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Metempsychosis frequently invades campus life.

Turn a Spotlight on Love
by Marian Eller

A STRANGE NEW malady is sweeping the campus of Iowa State. Some say it is an old plague with a new name. But without doubt the malady is taking heavy toll in the student body! The first symptoms are loss of appetite, a wavering point average, new interest in poetry and romantic literature, and a heightened interest in appearance. Some of the afflictions are acute, others are chronic; most cases are local. Metempsychosis! Four out of every five have it. Do you?

Webster defines metempsychosis as the "transmigration of the soul to the body of another man." Perhaps the new connotation given the word by students of Iowa State gives a deeper and richer meaning to the phenomenon formerly known as "falling in love."

Many students were interviewed on their conception of this "flight of the soul". Some were victims, some were apparently immune, some had succumbed. Most all, even the cynical, agreed that true love was unselfish, a growing out of oneself to make room for the joys, troubles, and highest good of another.

Perhaps you have not realized you have a motive for marriage. There are three principle motives for finding someone of the opposite sex who seems a suitable candidate for marriage. They are sex, economic security and affection. Affection makes greatest demands on individual character. An inquiry made of these students on the Iowa State Campus showed that affection was the great prime motive. They said that with affection there must be sympathy, tolerance, forbearance and cooperation.

Both "falling in love" and "love at first sight" bear tribute to the spontaneity of the appearance of sex attraction and its concentration upon the individual of the opposite sex. This infatuation, which may seem entirely new, is only the result of a preparation. The entire personality is the background out of which love develops.

The majority of the group who were asked if they believed in "love at first sight" responded in the positive. Dr. W. Barlow said, "Certainly I believe in love at first sight but it is dangerous." He then added, "the more swiftly you fall in love the more leisurely should be the process of exploring the possibilities."

The emotional or romantic mood is the most dangerous standard to test the reality and depth of an affection, because life is not lived on romantic feeling. A better test for the reality and depth of an affection is a true analysis of your temperaments, morals, feelings and attitudes toward service or cooperation. If you still feel the same toward the person after the analysis perhaps you are in love.

You may say that you love two of the opposite sex. Dr. L. K. Henry of the Psychology Department says, "It is very possible to love more than one person." In other words there is not only one man for you in this world. You may be happy with anyone of several.

Are you making the most of your courtship? Courtship, an organic part of marriage, is not a mere passageway into marriage. It gives the young man and woman who are interested enough in each other to consider the possibility of marriage an opportunity to get thoroughly acquainted. During this time you both discover and test. You should do your best to call forth the fullest possible response from the person you are courting, for once you are married you may shut out interests which you might think the other would not appreciate.

Dr. Ernest R. Groves, who 14 years ago introduced the first college course in marriage relations at the University of North Carolina, set forth seven rules for falling in love:

Don't let yourself fall in love with the first person who comes along. Meet as many young people as you can of the opposite sex.

Don't judge by party manners and dress; everyday life is different.

Does he or she wear well? If you are bored now, think of what you may have to endure later.

Will he, or she, grow with you in mind and in character? If not, your own growth will make you unhappy.

Will he, or she, put father or mother ahead of wife or husband? Look out for apron strings.

Can he, or she, "take it"?