until each thread leads them to a little scroll, red for the lasses and yellow for the lads. When all are found, the guests reassemble and read their fortunes aloud.

A gypsy in a serenaded corner of the hall may read palms. In another place may be the three saucers test, by which the young men may find whether the partners of their lives will come to them as maids or widows, or if, mayhaps, they are to live singly all their lives. They are led blind-folded to the table, and their fate is decided by the saucer they happen to touch, the empty one foretelling bachelorhood, the one with flour a widow, and that with water a maid.

You might mark letters on pumpkin seeds with ink and place in small cloth sacks. Each player takes a teaspoonful and from these tries to form the name of his future wife or husband. If a guest is unable to make a name, the gypsy will help him.

A cooperative ghost story is always a source of great amusement. Divide the guests into groups and have each group tell a story. One member starts it; then another continues. No story-teller knows what the others are to tell, and each must stop at a critical point.

The supper may be served buffet style. The tables may be gayly dressed with autumn leaves, tall orange tapers, and a centerpiece of shiny red, green and yellow apples.

The witch or gypsy will pour spiced-elder cocktail while the guests help themselves to—

Peanut sandwiches Cheese straws
Waldorf salad in apple cases Chocolate ice cream
Hallowe’en cake

Spiced-elder cocktail may be made by boiling together for five minutes 4 cups of cider, 1 cupful sugar, 8 inch-long pieces of cinnamon, 8 cloves, and 2 small pieces of ginger-root. Strain, chill and mix with equal amounts of orange juice. Shake well, add ice, and serve cold in cocktail glasses.

For the Hallowe’en cake, bake three layers of any good white cake and use for filling 3 T. granulated gelatine dissolved in ½ C. boiling water, 1 pound confectioner’s sugar, and 2 T. grated chocolate. Beat until stiff; then spread the layers, top and sides. Sprinkle with chopped walnuts.

There’s a Difference in Eggs . . .

By Virginia Trullinger

It occurred to her that proper feeding and managing might make the egg a carrier of important elements of nutrition necessary in the treatment of certain human ailments.

It is a long story how for years this painstaking scientist cooperated with poultry specialists and conducted systematic studies in her laboratory. But in the end she was able to announce that, if hens were fed as little as 2 percent cod-liver oil in their rations, the copper and iron contents of the yolks were considerably greater than those yolks of eggs from hens kept in confinement without sunshine, green feed, or cod-liver oil. And the greatest increase of copper content resulted when the hens were fed cod-liver oil and allowed to run in sunshine on bluegrass.

(Continued on page 15)
Play of Light
This screen door is a sieve;
Through it the day is drifting—
The smell of the sea and the sun,
And the shadows shifting
From tendrils of tossing vines,
The sweet frail spice
From a wild rose bush
And the song of a thrush.
The sunset colors soon,
And then the light of the moon
Will sift through the old screen door
Onto my kitchen floor.
— Florence S. Small.

Idealists
Brother Tree:
Why do you reach and reach?
Do you dream some day to touch the sky?
Brother Stream:
Why do you run and run?
Do you dream some day to fill the sea?
Brother Bird:
Why do you sing and sing?
Do you dream—
Young Man:
Why do you talk and talk?
— Alfred Kreymborg.

Difference in Eggs
(Continued from page 12)
You are apt to say, "What of it?"
Well, there is a lot of it!
We have all heard of anemia and how prevalent and hard to cure it is. By intense research scientists found that iron would cure it. But the iron needed a little copper to help it do its work properly. Then, too, this iron-and-copper combination must be in some peculiar form not as yet analyzed by scientists. It was found that liver extract contained that desired combination. But it was so revolting to take and so nauseating that most people preferred the anemia.
This situation called for drastic action, and Dr. Erickson is taking it. Although her experiments are not complete, it is an established fact that she will soon have hens laying eggs with a high iron and copper content. Then anemia may be easily treated by a common article of food.

In waterless cookery there is a mingling of flavors which is not present if live steam is used.

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