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A Meal for Two Cents...

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The "Y" Diners Have A Meal for Two Cents . . .

By Hazel Moore

ALL fall a group of students who do not go home for lunch have been gathering at the "Y" to cook some hot dish to tone up their cold noon-day meal—and for a mere cost of two cents or less!

Not only for the nutritional value but also for the added enjoyment of eating together, both boys and girls from out of town as far as Boone, Huxley, and Box-holm, from the country, or from Ames proper have organized this noonday club meeting.

Their usual lunch consists of one hot dish, rounded out with whatever prepared-at-home sandwiches, cake and other foods, they care to bring. Hot chocolate and soup are the most quickly prepared and the results are as good when the boys are chief cooks as when the girls cook. Sometimes someone with a special knack for making chili or macaroni dishes offers her time. One girl occasionally bakes biscuits—and these are favorites.

A work and supply sheet is prepared ahead of time. Each one takes his turn at cooking and at washing dishes. Those from the country bring in milk and other farm produce. Those in town who would have to buy whatever they furnished bring chocolate, sugar and various store supplies. However, the chairman, whenever possible, tries to arrange for bringing home provisions instead of buying supplies.

It all works out satisfactorily according to schedule. And there are very few scorched products.



After dishes are done and everything straightened up, there is often time before the 1 o'clock class. Dancing, games or other relaxation fills this time.

THIS is more than a lunch group—it is also a social organization. Four evening dancing parties were held fall quar-

ter; more are planned for the winter season. These events are guest parties, and everyone dances whether he is a beginner or expert. Twenty-five couples was an average attendance.

Since October 9th when the "Y" diners first lunched together, they haven't missed a noon and sometimes more than 40 students lunch together.

This plan was started a year ago when six or eight girls, who ate lunch together, found the Home Economics lunchroom always over-crowded. They wanted some hot dish without a prohibitive expense and they were given permission to cook in the "Y" kitchen. The Y. M. C. A. considered it an idea worth encouragement, Gleason Diser was placed in charge of the project, and at first the Y.M.C.A. furnished coffee.



The present group is headed by Arthur Brown; Grace Henrikson is general overseer. She says that the program is not as systematic as it might be, but that is made up for in sociability and general good welfare.

The members of this club are very enthusiastic about their cooperative meal and invite anyone who eats alone or in a crowded lunchroom to join them at lunch time.

Place a dry tumbler over the salt shaker to keep the salt dry between meals.

Dip glass curtains in a little starch and hang them while they are still wet to save ironing.

Warm your dish covers as well as your serving dishes, if you want dinner to arrive on the table piping hot.



Presenting . . . Campus Characters

THERE may be scientific farmers and scientific homemakers, but Paul Gerdes of Burlington is going to be a scientific grocer.

To gain the housekeeper's viewpoint he has been taking foods and nutrition—and even though he never had cooked before, he came through the courses with flying colors.

As a scientific grocer Paul hopes to save the day for housewives who are perplexed when their cakes won't come out standard products or when the white potatoes turn dark in cooking. When they phone him their troubles he plans to tell them what's wrong and how to correct the failure.

The practicals—end of the quarter ones—are not quite the same dreaded events for Paul as they seem to be for women students in home economics. He says he really enjoyed preparing chocolate ice cream and boiled rice at the end of the first quarter although he was rather perplexed about hamburgers and scalloped potatoes the second quarter.

His hobbies—photography, advertising selling and church activities.



RUB, rub, rub away at a pair of shoes until they shine with a soft gloss. Mary Rigg, a freshman from Greenfield, is a journeyman shoe-shiner. She keeps the boots of the faculty in trim to make her purse strings close a little tighter. Where'd the idea come from? Mary says she just happened to think of it.

Mary is shiny-shoe conscious. You see, she had six older brothers and sisters who did all the interesting things around the house. She wanted something to do too, so before she reached even halfway to her father's shoulders she went into the shoe-shining business. Every Saturday she lined up her own and her father's shoes and gave them a polish. Mary's eyes twinkle and her red curls bob emphatically when she says she likes her job, and oh, what a lot she has learned about the wear and care of shoes.